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VOL. 12, NO. 39

Fines, Murals and Eternal Armenia on Council Agenda

By Julie BUTCHER

Early in its Tuesday evening meeting, the Glendale City Council discussed the amounts of fines issued for violations of its now official ordinance banning the sale of flavored tobacco products.

Mayor Paula Devine advocated for a “higher fine to really deter businesses from selling these products. This is a very serious ordinance. I don’t want to make the fines Draconian, but I do want them stiff enough that business owners will think twice before they sell these vaping products to our kids.”

The Council adopted harsher fines (\$200 for the first offense, after an initial warning, then \$400 and \$1,000 for subsequent violations).

Councilmember Ardy Kasakhian recognized the one-year anniversary of the murder of George Floyd, recognized the church that organized a prayer vigil over the weekend and the community organizations that coordinated yesterday’s peace march. He asked staff for an update on the action items still pending.

“We have a past, as a Sun-down Town, as a place that had real estate practices meant to exclude Blacks and Mexicans, Japanese and other minorities,” Councilmember Dan Brotman said. “I’ve seen the work that Library Arts and Culture has done detailing the city’s past – like with Derek Chauvin, what surprises me most is the brazenness. No shame.

“But that was the easy part. Now we need to detail ways to root out structural racism, be it in housing policy, hiring practices or policing activities.”

Brotman also proposed that the city defer enforcement of unpermitted murals while a new mural ordinance is in development. Mayor Devine supported Brotman’s suggestion.

Councilmember Ara Najarian reported that Metro’s planning committee approved the North

see GCC on page 17

Memorial Day Observations Planned

By Mary O’KEEFE

Reflecting on those military lives lost.

Of all the days set aside to honor veterans, Memorial Day is the most somber and the most focused on the cost of service to the country.

“For veterans from [American Legion Post 288 and Veterans of Foreign Wars (VFW) Post 1614] and many other veterans this is the one event of the year that we really concentrate on the veterans’ participation to honor those killed [in service],” said Mike Baldwin, adjutant of American Legion Post 288 and VFW Post 1614.

Veterans from Crescenta Valley’s local American Legion and VFW will be honoring Memorial Day virtually on Monday. They had hoped to hold an in-person event at Two Strike Park near the Veterans Memorial Wall but, according to Baldwin, they weren’t certain of the guidelines issued by the Centers for Disease Control and Prevention/Los Angeles Public Health so they decided holding a virtual event



File photo Previous Memorial Day observances included an event at Two Strike Park overseen by the American Legion Post 288 and Veterans of Foreign Wars Post 1614. Many of this year’s events will be held virtually.

was the safest option.

The veterans have put together a video presentation that is similar to their traditional live event, which includes a poem and the

reading of the names on the Two Strike Park Veterans Memorial Wall. The remembrance ends with the traditional playing of Taps.

This year the video can be found

at the Crescenta Valley Weekly website at <https://bit.ly/3oTAVYO>. CVW is hosting a re-direct to the YouTube video.

see MEMORIAL DAY on page 6

Despite Heartbreaker Loss, CVHS Girls’ Soccer Headed to CIF State Tournament

By Justin HAGER

The CVHS girls’ soccer team looked unstoppable heading into Saturday’s CIF Southern Section semifinal match against Alta Loma. The Falcons had won 11 in a row including a 3-0 rout of U.S. top 500 La Cañada. But despite the dozens of fans who made the hour-long drive to watch the match live, a victory was not to be as the girls lost in a 2-1 defensive battle.

The Falcons only goal came from junior Rachel Park who, despite the loss, said it felt good to be able to score in the postseason.

“This season was so uncertain,” she said, “but the opportunity to extend our season into the tournament, play with our seniors more, and make all of the

see SOCCER on page 17



Photo provided by Justin HAGER The CVHS girls’ soccer team, seen here with coach Tyraysha Peterson, had a strong enough season to earn them a spot at the state tournament.

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FROM THE DESK OF THE PUBLISHER

Powerful Memorial Day Observances

Memorial Day has always been special to me. First, my birthday is on May 30 – the true Memorial Day before Congress declared that the last Monday in May would be commemorated as Memorial Day.

My son, Danny, is in the Air Force and thankfully is not a “remembered” soldier on Memorial Day; however, he was stationed in Afghanistan for a number of months and experienced things that he has yet to share with his mom. I’m sure that Memorial Day is a special day for him, too.

Memorial Day is a day of remembrance, a day when the country should come together to remember those who gave their lives for the freedoms enjoyed in America. I understand that for many the meaning of the day is lost among barbecues and family get-togethers; however, thankfully there have been commemorations throughout the area over the years and there will be others this year as well.

In years past, the Montrose-Verdugo City Chamber of Commerce would host a Memorial Day ceremony on Honolulu Avenue as would the American Legion and VFW at Two Strike Park. A commemoration would kick off Memorial Day activities at Memorial Park in La Cañada as part of Fiesta Days and the City of Glendale and Forest Lawn both had remembrance events. Of course, COVID-19 curtailed those events in 2020; some events are being held in person this year while others are being held virtually due to the pandemic.

Our cover story this week digs a little deeper into the experiences of soldiers and shares some of their memories, some of which have rarely been told. Our story will also let you know where some of this year’s commemorations are being held and how to access them.

We at CV Weekly consider it a privilege to share these stories with our readers and hope the stories encourage you to take the time to honor those who fought for us all.

It is with a heart full of gratitude that I take a minute to thank those who have given CV Weekly the encouragement and help it has

needed over the years: Julie Butcher, Rev. Beverly Craig, Sue Kilpatrick, Mike Lawler, Anne McNeill, Don Norbut, Steve Pierce and many others who wish to remain anonymous. These people value, respect and nurture the Crescenta Valley Weekly. I am grateful to them and to the many others who subscribe to the paper, deliver the paper and advertise in the paper. Their dedication (and faith) is what keeps up my spirits to continue doing this important work.

Robin Goldsworthy is the publisher of the Crescenta Valley Weekly. She can be reached at robin@cvweekly.com or (818) 248-2740.



Weather in the Foothills

“Green is the spring-time and blushing with bloom: Bring we an offering to each soldier’s tomb”

~Sara L. Vickers Oberholtzer, “Under the Flowers” (A Decoration Ode), Come for Arbutus, and Other Wild Bloom, 1882

Memorial Day, as the name implies, was established to create a day of remembrance to honor soldiers who fought and lost their lives in the U.S. Civil War. In this day and age, however, many of us have come to associate the holiday with the start of summer activities – barbecues, going to the beach and vacations. As eager as we may be, though, it’s too early to call summer. Scientifically, the first day is the summer solstice, which officially arrives on June 20. How did a day of commemoration become the signal for the beginning of summer? I will venture to say weather played a role in transforming a somber time to one of jollity.

The month of May ushers in several notable changes in the nation’s weather compared to earlier in spring. Across most of the U.S. warmer temperatures are settling

in. As the cold air meets the warm severe thunderstorms are often one of the first weather concerns at the end of spring. The same ingredients that give thunderstorms their source of energy are conducive for tornado formation. May is when the peak of tornado activity occurs in the United States. Speaking of wind, hurricane season got under way with last week’s tropical storm, Anna. Snowfall becomes more rare as May progresses but is still likely at higher elevations in the western U.S. and Alaska. Parts of the country experience severe flooding as the snow melts. Weather-wise, May is an active month. In spite of weather-related disasters, most look forward to May with its longer daylight hours and warmer temperatures.

Warm and mild days with a bit of marine influence have settled

in. Come Monday the temperature will get turned up just in time for the holiday. The NWS is predicting readings into the 90s, or beyond. Tuesday and Wednesday are expected to be the warmest of these days. All the while, gusty winds will make for clear skies.

Many towns and cities across the country still hold solemn Memorial Day observances and parades to honor fallen military members. And while celebrations are still planned with caution, compared to last summer, we’re on our way! More than ever, America needs the light-heartedness we now associate with Memorial Day.

Sue Kilpatrick is a Crescenta Valley resident and Official Skywarn Spotter for the National Weather Service Reach her at suelkilpatrick@gmail.com.

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NEWS

IN BRIEF

CVCA TO MEET

The Crescenta Valley Community Association will have its monthly meeting tonight, Thursday, May 27, at 7 p.m. via Zoom. The meeting will include discussion on local issues as well as an opportunity for foothill area residents to share their concerns. Contact the CVCA at crescentavalleycommunityassn@gmail.com with questions and for Zoom meeting information. All are welcome.

STNC BOARD INDUCTED

On May 12 during the meeting of the Sunland Tujunga Neighborhood Council, the newly-elected board was sworn in by Commander Alan Hamilton of the LAPD. Captain Johnnie Smith of the Foothill division of the LAPD was also in attendance.

The commander welcomed the new board members and thanked returning board members for their previous years of service to the community.

For more information about the Sunland Tujunga Neighborhood Council, please check STNC.org.

'FIELD OF HONOR' AT FOREST LAWN

Forest Lawn will again host The Rotary Club of Glendale – Sunrise "Field of Honor" on Monday, May 31.

The Field of Honor celebrates and recognizes the lives of veterans and heroes of all kinds with 1,000 flags on the Forest Lawn property that will be available to view from May 27 to May 31. Last year, the event was canceled due to COVID-19.

The community is invited to attend the May 31 program from 11 a.m. to 12:30 p.m.

Forest Lawn is located at 1712 S. Glendale Ave. in Glendale.

FIREWORKS FUNDS NEEDED

CVFireworksAssn. is moving forward with a July 4th Independence Day fireworks display. To donate to the CV Fireworks Assn., visit www.cvfireworks.com and click on the Donations tab or mail a check to 2629 Foothill Blvd. #179, La Crescenta 91214.

Questions can be directed to CVFireworks@aol.com or call (818) 248-2271.

LA PUBLIC HEALTH PROVIDES COVID UPDATE

The Los Angeles County Dept. of Public Health attributed wide-spread vaccinations in keeping COVID-19 cases among healthcare workers low. On Wednesday, Public Health reported 11 new deaths and 205 new confirmed cases of COVID-19 in Los Angeles County.

To date, Public Health identified 1,239,280 positive cases of COVID-19 across all areas of LA County and a total of 24,194 deaths.

There are 319 people with COVID-19 currently hospitalized and 21% of these people are in the ICU. Testing results are available for more than 6,720,000 individuals with 17% of people testing positive. Wednesday's daily test positivity rate is 0.4%.

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The Secret to Their Success

By Robin GOLDSWORTHY

Joyce and Ron Gelsinger share their thoughts on reaching 70 years of wedded bliss.

It was during a street dance in Montrose that Joyce Miller looked across the avenue and spied Ron Gelsinger.

"Montrose used to have street dances on Saturday night; they'd close the street and bring in bands," Joyce recalled. "I was there with a group of girlfriends."

As luck would have it, Ron was there with a group of buddies and, though the two both attended Glendale High School, it wasn't until they caught each other's eye at that dance that they were smitten.

It wasn't long after that they planned to wed, though Joyce said that came with its own complications.

"Back then, a woman could get and sign a marriage license at age 18," she said, "but men had to be 21. Ron had to take his mom so she could give her approval [for us to get married]!"

Joyce had moved to Briggs Avenue from Chicago when she was 5 years old. Ron's father Peter had started Gelsinger Meats, which was quickly becoming a staple in the area, and Ron had planned to work with his dad full time after completing college. But then the Korean War broke out. He was with the Navy Reserve and stationed in San Diego in the "culinary end of things." Joyce joined him down in Mission Bay.

After the war, the pair settled back in Montrose where they raised their family, which grew to five children.

"Montrose was a wonderful place to grow up and to raise a family," Joyce said.

Over the years, Ron took over the business from his father and has since turned things over to his kids Kirk, Kevin and Kerri.

"I feel good seeing the kids involved," said Ron. "I always wanted to bring in as many kids as possible into the business. We're very thrilled."

The couple recently celebrated 70 years of marriage and now lives in the Oxnard area. Though the time "flew by pretty darn fast," they are pleased by everything they built over the years.

"We feel extremely blessed," he said. "We have a wonderful, healthy family and they all get along well. We have 20 grandkids and 10 great grandkids. They're all healthy."

The couple notes that the children, grandchildren and great grandchildren make up the glue that keeps things together though reaching 70 years takes a lot.

