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JANUARY 21, 2021

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Bee Zones Discussed at Council Meeting

By Julie BUTCHER

Early in Tuesday night's meeting of the Glendale City Council, Councilmember Dan Brotman pulled an item from the consent agenda for additional scrutiny and convinced the other councilmembers to further review a contract addition of "\$550,439 ... for the installation of a 135 kilowatt PV [photovoltaic cell] system; this system will maximize the use of the roof-top portions of the new building;" he was unable to convince the others to abort a "contract amendment of \$25,000 for services to design and build a cultural interpretive exhibit within the new facility" for historic relics found.

According to the city's report, "[a]s a result of the archaeological monitoring program and evaluation, [consultant] SWCA documented a total of seven new archaeological features and collected 1,512 artifacts that represent the physical remains from a portion of a residential neighborhood of the cities of Tropic and Glendale between the early 1900s into the 1970s when it transformed into a light industrial section associated with the Glendale Transportation Depot and South Brand Boulevard."

"I can't imagine school trips through the Beeline maintenance yard," Brotman argued. "I don't think those items tell a story or are significant."

Councilmember Ardashes "Ardy" Kassakhian countered, "I'd rather have all of it preserved for a future Glendale historical museum, perhaps. And it's grant money."

The measure to accept the grant funds passed on a vote of four to one.

Glendale Fire Chief Silvio Lanzas updated the council on the rollout of COVID-19 vaccinations.

"Recognizing this is changing on a regular basis, up until today the county has focused on

see GCC on page 6

Memories of the Selma March

By Mary O'KEEFE

Looking back on a historic march.

Martin Luther King Jr. Day was declared a federal holiday in 1986. On Jan. 15 he would have been 92. He used his platform, as a minister, as a leader and as a powerful orator, to bring attention to discrimination and promoted nonviolence.

King was an admirer of the non-violent teachings of Mohandas K. Gandhi.

"While intellectually committed to nonviolence, King did not experience the power of nonviolent direct action first-hand until the start of the Montgomery bus boycott in 1955. During the boycott, King personally enacted Gandhian principles. With guidance from black pacifist Bayard Rustin and Glenn Smiley of the Fellowship of Reconciliation, King eventually decided not to use armed bodyguards despite threats on his life, and reacted to violent experiences, such as the bombing of his home, with compassion. Through the practical experience of leading nonviolent protest, King came to un-



Photo taken by Al LOEB

Albert Loeb was among those who marched with Martin Luther King Jr. in the Selma to Montgomery March.

derstand how nonviolence could become a way of life, applicable to all situations. King called the principle of nonviolent resistance the 'guiding light of our movement. Christ furnished the spirit and motivation while Gandhi furnished the method," according to the Martin Luther King Jr. Institute at Stanford University.

Often, however, his marches were anything but nonviolent. Many times those who marched were beaten, threatened and arrested and some even lost their lives.

Albert M. Loeb, the father of local resident Judith Loeb Whitaker, had a front row seat to history as he marched in Alabama with Dr. King in the Selma to Montgomery March

in 1965. The march was an effort to register Black voters in the South. The marchers were confronted with deadly violence from local authorities and

White vigilante groups. The National Guard had to be called out to protect the marchers. The march took five days and covered 54 miles.

see MLK on page 6

More Eligible for COVID-19 Vaccines

By Mary O'KEEFE

The County of Los Angeles Public Health has expanded the eligibility for those receiving the COVID-19 vaccination to County residents 65 years of age and older.

This is a decision that was called for by LA County Supervisors Kathryn Barger and Janice Hahn, who called for "additional flexibility" in vaccinations.

"Efficient and effective distribution of the COVID-19 vaccine to our residents and communities is the most critical hurdle in our ability to recover from this virus," Barger stated. "While we continue to prioritize the vaccination of health-care workers who have been on the frontlines caring for our vulnerable residents, we must add flexibility to this process and begin efforts to vaccinate those 65 and older."

"Governor [Gavin] Newsom has encouraged all counties to open up vaccination appointments

see COVID on page 19



Photo provided by USC-VHH

The next tier of those eligible to get vaccinated against COVID-19 is underway as the vaccination of healthcare workers, like USC Keck respiratory therapist Brian Doderro, continues.

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FROM THE DESK OF THE PUBLISHER

With a Hopeful Heart

Like many Americans, I watched yesterday the inauguration of the 46th President Joe Biden. From the get-go of his inaugural address, he established that the day was one for democracy, "a day of history and hope, of renewal and resolve." I'm sure I'm not alone when I share that I think the country needs hope, needs renewal and needs resolve.

We're (hopefully, prayerfully) rounding the corner of a pandemic, one that is insidious and relentless in its attack having struck down more than 400,000 Americans. Businesses, like CV Weekly, have teetered on closing while others have succumbed; due in part to the support of our readers we were able to keep our doors open, never shutting down service to the community.

Just two weeks ago I sat and cried, watching in horror as the Capitol was attacked by fellow Americans; yesterday I also cried but this time in the hope that a new presidency will move us forward, together, as a nation. Our new President seems to think that we, as a nation, can continue to meet and overcome the challenges presented to us.

"We are good people. And over the centuries, through storm and strife, in peace and in war, we've come so far, but we still have far to go," he said in his address acknowledging what we have done and what we are capable of doing but also acknowledging the challenges still before us.

"Through Civil War, the Great Depression, world war, 9/11, through struggle, sacrifices, and setbacks, our better angels have always prevailed.

In each of these moments, enough of us – enough of us – have come together to carry all of us forward, and we can do that now." Words of hope, of an understanding that we don't have an easy road ahead of us but one that is ours to travel nonetheless – if we're willing to take it.

I know that inaugural addresses are supposed to be inspirational – rereading the speech delivered by former President Trump I found notes of inspiration in that one, too, and the two personalities couldn't be more different – and in a time when the country is especially sensitive, when we have such a great way to go to regain some sense of unity, I do have a sense of hope. I believe that with this new leader at the helm and by redirecting our collective focus toward what unites us rather than what divides us we can make the strides necessary to bring America to the place we should all want it to be.

Finally, like President Biden, I understand that not everyone voted for this man; however, I'll be candid in my comment: Get over it. This man is now the President and we have the responsibility to give him a chance.

He's asking for it and he deserves it.

Robin Goldsworthy is the publisher of the Crescenta Valley Weekly. She can be reached at robin@cvweekly.com or (818) 248-2740.



Weather in the Foothills

"It is not so much for its beauty that the forest makes a claim upon men's hearts as for that subtle something, that quality of air that emanation from old trees, that so wonderfully changes and renews a weary spirit."

~ Robert Louis Stevenson

I will assume Mr. Stevenson would include the blowing winds as a "quality of air." A continual tingling emanating from the scattered wind chimes hanging throughout our yard gave a melodious soundtrack to the strong Santa Ana winds on Tuesday. But winds do a fine job making their own music without the accompaniment of chimes.

Sounds of wind in the trees and the rustling of leaves have enchanted people since time's beginning; the word psithurism was added to the English language to further define them. Geographically located along the foothills, the Crescenta Valley gets a direct hit as winds blow forth from the many canyons. It seems folks either love the winds or loathe them. I will admit to belonging to the first group. In spite of the winds' potential for causing damage, I feel exhilaration and excitement as the winds begin to blow. On the other hand, my mom loathed them ... understandably so, growing up in Kansas.

So, does the wind independently make a sound?

We can't see wind, only the things it moves. Likewise, we can't hear wind unless it's flowing past something that makes it vibrate; this causes it to adopt various sonic guises depending on what it interacts with. Trees provide some of the most common and aesthetical ways for wind to make itself heard. The type of leaf, the season and the species of tree all work together to create a unique sound or, as John Muir put it: "Winds are advertisements of what they touch." He described how, in the wind, each tree expressed itself in its own way, "singing its own song, and making its own peculiar gestures." Trees' songs change with wind speed and direction, and the type of leaves it comes in contact with. Surprisingly, or maybe not, there are people who can distinguish by the sound of the wind from what species of tree they emanate.

Of all the species of trees, it seems the pine has done the best job capturing our imagination; I can attest to this. While vacationing in the eastern Sierras I became enraptured by the sound of wind blowing through the pines. Maybe it is just the effect of high altitude playing upon my senses!

Dense stands of pines once grew at the foot of our local mountains. As the population grew, so did the demand for lumber. By the early 1900s the forests were mostly gone. Oaks and other native and non-native trees replaced them. The sound of blowing pines – alone – is no more.

As the winds calm, colder temperatures and a chance for rain move in. Thus far meteorologists are hopeful upcoming storms will be good rain producers. Our local mountains are likely to get a dusting of snow. Winter weather returns.

Sue Kilpatrick is a Crescenta Valley resident and Official Skywarn Spotter for the National Weather Service Reach her at suelkilpatrick@gmail.com.

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IN BRIEF

CVTC HOLDING GENERAL MEETING

The Crescenta Valley Town Council will be having its general meeting virtually tonight, Thursday, Jan. 24 at 7 p.m. via Zoom. The meeting ID is 956 9812 8070 and the passcode is 750226.

In addition to general community announcements and council business, on the agenda is a farewell to outgoing town councilmembers Charles Beatty and Daniel Kim and a possible presentation from LA County Parks & Recreation on the Eagle Canyon Trail Project.

MEAL TRAIN FOR USC-VHH LOOKING FOR PASSENGERS

The Meal Train for frontline staff at USC Verdugo Hills Hospital has been reactivated. Some meals from the community would go a long way to lifting their spirits especially as COVID hospitalizations rise.

To sign up, visit <https://www.mealtrain.com/trains/nn5z0d>.

CVCA WELCOMES 2021

The Crescenta Valley Community Association will have its first meeting of the year on Thursday, Jan. 28 at 7 p.m. The meeting will include discussion on local issues as well as an opportunity for Foothill area residents to bring their own concerns.

For those who live in Glendale between Lowell and Pennsylvania avenues, the Far North Glendale Homeowners Association will hold its annual meeting from 6:30-7 p.m. just before the CVCA meeting. The agenda includes a vote to change the name of the organization to Crescenta Highlands Neighborhood Association and to install new board members.

Please join in on Zoom. All are welcome. For further information and Zoom meeting link, contact crescentavalleycommunityassn@gmail.com or visit Crescenta Valley Community Association on Facebook.

COUNCIL SEEKS PUBLIC INPUT

The Glendale City Council is recruiting for a city manager and has selected the firm of CPS HR Consulting to conduct the search. As part of the recruitment process the City is seeking input from the community and will offer an online video forum on Jan. 27 from 6 p.m. to 7:30 p.m.

The city manager is appointed by the council and is responsible for planning, directing, and managing all activities and operations of the City. The city manager also implements policy decisions made by the city council and facilitates the development and implementation of City goals and objectives.

This is a virtual Zoom forum; meeting ID: 944 5999 2600 and passcode: 290398.

For more information, or to provide additional feedback, contact Frank Rojas, executive recruiter, CPS HR Consulting, at (916) 471-3111, or email at frojas@cpsshr.us.



By Sabrina SHELTON

In today's social, political and economic climate, good news is always a welcome reprieve. From large-scale stories of countries helping other countries, to next door news about a friend's success, it warms the heart and feeds the soul to know that there actually is good in this world. For Chris Ryder, sharing good news and gratitude has been a recent lifeline.

A 20-year La Crescenta resident, Ryder recognized the pros and cons of being sheltered by the Verdugo Mountains.

"We live in an amazing family-oriented community," he explained. "Social media can be an amazing tool, but can also be used negatively to pit friends and neighbors against each other. I wanted to create a more positive place for our valley for these reasons."

Ryder decided to use his powers for good and create the website We Are CV. It's more than just a shout-out on a personal Instagram page – it's an entire website dedicated to the residents and businesses of the valley. The site features a Wall of Appreciation, where anyone can post a thank you for all to see. Visitors to the website can write gratitude letters to healthcare providers, teachers, local businesses and their employees, or anyone else who has done some good.

