

DINING DELIGHTS
 Check Inside For
 Local Restaurants that
 Are Offering
Take Out and/or Pickup

City Responds to Coronavirus

By Julie BUTCHER

The City of Glendale is focused on responding to the coronavirus pandemic, which was evident when the council met on Tuesday to update the public and take action on both routine and extraordinary measures.

Mayor Ara Najarian chaired the meeting from City Hall with councilmembers participating by phone. Public comments on various agenda items were also taken telephonically.

Councilmember Paula Devine thanked the community and city for working together to keep the Montrose Harvest Market open so that "folks are able to purchase food and fresh produce." The market will be open again this Sunday from 8:00 a.m. to noon.

City Manager Yasmin Beers commended the work of Glendale's city employees and the responsiveness of the entire Glendale community and overviewed the city's responses starting in early March. Beers highlighted national press coverage on CNN of the fire department's quick volunteer program established

see GCC on page 15

Farmers Markets: Still Open

By Mary O'KEEFE

Amid so many shutdowns, the local farmers' markets remain open, selling fresh produce.

The Montrose Harvest Market continues to be open on Sundays as shoppers keep in mind that social distancing is the new normal.

The "Safer at Home" orders from Los Angeles County, adapted from the state orders, allow open air markets that sell whole uncut produce and packaged food, like farmers' markets, to continue to be open but social distancing must be practiced.

Social distancing must be enforced at any business that is deemed "essential" as per the Safer at Home order. Social distancing, which is an effort to reduce the spread of the COVID-19 virus, dictates that people must be separated from each other by at least six feet



Photo by Mary O'KEEFE

On Sunday, shoppers – some wearing facemasks and gloves – made their way down Honolulu Avenue during the Montrose Harvest Market.

when in a public space.

"Persons who are family members or household contacts may stand or move together, but must be separated from

others by a distance of at least six feet," according to the order.

At Sunday's Harvest Market organizers measured and marked six-foot intervals at

several of the booths to give shoppers a physical marker of where they could stand.

Flea markets and swap

see MARKETS on page 15

March Brings Much-Needed Wet Weather



Photo by Charly SHELTON

Cold rain is expected today, which should raise rainfall totals for the area.

By Mary O'KEEFE

March has ushered in a lot of dark clouds, figuratively and literally. As people stand under their umbrellas in long lines to enter grocery stores, the focus has not been so much on the reason why there is a need for an umbrella but more about the need to stand in line. But March weather has brought out umbrellas for many days and that is a good thing for the area, which is still experiencing below average rainfall in downtown Los Angeles.

"It's a lot better than in the beginning of March," said Joe Sirard, meteorologist at the National Oceanic and Atmospheric Administration [NOAA] in Oxnard.

The month of March, as of

Tuesday, has brought 4.35 inches of rain locally. The normal for this month is 2.05 inches. Prior to these recent rains the season's numbers did not look promising but March rain has brought those numbers up.

The season is from October to September and the average rainfall is 14.93 inches. As of Tuesday, recorded rainfall in downtown Los Angeles was 11.67 inches, still about three inches less than normal but much better than what the area was facing in January and February.

"There will be showers through [today]," Sirard said. "But dry from Friday to next Wednesday."

There is a slight chance of rain on Sunday but not much in terms of measurement, he added.

In the next seven to 10 days the area will dry up and get warmer.

see WEATHER on page 15

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FROM THE DESK OF THE PUBLISHER

It's Scary Out There ... But I've Seen Hope

Like most CV Weekly readers, I've been bombarded with messages, news and information from a variety of sources. Because we are the local newspaper, the staff here is working diligently to push out the facts of COVID-19 and its effect on the nation in general and our community specifically.

Even when we were covering the Station Fire back in 2009 I have never seen a situation change so quickly. One day a business is open, the next it is closed "until further notice." Restaurants are offering curbside pickup ... and would you like a side of alcohol with that? Those most vulnerable, including those over 60 (or is it 65?), are told to stay inside but then some stores are opening early to accommodate these older shoppers.

On social media you can find folks who stubbornly adhere to the notion that they should be able to hang out with other non-symptomatic people. Problem with that is sometimes they have the virus but don't yet exhibit symptoms. We're trying to stop the spread, people. Let's stick to home for the next couple of weeks.

In this week's paper you'll see how creative some folks are getting by staying social while keeping their distance and seeing how some are putting a grin on friends and neighbors who walk by.

And let's not avoid the subject: There's another change you'll see in this paper - as well as last week's. It's smaller.

I've had to cut out the sports section - there are no sports happening - and the Just For Fun section (or as Mary's daughter Jessie calls it, Just For Now section) has been decimated since all events in that section have been canceled or postponed. Some of my key advertisers have taken a hiatus while they hunker in place, unable to conduct the business that they advertise in this paper.

But others are staying open - and not only do they want your business, they *need* your business. Realtors Jana Wunderlich and Phyllis Harb are steadfast in their support of the CV Weekly. Mary Cardea Landscaping and Bob Smith Toyota are open as are KB at La Crescenta Pharmacy and the good folks at Arianna Pharmacy. In these tense times, you might want to check out licensed marriage and family therapist Patricia Kennedy. A newer advertiser, CBD Comfort Zone, not only offers organic and affordable products but also can provide expert advice. USC-VHH wants to celebrate the hardworking doctors at our local hospital and on the back page of today's paper you can see how they're doing that. Glendale Area Schools Credit Union offers outstanding rates - and outstanding service.

You get the idea: these businesses are supporting us and because they are we can keep doing what we love: providing the most relevant news and information to our community.

Don't own a business but want to show the love? Buy a subscription to the CV Weekly. Get the community's favorite newspaper delivered to your doorstep every Thursday. It's \$65 a year - that's \$1.25 a week. Not only do your dollars go a long way but during these stressful times you won't have to go looking for a copy; it'll be waiting for you when you wake up on Thursday morning.

Thank you to our advertisers and readers; we're glad you're here and we're glad we're here for you.

Robin Goldworthy is the publisher of the Crescenta Valley Weekly. She can be reached at robin@cvweekly.com or (818) 248-2740.

KID'S EDITION Weather in the Foothills

"Even when the sky is filled with clouds, the sun still shines above."
~ Janet Donaghy

This week's column is dedicated to the Crescenta Valley kids remaining "Safer At Home." Listed below are a few very carefully selected weather-related websites. Although intended for the school aged, I found myself absorbed in their content. Entertaining? Yes, but, most importantly, they may prompt a much-needed trip outdoors ... fresh air, exercise, Vitamin D and peace. Plus being educational, they are teacher approved!

For ease of use, consider going to www.cvweekly.com/NEWS for direct website access.

Attention All Current & Future Weather-Watchers
Climate Kids is produced by the Earth Science communications team at NASA's Jet Propulsion Laboratory and the California Institute of Technology.
<https://climatekids.nasa.gov/menu/weather>

The Old Farmer's Almanac for Kids
<https://www.almanac.com/kids>

Scholastic Parents
<https://www.scholastic.com/parents/kids-activities-and-printables/printables/science-worksheets/my-weather-report.html>

NASA Cloud Chart
https://science-edu.larc.nasa.gov/cloud_chart/
Check out the Cloud Chart as thunderstorms are forecast for this afternoon and evening.

With spring comes its weather. In the upcoming days temperatures will be cool. Lots of good clouds will be passing through, bringing intermittent rain showers.
Now, go outside and play!

Sue Kilpatrick is a Crescenta Valley resident and Official Skywarn Spotter for the National Weather Service. Reach her at suelkilpatrick@gmail.com.

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NEWS

IN BRIEF

LCF FARMERS MARKET AND MONTROSE HARVEST MARKET OPEN

The City of La Cañada Flintridge and the Montrose Shopping Park Assn. have announced that their Farmers Market and Harvest Market will be open this weekend. The LCF Farmers Market will be open on Saturday from 9 a.m. to 1 p.m. and the Harvest Market will be open from 8 a.m. to noon (note new times). Social distancing rules will be in place.

SURVEY TAKERS REQUESTED

CVWD requires approximately \$70 million in infrastructure improvements over the next 10 years. (See their website for details.)

Public input is requested on issuing water bonds to fund the necessary improvements. Issuing bonds will allow CVWD to keep annual water rate increases very close to the same as usual (from the historical 6% per year to 6.1% for the next 10-15 years), while allowing CVWD to upgrade its infrastructure, protect reserves and fund future projects and unanticipated needs.

The community is invited to provide input on issuing the water bonds by completing the survey at <https://tinyurl.com/wptn836>.

SMALL BUSINESS FORUMS OFFERED

A COVID-19 Los Angeles Small Business Emergency Assistance Virtual Forum Series launches Friday, March 27 at 10 a.m., co-convened by Dr. Lucy Jones Center for Science and Society, The Los Angeles Area Chamber of Commerce, and Wells Fargo.

This effort, in collaboration with LA City and County, and the state, will be to highlight available resources to assist impacted small businesses.

Designed for small businesses in LA County, this weekly, virtual forum will feature experts highlighting resources and insights specifically for small businesses. In addition, Dr. Lucy Jones will provide information about the pandemic and its impact. These forums will allow for Q&A as appropriate, with questions being either answered immediately and/or collected and posted after each forum.

The webinar will take place through Zoom and conference call. Visit <https://lasbdcnet.eccenterdirect.com/events/21501> to register.