"We never ever thought we'd be married 70 years," Joyce said. "Fifty years – yes. But we never thought 70!"

The pair credits their kids and their business among the things that have fueled them to "stick it out" these past 70 years.

"Those are the types of things that keep you together," Joyce said. "And you've got to go with the flow."

"And always say yes," Ron added.





Photos provided by the Gelsinger Family

Joyce and Ron Gelsinger (seen here on their wedding day in 1951 and 70 years later) reflect on their years together and the glue that keeps them together.




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GUSD Adopts Resolution for In-person Learning

The Glendale Unified Board of Education unanimously adopted a resolution at its meeting on May 18 committing to return all students to in-person learning for the 2021-22 school year. The District will resume full on-campus instruction beginning with the first day of school on Aug. 18.

Glendale Unified offered on-campus child care in Technology Learning Pods, athletics, and expanded learning opportunities throughout the 2020-21 school year, and pivoted to in-person hybrid learning on March 29

for elementary grades and April 26 for middle and high school. The District plans to offer in-person expanded learning and enrichment opportunities for students throughout the summer.

“Based on the significant strides we have made across Los Angeles County with vaccinations and slowing the spread of COVID-19, we are excited to safely welcome all of our students back to campus for the 2021-22 school year,” said Glendale Unified Board of Education President Shant Sahakian. “In-person learning has proven to be the most effective

form of learning for a majority of students to excel academically while developing socially and emotionally.”

“As conditions across Los Angeles County continue to improve, and based on our successful implementation of on-campus Technology Learning Pods and hybrid instruction this year, we are confident our health and safety measures are effective and eager to safely return all students for in-person learning this August,” said Glendale Unified Superintendent Dr. Vivian Ekchian.



Robin Goldsworthy
 Publisher and Editor-in-Chief
 robin@cvweekly.com

Mary O'Keefe
 Lead Reporter
 mary@cvweekly.com

Designers
 Steve Hernandez
 Senior Artist
 steve@cvweekly.com

Matthew Barger
 matt@cvweekly.com

Columnists
 Mike Lawler
 lawlerdad@yahoo.com

Sue Kilpatrick
 suelkilpatrick@gmail.com

Contributors

Julie Butcher • Rev. Beverly Craig • Justin Hager
 Brandon Hensley • Susan James • Michael Levitsky
 Charly Shelton • Lori Bodnar, *intern*
 Anne McNeill, *proofreader*

Advertising

Sonya Marquez
 (818) 381-2000
 sonya@cvweekly.com

Chuck Holler
 (818) 468-2956
 chuck@cvweekly.com

Lisa Stanners
 (818) 523-1234
 lisa@cvweekly.com

Office Manager/Inside Sales

Rachelle Miller
 rachelle@cvweekly.com

Crescenta Valley Weekly is distributed on Thursdays to: La Crescenta, Montrose, La Cañada, Sunland, Tujunga, Glendale and Eagle Rock. Yearly subscriptions are *\$65.00

*Rate is higher for mailed copies

Mail Payment to:

CV Weekly, 3800 La Crescenta Ave., #206, La Crescenta, CA 91214
 To contact us, call (818) 248-2740, fax (818) 248-2444

E-mail info@cvweekly.com. Visit the web at www.cvweekly.com

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Printed by Reed Printers, 4071 Graystone Drive, Ontario, CA 91761



Council Hears Concerns over Future Additional Housing Units

By Brandon HENSLEY

The Crescenta Valley Land Use Committee is recommending that LA County Regional Planning look to Foothill Boulevard in addition to lots below Montrose Avenue as it increases the number of affordable housing units by 1,200.

This issue was the center of the CV Town Council meeting on May 20 as Land Use member Ines Chessum informed council members and the audience of the coming changes. LA County has a mandate to update its Housing Element, which is part of the General Plan for 2021-29. This means more units in the unincorporated part of the county, and Chessum's presentation showed how areas below Montrose Avenue would be affected.

The Housing Element changes are set to take place in 2024.

During its May 6 meeting, the Land Use Committee urged the Council to send a letter to Regional Planning and LA County Supervisor Kathryn Barger's office. The letter, which underwent revisions this week after the lengthy discussion during the Council meeting, has specific recommendations for when the up-zoning takes place.

The recommendations include that the distribution of the lots to be up-zoned be more even by decreasing those in Montrose and increasing those along Foothill Boulevard because of the street's capabilities for expanded public transportation, and that buildings should be no more than 35 feet high to preserve the standards of the community.

Other recommendations CVTC is making regard Mixed Use Development.

“When up-zoning to Mixed Use Development – MDX – a

minimum of 70% of the ground floor shall be required to remain for commercial use or work/live. La Crescenta has a high volume of small business owners who tend to employ members within the community and at the same time provide much-needed services,” the letter stated.

The letter also has concerns regarding R-1 zoning which is zoning for single-unit residential housing, located on a single legal lot, and does not include condominiums or cooperative housing.

“I would love for people to complain about the destruction of our R1 single family properties because that's what is happening,” Chessum said during the meeting.

She did note during the meeting, and again this week, that County has been “agreeable” so far when considering these changes.

Land Use and Council would like to send the letter by July 1. The Planning Commission will vote on recommendations on Aug. 11 and the LA County Board of Supervisors will have a final vote by the end of the year.

The next CVTC general meeting is scheduled for June 17 at 7 p.m. via Zoom. Information can be found at www.thecvcouncil.com, including links to the general meetings that have now been made public on YouTube.

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Federal Agencies Asked for Help in Preventing Dangerous and Illegal Fireworks

In response to an influx of illegal and increasingly dangerous fireworks, Los Angeles County Supervisor Kathryn Barger sent letters to federal law enforcement agencies to ask for their help and collaboration to stop this alarming trend. These letters were prompted by a recent fatal house explosion in San Bernardino County that killed two men, in addition to an increase in community concern for the perils that illegal fireworks pose to local neighborhoods.

“Because illegal fireworks are

smuggled from outside California, our federal partners are in a unique position to help local jurisdictions combat the influx of fireworks contraband,” said Supervisor Barger. “I am hopeful that Customs agents can keep fireworks in mind when inspecting port shipments and vehicles crossing the border, and I ask that Alcohol, Tobacco and Firearms agents maintain a heightened awareness about the commercial illegal fireworks trade.”

In the letters Supervisor Barger sent to the regional chiefs

representing the U.S. Bureau of Alcohol, Tobacco, Firearms, and Explosives and U.S. Customs and Border Protection, she outlined her concerns about the use of illegal fireworks and emphasized the increased danger of wildfires caused by illegal fireworks in drought-stricken California.

“Our office shares the concern of our constituents of the significant fire danger this poses, particularly in consideration of the illegal firework explosion that occurred in a home in Ontario, California, on

March 16,” Barger said in the letters to the agencies.

The March 16 explosion that killed two men occurred in an Ontario home’s illegal stockpile of fireworks.

Skyrockets, mortars, firecrackers, M-80s and all other fireworks that explode or fly are prohibited throughout California. However, illegal fireworks are imported by individuals from other states where they are legal and are shipped across the U.S. borders and from overseas. Their use has become increasingly common on July

4 and throughout the year. This contraband has been a concerning trend in Southern California and in the 5th Supervisorial District, which Supervisor Barger represents, including the Antelope Valley, Santa Clarita Valley, San Gabriel Valley, and San Fernando Valley.

The letters were sent April 27 to the Bureau of Alcohol, Tobacco, Firearms and Explosives and U.S. Customs and Border Protection. Copies of the letters can be found at <https://tinyurl.com/3f4a59j9>.

Mental Health and the Young

By Mary O’KEEFE

The pandemic has made isolation the norm for almost two years. It has affected people in different ways and has been especially hard on children in school. This is the time they learn how to socialize and enjoy being young with their friends with many making lifelong friends.

While parents struggled with online learning, in some cases becoming the in-person teacher, it might be easy to miss from their child signs of mental health issues.

Although there have been several reports concerning a spike in teen suicide, 2020 studies have yet to be released though it should be noted that youth suicide has been on the rise in the U.S. for the last decade.

The Centers for Disease Control and Prevention (CDC) released

a study that stated, “Beginning in April 2020, the proportion of children’s mental health-related ED [emergency department] visits among all pediatric ED visits increased and remain elevated through October [2020]. Compared with 2019, the proportion of mental health-related visits for children aged 5 to 11 and 12 to 17 years old increased approximately 24% to 31%.”

However, the CDC added the proportion of children’s mental health-related ED visits during March through October 2020 might be artificially inflated as a consequence of the substantial decrease in overall ED visits during the same period.

It is important for parents to keep the lines of communication open with their child. After someone dies by suicide, it is often heard that the

signs of trouble were never seen.

“One of the things I would say is that we always want to take suicidal threats seriously,” said Amoret Kaufman, licensed marriage and family therapist. She has a private practice in Montrose where she works with individuals and families on “the Triple As” – anxiety, attention issues and ACEs [adverse childhood experience].

“Almost everyone [at some point] has had suicidal thoughts,” she added.

She said that there are those who go beyond having suicidal thoughts and actually have intent, and even a plan, on how to die.

“When someone has a plan,” she said, “that is a different level.”

Kaufman advised always being direct, to use the word “suicide,” when talking about the subject.

“It basically takes it out of the

shadows. Saying the word ‘suicide’ [makes it no longer] taboo,” she added.

When a child has suicidal thoughts, or may be dealing with depression, it is important to use “straight talk” about these types of subjects. Kaufman added this is true for people at any age. It is also important to make certain the parents, and/or guardians, let that person know they are important.

For children who have been through this last year of virtual learning and isolation, parents and/or guardians should reassure them that they are not alone and that what is happening is a part of life that could not be anticipated.

Kids who are high achievers usually want to be in control; COVID-19 has thrown away that ability to control.

“We can’t control everything,”

Kaufman said adding this is a point that can be shared with a child.

Parents can also remind their child they are not the only one who has been going through this bad year, or years, at school.

Also, she advised, “Let them know [their generation] are pioneers. They know what it is like to recover from a pandemic,” Kaufman said.

There is also concern for some students who struggled in their classes, undecided about their college future. Many students have taken a year off rather than attend college online and now will join the next class of students who will be applying for college. This doubles the pressure to get into a college.

This is another type of fallout from the pandemic that could not be controlled and another opportunity for parents to remind their child

see MENTAL HEALTH on page 6

NOTICE OF PUBLIC HEARING CRESCENTA VALLEY WATER DISTRICT URBAN WATER MANAGEMENT PLAN UPDATE

Notice is hereby given, that the District’s Draft Urban Water Management Plan is available for public review.

The Urban Water Management Planning Act requires urban water suppliers, such as CVWD, to prepare a management plan of its current and future water resources so as to continue to provide its customers with an adequate and reliable water supply.

The District is inviting public review and comment on the 2020 Urban Water Management Plan (UWMP). The public can make comments through June 8th, 2021 by 4:30 p.m. in writing to CVWD, 2700 Foothill Blvd, La Crescenta, CA 91214 or by email to ccolby@cvwd.com.

**A public hearing on the draft 2020 UWMP will be held
June 8th, 2021, at 7:00 p.m.
at the District’s main office located at
2700 Foothill Blvd, La Crescenta, CA 91214.**

All public comments will be reviewed before the Board of Directors considers the draft 2020 UWMP for adoption at its June 8th, 2021 meeting.

Copies of the draft 2020 UWMP are available for review on the District’s website at www.cvwd.com, or at the District’s main office. Customers may also request an electronic copy by email to ccolby@cvwd.com.

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MEMORIAL DAY from Cover

"Memorial Day is a day of remembrance," added Lynn McGinnis, past post commander for American Legion Post 288. "Veterans Day and Armed Forces Day are times of celebration, but [for us] everyone who participates in the Memorial Day [event] is a veteran."

McGinnis said when he went to his 10-year class reunion he discovered that 10 members of his class were lost during Vietnam. He has seen the toll battle has had on fellow veterans and the aftermath on families after they have lost a loved one.

For those who served in the military this is a day to remember what many do not like to talk about – the tragedy they have witnessed – but it is important to remember the lives sacrificed.

"When you are in a war zone, you don't have a chance to grieve when you lose people," Baldwin said. "That is the one thing I noticed when I came home. It took a while to talk about it. When you're home, you don't want to think about it."

