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Council Moves Toward a More Electrified Power System

By Ruth SOWBY

At the Tuesday night meeting of the Glendale City Council, Mayor Ardy Kassakhian congratulated the City on its Harrower Village groundbreaking that had councilmembers in attendance. The Village is a 40-unit, 100% affordable rental senior-housing project located at 912-920 E. Broadway and 117 S. Belmont Street. The Housing Authority has provided a total of \$95 million in subsidies to develop the project, consisting of 14 studios, 25 one-bedroom units and a two-bedroom resident manager unit.

"This is another Glendale project designed for our residents who need it," said Councilmember Paula Devine.

Board and commission appointments were also announced at the meeting: Sona A. Tatiyants was appointed to the Commission on the Status of Women and Joseph Kaskanian was appointed to the Design Review Board.

The majority of the Council meeting was devoted to two action items:

Renewable energy. The Council is looking toward a targeted date for movement toward carbon free emissions. (That date is to be announced.) The goal is to achieve a certain percentage of renewable energy. That percentage was debated. This resolution on renewable energy passed unanimously with one modification: The oversight committee will be eliminated.

Mayor Kassakhian commented, "I would like to see a more electrified system as a whole."

Grayson Repowering Project. A motion was proposed

see GCC on page 7

Local Campuses Busy as Students Return to School

By Lori BODNAR,
 Robin GOLDSWORTHY
 and Mary O'KEEFE

*Smiling faces
 overcame high
 temperatures
 as students
 made their
 way to school.*

It was a Wednesday morning full of hugs, high fives and welcome backs at local schools where teachers and staff greeted new and returning students.

At Lincoln Elementary School, students ran up to each other, eager to share stories of the summer while parents looked on. Some students, especially those new to the school or incoming kindergarteners, were a little more reluctant to let go of their parents' hands and enter their classrooms. Parents, too, were a little lost after letting go of their little ones with some heading to the school cafeteria where coffee and duty sign-up sheets waited.

At Mountain Avenue Elementary School most students were excited



Photo by Lori BODNAR,
 Noah and Noelle Olivares stand near the back to school sign at Mountain Avenue Elementary School.

for the upcoming 2022-23 school year. Many enjoyed the summer by relaxing, traveling, reading or volunteering.

"I enjoyed relaxing over the summer and read a lot of thrilling books," said Mountain Avenue sixth grader Alisha Singh. "I also started to volunteer to help kids at Kumon, a learning center for math and reading."

Mountain Avenue fifth grader Vivek Arunachalam also had a fun summer.

"I enjoyed my trip to Hawaii," Vivek said. "My favorite part about the trip was swimming at the beaches."

Mountain Avenue Principal Jaclyn Scott was on hand to greet the incoming students.

"Our theme this year is 'Be the change you want to see in the

world," she said. "The amazing teachers, staff and I have worked hard to prepare a year full of exciting learning experiences for students. It is our hope that we'll be able to have more in-person events this year. Our commitment to student learning and engagement to our school is of utmost importance. I'm confident that the 2022-23 school year will be

see BTS on page 7

Repairs to Pipeline Require Extreme Water Conservation

By Mary O'KEEFE

NASA missions explore the solar system for new worlds and water, or signs of ancient water sources, as evidence that indicates life. In fact, NASA's motto in exploration is "follow the water." Explorers of the universe know the value of finding water but for most people on Earth, water has been one of those elements that have been taken for granted ... but not so much anymore.

After decades-long drought, water levels in Lake Powell, the second largest human-made reservoir in the U.S., have shrunk to their lowest level since it was created more than 50 years ago, according to Environmental Site Assessment (ESA) Earth Observation.

Lake Mead, the largest U.S. reservoir, located on the Colorado River between Nevada and Arizona, has shrunk to historic low levels dropping to 30% of its capacity, according to a NASA/Jet Propulsion Laboratory.

The two lakes feed into the Colorado River, which is the water lifeline to California, Arizona and Nevada – all states dealing with historic droughts prompted by climate change.

Water conservation has been ordered by most water districts across affected states. For example, Crescenta Valley Water District is now at the Orange Level, which means outdoor irrigation is limited to no more than two days per week. Outdoor irrigation is permitted on Tuesdays

see WATER on page 15



Photo by Mary O'KEEFE
 Already in an Orange Level of water conservation, residents are asked to conserve even more from Sept. 6 to Sept. 20 due to a pipeline repair.