"[These people] have stepped up big time over the last year. Unfortunately, they are rarely recognized. Somebody may thank a neighbor on Facebook, but people will scroll by quickly and it will never be seen again," Ryder said. So he created a site that was a more permanent space to appreciate neighbors.

We Are CV also strives to become a one stop shop for everything between Sunland and La Cañada. Ryder has placed resources for chambers of commerce, historical societies, news outlets and government offices. He also plans to have neighborhood maps highlighting local points of interest, links to watch groups and more.

Ryder commented that there are many websites and Facebook groups that focus on their own area, but that he wanted to create one space for people to share information.

"I run a [local] digital marketing business called CR Digital Solutions, so I wanted to give back to the community a bit by starting this site to help out our businesses and families in our community," he said.

Moving forward, Ryder welcomes any and all help to grow the website. Historians are invited to help piece together the neighborhood maps' section of the site, and local businesses are encouraged to reach out for a forthcoming advertisement section.

At the root of this project is a desire to help local businesses, discover hometown history, and honor and appreciate the people who make life a little better in the Crescenta Valley.

"The sky is the limit on what can go on this site. Just no politics," Ryder kindly added. "Overall, I just want our community to be better informed, and have a place where [people] can go to get the correct information."

Those interested in helping curate information for the neighborhood information section can email Chris Ryder at cryder11@gmail.com. To thank someone in town, visit www.wearecv.org.

Images provided by Chris RYDER

ABOVE: The We Are CV app can be accessed through multiple platforms.

BELOW: Local resident Chris Ryder created We Are CV, an entire website dedicated to the residents and businesses of the valley.



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Rep. Schiff Responds to Inauguration

On Wednesday, Rep. Adam Schiff released the following statement:

“Today marked a new beginning. For a nation that never got to celebrate the new year, this was New Year’s Day. Listening to President Biden’s inaugural address, I couldn’t help but feel optimistic about the future, about our nation’s endless ability to remake itself, to renew itself, to press on with hope for the future no matter how difficult.

“And I was struck by how wise a choice the country had made in picking Joe Biden, his fundamental goodness and decency, his sincere calls for unity, his experience with loss and recovery, his devotion to truth and dignity.

“The lesson of the past four years has been a profound one – our democracy is not self-effectuating. It is up to us, to every generation, to protect and defend it, to cherish and preserve it. As our new President

said [on Wednesday], ‘We’ve learned again that democracy is precious. Democracy is fragile. And at this hour, my friends, democracy has prevailed.’

“We are facing four crises that will test our nation in the coming weeks, months and years – a crisis in health, in our economy, with our climate, and one crying out for racial justice. All of these challenges require urgent action, and Joe Biden and Kamala Harris will devote themselves completely to helping us overcome. President Biden will be a President for all Americans, just as Harris will do the same.

“There is significant work to be done, but America has never shied away from a challenge just because it is hard. I am clear eyed about the long road to recovery, but after today’s inauguration, I’m feeling hopeful about our future. The process of renewal and restoration has begun at long last.

“America is resilient, and we build back better. That’s the American way.”

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Don T., Glendale

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*Bonnie Dorf
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School Projects Reflect on Kindness

By Mary O’KEEFE

Crescenta Valley High School recognized Kindness Week by incorporating the teachings of Martin Luther King Jr. CVHS Student Senate subcommittee members met to discuss what they could do to spread the meaning of the word kindness. Members discussed the issues they wanted to cover and how they would share the information they learned.

“It all merged into videos for elementary school students,” said Asante Guzik, a CVHS senior and member of the subcommittee.

They worked together to come up with four questions for high school students: 1) How I am kind to myself? 2) How do I spread kindness? 3) How do you respond when someone is being

kind to you? 4) Describe a time when someone was nice to you.

The answers from students ranged from reflections on how others were kind to them in the past to how they spread kindness. The question on how they were kind to themselves included how they relax, how they give themselves a break.

The videos included students who had been awarded recognition in the PTA Reflections contest, including in the areas of dance, art and song writing.

The takeaway from the four videos was how small acts of kindness can include helping a student pick up a folder that fell during class, sharing lunch with a student who forgot their food at home and befriending a student who was new in elementary school.

“And always, always, always say ‘thank you,’” added Jesse Guzik, a CVHS ninth grader and member of the subcommittee.

Visit this article online at www.cvweekly.com/NEWS to find links to the videos.

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Rosemont Reservoir Gets a Face-Lift



Photos by Mary O'KEEFE

By Mary O'KEEFE

The rehabilitation of the Rosemont Reservoir is well underway as part of the FY20/21 capital improvement projects by Crescenta Valley Water District. The Rosemont Reservoir project is part of the District's continuing efforts to provide residents with a safe and reliable water supply.

The Rosemont Reservoir is located in the 4700 block of Rosemont Avenue. The rehabilitation will concern the

interior and exterior surfaces of the existing water storage tank, with improvements that will include interior and exterior coatings, a new staircase and seismic upgrades.

The water storage tank was initially installed in the 1950s and the last time it was rehabilitated was about 20 years ago.

"CVWD made great strides this year in terms of improving long-term infrastructure reliability. After securing its highest

Standard and Poor's (S&P) rating in District history, a two-position jump to AA-, the District was able to secure a low interest bond to support a three-year, \$5,000,000 Capital Improvement Program (CIP) budget. To show the community what projects are being funded by bonds, you will see a new logo around town," according to a CVWD statement.

Traffic in the area will not be affected as the work will be primarily contained within the reservoir.

Rep. Schiff Announces 2020 Congressional App Challenge Winners

Rep. Adam Schiff announced the 28th District's winners of the annual Congressional science, technology, engineering and math (STEM) academic competition, the Congressional App Challenge. The competition aims to foster an early interest and engagement in STEM education and technology by challenging students to develop a mobile or web application.

Among the runners up was Rohin Phukan from Crescenta Valley High School for the Simple Stock Analyzer! App.

The app predicts the stock market and tells users if they should buy the specified stock. After users choose a stock, the app will display graphs of the stock's price, open price, close price and daily high as well as search volume.

The app will then use this information to tell users if they should buy, sell or hold the stock. The app will also advise if it is a risky buy or sell based on how certain it is that the stock will rise or fall. To determine if the user should buy the stock, the app uses an advanced mathematical formula that Phukan made. It takes in variables such as search volume, 52-week high/

low and 200-day average to make the prediction as accurate as possible. In addition, the app asks users if they want to invest short-term or long-term, and adjusts the algorithm based on how long they want to hold the stock.

"The key difference from my program and many other programs is that my app uses search volume in the stock analysis," said Phukan. "If many people are searching up 'AAPL' on Google, then there is a high probability that something big will change in the stock. My app determines if the change will be good or bad and helps you choose whether to buy it or not with a buy or sell recommendation."

To view a video of the app, visit <https://tinyurl.com/y23w28rq>.

"Every year I am amazed by the creativity and skill of students participating in this challenge," said Rep. Schiff. "It takes an incredible amount of time and knowledge to develop these sophisticated and useful applications. I have great confidence that next generation will pave the way forward to ensure our nation remains competitive and technologically savvy in the growing digital age. Congratulations to all the participants, and I look forward to seeing what you create next!"

Established by the U.S. House of Representatives in 2013 to promote STEM and computer-based skills education, the competition is open to all high school students who live in or attend high school in the 28th Congressional District.

LETTERS WANTED!

(All letters must be 250 words or less) Send CV WEEKLY your thoughts and comments on any of our articles or happenings in our community and we'll share them with the rest of our readers!

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Male Arrested for Residential Burglary

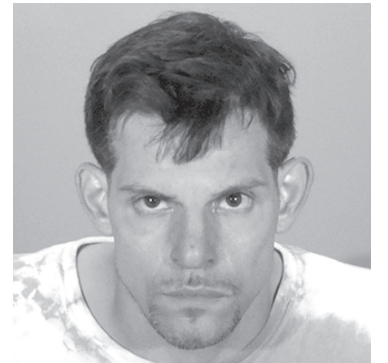
On Sunday, Jan. 17 at approximately 1:30 p.m., patrol officers responded to a residence on the 3900 block of Markridge Road regarding an unknown male who had entered a resident's yard and requested to use his/her pool.

Upon arrival, officers located the suspect standing next to an opened fire hydrant on the residential property with water pouring out of it. The suspect turned off the fire hydrant and began walking away from officers but was detained pending further investigation. The male originally told officers that he lived on the property but could not provide the address and gave a false name. Eventually, the male was identified as 35-year-old transient Chris Hrisomallis.

An investigation revealed that while on the property Hrisomallis had gained entry to the residence, retrieved multiple items from

inside and then tampered with two vehicles parked in the driveway (he later admitted to trying to start both vehicles, but was unsuccessful). During a search of Hrisomallis, officers located keys to both of the victim's vehicles, along with a remote control for the gate to the residence and other personal items that were removed from the residence.

Hrisomallis was subsequently arrested and booked for burglary.



Chris Hrisomallis

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Obituary

Carole Elaine Buss



June 17, 1934 – Jan. 3, 2021

Carole Buss died peacefully on Sunday, Jan. 3 in Glendale.

Born June 17, 1934 in Los Angeles, she was preceded in death by her parents, Simon Perliter and Lillian Shutter, MD. She was predeceased by her husband, Harold Buss, and her ex-husband, Barry M. Gillis. She is survived by two children: Pamela Gillis Mallowney (John) and Lauren Clark Gillis (Laura); four grandchildren: Robert Mallowney, Daniel Mallowney (Shen "Lois" Wang), Jaims Gillis and Bryon Gillis; two great-grandchildren, Quinn Xinyuan Mallowney and Grant Xinchun Mallowney. She is also survived by her sister Norma Krawczyk.

Carole was a graduate and lifelong supporter of Stanford University. She was an elementary school teacher in the San Francisco Bay area. The family moved to Los Angeles in the early 1970s, where they settled into a family home on Glendower and then in Glendale.

She lived a very full life. An accomplished watercolor artist, she painted all over the world and taught art classes in the San Fernando Valley and at Yosemite. She was a gourmet cook and brilliant entertainer. She loved nature, the Hollywood Bowl, square dancing, theatre and language. She spoke fluent French. Carole loved to travel – and continued to travel well into her 86th year.

Carole was an active volunteer and philanthropist. Among her many causes were Descanso Gardens, the Los Angeles Arboretum, Glendale Adventist Hospital, Verdugo Hills Hospital, the Autry Museum and Children's Hospital of Los Angeles.

Services will be private.

In lieu of flowers, the family suggests donations in Carole's name to Los Angeles Arboretum, Descanso Gardens, Stanford University, the Autry Museum or Children's Hospital of Los Angeles.

GCC from Cover

vaccinating approximately 800,000 healthcare and EMS workers and the residents and staff of skilled nursing facilities. As of today, residents over 65 are eligible to schedule a date, time and location with appointments starting on Thursday."

Folks can sign up on the website VaccinateLA.com or call (833) 540-0473, Lanzas continued, acknowledging that supplies remain limited while the county gears up to open five large-capacity vaccination sites (at the Pomona Fairplex, the Forum, Cal State Northridge, a county education site, Magic Mountain, and Dodger Stadium).

Vaccines are free, regardless of insurance coverage or any other status, the chief reported.

"The county's site has faced technological challenges based on the high demand – we urge patience as this information is changing from morning to night," he added.

Next, the council engaged in an extensive discussion about the possibility of allowing urban beekeeping in the residential parts of the city. Prompted by a resident's call and then a neighbor's complaint, Councilmember Paula Devine asked that the matter be considered.

City staff explained the current state of the law: beekeeping is not allowed in residential zones; it is allowed only in special "SR" zones, such as city parks, golf courses and other open space. Beekeeping is allowed at three city locations: near the Sports Complex, near Mayor's Bicentennial Park, and in the area off Camino San Rafael. Each site has a licensed tenant (not commercial operators) operating up to 100 hives. There is a five-beekeeper waiting list.