The City of Glendale is also holding a virtual ceremony to recognize Memorial Day. For over two decades the City has held a Memorial Day event, which has become a time-honored tradition.

"The ceremony pays tribute to the dedication and sacrifices the men and women of our nation's Armed Forces have made. Every Memorial Day, the City of Glendale honors their service in defense of our freedom and their sacrifice for liberty throughout the world. This year, due to COVID-19, the ceremony will be virtual and released on Monday, May 31," said Eliza Papazian, Glendale's spokeswoman.

The event was organized by the City and the Glendale Veterans Coalition. This year the organizers reached out to the community for a photo of service members who lost their lives while serving. In addition to the photo, they asked for the name, military branch, rank and years of service. This will be included in the video presentation.

"At this point we have 12 to 15 submissions," Papazian said.

Although the deadline has passed for submissions, she said that if people want to include their loved ones they can still contact her at www.glendaleca.gov/memorialday.

The ceremony will include remarks made by former President Ronald Reagan on a previous Memorial Day. The event will conclude with remarks from Glendale Mayor Paula Devine.

"I have been involved with the City's [Memorial Day event] for 20 years, and chaired for the last 15," said veteran Don Biggs.

He has friends who are on the wall at Glendale's Memorial at the city hall.

"We remember the sacrifice of those people who [served] their country," he said.

Biggs added these lives lost should be remembered for what they did for the "rest of us" but also for the lives they could have lived if they had returned after their service and how they could have contributed to society.

"The ones that gave their life so I can live on," he said.

He said he had the unique opportunity to look up the names that were on the memorial in Glendale, which was built in 1997. Biggs was in charge of researching any new names that were added.

"I was able to find out

their stories. They are very interesting. All their names are significant," he said. "They died during the wars and unfortunately we have had too many wars in this country."

One of the names on the wall was a friend of Biggs who served, like him, during Vietnam. His name is Phillip MacCloud and his parents and Biggs' parents were best friends. When word came that he died, Biggs was still in Vietnam. MacCloud was clearing mines in a field when he hit a mine.

"His family was close to us," he said.

MacCloud's brother served as a Glendale police officer.

Biggs circled back to the ripple effect of a life lost and what that life could have meant to the community, to the family and loved ones had the service person survived. He touched on how many former military service people continue to serve their communities after they leave their branch of service.

Biggs served his community of Glendale as a Glendale firefighter for 37 years.

"I really believe in that service and service obligation," he said. "I have a lot of respect for all of those whose names [are on memorials] across the country. They are good people who could have benefited their country if they had come home."

Papazian also invited local service organizations to donate wreaths that will be placed at the city hall memorial. Those wreaths can be placed on Memorial Day.

The City of Glendale will be sharing its Memorial Day ceremony on the City's Twitter and Facebook accounts as well as on Glendale GTV live stream and on YouTube. The video will be available on Memorial Day at 11 a.m.

» PERSONAL PERSPECTIVE

A Veteran's Story

My name is Baker Joseph Shelton. I am one of the 300,000 living World War II veterans, which is 1.8% of the 16 million military personnel who served our country from December 1941 through December 1945.

My service was three years, one month and 12 days. One of our tours of duties took me to Manus Island, a 21-mile long and half-mile wide island in the South Pacific.

I was a pharmacist second class in the U.S. Navy. I was stationed in a base hospital that served the sick and injured service personnel from a large area of the South Pacific. As we remember Memorial Day 2021, my mindset takes me back to the fall 1944 when I

had a special patient – Lt. Fink, grandson of the president of a steel mill. Lt. Fink suffered from a leg wound where gas gangrene had set in. The doctors ordered a wooden box to be made to hold the leg so ice could be applied; part of the doctors' orders was to surround the leg with maggots. If the maggots ate at the infection [flesh] the doctor said that success was possible.

But the treatment did not work and the lieutenant passed away. He was removed from our hospital for burial. I never knew his final resting place.

A short time after Lt. Fink left us, my executive officer, Captain Graves – a doctor who I knew on a personal

basis since I was his personal chauffeur while in the states – asked me to write a letter to the lieutenant's grandfather and family, including as much as I could or knew about the lieutenant since I was with him every day, some nights and was the last one to see him alive.

I did the best I could in forming the letter but I was limited in my "good" English since I was not the best student in that subject. Captain Graves appreciated my efforts and we did get a reply from his family.

I'm so glad that, during this Memorial Day in 2021, I can now memorialize the lieutenant and remember the others who served our country.

MENTAL HEALTH from page 5

that they do not have all the answers but they are available for their child.

Finally, parents who have kids who talk about suicide and show signs of distress should

take those signs seriously. Some parents say their child is reacting this way to get attention.

"That is correct, but why do they need attention?" Kaufman

asked.

Which leads back to open communication and bringing the talk about mental health out of the shadows.

Glendale Memorial Hospital Nationally Recognized with Consecutive 'A' for Fall 2020 and Spring 2021 Leapfrog Hospital Safety Grade

Dignity Health – Glendale Memorial Hospital and Health Center (GMHHC) has received an “A” grade in the current spring 2021 and prior fall 2020 Leapfrog Hospital Safety Grade, a national distinction recognizing Glendale Memorial’s achievements protecting patients from errors, injuries, accidents and infections.

“Glendale Memorial staff and physicians are committed to ensuring every patient receives the safest and best care possible,” said Jill Welton, GMHHC president. “This recognition highlights our priority to protect our patients and make sure they leave healthier than when they came.”

The Leapfrog Group is an independent national organization

committed to health care quality and safety. The Leapfrog Hospital Safety Grade assigns an “A,” “B,” “C,” “D,” or “F” grade to all general hospitals across the country and is updated every six months. It is the only hospital ratings program based exclusively on hospitals’ prevention of medical errors and other harms to patients in their care.

“An ‘A’ safety grade is an elite designation that your community should be proud of,” said Leah Binder, president and CEO of The Leapfrog Group. “The past year has been extraordinarily difficult for hospitals, and Glendale Memorial shows us it is possible to keep a laser focus on patients and their safety, no matter what it takes.”

Developed under the guidance of a national expert panel, the Leapfrog Hospital Safety Grade uses up to 27 measures of publicly available hospital safety data to assign grades to more than 2,700 U.S. acute-care hospitals twice per year. The Hospital Safety Grade’s methodology is peer-reviewed and fully transparent, and the results are free to the public.

Obituary

Barbara Joan Boucher, n e Williams



Sept. 29, 1944 – May 22, 2021

Barbara was born in New York City in 1944 to parents Donald and Leone Williams. She spent her early life around Syracuse, New York before moving to Daytona Beach, Florida. In her teens, she and her family moved to the Glendale area of Southern California where she would spend the rest of her life.

Well known for her ability to make friends with anyone she met, and having a near perfect memory, Barbara, or “Bobbi” as she liked to be called, had little trouble excelling at whatever path she placed herself on. Be it babysitting, working at a bank, or as a section secretary at JPL in the '70s, she was well liked by everyone she came into contact with.

A dedicated wife and mother, she would spend many years volunteering for her local church or at the schools her children attended, oftentimes stepping in for the teacher should the need arise, picking up skills she would later use when homeschooling her youngest child.

Barbara passed away on May 22 shortly before 11 p.m. at Verdugo Hills Hospital after a brief battle with an extremely aggressive form of leukemia.

She is survived by her husband of 55 years, Lloyd Boucher, and her two sons, Lawrence and Michael.

Services will be held at Crippen Mortuary, 2900 Honolulu Ave. on June 2 at 11 a.m. followed by a burial service at San Fernando Mission Cemetery.

Obituary

Steven John Turko

June 13, 1955 – April 21, 2021

Steven Turko, 65, died on April 21 at his home in Oxnard. He was the son of Daniel and Maxine Turko.

Steve grew up with his sister, Kathie Dell'Aquila, in La Crescenta. He attended Holy Redeemer, went on to Saint Francis High School and graduated from Crescenta Valley High School. He then pursued a career in residential and commercial construction in Surfside, California where his love for the beach began.

There he met and married Ana Grgurevic in 1983; they had two children together – Natasha and Nicolas. Steve built a family home in La Ca ada Flintridge before pursuing his dream of living on the beach in Oxnard. Steve embodied a passion for life, optimism and hard work.

Steven is survived by his parents Daniel and Maxine Turko; two children Natasha Fanita Gaudino and Nicolas Anthony John Turko; son-in-law Gregory Gaudino; sister and brother-in-law Kathie and Vince Dell'Aquila; grandchildren: Cameron Gaudino and Wesley Gaudino; and a granddaughter on the way.

Steve was in his element with ocean breezes blowing as he listened to the waves crash and watched the boats on the horizon. May he rest in peace and be remembered at every sunset.

A celebration of life will be held this summer in honor of Steven's life.

What they say about the CV Weekly

Your newspaper, the CV Weekly, is special to me and my family and I believe that it is because of how you truly care about the community and us folks who love your newspaper.

Don T., Glendale

Supervisor Barger Responds to Announcement by State on Updated COVID-19 Guidance

Supervisor Kathryn Barger issued the following statement regarding the announcement by Dr. Mark Ghaly, California Health and Human Services Secretary, regarding the proposed changes to the COVID-19 guidance to take effect on June 15:

“I am pleased that the California Health and Human Services Dept. has provided an update regarding the proposed changes to the COVID-19 protocols that will likely begin on June 15. These updates include:

- Elimination of capacity limits and physical distancing requirements for businesses.
- Alignment with the Centers for Disease Control on the guidance for masking and travel.
- Recommendations for vaccine verification to help protect and support businesses and organizations.

“I support full alignment with the State on this guidance and appreciate that today’s announcement will provide ample time for our businesses, organizations and residents to prepare for these changes. In Los Angeles County, we have fully vaccinated approximately 47% of our population and continue to make the vaccine available and easily accessible for all our residents – including those in hard to reach communities. We are seeing real results in the significantly diminished case counts and the lack of community transmission. I am confident in the state and federal scientific experts developing these recommendations, knowing that this is a safe next step for our communities.

“We have weathered the storm and I am hopeful that this finally signals our return to normalcy.”

CRIME BLOTTER

May 22

4800 block of Hampton Road in La Ca ada Flintridge, a person who has his own tree trimming company was working at two locations in the area. He had finished trimming a tree at one home and was transferring tools to go to the next home. He placed his chainsaw in the open bed of his pickup truck; he did not secure the chainsaw. The vehicle was parked directly in front of the location. He then began trimming a tree in the front of the location, went to his truck to get his chainsaw and found it was missing. He did not see anyone near his truck.

The theft occurred at 9:30 a.m.

May 19

3100 block of Foothill Boulevard in La Crescenta, deputies responded to a burglar alarm at the location. Upon arrival they found the front door of the business was “fully smashed through by unknown means.” There

were fresh blood stains around the cash register. Surveillance footage revealed what appeared to be a male around the cash register area. He was about 6’ tall, weighing 180 lbs. and wearing a light-colored hoodie, dark-colored mask and dark pants. The suspect flipped over a few boxes, then left the store on foot walking northwest toward Pennsylvania Avenue and out of view.

The alarm was activated at 11:30 p.m.

2300 block of Foothill Boulevard in La Ca ada Flintridge, deputies responded to a possible burglary. They discovered the glass door of the business had been shattered and the interior of the location was ransacked. Several items were stolen. The deputy spoke to the manager of the building who told him two other business locations had been burglarized overnight in a similar way. He found

that businesses in Sun Valley and Burbank were also burglarized in the same method. [It was possible the same suspect burglarized the above-mentioned La Crescenta location.]

This burglary occurred at 11:15 p.m.

May 18

2200 block of Foothill Boulevard in La Ca ada Flintridge, an employee reported that a male customer/suspect attempted to buy a drink with a credit card that was declined. The suspect began asking other customers for money to purchase the drink.

A customer gave him money; he returned to the counter to purchase the drink and, as the employee opened the cash register, the suspect reached over and grabbed money from the register. He then ran out of the restaurant and fled westbound on foot on Foothill Boulevard.

The theft occurred at 9:40 a.m.

GPD REPORTS

Standoff Ends Peacefully

On May 21 at approximately 6 p.m., officers from the Glendale Police Dept. responded to a residence located on the 1200-block of Thompson Avenue regarding a report of a male who had just pointed a firearm at a passerby. Upon arrival, officers observed a male, later identified as 37-year-old Marco Foschetti of Glendale, matching the description of the suspect standing on the front porch of a residence shouting belligerently. Before officers

could contact Foschetti, he walked into his residence. Multiple witnesses on scene confirmed with officers that they had seen Foschetti point a firearm at a passerby for no apparent reason.