BEELINE IN FULL SERVICE, FREE RIDES OFFERED

During these uneasy times, as of Tuesday Glendale's Beeline bus service is operating its regular schedule and is providing free fare for all passengers through April 30.

For details, visit <https://tinyurl.com/vklukem>.

ASCENCIA LOOKING FOR MEALS

With the shelter-in-place order, residents at Ascencia, whose mission is to lift people out of homelessness, one person, at a time, will need to be fed three meals a day. The community is urged to sign up to drop off a meal for 45 shelter residents.

Breakfast – Order for delivery or drop off breakfast items. While Ascencia is not equipped to cook up anything fancy, it can handle cooking bacon, sausages, eggs, oven-friendly pancakes and waffles, fruits, instant oatmeal, ground coffee, cereal.

Lunch and dinner – Cook and deliver or support local restaurants and place a delivery order. Visit EZ Cater to see a list of restaurants that deliver.

Groceries – Nonperishable canned goods, packaged foods, toilet paper, paper towels, household hygiene items are needed.

Email Faith Riley at friley@ascenciaca.org for any questions or to coordinate drop off. To sign up for meal drop offs visit <https://tinyurl.com/qstay7p>.

For questions or concerns, reach out to Faith Riley at friley@ascenciaca.org or call (818) 246-7900 x120.

Keeping Positive During Shutdown



Photo by Brandy Yi

ABOVE: Local children are writing encouraging notes with chalk on sidewalks that are enjoyed by those out for a stroll.

Photo by Rachelle MILLER

BELOW: The Knobel family, left, dines alfresco with their neighbors, the Barty family as Indiana Jones looks on.

By Charly SHELTON

Amid all the negativity surrounding the coronavirus coming from several news outlets and government organizations, there are rays of positivity as well. Communities across the country are coming together to show off some happiness and light, to keep spirits up in these dark times. And Crescenta Valley is no different.

Around town, walkers may notice some goings-on that will bring a smile to their faces. Some activities are impromptu, like residents eating dinner on the lawn across the street from their neighbors doing the same. This maintains plenty of social distance while getting outdoors and allows for conversation and pleasantries, albeit yelled pleasantries. Or possibly

a garage concert for the neighborhood, as was held at Glencoe Way and Sparr Boulevard last Friday.

Some activities are available for a short while, like the many residents offering free bags of fruit from their trees to anyone who wants some citrus. Or the Neighborhood Window Walk, which asks residents to put fun sayings or drawings in their windows for walkers to enjoy with the prompts cycling out every three days. Today, Thursday, is "Encouraging Words," Sunday is "Flowers," April 1 is "Jokes," and April 4 is "Easter Eggs." These displays will be available only until the next prompt comes up for those houses participating in the walk.

Some are more long-lasting, like the Bear Hunt, another window display tour. This is more focused on children finding teddy bears hidden in windows and yards around the community. Or Chalk the Walk, a series of positive messages written in chalk by children or adults of the community along sidewalks and roadways. Or even something as simple as putting up holiday decorations for some light at night and a sparkle of positivity and beauty as families head out for a stroll.

All these and more can be found across the Crescenta Valley as our community comes together to spread a little happiness in an otherwise stressful and lonely time.

For more information and to see what residents are finding, visit the La Crescenta Official Page on Facebook.



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Keeping God's Doors Open

By Sabrina SHELTON

Amidst all of the closures, quarantines, and uneasiness of the last two weeks, the local churches are doing everything they can to keep the community together and the faith alive. The faithful are leaning in harder with their relationship with God and their neighbors, and those who may not have visited a church in a while are suddenly digging within themselves to have some faith at the moment. Most churches have moved services online, either through Facebook Live or private streaming services.

For St. George's Episcopal Church, the focus right now is sending their congregation information on upcoming services and holidays.

"We're setting up an online help center, to connect younger volunteers with older parishioners who are sheltering in place and may need errands run, prescriptions picked up and so forth," said Rev. Amy Pringle. "I'm still waiting to see how things play out in the so rapidly-evolving developments of the pandemic..."

St. George's has also sent out a "church at home" resource for people to use as a household devotion. And, as far as Easter is concerned, there are plans to distribute some form of online worship that will cover all of Holy Week. As of now, all of the church's resources are available on their website for anyone to access at saintglc.org.

Services have moved online at La Crescenta Presbyterian Church (see their ad on page

9) and at La Cañada Presbyterian Church, worship is livestreamed until May 10, unless gathering restrictions change. In an email to the congregation, Senior Pastor Jeff Hoffmeyer wrote, "The call for us right now is to be the Church. This means encouraging one another, and it also means 'not neglecting to meet together,' but finding new ways to do so."

All of the churches are communicating their plans for worship and keeping the feeling of community strong.

Montrose Church has canceled all in-person gatherings until the beginning of April. It hosts Facebook Live services each Sunday at 10 a.m. All Facebook Live streams can be viewed as a replay approximately 30 minutes after the service ends.

On the church's website, a message from Pastor Dave Roberts reminds everyone to "Love God. Love Others." Now is the time to model our calling more than ever and go the extra mile. We want to be ready to serve those who are in need." Roberts encourages others to "reflect [God's] love with your presence on social media. Send an encouraging note or make a phone call to a friend in self-quarantine. Listen for the needs of others, and ask God to show you how you can help."

Even though the community cannot meet in person for the foreseeable future, all of Crescenta Valley's churches are continuing to reach out and keep themselves accessible. The message is loud and clear from these churches: they are here, they are listening, and so is God.

NOTES & NODS

This Week at LCIF

Lutheran Church in the Foothills continues to offer "Couch Church" for the foreseeable future. It will be livestreamed on Sundays and Wednesdays at 10 a.m. on its Facebook page - facebook.com/Lcifoohills/. Those who want to participate don't have to have a Facebook account to watch the service but those who do will be able to offer comments and prayer requests online. After the livestream, find the service on the website www.lcifoohills.org. Bulletins for children and adults (along with games for children and a Bible quiz for adults!) are also available on the website.

Those who need help or want to talk can email the church at office@lcifoohills.org or call the church office at (818) 790-1951. Prayer requests, needs and offers to help are most welcome. The church is connecting those with needs to

those who can help.

The building at 1700 Foothill Blvd was never the church - WE are the church. WE will get through this together.

Lutheran Church in the Foothills, the "touchdown" church, is located at 1700 Foothill Blvd. For more information, call (818) 790-1951 or visit www.lcifoohills.org.

Walk and Word

Walk and Word on Sunday mornings, a time to discover Scripture while hiking Deukmejian Park, is on hiatus until further notice.

For more information, contact Lavieri at (818) 383-3137 or email jnlavieri@earthlink.net.

Catholics Invited

ICF, the Italian Catholic Federation, is looking for members. ICF is a family-oriented, non-profit fraternal organization dedicated

to promoting activities that build faith and family spirit and bring men, women and children of all ages together. The branch members extend an invitation to La Crescenta, Tujunga and Sunland Catholics to join the local ICF branch and share your culture, heritage and religious beliefs. The only prerequisite for joining is being Catholic. Our members are from many ethnic groups.

ICF is active in various cultural events throughout the state, supports local parishes, and provides various charities with financial and other support. ICF members believe in proclaiming the Gospel of Jesus Christ through community and spiritual actions, activities and camaraderie.

Members do not need to be Italian to join or participate in ICF's evangelical and charitable work, but must be Catholic. Call (818) 952-1969 for more information.



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Doctor Visit or Self-Isolate?

By Mary O'KEEFE

Our readers have contacted CVW with questions that range from symptoms of COVID-19 to when they should call their doctor or if they should go to the emergency room if they have an issue other than a concern for COVID-19.

CVW reached out to Mary Virgallito, RN, associate administrator of quality and patient safety at USC Verdugo Hills Hospital, to answer some of these questions.

"If you need immediate medical attention, whether from a stroke, heart attack, traumatic injury or extreme respiratory distress, please visit an emergency department," Virgallito stated.

The hospital has been preparing to respond to the 2019 coronavirus

since December and has protocols in place including immediately isolating anyone who may have COVID-19. There is on-site virtual screening for anyone suspected of having COVID-19 to minimize risks to members of the emergency room staff and the hospital has implemented temperature screenings for anyone who enters the hospital.

"We urge the community to please seek emergency care when they need it, but to first reach out to their primary care physician if they feel they may have COVID-19," she added.

Wait times remain steady as more precautionary measures are taken.

Many have found that their elective procedures have been postponed, including mammograms. Virgallito

suggested patients contact their personal doctors to talk to them about any postponed testing or procedures.

For those who do not have insurance but have symptoms of COVID-19, it is advised to first self-isolate for 14 days or until they are no longer sick. This also means to stay isolated 72 hours after their temperature returns to normal without the need to use medication to bring down the fever.

"If you are experiencing extreme symptoms and need medical care, please visit an emergency department for treatment," she added. "You may have access to financial assistance to cover the cost of testing."

At present, USC-VHH is continuing to provide physical therapy and prescribed cardiac rehabilitation services.

Free Virtual Urgent Care Visits Offered

Dignity Health – Southwest Division announced the launch of a free virtual urgent care service, Virtual Care Anywhere, for anyone in the community experiencing mild to moderate symptoms of the new coronavirus. Virtual urgent care visits are being encouraged as an initial care option for anyone who would like to discuss symptoms characteristic of COVID-19 with a health care professional.