Interest in urban beekeeping has been increasing since 2006 when the decline in the number of honeybees became noticeable, city staff told the council. Hives are boxes with frames inside, weighing up to 50 pounds each. One hive makes approximately 25 pounds of honey per year counting 60 to 80,000 bees per hive. Bees travel three to five miles for food.

Concerns about potential aggression, swarming and stinging, are addressed in local ordinances by requiring the safe placement of hives, regulating distances, setbacks, hedges and fencing. Los Angeles' ordinance mandates a minimum of eight feet above the neighboring lot, staff said concluding the presentation noting places that allow aviaries: Los Angeles, Santa Monica and San Diego, and those that do not: La Cañada Flintridge, Burbank and Los Angeles County.

"I am the neighbor who lives next door to the person who keeps bees," the caller began. "They have six boxes of hives on their backyard hill. I have to think twice about eating outside or about barbequing. Or turning on my lights. I found a bee in my bed once."

"Someday this will pass, and we'll have visitors again. Who is to take responsibility or liability? Is any insurance required? If they weren't potentially dangerous, handlers wouldn't wear protective gear head-to-toe," she noted. "We just don't have knowledge to provide the nurturing environment these bees need. It's not just eating free honey. One of our neighbors had flowers the bees moved to and then the flowerbed

died. He started remodeling and now there's a lot of concrete and the bees are becoming attracted to our roses. We're on less than half an acre here."

The beekeeping neighbor called in and summarized the importance of honeybees and the potential benefits of legalizing beekeeping with standards and oversight from the county's Dept. of Agriculture "for citizens and bee lovers keeping legal and safe honeybees."

"Before we got the bees, we called the city and asked if it was allowed. The city told us it was okay and we joined the LA County beekeepers' association and took a nine-month certification program where we were trained by master beekeepers," added the caller. "We've not been careless. We inspect the hives on a monthly basis; we're very responsible. The hives are 20 feet above our neighbor's yard and there are two oak trees on either side that prevent the flight path over the neighbor's house. We sent the report to the city showing that the location of the hives, parallel to the property line, with several water stations on the property, is ideal, a perfect scenario for keeping bees safely."

Another caller commented in general: "Men have kept bees for thousands of years. Bees have become part of the language – the Beeline, for instance – and I hope we can come up with reasonable regulations to allow for safe beekeeping here in Glendale."

Councilmember Ara Najarian urged the council to ask the city's newly forming Sustainability Commission to weigh in.

"I don't think we emphasize the importance of bees enough ... for flowers and food ... and to the earth. The bee population has been devastated and it is a serious issue," said Najarian. "I think the Sustainability Commission should look at this. It's not just about trash."

Mayor Vrej Agajanian expressed skepticism.

"When your kid gets the bite, and when they tell you your grandfather died from a bee bite, you'll think about it differently then," he countered.

Ultimately the council voted to advance the discussion to both the Sustainability Commission and to the Planning Commission, which would be required to adopt changes to zoning regulations.

"It really stings to have no resolution to this tonight," Councilmember Kassakhian quipped, after the council acted to move the matter to the two commissions. As for the bees, Kassakhian described them as "a gentle species – let's not demonize them. Perhaps there is an open-space solution, like we do with community gardens. I'm just not ready to simply follow LA on this."

At the end of the meeting, the council took approximately 20 minutes to determine the process by which it would select one of its members to participate in the discussion of a Design Review Board appeal notwithstanding the requirement to recuse themselves due to contribution conflicts. Names were ultimately drawn to make the random selection. The underlying action was delayed until mid-February.

MLK from Cover

Judith Loeb Whitaker spoke about her father's sense of fairness for all. Alfred was of Jewish descent and his family knew persecution due to religion and race.

"My dad always had a passion for civil rights," Whitaker said.

"My family is 100% Ashkenazi Jewish, and [her father's mother] came to this country at 8 years old. She had lost both parents to a terrible illness, but the family was fleeing the pogroms at the turn of the [20th] Century," Whitaker said.

Her grandparents were in America when WWII began but what was happening to the Jews in Germany was "very real" to them, she said.

Loeb had dropped out of school at 17 years old to join the fight against the Nazis during World War II. His father also joined the military during WWII.

Her dad later earned his GED and his Ph.D. in engineering. Her mother received her Ph.D. in biochemistry. As a child she and her siblings went to many civil rights marches.

Whitaker's childhood home in the mid-1960s was in one of the first neighborhoods in Philadelphia that was part of a special project to integrate suburban housing.

"There was no integrated housing in Philadelphia," she added.

At one point her father tried to help a Black family purchase a home.

"Our family got death threats," she said of the effort.

He was 38 when he decided to travel to Selma. Whitaker was just 4 years old and her sister was 6. It was before her baby brother was born. Loeb left to march because of his conviction for civil rights.

"We were all living in Pennsylvania," Whitaker's mother wrote of her memories of that time. "The Black residents of Selma [who] had been trying to register to vote had been turned back by the White authorities in Selma."

She spoke of the violence, including the use of high-powered water hoses, that had been used against the Blacks who were attempting to register.

"This went on for months," she wrote.

Residents organized a

"peaceful protest" that included adults and children. This was met with extreme violence from law enforcement. However the news, especially the photos, captured the nation's attention.

"The Black [organizers] appealed to the U.S. government to allow them to march peacefully from Selma to Montgomery," she wrote.

The permit was granted and people from all racial backgrounds joined the march in Selma.

"Al flew down from Philadelphia," his wife wrote.

She said there were famous people there but mostly ordinary citizens, like her husband.

Loeb joined the march in Selma, marching all the way to Montgomery. He was an engineer but his passion was photography and he took photos that captured the historic march.

Because it was over 50 miles long, the marchers would rest in tents pitched in fields along the way.

She added the Black people the marchers encountered along the way were very friendly and helpful, while the White people were "mostly unfriendly" and unhappy the marchers were there.

"Each night [Al] would manage to find a phone so he could call home and talk to [his family]," she wrote. "One night Al was able to use a phone in a farm family's house. The family was so touched by Al's conversation with his children they invited him for dinner. It was a very good dinner with some very nice people."

Whitaker's mother described the weather as being "chilly" and that the march was well organized and no one complained.

When Loeb returned home his feet were "a mess" and swollen. But he thought taking part in the march was well worth it.

Throughout the years he continued his support of equality including serving on the board of the local chapter of the ACLU. His support of others and for civil rights activism was handed down to his children, who have carried on his legacy with pride; however, it is the photos of the Selma March that have forever held that moment in time.

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VIEWPOINTS

NEWS FROM SACRAMENTO

» ASSEMBLYMEMBER LAURA FRIEDMAN

An Important Update on EDD

It has been nearly 10 months since we took the painful but crucial step of entering lockdown due to the unprecedented spread of the COVID-19. Since then, we've lost almost 30,000 lives in LA County alone to COVID, which has infected 22.3 million people nation-wide.

COVID's shockwaves have rippled through our economy, as millions of unemployed Californians struggle to pay bills as they navigate the process of getting aid through the complex Employment Development Department (EDD).

Last week, my colleagues and I returned to the halls of the Capitol amidst the raging pandemic, historic violence at our nation's capitol and threats from domestic terrorists groups. We are back to work because the people of California cannot wait. We were elected to provide and produce solutions for our constituents; and we're moving full steam ahead to tackle these challenges.

I want to take a moment to provide you with the latest information on the circumstances around the EDD system, and explain a recent action taken from the department that is currently impacting thousands in our district – an action I am not happy about.

At the end of last month, the federal government passed and signed the Continued Assistance Act of 2020, a follow-up to the CARES Act, which allows recipients of unemployment assistance to not only continue to receive those benefits, but for many to receive an additional \$300 per week. For most people, this current round of benefits will last through March 13. Fortunately, even when those benefits end, people may be able to get Pandemic Unemployment Assistance (PUA) through April.

It is important to note that claims are paid retroactively, and that small business owners, independent contractors and self-employed workers who do not qualify for regular unemployment insurance (UI) can be eligible for PUA with proof of employment or self-employment.

I know for many in our district that this legislation could not have come soon enough. Unfortunately, although there have been improvements, the EDD system continues to be riddled with shortcomings. Because of the issues so many of you are experiencing, my office has spent nearly every hour of every day working to provide up-to-the-minute information, and connecting constituents to resources and assistance.

In late December, 1.4 million Californians, including many of my constituents, received notice that their EDD payments have been suspended due to their accounts being flagged for fraud. This was devastating for those waiting for help. It was also

infuriating to my office, partially being because EDD failed to notify legislative offices of this action.

In short, the EDD notification sent to the suspended accounts told constituents they needed to verify their identity as an attempt to stop the massive amounts of fraud in the EDD system. If you received this correspondence and have not yet responded, please follow the instructions and upload your ID documents to the website.

There are several reasons your identity may need to be verified, such as you having recently moved or changed addresses, having a phone number not associated with your name or address submitted, or the document photos you uploaded are not readable. Recently, I've learned many ID verification documents are not being received because people fail to upload both the front and back of their documents. If any of these conditions apply to you, please take a minute to re-upload and submit your documents.

Every single day, my office and I continue to work on connecting the people of the 43rd Assembly District to their benefits. We've been taking on hundreds of cases at a time, doing everything we can to advocate and fight for those who desperately need these funds to keep food on the table and a roof over their heads. I'm frustrated and dismayed at the many errors in the system and the myriad obstacles hard working Californians have experienced as they try to access these emergency benefits.

With the legislative session in full-swing, I'm working on tackling these issues alongside my colleagues in the legislature. I'm coauthoring Assembly Bill 74, introduced by Asm. Gonzalez in early December, which will allow those receiving EDD benefits to choose the option of receiving their funds via direct deposit from the state – circumventing the third-party role of Bank of America, which has created several issues on top of EDD's problems.

Agencies such as EDD, which provide core public services, need to be better prepared for disasters and unexpected events, and funded accordingly. I will be fighting for greater investment in this agency, and other essential services, that can build resiliency for future disasters such as pandemics, wildfires and earthquakes. We cannot afford to repeat the same mistakes made in our response to this current global emergency.

For as long as EDD creates obstacles, I will continue to dedicate all my efforts to helping each and every one of you who requests help. If you or your loved ones are experiencing any issues with EDD, or any other matter, please do not hesitate to reach out to my office for help. You can contact us at (818) 558-3043 or at Assemblymember.Friedman@assembly.ca.gov.

TREASURES OF THE VALLEY » MIKE LAWLER

Grayson's Tune Town – Part 2

Last week former CV resident Mike McClish wrote a beautiful history of the beginnings of Montrose's iconic Grayson's Tune Town. Here is what he wrote about their later years:

"The years 1960-1985 were the years that Grayson's Tune Town evolved the most from selling only records, then moving into car stereo equipment, instruments, lessons and sheet music until they found they were outgrowing even the store they were in. Val and Adaline Grayson's two sons, Ken and Dennis, grew up working in the store. Ken remembers the very early years, counting the cash received each day in their kitchen. Keeping any small business is tough when working against big box stores and now internet businesses.

"Grayson's Tune Town has been open since 1953, one of the older businesses in Montrose. They always supported the music programs of Clark, Rosemont and CV High by giving student awards every year. They also supported the Glendale Youth Orchestra over the years, and helped keep them in existence by scouting and finding rehearsal space for them. You won't see full-page ads in the paper, or see a lot of fast talking 'Crazy Eddy' type ads about their deals. As Ken told me, 'I never sought notoriety.' They were always happier being involved in the Montrose community, working with other business owners, creating a neighborhood people love and want to live in for a long time. And that is just what the Grayson family did. Oldest son Ken runs Grayson's Tune Town now and his daughter works there, as does his grandson, Connor,

who is Val's great-grandson.

