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## GPD Policy and Procedures Presented

By Julie BUTCHER

Following the June 2 meeting of the Glendale City Council, the police department issued a comprehensive policy statement detailing its use of force and other policies compared to recommendations from Campaign Zero, a national police reform advocacy organization.

"The City of Glendale and the Glendale Police Department (GPD) have received many inquiries about our police department's policies and how they may or may not meet some of the guidelines being advocated for by police reform organizations. We have re-examined our policies and feel that most, if not all, directly align with what is being asked for in the recommendations," the statement read. Also referenced was a document titled Guiding Principles.

"The Glendale Police Department has and continues to work very hard to build relationships between those we serve, law enforcement and community leaders, yet we recognize that maintaining this trust is an ongoing effort," states the Guiding Principles in part. "That is why Glendale regularly trains its police officers in responding to hate crimes, tactical communications, cultural diversity, and racial profiling, with the practice of de-escalation representing a critical component of the department's arrest control and defensive tactics training for the last two decades."

The department responded point-by-point to the report cited. The 2016 report (<https://tinyurl.com/yda2xmwz>) analyzed policies and outcomes of police departments and recommended actions to reduce police violence.

The organization rated every California police department. In 2016, Glendale received an 'F' grade (<https://policescorecard.org/?city=glendale>) as did the cities of Los Angeles and Pasadena and the LA County Sheriff Dept.; Burbank received a 'D.'

In response, the Glendale police department shared its policies in detail (<https://tinyurl.com/y9pk9f3f>) that include current training outlines and policy manual.

A poster of the department's use of force policies can be found at [www.cvweekly.com/NEWS](http://www.cvweekly.com/NEWS).

## Mobile and Virtual Graduations Held

By Mary O'KEEFE

*Students, teachers, parents and school staff join forces to create lifetime memories for this year's graduates.*

June is traditionally the time for promotion ceremonies for those moving from eighth grade to high school and commencements for students graduating from high school. The time frame is the same but this year's events are anything but traditional.

Since spring break in March, the students of Glendale Unified School District have been practicing some form of virtual learning in observance of the Safer-at-Home Order due to the COVID-19 pandemic. At first there was hope students would be back at school by mid-May then it was the end of May and then it would certainly be by the end of the 2019-20 academic year. But the school year ended on a virtual note.

It seemed each day brought new challenges and new questions from how to take SAT [Scholastic Aptitude Test] and AP [Advanced



Photo by Robin GOLDSWORTHY  
A newly-minted CV High School graduate proudly holds her diploma as her picture is taken by a Bronson Photography photographer.

Placement] tests to how students were to clean out their lockers in a social distancing responsible way. During this time parents, students and school staff were imagining how they would have promotion and commencement ceremonies. From early on there was talk of car parades but Los Angeles County

prohibited any type of vehicle parade, so that was out. It wasn't until May 25 when Public Health announced they would allow them ... with restrictions.

Planning began in earnest throughout GUSD and on June 10 district high schools conducted their new mobile version of gradu-

ation. Crescenta Valley High School Principal Linda Junge had originally been talking to parents and students about a car parade prior to the County's announcement; once the okay was given, plans were pulled together for her school's graduates.

see GRADUATION on page 4

## Protests Continue Around the Crescenta Valley

By Robin Goldsworthy and Brandon Hensley

Protests and demonstrations continued in the nation and in the Crescenta Valley following the May 25 death of George Floyd. On Thursday at USC Verdugo Hills Hospital personnel participated in the nationwide "White Coats for Black Lives" movement. According to a statement from the hospital, medical staff was invited to come out and stand or take a knee for eight minutes and 46 seconds in solidarity for the black community demanding change.

In La Cañada on Sunday afternoon, the intersection of Angeles Crest and Foothill Boulevard was crowded with protestors waving signs and

see PROTESTS on page 23



Photo by Brandon HENSLEY  
At a protest on Sunday, people lined Angeles Crest and Foothill Boulevard to show their support of social justice in the wake of the death of George Floyd.

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FROM THE DESK OF THE PUBLISHER

# Memories to Last a Lifetime

I had the privilege this week to attend the mobile certificate pick-up at Rosemont Middle School and the mobile graduation at Crescenta Valley High School.

For over 10 years I have covered the high school senior commencement and, as a parent, have attended four promotion ceremonies at Rosemont Middle School. But this year COVID-19 greatly altered these milestone celebrations causing principals and staff to scratch their heads wondering how they could create lasting memories for their students.

Thankfully, Principals Scott Anderle (at Rosemont) and Linda Junge (at CVHS) are creative people and between them and their staffs they did a great job despite the many restrictions put upon them.

Both schools had "drive-through" events. The honored student sat in the passenger seat of their family's car. On Tuesday at Rosemont, a line of cars stretched up La Crescenta Avenue then turned onto Los Olivos where the street ended at the back entrance of the middle school. Teachers (all wearing masks) greeted the students, discreetly radioed ahead to alert those preparing the certificates, and waved the car onto the roadway leading into the school. Teachers and staff lined the drive shouting greetings and well

wishes. "I miss you already!" "Congratulations" and "Woo-hoo" were just some of the shouts.

At the top of the road was the Rosemont Spartan with Scott Anderle. The two enthusiastically greeted the students and families as they drove under a canopy of blue and white balloons before approaching another teacher or staff member who handed them their certificate. They then drove off the upper field and onto Raymond.

At Crescenta Valley High School on Wednesday, a line of cars heading north on Ramsdell Avenue made its way into the faculty parking lot where graduating students were hailed by teachers, counselors and other supporters. The cars then turned from the parking lot into the driveway leading onto Community Avenue. The graduate, in cap and gown, walked east on Community as their family followed in their car, most taking video. More teachers see ROBIN on page 23

*Robin Goldsworthy is the publisher of the Crescenta Valley Weekly. She can be reached at robin@cvweekly.com or (818) 248-2740.*

INSIDE	NEWS.....	3	YOUTH.....	16	JUST FOR FUN .....	19
	VIEWPOINTS.....	8	BETWEEN FRIENDS..	17	CLASSIFIEDS .....	22
	PET APPRETIATION..	10	LEISURE.....	18	JUMPS .....	23



# Weather in the Foothills

"Lizards of every temper, style, and color dwell here, seemingly as happy and companionable as the birds and squirrels." ~ John Muir

Lizards? It's bit of a stretch, I know. So how does a lizard fit into a weather column? Read on...

Weekly, I search for a perfect and fitting quotation. John Muir got the prestigious place this week as they complement the subject of lizards.

Mr. Muir would come down to the flatlands after long stretches of time spent trapping through the rugged Sierra "when Muir needed a warm place to recoup his strength," according his biographer Donald Worster.

Sun-kissed Los Angeles and Pasadena fit the bill. They provided a welcome desert dryness, a counterpoint to the cold and oxygen-thin high-country. While here, he could "sleep on luxuriant white sheets, wear a fresh garden rose in his buttonhole, eat and drink rich foods and wine, and be chauffeured around town in a new automobile." His above observation was written during such a visit.

Recently many areas across the southland have set records temperature-wise. Summer seems ahead of schedule. While in the yard yesterday, Brighton brought me a gift ... a Southern fence lizard (blue-belly). Being a retriever she gently gave it to me; not a scale was damaged! These and alligator lizards are commonly found in Southern California. Being reptiles, they come to life with the warmer weather. La Crescenta has a healthy population of lizards. They live and breed among the rocks, eating spiders (including black widows), insects, slugs, crickets, each other, etc. Back in the day, during the summer we would climb down into the wash to catch lizards. Finding a blue-bellied one was to be envied.

A reprieve from the heat is predicted for the weekend with temps 10-15 degrees cooler than normal. Northerly winds will make for clear skies. Come next week, a rise in temperatures is forecast. Keep in mind as you venture out, besides the local lizards, rattlesnakes are enjoying the warmth of summer.

*Sue Kilpatrick is a Crescenta Valley resident and Official Skywarn Spotter for the National Weather Service Reach her at suelkilpatrick@gmail.com.*



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Don't Miss Next Weeks Q&A – Phyllis discusses "Probate Court and Overbids"



# NEWS

## IN BRIEF

### ROSEMONT PRESERVE RESTORATION DAY

All are invited on Saturday, June 13 from 8 a.m. until 10 a.m. to help protect the natural habitat at the Rosemont Preserve. Volunteers will be trimming back spring growth around the trails and working on fire hazard reduction on some of the slopes.

LA County guidelines are being followed in requiring visitors to wear masks and social distance while volunteering at the Preserve.

Wear sturdy shoes, comfortable clothes and garden gloves (long pants and sleeves are recommended). Tools will be available.

The Preserve is located at the north end of Rosemont Avenue, just past the chain link fence. As street parking is limited, park at Two Strike Park, 5107 Rosemont Ave. Please wear sturdy shoes to walk the trail. Those who have mobility issues that require a closer parking spot should contact the Friends of the Rosemont Preserve.

This event is free to the public and suitable for all ages, no reservations required. Rain cancels event. Sorry, no pets please.

For further information contact the Friends of the Rosemont Preserve at RosemontFriends@gmail.com.

### NEW RESERVATION TIMES FOR EATON CANYON NATURAL AREA AND TRAIL

Those wanting to explore Eaton Canyon can now do so by making a free timed entry reservation to the Eaton Canyon Natural Area system through June 19.

Reserve a spot today at <https://reservations.lacounty.gov>.

One reservation per vehicle is needed or one reservation for up to four people walking in. Reservations need to be limited to one per household, per day.

Reservations are now required at Eaton Canyon Natural Area to keep trails from becoming overcrowded and allowing enough space for trail users to maintain physical distancing of six feet, in accordance with current COVID-19 restrictions.

Timed entry reservations are available for three-hour increments. Each time slot is limited to 125 reservations to prevent overcrowding. Reservations are from 8 a.m. to 11 a.m., 11 a.m. to 2 p.m. and from 2 p.m. to 5 p.m.

Things to remember when visiting: physical distancing of six feet and face coverings are required; reservations must be made at least the day before a visit. No same-day reservations allowed; guests will need to log in or create a free account to make a reservation; enter Eaton Canyon Natural Area through the main gate located at 1750 N. Altadena Dr., Pasadena; guests will need to show proof of reservation (either on mobile device or printout) and photo identification at the entrance; no entry or waiting at the entrance will be permitted without a reservation.

Petco Foundation to Match All ACF Donations Through June 30

Through June 30, all donations to the Los Angeles County Animal Care Foundation (ACF) will be matched up to \$25,000 by the Petco Foundation to help save twice as many pet lives.

The Petco Foundation matching grant will help ACF maintain its work during these challenging times. To donate and support animal live-saving efforts, visit <https://tinyurl.com/ycuyeb5n> and indicate "Petco Grant" as the reason for giving.

This grant is part of the Petco Foundation's Pledge to Save Pet Lives during this COVID-19 crisis by distributing \$1M in product and cash donations and putting out a national call to implore animal lovers to take action to help save animal lives. This commitment follows the Petco Foundation's recent distribution of more than \$13M to animal welfare organizations nationwide.

# Parklets Provide Option for Dining Reopening

By Robin GOLDSWORTHY

Restaurants and retailers can apply now to participate in Al Fresco Glendale, a temporary program created by the Glendale City Council that encourages outdoor dining and shopping in commercial hubs throughout the city. This announcement follows a decision on June 2 by the Glendale City Council to waive fees associated with the Al Fresco Glendale Program as a way to assist restaurants with the loss of potential indoor capacity due to COVID-19 public health orders.

Recent announcements by the Los Angeles County Dept. of Public Health allowing restaurants and retail establishments to re-open with limited capacity gave rise to the program. Al Fresco Glendale expands the current sidewalk dining and temporary certificate of occupancy permit to allow retail businesses to sell outdoors or in designated parklets, City-established locations in parking spaces; waive the application fees for both the Sidewalk Dining and Temporary Certificate of Occupancy Permits for 90 days effective June 9 to Aug. 31; allow for restaurants to offer outdoor dining in private parking lots; allow for the creation of 14 temporary parklets, which will permit outdoor dining, retail and alcohol service. Parklets are primarily located in Downtown Glendale and in Montrose.

In Montrose, parklet installation and setup will begin closer to June 18-19 to coordinate the placement of K-rails with the arrival of tables, chairs, umbrellas, decorations, planters and proper signs.

"We're working with our merchants, educating and explaining to them the plans and how they will benefit," said Andre Ordubegian, president of the Montrose Shopping Park Assn.

Ordubegian said that the City will be supplying the tables, chairs, umbrellas and other materials that will create a continuity in the shopping park.

"Our hope is that [the parklets] create an ambiance in the shopping park," he said. "We want people to not only learn about the dining options but the retail shops, too."