As ambulatory and acute care facilities across the country experience an increase in the number of patients with COVID-19 symptoms, virtual health care visits can help providers meet demand while reducing potential transmission of the coronavirus. The service is a safe and convenient way for people to speak with a medical professional for advice without needing to visit a physical care location. There is a Dignity Health hospital at Glendale Memorial Hospital and Health Center.

To use the service, people can visit dignityhealth.org/virtualcareanywhere, download the Virtual Care Anywhere app in the Apple App Store or Google Play Store, or call (855) 356-8053 and use the coupon code COVID19. The service has a fee of \$35 per visit, and the fee will be waived for patients who think they may be experiencing COVID-19 symptoms. After requesting a virtual care visit, providers will contact the patient once they are available,

typically within 15-30 minutes, although high demand may result in longer wait times. The service is on-demand and does not accept appointments.

"Virtual urgent care visits are one way we will help patients with COVID-19 symptoms assess their options for treatment or testing," said Julie J. Sprengel, Southwest Division president. "Virtual visits allow for timely care delivery without putting other patients or our clinicians at risk for contracting the virus. And while it's not intended to replace in-person care visits, it will help reduce patient volumes at care sites, so we can serve those who need care the most."

Health care experts are recommending virtual urgent care for patients with less severe symptoms of COVID-19, such as low-grade fever, a cough or shortness of breath. People with mild symptoms who are evaluated virtually by a medical professional can avoid interacting with others and ensure they receive the appropriate level of care in the right setting.

People experiencing severe symptoms of a respiratory illness, such as a high fever or difficulty breathing, should call 911 or visit their nearest emergency room. Dignity Health encourages people to call their medical facility in advance to notify the care team of any COVID-19 symptoms before visiting in person.

Symptoms of COVID-19

By Mary O'KEEFE

COVID-19 can produce a variety of symptoms ranging from serious to none at all.

"We are only testing [those] who are symptomatic," said Dr. Narbeh Tovmassian, lead physician at USC Verdugo Hills Hospital.

Common symptoms include a cough, fever and shortness of breath. The cough is a dry cough that does not break up, he said.

The symptoms are similar to those of pneumonia, which is also a respiratory disease that causes shortness of breath, nausea and vomiting.

"A couple of months ago when people [came] in with viral

pneumonia we would [do] a chest X-ray to help diagnose it," Tovmassian said.

But with COVID-19, a simple chest X-ray does not confirm the presence of the disease. Those who think they have been exposed, or those who have had their doctors tell them they may have COVID-19 symptoms, however mild, are asked to self-isolate at home for 14 days.

Testing is only being done to those who show symptoms. If a doctor has prescribed a test and either the person has been tested or is awaiting the results they are to stay home in self-isolation, which includes isolating themselves from others in the home. People who

have been exposed and those who have been tested are to inform anyone with whom they have had close contact.

Many who have been tested and are positive for COVID-19 are staying home. They are not to leave their home unless their symptoms become worse, or 72 hours after their fever has remained normal without the help of fever reducing drugs.

"We are telling people to assume [they] have it and put [themselves] in self isolation," Tovmassian said for those who show mild symptoms.

He added some people who come

see SYMPTOMS on page 7

LET'S JUST
Take a Breath
Sunset

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AFTER THE TRAILS OF THE DAY,
WILL EASE THE MIND AND SOFTEN THE HEART
IT HAS SUCH A SOOTHING WAY.
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WITH THE EARTH AND SKY IN TUNE.
WHEN PEACEFUL HOURS ARE IN TUNE WITH MAN
THERE'S HOPE FOR PEACE TO COME SOON.

—EVERETT WENTWORTH HILL—

LA CRESCENTA PHARMACY
The Rexall Store

"In the 1920s, the old wooden La Crescenta Store was replaced with this brick structure housing the La Crescenta Pharmacy."
Crescenta Valley Then and Now by Mike Lawler

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Computers and Food Distributed at Schools



LEFT: At Rosemont Middle School, students who needed technology at home were able to pick-up Chromebooks from the school.
 ABOVE: Crescenta Valley High School students on free and reduced cost lunch programs could pick-up meals daily at the school campus at Glenwood and Community avenues.
 RIGHT: A Rosemont Middle School, a sign instructed students where to pick-up their meals.

By Mary O'KEEFE

As of March 24 schools within the Glendale Unified School District set up tents to distribute food to students who are in the free and reduced cost lunch programs. All children, 18 years and under, can pick up breakfast and lunch at several locations throughout the district. In the Crescenta Valley area, Rosemont Middle School and Crescenta Valley High School will be distributing meals from 7:30 a.m. to 10:30 a.m. At Fremont Elementary School meals will be distributed from 10 a.m. to 1 p.m. Rosemont is located at 4725 Rosemont Ave.; the meals are being distributed in the parking lot in the front of the school. CVHS is located at 2900 Community Ave.; the meals are being distributed on the southwest corner of Glenwood

and Community avenues. Fremont is located at 3320 Las Palmas Ave.; the meals are being distributed in front of the school on Las Palmas.

Also at Rosemont Middle School, shortly after the campus closed and new “distance learning” was established, those students who expressed a need for technology in the home via a survey received a Chromebook for use at home.

The distribution took place on March 24 at the school gym.

“This is a challenging and potentially stressful situation for all of us – staff, students, faculty, administration and parents,” said Principal Scott Anderle in an email to Spartan parents. “Let’s all err on the side of being understanding and flexible. Assume positive intentions. This is uncharted territory, and we are

going to have to flow as we go.

“Although our work will feel different, with distance learning occurring officially through May

5, these are still work days for Rosemont staff and teachers. Teachers will be sharing on their webpage or other established

communication channel how, when and where to connect with them throughout this new learning adventure.”

Hungry? They're Ready to Take Your Order

While many restaurants have shut down in response to COVID-19, several have remained open for meal pickup or delivery ... and they are desperate for business. CV Weekly has compiled a list of local restaurants that are serving up meals for pickup or delivery.

- | | | |
|---|---|---|
| Aidan's Grill
(818) 330-7122
Take Out/Delivery Service | El Sol Family Restaurant
(818) 249-8958
Take Out | North Shore Burgers
818.790.1672
Take Out |
| The Baked Bear
(818) 495-7070
Take Out | Frida Mexican Cuisine
(818) 551-1666
Take Out / Delivery Service | Pepe's
(818) 248-6622
Take Out/Delivery |
| Berolina Bakery
(818) 249-6506
Take Out | Georgee's Pizza
(818) 790-0637
Take Out/In House Delivery | The Pie Hole
(818) 945-5249
Take Out / Delivery Service |
| Black Cow Café
818-957-5282
Take Out/In House Delivery/
Delivery Service | Granville Deli
(818) 550-0472
Take Out / Delivery Service | Seasoning Alley
(818)249-4949
Take Out/Delivery Service |
| Blaze Pizza
(818) 483-0535
Take Out/In House Delivery/
Delivery Service | Guiseppe's Pizzeria
(818) 957-1313
Take Out/In House Delivery | Sevan Chicken
(818) 249-7607
Take Out/Delivery Service |
| Blazin' Hot Chicken
(818) 330-3353
Take Out | Honeybird
(818) 415-0489
Take Out/Delivery Service | Star Café
(818) 957-7827
Take Out/In House Delivery/
Delivery Service |
| Bourbon Steak
(818) 839-4130
Take Out / Delivery Service | Jeremy's Coffee Shop
818-248-7772
Take Out | Town Kitchen & Grill
818-248-1881
Take Out/Delivery |
| The Cheesecake Factory
(818) 550-7505
Take Out / Delivery Service | Joselito's Mexican food
818-957-1901
Take Out/ Delivery Service | The Tsujita
(818) 553-3822
Take Out / Delivery Service |
| Corsica's Deli
(818) 352-7213
Take Out | Katsuya
(818) 244-5900
Take Out / Delivery Service | Zeke's BBQ
(818) 957-7045
Take Out |
| Crows Nest Sports Grille
(818) 353-0852
Take Out | Le Pain Quotidien
(818) 839-5230
Take Out / Delivery Service | Alyssa's Ocean View Café
Closed |
| Damon's Steakhouse
(818) 507-1510
Take Out | Los Gringos in La Canada
(818) 790-2696
Take Out/In House Delivery/
Delivery Service | Casa Cordoba
Closed |
| DeLuca's Italian
(877) 701-3354
Take Out / Delivery Service | Magpies
(818) 790-2348
Take Out | Gio's Bakery
Closed |
| Dish
(818) 790-5355
Take Out | Mins Kitchen
(818) 790-6074
Take Out | Hill Street Café
Closed
Take Out – You pick up. |
| El Charro
(818) 249-2405
Take Out | New Moon Chinese
818-249-4393
Take Out/In House Delivery/
Delivery Service | In House Delivery Service –
Restaurant has their own vehicles/
drivers to deliver food. |

Telephonic Town Hall Planned

Congressman Adam Schiff held a telephonic town hall last Thursday and will be holding another one tonight, Thursday, March 26, at 7 p.m.

The questions from the public at last week's town hall covered a variety of issues concerning COVID-19 and the response from the federal government. Participants asked questions covering medical and financial concerns. He was joined by

representatives from UCLA Fielding School of Public Health and Victor Parker, district director of the U.S. Small Business Administration-Los Angeles District Office.

Tonight the Congressman will again take questions and share information with the public. For those who would like to join the conversation they can do so by calling (855) 962-1154 at 7 p.m. tonight.