"Grayson's has had many people teach lessons at the store. Val himself taught clarinet. Brian Walsh, jazz clarinetist, graduate of Cal Arts, and now a part of the LA jazz community, studied with Val Grayson. Bruce Patterson, well-known Flamenco guitarist (rated top in the nation five years straight), taught guitar there. Classical guitarist Bob Vaught taught there several years. One of Bob's students, Randy Rhoads, became the guitarist for Ozzy Osbourne. Another student of Bob's was Carl Verheyen, known by most as the guitarist in Supertramp, but now a very well-known studio personality. Jim Guercio, a graduate of USC who had written songs for Chad and Jeremy and became the producer for a band you might remember, Chicago, also taught in the back rooms of Val's store. David Tao, now a very famous Taiwanese singer-performer, used to work at Grayson's Tune Town.

"During the years from 1960 to 1985, Grayson's changed from just a record store to a music store that carries primarily guitars, and also expanding into fretted instrument repair. Val and Adeline purchased a plot of land a block away from the Wickham Way location and, by the early '80s started construction on their own building. By 1985 they opened the new, improved Grayson's Tune Town, more than double, perhaps three times, the size of the Grayson's Tune Town I remember.

"Val and Adeline Grayson have built quite a family business. As life happens, Adeline passed on after a 50-year marriage. Val, Ken and Dennis still ran the store, but Dennis

retired 10 years ago.

"However, Val was not done. I mean, he's a musician and music is not just in your blood, it is your blood. Music is your own special voice, and Val's voice of the 'big band' era started singing again. He reformed the Val Grayson Orchestra. He played and conducted in the area, places like the Glendale YWCA and Glendale Civic Auditorium. Val Grayson continued conducting the Val Grayson Orchestra up until he was 90. It was his fountain of youth. Val Grayson died in 2004 at 91. His legacy is a legacy of love: love of music, people, community, family and roots. He never forgot the kindness shown him at Mooseheart School in Illinois, and he paid it forward many times over in the community of Montrose-Crescenta-Cañada. Grayson's Tune Town is one of Montrose's historical treasures that is still very much alive and well.

"Thank you, Val and Adeline, for all you did for me, my friends and all of the other kids who walk into Grayson's Tune Town looking for their soul."



Mike Lawler is the former president of the Historical Society of the Crescenta Valley and loves local history. Reach him at lawlerdad@yahoo.com.

LETTERS TO THE EDITOR

Letter Raises Concerns

I am very concerned about the publishing of the letter to the editor by Yatindra Bhatnagar (Jan. 14, CVW). While everyone is entitled to their own opinion, they are not entitled to their own facts. This letter is full of already debunked conspiracy theories. I would urge the author to read articles such as <https://www.washingtonpost.com/elections/interactive/2020/election-integrity/>

Specifically:

- Yes, there were months of BLM protests. Most were peaceful, but there was looting and violence at a few. Both Biden and Pelosi condemned the violence [Google June 2, 2020 + (Biden + violence) or (Pelosi + violence)].
- There were no "game-changing" election irregularities. There were more than 50 lawsuits filed in state and federal courts by Trump's attorneys/supporters, with nearly all thrown out. For example, Judge Bibas, a Trump appointee, said: "Charges of unfairness are serious. But calling an election unfair does not make it so. Charges require specific allegations and then proof. We have neither here."
- Attorney General Barr said on Dec. 1 "we have not seen fraud on a scale that could have effected a different outcome in the election."
- As far as ballots "appearing"

... In states like Pennsylvania, mail-in ballots were not allowed to be counted until Election Day and, because it's time-consuming (signature verification), not all ballots were counted that day. More Democratic voters voted by mail this year (Biden encouraged early voting while Trump criticized mail-in ballots), so after Election Day the lead changed. *This had been predicted in advance.*

Breaking into the Capitol with zip ties (to kidnap or kill our elected officials), Confederate and Trump flags, and the deaths of five people (including one Capitol police officer with injuries to others) is not defending democracy. It is an attack on democracy to try to overturn a legal election.

The people who broke in (and are now being identified) are Trump supporters who were egged on by Trump's comments about "stolen" elections and told to march to the Capitol.

Trump tried to get GOP state officials ("find 11,780 votes") and Pence to overturn the election results – again, not defending democracy.

I appeal to CVW to not publish letters with debunked conspiracy theories that can lead to further polarization and violence.

Jackie Gish
Glendale

Urges Self-Education to Learn the Truth

Yatindra Bhatnagar wrote a very disturbing letter last week. He apparently does not believe any of our respected news sources; nor Bill Barr, the former attorney general of the United States; nor Chris

see LETTERS on page 19



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YOUTH

Girls Complete Silver Award Projects



Photo by Lori BODNAR
The girls in Troop 4511 put the finishing touches on their Silver Award Project, beautifying the storage bins at Mountain Avenue Elementary School.

By Lori BODNAR, intern

Rosemont eighth graders Ariah Armen, Valen Aznavourian, Molly Necus, and Sabrina Ordubegian from Girl Scout Troop 4511 saw a need and addressed it and, in the process, earned their Silver Award.

“Our project is about beautifying Mountain Avenue [Elementary School] by painting the storage bins,” said Molly.

The girls began planning their project in February 2020 and started it on Oct. 10 (see CV Weekly, Oct. 15), putting on the final brush strokes on Jan. 11. Between them they completed approximately 58 hours on the project.

The newly painted storage bins include phrases like “Go Bears,” a nod to the Mountain Avenue mascot, the bear. The painted

bins also reflect the beauty of the sun on the area’s surrounding mountains and feature a bright yellow sun, orange and purple colors reminiscent of a sunset, and brown mountains.

“My favorite part of the project was seeing each other and giving back to the school,” said Sabrina. The troop wore masks and practiced social distancing while working on the project.

One of the challenges that the girls faced was the heat.

Valen Aznavourian said, “We used an umbrella to overcome the heat.” The girls also had snacks, visors, chairs, and lots of water.

“At first, we weren’t sure we would complete the requirement of the 50 hours,” said Ariah, “but it took a long time to paint over all the outlines and spots.”

“The girls beautified our campus,” said Principal Jaclyn

Scott. “We had these cargo containers that needed paint and the girls made the containers beautiful. The students at Mountain Avenue will enjoy it.”

Nicole Stephan and Lauren Wockenfuss are also eighth graders at Rosemont and are working on their Girl Scout Silver Award in Troop 4511. For their project, they are making fleece prayer blankets for City of Hope hospitals to give to their patients.

“I want to help people in need,” said Nicole. “People are sick and may need cheering up, so we can give them some kindness by giving them a blanket.”

“People would appreciate the blanket and can keep it for comfort,” added Lauren.

The Silver Award is the second highest achievement in Girl Scouts and requires at least 50 hours on a project.

Sixth Annual Jack London Young Writers Contest Launched

By Susan JAMES



Jack London, 1900

“There was no sun or promise of sun, although there was not a cloud in the sky. It was a clear day. However, there seemed to be an indescribable darkness over the face of things.”

So begins writer Jack London’s epic short story, “To Build a Fire,” with a description originally published in 1902 that might have described the world in 2020.

Focused on man’s primal battle with an unforgiving nature, London’s killer Yukon is an apt metaphor for the world’s current battle with nature’s killer virus. One bright light in this indescribable darkness is a new competition in honor of London and targeted at young aspiring writers. During his lifetime London was eager to challenge and encourage emerging storytellers.

“Now you, young writer, have you something to say or do you merely think you have something to say? If you have, there is nothing to prevent your saying it. If you are capable of thinking thoughts which the world would like to hear, the very form of the thinking is the expression. If you think clearly, you will write clearly.” Exceptionally good advice for writers young and old.

Born just 145 years ago, on Jan. 12, 1876, London is now memorialized both in his writings and at the Jack London State Historic Park, his former home near Glen Ellen in Sonoma County, California.

In his name, the Park Partners have recently launched their Sixth Annual Young Writers Contest for students in grades six through eight. Entries must include an original 2,000-word work of fiction on the subject

“Coping with Isolation,” inspired by London’s own meditation on the subject in “To Build a Fire.” First place prize is \$250 and a free pass for admission to the park for one car with guests. Submissions must be in English and the deadline for entering is March 31.

The chosen theme of survival in isolation was suggested by the current extended quarantine during the pandemic when students have had to adopt remote learning techniques isolated from their classmates and their teachers. How one copes and adapts to such a demanding environment echoes the themes in London’s own short story.

“Beginning as a high school student, Jack London wrote about adventure, travel and true stories. Throughout his life, he made it a practice to write 1,000 [words] every day. We want to encourage young writers to discover his works and be inspired to develop their own writing style and voice,” said Matt Leffert, executive director of Jack London State Historic Park.

The contest website is <https://jacklondonpark.com/annual-young-writers-contest/> and the submission form can be found at <https://tinyurl.com/y4phrfjp>.

Good luck to all future Jack Londons!

Scholarship Opportunities

Bank of Hope recently announced that the Hope Scholarship Foundation application period is now open for the 2021-22 academic year. As a non-profit organization dedicated to supporting education, Hope Scholarship Foundation is funding \$150,000 in scholarships to select college-bound high school students graduating in the current year. Hope Scholarship will be awarded to a total of 60 students in the amount of \$2,500 each. As an affiliated organization, the Hope Scholarship Foundation seeks to provide educational resources to bright future leaders in support of Bank of Hope’s mission statement to foster growth in its communities as Bankers, Experts and Neighbors.

To be eligible for the 2021 Hope Scholarship Program applicants must:

- Be a citizen, national or legal permanent resident of the United States. Citizens of the

Freely Associated States may apply.

- Be an incoming freshman at either a four-year or two-year institution
- Have a minimum unweighted cumulative GPA of 3.0 on a 4.0 scale or have earned a GED
- Demonstrate financial need and qualify based on income restrictions and limitations (scholarship income restrictions available at <https://tinyurl.com/yxr5yhsm>)
- Be a resident of following counties and meet the annual income limit

For more information or to apply, visit the Hope Scholarship Foundation page on Bank of Hope’s website. (<https://www.bankofhope.com/hope-scholarship>)

Applications are due by Feb. 28 at 5 p.m. Eastern Time.

California Credit Union in Glendale invites college-bound

students in Los Angeles County to apply for its 2021 College Scholarship Program. Through the program, the credit union provides \$20,000 in scholarships annually to recognize Southern California students who are motivated in their academic studies and active in their schools and communities.

Los Angeles area college-bound high school seniors and community college students transferring to a four-year university who maintain a minimum grade point average of 3.0 are eligible to participate. Selection criteria include academic performance, school or community involvement, a letter of recommendation, and an essay submission.

Interested students can find more information and apply online at ccu.com/scholarship2021. Online applications will be accepted through March 26. Recipients will be announced on April 16.



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BETWEEN FRIENDS

PFAR Installs President Barry Storch In Virtual Installation Ceremony

On Jan. 8 the Pasadena-Foothills Association of Realtors® hosted its 114th Annual Inaugural and Awards Ceremony held virtually. The celebration of excellence, themed Leading Change, honored the local Realtor® community in its public service and fight to protect homeownership, while installing the 2021 officers and directors.

Rep. Adam B. Schiff delivered a message and newly installed Pasadena Mayor Victor Gordo ushered in the 2021 officers and directors.

During the virtual ceremony, PFAR honored 2021 President Barry Storch, who emphasized the importance of planting seeds in order to thrive—a value learned as a former bee keeper. In a time of such uncertainty, Storch fortified his mission to Lead Change in education, training, support services and community.

An entrepreneur, life coach and business owner, Storch studied the Craftsman Style, The Arts and Crafts Movement, The architectural works of Charles and Henry Greene, along with the works of visionary architect Frank Lloyd Wright. He has served as past president on the board of directors of Friends of Hollyhock House in Hollywood and docent, coordinator at the Pasadena Gamble

House and most recently a state director for the California Association of REALTORS®.