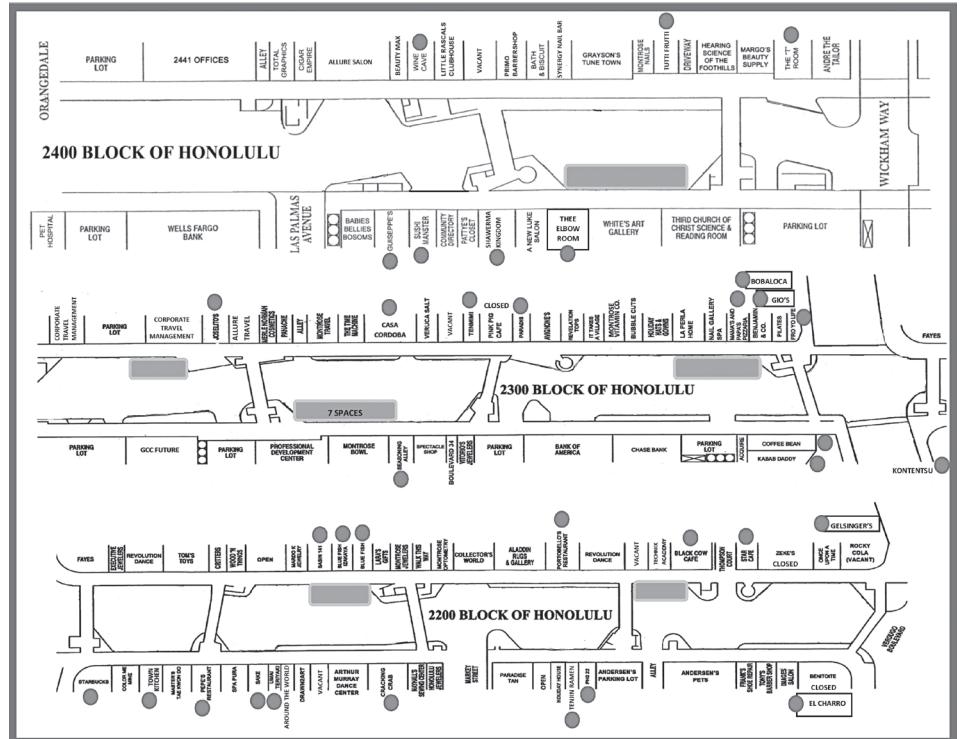
There are six designated initial locations in the Montrose Shopping Park.

Additional parklets could be phased in if necessary but Ordubegian stressed that ease of instituting the changes is mandatory.

"It must be seamless for the businesses," he said.

According to Ordubegian the City has been very helpful in the process of creating and installing the parklets. He praised the Business Recovery Task Force for listening to the concerns of the shopping park and working to create an environment that is inviting.

One of those concerns centered on the possible closure of Honolulu Avenue in order to accommodate the parklets. Ordubegian said closing the avenue is not an option.



The map (above) shows the locations of the six proposed dining parklets in Montrose. To see a larger scale visit [www.cvweekly.com/NEWS](http://www.cvweekly.com/NEWS).

"If you close the street the cars will go to surrounding neighborhoods creating additional problems," he said.

The creation of the Al Fresco Glendale program is part of a more than \$4 million economic recovery package approved by the Glendale City Council last month intended to provide relief to businesses impacted by COVID-19.

"It is still a long road to recovery for our business community, nearly 75% of which are considered small business," Mayor Vrej Agajanian said. "It is the goal of the Glendale City Council to provide a variety of resources to assist all businesses impacted by this virus as we work towards a swift recovery."

The Al Fresco Glendale program resulted from the efforts of the Business Recovery Task Force, a collaboration between the City

and the local business community to develop solutions to common challenges businesses are facing because of COVID-19. The Al Fresco Program has been established to ensure businesses have the greatest ability to operate successfully through Phase 2 and 3 of the recovery process. Public health and safety will continue to be of the utmost importance as the Program is implemented.

Participating businesses must comply with all relevant ADA requirements as well as established re-opening protocols.

"It's not as fast a process as most people think," Ordubegian said. "There are so many things that need to get done."

For program guidelines and information, visit [GlendaleCA.gov/alfresco](http://GlendaleCA.gov/alfresco) or contact the City of Glendale Business Concierge at (818) 548-2005.

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# Crescenta Valley H.S.



# Rosemont Middle School



CV Weekly will share more promotion and graduation pictures in the June 18 issue.

**From Dr. Dale Ellwein & Standing Tall Chiropractic...**

*First off, I'm sorry for this crazy time.*

I came to the realization the other day that if you want to heal the world, you must create more healers.

To help you, I am doing a daily video on how to become a healer. It's located at [www.youtube.com/standingtallchiro](http://www.youtube.com/standingtallchiro).

So far, I've posted videos on Calming Your Emotional Stress, A Simple Exercise You Can Do at Home, and The Key Question to Help You Visualize Your Ideal Future, to name a few.

I feel that by keeping yourself healthy, you can minimize the effects of this pandemic for yourself and your loved ones, and become a healer yourself.

Sincerely,  
Dr. Dale

Dr. Dale Ellwein • Standing Tall Chiropractic  
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"The Friday that car parades and drive-through graduations were announced as allowable by LA County, I already knew that [a] critical mass of parents and students wanted this," Junge said of when she and her staff began planning the parade. "Increasingly, over the weeks of quarantine, the tide of public opinion was clearly shifting. While a survey of the senior class in early April voiced a clear preference for a traditional in-person graduation it became increasingly clear that gathering 6,000 people in one space was not going to be possible for some time. Emails and calls continued to come in with greater numbers pleading for a celebration and for [distribution of] diplomas. This also came up repeatedly with parent and student leaders. Having less than two weeks to make it happen, I pulled plans together based on what surrounding school districts had done and based on specific asks in the many emails sent to me by parents and students in the proceeding weeks."

The CVHS plan was brought together by several partnering organizations that provided feedback and refinement including the PTSA executive board, the Associated Student Body advisor, GUSD leaders, LA Sheriff's Dept., Glendale police, the City of Glendale, CV Town Council and many other leaders including those from multiple chambers of commerce.

For Clark Magnet High School staff, it was a lot of work to pull something meaningful together in a short

## CRESCENTA VALLEY WEEKLY

THE FOOTHILLS COMMUNITY NEWSPAPER

A division of Crescenta Valley Publishing, LLC

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Crescenta Valley Weekly is distributed on Thursdays to: La Crescenta, Montrose, La Cañada, Sunland, Tujunga, Glendale and Eagle Rock. Yearly subscriptions are \$\*65.00  
\*Rate is higher for mailed copies

**Mail Payment to:**

CV Weekly, 3800 La Crescenta Ave., #206, La Crescenta, CA 91214  
To contact us, call (818) 248-2740, fax (818) 248-2444  
E-mail info@cvweekly.com. Visit the web at www.cvweekly.com

Delivery issues? [delivery@cvweekly.com](mailto:delivery@cvweekly.com)

Thank you for your support!

Printed by Valley Business Printers 16230 Filbert St, Sylmar, CA 91342



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amount of time.

"The District gave us the 'green light' early last week and we have been rapidly deploying our team to make sure this is a memorable and classy event for our seniors," said Assistant Principal Brian Landisi.

The schools are not only having a car parade but a virtual graduation as well.

"Our whole staff has been involved. We are particularly grateful to our clerical staff, custodians, counselors and Activities Director Shari Scott-Sawyer," Landisi added.

There are 244 graduating seniors in the Class of 2020 at Clark Magnet High School. The seniors have performed 23,000 service hours. This year's valedictorian is Edgar Sahakian.

There are 629 graduating seniors in the Class of 2020 at CVHS. The seniors have received over \$1.3 million in scholarships and awards and, as of late April, have performed over 23,000 community service hours. That number is expected to change as the community service hours have yet to be updated.

Glendale High School valedictorian is David



## Sound Walls on Next CVTC Meeting Agenda

The Crescenta Valley Town Council is having a virtual general meeting on Thursday, June 18 when it will receive a sound wall presentation from the LA County Dept. of Public Works on its progress, the findings from a noise barrier scope summary report, and what the next steps will be.

The noise barrier report includes recommendations that are based on noise level criteria, cost and barrier locations. With an additional \$6 million Measure R funding provided by LA Metro, the opportunity is available to expand the sound wall development.

The CV Town Council, through the Streets and Transportation Committee, has been coordinating and receiving presentations for the past 3½ years from LA Metro

and County Public Works in collaboration with Caltrans to initiate the 210 Freeway sound wall project scope. This program effort was to assess the freeway noise affecting residential communities along the 210 Freeway Corridor from Pennsylvania Avenue to Ocean View Boulevard. The sound wall will function as noise barriers for those residential neighborhoods according to the engineering report. Caltrans staff contacted residents to inform them of the noise (decibel) recordings that were conducted over a month to collect the data. The analysis is now complete, identifying the size, cost and priority locations.

To attend the virtual meeting and to submit comments/questions, please contact CVTC at [contact@thecvcouncil.com](mailto:contact@thecvcouncil.com).

## DCFS Dispels Rumors During the Pandemic

By Mary O'KEEFE

Stress surrounding the COVID-19 pandemic has been felt in a variety of ways including a concern by some parents that if they test positive for COVID-19 their children will be taken from them. This is not true.

"We have heard of that rumor and we want to dispel the notion," said Bobby Cagle, Los Angeles County Dept. of Children and Family Services.

Headed if a parent or guardian has tested positive for COVID-19 and needs assistance to keep their child or children safe, DCFS will make arrangements to care for the child. They do not automatically take the child away from the parent. DCFS is only there to assist if contacted.

There are several resources offered to parents by community-based providers that can help parents and/or guardians without DCFS ever getting involved.

"If both parents have COVID-19 and are very ill and [parents] can't find anyone to step in then maybe a health care provider can step in," Cagle added.

Cagle advises parents and/or guardians to have a plan in place in case they do get sick and need someone to help with their children.

"It is unfortunate," Cagle said

of the rumor that has inspired fear in parents and guardians of losing custody of their children. "Especially in today's political climate a lot of families feel if they come forward for assistance they will be penalized."

There has been outreach to let parents know they are safe to come to DCFS for help and support.

"Having [worked in] child welfare for 31 years there is this aura around child services that engenders fear," Cagle said. He added he hopes that during his tenure in LA County he can develop relationships with people that can change that perception.

The agency had a series of community engagements scheduled to put a name to the face of the organization, to get more involved with local communities and to share resources with people. That was all prior to COVID-19, which severely limited any outreach.

Cagle said he understands that the pandemic has affected communities.

"We recognize that the community is in a very stressful time right now," he said. "My charge is to take an extra measure of grace."

For more information on DCFS visit [dcfs.lacounty.gov](http://dcfs.lacounty.gov). The child protection hotline is (800) 540-4000.

## Savings Program Sets GUSD Students on College Path

By Mary O'KEEFE

For about nine years, Glendale Unified School District board member Nayiri Nahabedian has been working with local individuals, organizations and elected officials who support education and want to give students a leg up on their academic future. This year all the hours of work and countless emails paid off, literally, with the establishment of the Glendale Unified College Success Fund.

Thanks to the support of the Glendale Education Foundation (GEF), which funded the initial pilot program, and a \$200,000 grant from the California Student Aid Commission, the Every Kid Counts College Savings Program was started. The funds mean that every GUSD first grader this year received \$50 to start their college fund.

"We started the pilot program in 2017/[2018]," Nahabedian said. She had reached out to GEF in late November/early December 2016 for a donation to start a college savings pilot program for elementary students. She asked for \$10,000.

"They agreed and we started with 100 Cerritos Elementary and Roosevelt Middle School students," she said.

The program had great support from the principals of both schools and school counselors. The pilot program allowed students in the program to get a \$100 deposit for their college fund and at the time School Share 529, California's college savings plan, matched the deposits dollar for dollar so the students had a college account that started with \$200.

During a presentation at a recent GUSD board meeting, students from the program thanked the district for that account and for the chance to go to college. The kids were not just grateful but also confident that they were going to college. They shared, via video, what they wanted to be when they grew up. Goals ranged from scientists to actresses and doctors. The obvious feeling shared by these children was one of hope and confidence in their college future.

For Nahabedian, this is exactly the kind of reaction she had hoped for after first reading "The Welfare of Children" by Professor Duncan Lindsey when she was a graduate student at UCLA. That book became a foundational building block for her life and her career as a professor at California State University, Los Angeles.

"I was struck by his assessment of and compassionate concern for the wellbeing of children and his ongoing search for policy ideas that have the potential to help secure a better future for

America's youth. One idea I was particularly struck by was his proposal for Child's Future Security accounts, similar to the Social Security program for older adults. Well, I carried that idea with me through the years until I found just the right moment to pursue a similar policy in my own work," she wrote in a recent newsletter.

She wanted to see how this program could work at GUSD.

"I was looking through my emails for a timeframe and back in 2014 I met with Ed Kashadourian [from Opportunity to Assets]. We met at the district office where we had a [virtual] meeting with Margaret Clancy at Center for Social Development at Washington University [in St. Louis]," Nahabedian said.

Clancy is the CSD policy director for College Savings Initiative and SEED for Oklahoma Kids. This program, according to Nahabedian, was a strong advocate for children's savings programs.

"I knew her research and Ed had worked with her so we [virtually] met and talked about what we could do in the City of Glendale," she said.

As with everything in education, for ideas to go from first thoughts to planning to reality it truly does take a village of supporters. Nahabedian credited many others for helping this initial program to move forward including GUSD board members and GEF.

That's not to say that everything went as planned. The group had

see COLLEGE ACCOUNT on page 7



GUSD board member Nayiri Nahabedian spearheaded the recently approved Glendale Unified College Success Fund.

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## CORRECTION

In the June 4 article "LA County Updates Its COVID-19 Numbers" the number of reported COVID-19 cases by the City of Glendale was 985. La Cañada Flintridge reported 51, Sunland reported 163 and Tujunga 130. The unincorporated portion of Los Angeles County La Crescenta/Montrose reported 32 cases in total.

We apologize for the confusion.



# A Brother's Loss – the Face of COVID-19

By Mary O'KEEFE

COVID-19 numbers, both the positive cases and deaths, are shared every day but beyond the numbers are people, loved ones and friends who are self isolating, who are hospitalized and who have lost their battle with the coronavirus. The number of deaths, as of Monday, June 8, reached 2,655 in Los Angeles County and continues to rise.

Each death represents a family in mourning. Bryan Walker's younger sister passed away in April due to COVID-19. She had been battling Huntington's disease for 25 years and, according to her brother, "didn't have enough left in the tank to fight off" the coronavirus.