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SYMPTOMS from page 5

into the hospital with a fever and test positive get better; others need to be on respirators.

"It can come on fast," he said of the symptoms.

Tovmassian said the staff has enough testing kits, as of now, for those who need testing.

"It is not as much having

the test but to run the test," he said. The tests are being administered but the results are taking longer to get back.

Tovmassian praised the USC-VHH leadership during this crisis.

"I am thankful to the great leadership at [USC-VHH]. We

are having meetings every day and have had all the support we need," he added.

The hospital has even brought in additional doctors.

He advised anyone with serious symptoms of COVID-19 to come to the hospital or call their physician "right away."

Obituary

Ralph G. Niller



Nov. 29, 1948 – March 16, 2020

Ralph Niller lived his entire life in the state of California. Born in Trona, California in 1948, he often commented that he grew up in the desert and it fueled his life long love of the outdoors along with a love for deep sea fishing, camping and boating in California and throughout Nevada. Later, his family relocated to the South Bay area where he graduated from Carson High in 1967.

Ralph was hired by the Los Angeles County school district to do gardening and landscape maintenance, which enabled him to enjoy nature and gardening.

Ralph joined the Air Force during the Vietnam War, of which he was always so proud of being able to serve his country. After returning from service he was hired by Pacific Bell (AT&T) where he was able to work outdoors for 38 years in cable maintenance.

Ralph was preceded in death by his father George W. Niller, his mother Julia (McGill) Niller and ex-wife Theresa. He is survived by their son Darren Niller of Templeton, California, and his sisters Kathryn Carter of Creston, California, and Mary Foster of Anna, Texas. Ralph is also survived by his wife of 39 years Vivian (Falcone) and two daughters Jessica (Farr) and Sarah (Wright), and six grandchildren.

He was a beloved husband, father and grandfather and was loved by all. He will be remembered for his calm nature, dry wit and friendly demeanor.

Ralph will surely be missed by all of his family and friends who surrounded him during his life. The family asks that those who wish to honor Ralph do so by making a donation in his name to the American Cancer Society.

Funeral directors: <http://www.CrippenMortuary.com>

Machine Vandalized



Photo by Mary O'KEEFE

Overnight the water-dispensing machine in the 4100 block of Pennsylvania Avenue was vandalized and cash was stolen.

The suspect/suspects cut a hole in the side of the machine to gain

entrance. The machine is part of Gardenia Market Deli and Pizzeria.

Anyone with information on this incident is asked to contact Glendale Police Dept. at (818) 548-4911.

Investigations, Arrests Made in Local Incidents



Photo provided by Julie DOWSE

A traffic accident on Pinecone Road resulted in a Honda Civic flipping over.

By Mary O'KEEFE

California Highway Patrol and Los Angeles County Fire Dept. units responded to a traffic collision at 6:07 p.m. on Wednesday, March 18 in the 5500 block of Pinecone Road in La Crescenta.

"It was a two-vehicle [accident], one was a parked car," said CHP Officer Vincent Ramirez.

A white Honda Civic struck a Ford Explorer that was parked on the street. The Honda overturned and the driver, a man between 25 and 30 years, reported moderate injuries and was transported to Huntington Memorial Hospital.

The CHP is investigating the traffic collision as a possible DUI.

The CHP has also investigated an auto versus pedestrian accident at Glenwood Avenue and Foothill Boulevard. A 17-year-old female

pedestrian was in the crosswalk on Feb. 28 at 8:48 a.m. when she was struck by a vehicle. The male driver stopped and stayed at the incident.

The pedestrian complained of pain at the time of the accident and was transported to the hospital.

Los Angeles County Sheriff Dept.-Crescenta Valley Station Detective Rodger Burt arrested a suspect for an alleged Christmas Day burglary in the 5300 block of Ivafern Lane in La Cañada.

While the resident of the home was in the garden working, the suspect allegedly entered the home and stole numerous purses, jewelry and cash then left the area. When the resident went into her home she discovered her items missing.

The residential burglary occurred on Dec. 25 at 12:30 p.m. The suspect arrested was Bnii Wiserachal, 22, of Los Angeles.

CRIME BLOTTER

March 17

1300 block of Foothill Boulevard in La Cañada, a woman, with a passenger, reported as she was driving eastbound on the Foothill Boulevard, she stopped at a red light at Foothill and the Glendale (2) Freeway in the number two lane. The woman reported seeing a grey Toyota Prius approaching her location. The Prius was swerving in and out of both the eastbound lanes and, as it approached the red light, the vehicle reportedly nearly collided with the rear of her vehicle.

The Prius had switched lanes and had stopped slightly in front of her at the light. When the light turned green both vehicles proceeded eastbound of Foothill Boulevard. When both vehicles reached Memorial Park the Prius abruptly changed lanes from No. 1 to No. 2 directly in front of the woman's car, blocking her from driving away. A suspect in the Prius, described as 60-to-65 years old with salt and pepper hair, stuck his upper body out of the window and pointed a gun he was holding in his right hand at the woman and her passenger. He waved the gun as if to signal her to pull forward. The woman and her passenger believed they were going to be shot; she kept her vehicle away from the suspect's, called 9-1-1 and took a photo of the man. The suspect then drove away.

The incident occurred at 12:25 p.m.

4200 block of Woodleigh Lane in La Cañada, as a woman was in her home she noticed two suspects walking west in the pool area of her home. The suspects were described as having skinny athletic builds and wearing dark hoodies and pants. The suspects noticed the resident watching them and ran away. They reportedly got into a dark colored late model Chevy sedan parked in front of the driveway.

The incident occurred between 3:15 p.m. and 3:23 p.m.

March 15

2300 block of Foothill Boulevard in La Cañada, items including a grocery bag containing food items were stolen between 1 a.m. and 8:30 a.m.

900 block of Town Center Drive in La Cañada, two men entered the business and stole coffee tumblers off the shelf in the front of the store, placed them in a plastic bag and left the location without attempting to pay. The first suspect was described as a black male, about 5'9" tall, weighing 180 lbs. with a trimmed full beard. At the time of the theft he was wearing a black T-shirt and red sweatpants.

Suspect No. 2 was described as a male black, 5'11" tall, weighing about 180 lbs. with a trimmed full beard. At the time of the theft he was wearing a black sweatshirt and black jeans.

The theft occurred at 7 p.m.

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VIEWPOINTS

TREASURES OF THE VALLEY » MIKE LAWLER

CV Street Name Origins – Part 6

Let's start now on street names from La Cañada Flintridge. Oddly enough I've got a whole lot on La Cañada names – way more than La Crescenta street names.

We'll start off with a submission from a reader about Belita Lane.

Belita Lane is above Foothill in the neighborhood on the far east side of La Cañada. Here's what the reader wrote: "When we moved to Belita Lane in La Cañada, I googled Belita and

learned that at the time the houses on the street were built, around 1946, there was a popular British ice skater named Belita (she used only one name), so I assume it was named after her since I found no other possible source for the name."

Sure enough, Belita was the stage name of Maria Belita Jepson-Turner. She was an Olympic skater who parlayed her athletic fame into a film career. She was about at the peak of that career in 1946 when this street would have been laid out. There seems to be a pattern in this neighborhood because Belita intersects with Lamour Drive, undoubtedly named for film star Dorothy Lamour. Nearby is Revlon Drive, perhaps named for the line of makeup that many of these stars wore. This pattern may be due to the fact that many people in the entertainment industry were settling in La Cañada post-war.

Kirst Street – At the top of this development is tiny Kirst Street, near the top of Viro Road. It's named for the pioneering

Kirst family. In 1904, Pauline and Nicholas Kirst traded their downtown LA hotel for a 90-acre ranch in the Cañada Valley. With their six children, they moved into a ranch house located about where Kirst Street is, and planted grape vines. Only three years after moving in, Nicholas Kirst was tending horses in their barn. Tragedy occurred when one of the horses stumbled and fell on him, crushing him to death. The Kirst family stayed on the property into the next generation, even expanding their ranch over to where Trader Joe's is today at Foothill and Gould.

JPL streets – Just to the east of this neighborhood is the famous Jet Propulsion Laboratory. They named their streets for their many space and missile programs. The streets on the campus include Pioneer Road, Explorer Road, Mariner Road, Surveyor Road, Sargent Road and Corporal Road (named for the Sargent and Corporal missile projects), and DSN Road (for Deep Space Network). Above the campus is Mesa Road, named for the Gould Mesa, the hill

behind JPL. Gould Mesa is a fault feature of the Sierra Madre earthquake fault, which runs right through JPL.

Gould Avenue – Named for Will D. Gould, a very successful Los Angeles lawyer. He purchased 1,100 acres in the late 1800s, and built a grand getaway resort for himself, which he named Highland Park. Gould Avenue, marked by the distinctive row of eucalyptus trees, was his driveway. Gould's specialty was real estate law and in the litigious and wild early years of LA's growth, he made a fortune. Included in the lawsuits he argued were disputes involving many of La Cañada's pioneering families like the Lantermans.

Knight Way – Knight Way crosses Gould at the top of the line of eucalyptus trees. It's named for the pioneering Knight family. Jesse and Elizabeth Knight moved to La Cañada in 1887. Maria Haskell, sister of Dr. Benjamin Briggs, had given up on farming the rocky soil and sold 100 acres to the Knights. They successfully introduced citrus, planting their new

acreage in oranges and lemons. Their packing house was on the upper end of their property near the western end of today's Knight Way. They organized the California Fruit Growers Association, which coined the iconic "Sunkist" name. Their son, T. Fenton Knight, was a successful businessman and investor and served five terms in the state assembly.