The association delivered an hour-plus presentation of its work during an unprecedented year and celebrated its members' service to the community. PFAR highlighted its work with Pasadena Educational Foundation (PEF) and Pasadena Education Network (PEN) that resulted in it being named the 2020 recipient of the CalSPRA Excellence in Communications Award, a program that recognizes the successful efforts of education agencies in producing materials and services that meet the information needs of communities for their creation of the Pasadena Unified School District REALTOR® Certification program.

The inspiration message was delivered by Lorri L. Jean, CEO, Los Angeles LGBT Center. PFAR also donated \$1,000 to the organization to assist in its advocacy ventures.

The 2021 officers and directors installed were Sarah Moore (Dilbeck Real Estate) as President-elect; Secretary Joyce Kristensson (Berkshire Hathaway HomeServices), Treasurer Jon Butler (Douglas Elliman Real Estate), Multiple Listing Director Hazel Perera (Berkshire Hathaway HomeServices), along with newly added directors Lynnette



West-Cater (Westlyn Realtors), Kay Tolentino (TradeMark Real Estate) and Megan Spargo-Ferrell (COMPASS). Returning directors include Neha Jespersen (deasy penner podley), Affiliate Director Martin Mesa (Rate One Financial) and Immediate Past President Eddie Ramirez (deasy penner podley).

Retired board members honored were Lisa

Diaz (COMPASS), Deno Kidde (Sotheby's International Realty), Amy Engler (COMPASS), and longtime public servants, Sid Karsh (Sid Karsh Real Estate) and Steve Haussler (Coldwell Banker).

The ceremony included the recognition of several awardees. To see a detailed list, visit pfar.org.

SAAC Members Elect Stephen Ropfogel, MAS as New Board President

The Specialty Advertising Association of California (SAAC), the regional voice of the promotional products industry in California for more than 60 years, announced that Stephen Ropfogel of HALO Branded Solutions has been elected to serve as president of the board of directors. Ropfogel succeeds Tara Villanueva, MAS, of Geiger who will continue to serve on the organization's board as immediate past president.

The board of directors is the governing body for SAAC and plays a major role in carrying out the vision and mission of the organization.

The organization's mission is to support the promotional products industry by engaging and meeting the needs of industry professionals and the businesses they serve.

Ropfogel brings with him almost 30 years of industry experience and a long-standing commitment to serve the Southern California promotional community. In addition, his volunteer service with SAAC, Ropfogel is also an active member and has served on the boards for Glendale Education Foundation (founding member), Glendale Sunrise Rotary Club, Kiwanis Club of Glendale, The

Campbell Center, San Gabriel Chamber of Commerce and Glendale Chamber of Commerce, among other organizations.

"Stephen has a genuine passion to see SAAC members and their businesses thrive. In his role as SAAC vice president through this pandemic, his unwavering commitment to create opportunities for engagement and growth were only a glimpse of what I know he is determined to accomplish during his term as president," said Jennifer Bingham, SAAC executive director.

"2020 has tested all of us," said Ropfogel, "but I feel it has made us

a stronger organization. 2021 will continue to make us 'think outside of the box' and, if we do, SAAC and the industry will be better for it."

In addition to Ropfogel, MAS, HALO Branded Solutions, the 2021 SAAC Board of Directors include: Vice President Bob Levitt of Staples, Immediate Past President Tara Villanueva, MAS, Geiger, Treasurer RJ Hagel, Goldstar, Secretary Jeff Stevens, WestCo Marketing, and directors Jim Ristuccia, A+ Wine Designs, Mike Szymczak, Origaudio, Daniel Henderson, Proforma, Ray Jimenez, The Magnet Group, Michele Wiecekowsky, Apex



Stephen Ropfogel of HALO Branded Solutions

People Making News

Joseph Kim of La Cañada Flintridge was among more than 500 students from Miami University who received degrees during the summer semester of 2020. Kim graduated with a B.S. in kinesiology and health in kinesiology.

Nationally recognized as one of the most outstanding undergraduate institutions, Miami University is a public university located in Oxford, Ohio. With a student body of nearly 19,000, Miami effectively combines a wide range of strong academic programs with faculty who love to teach and the personal attention ordinarily found only at much smaller institutions.

Anna Terry of La Cañada enrolled in the Honors College at the University of Utah for the

see PEOPLE on page 19

Married Blood-Busch

David and Dena Blood announced the marriage of their daughter Katelyn Carole to Craig Adair Busch Jr., son of the late Craig Busch and Lisa Busch. Katie and Craig were married for time and all eternity in the Provo Temple of The Church of Jesus Christ of Latter-day Saints on Jan. 5.

Katie and Craig are alumni of Crescenta Valley High School where Katie was senior class president and Craig was a member of the elite capella choir. The newlyweds reside in Provo, Utah, attending BYU where Katie is an elementary school major and Craig is pre-med.



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Healthy Living 2021

Regaining the Body, Calming the Mind and Restoring the Spirit

By Robin GOLDSWORTHY and Sabrina SHELTON

The term COVID fatigue, unfamiliar a year ago, is now something that people are not only familiar with but eager to combat. In an article published by UC Davis-Health, COVID fatigue results from people being cooped up, tired of being careful and tired of being scared. To maintain – or regain – a sense of wellness can take a concentrated

effort with the first step being to identify an area on which to focus. A side benefit may be that other areas might be positively impacted as well. Joanne Pingry is an exercise instructor at the local YMCA facilities. When the pandemic first struck, facilities were shut down in response. Like many businesses the Y went virtual, hosting fitness classes, first through social media then via its new members app. Now nearly a year into the pandemic, Pingry is seeing people

slowly and cautiously returning to in-person, albeit outside, fitness classes. Though the exercise routines can be performed at home, folks are returning for the social aspect that gathering together brings. “I have one senior who came back to exercise class,” Pingry recalled. “Her attitude is ‘I’ve lived a full life and [coming to the facility] is really important to me.’ It’s a priority for them – not just working out but seeing friends. The mental component is a

bigger factor than the possible danger by not staying at home.” The Rev. Antonio Gallardo leads the congregation at St. Luke’s of the Mountains in La Crescenta. He said, “In the early months of the COVID-19 pandemic, I heard about spiritual communities struggling with not being able to worship in person. As time passed, not being able to worship in person forced us to find ways to stay in touch with that God that we say dwells in us.”

He added that he has seen people tapping into that “well of spirituality within themselves.” “We have realized that, yes, we miss meeting in person, and yet we have been reaffirmed that God is not confined within the walls of our sanctuary,” the Rev. Gallardo said. “God is with us at home; God dwells in us.” To create a more intimate space in preparation for at-home worship, Gallardo invites people to light a

candle, set flowers and set up pictures of their loved ones. “I do this as a way for them to embrace the fact that they can create a sacred space to worship from home, just as the early Christian communities did,” he said of his advice. He added that a benefit he has seen is people wanting to do more as part of their spiritual journey, to learn more about spirituality, to pray more, to “We created a phone bank to keep

an eye on one another,” he said. “We established a food program [that] from May to December distributed over \$10,000 in gift cards, and more than 10,000 pounds of fruits and vegetables. This program will be extended through 2021 thanks to the generosity of volunteers and donors who signed up for the entire year.” While many people are coping with COVID fatigue, Rabbi Janet Bieber is recovering from the fatigue relating to having COVID-19.

“I was diagnosed with COVID-19 on Dec. 30, two days after experiencing a high fever,” she recalled. “I had been so careful but now the monster attacked.” Also an asthma sufferer, she was in the hospital for 11 days “fighting for my life from double pneumonia.” Since returning home on Jan. 13, Rabbi Bieber said she is getting stronger and during her recuperation has discovered “this is a good time to reconnect with every avenue of faith and meaning” that is open to her. “My faith has expanded and grown. I recognize the purity of connection to goodness that I share with all others who have goodness to connect with,” said Rabbi Bieber.

She recalled a moment when she was a child with her rabbi Henry Kraus, an Auschwitz survivor. “I saw the weariness of the people after their week of hard work. I saw how Rabbi Kraus and Cantor Meyerson, through song, prayer and tradition, lifted the spirits of the people and how they left with renewed energy. I knew right then that I wanted to do what they did,” Rabbi Bieber said. Decades later, she was able to reach that seemingly unattainable goal and along the way she learned valuable lessons that can be applied in meeting the current challenges presented by the pandemic.

“Listen to those in your life who have your well-being on their mind. Beware of those who just see business as usual, who use their influence to manipulate and direct your energies towards their own gain,” she said. “You must discern carefully and never let someone else usurp your holy energy!” As the pandemic rages onward, people either know someone who has experienced stress, anxiety and subsequent fatigue, or have experienced it for themselves. Well-meaning commercials and social media posts may remind folks to “just breathe” or “count your blessings,” but sometimes these platitudes fall short. Instead, the public would benefit from tangible, actionable tools to work through and relieve mental fatigue and general malaise.

Tap Water Safety Coronavirus Information

As we start the new 2021 year, the novel coronavirus 2019 (COVID-19) continues to spread and there is uncertainty about new “super virus” strains, vaccines, and how much longer this will last, CVWD wants to assure customers that the coronavirus has no impact on the quality or supply of your tap water.

As always, your tap water is available, plentiful and safe.

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- CVWD is committed to providing its customers with safe and reliable water. We use chlorine to eliminate pathogens, which includes viruses. This ensures safe drinking water for all our customers.
- CVWD delivers water of the highest quality and meets all stringent state and federal drinking water requirements. This information is detailed in the agency’s website https://www.cvwd.com/#Water_Quality_Reports
- CVWD conducts thousands of water quality tests with an independent state certified laboratory annually to ensure your water meets rigorous drinking water standards.



USC VERDUGO HILLS HOSPITAL

Planning and Peace of Mind

By Adria NAVARRO

How about some serenity in the midst of the chaos, confusion and dissent? I found myself remembering the old Seinfeld episode ... “Serenity now!”

Levity is always good as is focusing on what we can control. The Serenity Prayer calls for wisdom with courage to change the things we are able to change. Some small achievable goals can make us feel better. Now that a coronavirus vaccine is coming our way, getting vaccinated may be one of your goals. I was pleased to learn

that earlier this week one of our oldest community members – 104 years young and residing at a nearby care facility – received her first dose! USC Verdugo Hills Hospital (USC-VHH) and our Community Resource Center for Aging (CRCA) are monitoring the rollout of the vaccination process for older adults and will share updates as they become available.

The start of a new year provides a good time to also consider goals related to having your affairs in order. Have you created an advance directive that allows another person to help with your health-related decisions

if you became unable? And if so, is it up-to-date? Advance directives are often included within a living trust. Communication may be needed about where your paperwork is kept, informing your current physician and providing a copy for medical records, as well as asking your surrogate decisionmaker(s) if your values and priorities are understood. While not pleasant thoughts, preparation ultimately supports greater peace of mind.

Beyond one’s own needs, this has become an important time to offer comfort to friends who are struggling,

as well as holding space for friends who are upset and/or grieving. Together we are capable of putting kindness and helpful support into the world.

As a nonprofit hospital, part of the USC-VHH mission is to enhance the quality of life for older adults. The CRCA is a free community service to help community members find long-term support for health and maintaining independence tailored to each individual’s unique circumstances. It’s as easy as visiting uscvh.org/aging/resources, calling (818) 949-4033, or emailing me Adria. Navarro@med.usc.edu.