Officers set up a containment around Foschetti’s house and made several attempts to call him out of his residence, but were unsuccessful. All other occupants of the residence exited, leaving Foschetti alone and barricaded inside while being

considered armed. Members of the Glendale Police Dept. SWAT team along with K-9 personnel and crisis negotiators responded to the location to assist. After negotiations failed, members of the SWAT team made entry to the residence, located Foschetti and took him into custody after an approximate nine-hour standoff.

Foschetti was arrested and booked for assault with a deadly weapon.

VIEWPOINTS

TREASURES OF THE VALLEY » MIKE LAWLER

Civil War Icon is Buried Next Door in Altadena

Few realize that right on our doorstep, on the border between La Cañada and Altadena, is the gravesite of Owen Brown, the son of Civil War firebrand John Brown, and a participant in the famous Harpers Ferry Raid.

How Owen Brown ended up being buried in far-off Los Angeles is a good story with many twists and turns, even into recent times. Of course, John Brown is famous, or perhaps infamous, in history as a catalyst of the Civil War. He and his sons, including Owen, set fire to the nation in a violent crusade to abolish slavery in the 1850s. In 1854 they murdered five proslavery settlers in Kansas, actually hacking them to death with broadswords. And in 1859 they led an armed insurrection against the government at the Federal Arsenal at Harpers Ferry in Virginia. They were hoping to inspire a nationwide slave revolt, but instead were captured after a pitched battle with U.S. soldiers. A

handful of Brown's band escaped, including Owen Brown. John Brown was hanged, which elevated him to martyr status in the north.

Owen Brown was a fugitive with a \$25,000 price on his head. He evaded the law for two decades. But in about 1880 he did what so many people have done before and since – he left his past behind for a new life in California.

Owen's older brother Jason, who had participated in the Kansas massacre, and his sister Ruth had moved to Altadena. Owen joined them there and he and Jason bought a piece of land in El Prieto Canyon, which overlooks the Arroyo Seco, immediately behind today's JPL. They built a tiny cabin and cleared some land for cultivation. The mountain above them they named Brown Mountain, for their father. They involved themselves in community activities, particularly in the temperance movement, but Owen always wore pistols, a remnant

of his violent past. They also received visitors at their cabin, tourists interested in viewing a living part of American history.

In 1889 Owen died of pneumonia. His funeral was huge, attracting thousands of mourners, both white and black. He was buried on a hill above their cabin, named Little Round Top for the pivotal Gettysburg battlefield. The headstone read "Owen Brown son of John Brown the Liberator, Died Jan. 9, 1889, Aged 64 yrs." His grave became a pilgrimage site.

But in the 1980s the gravesite, which was on private land, became the focus of development forces. As homesites marched up the hill toward Owen Brown's grave, the ownership of the grave and the headstone became highly contentious. Visitors to the gravesite began to encounter "No Trespassing" signs and harassment. A preservation group tried to buy the property, but failed. Even the federal government got

into the act, considering seizing the property as a historic monument.

Legal battles continued over access to the site until 2002 when the headstone and the fence around it conveniently disappeared. Emotions in the community ran pretty hot, but no one was ever charged. After years of fruitless searching for the headstone, a hiker stumbled across it accidentally. The headstone was lying face down at the bottom of the hill, with a rope nearby that had apparently been used to drag it there.

Since then, the recovered headstone has been preserved by concerned locals and, about two years ago, a deal was finally cobbled together to permanently save the gravesite. A developer on a nearby development had run into much community opposition. The developer agreed to buy the six-acre gravesite parcel, deed it to a conservancy and provide money for its preservation in exchange for approval on his

project. With that deal in place, the public can now visit the gravesite of Owen Brown, a touchstone of American history. It's an easy hike, and directions can be found online.

Thanks go out to my good friend Art Cobery who supplied me with the info for this article. Art showed me photos he took of the intact gravesite from decades ago, and described his grueling hike to the top of Brown Mountain high above Owen Brown's gravesite.



Mike Lawler is the former president of the Historical Society of the Crescenta Valley and loves local history. Reach him at lawlerdad@yahoo.com.

NEWS FROM WASHINGTON » REP. ADAM SCHIFF

It's Time to Reinvest in America

Nearly a century ago, the Great Depression plunged the nation into despair, leaving tens of millions of Americans unemployed and unable to put food on the table amid the worst financial crisis in history. In that difficult moment, President Franklin D. Roosevelt chose to invest in our nation's infrastructure, hoping that an ambitious public works program would revive the economy and get America back on its feet – and that historic investment paid off.

America emerged from the Great Depression with 639,000 miles of newly surfaced roads, 8 million new jobs, and hundreds of thousands of modern buildings and public spaces, including schools, hospitals, airports and water treatment plants. And in the decades after, we built a historic system of interstate highways and won the Space Race.

Now we're presented with a similar challenge to the one President Roosevelt once faced – and a similar opportunity to rebuild America from the bottom up and middle out. And, just like in Roosevelt's era, we have to start with infrastructure.

The United States of America is one of the wealthiest nation on earth, yet we now rank 13th in overall quality of our infrastructure, thanks to decades of disinvestment and neglect. We've fallen woefully behind our competitors and allies – a disparity that has only been made worse by both the climate and COVID-19 crises. Today's economy cannot thrive on last century's infrastructure. It's time for America to step into the future – and that starts with the American Jobs Plan.

Infrastructure is about repairing roads and bridges, yes. But it's also

about ensuring that those roads and bridges connect modern communities with families and workers who are equipped with the tools they need to succeed. That's why the American Jobs Plan takes a modern approach to infrastructure, accounting for today's problems and preparing for tomorrow's challenges.

The American Jobs Plan will build interconnected communities, invest in public transit, expand access to broadband, create safe and affordable housing and ensure that no child in America drinks water that comes from lead pipes. With the funds included in the American Jobs Plan, we'll create a contemporary, green economy that works for everyone by investing in electric vehicles and clean energy, and creating tens of thousands of good-paying jobs along the way. That's something everyone should be able to support.

We should follow this historic investment to modernize our economy with the American Families Plan, to lift up working families and

ensure every child can thrive. This, too, is infrastructure – and investing in human infrastructure is just as important to America's economic future as modernizing roads and bridges.

The caregiving economy is vital to our overall economic health, and rapidly growing. That's why the American Families Plan makes an unprecedented investment in this traditionally neglected industry so working individuals can keep our nation moving forward while knowing that their loved ones are receiving the best possible care. And the American Jobs Plan also takes steps to reduce child poverty by expanding the Child Tax Credit, which will directly benefit nearly 100,000 children right here in California's 28th District, as well as expanding affordable health care. And it will create a national, comprehensive paid family and medical leave plan, empowering workers – particularly women who have borne the brunt of the pandemic – to stay in the workforce while caring for newborns or sick

family members. We are still a country of innovators and forward-thinkers. And we can position ourselves to compete and lead in the modern economy. We just need to seize this moment and think big. We must not only rebuild our economy after COVID-19's devastation but also reshape it into a modern economy that lifts everyone up, with plentiful jobs and opportunities in the cutting-edge green technology sector.

We cannot afford to let this moment pass. It's time to reinvest in America, and in our people.



Rep. Adam Schiff (D-Burbank) represents California's 28th Congressional District in the U.S. House of Representatives.

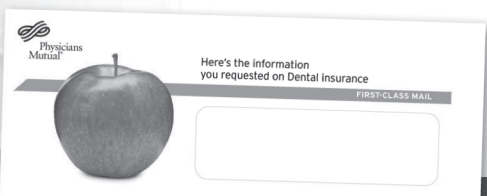
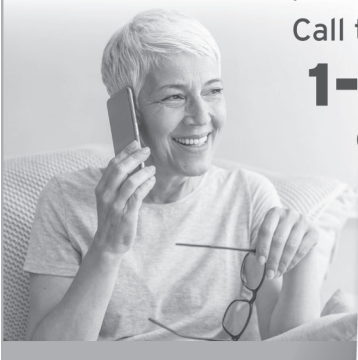
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YOUTH

Lincoln Scholarship Recipients: 2021

The Annual Lincoln Scholarship Awards Assembly was held virtually this year on May 12 with the entire Lincoln Elementary School in attendance.

Lincoln Elementary offers scholarship opportunities for graduating 12th grade seniors who attended Lincoln. Heading up this year's scholarship committee was Lincoln teacher Angelina Thomas and her co-chair was Zara Reyes. They worked tirelessly to create a memorable virtual assembly for the scholarship recipients.

The returning seniors got to reminisce about their favorite memories and teachers at Lincoln and say hello to their "kindergarten buddies" who are now sixth graders. Recipients were from Clark Magnet, Village Christian and Crescenta Valley high schools.

The recipients of the Pat Kalish



Photos provided by Nicolas JAMES

LEFT: Back row from left are Sedona Elliott, Matthew Apostol, Alexander James and Leighton Ong Yiu. Seated from left are Jiyun Jodi Roe, Eunice Yoon, Principal Barbara Fariss, Victoria Ibarra and teacher Angelina Thomas.

MIDDLE: Lincoln Staff Scholarship awardee Alexander James with his kindergarten buddy Christopher Spears.

ABOVE: Alexander James received the Lincoln Staff Scholarship from Principal Barbara Fariss.

& Martha Plumtree Scholarship were Ernesto Aguilar and Sedona Elliott. The Palacios Family Scholarship for students planning to major in English, literature, writing or liberal arts was awarded to Matthew Apostol. The Lincoln Staff Scholarship was awarded to Alexander James. The Stephen

Williams Leadership Scholarship was awarded to Eunice Yoon. The Sixth Grade Committee Scholarship was awarded to Leighton Ong Yiu. The Lincoln PTA Scholarship was awarded to Victoria Ibarra, and the Lincoln Foundation Scholarships were awarded to Jiyun Jodi Roe and Juliana Ramos.



Lanterman House Opens Applications for Summer Internship Program

The Lanterman Historical Museum Foundation is inviting local high school students seeking summer internship opportunities to apply for its second annual virtual history internship program. The six-week program will be conducted remotely and is open to students in grades 10 through 12 interested in learning about and preserving local history.

This year interns will create oral history interviews with people who have experienced significant personal or professional challenges over the course of the COVID-19 pandemic. The program includes training in research methods, interview techniques, how to process and preserve an interview, and legal and ethical guidelines. Interns will attend four Zoom meetings

to receive training and feedback. They will use free recording apps on their smartphones to record the interviews, which will be permanently archived in the Lanterman House Archives.

"Our inaugural program last summer was a tremendous success," said Laura Verlaque, executive director of the Lanterman Historical Museum Foundation. "The interns

forged connections with longtime members of the community and recorded 11 interviews."

"This year we'd like to capture stories of the pandemic and how it has affected our community," stated Julie Yamashita, Lanterman House Archivist. "We'd like to make sure the events of the past year are documented for future generations."

Students who attend a local

high school or who live in the Crescenta-Cañada Valley are eligible to apply. They must fill out a short application and submit a recommendation. Application and recommendation forms can be found on the Lanterman House website at <https://www.lantermanhouse.org/internship-application>.

Applications are due by June 6 and the program begins on June 15.

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SPORTS

CVHS Boys' Lacrosse Scores Back-to-Back Double-Digit Wins to Close Out Impressive Season

By Justin HAGER

For residents of Glendale and La Cañada who are wondering if the CVHS boys' lacrosse team was for real, the answer rang loud and clear this past week: the Falcons

are real and are a force to be reckoned with.

Following an 18-1 victory over Glendale on May 20 and a 17-4 victory over La Cañada one day later, the Falcons completed their first year competing in the California Interscholastic

Federation (CIF) with an overall record of 13-3. With their only league-play losses going to Brentwood School and Sierra Canyon, both of which are ranked in the top 100 in California and the latter of which is ranked in the top 350 nationally, the

Falcons finished in third place in the Gold Coast League, ranked number four in CIF-SS Division III, in the top 100 statewide, and the top 1000 nationally. As if that wasn't enough, the team is headed to the CIF Southern Section tournament with a showdown against the Riverside Polytechnic Bears scheduled for Wednesday, May 26 at 3:15 p.m. right here in Crescenta Valley.