Princess Anne Road – Above Knight Way and east of Angeles Crest Highway is Princess Anne Road. It's named for England's Princess Anne, the only daughter of the current Queen. She was born in 1950, about when this street would have been laid out.

Next week, more La Cañada street names.



Mike Lawler is the former president of the Historical Society of the Crescenta Valley and loves local history. Reach him at lawlerdad@yahoo.com.

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NEWS FROM WASHINGTON » ADAM SCHIFF

Addressing the Coronavirus Crisis

As we grapple with the global crisis of COVID-19, including (as of March 24 at noon) 662 confirmed cases and at least 11

deaths in Los Angeles County, I know this is a time of intense anxiety and concern for many Angelenos. The coronavirus presents an unprecedented challenge that continues to grow in magnitude, and the health and economic effects are already being felt across our nation in dramatic ways. I am confident we will get through this, but the extent of the damage this virus will cause will be determined in no small part by what we do now to slow its spread as we work to mitigate its effects.

First, it is critical that everyone listen to the advice of experts, like the Centers for Disease Control and the LA County Dept. of Public Health, in the days ahead. As of March 19, experts urged that we practice "social distancing" – limiting social contact with others as much as possible. By doing so, we can reduce the number of infections and maintain a manageable load on our hospital system. This is especially important advice for the young and healthy to internalize – we all need to make sacrifices and smart changes in our daily lives in order to help protect our elderly and immunocompromised neighbors.

Every single one of us has an important role to play in slowing the spread of this virus. What we do now matters. But we also will need massive interventions by the federal government to ensure our hospitals and

clinics have the resources and capacity to treat the virus and to mitigate the economic damage for millions of Americans whose livelihoods are already affected.

On March 5, Congress passed a bipartisan \$8.3 billion emergency funding package. This emergency funding includes treatment and vaccine research, public health funding to ensure state and local hospitals and health systems are better prepared, and low-interest loans to help small businesses that are already being severely impacted by this epidemic.

As the crisis evolved, the House passed the Families First Coronavirus Response Act on March 14. This bipartisan agreement will bolster the federal government's response to the coronavirus outbreak and address the severe impacts on Americans' personal safety and financial security through food assistance, enhanced unemployment insurance, safeguarding Medicare benefits, and extending paid sick leave benefits to millions of Americans.

As businesses across California are being asked to close down to help us slow the spread of the coronavirus, and others are experiencing a loss of customers due to social distancing measures, I know many small business owners are struggling to make ends meet and are concerned about what the future holds. The Small Business Administration (SBA) is offering low-interest federal disaster loans to California small businesses impacted by the

coronavirus. More information on these disaster loans can be found at [SBA.gov/coronavirus](https://www.sba.gov/coronavirus).

These are important steps, but more will surely need to be done. Our response up to this point has been badly hampered by a lack of testing capacity and, while that is slowly changing, it is certain that as we test more cases, we will likely find that the virus is even more widespread than we currently believe.

I want you to know that I will be here for you in any way I can and, while we are mostly teleworking, my staff and I are answering the phones and stand ready to assist you. We update information on our website on a constant basis, and send important updates through e-newsletters as well. We have just conducted two telephone town halls with my constituents, and I hope you will join me for one in the future. I will continue my work in Congress to ensure the full power of the federal government is brought to bear as we confront this crisis together, and that I do everything possible to get good information out to my constituents every day. I encourage everyone to consult the CDC ([cdc.gov](https://www.cdc.gov)), the Los Angeles County Dept. of Public Health (publichealth.lacounty.gov), as well as my website (schiff.house.gov/help/coronavirus-information) for reliable information.

The days ahead will not be easy, but I am confident that we will see our way through them to a strong and healthy future.

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Troop 310 Arrow of Light Bridging Ceremony



LEFT: Webelos II prepare for the bridging ceremony.
 ABOVE: Proud dad Nicolas James with his boys Peter and Alexander.
 BELOW: Joseph Papaleo during the Arrow of Light ceremony.



It was a busy night for Cub Scout Troop 310 during its annual Blue and Gold ceremony held on Feb. 28 in the Lincoln Elementary School auditorium. The following Webelos II, Cub Scouts from Den 5, Troop 310 completed the requirements for the Arrow of Light Rank: Dylan McLemore, Peter James, Giovanni Mele, Thomas Arellano, Joseph Papaleo, Dominic Horton, Gavin Arntson, Joshua Stone, and Lex Mackey.

This is a big accomplishment for the Scouts as the Arrow of Light patch is the only Cub Scout patch that can be worn on the Boy Scout uniform.

The evening started with a barbecue dinner and salad bar followed by the Arrow of Light ceremony led by Den 5 leaders Ken and Lisa McLemore and Cub master Wes Horton. The boys' accomplishments and favorite outings were mentioned during the ceremony and, when the Arrow of Light ceremony ended, the Cub Scouts began the bridging ceremony, crossing over to become Boy Scouts. They were met by the Boy Scouts of Troop 319 who welcomed them into their Troop as they removed the Cub Scout neckerchiefs and fastened on their new Boy Scout neckerchiefs.

It was a very memorable evening for the boys who had joined Cub Scouts together five years ago and were eager to begin their new adventures together as Boy Scouts.

Submitted by
 Nicolas JAMES



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 Follow us on Facebook for a 9:00 am Facebook Live Bible Study of Psalms M-F, and other fellowship opportunities.
facebook.com/lacrescenta.presbyterianchurch/

Also at lcpc.net: Find information about LCPC's response to COVID-19, including a prayer chain and CV Together, our outreach to neighbors who are homebound or need special assistance.

Let's Worship Together and Stay Connected!

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Information? Call 818.247.0466

BETWEEN FRIENDS

LCFOG Visits Orthopaedic Institute for Children

Prior to the COVID-19 pandemic, members of the La Cañada Flintridge Orthopaedic Guild (LCFOG) were welcomed at the new medical pavilion at Orthopaedic Institute for Children (OIC) on March 5. Michael Sullivan, vice president, OIC foundation and chief philanthropy officer, gave a slide presentation update on OIC. Among the highlights was a donation of \$782,337 by the Guild to OIC, where there are 70,000-plus patient visits annually and 93% of children served are either underinsured or uninsured. Recent milestones included openings of a new low-dose radiation X-ray suite, a new Urgent Care Center and a new Sports Medicine and Scoliosis Center. A plaque honoring the donations of LCFOG to OIC will be displayed in a treatment bay of the new Ahmanson Foundation Fracture Center. The OIC 2020

campaign to raise \$20,000,000 has brought in \$18,954,159 to date. A lunch and tour of the new facilities was followed by a slide presentation and meeting.

Guild members in attendance were Marie Baker, Danette Erickson, Tamara Hughes, Marianne Jennings (president), Jeanne Long, Arlene Massimino, Judi McClure, Wendy Nichols, Caryl Pettit, Joanne Ploszaj, Virginia Pruitt, Barbara Self and Alicia Thompson.

LCFOG is a non-profit organization that raises money to help fund the OIC, which opened in 1911. OIC's mission is to provide children with musculoskeletal injuries or disorders excellent orthopaedic medical care regardless of ability to pay. To learn more about LCFOG and its involvement with OIC, call Jeanne Long at (818) 248-7822.

Submitted by Barbara SELF

Photo courtesy of Barbara SELF

Front row, from left, are Alicia Thompson, Jeanne Long, Danette Erickson, Tamara Hughes, Marie Baker, Barbara Self, and Joanne Ploszaj. Back row from left are Wendy Nichols, Caryl Pettit, Judi McClure, Marianne Jennings, Virginia Pruitt and Arlene Massimino.



Veterans Corner January 2020

VA Steps Up Screening, Restrictions At Medical Centers

Veterans Affairs medical facilities across the country are screening patients and restricting visitors to stem the spread of the novel coronavirus as the agency grapples with five cases of COVID-19. VA Secretary Robert Wilkie, as of March 17, said visitors are not allowed at the agency's roughly 135 nursing homes, which house more than 8,000 veterans, saying those facilities are "going into an emergency situation."

One veteran has a confirmed case of the virus, VA officials said. Four others have tested positive, but as of March 17 those findings have not yet been confirmed.

The agency did not specify where the veterans are, saying they are "either in isolation at home, in accordance with CDC guidelines, or being cared for in isolation by staff who are specially trained on the latest CDC treatment guidelines and utilizing personal protective equipment and infection control techniques."

Wilkie said a veteran with the virus was being treated at the VA hospital in Palo Alto, California. Another veteran who tested positive was being treated in the North Las Vegas VA hospital, according to the Nevada Independent. A third was being treated at the VA hospital in New Orleans, the first presumptive case in Louisiana, The Times-

Picayune/New Orleans Advocate reported Monday. VA spokeswoman Christina Mandreucci told USA TODAY none of the patients had died. She declined to provide more information about their cases or how they might have contracted the virus, citing privacy concerns.

The Dept. of Veterans Affairs is the nation's largest integrated health care system with 170 hospitals and more than 1,000 outpatient clinics that serve nearly 9 million veterans across the country. According to department estimates, roughly half of veterans are more than 65 years old and many have underlying health conditions that could make them more vulnerable.

"We will get over this and we will make sure everything is done to protect those who have done so much for our country," Wilkie said on March 17 at an American Legion conference in Washington.