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» FROM THE DESK OF THE PUBLISHER



Lingering Effects

Last week, specifically Wednesday, was tough. Challenges included having a temporary layout guy (who worked his tail off yet pulled it all together) while our regular guru Steve was on vacation, wonky email service, Excel issues that made it nearly impossible to print route sheets for our delivery people and a reporter who was experiencing an allergic reaction to a medication. Throw in a checkbook that was compromised and it made for one awful week. Unfortunately, we are still dealing with the repercussions of having to close our bank account and open a new one to curtail any further issues; what a pain! But that seems to be the end of it. Our reporter who was in distress is feeling better, our office manager was able to recover most of the delivery sheets, my email seems okay and – gratefully – Steve is back from vacation. Whew! We survived!

I did get some blowback from my column last week, “Thoughts from a Privileged Woman.” One was rather rude and included curse words and misspellings while another, though in disagreement with my assessment, kindly directed me to reading material that she thought appropriate. On the flip side I received several notes and comments of support.

But there were highlights last week, too. On Thursday evening, CV Weekly hosted a business networking mixer for the CV Chamber of Commerce (there’ll be pictures in next week’s paper). It was great seeing so many familiar faces, most unmasked and ready to meet and greet. On Friday, a member of my Kiwanian family held an intimate

get together at her home and I met some interesting people. It was a nice way to unwind.

Kicking off the week, on Sunday Steve and I headed to Memorial Park in La Cañada to hear Past Action Heroes, a fun band (complete in costumes) that covers music of the ’80s and ’90s. Oh my gosh – did we have fun!

Monday was a melancholy day that included attending the funeral of a very dear friend. We’ve known Stan Birchall for over 45 years; he and Steve worked together, specializing in electronics. Stan was also big in cars and owned four. I would ride with him every year in the Sept. 11 patriot motorcade.

On Monday evening Steve and I headed to the Hollywood Bowl to attend the annual meeting of the Southern California Rotorcraft Assn., a group in which he’s a member. After the meeting, our small group made its way to watch a rehearsal of the Hollywood Bowl Orchestra/LA Phil. Now that was a treat! To sit near the stage in the shade and have some beautiful music wash over us – well, it was awesome! I’m so grateful to the association that made it possible.

It’s a new week that, so far, has presented fewer challenges. Oh, we do need a paper delivery person. If interested, check out the job listing on our Facebook page and in the classified section of this week’s paper.

Robin Goldsworthy is the publisher of the Crescenta Valley Weekly. She can be reached at robin@cvweekly.com or by calling (818) 248-2740.

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Weather Watch

Taking A Look Outside Our Window

By Mary O'KEEFE

It may sound like a broken, albeit melting, record but the Earth has seen another hottest month on record.

July 2022 was the world’s sixth hottest July on record, according to National Oceanic Atmospheric Agency (NOAA) National Center for Environmental Information.

“Last month also saw Earth’s sixth hottest year-to-date on record as Antarctic sea ice coverage plunged to a record low for a second consecutive month,” according to NOAA.

July marked the 46th consecutive July and the 451st consecutive month of temperatures above the 20th century average. The five warmest Julys on record have all occurred since 2016.

And the future does not look any better. According to the NCEI’s Global Annual Temperature Rankings Outlook there is a greater than 99% chance that 2022 will rank among the 10 warmest years on record and an 11% chance the year will rank among the top five.

The fact is scientists have been warning of this accelerated climate change since the early 1800s, and some say even before. In 1856, Eunice Foote, an amateur scientist and famous suffragette, tested the heat-trapping abilities of different gases. Her paper, “Circumstances Affecting the Heat of the Sun’s Rays,” was presented to scientists. She couldn’t actually present it herself to the American Association for the Advancement of Science because women were not allowed to speak to the male scientists so a male friend presented her findings.

Women are often called the canaries in the mines of the world. Historically, canaries would be taken into coal mines to detect the presence of carbon monoxide – a gas that is dangerous for humans. Because of canaries’

small size and quick rate of breathing they would succumb to the gas before the miners would and therefore warn them of danger. Ironically, Eunice Foote was actually the canary singing a warning but no one would listen to her.

And so her findings of how trapped gases could affect the Earth’s temperature were pretty much ignored.

“An atmosphere of that gas would give our Earth a high temperature; and if, as some suppose, at one period of its history the air had mixed with it a larger proportion than at present, an increased temperature from its own action as well as from increased weight must have necessarily resulted,” she wrote in her paper.

Of course there have been more scientists, male and female, who have carried on the experiments and theories from Eunice Foote’s first findings. Many of these scientists have been faced with ridicule and have been accused of bringing only doom to the world. For a very long time climate change deniers were very vocal, but the tide, literally, appears to be changing. Maybe those who were denying had an epiphany or maybe they do not want to be now known as a climate change Nero playing as the icebergs melted; whatever the reason, it is encouraging to see more and more people realizing that conservation must be a way of life to continue living on Earth.