"The last six to seven years she had been in a convalescent home in Sunland," Walker said of his

sister Donna Lee in an interview with CVW.

Huntington's disease is a genetic disorder that causes a breakdown of nerve cells in the brain. Walker said it is a disorder that leads to loss of muscle control and affects mental abilities – but not in the case of his sister.

"She was as sharp as a tack," he said.

Though she could no longer communicate by talking because the disease had attacked her vocal cords she was still able to communicate with her family.

"I would go see her every single Tuesday," he said.

And although before her death she was having more difficulty communicating she still found a way.

In a post on social media about his sister, Walker shared that her life had not always been easy but she was strong and raised two children after her failed marriage. Donna Lee and Walker had lost their dad, who was an important member of Donna Lee's support system, and then she was diagnosed with Huntington's. But there were blessings she counted including her stepmother and her two children.

She and her brother had ups and downs as well but underneath it all there was always love.

Walker said he wasn't sure what happened when she began to get sick with COVID-19.

"Donna was having difficulty breathing," he said. "She'd had two or three bouts with pneumonia [in the past]."

She went into the hospital with an infection and her blood pressure was low. The doctors at first couldn't tell if these were due to the slow deterioration because of her disease or if it was something else. They then tested her for COVID and the



An early photo of Bryan Walker and his sister Donna Lee.

test came back positive. "She went into the hospital for what they thought was pneumonia. Her oxygen level kept dropping," he said. "She was on a ventilator for 10 days; even then her oxygen levels dropped dangerously low."

It was soon realized that her struggle was too great and after about 11 days she was taken off the ventilator. In about three hours she died.

COVID-19 can bring a lonely death because families are not able to be by the side of their loved ones.

Every night she was in the hospital her brother would call the switchboard and would be transferred to his sister's floor.

"The nurse would put the phone up by her ear," he said.

Her children were not allowed to be in her room either and would communicate virtually.

"It was really, really difficult for the kids," Walker said of his niece and nephew. "I saw her every week [before going into the hospital] and every week I told her I loved her, and she would [communicate]

she loved me."

Walker said he had been preparing for her passing for a long time but when it happened it was still difficult.

"For me not being able to say goodbye [in person] was hard but not as hard as it was for her children," he said.

In his post about his sister he wrote, "I already miss my sister so much it aches, an ache that comes in on top of the ache of losing my brother a little over a year ago. Here I sit, the oldest and the only survivor of the three Walker children. I'm told that what I'm feeling is survivor's guilt because I keep wondering why I have been the one to dodge the bullets. And what do I do with this? I'm going to take the pain of loss and, in honor of Donna and Joe, I'm going to continue trying to be the best husband, father, father-in-law, grandfather, brother-in-law, uncle, cousin, boss and friend to everyone in my world."

"Stay safe and healthy and keep remembering what an awesome person my sister was."

## Obituary Alejandro "Alex" Madrid



1981 – 2020

Alex was born on March 28, 1981 in Los Angeles. From the moment he was born, he was a spark of light for all those around him.

Alex lived life to the fullest. His laughter and wit were contagious. He loved music and was a talented dancer.

Since he was a young boy he was passionate about cars. In his last years he had discovered the game of golf, which he enjoyed playing with his compadre and his sons.

Alejandro had three loves in this world: his children Isaac, Victoria and Ethan. They were his pride and joy. Alex made sure that he did everything he could for his children and he always looked forward to the time spent with them.

Alejandro "Alex" Madrid leaves behind three children: Isaac, Victoria and Ethan; his brother Kristian; sister Marion; and mother Maria.

On Friday, May 22, Alex was laid to rest at Glen Haven Cemetery.

Directed by Crippenmortuary.com

## Obituary Regina "Jean" Marcella Russell

July 5, 1926 – June 7, 2020

Regina "Jean" Marcella Russell, 93, of Tujunga passed away on June 7.

Jean was born to Joseph and Regina Monahan on July 5, 1926 in Providence, Rhode Island. Jean met her husband, William Russell, in Los Angeles. They married on April 18, 1953 and went on to have three children, Bill, Debbie and Pat. In 1963, they moved their family to Tujunga where Jean lived the remainder of her life.

Jean was a dedicated wife, loving mother, grandmother and great-grandmother. She had a love for traveling, camping, working in her garden, knitting, sewing, staying active and spending time with her family and her well-loved dog, Shao Bao. Throughout her entire life, she loved and cared for her family and friends, which shone through everyone who knew her.

Jean joins her husband and daughter in heaven. She is survived by her children Bill (wife Kathleen) and Pat (fiancé Leah); granddaughter Kimberley Roy (husband Craig); and great granddaughter Bailey Roy.

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GRADUATION from page 4

Chibukhchyan. He had a GPA of 4.48 and is attending UCLA in the fall.

“Congratulations to the Class of 2020. This class helped Glendale High School become a top Newsweek High School three years in a row, is sending more graduates than ever to prestigious universities and tackled tough issues like the Me Too movement and school violence,” said GHS Principal Benjamin Wolf. “I’m very proud of their achievements.”

When asked to share their perspective of the Class of 2020, Junge said, “I believe that Class of 2020 is resilient and uniquely positioned to contribute to our world in meaningful ways. They have experienced much already in their lives. They were born in the shadow of 9/11, and have experienced multiple wars and dramatic downturns in the economy, as well as locally losing their traditional homecoming last year, and now the pandemic and civil unrest related to outrage over George Floyd’s death. I have seen that these students are intelligent, articulate, compassionate, cause-oriented and believe they will be agents for positive change and progress in our community, our nation and the world.”

“Our seniors have persevered. This year has been filled with ups and downs, new memories, new events and many changes. Each senior will leave with a Clark Panthers alumni shirt to sport as they go out into the community and on to their next adventure,” Landis said. “All of the accolades we have received this year – U.S. News and World Report Best High Schools, Niche #2 High School in Los Angeles, California Green Achiever, U.S. Department of Education Green Ribbon School, Newsweek Top STEM High School – are a testament to their hard work

and efforts. We are proud of these remarkable students and excited to see what they do next.”

Rosemont Middle School did not have a traditional promotion either. Instead, certificates were presented on Tuesday to students driven to the school by their parents. Entering from Los Olivos, they continued on the road following the cheers of teachers and staff. Driving onto the upper field, their certificates were given to them and then they made their way to the exit onto Raymond Avenue. Principal Scott Anderle felt that putting certificates, pins, awards and plaques in the mail for students may be problematic and he didn’t want anything to get delivered to the wrong address or be damaged.

Anderle said that many parents wanted their children to get out of their cars to pick up the certificates and promotion items.

“We have gone to great lengths so far to keep everyone healthy. We want to continue that with the certificate hand-out, maintaining maximum social distancing,” he said. “The Rosemont staff has spent a lot of time working on the virtual [promotion], which went live to the public on Wednesday.”

When asked to share his thoughts of the eighth grade 2020 class Anderle said, “If there is one word that I would use to describe Rosemont’s Class of 2020 it would be resilient. The Rosemont students have risen to every challenge that has been presented to them this year, and this resilience will serve the students well as they move into high school and beyond.”

To view the virtual graduations for CVHS, Clark Magnet High School, Glendale High School, Hoover High School and Daily High School, visit [www.gusd.net](http://www.gusd.net).

COLLEGE ACCOUNT from page 5

met with the City of Glendale’s then-city manager Scott Ochoa in hopes of finding support and although city officials liked the idea they “didn’t feel they had the financial ability” to support it, she said.

But that didn’t deter the organizers and they went on to apply for more grants and talked to everyone who could help them. The battle paid off because this year first graders in GUSD have a college account.

Wesley Walton and Raffi Ashdijian from Glendale Area School Credit Union are working with the district to establish the free accounts for students. Parents can create their own accounts to add to the initial \$50. The funds deposited by GUSD are required to be used for college or trade school.

“If we hadn’t had that initial pilot program I don’t think we would have [received] the grant,” Nahabedian added.

The \$200,000 grant is only for this year and the hope is it will continue to be awarded for years to come; however, due to COVID-19 and budget cuts, there are concerns. The grants that were offered previously have been cut. But Nahabedian is still hopeful the district will receive another grant. The district is also looking for private donations to help continue to fund the program.

Nahabedian has worked beyond GUSD and brought the savings idea for students to Sacramento.

According to a 2019 release by the district, “Earlier this year,

Assemblymember Adrin Nazarian led efforts to include \$25 million in the state budget to create a statewide child savings account program known as the California Kids Investment and Development Savings [KIDS] program. Glendale Unified Board Member Nayiri Nahabedian initially introduced the initiative to Assemblymember Nazarian and served as an advisor on the KIDS policy. On Oct. 2, Governor Gavin Newsom signed Assembly Bill 114, which expanded the KIDS program to families at all income levels and authorized ScholarShare to open a KIDS account and provide a small seed deposit for every California resident born on or after July 1, 2020.”

“I am proud of our district’s forward-thinking approach to promoting a college-going culture by creating college savings accounts for every student,” said GUSD Board of Education President Jennifer Freemon. “We are thrilled that the governor has approved a plan that supports our mission, and we thank Assemblymember Nazarian and Board Member Nahabedian for championing this important initiative at the state level. Ms. Nahabedian was a strong advocate of its essential components throughout the legislative process.”

Anyone who is interested in donating to this program or would like more information can contact board member Nahabedian at [nnahabedian@gusd.net](mailto:nnahabedian@gusd.net).

# Two Arrested for Transportation And Sales of Illegal drugs

On June 3, 2020, at approximately 4:30 PM, officers assigned to the Downtown Policing Unit conducted a traffic stop of a vehicle in the area of Central Ave and Wilson Ave. The driver, identified as 47-year-old John Godosis of Culver City, was found to be in possession of over \$4,000 in cash, along with several access cards belonging to other people and a receipt from a grocery store showing that one of those cards had been used to purchase items earlier in the day.



John Godosis



Panagiotis Godosis

The passenger, identified as 48-year-old Panagiotis Godosis, admitted to just being released from County Jail a few hours prior to this stop and was found to be on probation. A search of the vehicle revealed a bag containing a digital scale along with 28 individually packaged baggies of suspected cocaine. John and Panagiotis Godosis were subsequently

arrested for transportation and possession of illegal drugs for sales and were booked into custody. John Godosis was additionally booked on a felony identity theft charge. Both males were later released from custody with a notice to appear in court due to the State of California’s emergency “Zero Dollar” bail schedule.

# Recent Firearms Violations Arrests

On June 3, 2020, at approximately 8:30 PM, officers assigned to the Special Enforcement Detail conducted a traffic stop in the area of Central Ave and Wilson Ave on a vehicle with no front license plate. The driver, identified as 27-year-old Javier Ramirez of Los Angeles, was found to be driving on a suspended license. Subsequent investigation revealed that Ramirez was in possession of a loaded revolver along with a large quantity of marijuana, over \$8,000 in cash, individually bagged quantities of methamphetamine, cocaine and illegally possessed prescription drugs. Ramirez was arrested and booked for being in possession of a firearm with a controlled substance along with transportation and sales of illegal drugs amongst other charges.

Just over an hour later, on a separate investigation,

Special Enforcement Detail officers contacted a group near a retaining wall on the 1300-block of E Harvard St that were out past the ordered curfew and had open alcoholic containers around them. As they did so, one male who the officers recognized as an admitted gang member from previous contacts, identified as 18-year-old Brandon Legaspi of Glendale, took off running. Legaspi went in between two parked vehicles and officers heard the sound of a heavy object striking the concrete. Legaspi continued running as an officer chased him on foot and detained him. Another officer recovered a loaded handgun from in between the parked vehicles mentioned above. Legaspi was arrested for carrying a loaded firearm in public and was booked into custody.



Brandon Legaspi



Javier Ramirez

# CRIME BLOTTER

**June 7**

1200 block of Green Lane in La Cañada Flintridge, a man stated he received an alarm notification early in the morning. He reviewed the surveillance footage and saw an unknown male suspect walk down his driveway and past one of the vehicles. The suspect manipulated the door handle for a few seconds and somehow gained entry into the locked vehicle. The suspect searched the interior of the vehicle for several minutes then exited. He then walked over to three other vehicles in the driveway and peered into the windows.

The incident occurred at 12:13 a.m.

**June 6**

2900 block of Frances Avenue in La Crescenta, a man reported receiving a text message on his work phone that stated because he had harassed several girls money needed to be sent to an address in Redondo Beach or he, along with his family, would be killed. The text message also contained photos

of dismembered body parts and stated the sender knew where the victim lived. The victim stated the text message was not addressed to him but he was concerned he was in danger and did not send any money to the location listed.

The call was reported at 7:27 a.m.

**June 2**

100 block of Berkshire Place in La Cañada, deputies responded to a burglary alarm at a church. Surveillance video showed a suspect, described as a male Hispanic, between the ages of 18 and 22, 5’9” to 5’10” tall, weighing about 200 lbs. on the church campus. He hopped a wall, walked to a window on the side of the building and entered the church. That is when the alarm appeared to have been activated. He was then seen coming out of the building without apparently stealing anything and ran through the church campus and out of view.

The incident occurred at 4:26 p.m.



# VIEWPOINTS

## TREASURES OF THE VALLEY » MIKE LAWLER

### Montrose Bowl's More Recent History

Recounting the history of the opening of the Montrose Bowl has been really fun! I was contacted by the current owner of the Montrose Bowl, Bob Berger. Bob gave me his family's history at the bowling alley, along with some great news: They're beginning to reopen!