Coronavirus impacts at the agency have not been limited to its health care facilities. The VA canceled a sports clinic scheduled later in March in Colorado, where hundreds of disabled veterans were scheduled to ski, sled and play hockey.

Veterans' organizations are trying to ensure members get as much information as possible about how the VA is addressing the outbreak.

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...an upbeat way to end the week!

Let us share your Feel Good videos, too!
Submissions need to be 30 seconds or less. Send to robin@cvweekly.com and visit our Facebook page at Crescenta Valley Weekly or website www.cvweekly.com

PET OF THE WEEK



Prior to the outbreak of the coronavirus, La Crescenta resident Doreen was seen walking her pet tortoise – another unique aspect of living in the Crescenta Valley.

CV Weekly loves to hear about your pets!
Send a pic and small cap to steve@cvweekly.com,
to share your lovable pets with the community!

Questions About Today's Real Estate?

Ask Phyllis! Appraisal Drama

Dear Phyllis,

My wife and I bought a fixer in Glendale. There were more than ten offers and apparently ours was the best. We had our inspection and although the home needs to be completely gutted didn't ask for any credits. After the appraisal came in \$40,000 low we asked the seller to reduce the price by just \$20,000. They refused to lower the price even a bit. By this time, we were so far in the process that we just increased our down payment and closed escrow. In your experience what typically happens when the appraisal comes in low? Jeff

Dear Jeff,

Congratulations on your new home!

What happens when the appraisal comes in low?

In today's market, often there

is not a renegotiation. When the appraisal is low, the buyer can cancel and have their deposit refunded (assuming they had an appraisal contingency). The seller can reduce the price by the difference or some other amount. Or refuse to make any concession. In your instance because the seller refused to make any concession, you needed to increase your down payment. Lenders base their loan on a percentage (such as 80%) of the lower of the appraised value or purchase price.

As there were so many other offers, the listing agent could have simply "gone down the buyer list" to learn if another buyer would be willing to accept the home. The listing agent should give any other potential buyers a copy of your inspection report. Likely asking these buyers to waive the appraisal contingency.

Since the passage of the Dodd-Frank Act, lenders are no longer allowed to have direct contact with appraisers. Most appraisals are ordered by a management company who take a big cut of the appraiser's fee. Be assured that not all appraisers are created equal. I have seen many poor-quality appraisals which come in low. Often these appraisers use incorrect information and when confronted with their errors they usually won't correct them. There are no ramifications for poor appraisals. The management company and the appraiser continue to get hired.

A home is worth what a buyer will pay, not the amount of the appraiser's valuation. As there were more than ten other buyers for this home, it seems that you didn't overpay, but simply paid market value.



Questions about Today's Real Estate? Ask Phyllis!
818.790.7325 phyllis@realtorharb.com

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Phyllis Harb (DRE# 008487500)

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TRAVEL & LEISURE

What to Do During the Break

By Charly SHELTON

It's been nearly two weeks of the statewide lockdown and, as evidenced by videos being posted on social media, many residents are fed up already with it and choosing to go out to parks and beaches against the orders of health officials. Some might say it's selfish to chance the spread of disease and risking further loss of life. Some might say that it's counterproductive going out thereby making the disease stronger and more widespread and resulting in a lockdown more stringent and longer lasting. Some might say that. But we at CV Weekly believe in the goodness of people and that those who went out to congregate in public must have just been bored out of their minds at home. In that momentary lapse of judgment, while out of their minds, they went out for a constitutional to regain their composure.

So, to prevent that from happening again, we have congregated some of the best to-dos while stuck in the house without work.

Play Games

Take this as an opportunity to reconnect with family and friends, digitally. Games can be played online through game systems like Xbox Live or PlayStation Network, which allow users on different video game consoles to play the same game together and connect via headset microphone. The online lobbies are swamped with people right now because so many people are at home playing so, if you want an exciting, full game experience, now is the time.

Physical games can be played via a video chat software like



Photo by Charly SHELTON
Pedestrian traffic, like this along Hollywood Boulevard, is light in response to the statewide "Safer At Home" order.

FaceTime, Skype or Zoom. Using the video chat software, one player can call the other and set up the camera to see the game board. If the two parties have the same board game, each can set up recreations of the one board, with each player moving their digital friend's pieces to see a physical copy of the board. This also works for poker, Magic the Gathering and other card games where two decks can be used concurrently.

Cook

Learning new cooking techniques is always fun and something many people say they would like to do someday. With nothing but time now, learning to cook or bake something new is a great way to

spend the days. Cookbooks are available for free online, recipe sites are currently pumping out new dishes to capitalize on this homestuck population and some really great YouTube channels walk viewers through exactly what to do and how to do it. Gordon Ramsay's channel has hundreds of videos of not only his work on TV but also his teach-from-home videos for making each viewer a better cook. And despite his reputation for blowing up on TV, he is surprisingly gentle and effective as a teacher.

Or for a new challenge, go old. Townsends is a YouTube channel that explores the 18th century lifestyle, mostly in cooking. Recipes on the channel are all

well researched from period cookbooks and prepared in the same way they would have been in the 1700s – in hand-pounded metal cookware over an open flame in the hearth. These recipes are fantastic for the shutdown as they use relatively simple ingredients that many people have lying around the house. Learning to bake is a great skill to have, and now there is time to learn it.

That Big Project

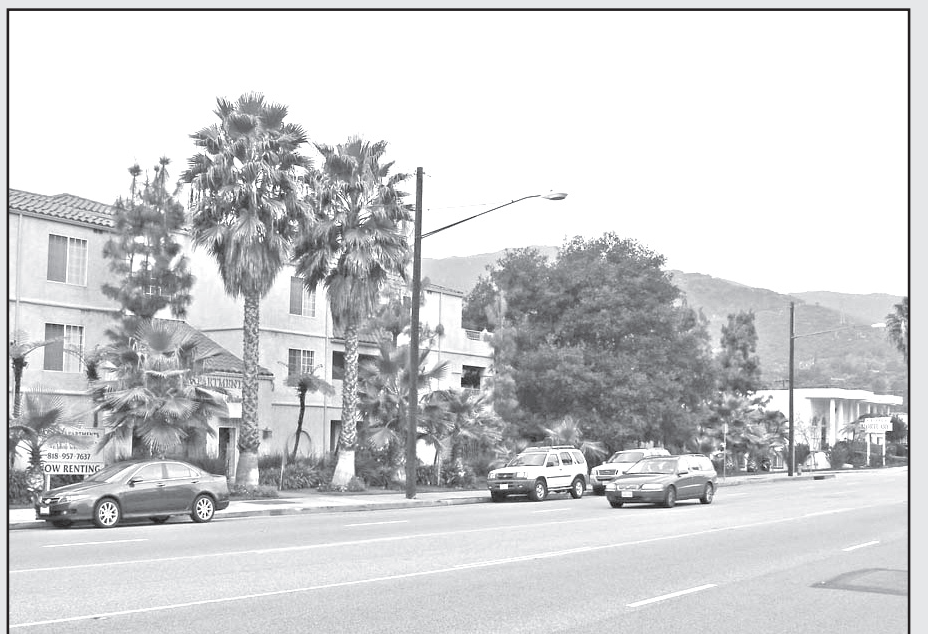
Many people have "that big project" they always wanted to work on if only there was time in the day. Whether it's writing a screenplay, learning the violin, cleaning out the back room or organizing your seashell collection alphabetically,

there is time now during the shutdown. Don't waste it on more TV and allowing yourself to get super-bored.

"I've always wanted to write a mystery but there's never time in the day-to-day," said Matt Abshire, manager of Avignone's in Montrose, which has been temporarily closed. "I've written some stuff here and there, mostly comedy, but nothing of this magnitude. This takes research and lots of planning. It's tough to get in the headspace and really let it flow when you only have an hour at the end of a long day. Well, I definitely have more than an hour now."

THEN & NOW | Verdugo City Super Service Station

Courtesy of the Historical Society of CV



Then » During the booming early 1920s Arthur Voltz and his new bride came to Los Angeles on their honeymoon and, quite simply, never went home! They settled in the Crescenta Valley and bought this gas station, which at the time of this photo in 1925 had been named for the brand new town of Verdugo City. They were located at Honolulu and Glenwood avenues, right on the main line between Sunland-Tujunga and Glendale. Note the glass-top gas pumps. To fill your car, you hand pumped gasoline up from the underground tanks and into the glass container on top. It had tick marks so you could see how many gallons you had in the glass container. You then opened a valve and drained the gas by gravity through the hose into your tank.

Now » That site at 2840 Honolulu Ave. is now the location of the Twin Oaks Senior Apartments, built in 1988. This 100-unit facility is part of the City of Glendale's stock of affordable housing, with many of the units reserved for seniors on fixed incomes.

Glendale Noon Concerts Live Streamed

During the Covid-19 “Safer at Home” period, Glendale Noon Concerts will bring its programs via streaming, without an audience, on Facebook Live and YouTube. The April 1 program features violinist composer Jonah Sirota and oboist Regina Brady, who will perform works by Benjamin Britten, J.S. Bach, and the premiere of a work for oboe and viola by Jonah Sirota.

To view the concert, which begins at 12:10 p.m., visit <https://tinyurl.com/uvtvd8g>.