Vaccination Doses in Los Angeles County are in Extremely Limited Supply

The Los Angeles County Dept. of Public Health (Public Health) has confirmed 262 new deaths and 6,492 new cases of confirmed COVID-19. The number of new cases and deaths reported today, Wednesday, reflects the fact that testing sites were closed for the holiday weekend and there is slightly less testing capacity with the conversion of Dodger Stadium to a vaccination location. Wednesday was the first day that Public Health began expanding vaccinations to Los Angeles County residents 65 years and older. With almost 1.4 million residents aged

65 and older, and between 700,000-800,000 eligible healthcare workers, the number of vaccines required to complete two doses is over 4 million. Since doses first arrived five weeks ago on Dec. 14, the county has received only 853,650 doses, including doses that arrived today. Only a very limited number of vaccination appointments are currently available for frontline healthcare workers and county residents aged 65 years and older. Residents in this high-priority age group may receive communication from their healthcare provider

with information about COVID-19 vaccinations and how to receive one through their provider. They can also visit VaccinateLACounty.com to schedule an appointment for vaccination once more appointments become available. For those without access to a computer or the internet, a call center is open daily from 8 a.m. to 8:30 p.m. to help schedule appointments at (833) 540-0473. Individuals are encouraged to use the website whenever possible to sign up for an appointment to avoid long wait times on the phone. As of last week, from the total

of 685,000 received doses, more than 384,000 total doses have been administered to those in Phase 1A. This includes more than 307,000 first doses and more than 87,000 second doses that have been administered. Additionally, vaccines have been delivered to all 340 skilled nursing facilities in Los Angeles County and, to date, more than 68% of all eligible residents received their first dose and 65% of staff. Administration began this week of second doses to those who received their first dose at the end of December.



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counseling, specialized services, help line

headspace.com/lacounty

mindfulness, meditation, sleep, exercise



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TRAVEL & LEISURE

Violin and Piano Featured on Glendale Noon Concerts

On Wednesday, Feb. 3 at 12:10 p.m., the Free Admission Glendale Noon Concerts program will be streamed.

Violinist Ken Aiso and pianist Valeria Morgovskaya will perform works by Francis Poulenc, including "Sonata for Violin and Piano," Astor Piazzolla's "Cafe-1930" from Histoire du Tango, and Claude Debussy "Sonata for Violin and Piano" on a Facebook stream and YouTube.

More info about the program and artists, and the link to the stream can be found at <http://glendalnoonconcerts.blogspot.com>.

Internationally acclaimed violinist/violist Ken Aiso has performed worldwide as soloist, chamber and orchestral musician. Aiso graduated from the Royal Academy of Music in London studying with Erich Gruenberg. His other teachers included Eduard Schmieder and Chikashi Tanaka. Equally at home with modern and period instruments, Aiso has appeared as principal violin with the Orchestra of the Age of Enlightenment, the London Philharmonic, the Hallé and the Scottish Chamber Orchestras.

He has been invited to renowned music festivals in the UK, France, Sweden, Switzerland, India, Georgia, Bolivia and Kazakhstan, and has taught at Montecito Summer Music Festival since 2008. Aiso is a laureate of Long-Thibaud International Competition in Paris and International Music Competition of Japan, and was elected Associate of

Royal Academy of Music in London. He received Shimousa Kan-ichi Music Award in his native Japan in 2018. Since moving to Los Angeles in 2015, Aiso has been serving as faculty at Loyola Marymount and La Sierra Universities, and performs with Los Angeles Chamber Orchestra.

Valeria Morgovskaya graduated from the Kiev State Conservatory. Since her immigration to the U.S. in 1990, Morgovskaya has been in high demand as accompanist for singers and all orchestral instrumentalists. She has been an official accompanist to festivals and courses such as Piatigorsky Cello Seminar and Beverly Hills Music Festival, and has performed throughout the U.S., Germany and Japan, as well as on numerous radio broadcast. She has provided accompaniment for many national and international competitions, and was an official accompanist at Schoenfeld International String Competition in Hong Kong (2013) and Harbin (2014). Morgovskaya is currently staff accompanist at Loyola Marymount University and UCLA, and is often engaged in that capacity at USC, Cal State Long Beach, Colburn School, Montecito International Music Festival, Academy of the West and Idyllwild School of Music and the Arts.

For more information, email glendalesda@gmail.com. or call (818) 244-7241.

Violinist Ken Aiso and pianist Valeria Morgovskaya.



THEN & NOW |

*Grayson's
Courtesy of the Historical Society of CV*



Then » In the past, this is who greeted you behind the counter at Grayson's Tune Town in Montrose, then located at the corner of Honolulu Avenue and Wickham Way. Val and Adeline Grayson sold the latest 45s and LPs starting in 1953, later branching out into instruments and equipment. They also built a wonderful community-based family business.



Now » In the early '80s, the Grayson family built their own building down the street 2415 Honolulu Ave. The business has stayed in the family all these years, changing focus to guitars and lessons. In fact, this is who will greet you in Grayson's today. This is the store manager, Conner, who is Val Grayson's great-grandson!

Safer in the Upside Down

By Charly Shelton

With theme parks closed and live events largely canceled due to the COVID-19 pandemic, themed entertainment is pretty much non-existent right now. Into this desolate market came the “Stranger Things Drive-Into Experience” – a live theatre event viewed from the comfort of a car, based on the popular Netflix program, with no interaction between the audience and performers. It received rave reviews from the media and, through word of mouth, from those who had ventured into the Upside Down. But in the world of COVID, even an event such as this can be met with trepidation when weighing the positives of the fun event with the negatives of the inherent risk of going outside the home during a pandemic. But La Crescenta resident and COVID-19 compliance officer for the “Stranger Things Drive-Into Experience,” Shelley Ladd, hopes to assuage the fears of would-be guests.

“[Setting this event up] was a tricky one, actually. There

was so much to take into consideration when developing the program because we have a cast and crew of like 500 people,” Ladd said.

She and her partner, Brad Spencer, with their company Safe on Set (SOS), oversee all the cast and crew of the event that takes over an entire parking structure and adjoining parking lot to build out the world of Hawkins, Indiana that sets the stage for the experience.

All guests are asked to always remain in their cars, with windows up and sunroofs shut. There are “in world” security officers who monitor that, and it also helps keep the Demogorgons out. When guests receive pre-purchased merchandise or snacks, they may roll down their windows momentarily if they are wearing a mask. But the staff and performers don’t have the luxury of a car interior. Managing that many employees through the event and administering the weekly COVID tests, ensuring social distancing, providing gloves, masks and hand sanitizer, and all the aspects of COVID

safety can be difficult while on set, but even more so off set.

“We’ve created such an incredibly safe environment on set but right now our hardest thing is keeping the outside world out,” Ladd said. “So far we’ve been able to keep our [positive case rate] percentages extremely low compared to the outside world, [but the challenge has been] creating that awareness for our staff and crew that they need to continue practicing all of the COVID compliance protocols that they do on-site, -site as well. You know, in the regular world, most of us don’t do much besides go to work and then go home, go to work and go home, but we have to constantly remember to communicate to the staff and the cast and the crew that everything you do outside of this site affects each and every one of us here on site. So you know to be mindful in in every step you make, because it affects all of us here.”

And while these “outside of work” restrictions may take some reinforcement, the result of this mindfulness has led to a more cohesive group going

through this tough time together.

“We’ve been really, I don’t want to say lucky ... because I think it’s been carefully created from the very beginning to create this environment in which all staff, crew and cast feel like we’re in this together,” Ladd said. “And most of the people who are here today have been with us from the very

beginning, so everyone has that ‘in it in it to win it and we’re all in it together’ mentality and mindset, which has been huge in keeping us safe.”

Tickets are still available for the “Stranger Things Drive-Into Experience” in Downtown LA. Visit StrangerThingsDriveInto.com for tickets and more info.



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RESEARCH AROUND INSOMNIA IN CANCER PATIENTS

An online program dealing with the correlation between insomnia and depression in breast cancer patients will be given by the Cancer Support Community-Pasadena on Monday, Jan. 25 from 6 p.m. to 7 p.m. The program is free of charge.

Reina Haque, senior research scientist at Kaiser Permanente, will discuss a recent study exploring the subject. She will cover the findings of the study and treatment recommendations as well as topics that require further investigation.

The Cancer Support Community-Pasadena is located at 76 E. Del Mar Blvd., Suite 215 in Pasadena. For information, call (626) 796-1083 or visit www.cspasadena.org.

USC-VHH WOMEN'S COUNCIL OFFERS HARMONIES FOR THE HEART

The USC Verdugo Hills Hospital Women's Council presents Harmonies for the Heart, a free online concert with The Mary Dyer Band. The concert is on Thursday, Feb. 11 at 5:30 p.m. To take part, ESVP to bit.ly/HarmoniesUSCVHH; Zoom log-in information will be sent.

Admission is free, but a donation to the Women's Council IR Cath Lab Fund would be appreciated.

For information, contact Barbara.Jordan@med.usc.edu or call (818) 952-2226.

SPRING CLASSES OFFERED

Glendale Community College is offering a variety of free classes, including classes on administrative medical assisting and clinical medical assisting, beginning Feb. 16. These are part of the short-term vocational curriculum.

For details, visit <https://tinyurl.com/y3k2tx4a> or call (818) 240-1000 ext. 5690.

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WEEKLY HOROSCOPES

Provided by horoscope.com January 18, 2020 - January 24, 2020

♈ ARIES March 21 - April 19

This period could be full of socializing, and bring you many reasons to feel glad. Have fun, but also think about your body and how you can bring it back into balance after putting it through its paces. Get plenty of sleep. Pass up the junk food in favor of vegetables and whole grains. These will give you enough energy to do anything. Drink lots of water to keep from getting dehydrated.

♉ TAURUS April 20 - May 20

You may not have a lot of time to think about your health, but don't neglect it altogether. Look after your nervous system. Make sure you're getting all the nutrients you need from your food or supplements that are easily absorbed. You might be using up a lot of energy thinking or even worrying. Rather than worry, take action. Doing something puts your mind at ease. The more life force you have, the more confident and happy you'll be.

♊ GEMINI May 21 - June 20

Use your imagination to visualize yourself in peak condition. Post pictures on the walls or keep a diary or photo album to remind you of what you want to achieve. How do you want your body to feel? What can you do to create this sense of overall health for real? Make use of your imagination to achieve the person you've always wanted to be. Soon your circumstances will reflect your thoughts.

♋ CANCER June 21 - July 22

You may be eager to get to the root of a health issue that has been bothering you for some time. It could be linked to weight or perhaps to allergies. There's also a chance that it's triggered by stress. You may need to make some changes to your lifestyle in order to get back on track - and quite radical changes at that.

♌ LEO July 23 - August 22

Make total well-being your latest mission. The cosmos is encouraging you to take a closer look at what you consider a good diet, because it will make a world of difference. You might need to lighten your schedule to avoid burnout if you're exercising too much. Are you getting back on track? Take it easy. You won't want to continue if it starts to seem like work.

♍ VIRGO August 23 - Sept. 22

You could be taking it to the limit, but spare a thought for your body. Your social life is probably active, and so is every other area. If you're living life in the fast lane, don't get into the habit of eating fast food, too. It pays to eat the best food that you can afford and take the time to prepare healthful meals and snacks.

♎ LIBRA Sept. 23 - Oct. 22

You may notice you've been feeling more stressed than usual. This has been going on for some time now as the cosmos has been impacting your nervous system and body. It helps to eat plenty of good protein and the right oils. Your whole system will function more efficiently as a result.

♏ SCORPIO Oct. 23 - Nov. 21

You might be more tense than ever. Feed your nervous system and look after yourself. You don't want to let the stresses and strains of your job get to you. Stress management is essential for you to get ahead and remain free of ailments. Don't delay.

♐ SAGITTARIUS Nov. 22 - Dec. 21

Your love life gets a boost with plenty of action to keep you happy. Romance is a great way to recharge your batteries and relax. You may decide to take a vacation to relax more deeply. Some sunshine and surf will refresh you and give you a special glow.

♑ CAPRICORN Dec. 22 - Jan. 19

Your overall health looks good. The cosmos continues to bring encouragement and inspired ideas about how you can become even more fit. You'll feel better if you work out in short increments rather than one mammoth session. Find what suits you best, and look for other ways to get fit like dancing, swimming, or even tai chi. A spiritual focus is healing, too!

♒ AQUARIUS Jan. 20 - Feb. 18

The cosmos is encouraging change and transformation on a number of levels. You may become a lot more sensitive to your body - what helps it function optimally and what damages it. This increased awareness is a great help in maintaining a state of health. If you feel the need to eat more simply and resolve stressful life situations, this will also bring many benefits.