CVHS was projected to defeat the 4-4 Bears, which would put them in the quarterfinals, May 28 against Chaparral.

Photo provided by Justin HAGER
The CVHS boys' lacrosse team showed some strong play during its game against La Cañada on May 21.



CVHS Baseball Falls to Arcadia, Takes Second in Pacific League

By Justin HAGER

The CVHS boys baseball team still has one game remaining on its regular season schedule, but their fate was sealed last night as their 7-5 loss to Arcadia eliminated them from contention for the Pacific League title. Combined with Burbank's loss to Burroughs on Monday, the Falcons now have a lock on sole possession of second place with Arcadia winning the 2021 League pennant.

Optimism for the Falcons to upset the undefeated Apaches ran high going into Tuesday night's clash. CVHS stole a victory from the jaws of defeat just three days earlier when, after a masterful six-inning, 10-strikeout showing from pitcher Jameson Ferraro kept the Falcons' game against Burbank tied at 2-2 going into the seventh inning. That's when Emilio Velis walked to first and was replaced by pinch runner Mason Faunce. Using his lightning-fast speed he advanced to second on a fielder's choice, stole third base and, finally, in one of the most unlikely outcomes of the season, stole home to score the winning run while delivering an emotional

nailed in the Bulldogs' proverbial coffin.

While the Falcons will not win the Pacific League, their victory over the Bulldogs on Friday was critical to the team's playoff picture, as could a victory this upcoming Friday in

their rematch against Arcadia. By taking second place in the Pacific League, rather than third, CVHS will likely have a significantly friendlier seed and opponent when CIF-SS pairings are announced this upcoming Sunday, May 30.



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ADVERTORIAL

USC-VHH Primary Stroke Center Offers a Full Journey to Recovery

When someone experiences a stroke, the clock immediately starts ticking. Every minute that the brain is deprived of blood – and therefore oxygen – the more brain cells die. Quickly getting the patient critical care will reduce the risk of permanent disability.

According to a 2019 study from the Centers for Disease Control and Prevention, stroke is the fifth leading cause of death and a leading cause of serious, long-term disability in the United States.

USC Verdugo Hills Hospital (USC-VHH) is a primary stroke center conveniently accessed from La Cañada, Glendale and the Foothill communities. From a highly trained rapid response team to post-acute rehabilitation services, USC-VHH provides comprehensive neurological care for patients who are experiencing or recovering from a stroke. This whole-person approach to stroke care is one of many reasons USC-VHH has been recognized with primary stroke center quality assurance certification by DNV GL Healthcare.

When stroke patients come to USC-VHH, they receive a diagnosis as soon as possible. Rapid imaging studies help quickly determine what type of stroke is occurring so treatment can begin right away. The patient may be admitted at USC-VHH or be transferred to Keck Hospital of USC for more advanced intervention.

“Collaboration and communication are the cornerstones of efficient and effective stroke care,” said Michelle Brahe, RN, stroke program coordinator for USC-VHH. “Time is such an important factor with stroke. Therefore our team, which is everyone from emergency room physicians and nurses to radiologists and post-

stroke therapists, have to make sure that everyone is on the same page, every single time, in order to provide the best outcomes for our patients.”

Once a patient's acute health needs are met, USC-VHH provides a variety of continued care to improve the patient's quality of life and day-to-day functions and help prevent recurrence. One of the most innovative elements of this ongoing treatment is Speak Easy, a communication group developed for stroke and traumatic brain injury survivors to exercise speaking, listening and memory skills with a licensed speech-language pathologist.

“Many times patients who have experienced a stroke or other neurological trauma might struggle with communication,” said James Pazak, MS, speech pathologist and speech therapy education coordinator. “This group provides a fun, safe way to make progress with speech and other issues, along with important social support from people who are facing similar challenges.”

Along with the Speak Easy program, USC-VHH provides a variety of other therapies for stroke survivors, including aquatic therapy, neurological rehabilitation, physical and occupational therapy and more.

If you, or a loved one, experience a sudden onset of symptoms indicating a stroke, such as difficulty speaking, blurred vision, loss of balance, facial drooping, weakness, numbness or paralysis on one side of the body, don't wait. Call 9-1-1 immediately.

USC-VHH has been serving the Glendale, La Cañada Flintridge and Foothill communities of Southern California for more than 40 years. For more information, visit USC-VHH.org.

TRAVEL & LEISURE

Celebrating 100 Years at Knott's Berry Farm



By Charly SHELTON

Last year everything was pretty much shut down due to the pandemic. For many people, that meant birthdays, anniversaries and special moments were spent alone or shared over Zoom. For businesses like Knott's Berry Farm, that meant holding off on major celebrations. Knott's Berry Farm was founded in 1920, making last year its 100th anniversary. While the theme park remained largely closed, except for the food festivals, 2020 was not a year conducive to holding a celebration of such a momentous milestone. So now with the theme parks reopened, rides and all, it's time to celebrate in a big way.

"The Knott's Family Reunion," as the 100th anniversary celebration is subtitled, looks to reunite family and friends in a safe and fun environment. Guests who visit Knott's Berry Farm from now through Sept. 6 will be treated to special photo ops, unique food offerings, event merchandise and more, all tailored to showcase the history of Knott's over the last century. For many, that will mean a first introduction to some of the rides and characters that have

come before. But for others who remember visiting the Berry Farm as children, it's a resurgence of nostalgia. Whether you remember your first roller coaster being Wacky Soapbox Racers or you have a special fondness for the Catawampus, this is every Knott's Berry Farm fan's dream – to see the best of Knott's history all in one place for the reunion.

In addition to the 100th anniversary event, Knott's is also hosting its summer food festival, Knott's Summer Nights, also through Sept. 6. As with any Knott's food festival, guests should be prepared to taste some amazing stuff. From boysenberry BBQ carne asada pizza to a butter and onion burger to deep fried cinnamon rolls with boysenberry glaze, these foods are somewhere between county fair and a sock hop snack bar, which is perfect warm summer evening food. Honorable mention goes to the jerk shrimp and pineapple lettuce wraps, but there is one clear winner of best-in-show for the food festival.

The chicken-wich on glazed donuts with bacon and cheese may be one of the best things ever created. On a personal note, it was one of only three foods to ever bring tears to my eyes. Two fresh baked glazed

donuts are the buns for this fried chicken breast topped with cheese and two slices of bacon. Ask for a side of the boysenberry vinaigrette (from a salmon orzo salad served at the same location) to drizzle over the chicken and you have pure tear fuel that will make you reevaluate not only how good foods can be, but your place in the universe and the depths of your very soul. This is no mere sandwich, but a window to the divine. And yes, after three sandwiches it's a little hard to walk, but the sacrifice is worth it to see perfection attained.

The churros are pretty good, too. All in all, the food festival aspect of Knott's summer offerings is, as always, one of the

highlights of the visit. But the food isn't the only new fun that Knott's has cooked up. After more than a year of waiting, the boysenberry pie factory is finally ready to open in the new ride "Knott's Beary Tales: Return to the Fair." Check back with CV Weekly for a full review of the new ride.

Photos by Charly SHELTON

TOP LEFT: Guests to Knott's Berry Farm are reminded of the park's 100th anniversary from the moment they step through the gates.

TOP RIGHT: The chicken-wich on glazed donuts with bacon and cheese may be one of the best things ever created.

ABOVE: The beauty of Knott's is captured from a unique perspective.

THEN & NOW I



Owen Brown's gravesite in the Sierra Madre mountains Pasadena } Owen Br

Then » Owen Brown was the son of famed abolitionist John Brown, and was a participant in the Harpers Ferry Raid. He lived his last years in Altadena and is buried in the San Gabriel Mountain foothills, on the border of Altadena and La Cañada. His grave became a pilgrimage site. Here we see a racially diverse group of visitors placing flowers on his headstone at the turn of the century.

Owen Brown's Gravesite Courtesy of the Historical Society of CV



Now » The gravesite today is just behind JPL and overlooks homes in La Cañada. The headstone was stolen in 2002, but was retrieved 10 years later. It will possibly return to the gravesite sometime in the future. In the meantime, a couple of wooden signs mark the spot. It's a short hike from a residential area.

Pasadena Showcase House for the Arts presents June Bloom

Pasadena Showcase House for the Arts presents June Bloom, an outdoor garden party on Saturday, June 19 spread across three sprawling estates in La Cañada Flintridge. The public event will invite guests to step out of their homes and safely stroll through elegant gardens in a progressive format showcasing beautiful landscapes, Mediterranean terraced planters, and blooming ornamental roses along a picturesque street in the heart of Flintridge.

The day's activities will include docent-led garden tours, live music entertainment at each home, floral demonstrations and the famous Shops at Showcase featuring a variety of unique craft purveyors. Grab & go meals and snacks, wine and beer will be available for purchase throughout the event. Advance reservations are required; tickets are \$60 and available at pasadenashowcase.org. Proceeds from the event will support Pasadena Showcase's philanthropic initiatives.

The three featured estates include a Spanish Colonial Revival built in 1917 by noted architects Marston, Van Pelt & Maybury on 2.4 acres with a well-manicured promenade, terraced pools and planters, and a secluded tennis sanctuary; an English Tudor Revival built in 1926 on 1.6 acres with a sprawling verdant lawn; and a Colonial Revival built in 1921 on 1.6 acres with an architecturally identical life-size dollhouse and an expansive collection of 142 rosebushes. (The interiors of these homes will not be available for touring.)

Live music entertainment will be held throughout the day and include a jazz trio from Saturday Night Bath, Pasadena Conservatory of Music featuring Café Luar and classical guitarist Brian Barany, string trios from the Colburn School and Santa Cecilia Orchestra, pianist Greg Parker, and the Riverboat Dixie Jazz Band. Many of the groups are Pasadena Showcase Gifts & Grants recipients. Shops at Showcase – a beloved mainstay of the Pasadena Showcase House of Design experience – will be available for all-day shopping. Featured purveyors include Designer Sterling, JP Designs, The Treasured Accessory, Jacqueline B Clothing, Laurie Jo Designs, M

& C Collective, Paco Soler, Veronica's Garden, Lavender Blue, Susie O's, and Green & Bisque Clayhouse. Floral designer Drew Domenghini will be giving demonstrations throughout the day.

For up-to-date information on event schedules, performance times, docent-led tours and additional Shops at Showcase vendors, visit pasadenashowcase.org.

"We are grateful that the COVID-19 pandemic has vastly improved over the last several months allowing us to do what we do best: gather family and friends together for a unique experience in a beautiful setting in support of music and the arts," said Barbara Damerel, Pasadena Showcase House for the Arts 2020/21 president. "La Cañada Flintridge is a beautiful area and always a wonderful host city to Pasadena Showcase."

Susie Aguirre, 2020/21 benefit chair and organizer of June Bloom, added, "I cannot wait to be outside in the warm sun with friends, glass of wine in hand, enjoying summer blooms and jazz. It is going to be a delightful event and I'm proud of my fellow Pasadena Showcase members who came together to make this possible."

Guests will park at Descanso Gardens (1418 Descanso Drive, La Cañada Flintridge) then board complimentary shuttles that are running throughout the day. All are encouraged to wear comfortable flat shoes as they'll stroll across several acres and uneven terrain. Wheelchairs and walkers may not access all areas of these private estates; for questions regarding accessibility please call (714) 442-3872.

Guests will also be asked to comply with the latest COVID-19 guidelines. Hand sanitizer will be available throughout the grounds and portable restrooms and other high-touch surface areas will be sanitized regularly. The capacity of the event has been limited.

While June Bloom cannot replace the much-anticipated and highly successful annual Pasadena Showcase House of Design, it will be the marquee fundraiser for the organization this year. Planning is already underway to secure a home for the 2022 Showcase House and an announcement will be made later this summer.

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BETWEEN FRIENDS

LCF Trails Game Acclaims Winners and Sparks Community Spirit

There was cause for celebration as the LCF Trails Game, cosponsored by the Kiwanis Club of La Cañada and the LCF Trails Council, recognized the grand prize awardees and at a recent noon-time Zoom ceremony. A total of 82 participants amassed 54,135 points, with the first place grand prize winner, Gabriel Gonzalez, racking up 10,235 points. Event participants included students on the La Cañada High School mountain bike team, with horseback-riding challenges logged in, and families and kids with their pets hitting the trails just to have fun.