Bob writes: "I am the current owner of the Montrose Bowl. The bowling alley has been in our family since 1981. My parents ran the business for years with leagues and events. My parents knew nothing about bowling. Both had immigrated from Europe in 1952 ('Germany and Yugoslavia' as my mom always called her home country). Somehow they ended up with the Montrose Bowl in 1981, while I was a junior at Crescenta Valley High School.

"I moved back to help my dad in 2000 as he was battling some health issues. We were at a crossroads in our lives. The bowling alley seemed like a good

fit until we figured out what we were going to do with our lives: stay and operate the bowl or move on. So my wife and I, with kids in tow, moved back to the Montrose area. It looked like we were staying.

"In 2008, I leased the bowling alley from my dad. Perfect timing – right before the Great Recession! My wife, kids and I kept the doors open and did whatever we could to survive. In 2013, my dad passed away. Two years later my mom passed away. I had to buy out my sibling. This was 2016. We put in new A/C, plumbing, electrical, drains on the roof and a partial new roof, new sewer lines and, finally, new lanes in 2018. We now had the bowling alley working for us instead of us constantly working for it.

"As you know, the Montrose Bowl is used for events, parties, filming and a little bit of open bowling when time permits. We

have one league from JPL with a few other teams from local businesses (Thee Elbow Room in Montrose and Campbell's Automotive from La Crescenta) fill the league up.

"People from all over Southern California, actually from all over the country, come to the Montrose Bowl for events. We usually do 40-50 events a month. We have some families and company events that have been returning to the Montrose Bowl for 35 years. The bowling alley brings people from all over into the Montrose area. Most never even heard of Montrose, but they usually come back and eat or walk around the shopping park and come back for their own event. Most all of the local restaurants cater into the Montrose Bowl for events. Most weeks we bring 400-600 people to the Montrose area, half of whom have never been here before. What business in Montrose can say that?"

I asked Bob about the filming that has taken place at the Montrose Bowl over the years. He replied that several were [filmed] before his time at the alley, such as "Teen Wolf" with Michael J. Fox, "Pleasantville" starring Tobey McGuire and Reese Witherspoon, and "Frankie and Johnnie" with Al Pacino and Michelle Pfeiffer. More recent have been Clint Eastwood's "Jersey Boys," a comedy "How To Be A Latin Lover" along with a slew of cable and TV shows. The place is a Hollywood celebrity magnet as well, and the walls are lined with autographed photos.

I also asked about the disappearance of the iconic bowling ball and pins mounted above the door.

"I took them down as they were falling apart and felt they were unsafe when people walked by. My wife wants me to put them back up [but I] have to make them more secure than they were."

Bob related that the COVID-19 closures hit his business hard and he was running thin on reserves. He is now experimenting with open bowling on a very limited basis, forgoing his usual "events only" business model. Give Bob a call at (818) 249-3895 for availability.

"I know people would like us to be open for regular open bowling," he said. "Well, maybe now there is a chance."



Mike Lawler is the former president of the Historical Society of the Crescenta Valley and loves local history. Reach him at lawlerdad@yahoo.com.



**To our supporters and attendees of CV Fireworks: In the interest of public safety and respecting social distancing rules, we have made the difficult decision to cancel this year's CV Fireworks event. We know that many of you plan your Independence Day celebrations around our community event and we wanted to make sure you knew as soon as possible so that you can plan your family gatherings accordingly. Thank you for your understanding. We look forward to bringing you the biggest and best CV Fireworks show when we see you again on July 4th, 2021. May you, your family and friends remain safe.**

[www.CVFireworks.com](http://www.CVFireworks.com)

## NEWS FROM THE CVTC » HARRY LEON

The Crescenta Valley Town Council fully condemns and promotes a zero tolerance policy on racism, injustice and violence of any kind toward anyone in our community. Total respect and value for human life, as well as the dignity of every individual, must be at the forefront of our principles and conduct as citizens of a law abiding and civil society. We must be guided, at all times, by decency, compassion and understanding, and continually strive to practice and demonstrate active listening, empathy, self-awareness and kindness towards one another and our fellow community members. In trying times such as these, we look to our collective sense of goodness, humanity and community to act as our guideposts and as positive forces of change and progress. We support, promote and believe in our collective and individual right to exercise freedom of speech and to peacefully assemble and protest to make voices heard.

The devastating destruction of property and businesses and the harming of innocent people, livelihoods and communities must stop if we are to move forward in fostering constructive dialogue that will invariably result in progress; instead of further division and setbacks, we must act responsibly. As for the grievances of our societal injustices, we must address their compounding, negative impacts on our communities by fostering open, free and honest conversations, the aims of which must be to institute clear and functional solutions so that we can all collectively heal,

advance and grow together.

Though we do not have all the answers, I firmly believe that, with time, patience, courage and civil dialogue, combined with long term decisive planning, cooperation and action, we will get through these troubles together and move forward toward clear paths of peace and progress.

The civil unrest throughout our communities of late has been exacerbated by the complexities associated with our efforts to cope with issues brought on by the COVID-19 pandemic, including deep personal, emotional and economic pain throughout our communities. Our citizens must know that we are here for one another, that they are not alone and that there are several federal, state and local services and agencies that can help; we invite you to learn more about these by reaching out to our local elected officials and/or government offices.

We also extend to you, the Crescenta Valley High School Graduating Class of 2020 and your families, our sincerest and heartfelt congratulations. The Town Council is also honored to announce, at this time, the recipients of our community scholarship, which this year are, in no particular order: Zhanna Galstyan, Annika Park, Alexa Hernandez, Tae Wook Kim, Ravi Riley, Shyla Summers, Brenden Harvey, Madeline Yi; the Recognition Award recipients are: Samantha Moore, Asher Towner, Phoebe Barnes, Kevin Bradford, Denise Dayag, Junsink Yoon, Keegen Schmidt. Big thanks are

extended to CVTC Scholarship Committee Chair Councilmember Sophal Ear and co-Chair Ted Yu.

The CV Town Council, through its Streets and Transportation Committee, has also been hard at work over the course of the past 3½ years coordinating and receiving presentations from LA Metro and County Public Works in collaboration with Caltrans to initiate the 210 Freeway Sound Wall Project scope. The main effort of this program was to assess how freeway noise most affects our residential communities along the 210 Freeway Corridor from Pennsylvania Avenue to Ocean View Boulevard.

According to the engineering report, this proposed sound wall will function as a significant noise reduction barrier for our residential neighborhoods. Over the course of the past month, Caltrans staff contacted local residents to inform them of these noise (decibel) recordings and have collected all of the pertinent data, which they will now synthesize and, once their analysis is complete, will be able to identify and make public its size, cost, and priority locations.

For those who have an interest in attending and participating in our virtual meetings and to submit comments and/or questions, we encourage you to please contact CVTC at [contact@thecvcouncil.com](mailto:contact@thecvcouncil.com).

Harry Leon, President  
Crescenta Valley Town Council

## LETTERS TO THE EDITOR

### Honoring Flag Day, Flag Week and the U.S. Army

As we enter the month of June, I would like to remind our community of several days this month when we should display our national flag.

June 14 is Flag Day and it is also the anniversary of the founding of the United States

Army. Additionally, the week that contains Flag Day is Flag Week. Flag Week was established by efforts of the members of the Crescenta-Cañada Rotary Club. Members of the Club took it upon themselves to collect signatures on a petition to present to Congress to declare Flag Week. Needed were 4,400 registered voters'

signatures. This was no small task for the Rotary Club. Spearheading the signature collecting were prominent community members Vito Cannella, Donald T. Carpenter and other Rotarians.

Let us proudly display our nation's flag the entire week of June 14 to June 21.

see LETTERS on page 23





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# PET APPRECIATION 2020



## Taking It Slow

The Crescenta Valley loves its pets – as is evidenced by anyone walking along Honolulu Avenue. Dozens of proud “pet parents” can be seen shepherding their best friends along the avenue, making use of the dog bowls placed in front of businesses. Many of the restaurants in the Montrose Shopping Park (MSP), including Alissa’s Ocean View Bar & Grill, Black Cow, Star Café, Zeke’s, Joselitos West and Pepe’s, accommodate diners and their pets with outside and patio seating. Further west, Jeremy’s always has bowls out for its four-legged guests.

Alyce Russell of Andersen’s Pet Shop, who has been part

of the MSP for 19 years, offers some advice for those walking with their pets in the shopping park.

“Don’t set up a ‘meet and greet’ with another dog when both are on leash in a crowded space,” Russell said. Instead, she recommends setting up a proper introduction where the dogs are comfortable and feel safe. If, for example, she is walking along the street and sees another dog approaching, she’ll cross to the other side. If neither dog is concerned with the other, that is not lunging or barking at the other animal, then graduate to walking toward each other on the same

side of the street.

“Pay attention to the dog’s body language,” she said. “Have a slow approach. And remember if there’s tension between the dogs, there’s always tomorrow to give it another try rather than push and go too fast.”

She added that many times an owner will pull on their dog’s leash, which she said signals the dog to be alarmed... another reason to take introductions at a slow rate.

Previous to the COVID-19 pandemic, the parking lot adjacent to Andersen’s Pet Shop was the site of regular dog training by Paul Owens of Raise With Praise. Russell is a major proponent of training for dogs that covers, among other things, socialization skills that benefit both the pet and the owner.

Another piece of advice concerns walkers without pets who approach a dog and owner asking to pet the dog. Russell

has a ready answer: only if the dog wants to interact with that person.

“I let Baxter [her 5½-year-old border collie Aussie hybrid – she calls him a Bossy] decide whether he wants to be petted,” she said. “If he walks to the person, then s/he can pet him. Otherwise the owner is setting the dog up by making a decision for it. The dog will determine if interaction is appropriate.”

## Beware of Foxtails

By Mary O’KEEFE

Foxtails are a weed that blooms from the flower of many types of grasses. They bloom every spring and recent rains have added to the abundance of the brown grass-like things that line many trails in the area.

Foxtails can be painful and even deadly for dogs. The little tips of the foxtails can get stuck in the dog’s fur, then barb their way into the skin. Many pet parents may know to check their dog’s feet after a walk for foxtails and other foreign materials but foxtails can also get into a dog’s nose, ears, eyes, mouth and throat. They can be there for a little while before becoming a serious problem and, once a foxtail is in the skin, because of its shape it does not back out. If not discovered quickly foxtails can make their way to vital organs and cause irreparable harm to the animal.

Doctors at UC Davis veterinary hospital have seen their share of patients with painful and dangerous cases of foxtails. One of their patients, a 1-year-old chocolate Labrador, had always been an active dog but when his energy level began to diminish his pet parent knew something was wrong. He took him to the veterinarian at UC Davis and X-rays and a CT scan showed that the dog had infections throughout his lungs, most likely due to a foxtail he had inhaled. Doctors had to remove his left lung, according to a release from UC Davis.

There are multiple reports from other veterinarians of foxtails causing damage. Katie, an Old English sheepdog, had been out for a walk on a local path. Her owner brushed her when they arrived home but didn’t check between her toes. A few days later Katie could hardly walk, her front right paw and upper leg were swollen. Her pet parents took her to the veterinarian and found her paw and leg were infected. She stayed overnight at the vet hospital and the next day, after the swelling decreased, the tip of a foxtail was discovered protruding from the top of her leg. The foxtail had traveled between her toes, up her leg and, luckily, made its way out in her upper leg. She was treated for infection and the doctor had to perform surgery to get the foxtail completely out of her leg.

Although stories like these may have pet parents deciding to only walk their dogs on concrete, there are measures that can be taken to help prevent foxtails. The easiest one is to check your dog’s fur, skin, paws – especially between the toes – ear canal and the nose and other areas after a walk. This may sound like a lot to do after a walk but it will be well worth it to protect from future health issues.

In addition, watch where your dog walks.

Although many will let their dogs off the leash on paths, foxtails are normally off the trails so if your dog decides to roam through the grasses it is important to take the time to comb and check him/her when the walk is done.

If a pet parent finds a foxtail that is on the top of the fur, it is advised to use a pair of tweezers to remove it making certain to get the entire foxtail off the skin.

There are signs that a foxtail may be causing issues. These include the pet beginning to limp or lick his/her legs excessively. A dog’s tail is another place where foxtails can hide. Dogs may begin to chase their tail and yelp if touched. If ears are infected a dog may start tilting or shaking his/her head and if they are in the mouth and throat a pet may cough, gag or even compulsively eat grass. Foxtails can get in the eyes causing tears and swelling, or up the nose causing the dog to sneeze or have nosebleeds.

Remember foxtails are not an exclusive danger for dogs but also for cats that roam outside.

Although all of this sounds frightening, and it should be taken as a cautionary tale, it is important to remember the best prevention is to simply check your pet after going for a walk where foxtails are common; however, when in doubt an early visit to the veterinarian is always safer than a visit later.



## Glendale Burbank and Crescenta Valley Republican Assembly salutes America’s Veterans, past and current!

We love our pets and thank Crescenta Valley Weekly for calling attention to the importance of having loving and comforting pets in our lives, especially as we have been sequestered at home during Covid 19. Please remember to contribute to your favorite animal rescue organization.



**GBRA looks forward to seeing you when we all meet again in safety and good health. May God Bless America and protect our great democracy for all.**

*Lois Lee Brand Billings, President*



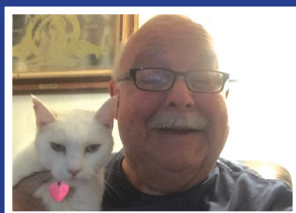
Eric Early running for Congress with his beloved cat Munchichi



Audri Ferguson owner of A Dog’s Friend with Chandler, CC, Tempest and Wilson.