♓ PISCES Feb. 19 - March 20

Change your routines and step out of your comfort zone. It could make a big difference in the way you feel. A challenge can improve your health and encourage more energy and vitality. You may want to reorganize your workout or exercise routine to one that you find more enjoyable and fun. This will help you stick with it on a regular basis. Even the most athletic people have occasional lazy spells. It's time to rise above them.

FreeDailyCrosswords.com

ACROSS

- 1) Transpire
- 6) Divider's word
- 10) Traveling on the ocean
- 14) With no one
- 15) Not once, poetically
- 16) Big first for a baby
- 17) Electrical capacitance measure
- 18) Dungeness, for one
- 19) William of Hollywood
- 20) Clever one
- 23) Big roller at a casino
- 24) Certain word of respect
- 25) Type of trunk
- 27) Expressions of confusion
- 30) Type of school, briefly
- 32) Neutral color
- 33) Search for water, in a way
- 35) Atmospheric pressure unit
- 37) Dubious
- 40) Club at school
- 41) Cooks in a way apt for this puzzle's theme
- 42) View-blocking hairstyle
- 43) Place in the book of Genesis
- 44) Emulated Paul Bunyan
- 45) Useful willow tree twig
- 46) Sound, as a bell
- 48) Essen basin
- 50) Female's word between two surnames
- 51) Curlicues, essentially
- 54) Silent acceptances
- 56) Rock worth something
- 57) Primary supporter
- 62) Old age preceder?
- 64) ___ podrida (spicy stew)
- 65) Wide-eyed and unsophisticated
- 66) Discharge
- 67) Telling sign
- 68) Shaped like a bow
- 69) Observes
- 70) One of two on a brig
- 71) Has a villain's visage

MY TREAT

By Roger D. Ellis

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69					70				71			



PET OF THE WEEK



Meg's favorite Christmas gift. Happy healthy New Year to all!! CV Weekly loves to hear about your pets! Send a pic and small cap to steve@cvweekly.com, to share your lovable pets with the community!

Wednesday, January 21, 2015
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Edited by Timothy Parker

DOWN

- 1) Not-too-nimble ones
- 2) Chowder thingie
- 3) Mrs. Dithers of the comics
- 4) Divest of munitions
- 5) Bureaucratic stuff
- 6) Paycheck deduction
- 7) Claudius' successor
- 8) Durable woods
- 9) Satellites, essentially
- 10) Bit of air pollution
- 11) Macho doughboy?
- 12) Causing the willies
- 13) More inclined
- 21) Elevator chamber
- 22) Common Market monogram, once
- 26) Operatic showpieces
- 27) Barely defeat
- 28) Shipboard storage place
- 29) Honeybunch
- 31) Hand-raising activity?
- 34) Man of La Mancha?
- 36) Unnecessarily repetitive
- 38) Not in the pen
- 39) Time past, to poets
- 41) Place for a cotillion
- 45) Like first, second or third
- 47) Certain retriever, briefly
- 49) Reporter's query
- 51) Results of chafing
- 52) First-rate
- 53) Historic Alabama city
- 55) Hunting device
- 58) Brewery products
- 59) Courteous and pleasant
- 60) ___ since (as of)
- 61) Scarlet and cherry
- 63) They're not like us

RELIGION

Question:

We're the parents of 6-year-old twin boys. My husband has been hospitalized with COVID-19 going on three weeks. He had no underlying conditions, so this was a surprise to us. He also was working from home and the only time we went out was to get groceries. He's getting a little better and the twins and I have been doing short FaceTime with him.

Our challenge is how does a good, loving Christian man get so ill so sudden? We've discussed this in detail over the phone and he keeps asking, "What have I done wrong? Is God punishing me?" I remind him of Job in the Bible who had many problems and God brought him out of them. Also, our twins miss their Dad so much. I don't

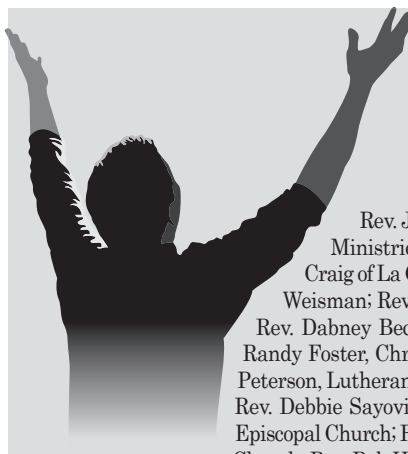
let them watch TV except for kids' programming because I don't want them to see the death toll from the virus.

My question is: How can I support my husband and children in a more comforting way that can ease their fears and concerns?

~ Perplexed Mom

Dear Perplexed Mom, I am sorry to hear about the challenges you are going through. Unfortunately, there are quite a few individuals and families experiencing the same challenge from contacting COVID-19. Make no mistake about it—the pandemic shows no favoritism and it affects people from all walks of life and faiths. Contacting COVID-19 is not a consequence for doing something wrong that we are to be punished for.

While we cannot always control the circumstances that we are faced with we can choose the way that we respond



SPIRITUALLY SPEAKING

Rev. Jon Karn of Light on the Corner Church; Rev. Kimberlie Zakarian of Holy House Ministries; Anthony Kelson RScP, Laney Clevenger-White, RScP, and Rev. Dr. Beverly Craig of La Crescenta Center for Spiritual Living; Rabbi Janet Bieber; Carolyn Young; Sharon Weisman; Rev. Mary Morgan, Redondo Beach Center for Spiritual Living; Rev. Tim Beck and Rev. Dabney Beck, International Church of the Foursquare Gospel; Lucinda Guarino; Pastor Randy Foster, Christian Life Church; Rev. Dr. Ellen Contente, Global Truth Center; Pastor Scott Peterson, Lutheran Church of the Foothills; Rev. Karin Ellis, La Canada United Methodist Church; Rev. Debbie Sayovitz, Epicentre Church; Rev. Dr. Antonio Gallardo, St. Luke's of the Mountains Episcopal Church; Rev. Sherri James, UP Church; The Rev. C. L. "Skip" Lindeman, Upland Christian Church, Rev. Rob Holman, St. Luke's Anglican Church; Rev. Jeff Blanton and Rev. Emanuel David, Community Life Church of La Crescenta; Rev. Sharri Johnson, One Heart Retreat Center.

Responses are offered from the perspectives of individual clergy members, which may or may not be in agreement with other respondents of Spiritually Speaking nor the editor and staff of the Crescenta Valley Weekly.

to them. Science of Mind is built on the theory that there is One Infinite Mind that is an Invisible Presence, a Loving God that is always available to us. This Presence is the spiritual essence that we are all made of and from. The principles of Science of Mind teach that to rely upon that Invisible Presence in everyday circumstances, especially in our hour of need, is essential and will provide the solution to all problems.

Your family may be wrestling with how to deal with the circumstance and may not know the right words and actions, but God knows. The "how" of something is not ours to deal with. Our charge is to get clear, through prayer and meditation, to allow the perfect healing to take place. While we may think that we are dealing with an external world, the solution to all experiences is found on the inside, in the clarity we experience from quieting our mind and staying centered on the invisible presence of God. When you take your mind off the problem and shift your attention from what you don't want to what you do want, change happens. That is because we live in a spiritual universe that responds to the energy of our thoughts, feelings and actions. Energy follows thought. Thought does not create, but it either places us in the universal flow of life or it blocks it. At the same time, the presence of God functions on the principle of belief. As the Bible says, "It is done unto you as you believe." It is important to note it says "as" you believe. The law of faith acts on your belief. It is important to keep steadfast in your faith of healing thoughts and let prayer and love be your guide.

In Light,



Rev. Mary Morgan
mormari@aol.com

Dear Perplexed Mom:

I so appreciate your heart in wanting to both support your husband and ease your children's fears and concerns. What a great mom and wife your children and husband have!

Let me address your children first. I commend you for protecting your twins from the devastating news. I think all of us would do well to limit our exposure to

the upheaval all around us. It's important that you only share with them enough information for them to feel that their father is going to be all right. And, of course, when you FaceTime with him and the kids that will encourage them to see his progress and give them an opportunity to hear from him that everything is going to be okay. His words of reassurance will be very important to the children.

I would also encourage you to continue to pray with your kids for their dad that the Lord would heal him. Another practical thing you can do (if you aren't already doing it) is help the twins express their love for their dad in creative ways. Like making large get well cards for him that they can show him on FaceTime. These are simple ways to engage them in expressing hope and love for their father. And I'm sure that will lift his spirits as well.

As far as supporting your husband, the most important thing he needs to know right now when going through this difficult time is how much you love him and how much God loves him. We all need to be reminded now and then how much God loves us with an eternal love, and He says, "I will never leave you nor abandon you." (Hebrews 13:5)

I would encourage you to read to your husband Psalm 34, which is a tremendous message of hope. For instance, verses 15 and 17 say, "The eyes of the Lord are on the righteous, and his ears are attentive to their cry; The righteous cry out, and the Lord hears them; he delivers them from all their troubles." And in verse 19 the Psalmist declares, "The righteous person may have many troubles, but the Lord delivers him from them all." These can be encouraging words to you and your children as well.

Another thing that we need to remember is that God's love and grace is unconditional, and it is not based on what we do or don't do. Unfortunately, we live in a fallen world and all of us, whether believers or not, are subject to the pain and sorrow that comes from living in this world. Jesus taught His followers, "He (God) causes the sun to rise on good people and on evil people, and he sends rain to those who do right and to those who do wrong." (Matthew 5:45, NCV) It is true that God sometimes uses difficult circumstances to correct and direct us but never to punish us.

I encourage you to hold fast to the words of Psalm 91:1-3 (NCV),

"Those who go to God Most High for safety will be protected by the Almighty. I will say to the Lord, 'You are my place of safety and protection. You are my God and I trust you.' God will save you from hidden traps and from deadly diseases."

I will be praying and believing for God to continue to restore your husband to full health and give you and your children hope as you trust in Him.



Pastor Randy Foster
randy.cle@att.net

Question:

I have what used to be a best friend. We met when we were 10 and continued at the same schools and classes throughout high school. We even opted to go to the same college, although we did select different vocations. Somewhere along the line we made an agreement that, no matter what happens, we'd be friends forever.

We married within months of one another and our families are almost like one family because we've done so much together including vacations. Our friendship was fractured when I learned he was having an affair. I told him of my disappointment and also told him how hurtful this would be to his wife and children.

To my knowledge, his wife doesn't know. Shall I tell her? I'd like to cut ties with him, but I'm fond of his family. I've lost sleep over this. Is there anything I should do?

~ Crestfallen Friend

Dear Crestfallen Friend, This is certainly a difficult situation for you with your longtime friend. We all make choices that sometimes others don't agree with. The main thing to realize is that we do have choice. Your friend has made a choice that is hurtful and disappointing to you. With choice, we always have an outcome – good or seemingly not so good.

Ask yourself what do you have to gain by telling his wife what you have learned? It is possible that she already knows and is not revealing it to anyone, maybe even

see SPIRITUALLY SPEAKING on next page

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SPIRITUALLY SPEAKING from previous page

her husband. There is a saying that you never know what goes on behind closed doors. And, it really isn't our business. And, sometimes, when an indiscretion is revealed the revealer becomes the bad guy.

Since you have had a long relationship with the whole family, that is something that could continue in spite of the husband's behavior. At some point, the information could come out, perhaps even by the husband. And, if needed, you could be moral support for the family.

Keep your ego out of it. Think of what the long-term outcome could be for the best interests of the family and your relationship with them. Let them sort out the situation. You may not like or approve of your friend's behavior, but you can still value your relationship from the perspective of love. It feels so much better.