Aimed at encouraging participants of all ages to go outdoors for a healthy dose of fresh air and exercise, the LCF Trails Game Committee Chair Linda Fors, said, "The response from the community exceeded all of our expectations! It was great to see the tally go up each week as more people kept joining the game."

"We are delighted and it has inspired the committee to brainstorm some exciting ideas for the second annual LCF Trails Game!"

The LCF Trails Council president and committee member Tom Reynolds said, "The Trails Game was our first partnership with the Kiwanis and together we successfully brought more awareness about our wonderful trail system to the community. Many people said they walked on new trails they had never been on before. This was the first year of this event. It was really fun and we look forward to partnering with Kiwanis again next year."

During the Zoom festivities, Trails Game Committee Member Elizabeth Georgeon presented a commemorative patch to the hikers who completed the 12.7-mile "City Loop," including Nigel Angold, Carol Bruegge, Gabriel Gonzalez, Cate Shin, Daniel Washburn and Simon Cheng – who did the loop three times! The patches were donated by Nigel Angold, a Scout leader in La Cañada Flintridge. Angold has dispensed an estimated 70 patches over the years to Scouts and their families who completed the City Loop.

Among the LCF Trails Game Committee members were youth representatives LCHS junior Phil Klemmer and LCHS senior George Kamar. Both students were a vital link to the success of the event. Klemmer designed a data collection form available on the LCF Trail Council website, set up a QR code, and enabled mountain bikers to use Strava to record their



TOP LEFT: Gabriel Gonzalez
TOP RIGHT: Cate Shin
BOTTOM LEFT: Nigel Angold
BOTTOM RIGHT: Simon Cheng

trip. He also tallied the points each week, monitored the entries and summed the totals to identify the weekly and grand prize winners. Kamar scouted locations used for the trivia and photo opportunity challenges, and lent his creative talent to produce photos used in the flyers, banners, posters and publicity.

To spark interest in the history of the trails and learn interesting facts about the community, 10 trivia and photo bonus point challenges were created by committee member Jennifer Seastrom. As an added perk, a LCF Trail map and DVD were available to all participants, courtesy of the LCF Trails Council.

The grand prize winners receiving the top overall points were Gabriel Gonzalez, Cate Shin, Nigel Angold; honorable mention was given to Simon Cheng.

The weekly winners received a cash card prize and included Cate Shin, Nigel Angold, Gabriel Gonzalez, Simon Cheng, Claire Saydan, Joseph Ferry, Daniel Washburn, Elenie Menemenlis, Frank Reifsnnyder, Carol Bruegge, Tom Bruegge and Zoe Watts.

To get more information about the Kiwanis email lacanadakiwanis@gmail.com or visit lacanadakiwanis.org. For those interested in more information about the trails contact the LCF Trails Council at lcftrails.org.

» USC VERDUGO HILLS HOSPITAL

Building Communities of Strength

May marks Older Americans Month with the 2021 national theme, Communities of Strength, emphasizing both the power of connection and engagement in building strong communities.

As we age, our communities of strength often include our friends and families, yet in some situations we may also need to turn to the network of aging resources provided by public agencies, community-based organizations and subject-matter experts.

Manny called the Community Resource Center for Aging (CRCA) with a concern about caring for his 69-year-old mother. He returned from a long-term, out-of-state work assignment to learn his mom had been diagnosed with Alzheimer's disease and that other local family members had not stepped up to provide assistance to her in managing daily activities.

Manny worked hard to get her house cleaned, organized and stocked with groceries again. He felt nutrition was critical, given how much weight his mother had lost as she was forgetting to eat. Her middle stage dementia included getting lost and Manny now finds it difficult to sleep at night while his mother wanders the house. She is mixing up her days from her nights and so Manny is fearful that she may wander off. Caregiving has become a 24-hour-a-day responsibility.

I learned that while a placement may eventually be necessary, Manny very much wanted to care for his mother at home. I provided him with guidance and education about

finding supportive services using the county's In Home Supportive Services (IHSS) program. Since the application takes time, respite services were also discussed for some short-term time off. To address the wandering concerns, utilizing a county-supported tracking device through LA Found was also discussed.

Because caregiving is now an ongoing duty for Manny, a referral was made to Alzheimer's Los Angeles, which can provide a care counselor to routinely check in with him and his family. While the journey of caregiving continues, with these resources, Manny no longer feels alone in his care for his mother.

It is our hope that the CRCA can be one more link in the chain that strengthens our communities by connecting older residents in our Foothill communities with the resources they need.

As always, we look forward to being here for you, your family and the community.



Adria E. Navarro, PhD, LCSW
Program Manager
USC VHH Community
Resource Center for Aging
(818) 949-4033
adria.navarro@med.usc.edu
uscvh.org/aging-resources

Veterans Corner May 2021

The National World War I Memorial in the Nation's Capital is Now a Reality

By Blake HYFIELD

In December 2014, President Obama signed legislation authorizing the World War I Centennial Commission (WWICC) to establish a new memorial in our nation's capital. Just six years later, on April 16, 2021, the WWICC, in partnership with the National Park Service, the American Battle Monuments Commission and the Doughboy Foundation, raised the flag of the United States of America over the new National World War I Memorial.

Finally, the millions of Americans who left their homes to deploy to a country most had never visited, who fought in a war they did not start, and who were willing to die for peace and liberty for people they did not know, are honored at this magnificent spot in our nation's capital.

In 1981 the Pershing Park site was dedicated as the American Expeditionary Forces (AEF) Memorial and erected by the American Battle Monuments

Commission in honor of the AEF and their commander (and ABMC's first chairman) General John Pershing. The original AEF Memorial remains in the southeast corner of the memorial. The walls flanking the Pershing statue bear text reciting the accomplishments of the AEF and a tribute from General Pershing to his troops, as well as battle maps of the Western Front and the Meuse-Argonne offensive, the largest battle of American troops in the war, which culminated in the Armistice on Nov. 11, 1918.

As part of the rededication of Pershing Park as the National World War I Memorial, new commemorative elements are being added. In addition to the central sculpture A Soldier's Journey, the new elements include, on the reverse of the sculpture, the Peace Fountain, a cascade of water behind an excerpt from the poem "The Young Dead Soldiers Do Not Speak" by Archibald MacLeish. The poem is a call to peace to give meaning to the sacrifice of those killed in the war. (MacLeish was a U.S. artillery officer during World War I,

and later librarian of Congress and three-time Pulitzer Prize winner. His brother died in the war and is buried at Flanders Field American Cemetery.)

The belvedere, located at the northeast corner of the memorial, bears a series of interpretive panels. In the center of the belvedere is a medallion depicting an allegorical figure of victory, as portrayed on the medals awarded to members of the AEF and other Allied forces. Inscribed along the front of the belvedere are the names of the major campaigns for which Army and Navy units were awarded battle streamers.

President Woodrow Wilson led the United States into World War I with his famous call to Congress in April 1917: "The world must be made safe for democracy." The inscription here comes from a speech Wilson gave two years later, on Memorial Day 1919, after the war was over and America and its Allies victorious. Speaking at Suresnes American Cemetery outside Paris (the first overseas U.S. military cemetery), Wilson

articulated America's altruistic motivations for entering the war, and an idealism that would influence American foreign policy for the next 100 years.

The final element is a pair of quotations inscribed in planter boxes on the north side of the park. One, from Willa Cather's World War I novel "One of Ours," is a testament to the achievements and sacrifices of American armed forces in the war. The other, from Alta May Andrews of the Army Nurse Corps, speaks of her own pride in having a chance to serve, and more broadly for the contributions of all marginalized American citizens – women, African Americans, Native Americans, immigrants and other minorities – to the American war effort.

For more information, please visit <https://firstcolors.worldwar1centennial.org/> from which this article is based.

Blake Hyfield is the post service officer for the local VFW and American Legion posts. He can be reached at bhpegleg@yahoo.com.

JUST FOR FUN

ZACK hill

by John Deering and John Newcombe



WEEKLY HOROSCOPES

Provided by horoscope.com May 24, 2021 - May 30, 2021

♈ ARIES March 21 - April 19

Your usual image as a person glowing with health may need some upkeep. It's important to maintain your diet and exercise routine even if you feel like slacking off. Don't slide back into couch-potato mode. The more you make these good habits a part of your daily routine, the easier it becomes to continue. Soon you'll feel so good that you won't want to stop.

♉ TAURUS April 20 - May 20

Subtle tension could materialize. It might help to reflect on how your lifestyle and relationships affect your health. This is a good time to investigate any ongoing health condition that may cause you problems. Don't be afraid to look at emotional reasons for physical symptoms.

♊ GEMINI May 21 - June 20

Discussing health issues with your partner is important. If he or she isn't feeling up to par, you'll be more than willing to provide some TLC. This might be a good time to discuss ways in which you can improve your wellness routines. If you can find ways to support each other, you'll do yourselves a big favor.

♋ CANCER June 21 - July 22

Find a health routine you can stick with. Don't start and stop new diets. Consistency is important. If you fall short but keep trying, you'll eventually reach your goal. If you abandon your efforts entirely, you'll get nowhere. Keeping to a schedule could be difficult, but doing something you enjoy would bring a new dimension to the idea of staying fit.

♌ LEO July 23 - August 22

No matter your current state of health, an optimistic frame of mind enables you to heal more quickly. Have faith in life and in the healing capacity of your body. When you're at ease with yourself and can laugh at your situation, the body responds favorably. Keep up the positive mindset.

♍ VIRGO August 23 - Sept. 22

Some of your biggest health problems may not be due to being unwell but to impatience. It could cause you to injure yourself when you're working out if you think you should be progressing more quickly than you are. If you try to force your body to subsist on an unsuitable diet, you could end up doing more harm than good. Pay attention to your body.

♎ LIBRA Sept. 23 - Oct. 22

The cosmos is encouraging you to get out of your rut. You may enjoy sports but do most of your exercising in your imagination while sitting in a chair. You need someone or something to inspire you. That could happen now. Either a piece of news or some sort of revelation will get you going again.

♏ SCORPIO Oct. 23 - Nov. 21

Health issues don't seem to be a major concern now, but that doesn't mean they're unimportant. An urge to get out and play a sport, particularly a competitive one, could result in a minor injury if you aren't careful. Know your weaknesses. It's better to be safe than sorry.

♐ SAGITTARIUS Nov. 22 - Dec. 21

The cosmos is helping you become more conscious of any health issues. If you need more information about a problem you face, seek it now. You're more motivated to find the answers. If you need any professional help or a second opinion, get that now, too. Your search will be rewarded.

♑ CAPRICORN Dec. 22 - Jan. 19

The cosmos can help you intuit the answers to ongoing health issues. Your intuition is more powerful at this time. If you feel there's anything wrong, get it checked now. Seeking the correct information will give you confidence as well as clues to what to do next. Look after yourself if you're socializing a lot.

♒ AQUARIUS Jan. 20 - Feb. 18

You may feel less edgy and more relaxed, calm, and contemplative now. That desire to experiment with your health may have subsided. You're feeling mellower. Enjoy this time of peace. Get a massage to ease away any lingering tension.

♓ PISCES Feb. 19 - March 20

Certain symptoms could reappear, such as a skin irritation like eczema or headaches. This could be partly due to stress, since there's likely to be more pressure on you for a while. If you start to feel under the weather, listen to what your body tells you and try to limit your activities.

CALENDAR this

CANCER SURVIVORS' CHOIR ONLINE

An online film performance by the Shout at Cancer choir in the U.K. will be given at the Cancer Support Community-Pasadena today, Thursday, May 27 from 5 p.m. to 7 p.m. The performance is free of charge.

All choir members have had their voice boxes removed due to cancer. The film includes performances of songs popularized by Nina Simone, Tears for Fears and Louis Armstrong. Backup is provided by the Peter Edwards Jazz Trio and a saxophone quartet. The performance includes cancer stories of choir members. The director is Bill Brummel.

The Cancer Support Community-Pasadena is located at 75 E. Del Mar Blvd., Suite 215, in Pasadena. www.cscpasadena.org

CALTECH PRESENTS 'FROM THE EARTH TO THE MOON'

Theater Arts Caltech announces a virtual workshop reading of "From the Earth to the Moon!"