Diana Kronfli and Eve



Bill Saricino and Patty Sue

For timely and exciting news updates, and the latest on our meetings, please go to [GBRAclub.org](http://GBRAclub.org) and follow us on FB.

**Our Club has grown to 124 members since January, 2020. New members welcome !!**



# PET APPRECIATION



# 2020

## » DOG TREAT RECIPE



### Tail Wagging Good

People aren't the only ones who love their treats. Pups also love a good tail-wagging yummy. Here's an easy recipe to create a sweet treat for dogs.

From Nordic Ware Pampered Pet: Peanut Butter Dog Biscuits

*Ingredients:*

- 2 eggs
- 1/3 cup peanut butter
- 1 cup rolled oats
- 1/3 cup of cornmeal

*Instructions:*

- Preheat oven to 350 degrees
- Brush pan with butter or oil
- Whisk eggs and peanut butter together
- Add oats and cornmeal and mix
- Use the Nordic Ware Pampered Pet pan or a regular muffin pan
- Press dough into muffin pan about a quarter way for each muffin
- Bake 18 to 22 minutes and let stand for about 10 minutes

## Preparing Dogs for a Post-Pandemic Future

With restrictions being lifted on many businesses, people are beginning to return to work outside the home. While they may be happy to head back to the office, their pets may be less than delighted.

Audri Ferguson, owner of A Dog's Friend, warned pet parents that they might come home at the end of the workday to some unpleasant surprises from their pets. These might be a result of anxiety in a change of routine that for the last several months had pet owners working from home. Ferguson said that pet owners shouldn't be surprised.

"Problems that were once resolved may rise up again once owners return to work," said Ferguson.

These might include chewing or destroying furniture, shoes or other objects and pets that were previously house-trained reverting to defecating in the home. Thankfully, Ferguson has some advice to combat these negative behaviors:

- Hire someone to come over and spend time with pets. This may help calm them by having a human nearby, even if it's just for part of the day. Once the pet's anxiety is reined in, it might be possible to reduce the number of visits and the amount of time the hired person spends with the pet. It's imperative that the pet owner work with the provider to get feedback.
- Consider introducing CBD to the pet. It could bring about a sense of calm to an anxious animal. Make sure to consult with the pet's veterinarian first.
- For dogs, a Thunder T-shirt or similar article might be the answer. Thunder T-shirts is a dog anxiety wrap designed to provide gentle, constant pressure to the dog's body, producing a calming effect.
- Introduce a new toy when leaving the house. After a couple of days, take back that toy and introduce a new one, which establishes a positive association for the pet when its owner leaves. But Ferguson advises against chew toys that can present a choking hazard.

Other considerations are pets that have become fat during the pandemic. Thankfully that problem can be easily addressed by adjusting the amount or type of food fed to the pet, reducing the number of treats given to the pet and increasing walks.

Finally Ferguson reminds owners to be aware.

"Pet owners know their pets, their behavior," she said. "The most important thing is that pets feel like someone is there, that someone cares."

For more information about A Dog's Friend, a licensed and bonded company, call Audri Ferguson at (818) 515-9251 or email adogsfriend@hotmail.com.

## PET OF THE WEEK

CV Weekly loves to hear about your pets!

Send a pic and small cap to [steve@cvweekly.com](mailto:steve@cvweekly.com), to share your lovable pets with the community!



**Thank you to all the wonderful pet parents in our community. Stay safe. Be well.**



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CRESCENTA VALLEY WATER DISTRICT

## Confidence Building – a Key to Pet Happiness

While the post-pandemic future for animals may be unknown, at the Glendale Humane Society – GHS – the crisis has shown some benefits.

"I think in many ways it has had a positive effect for the animals," said Alyce Russell, executive director and board member of GHS and co-owner of Andersen's Pet Shop in Montrose. "We've seen many people willing to step up and foster dogs and cats during the crisis."

Russell said she has heard from people who have called GHS looking to foster animals after calling other facilities and finding out their shelters were empty.

But have these pets found their "forever" homes? While there is no way to know until people return to work and daily routines change, Russell does offer advice for those who have brought in a new member of the family.

"Training," she said as the main contributor for success in having a long-term happy relationship with a new pet.

"A lack of training, for example returning to work after being around 24/7 and not preparing your dog for your absence, can result in behavior issues and possible separation anxiety," she said.

She added that when owners are home all the time it breeds a false sense of security in the animal.

"It doesn't build a dog's confidence they can be alone – it's more like creating co-dependency," she said of those who don't prepare a dog for

when its people are out of the house.

Russell said those in the "rescue world" know when owners give their pets a false impression that they'll be there every day, all day, they're creating a slippery slope. She cites the confusion an animal will experience after spending day after day with their owner only to be walked out on when work resumes.

"It's not so much something we see with cats," she added. "They're pretty independent. We see it more in dogs."

Russell said at GHS the staff works to round out the personality of the dog before placing them with a family.

"We're different from other shelters in that we spend our days with the dogs – hiking, training – offering a much richer environment. We work on helping them be confident, providing them with coping skills."

She said that cats don't present the same issues.

"With their naturally higher level of independence, they may better weather a return [to a shelter]," Russell said noting that cat owners don't typically return cats.

She does offer advice for people wanting to make a new rescue a permanent member of the family.

"I think if someone is giving that wonderful gift of fostering to a dog, go online and see how to set up your dog to succeed."

To learn more about the Glendale Humane Society, visit [www.glendalehumane.org](http://www.glendalehumane.org).

**CV WEEKLY IS ONLINE!**  
[WWW.CVWEEKLY.COM](http://WWW.CVWEEKLY.COM)

# PET APPRECIATION 2020

## Coexisting with the Southern Pacific Rattler

By Dana STANGEL



Author Dana Stangel of Teranga Ranch with a coachwhip, or red racer, snake.

The Southern Pacific Rattler (the only venomous snake in our area) can be found in your backyard, in the Angeles National Forest, in the wash – pretty much anywhere. This snake is very shy. It doesn't want to run into you. It thinks you're huge and scary. If you two happen to cross paths, it is very likely to just freeze until you pass. It's hoping you won't see it, and is also hoping you won't step on it.

Its vertebrae are fragile and stepping on it could kill it. In fact, the reason most people who are bitten by rattlers is that the snakes were surprised. Maybe someone was rock climbing and their hand went up before their eyes. Perhaps someone stepped onto a pile of leaves they couldn't see into or over a branch that they couldn't see over. The key is to be cautious and aware when outdoors.

Some people think that small snakes can just be moved with their hand. But snakes will bite if a hand is coming at them. Snakes will bite if they feel startled or if they feel like their life is in danger. Snakes do not hunt people or follow them; snakes do not think of people as food.

Anyone who sees a rattlesnake should slowly back away. In a few minutes, it should be long gone.

It's a good idea to make some noise while hiking, too. Talk or drag a walking stick while traveling. Snakes pick up on vibration and will "feel" people coming and clear out well before they get near.

To keep pets safe, it is recommended to keep cats indoors or in a catio. Vets can give dogs a vaccination against rattlesnake bites that can help reduce the symptoms of the venom and buy the pet parent some time in getting to the vet. Those who live in an area where there are a lot of rattlers or hike with their dog might consider a rattlesnake avoidance training course. It's advised to do it two to three years in a row so your dog doesn't forget.

Rattlesnakes play an important role in the ecosystem. Without local rattlers, we would have far more gophers, rats, mice, moles, etc. Give them the respect of space and they will stay away from you.

If you have any questions about local wildlife, please don't hesitate to contact [info@terangaranch.org](mailto:info@terangaranch.org) or [www.terangaranch.org](http://www.terangaranch.org)

## Protecting a Cat's Health

By Mary O'KEEFE

Alloof. Calculating. Disinterested. Independent. These are some words that have been used to describe cats but another word that can be added is vulnerable.

We don't often know if our cats are ill, even if they have a disease. They seem to struggle through whatever life throws at them – hence the expression "nine lives" – but actually cats do get sick; they just may not show it.

Vaccines are an important proactive way to protect all pets but while dogs may often go outside cats are often inside pets and pet parents might question if they need vaccines.

"I vaccinate kittens," said Dr. JD Speas from Crescenta Cañada Pet Hospital of how young cats should be inoculated.

Speas said there are not a lot of studies done to see how long vaccines last but drug companies advise administering once a year. That may not be necessary. Speas said each case needs to be looked at on an individual basis.

"Some cats are in and out but the cats that are indoors, [pet owners] have to define indoors. It is difficult because you may have a dog coming in and out and people coming in and out," he said. "There is no such thing as totally protected or totally germ-free."

Speas will typically vaccinate a kitten then again when the cat is a year old but after that it is per family need.

"But cats are the big foolers. They are very stoic and, though they may not hide their illness as [well] as a bird, they do hide it," he said.

Birds will often hide their illness until they are so sick they die. This is part of nature; birds cannot appear ill because that weakness could draw predators.

There are some signs, although subtle, that cats do show when they're ill. A lot of times it comes down to their

personality and may include stopping eating or changes in bowel movements.

"They will hide their conditions pretty [well]," Speas added.

Older cats are especially very good at keeping their illness a secret.

"It is very common for endocrine disease, most common is kidney disease," Speas said. "Cats can tolerate kidney failure, for example, but with early detection [the veterinarian] can modify their diets."

Another health issue common in cats is hypothyroidism when the thyroid makes too much hormone.

"The cat can eat and still lose weight," Speas said. Diabetes is another disease that older cats can face.

"The pancreas [can] wear out in older cats," he said. The signs are when a cat often "floods" the litter box with urine and may eat but lose weight.

"Those are the three main conditions of older cats,"

Speas added of kidney issues, thyroid and diabetes.

"Something else cats get is arthritis. A cat after 14 years no longer jumps up on the counter and you may think he has finally learned [that is not welcome behavior] but it is more [likely] that he has arthritis."

In the case of arthritis, glucosamine supplements work well for cats.

"Then there are cats' mouths," Speas said. "Their dental health takes a beating."

The cat can get a type of cavity that can expose nerves and can be very painful.

All of these conditions can be monitored by regular visits with the veterinarian. There may not be a need for follow up vaccines but monitoring a cat's condition in a proactive way can save a lot of pain and heartache when cats finally let you know they are sick.



Photo by Charly SHELTON Though cats may appear unaffected by their surroundings, their health is something owners have to keep on top of.



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Glendale

## A Dog's Friend Pet Sitting



Audri Ferguson owner of A Dog's Friend with her doggie family, Chandler, CC Tempest and Wilson

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## PET APPRECIATION 2020 The Pets of CVW

To say that Crescenta Valley Weekly staff members love their pets might be an understatement. Nearly everyone who works for CVW eagerly shares photos of their pets as much as sharing photos of their kids.

We understand the love of pets and wanted to share with our readers some photos of our favorite members of our families.



Scout "Prince" Barger



'King' Kona, left, and Olivia Goldsworthy



Duke, left, and Jaxx Marquez



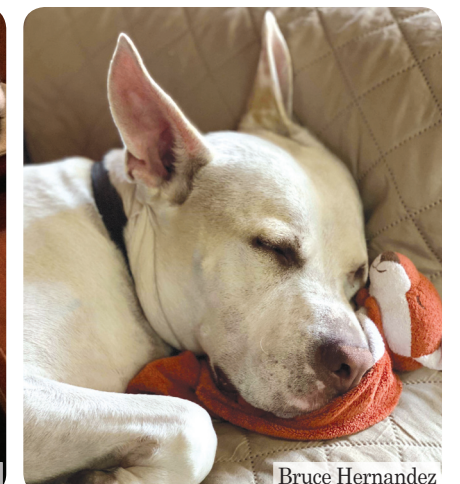
Miss Indiana Jones Miller



Dawson (white), Issac and Mr. Waffles O'Keefe Shelton



Mr. Betty, Bob and Teddy Stanners



Bruce Hernandez









Teddy Bear (left) and Tuxedo Holler





# Fun & Facts for Four-Legged Friends

## Summertime tips for animals to ensure they're safely having fun in the sun

-  Make sure they have access to shade or can stay in the air conditioning
-  Have fresh, clean water for them at all times
-  Be cautious as they exercise, limiting strenuous walks, avoiding hot sidewalks, and opting to go out in the morning or evening
-  Never leave them in a parked car
-  Trim and brush their coats, but refrain from shaving to avoid overheating and sunburn
-  Give extra care to at-risk pets, including those who are elderly, overweight, have lung or heart conditions, or have flat faces

**Lots of pets are looking for a loving home!**

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Bring your family and your furry friend to the Crescenta Valley Dog Park at 3901 Dunsmore Ave.

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## YOUTH

# Isabella Portantino Receives National Scholarship

The Central Council of the Italian Catholic Federation in Oakland recently selected Isabella Portantino for one of its high school senior college scholarships. The awards are provided each year to students in the many branches of ICF throughout California, Arizona, Nevada and Illinois. Branch 374 will provide Portantino's award in La Cañada Flintridge. The local branch is associated with the St. Bede the Venerable Roman Catholic Church parish where she and her family are parishioners and members of the ICF branch.

Portantino, known as Bella, is a graduate of La Cañada

High School where she was very active in the choir program and on the soccer team. Interested in art, Portantino enjoys doing work with pastels. She previously attended La Cañada Elementary School. She will attend Redlands University in the fall where she plans to pursue studies and a career in psychology. She is the daughter of Ellen and State Senator Anthony Portantino. Her older sister Sophia previously graduated from LCHS and is currently pursuing a career in the entertainment industry.

Branch president Al Restivo noted that Bella was previously a speaker at an ICF meeting.