Composer and violinist Jonah Sirota is a new breed of multi-talented musician. Equally at home writing concert music, performing as a soloist and chamber musician, scoring soundtracks for TV, film, and videogames, and collaborating in improv and new music ensembles, Sirota creates and recreates vivid music for a wide variety of audiences. His debut solo recording *Strong Sad*, a 2018 National Sawdust Tracks release, features premiere recordings of new elegies for the viola by Nico Muhly, Paola Prestini, Arthur Joseph McCaffrey, Valgeir Sigurðsson, Robert Sirota, Kurt Knecht, and Sirota. Recent compositions include “Grounded,” an orchestral work written for the Greenwood Music Camp Orchestra and premiered in the summer of 2018, and the viola sonata “Flutter Fingers.”

Sirota was the violinist of the recently disbanded Chiara String Quartet for its entire 18-year history. With the Chiara Quartet, he toured internationally, recorded seven albums and played in numerous major venues worldwide. The Chiara Quartet performed much of the string quartet repertoire from memory (“By Heart”), including the complete string quartets of Béla Bartók, a recording of which was released in 2016 on Azica Records. The group was honored with a Grammy nomination, the ASCAP/CMA Adventurous Programming Award, the Guarneri Quartet Award, top prizes at the Paolo



Photo courtesy of Walker Pickering
Composer-violinist Jonah Sirota

Borciani Competition and the Astral Artistic Services Audition, and a gold medal at the Fischhoff Competition.

As a concert violinist, Sirota performs with pianist Molly Morkoski, with organist Kurt Knecht as the improv duo *Mondegreen*, and as a member of the revived California String Quartet. He is sought after as a session player and regularly plays with major orchestras, including the Long Beach Symphony, where he is assistant principal viola.

Sirota is also known as a pedagogue. He coaches chamber music at the Colburn School, teaches viola at Cal State University Fullerton, and gives viola and composition master classes and residencies across the country. His “practice self-audit” has been used by many viola students to facilitate the self-evolution and creativity in the practice room, while his practice tune-up for professional and adult amateur violinists has given many the chance to reconnect with their own inner passion on the instrument.

Equally adept on the oboe and English horn, Regina Brady is a member of The Orchestra Now at Bard College. She recently completed the Master of

Music degree at the Colburn Conservatory of Music, where she studied with Anne Marie Gabriele, and Ariana Ghez. She played both oboe and English horn with the Colburn and Oberlin orchestras. On the Colburn Chamber Music Society series, Brady had the opportunity to perform with Jean-Yves Thibaudet. She is a passionate advocate for new music, and has collaborated with Los Angeles based new music ensemble, wild Up. As a member of the Oberlin Contemporary Music Ensemble, she was chosen to perform on a special concert series in collaboration with the Cleveland Museum of Art. Brady has been a fellow at the Kent/Blossom Music Festival, the Texas Music Festival, and the Sarasota Music Festival. Prior to her studies at Colburn, she completed the double-degree program at Oberlin College and Conservatory, where she majored in neuroscience and oboe performance, studying with Robert Walters. A native of White Plains, New York, she is also a graduate of the Juilliard Pre-College Division where she studied with Richard Dallessio.

For more information, email glendalesda@gmail.com or call (818) 244-7241.

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JUST FOR FUN

Kids! Have an

Indoor Scavenger Hunt

COLLECT ALL OF THE FOLLOWING ITEMS IN A BAG OR BASKET. CHECK THE BOXES AS YOU FIND EACH ONE.

- A TOY WITH WHEELS
- A BOOK WITH THE FIRST LETTER OF YOUR NAME IN THE TITLE
- A PAIR OF MATCHING SOCKS
- 4 THINGS THAT ARE GREEN
- SOMETHING VERY SOFT
- A TOY SMALLER THAN YOUR HAND
- SOMETHING ROUND
- A BOOK WITH NUMBERS IN IT
- 5 LEGOS THAT ARE ALL DIFFERENT
- A PHOTO OF SOMEONE YOU LOVE
- AN ITEM YOU CAN SEE YOURSELF IN
- AN ITEM THAT MAKES YOU FEEL COZY
- A TOY THAT HAS 3 DIFFERENT COLORS
- A MOVIE THAT HAS "S" IN THE TITLE
- YOUR SNUGGLEST STUFFED ANIMAL

Ready for snack? Make sure everything gets put back where it belongs!

Courtesy of Emily STOCKWELL

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 Edited by Timothy Parker

Answers for puzzle 03.19.20

REPTILE HOUSE By Alice Goodwin

1	P	A	S	S	5	S	E	E	P	9	S	P	A	R	S			
14	A	R	C	O	15	O	V	E	R	16	Q	U	I	E	T			
17	C	R	O	C	18	O	D	I	L	E	19	D	U	N	D	E	E	
20	T	O	P	I	C	A	L	21	S	E	A	S	A	L	T			
22	S	W	E	A	T	23	T	S	A	R								
					24	L	O	D	G	E	27	F	E	N	D	E	R	
32	E	B	B	34	P	O	A	C	H	36				37	C	O	L	A
38	F	R	O	G	I	N	T	H	E	T	H	R	O	A	T			
42	T	A	R	O	43	S	N	A	R	E	44	R	N	A				
45	S	E	A	D	O	G	47	I	D	Y	L	S						
					50	B	L	O	C	52	E	L	L	I	S			
56	P	A	R	E	S	I	S	60	L	E	N	I	E	N	T			
62	S	N	A	K	E	B	I	T	E	R	E	M	E	D	I			
64	S	T	I	E	S	65	E	W	E	R	66	E	R	I	E			
67	T	E	N	D	S	68	R	O	S	69	D	Y	E	S				

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ZACK hill by John Deering and John Newcombe



WEEKLY HOROSCOPES

Provided by horoscope.com
 March 23, 2020 - March 29, 2020

♈ ARIES March 21 - April 19

It's time to get cerebral about your health. Usually you spend too much time worrying about your body and each little ache and pain. Or perhaps you couldn't care less and you end up neglecting yourself. This week you need to get educated and find out how you can feel mentally and physically great. It can be done, and it will bring true well-being.

♉ TAURUS April 20 - May 20

At the start of the week you get the chance to make lasting changes in all areas of your life. Think first about your health and well-being, as without these you won't be able to achieve anything else. If you take steps to create a healthy routine that you can easily manage every day, you'll soon be fit as a fiddle. Don't waste this opportunity.

♊ GEMINI May 21 - June 20

The dominant planetary energy this week will act as a reminder to keep on with your fitness routines and make them a lifelong habit. If you decide to start working out or go on a diet this week, don't be too hard on yourself. It's essential that you start slowly; otherwise you'll hurt yourself and give up too soon.

♋ CANCER June 21 - July 22

Although your social life continues to rock, you may find that you have a few very intense days when you're partying and drinking nonstop. You can't keep on in this way forever. Sooner or later you need to come back down to reality, and you may not feel that great once you do. This week is about learning to find the right balance between having fun and making your well-being a major priority.

♌ LEO July 23 - August 22

If you've been working hard recently, think about working smarter. Working all hours can make you very stressed and this is very bad for your health on many levels. You need to consider what you're doing to yourself, especially if you tend to sit at a desk for many hours a day, day in and day out. There has to be another way. You can find it and feel great.

♍ VIRGO August 23 - Sept. 22

It's time to change your beliefs about what it's possible for you to achieve with your health. Think big and know that if you set your mind to it, you can achieve anything you like. If you're currently moving through a health challenge, you can heal it. Start this week to visualize yourself as completely healed. Keep this up and make it a reality.

♎ LIBRA Sept. 23 - Oct. 22

Your partner's health may be in question. Symptoms that had cleared may come back. However, under this influence there's a very good chance of finding a treatment that will eradicate the problem for good. But it may mean that you'll be caring for this person to some extent, whether emotionally, physically, or both. Don't forget to be good to yourself as well.

♏ SCORPIO Oct. 23 - Nov. 21

It's time to get together with your lover and determine to fulfill those goals you've put off too long. One thing you can do is exercise as a team. Help each other reach the health goals you've set for yourselves. You have two weeks to get started and harness this phase to enhance your well-being - and improve your sex life, too.

♐ SAGITTARIUS Nov. 22 - Dec. 21

It's no good hoping that one day your health will be great. You have to make a start now. You may be going through a phase in which you're reading a lot of books and trying to assess your next steps. But don't stay at this stage for too long. Eventually you have to get going. Even if you only work out a couple times a week, it's a positive beginning.

♑ CAPRICORN Dec. 22 - Jan. 19

The cosmos is going to stir things up and encourage you to get well. Sometimes you have a tendency to sabotage your best efforts in this area. It's time to analyze why you keep doing this to yourself. Just as you're getting somewhere and can see results, you either get injured or give up. Keep going this time and release those negative feelings before they get to you.

♒ AQUARIUS Jan. 20 - Feb. 18

You may suddenly develop a desire to try your hand at something like golf, archery, fencing, or some other sport that gets you out and has a social element, too. You may prefer an activity that contains a risk, such as white-water rafting or bungee jumping. You seem to need a few thrills to inspire you. Whatever you do, you'll have fun.

♓ PISCES Feb. 19 - March 20

Review your daily routines this week and begin to change anything that isn't making you feel good. It could start with the three coffees you have for breakfast. Perhaps you could reduce this to one decaf. Perhaps your breakfast is fried; again, not good every day. Try fruit and cereal instead. If you prefer eggs and ham, make them low fat. See how this could improve your health?

PET OF THE WEEK

CV Weekly loves to hear about your pets!