The musical reading will be screened for one night only, on May 28 at 7 p.m., on YouTube. Register at tacit.caltech.edu for the free performance and to receive a link for the live Zoom Q&A with the writers, director and cast following the show.

In imagining a late 1800s that might have been, this musical adaptation of "From the Earth to the Moon" has audience members turn their eyes and efforts to creating a brighter tomorrow for everyone. It is a story of timeless ideals, applied in the unique and timely setting of technological problem-solving. It is a tale of both the power and pitfalls of ambition, of the strength of friendship and of reconciliation, of the trials of love,

of passion for truth and knowledge, and of the eternal human need to go beyond the confines of the present, to break the bounds of the possible, and to reach for the stars.

TGHS PRESENTS NEIL PARSONS

The Glendale Historical Society hosts the virtual event "In Conversation with Neil Parsons." Dr. Parsons is the author of "Clicko: The Wild Dancing Bushman," which tells the story of Franz Taibosh. Taibosh, originally from South Africa, traveled the world as a performer with Ringling Bros. and Barnum & Bailey Circus. Dr. Parsons will discuss how Taibosh found his way to Glendale during a time when racial policies forced him to hide from his white neighbors.

The conversation will be introduced by Francesca Smith. She will describe the 2018 campaign by TGHS to preserve Clicko House, located at 1442 Montgomery Ave., from demolition. The house was the earliest known extant residence of an African American in Glendale who did not live with employers or at his/her workplace.

The event takes place on Saturday, May 29 at 11 a.m. and attendance is complimentary but advance RSVP is required. A Zoom link will be sent a few days prior to the event.

VHHS PLANS REUNION

"Team 74" is planning a 50th high school reunion in 2024. Friends and graduates of Verdugo Hills High School are invited to attend to trade stories of family, careers, adventures and anything else.

Currently Team 74 is in the planning phase of collecting names and numbers of classmates and putting together a

database; emails from classmates can be received at clsof74reunion@yahoo.com. Information should include a mailing address, cell number and graduate's name at graduation (if different than now).

A list of frequently asked questions will be provided to keep everyone updated as the reunion plans move forward. Those who belong to various VHHS groups will see redundant information to ensure all classmates are notified and have an opportunity to attend.

At this time the FB VHHS groups will be the reunion information outlet until a more focused site is created.

PASADENA HERITAGE SPRING HOME TOUR

Pasadena Heritage presents a new version of its annual Spring Home Tour. Instead of a one-day event, tours of six architectural works of art will be offered as a series. Recordings of two different homes will premiere on the last Sundays of May and June and will be available through July 4.

Premiering May 30 is an exploration of Arroyo del Rey, the 1979 custom-designed Modern home nestled under the freeway bridge and taking full advantage of its site, designed by Buff & Hensman. The second featured home is the Moseley House, designed in 1999 by Don Hensman. The tour will include interviews with the homeowners who will give first-hand accounts of working with Conrad Buff and Don Hensman.

Tickets for three days of tours with six homes are \$50 for nonmembers, \$40 for members. Tickets for individual homes are: one day of tours with two homes \$18 for nonmembers, \$15 for members.

Visit the website at <https://tinyurl.com/3uy58n7y> for more information.

FreeDailyCrosswords.com

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ACROSS

- 1) Lost one's lap
- 6) Team letters?
- 10) Dotted-line instruction
- 14) Welsh canine
- 15) It's played in chukkers
- 16) Seabird
- 17) Beat swords into plowshares
- 18) Lodes' output
- 19) Come back to earth
- 20) Disappearing booth contents
- 22) Small cosmetics case
- 23) Albanian money unit
- 24) Still on the auction block
- 26) Bridal wear
- 30) Something to talk about
- 32) Fit of chills and fever
- 33) "Go no farther!"
- 35) Military stations
- 39) Geological ledge
- 41) Broke a fast
- 42) Show mercy toward
- 43) Public boulevard
- 44) Copper-colored coin
- 46) Canal with a mule, in song
- 47) Acceleration sound
- 49) Give, as a job
- 51) Where it originally was
- 54) Everything
- 55) Wire service output
- 56) Type of Fender guitar
- 63) Bangkok citizen
- 64) One on a high horse
- 65) One of the strings
- 66) "___ go brag"
- 67) Homely citrus fruit
- 68) Samantha of the silver screen
- 69) Ladder segment
- 70) Dolls, mini-racers, etc.
- 71) Lake Geneva interrupts it

DOWN

- 1) Short, erect tail
- 2) Healthy muscle condition
- 3) Kind of history
- 4) Cruel person
- 5) Engaging smile feature
- 6) Frighten, as horses
- 7) Hardly new-looking
- 8) Away from the breeze
- 9) Hard-to-make decision
- 10) Gazing needs
- 11) "The lovely," to Hesiod
- 12) Declare legally void
- 13) Altered completely
- 21) Terrycloth term
- 25) Bites lightly
- 26) Sound of fright
- 27) Turkish honorific (Var.)
- 28) Feels regret over
- 29) Airing on boob tubes
- 30) Carved pole
- 31) Accessible to everyone
- 34) Mexican lunch food
- 36) Draped Indian garment
- 37) High-school math course, briefly
- 38) "As ___ on TV!"
- 40) Bragg, for one
- 45) Chalky mineral
- 48) Production in general
- 50) Amistad, e.g.
- 51) Part of ICBM
- 52) "Gandhi" role
- 53) Country gallant
- 54) Zeus' shield
- 57) Start of a conclusion
- 58) Easter symbol
- 59) Wistful exhalation
- 60) "And miles ___ before I sleep"
- 61) Lively spirit
- 62) Steak order

COMMON STARTER

By Kenneth Holt

1	2	3	4	5	6	7	8	9	10	11	12	13	
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RELIGION

Question:

My question is does grief have a timeline? Should a person be over losing a dear one after six months or even a year?

My beloved husband of 55 years passed away over a year ago. We were high school sweethearts, went to the same college, married and raised a beautiful family. I am attending a grief group, but I just cannot get over the deep sadness I feel when I think of him.

I don't burden others about my feelings, but I would like to know if there is a way to remember him in a happy way instead of a sad way.

~ Grieving Widow

Dear Grieving Widow,
My condolences on the death of your partner in life and love. Your sadness is perfectly normal and is a testament to the great love that you shared for, as the marriage ceremony and Scripture remind us, "You are no longer two, but one."

You have not only lost a spouse, friend, lover and partner, but you have also lost a very part of yourself. As many of the Psalms remind us, we often "waste away" because of grief. The book of Lamentations and Job are filled with instances of struggling with grief and loss. Even Jesus wept at the death of Lazarus, moments before he called him into a resurrected life. Grief is real. And unfortunately, there is no "timeline" for how grief is worked out in our lives.

I have known many through my life in ministry who, even decades after the death of a

spouse, are brought to tears at the memory of their loved one. They were often embarrassed by those tears but I reminded them that each one of those tears that fell upon their cheek is a blessed memory of love and life.

The power of the resurrection becomes real when we realize that those who we have loved deeply are still with us today ... in our memories, in our thoughts, in being reminded by a sight or smell, in the tears that leak from our eyes.

Surround yourself with others who are walking this similar path and rejoice that as you gather to support one another you do so in light of the memories that have been created through a life well lived. As you remember and share those memories with those around you, you continue to share the blessing of your husband. He lives in each memory, in each tear, even at some point in the laughter that may erupt because of a memory of joy, and that I believe is a truly happy way to remember him.

Let the tears testify to your love,



Pastor Scott Peterson
pastor@lcifoothills.org

Dear Grieving Widow,

Grief has no timeline but its own, and even that isn't an arrow going directly forward or a steady climb from "grieving" to "healed." Grief is complicated

**SPIRITUALLY SPEAKING****Spiritually Speaking Participants**

Rev. Jon Karn of Light on the Corner Church; Rev. Kimberlie Zakarian of Holy House Ministries; Anthony Kelson, RScP; Laney Clevenger-White, RScP and Rev. Dr. Beverly Craig of Center for Spiritual Living – La Crescenta; Rabbi Janet Bieber; Carolyn Young; Sharon Weisman; Rev. Mary Morgan of Redondo Beach Center for Spiritual Living; Rev. Dabney Beck of International Church of the Four Square Gospel; Lucinda Guarino; Pastor Randy Foster of Christian Life Church; Rev. Dr. Ellen Contente of Global Truth Center; Pastor Scott Peterson of Lutheran Church of the Foothills; Rev. Karin Ellis of La Cañada Methodist Church; Rev. Dr. Antonio Gallardo of St. Luke's of the Mountains Episcopal Church; Rev. Sharri James of UP Church; The Rev. C. L. "Skip" Lindeman of Upland Christian Church; Rev. Rob Holman of St. Luke's Anglican Church; Rev. Sharri Johnson of One Heart Retreat Center; Rev. KC Slack of Unitarian Universalist of the Verdugo Hills; Rev. Jeff Blanton and Rev. Emanuel David of Community Life Church; Rev. Karen Mitchell of High Desert Center for Spiritual Living; Rev. Kyle Sears of La Cañada Congregational Church.

Responses are offered from the perspective of individual clergy members, which may or may not be in agreement with other respondents of Spiritually Speaking nor the editor and staff of the Crescenta Valley Weekly.

and, honestly, it never completely goes away. I would be much more concerned – and honestly would assume you were lying – if you reported being completely fine so soon after such an important loss. It is normal and healthy to still be grieving.

I'm curious about what you say of not "burdening" others with your feelings and your desire to remember him in a happy way. You mentioned being in a grief group, but I wonder if you've been sharing your feelings with anyone else in your life. I wonder what it might be like for you to talk with your children or with friends who knew your husband about how you've been feeling. You might find that they, too, are still grieving and eventually your conversation might naturally turn towards sharing happy memories.

It can be really tempting to hide our feelings or to avoid "bringing others down" by sharing the reality of our grief and sadness, but taking

the brave step of sharing with the people we love can be so transformative, not only of our grief but of our relationships.

Grieving – it is okay that you are still sad. It will be okay that you are still sad when the grief reappears (as grief is wont to do) throughout the rest of your life. It is okay to feel things, even things we wish we weren't feeling. Sharing your feelings with the people you love has the potential to greatly relieve your burden; being in community where you are allowed to feel things and share memories can be world-changing. I hope you are able to take the brave step of sharing, and that your husband's memory may be a blessing in your life.

Blessings,



Rev. KC Slack
revkc@uuverdugo.org

following the example of our Good Shepherd Jesus Christ, we are expected to live a life in truth like he did. So, what does it mean to live a life in truth?

I don't think it means to utter the whole truth at all times and to all. I think that to live a life in truth means to trust God and to rely on God. As Christians, we have made the decision to live following Jesus' example of life, at the center of which was also his full and absolute trust in God. By following our Good Shepherd we have recognized that to live a full and purposeful life we must rely entirely on the grace of one who is infinitely greater and wiser than us. We have also learned that we must completely surrender our discernment and actions to the light and the will of God, having a sense of our own weakness and poverty and even our deficiencies. We have learned that we must consent to be led in plain and straight paths, and that makes it hard to live a life in truth. To live in truth is scary because we may fracture or even lose a relationship that we value because it may cause harm to our loved ones or us.

When talking about truth one of our moral compasses, the Scriptures, stress the right use of the tongue and condemns most strongly its misuse (James 3:6; Matthew 12:36f, NRSV). Therefore, one may think that when we don't say the truth we may be harming ourselves by not using properly the gift of speech that God has granted us.

Although telling the truth is a great Christian principle to live by ... there are truths better left unsaid; not to speak is not necessarily to sin against the truth. On occasion part of the truth may be better withheld, like when lives may be in danger. As a person devoted to the truth, you will have the sensitivity to discern when and how much of the truth to speak, and Jesus is there for you. Our Good Shepherd prayed for us to have the strength and wisdom to live a life in truth when he said to God "sanctify them in the truth; your word is truth." (John 17:17) I pray that during this time of discernment you find the balance between telling all you know and not saying anything, because both ends of

see SPIRITUALLY SPEAKING
on next page

NOTES & NODS**This Week at LCIF**

Lutheran Church in the Foothills invites the community to "Couch Church" on the church Facebook page and YouTube channel for the continuing celebration of Trinity Sunday. On Sunday, May 30 at 11 a.m., Pastor Scott Peterson will deliver a message called, "Feet, Heart Mind." For those unable to watch live, the videos will be available on the church website, Facebook page and YouTube channel.