"She is a very poised and

articulate young lady and did a fantastic job of presenting a very interesting program. We are very proud to have her as a member of ICF and active in the work of our branch and parish," said Restivo. "Due to the closure of our parish due to the pandemic, we plan to have Bella attend one of our meetings in the fall where we will award her a very well-deserved and well-earned certificate."



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## Collett Simonian Among Scholarship Recipients from Financial Women of San Francisco

Crescenta Valley alumna Collett Simonian was named one of 11 recipients of the Financial Women of San Francisco scholarships. Dedicated to advancing the careers of women for over 60 years, Financial Women of San Francisco named students at six Bay Area universities as its 2020 scholarship recipients. FWSF has awarded over \$2.7 million in scholarships over the past 30 years to more than 300 Bay Area women.

Simonian, an undergraduate at the University of California, Berkeley, is studying business administration, economics and data science. Among the ways Collett demonstrates her commitment to making a positive impact in the world, she was former VP of Finance in the Armenian Students' Association who launched a mentorship program with over 80 participants to provide career guidance to students from immigrant families. She is VP of Corporate Relations for Berkeley Women in Business, where she fosters dialogue on gender equity. She plans to launch a venture capital fund dedicated to supporting entrepreneurs in modernizing healthcare institutions globally.

The FWSF scholarship grants – \$10,000 for undergraduate and \$15,000 for graduate students – support each recipient's educational goals. Beyond financial support, FWSF scholarship recipients also receive opportunities to be mentored by FWSF members and attend career development and networking events.

"We are grateful to our generous donors and



sponsors who make it possible for us to continue these scholarship awards each year," said Olivia Barbee, FWSF's 2020 president. "The support is essential for each of these remarkable students and directly helps them advance their careers in finance."

Each recipient is an academic and community leader whose goals align with FWSF's mission to empower and support other women in finance.

For more information, visit <http://financialwomensf.org/>.

## Realtor Charitable Foundation Donates Thousands in College Scholarships

On Friday, May 15, the Pasadena-Foothills Association of Realtors Charitable Foundation hosted its first-ever virtual scholarship presentation. This year's event involved school faculty, family, friends, PFAR leadership and the recipients in a live virtual format. The committee faced a competitive pool, awarding 10 scholarships to academically deserving high school students in Pasadena and surrounding areas.

"For our scholarship committee it was a challenging task and an inspirational event to read essays from an abundant group of motivated and productive students from the 10 public schools in PFAR's territory," said Ruth McNevin, scholarship chair. "Our communities should be

very proud of the extraordinarily talented pool of applicants who have achieved great recognition and gained admission to some of our country's top colleges and universities."

Local scholarship recipients included Abdiel Mendez from Clark Magnet High School and Isabella Portantino from La Cañada High School. Scholarship selection was based on school location, academic achievement and community involvement.

The scholarship board is composed of Foundation directors Sid Karsh, Deno Kidde, Terry Shelton, Kal Antoun, Lin Vlachich and Scholarship Chair Ruth McNevin.

To learn more about PFAR service and contribution opportunities visit [pfar.org](http://pfar.org).



# BETWEEN FRIENDS

## Kiwanis Club of La Cañada Hails Harriet Hammons as La Cañadan of the Year

The ballots are in! The Kiwanis Club of La Cañada announced Harriet Hammons as the La Cañadan of the Year for her outstanding volunteer work spanning over 50 years.

Many Kiwanians have witnessed first-hand as Hammons demonstrated her dedication to helping others and igniting positivity throughout the foothills community. Hammons hit all the high marks as the nomination criteria embodied what she has been doing for decades: serving the youth/schools, church or house of worship, assisting clubs, performing civic activities and providing leadership while bringing high praise to La Cañada Flintridge and the surrounding neighborhoods.

Since 1970, Hammons has been a member of La Cañada United Methodist Church serving in many capacities including as a past president of the United Methodist Women. She earned numerous distinctions, among them the United Methodist, California-Pacific Conference, Distinguished Service Award in 2011 and she received the United Methodist Women National Special Mission Award in 2014. She also lends her convivial spirit as a head usher, a

position she has held for the past six years.

Since 2004, Hammons has been a member and ambassador of the La Cañada Flintridge Chamber of Commerce and Community Association, earning her the coveted Ambassador of the Year Award in 2013 and 2017 for being the most active volunteer among her peers. She was also recognized with the Spirit Award in 2019.

She has served as a director on the Montrose/Verdugo City Chamber of Commerce from 2008-12 and was the honored with the President's Award in 2012, and the Endearment Award in both 2011 and 2004.

An avid Boy Scouts of America enthusiast, Hammons has logged in 34 years of volunteer service and recently received the Verdugo Hills Council's 2020 Wall of Excellence Award. She began her volunteer work in 1986 as a cubmaster and parent in the Boy Scouts of America. That same year, she took

on a leadership role in the Verdugo Hills Council, a post she serves on to this day. Presently she is a unit commissioner and merit badge counselor, a role she has thrived in since 1999. Among her many volunteer highlights,

Hammons was an executive staff member at five World Scout Jamborees in 2011, 2007, 2003, 1999 & 1995. Since the beginning, Hammons has been the recipient of many awards and distinctions from the Boy Scouts, including the 2001 International Scouter Award. In addition, she has enjoyed working double-duty by being an active parent in the Girl Scouts of America from 1980 to 1992, and then as an assistant leader from 1981 to 1996.

Other organizations have also recognized Hammons' contributions including La Cañada Flintridge Coordinating Council, which presented her with the 2014 Les Tupper Community Volunteer Service Award. In addition, for

the past 41 years Hammons has been an active member of the La Cañada Flintridge Tournament of Roses, participating in various activities, including the Under the Bridge team week since 1988. Additionally, for the past 15 years she has lent her support to the Crescenta Valley Sheriff's Station, National Crime Prevention Night Out.

Hammons is an active member of the Kiwanis Club of La Cañada, helping to make a difference in the community since 2004. Right away the Club acknowledged her keen contributions by naming her the Rookie of the Year in 2005. She was on the board from 2007 to 2009, and chaired the Children's Literacy Project from 2004-17. She also chaired the Kiwanis International Division 3, Children's Literacy Program from 2005-09; and was heralded in 2012 when she received the Distinguished Service Award and the Walter Zeller Project Eliminate International Award.

Hammons is an inspiration to others as she continually looks for ways to give back to the community she dearly loves.

The presentation ceremony of 2019 La Cañadan of the Year Award to Harriet Hammons will be announced at a later date.



## People Making News

The University of Utah congratulated more than 7,500 students who were named to the spring 2020 dean's list. The following local students made the list:

Yunus Ashtijou of La Crescenta, whose major is listed as biology BS; from La Cañada Lauren Christensen, whose major is listed as biology BS, Evan Grayson of La Cañada, whose major is listed as undeclared, Anna Terry of La Cañada, whose major is listed as marketing BS, Claire Werner of La Cañada, whose major is listed as nursing BSN; Mia Jones of La Cañada Flintridge, whose major is listed as psychology bs and communication BS; Keya Marathe-Bajaj of Glendale, whose major is listed as health and kinesiology BS; Edgar Gallehugh of Montrose, whose major is listed as business administration B; Joseph Reyes of Sunland, whose major is listed as recreational therapy BS.

To qualify for the dean's list, students must earn a GPA of 3.5 or higher in at least 12 graded credit hours during any one term.

The University of Utah, located in Salt Lake City in the foothills of the Wasatch Mountains, is the flagship institution of higher learning in Utah. Founded in 1850, it serves over 32,000 students from across the U.S. and the world. With over

see PEOPLE on page 23

## ALG Celebrates New Officers, Prepares for Reopening



Through the use of Zoom meeting elections, the following Assistance League of Glendale officers were elected for this coming year. Voted in were President Karen Saunders, V.P. Education Judy Cabrera, V.P. Finance Sue Barnes, V.P. Membership Linelle Vicente, V.P. Philanthropic Pat Di Gennaro, Recording Secretary Carol Svatora, Treasurer Judy Rogers, Building Herta Collins, Hospitality Sue McGrew, Resource Development Marcie Haug, Service Kathy Blyth, Thrift Alley Vicki Carlson/Rayma Halloran, Technical Chair Lesha Wheelock-Zakari, Marketing Danette Erickson and Parliamentarian Karen Millman.

ALG announced the planned

reopening of its Thrift Alley at 314 Harvard St. in Glendale on Wednesday, July 8 at 10 a.m. The store sells collectibles, clothing, books, household items, bric-a-brac, linens, furniture and much more. There is free parking and wheelchair access. All purchases are free of sales tax. The store will reopen with many limitations including the number of visitors allowed inside at one time and extreme cleanliness procedures. The hours in July are from 10

a.m. to 2 p.m., Wednesday through Saturday.

At this time, the annual Christmas sale is planned for Aug. 6-8. With so many unknowns, the League forges ahead to continue to give all of its profits back to the people of Glendale and GUSD schools. Virtually, ALG awarded \$18,000 in scholarships to seniors in the GUSD Class of 2020 and will continue its programs for the students of GUSD and the people of Glendale.

ABOVE: Among its philanthropies, the ALG Thrift Alley teaches young adults from Tierra del Sol how to work in the store. BELOW: ALG members are readying the shop to reopen on July 8.



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# TRAVEL & LEISURE

## Kathryn Nevin and Peter Nevin Featured on Free Admission Glendale Noon Concerts

On Wednesday, June 17 at 12:10 p.m., the Free Admission Glendale Noon Concerts program will feature clarinetists Kathryn Nevin and Peter Nevin. They will perform solo and duo works on Facebook Live and YouTube by Paul Jeanjean, Bela Kovacs, Shulamit Ran and Michael Kibbe.

The link to the stream can be found at <http://glendalenoconcerts.blogspot.com>.

Music includes Paul Jeanjean "18th Etude (for Two Clarinets)" (1928), Béla Kovács "Deux Hommages" (1994), Shulamit Ran "For an Actor: Monologue for Clarinet" (1978) and Michael Kibbe "Serenade for Two Clarinets, Op. 131."

Kathryn Nevin earned her MM and DMA in clarinet performance from University of Southern California. Dr. Nevin has performed with many orchestras and is a member of St. Matthew's Chamber Orchestra, Desert Symphony, Redlands Symphony Orchestra and Long Beach Municipal Band. She is an active soloist and chamber musician, having been a founding member of several award-winning ensembles.

Peter Nevin is an active freelance performer throughout Southern California. He currently plays principal clarinet in the Fresno Philharmonic



and the Desert Symphony in Palm Desert, and is a member of the Long Beach Municipal Band. He also performs frequently with many other orchestras. He has performed chamber music as a member of the Imbroglia Quintet, Pacific Winds Quintet, and North Wind Quintet as well as with the Southwest Chamber music Society. He received his MM and Advanced Studies diploma in clarinet performance from the University of Southern California.

For more information, email [glendalesda@gmail.com](mailto:glendalesda@gmail.com) or call (818) 244-7241.

## THEN & NOW | Triangle Building *Courtesy of the Historical Society of CV*



**Then »** In the 1920s William Sparr sold home lots in his former orchard at a brisk pace. In 1928, the unique two-story Triangle Building was constructed on its eastern edge of the upscale Sparr Heights. It was gorgeous, done in the Roman style with columns, arches and a tiled roof. The first floor was retail while the second floor was the Triangle ballroom for dancing and drinking. The aerial shot is from 1931.



**Now »** The Triangle building was short-lived, demolished in 1939. We don't know why, perhaps it fell into disrepair, a victim of the Depression. But the footprint of the building still survives, bounded by Arlington Avenue, Triangle Place and Verdugo Road. Today this odd-shaped lot is home to One Stop Automotive, a family-run repair business at 3333 N. Verdugo Road.

## What's Cooking Your Local guide to good food! June 11<sup>th</sup> Specials!



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# JUST FOR FUN

## When Eating Out, Don't Be A Jerk

As outdoor seating becomes the standard, don't be a jerk.

1. Don't run your server. Try your best to ask for everything you need at once. Remember it's going to be a long walk from the street into the building for more water or anything else. Help us out by asking all at once.
2. No mask jokes or your views on them. The server has to wear it. They have no choice and really – your opinion of them while you're eating not wearing one means nothing to them.
3. The server is wearing the mask to protect you and you have nothing on to protect them. Wash your hands.
4. You eat ... you go. Eat your meal. Have some drinks but please do not sit at a table all night unless you continue to spend money. These restaurants are working with very limited space. They can't afford for you to order two side salads and water and sit there four hours. Yes some people do that all the time.
5. Don't come out if you are sick.
6. Social distancing: keep your kids at the table. Yes, they're cute but if they are running around they are getting too close to other people.
7. Cut everyone some slack. Everything may be a bit slow because this is basically a new job for everyone. Be kind.
8. Tip. They are going to be sweating wearing masks all to make a buck. Please treat them right and leave a decent tip. If you can't afford to tip you can't afford to go out.
9. Be pleasant. You should be happy. You're finally out.
10. Realize that the staff is doing their best.
11. Remember you have three meals a day every day of your life. This is only one of them. Calm down and enjoy it!

From a popular share on a social media site

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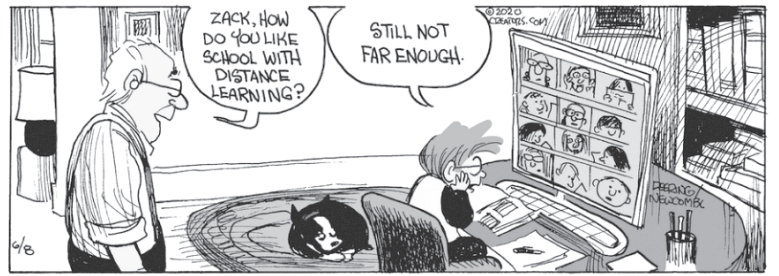
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## ZACK hill by John Deering and John Newcombe



### WEEKLY HOROSCOPES

Provided by horoscope.com  
June 8, 2020 - June 14, 2020

#### ♈ ARIES March 21 - April 19

This is a great time for you. The Universe offers you a chance for change at all levels, including your health. If you've approached diet and exercise in fits and starts in the past, then determine to be more consistent. That's how you'll get the results you want. Join a friend or partner who can give you support, especially when you start to flag.