Go into prayer and meditation and listen for an answer that gives you some peace in your heart. My go-to prayer is that there is always divine right action and divine order in process, with love prevailing. That releases my ego from trying to figure out the "how" things will work, and puts my heart and mind in a place of trust and faith that any outcome will be for the best of all involved without me trying to fix it. It takes the pressure and weight off my shoulders.

Just as your friend made his choice, you now have a choice. Take some peaceful reflective time and make your choice for the highest good of all, without playing "God" in trying to fix it. Let God handle it.

Blessings for peace of mind,



Laney Clevenger,
RScP Emeritus
laneycl@ca.rr.com

Dear Crestfallen Friend,
The gift of a friendship that has such a history is rare indeed. You are to be commended in continuing to build and strengthen this relationship over the years. And then, the expanding of that relationship to include your families is truly a blessing. Unfortunately, having such a close relationship also creates greater pain when the other makes choices that fracture the spirit of the friendship.

Sources from the Biblical witness and ancient wisdom communities to that of modern science have told of the importance of friendships for creating a place of safety, acceptance and accountability that helps to support our wider lives in this world. I think of Job's friends and the help they are trying to provide, even if not fully effective, it is offered in love. My advice to you is to not tell his wife of his infidelity, but rather support your friend in making that confession himself. Having this knowledge is difficult as your relationship will truly be strained until the truth is known by all parties. Remind your friend that you cannot accept the situation but you are willing to support him as he makes things right. If he is not willing to confess his indiscretion, you may need to curtail your interactions until such time as that happens. Confession will not immediately "fix" everything, and it may even cause a deeper rift, but it is necessary to be true to the relationship he has with his wife, with you his friend, and with those others who will be impacted by a choice he has made. Knowing that you will stand in support of his truth-telling may give him the strength to confess.

Standing with you as a friend,



Pastor Scott Peterson
pastor@lcifoothills.org



Emerging Together to be Stronger Than Ever

In November, my wife Mushka and I became Chabad emissaries ("Shluchim") to the City of La Cañada and the surrounding areas. We wish to serve the Jewish community of the Crescenta Valley in any way we can. Our intention is to create a sense of community for the Jewish people of the area through innovative programs in all areas of Jewish life – something we think is long overdue.

While picking up and moving away from our home in Brooklyn, New York, saying goodbye to our family and friends, departing a sizable religious community, only to move to a much smaller one may seem novel for religious Hasidic Jews, but for me and Mushka it was only natural. We were taught that it is not enough to commit to our own Jewish practice, but rather we must go out of our way and do our best to inspire others, one Jew at a time, one mitzvah at a time.

As a child I was always envious of my parents in that they were able to fly to New York for the annual Shluchim convention. This is when thousands of Chabad Shluchim from around the world come together at Chabad headquarters, in Brooklyn. Workshops and networking are definitely a big part of the convention, but for most, the highlight of the convention

is seeing and connecting with their "brothers" – the fellow Shluchim. The convention is when the Shluchim "recharge their batteries" and receive the strength to return to their work with renewed energy and vigor.

This was going to be the year. My wife and I were finally card-carrying Shluchim – something we had been looking forward to our whole lives.

When the pandemic hit in February 2020, nobody knew that it would last this long. But as the days turned into weeks, and the weeks turned into months, it was becoming one of the darkest periods in recent history.

A convention in person was out of the question. But at the same time – perhaps the convention was needed more than ever! An idea was formed that there would be a "Zoom convention" that would take place Saturday night after the conclusion of Shabbat. The Zoom meeting would begin in Australia. As soon as Shabbat ended in Thailand the baton passed to Bangkok. Chabad emissaries from around Asia logged on and were soon joined by Eastern Europe, Israel, Africa, Western Europe, United Kingdom, then Central and South, and finally North America.

What was scheduled to be a 22-hour Chassidic gathering kept going, with between 200 and 1,000 logged on at a time, the crowd fluctuating over the

course of the following five days. Shluchim took turns sharing Torah thoughts and stories, as the dialogue switched seamlessly between English, Hebrew and Yiddish, peppered with Portuguese, Russian and French. Volunteers providing impromptu simultaneous translations in the chat section. When the Zoom maxed out at 1,000 participants, it was streamed to other platforms to allow more to join. And when the Zoom meeting reached its 24-hour limit everyone signed back in for, to paraphrase the convention's message, "No is not an option, Shluchim will find a way."

It turned out to be the longest Zoom meeting in history. Thousands of rabbis from over a hundred countries across six continents kept the meeting going for a full week!

Perhaps this convention, in the throes of the pandemic, when the feelings of loneliness and isolation are experienced by billions around the world, was the most unifying convention of all time! It reminded us how we are never alone. We are all together in this and will make it through. Let us lean on each other for support.

If you know someone in need, be that pillar in their life, and together we will emerge from this stronger than ever!

Rabbi Mendy Grossbaum
Chabad of the
Crescenta Valley

NOTES & NODS

This Week at LCIF

Lutheran Church in the Foothills invites local residents to this Sunday's for Couch Church at 10 a.m. on Sunday, Jan. 24, on the church's Facebook page and YouTube channel. Those who miss the live presentation can watch the videos on the church website, Facebook page and YouTube channel. This week, Pastor Scott Peterson will deliver a message called "A New Pathy." After the service, everyone is invited to join a time of fellowship on Zoom. There is also a time for Zoom prayers on Wednesdays at 10 a.m. and several of the church's small groups gather on Zoom on different days and times. More details are available on the church website www.lcifoothills.org.

The church office is located at

1700 Foothill Blvd. in La Cañada Flintridge and is generally open Monday through Friday from 9 a.m. to 2 p.m. Contact the office at office@lcifoothills.org or call (818) 790-1951 for details, information, offering help or requesting help.

Prayer Gathering at Deukmejian

Though things are happening in the world and, regardless what the world is doing, as spiritual beings we are called to a higher purpose. That purpose is to love our neighbor and our enemies! We are all one in Christ. Let's not pay attention to those who are trying to divide us or turn us against each other.

All are invited to come to Deukmejian Park on Saturday, Jan. 30 from 4 p.m. to 5 p.m.

to pray in the unity of spirit with multiple churches for our community, our nation and our world.

Deukmejian Wilderness Park is located at 3429 Markridge Road in La Crescenta/Glendale. Meet in the bleachers just east of the parking lot.

Parking can be very limited, so early arrival is recommended.

Bring masks and remember to keep social distancing.

Walk and Word

Walk and Word on Sunday mornings, a time to discover Scripture while hiking Deukmejian Park, is on hiatus until further notice.

For more information, contact Jean Lavieri at (818) 383-3137 or email jnlavieri@earthlink.net.

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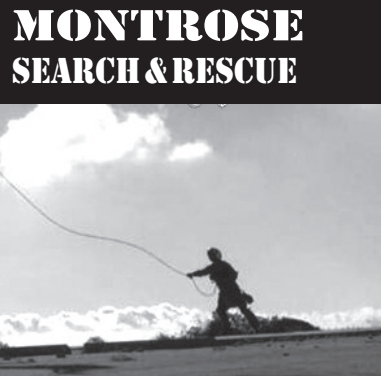
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LETTERS from page 7

Krebs of the Dept. of Homeland Security's Cybersecurity and Infrastructure Security Agency (CISA); nor all the election officials in the "swing states" – all of whom assured the American public that the Nov. 3 election was fair and Joe Biden won both the popular vote and the electoral college tally. Some authorities have said there were a few irregularities: a couple of people voted their deceased parents' ballots. But this sort of fraud was very rare and could not change the outcome of the election. Yatindra spewed nonsense about all kinds of irregularities – mysterious boxes of ballots, etc. – none of which has ever been found to be true.

Yatindra traffics in ludicrous assertions – that "peaceful" Trump supporters were overrun on Jan. 6 by infiltrators and provocateurs who engaged in "minor" destruction. That is completely untrue. There was a murder of a policeman and the death of a MAGA supporter. We all saw what a terrible day that was and the evidence clearly points to a ginned-up, enraged Trump crowd seeking to overthrow the government because they had been lied to, like Yatindra has been.

To Yatindra and others who are steeped in "alternative facts:" Please come back to reality. Read the Los Angeles Times, the New York Times, watch David Muir on the Nightly News on ABC or other major networks' news. MSNBC might be too liberal for you (but, boy, do they have smart people reporting and commenting). Most of all – please shut off the clowns you are following on social media. You deserve to know the truth.

Bonnie Finn
La Cañada

Where's the Evidence?

The letter to the editor in the Jan. 14 edition regarding the violent insurrection on Jan. 6 in Washington, D.C. contained many assertions with no evidence. This Jan. 16, 2021 Washington Post article details many of the arrests: <https://www.washingtonpost.com/politics/interactive/2021/arrests-capitol-riot/>

Those arrested are Trump supporters who believe his lie that the election was stolen. Joe Biden and Kamala Harris won fairly. Sixty-plus lawsuits alleging fraud have been duly considered and thrown out as baseless, many by Trump-appointed judges. It is Trump who is trying to steal a second term he did not earn.

The nation cannot come together unless there is an honest review of the facts and consequences for criminal behavior. The Confederacy fought the Civil War to preserve enslavement of African Americans. It was based on white supremacy. It was not a noble cause and there never should have been public statues to the traitors who tried to overthrow the U.S. government. That a Confederate battle flag was carried into the Capitol by the rioters clearly shows the connection 150 years later.

Many of the insurrectionists came to take over the duly elected government and kill elected officials. History has shown us we cannot tolerate this behavior. Any who participated in the violence should turn themselves in now and face the consequences of their actions. It is not their speech that is criminal; it is the destruction, assaults and killings that require atonement.

Sharon Weisman
Glendale/La Crescenta

COVID from Cover

to residents 65 and older so that we can protect our residents who are most vulnerable to this virus," stated Hahn. "LA County needs to follow the state's lead without further delay."

Five new sites throughout the County have opened manned with people to administer the vaccines. They include California State University, Northridge, 1811 Nordhoff St. in Northridge, County Office of Education, 12830 Columbia Way in Downey, Six Flags Magic Mountain, 26101 Magic Mountain Parkway in Valencia, The Forum, 3900 W. Manchester Blvd. in Inglewood and Pomona Fairplex, 1101 W. McKinley Ave. in Pomona. Hopefully these will help meet demand.

This is an effort to expand the number of vaccinations centers that already include Dodger Stadium and several pharmacies and healthcare

clinics.

"The vaccine supply is still extremely limited, and Public Health urges patience as we work urgently with our federal and state partners to expand capacity and supply in the weeks ahead," according to a Public Health statement.

Many residents who are now eligible will, or have been, contacted by their personal healthcare provider with pertinent information. People can also visit VaccinateLACounty.com to schedule an appointment or call (833) 540-0473 from 8 a.m. to 8:30 p.m.

Hahn addressed the issue of vaccines throughout the country going unused or being destroyed.

"If a provider has unused vaccines at the end of the day and no healthcare workers are available, they can and should use them to vaccinate other people. Under no circumstance should a vaccine

dose go to waste," Hahn said.

She has advocated for a "standby list" where residents 65 and older can be contacted if and when there are leftover doses.

Public Health also addressed the issue by stating the County "does not condone wasting of any precious vaccine doses and has not and is not directing providers to throw away unused doses."

President Joe Biden and Vice President Kamala Harris released their "seven-point" plan in dealing with COVID-19 that includes the involvement of the federal government, including using the Defense Production Act, to ramp up production of masks, face shields and other PPE [Personal Protection Equipment] and to deploy FEMA [Federal Emergency Management Agency] to help open and supply staff at additional vaccination centers.

PEOPLE from page 9

fall 2020 semester.

The U has had an honors program for more than 50 years. An honors degree represents students' willingness to seriously engage breadth in their general education as well as depth in their major through advanced research or scholarship.

Terry, whose major is listed as marketing BS, is one of 2,321 students to enroll in the Honors College this semester out of 33,047 students at the U.

The following students have enrolled in the class of 2024: Josephine Becerril of Sunland and Allison Foster of La Cañada Flintridge.

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