Send a pic and small cap to steve@cvweekly.com, to share your lovable pets with the community!



CLASSIFIEDS & SERVICE DIRECTORY

LEGALS

SUPERIOR COURT OF THE STATE OF CALIFORNIA FOR THE COUNTY OF LOS ANGELES

In the Matter of the HOLY HILL COMMUNITY CHURCH, a California non-profit religious corporation, In the Process of Voluntary Winding Up

Case No. 19STCP02566

[PROPOSED] ORDER TO INTERESTED PERSONS TO SHOW CAUSE WHY AN ORDER SHALL NOT BE MADE DECLARING PETITIONER HOLY HILL COMMUNITY CHURCH DULY WOUND UP AND DISSOLVED

(Cal. Corp. Code §§ 6617 and 6517(b))

The Court, having reviewed the Verified Petition of Holy Hill Community Church (hereinafter "Petitioner"), filed in the above-referenced action on June 19, 2019 (the "Petition"), and the proof of service of the Petition filed on June 24, 2019 (showing service of the Petition by mail on the Attorney General of the State of California), the Court assumes jurisdiction over the winding up and dissolution of Petitioner and hereby enters the order to show cause required by California Corporations Code Section 6617(b):

1. All interested persons, including potential creditors, claimants, and "All creditors and claimants may be barred from participation in any distribution of the general assets if they fail to make and present claims and proofs within such time as the court may direct, which shall not be less than four nor more than six months after the first publications of notice to creditors."

2. Petitioner shall serve notice of the Hearing on all creditors, claimants and members in the same manner as the notice given under subdivision (b) of Section 6517 of the California Corporations Code.

"All creditors and claimants may be barred from participation in any distribution of the general assets if they fail to make and present claims and proofs within such time as the court may direct, which shall not be less than four nor more than six months after the first publications of notice to creditors."

Aram Ordubegian (SBN 185142) David G. Bayles (SBN 208112) Annie Y. Stoops (SBN 286325)

ARENT FOX LLP 555 West Fifth Street, 48th Floor Los Angeles, CA 90013-1065 Telephone: 213.629.7400 Facsimile: 213.629.7401 Email: aram.ordubegian@arentfox.com david.bayles@arentfox.com annie.stoops@arentfox.com

Attorneys for Richard Laski, Principal of Holy Hill Community Church Published in Crescenta Valley Weekly March 12, 19, 26, April 2, 2020.

LEGALS

NOTICE OF NAME CHANGE

ORDER TO SHOW CAUSE FOR CHANGE OF NAME: MAUREEN E. GILBRIDE, Case number 20GBPC00088, Superior Court of California, County of Los Angeles 300 E Olive, Burbank, CA 91502, Burbank Courthouse. To all interested persons: 1. Petitioner MAUREEN E. GILBRIDE filed a petition with this court for a decree changing names as follows: a. Present Name MAUREEN E. GILBRIDE to Proposed Name: MO GILBRIDE. THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for name should not be granted.

ORDER TO SHOW CAUSE FOR CHANGE OF NAME: JINU PAUL JOO, Case number 20GBPC00119, Superior Court of California, County of Los Angeles 600 East Broadway Glendale, CA 91206 North Central Division. To all interested persons: 1. Petitioner JINU PAUL JOO filed a petition with this court for a decree changing names as follows: a. Present Name: JINU PAUL JOO to Proposed Name: PAUL WALTER WOODS. THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for name should not be granted.

ORDER TO SHOW CAUSE FOR CHANGE OF NAME: ALCIRA DESIREE DUQUE MEDRANO, Case number 20GBPC00089, Superior Court of California, County of Los Angeles 300 E Olive, Burbank, CA 91502, Burbank Courthouse. To all interested persons: 1. Petitioner ALCIRA DESIREE DUQUE MEDRANO filed a petition with this court for a decree changing names as follows: a. Present Name ALCIRA DESIREE DUQUE MEDRANO to Proposed Name: ALCIRA DESIREE DUQUE MEDRANO. THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for name should not be granted.

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MARKETS from Cover

meets are considered non-essential businesses by the order so the portion of the Harvest Market that normally offers clothing and non-food items for sale, and the children's play area, are not allowed to be open.

This week, the Harvest Market is open from 8 a.m. to noon. Last Saturday operating hours were from 7 a.m. to 11 a.m.; however, organizers have adjusted those times.

The La Cañada Flintridge Farmers Market is open

WEATHER from Cover

"A week from [Wednesday] is April 1, the very tail end of the rainy season," he said.

After this coming rainstorm there looks to be a drying pattern for the near future. On Sunday

GCC from Cover

to deliver essentials and groceries to seniors and high-risk individuals.

The city's economic development team has been working with local businesses, easing parking enforcement restrictions for street cleaning, providing free parking for the first 20 minutes of metered parking, and setting up areas for business to do curbside pick-up. Working with area grocery stores, Beers rattled off a list of stores that have set aside special shopping hours for seniors or allow them to jump to the front of the line. She highlighted that the food delivery program set up by the fire department is made up of volunteers, helping on their own time.

Two added emergency measures were adopted. The first is eviction protection: landlords may not evict tenants if they can show that their inability to pay rent is related to the COVID-19 pandemic. The second closed all of the adult day care centers in the area to prevent groups of seniors from congregating.

The city has waived all late fees through this emergency period.

When Los Angeles County public health officials implemented a "Safer at Home" order on March 19, Glendale closed shopping malls, parks and playgrounds, with city workers putting up caution tape around play equipment on Saturday morning as park patrons gripped.

For the unhoused, the city has added five hand-washing stations and restrooms at parks around the city. Hiking trails and sports areas were closed on March 23.

Beeline bus service continues its regular service and will be free for everyone for the duration of the emergency.

Late Tuesday night, the city activated its emergency alert network broadcasting this message to phones and email inboxes alike:

"The Los Angeles County Public Health Dept. issued a Public Health Order requiring people to stay home except for essential needs. The Order prohibits all events and gatherings, and requires the closure of non-essential

on Saturday from 9 a.m. to 1 p.m.

"The [Los Angeles County Sheriff's Dept. personnel will have a unit there to ensure people are following the social distancing of six feet requirement," stated Pat Anderson, president and CEO of the La Cañada Flintridge Chamber of Commerce.

Harvest Market is located in the 2300 block of Honolulu Avenue. The La Cañada Flintridge Farmers Market is located at 1300 Foothill Boulevard.

the temperatures should be near normal, which is about 71 degrees Fahrenheit. Later next week the temperatures are expected to climb dramatically above normal to a possibility of low 80s by Tuesday.

businesses and areas.

"Everyone should stay home except to get food, care for a relative or friend, get necessary health care, or go to a job defined as essential as defined in the order (www.glendaleca.gov/order). Practice social distancing when you go out for essentials.

It is okay to walk in your neighborhood. Avoid going in large groups and stay six feet apart."

The council heard from several public commenters, several urging the city to take action to implement a moratorium on the payment of rent. By unanimous vote, a halt on rent increases and an extension of the eviction protections to April 19 were approved.

After the meeting the city extended its emergency period to April 30, which covers all its emergency orders including COVID-19 eviction protections.

A video message from the mayor – found at <https://tinyurl.com/twj3og3> -distributed after the March 24 council meeting announced the first Glendale death from the disease and offered various added suggestions for financial relief: those who have federal student loan debt can suspend payments without interest for at least the next 60 days. Based on job loss, mortgage relief may be possible.

"It is possible more relief is in sight," Najarian said. Residential and commercial evictions are halted, allowing tenants six

months after the end of the emergency for the repayment of past due rents.

"Glendale Water & Power (GWP) will not disconnect electric or water services or charge late fees through April 2020 to customers due to their inability to pay utility bills. Customers are encouraged to contact GWP to arrange alternate payment options. As a reminder, GWP will never call customers to demand payment by threatening to shut off service. Learn more about payment options [at the city's website]."

Glendale's libraries are closed but there are robust, free library resources available online, including educational materials for students of all ages. Visit the city's website for details.

Senior meals are available for pick-up at spots throughout the city. Call (818) 548-3775 for information about the city's Elderly Nutrition Program. Californians who are able to help others are encouraged to volunteer by visiting <https://tinyurl.com/v47sbfu>.

In separate action, the council authorized the expenditure of approximately \$28,000 for a green program to replace gas blowers with zero-emission battery-operated ones.

"I would have thought the Sierra Club would be here, telling us what a good job we're doing towards a carbon-free environment," Mayor Najarian teased.

From Dr. Dale Ellwein & Standing Tall Chiropractic...

First off, I'm sorry for this crazy time.

I came to the realization the other day that if you want to heal the world, you must create more healers.

To help you, I am doing a daily video on how to become a healer. It's located at www.youtube.com/standingtallchiro.

So far, I've posted videos on Calming Your Emotional Stress, A Simple Exercise You Can Do at Home, and The Key Question to Help You Visualize Your Ideal Future, to name a few.

I feel that by keeping yourself healthy, you can minimize the effects of this pandemic for yourself and your loved ones, and become a healer yourself.

Sincerely,
Dr. Dale

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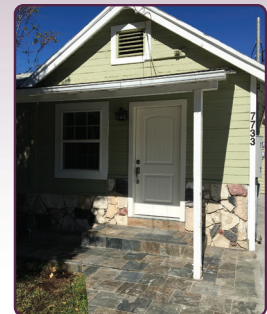
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