#### ♎ LIBRA Sept. 23 - Oct. 22

Because of the current aspects, you may find symptoms suddenly flare up for a while, or you may feel fatigued even though you aren't ill. See your health professional if you're worried, but you should gradually begin to feel better than ever. You've shed a lot of bad habits over time.

#### ♉ TAURUS April 20 - May 20

You may put a lot more pressure on yourself at work now. Your creativity may peak, but so may the tension accompanying getting your work completed on time. Resolve to treat yourself better. Get a massage that includes aromatherapy. Regular exercise will also help shake off the cobwebs and help you feel fit enough for any challenge.

#### ♏ SCORPIO Oct. 23 - Nov. 21

There is a major focus on your health zone and it looks upbeat. Aspects are perfect for making a fresh start. If you've gotten off track, use this opportunity to get back on. Find an exercise routine that you enjoy so you won't be tempted to stop. Also, work on a dieting approach that feels right for you.

#### ♊ GEMINI May 21 - June 20

Your social life will be active now. In order to make the most of it and not jeopardize your health, take a few precautions. Try not to eat too many greasy or fatty foods. Drink lots of water, especially if you're drinking alcohol. Above all, get enough sleep. You'll feel and look better if you follow a path of moderation.

#### ♐ SAGITTARIUS Nov. 22 - Dec. 21

Trying to find a balance in your daily activities may improve your health. If you spend a lot of time sitting, try to compensate by working out regularly. If you drink a lot of caffeine, think about drinking more water. Caffeine dehydrates you, so make up for the lost fluids. Be good to yourself!

#### ♋ CANCER June 21 - July 22

You may be experiencing a problem that's different from past ones. If you're following a diet or exercise routine, you may be too rigid and even go to extremes. Being obsessive about your diet or workout can be just as bad as being too lax. If you push your body beyond its capability, you may do more harm than good.

#### ♑ CAPRICORN Dec. 22 - Jan. 19

Your health gets an extra boost now. You may notice that any symptoms suddenly ease up or disappear altogether. A new treatment may be just what you need in order to get back on your feet. Things are looking up, but you may be tempted to eat more, which could pile on the pounds. Try to avoid too many sweet or fatty foods.

#### ♌ LEO July 23 - August 22

The Universe may encourage you to direct some of your excess energy into keeping fit and well. You may need a strategy that inspires you to commit some time every day to your well-being. You have a tendency to drift when it comes to following a routine, but anything associated with your health is important. It will help ground you.

#### ♒ AQUARIUS Jan. 20 - Feb. 18

This is a time for ideas, and one may encourage you to look after your health. Perhaps a book you read affected you. Maybe a friend shared a story that encouraged you to rethink your approach to your well-being. Researching health issues may give you a renewed understanding of why it's so important to eat well and exercise daily.

#### ♍ VIRGO August 23 - Sept. 22

The Universe may stir up your health sector. You may suddenly feel a pang of jealousy or dented pride as you notice how fit your friends look compared to you. Something or someone will encourage you to start your workouts again. Think about cutting back on fatty and sweet foods. Just do whatever it takes to get fit and well.

#### ♓ PISCES Feb. 19 - March 20

There's good news now as you experience a newfound exuberance. You may be motivated to join an online group that encourages you to take better care of your health. You're more likely to stay disciplined if you have a good support system. You may be tempted to eat more, too, so be careful.

## CV WEEKLY IS ONLINE!

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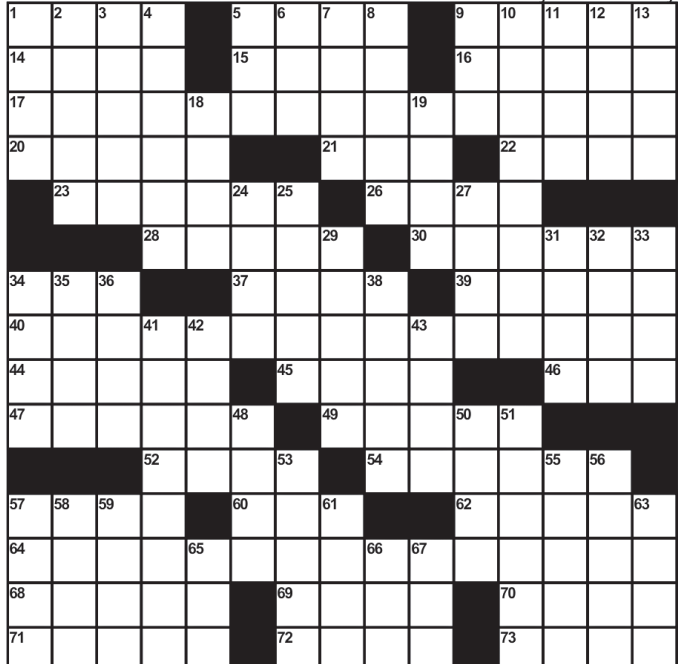
#### ACROSS

- |                               |                                       |
|-------------------------------|---------------------------------------|
| 1) Sicilian volcano           | 44) Winged                            |
| 5) Guesses wrong              | 45) Watch face                        |
| 9) Chow line?                 | 46) "Turn on, tune in, drop out" drug |
| 14) Neighbor of Libya         | 47) Venomous African snakes           |
| 15) Prosperity                | 49) Burn slightly, as meat            |
| 16) Host                      | 52) "Beetle Bailey" dog               |
| 17) We're all involved in it  | 54) Mended, as socks                  |
| 20) Alpha's opposite          | 57) Adjoin                            |
| 21) Oolong, for one           | 60) Dash lengths                      |
| 22) On Soc. Sec., perhaps     | 62) Per ___ (yearly)                  |
| 23) Brainy                    | 64) Aggressive basketball ploy        |
| 26) Double-decker checker     | 68) Feelings of great warmth          |
| 28) Basket material           | 69) "Hey!"                            |
| 30) Scale user                | 70) Arctic birds                      |
| 34) Schuss, e.g.              | 71) Thermonuclear blast maker         |
| 37) Features of luxury hotels | 72) Human copier                      |
| 39) Dormitory echo            | 73) Deep-___ pizza                    |
| 40) Moms have it              |                                       |

#### DOWN

- 1) Bounce back, in a way
- 2) Try to catch a ride
- 3) Appellation bestower
- 4) Slowly, to a conductor
- 5) Yearling producer
- 6) Tyrannosaurus \_\_\_
- 7) Absorbed
- 8) Aerodynamically designed
- 9) Muumuu go-with
- 10) Newly developed, as technology
- 11) Dermatology problem
- 12) The Amish, e.g.
- 13) Act on, as advice
- 18) Bettors bet on them
- 19) Bust, so to speak
- 24) Snake sound
- 25) Halfhearted
- 27) Not yet final, at law
- 29) Punjabi princesses
- 31) Drudgery
- 32) Winged god of love
- 33) Split apart
- 34) Did laps in the pool
- 35) Nut used in flavoring
- 36) Islamic prayer leader
- 38) Composed
- 41) Where one is always looking up?
- 42) Spick-and-span
- 43) Arm bone
- 48) Blossom holder
- 50) Court star Steffi
- 51) The Muses, as a group
- 53) Nebraska metropolis
- 55) Boredom
- 56) Times for headlights
- 57) Asian nurse
- 58) Cutting remark
- 59) Annul
- 61) Barber's motion
- 63) Come together like gears
- 65) Sun or moon, e.g.
- 66) Salon application
- 67) Musical aptitude

### PEOPLE ARE PEOPLE By Mason Lorry



## LETTERS WANTED!

(All letters must be 250 words or less) Send CV WEEKLY your thoughts and comments on any of our articles or happenings in our community and we'll share them with the rest of our readers!

Mail letters to: Crescenta Valley Weekly;  
 3800 La Crescenta Ave. #206, La Crescenta,  
 CA 91214 or via email at robin@cvweekly.com.



# RELIGION

## Question:

*I'm 19 and in my second year of college. My parents never took my sister and me to church, although both were raised Christian. After searching, I finally found a church whose teachings are helpful to me and I eventually plan to join that church. My parents are against me joining the church and tell me things like I have to tithe, help out at the church, etc.*

*None of their reasons concern me. I'm happy to tithe once I'm out of college and have a job. I love my parents. They have provided a nice home and support for my sister and me, but I don't feel I owe it to them to give up a spiritual home I've finally found. Is there a caring, loving way I can ask them to please stop the nagging? ~New Believer*

Hello, New Believer,

A growing spirituality is an important piece of learning to live in today's world. There is so much going on that makes us ask the "big" questions about meaning and worth that it is always helpful to have someone to walk along with on that path. I wonder why your parents are advising against joining this new community. Maybe they had a negative experience in the past with a community of faith they belonged to. You could ask them about it and see why they are concerned with your situation.

The church I belong to never "requires" someone to tithe or to help out. We do ask that a person contribute and attend once at least every two years in order to fulfill the governing documents requirements for membership. Participation is encouraged as it gives an opportunity for engaging in acts of service and conversations of caring and we discuss the spiritual aspects of financial generosity, but it is always so that our lives of faith may grow and flourish.

I encourage you to invite them to this new community of faith you have found, if that is possible. Let them meet the people there, let them see how it makes you feel, let them see how it makes you engage even more in the wider community. Their judgment about what churches "require" may be something that can be changed by seeing this new family of faith you have found. Remind them that you are not giving up one family for another (the new church), but rather let them know that your family is expanding and you are now getting to meet your distant "cousins in Christ" and you hope that they can find the joy that you have found in being part of a community of faith.

Blessings on finding a

community of faith!



Pastor Scott Peterson  
pastor@lcifoothills.org

Dear New Believer,

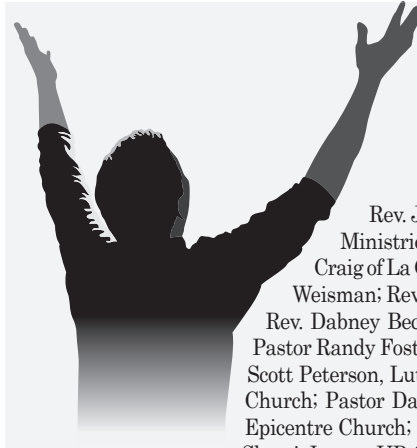
I'm happy to learn you found a place where you feel comfortable and have the spiritual support you desire. Attending to your spiritual needs is a beautiful way to promote overall wellbeing and live in balance and positivity. Sadly, not everyone shares that sentiment and may even mistrust faith-based organizations.

Your parents may believe as Christians but take exception to affiliations with groups, churches and organizations due to past hurts of their own. Some believe our freedoms are compromised when the "church" asks for tithes and help. Scripture is very clear about the meaning and execution of both as something we do because of our love for God. Malachi 3:10 shows us the blessings from tithe: "Bring all the tithes (the tenth) into the storehouse, so that there may be food in My house, and test Me now in this," says the Lord of hosts, "if I will not open for you the windows of heaven and pour out for you [so great] a blessing until there is no more room to receive it." (AMP)

It sounds like you love and honor your parents and appreciate the way they've supported you throughout your lifetime. As an adult, you have the responsibility to make your own choices and feel empowered in the process. Sometimes it's tough for parents to accept the fact that they did a great job raising healthy, sensitive and discerning children. Letting go seems to be counterintuitive to their efforts in the protecting role that they've come to appreciate as their own. Change can be challenging. Change that involves releasing our children to make their own decisions can be terrifying, particularly in this volatile time in our nation's history.

My thoughts draw me to communication. You might consider having an honest and transparent conversation with them thanking them for all they've done for you, and for loving and supporting you throughout your lifetime. These statements may be followed by sharing your desire for a more fulfilling spiritual life and the great blessing you have in finding a church family where you can grow and experience God's love in a safe and nurturing environment.

Maybe you would then consider assuring them that



## SPIRITUALLY SPEAKING

Rev. Jon Karn of Light on the Corner Church; Rev. Kimberlie Zakarian of Holy House Ministries, Anthony Kelson RScP, Laney Clevenger-White, RScP, and Rev. Dr. Beverly Craig of La Crescenta Center for Spiritual Living; Rabbi Janet Bieber; Carolyn Young, Sharon Weisman; Rev. Mary Morgan, Redondo Beach Center for Spiritual Living; Rev. Tim Beck and Rev. Dabney Beck, International Church of the Foursquare Gospel; Lucinda Guarino, YMCA; Pastor Randy Foster, Christian Life Church; Rev. Dr. Ellen Contente, Global Truth Center; Pastor Scott Peterson, Lutheran Church of the Foothills; Rev. Karin Ellis, La Canada United Methodist Church; Pastor David Richardson, "David Richardson, Firepoint Church; Rev. Debbie Sayovitz, Epicentre Church; Rev. Dr. Antonio Gallardo, St. Luke's of the Mountains Episcopal Church; Rev. Sherri James, UP Church; The Rev. C. L. "Skip" Lindeman, Upland Christian Church, Rev. Rob Holman, St. Luke's Anglican Church, Rev. Anthony Keller; St. George's Episcopal Church

Responses are offered from the perspectives of individual clergy members, which may or may not be in agreement with other respondents of Spiritually Speaking nor the editor and staff of the Crescenta Valley Weekly.

you're still the same wonderful person they raised as you continue developing a rich and robust character based on the values they instilled in you. Words shared honestly in love and acceptance have power and the potential to promote understanding.