The community is also invited to prayer Zoom on Wednesdays at 10 a.m.

Vacation Bible School 2021 will be live and on campus from July 12 to 16, from 9 a.m. to noon! Please register (or volunteer) at www.lcifoothills.org/vbs. Registration is \$20/child and \$15/sibling.

Visit the church's website at lcifoothills.org for details on all of the events happening including small group gatherings and opportunities to serve.

The church office is located at 1700 Foothill Blvd. in La Cañada Flintridge and is generally open Monday through Friday from 9 a.m. to 2 p.m. Contact the office via email at office@lcifoothills.org or call (818) 790-1951 for details, information, offering help or requesting help.

Indoor Worship Services at La Crescenta Presbyterian

The community is invited to join La Crescenta Presbyterian Church for worship services in the church sanctuary every Sunday at 10 a.m.

Come for live music, prayer time and an inspiring message, surrounded by the church's historic stained-glass windows that were beautifully restored last summer.

Sunday services also feature special programs for children and youth from preschool age to high school.

COVID-safe practices in line with Los Angeles County public health guidelines will be observed.

For those who prefer to worship from home, LCPC's online services are available at lcpc.net every Sunday at 9 a.m.

La Crescenta Presbyterian is located at 2902 Montrose Ave. in La Crescenta. For more information, visit lcpc.net or call (818) 249-6137.

Outdoor Movie Night

Bethel Church invites everyone to attend an outdoor showing of the movie "Soul" at 8 p.m. on Sunday, May 30. In this movie music teacher Joe lands the gig of his life at the best jazz club in town. But one misstep lands Joe in a fantastical place: The Great Before. There he teams up with soul 22, and together they find the answers to some of life's biggest questions.

All are welcome! Pre-packaged snacks will be provided during the movie with a time for discussion at around 9:45 p.m.

Questions? Need transportation? Call (818) 767-4488. All free and COVID-safe.

Bethel Church, 10725 Penrose St., Sun Valley

Walk and Word

Walk and Word on Sunday mornings, a time to discover Scripture while hiking Deukmejian Park, is on hiatus until further notice.

For more information, contact Jean Lavieri at (818) 383-3137 or email jnlavieri@earthlink.net.

Question:

I'm a Christian in a quandary. I recently was told about someone engaging in an illegal activity. I'm not certain whether to go to law enforcement or not. Now I understand the reason people living in gang-infested neighborhoods are afraid to speak up.

My challenge is this is my neighborhood and another neighbor told me. I don't know how many people know about this, so telling could come back directly to me. I know there are phone numbers to call anonymously but, again, with perhaps only a few people knowing this could turn into a dangerous situation. Your guidance and prayers are welcome.

~ Afraid to Speak Up

Dear Christian in a Quandary,
I am sorry to hear that you find yourself in a position of uncertainty over what to do in light of what is happening in your neighborhood. Maybe part of the tension that you are experiencing comes from your Christian belief that, in

SPIRITUALLY SPEAKING from previous page

that tension rod seem to represent possibilities that you are having a hard time living with.



Rev. Antonio Gallardo
agallardo@stlukeslacrescenta.org

Dear Afraid to Speak Up,
I can understand your quandary. And ... how would you feel if something bad happened to someone when it possibly could have been avoided if you had not reported it? Not that the results would have been on you for not reporting. But you might always wonder "if only I had done something."

And do you know for sure something illegal is happening? Circumstances and appearances can be deceiving.

If your neighbor told you, then s/he is probably not the only one who knows. S/he can report it as well as you. And I believe those anonymous tip lines are just for that – to protect the safety of

those who do speak up. Ask yourself before you go to sleep at night "What is the right thing for me to do with this situation?" When you wake up in the morning, see what answer comes to you. Also, how does your body feel thinking about reporting or not reporting. In other words, follow your gut instinct.

In your prayer time, know that it is God talking as you claim that you are protected and guided by doing what is the right thing to do. When you come from a place of love in your heart and consciousness, you are always guided and protected in making the right choice.

So ... listen to your heart and your body's instincts; you will make the right decision.

Be at peace.

Many blessings,



Laney Clevenger, RSCJ
Emeritus
laneycl@ca.rr.com

GCC from Cover

Hollywood/Pasadena BRT (rapid bus) and the busway plan will be on the consent calendar of the transit agency on Thursday later this week.

Najarian also reported on \$26 million for bike lane improvements along Broadway and Glenoaks.

"This is really good news for everyone concerned about transit, the climate – these are protected bike lanes," he said. "Wow! is all I can say."

Mayor Devine reported on a light installation at Glendale's Central Park (216 S. Brand Blvd.). She read from the artist's description: "As part of a continuation of Armenian Genocide Remembrance Month, an experiential light sculpture called

EternalArmenia by artists Margarita Simonian, Vreje Bakalian and Yeva Babayan will be on display from May 14-28, 2021. The 18 foot light-weight, circular-aluminum truss structure will be programmed with LED lighting. The ancient Armenian symbol of Eternity will light up the park like a beacon in the night while attracting astonishment in the daytime and the attention of passersby. Red solar lit garden lights symbolic of red poppies in remembrance of the 4,000-plus perished soldiers from the recent Artsakh war and the bloodshed of 1.5 million in the 1915 Genocide will also be spread across the field for all to cherish," and she encouraged everyone to see it.

More detail on the exhibit can be found at <https://tinyurl.com/y87z5x3h>.

Devine also solicited an update from staff about the potential for replacing the city's small gas-powered carts with battery and electric-powered small vehicles, starting in the city's parks. City manager Roubik Golanian reported that the Toro Company had worked with city maintenance and grounds staff to conduct a test drive of small electric vehicles. As approximately 12 gas-powered vehicles need to be replaced, Golanian told the Council, they would be replaced with battery-operated trucks and transports.

Sharon Townsend called in to the Council meeting, representing the Glendale Sunrise Rotary, urging support for a robust Memorial Day display of thousands of flags at Forest Lawn Glendale. The Field of Honor <https://vimeo.com/260170945> program starts at 11 am on Monday.

According to the group's website, <https://www.glendalefieldofhonor.com/about>, "The community needs this. We need this, and we know you do, too. A pandemic cannot take us away from celebrating our veterans who fought and continue to fight so valiantly for our freedom. Thank you to Forest Lawn Glendale for collaborating and making sure we are following COVID-19 social distancing policies in addition to being able to once again honor our heroes. We are confident we have partnered with a compassionate company who are trailblazers in outreach and engagement in communities they serve."

Flags are still available for donations at <https://www.glendalefieldofhonor.com/purchase>.

Tara Peterson, CEO of the YMCA Glendale & Pasadena, called to "thank the mayor and others who



Steve Zurn, in white shirt, addressing a crowd outside the Glendale Power Plant.

joined us for our first annual peace walk."

"Today," she continued, "we commemorate one year since the death of George Floyd and the racial reckoning that took place across the country ... it was also close to a year ago that more than 2,000 people took to the streets to declare that Black lives matter and to demand an end to police brutality.

"Thanks to Dan and Ardy for lifting up his name and for reminding the Council of its commitments made over this last year and have not yet been followed through on. We have come a long way in naming our city's history, but we have not made any progress in making the investments in structural changes that will move our city forward.

"When the Glendale anti-racism coalition brought forward the Sundown Town resolution, we were only aware of a fraction of the history ... the city's report illuminated the history of redlining, racially exclusionary practices. All Sundown Town resolutions contain three elements: they acknowledge the history; they apologize for the harm done; and they atone for the harm. We're better at acknowledging and apologizing but more work needs to be done.

"Where's the action plan?" Peterson challenged.

Finally, the Council adjourned in the memory of Steve Zurn, following his sudden death just months after the 34-year city executive retired.

"Shocking; he was a really good guy," Najarian said of the former director of the city's utility as well as its Public Works Department. "He loved Glendale, loved the community."

Councilmember Kassakhian shared these words about Zurn: "A tragic loss for Glendale."


"Steve was the Public Works director when I started as city clerk in 2005. We were the only two UCLA Bruins among the city's executive directors and would often talk about our beloved Bruins or about baseball or Catholic school prep sports. He had a good sense of humor and loved working for the city.

"He was a hardworking and smart man who always spoke his mind even if it ruffled a few feathers. Some didn't like him for that. Others did. But most importantly – everyone respected him.

"He has left us too soon and will live on in our hearts and memories. RIP Steve," the Councilmember wrote.

"Proof that life is fragile," Mayor Devine observed.

RELIGION SERVICE DIRECTORY

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SOCCER from Cover

practice we put in pay off was really exciting."

After a season that nearly ended before it began due to COVID, the loss was heartbreaking but fortunately for the Falcons, the sting of the loss was short-lived after the team learned that their historic run to the CIF Southern Section semi-final had earned them the opportunity to play in the CIF regional tournament for the first time since 2002.

After the match, the sense of pride was palpable from Head Coach Tyraysha Peterson.

"I'm just really proud," said Peterson. "I could never have dreamed this when we got together at spring break."

Rachel Ryan, the mother of senior Dana Ryan, echoed this sentiment, calling the girls historic run "absolutely amazing," while explaining that for her daughter and many of the girls who have played together since they were 6 years old, this moment was everything they had dreamed of.

"They sat out for so long this year," she explained, "but from the moment they got back together their attitude was that 'We're gonna go get it.'"

Robert Parada, who coached many of the girls when they were younger and whose daughter, Megan, plays on the team, added that he "has nothing but pride for these girls, who they are, and what they have given to their parents, their school, and their community.

The brackets for the 2021 CIF Southern California Regional Soccer Championships will be released on Sunday, May 30, with games being played June 1-5. Due to the ongoing COVID pandemic, northern California will not be participating in the CIF state tournament this year, making the Southern California regionals effectively the state championship.

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LEGALS

NOTICE OF PETITION TO ADMINISTER ESTATE OF JENNIE CAMALICH

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of JENNIE CAMALICH:

A Petition for Probate has been filed by ELIZABETH CAMALICH COLLIE in the Superior Court of California, County of Los Angeles, Los Angeles County Superior Court Case No. 20STPB04169

The Petition for Probate requests that ELIZABETH CAMALICH COLLIE be appointed as personal representative and executor to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in Los Angeles County Superior Court as follows: Date: JUNE 1, 2021, Time: 8:30 A.M. Dept: 79 Room: 610. The address of the court: 111 North Hill Street, Los Angeles, CA 90012.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above.

You may examine the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Petitioner: Elizabeth Camalich Collie, 10935 Longford St., Sylmar, CA 91342

Published in the Crescenta Valley Weekly on May 13, 20, 27, 2021

NOTICE OF SELF STORAGE SALE

Please take notice US Storage Centers - La Crescenta located at 4454 Lowell Ave La Crescenta, CA 91214 intends to hold an auction to sell the goods stored by the following tenants at the storage facility. The sale will occur as an online auction via www.storagecenters.com on 6/17/2021 at 10:00AM. Unless stated otherwise the description of the contents are household goods and furnishings. Todd Alexander Moore; Olivia Renee Wagner. All property is being stored at the above self-storage facility. This sale may be withdrawn at any time without notice. Certain terms and conditions apply. See manager for details. Published in the Crescenta Valley Weekly May 27, June 3, 2021.

NOTICE OF SELF STORAGE SALE

Please take notice US Storage Centers - Montrose located at 3708 Clifton Place Montrose, CA 91020 intends to hold an auction to sell the goods stored by the following tenants at the storage facility. The sale will occur as an online auction via www.storagecenters.com on 6/17/2021 at 10:00AM. Unless stated otherwise the description of the contents are household goods and furnishings. William F Reed (2 units); Craig Edward Anderson (2 units). All property is being stored at the above self-storage facility. This sale may be withdrawn at any time without notice. Certain terms and conditions apply. See manager for details. Published in the Crescenta Valley Weekly May 27, June 3, 2021.

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CONTACT US

Robin Goldsworthy
Robin@CVWeekly.com
818.248.2740
Publisher/Editor

Rachelle Miller
Rachelle@CVWeekly.com
818.248.2740
Office Manager

Lisa Stanners
Lisa@CVWeekly.com
818.523.1234
La Cañada / Montrose

Sonya Marquez
Sonya@CVWeekly.com
818.381.2000
La Crescenta / Sunland-Tujunga

Chuck Holler
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