"But instead we will remain strong and always sincere in our love as we express the truth. All our direction and ministries will flow from Christ and lead us deeper into Him, the anointed Head of his body, the church." Ephesians 4:15 (TPT)

You may want to reassure them that you haven't made the decision lightly and that you'd appreciate it if they would trust your ability to make appropriate choices in your life based on the values with which they raised you.

You've got this!

"Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; He will never leave you nor forsake you." Deuteronomy

31:6 (NIV)

"I can do all things through Christ who strengthens me." Philippians 4:13 (NKJV)  
Be Well & Be Blessed!



Lucinda Guarino  
lucindaguarino1@gmail.com

## Question:

*Since the shelter-in-place orders, I've been working at home, home schooling our two children, ages 10 and 12, doing the housework - our housekeeper won't go into others' homes because of the virus - cooking and trying to stay positive. My husband helps as much as he can and is also working from home; however, his job is more demanding. He works at least 12 hours a day. I am*

*really stressed and do my best to not let our children nor my husband know how I'm feeling.*

*My question is: Is God really watching over us? If He is, then, what's the reason this is all happening? I pray for some relief and it seems my prayers are not being answered. I have friends who are in similar situations.*

~ Overwhelmed Mom

Dear Overwhelmed Mom, This recent season has been very difficult for pretty much everyone. COVID-19, and its resulting quarantine, has changed everyone's world. Your question is on the hearts of many: "Is God really watching over us?" Yes, He is! His love is constant and unfailing. His Word says, "The steadfast love of the Lord never ceases. His mercies (compassion) never come to an end. They are new every morning. Great is His faithfulness." (Lamentations 3:22-23)

We need to draw on His heart  
see SPIRITUALLY SPEAKING  
on next page

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Wednesday Night Service 7:00 p.m.

To be in our Service Directory contact CV Weekly at (818) 248-2740



SPIRITUALLY SPEAKING from previous page

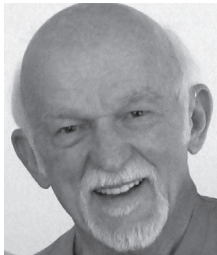
and strength daily. Why is this happening? The truth is we live in a very broken world that continues to break down more every day, and things do not always go as well as we would like. Stress levels are at an all-time high with most of us having to adapt to new situations, responsibilities and challenges. Rather than getting more and more overwhelmed and frustrated, speak up and take some practical steps to address the situation. You, your husband and children are a family. A family pulls together, strategizes and works through challenges, especially in times like these. This is an opportunity for family unification and bonding rather than division

and frustration. Have a family meeting. After praying together, each of you share his/her stresses and feelings about your situation. You may be surprised that they feel the same way. Make a list of tasks to be done and divvy them up. Your children are old enough to take on some extra responsibilities. Among other things you all come up with, they could help you clean house and prepare meals. In fact, meal prep can become part of their home school training (it uses math and science).

Daily, I would encourage you to take some [time] with God yourself. Let Him embrace you into His loving heart. His Word says, "Let us not grow weary in

doing good for in due season we will reap, if we don't lose heart." (Gal. 6:9). Let His grace, mercy and reassurance that you and all your family are precious to Him help you navigate this season as you depend on His strength.

Praying for strength and unity for your family,



Pastor Tim Beck  
snoopytpb@gmail.com

Dear Overwhelmed Mom,  
First: breathe in, breathe out; you are not alone! Yes, God is really watching over us. In fact, God is not watching from a million miles away but from right here where we are – right there where you are. God is in this with us, and God knows every thought, every feeling, every wish, every dream, every prayer in our hearts. When we pray, God hears and answers, immediately. The challenge is that we humans are so connected to instant gratification, instant relief, instant comfort that we have lost our capacity for patience.

While God never answers, "No," God often answers, "Not yet" or "Not now" and we feel abandoned or rejected. The important detail we humans often miss is that God is not wearing a wristwatch – God only experiences one moment

of time, and it is infinite, so "Hurry!" has no meaning in spirit.

Every moment is now to God. The good news is that when we pray for strength, we get challenges that build our strength; when we ask for patience (I am still laughing at myself for this one), we get delays that teach us patience; when we ask for love, we get opportunities to give love so that we can really feel it.

In this current situation, we are being given the opportunity to rest in faith, to stop doing and take time to just be. The moms among us are finding new ways to take care of ourselves as we care for our homes and families by doing a couple of things: cutting ourselves some slack (if the house looks lived-in, it's because that's exactly what's happening) and cutting the rest of the world some slack (we are all in this together, we all need help and understanding, and we can ask for it). When your prayer seems unanswered, perhaps it's time to call time-out for the family, sit down together for a moment or two, breathe in and breathe out quietly and peacefully for just a few minutes, and then smile, stand up, hug one another; remember, family is made by love, not just by DNA. We don't know the why of COVID, but we do know that there is a blessing in every lesson, and that's a Divine

guarantee. We will get through this, we will grow through this. So, keep breathing, keep loving, keep praying and know that God is always right where you are – God's got your back!

Love and blessings,



Rev. Sharri Johnson  
revsharri@oneheartretreatcenter.org

NOTES & NODS

This Week at LCIF

Lutheran Church in the Foothills continues to offer "Couch Church" for the foreseeable future. This week's service will be live streamed on Sunday at 10 a.m. on the church's Facebook page –facebook.com/Lcifoothills/videos. After the live stream, the service can be found at www.lcifoothills.org. This week, Pastor Scott Peterson will lead the service with a sermon on "Living in the Reuleaux Triangle."

All are invited on Wednesdays at 10 a.m. for an interactive time of prayer and Scripture via Zoom. Details are available by contacting the church office.

Bulletins for children and adults (along with games for children and a Bible quiz for adults) are also available on the website. For more information on these and other activities, please email the church at office@lcifoothills.org or call (818) 790-1951. The church building is located at 1700 Foothill Blvd. in La Canada Flintridge.

Lutheran Church in the Foothills, the "touchdown church," is located at 1700 Foothill Blvd. For more information, call (818) 790-1951 or visit www.lcifoothills.org.

La Crescenta Presbyterian Opens Doors for Public Worship

La Crescenta Presbyterian Church will open its doors for public worship beginning Sunday, June 14. Three in-person worship opportunities will be offered, all following social distancing and sanitation guidelines set forth by the state and county.

At the 9 a.m. contemporary service, worshipers may gather in the LCPC sanctuary or in the outdoor courtyard. The outdoor location offers a friendly, worshipful setting for those seeking a higher level of precaution: temperatures will be taken, distancing will be greater and masks will be mandatory.

Worshipers at the 9 a.m. services will enjoy music by The Blessed, the same band featured in LCPC services posted at lcpc.net every Sunday. At 11 a.m., worshipers will enjoy classical

music in the LCPC sanctuary.

At all in-person services, families with children or youth are invited to worship together. Separate rooms adjacent to the services will be available for young children and parents.

For those who wish to worship online, La Crescenta Presbyterian will continue to post services at lcpc.net.

For more information about LCPC policies to protect the health and safety of our congregation, visit lcpc.net. La Crescenta Presbyterian Church, located at 2902 Montrose Ave. in La Crescenta, can be reached by phone at (818) 249-6137.

Walk and Word

Walk and Word on Sunday mornings, a time to discover Scripture while hiking Deukmejian Park, is on hiatus until further notice.

For more information, contact Jean Lavieri at (818) 383-3137 or email jnlavieri@earthlink.net.

Catholics Invited

ICF, the Italian Catholic Federation, is looking for members. ICF is a family-oriented, non-profit fraternal organization dedicated to promoting activities that build faith and family spirit and bring men, women and children of all ages together. The branch members extend an invitation to La Crescenta, Tujunga and Sunland Catholics to join the local ICF branch and share your culture, heritage and religious beliefs. The only prerequisite for joining is being Catholic. Our members are from many ethnic groups.

ICF is active in various cultural events throughout the state, supports local parishes, and provides various charities with financial and other support. ICF members believe in proclaiming the Gospel of Jesus Christ through community and spiritual actions, activities and camaraderie.

Members do not need to be Italian to join or participate in ICF's evangelical and charitable work, but must be Catholic. Call (818) 952-1969 for more information.

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ROBIN from page 2

and staff were shouting congratulations and students then made their way up a short ramp where Principal Junge was waiting with Superintendent Dr. Vivian Ekchian. In lieu of handshakes, elbows knocked, the student proceeded down the ramp and stopped in front of the giant Falcon inflatable to have their picture taken by Bronson Photography. The students then got back into their cars and they drove under a Falcon arch as small spark fountains ushered the new graduates on their way.

Were these typical events? Not at all, but they served the purpose of showing these students how proud their teachers, principals, counselors and staff were of them and their accomplishments. And, by doing so, our schools created lifetime memories for some resilient young men and women.

PEOPLE from page 17

100 major subjects at the undergraduate level and more than 90 major fields of study at the graduate level, including law and medicine, the university prepares students to live and compete in the global workplace.

Margaret Priest of La Cañada Flintridge qualified for the spring 2020 dean's list at Belmont University. Eligibility is based on a minimum course load of 12 hours and a quality grade point average of 3.5 with no grade below a C.

Approximately 53% of Belmont's 6,313 undergraduate students qualified for the spring 2020 dean's list.

Belmont University is nationally ranked and consistently recognized by U.S. News & World Report for its innovation and commitment to teaching. Belmont brings together the best of liberal arts and professional education in a Christian community of learning and service.

For more information, visit [www.belmont.edu](http://www.belmont.edu).

University of San Diego held announced its graduates for the 2019-20 school year. These included Hunter Campbell of Sunland who earned a bachelor's degree in business administration, Daniel Dietz of Montrose who earned a bachelor's degree in electrical engineering from the Shiley-Marcos School of Engineering, Brett Gangi of Glendale who earned a bachelor's degree in business administration, Min-Sung Kim of La Crescenta who earned a bachelor's degree in marketing and Clayton Massimino of La Cañada Flintridge who earned a bachelor's degree in mechanical engineering from the Shiley-Marcos School of Engineering.

The University of San Diego is a contemporary Catholic university with more than 9,000 students from 75 countries and 44 states. USD's eight academic divisions include the College of Arts and Sciences, the School of Business, the Shiley-Marcos School of Engineering, the School of Law, the School of Leadership and Education Sciences, the Hahn School of Nursing and Health Science, the Joan B. Kroc School of Peace Studies, and the Division of Professional and Continuing Education.

LETTERS from page 8

This is threefold: to mark the founding of our Army, recognition of Flag Day and honor of the Montrose-La Crescenta pioneers for their efforts to establish Flag Week.

Joe Kroening  
La Crescenta

It All Started in Montrose

The Congress of the United States, by Joint Resolution on June 9, 1966, approved H.J. Resolution 763 proclaiming the week in which June 14 occurs as National Flag Week, and the same Resolution requested that the President is to issue every year a proclamation and also to call upon citizens of the United States to display the flag during this week.

The origin of Flag Week is very special because it originated in Montrose through the hard work of Bill Bailey, Don Carpenter, Congressman H. Allen Smith, the Crescenta-Cañada Rotary Club and my father, Vito Cannella, back

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in the '60s. Nurtured by their love of country and gratitude for those who served and gave the ultimate sacrifice for our nation's symbol, the American flag, this group had a desire to contribute something positive to the fabric of our country during the difficult Vietnam War-era. They dreamed of a national movement to convince Congress and the President to join them in their love for the flag. From humble origins and the small town efforts of our community, they collected thousands upon thousands of signatures across our state, this dream got the attention of the United States Congress and passed in a joint session and was signed into law by President Lyndon B. Johnson in 1966. So for the last 54 years we ask the citizens of our nation to give recognition and respect for our flag by asking that we honor our flag more than just one day on the national calendar (June 14), but put aside a whole week to honor

the flag and ask that all citizens fly our flag for that week.

This cause was very important to my dad. Every year since 1967 he would write each President reminding them of their duty to issue the proclamation and every year he got a response from the White House indicating that they would.

My father has passed and one of the things we talked about prior to his death was his wish that the story of Flag Week not be forgotten as he was the last of the originating supporters. I promised him I would carry his message reminding our community of its history and connection to our hometown. I wrote that letter to President Trump and will remind all of you to fly your flag the week of June 14. That is the purpose of my letter today.

God Bless America and watch over her, especially this year.

Grace Chase  
Montrose

PROTESTS from Cover

chanting in support of social justice. Most of the vocal protestors were teenagers and the event was peaceful. Most drivers appeared supportive by honking car horns – a sound that was heard for most of the protest.

During a march in Montrose last week, reportedly organized by high school and college students, there was an incident between protestors and Glendale police motor officers. According to witnesses, when the protestors were in the intersection of Verdugo Road and Honolulu Avenue they began asking the police to take a knee in solidarity and approached the motorcycle officers, who revved their engines. There were other actions taken by officers that witnesses at the protest said they felt were aggressive.

"We are aware of the incident and I have ordered an investigation," said GPD Chief Carl Povilaitis.

# Please Eat Out Once a Day to Help Our Local Restaurants!

## La Cañada Restaurants

All restaurants listed are open for take out. Some may be available for delivery or curbside service. Please call for specifics. Many restaurants are opening, so call ahead for details.

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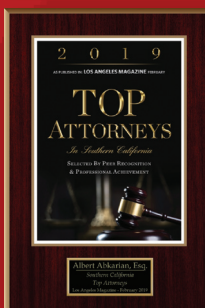
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