And isn’t it a little ironic that the words of a woman who was not allowed to speak are finally being heard?

In the area of Crescenta Valley and Burbank, expect highs in the low 90s through Friday with a little break with temps dropping a few degrees on Saturday and Sunday, then seeing temps go up again beginning Monday. Slight winds begin tonight into Friday with gusts between 15 and 20 miles per hour.

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NEWS

IN BRIEF

CV TOWN COUNCIL MEETS TONIGHT

The general meeting of the Crescenta Valley Town Council is tonight, Thursday, Aug. 18 at 7 p.m. at the La Crescenta Library, 2809 Foothill Blvd. The meeting is also available via Zoom (dial (669) 900-6833; meeting ID is 283 256 4275; password is 626159.

Among the items on the agenda is an update from the City of Glendale Public Works on the La Crescenta Avenue Rehabilitation Project.

'BIG HERO 6' WINDS UP MOVIE NIGHTS

The Balcony of LA presents its last movie of the summer season, "Big Hero 6," on Saturday, Aug. 20 at Crescenta Valley Park. This is a free outdoor movie night; food will be available for purchase beginning at 7 p.m. and the movie begins at dusk.

CV Park, 3901 Dunsmore Ave., La Crescenta

ROSEMONT PRESERVE OPEN GATE MORNING

An "open gate" event is taking place at the Rosemont Preserve on Sunday morning, Aug. 21. This is a chance for residents to visit the Preserve and wander the trail at their own pace and enjoy the tranquil setting, the wildlife and the natural beauty. Photographers: bring your camera to capture the morning light and citizen scientists, bring your iNaturalist and Merlin apps to identify birds and add wildlife sightings!

The gate will be open from 8:30 a.m. to 10:30 a.m., and Friends of the Rosemont Preserve Committee members will be available to answer questions and present this community resource.

The Preserve is located at the north end of Rosemont Avenue, just past the chain link fence. As street parking is limited, please park at Two Strike Park, 5107 Rosemont Ave. Those with mobility issues who require a closer parking spot should contact the Rosemont Preserve Committee.

Those planning on walking the trails should wear sturdy shoes and bring water to drink.

This event is free to the public and suitable for all ages; no reservations required. Rain cancels. Sorry, no pets please.

For further information, contact the Friends of the Rosemont Preserve at RosemontFriends@gmail.com.

GYO HOLDING AUDITIONS

The Glendale Youth Orchestra will hold auditions by appointment on Sunday, Aug. 21 for the upcoming 2022-23 season. The GYO, founded in 1989, performs three concerts each season at the Alex Theatre. Members range in age from 12-20 and must participate in their school music program (if there is one).

All audition information and materials can be found at glendaleyouthorchestra.com.

Those with questions can email glendaleyouthorchestra@gmail.com.

CVCA TO DISCUSS WATER

Nem Ochoa, general manager for the Crescenta Valley Water District, will join the Crescenta Valley Community Association this month for a presentation about current water conservation measures and what the future holds. The meeting will be held on Thursday, Aug. 25 at 7 p.m. via Zoom.

Contact the CVCA at crescentavalleycommunityassn@gmail.com with questions and for Zoom meeting information. All are welcome.

History-Making Moment When LA Zoo is Awarded State Funds

By Mary O'KEEFE

On Nov. 28, 1966 the Los Angeles Zoo first opened its gates at 5333 Zoo Drive. In 1981 it was the 11th zoo in the nation to establish a research department. Its goal is to "undertake studies aimed at increasing knowledge of zoo animals' behavior, facilitating reproduction and improving living conditions," according to the Zoo's website.

The LA Zoo has been an educational, recreational and just fun place for families to visit since it first opened. On Friday that tradition was given a boost when a really big check, literally and figuratively, of \$2.2 million was presented to Zoo officials secured by State Senator Anthony Portantino as part of an allocation from the 2022-23 state budget.

"It's a great day to be at the Zoo," Portantino said during a media event on Friday.

The senator was joined by LA Mayor Eric Garcetti, CEO and Zoo Director Denise Verret, Tom Jacobson, president of the Great Los Angeles Zoo Association (GLAZA), and Brian Diamond, board president GLAZA.

"Thank you [Senator Portantino] for being a great champion for the [LA Zoo]," Garcetti said.

In the past, the Zoo raised funds to repair specific areas or would get large donations to build additions but now the Zoo can set in motion plans for property improvements rather than responding to unexpected needed repairs.

"Now we have an LA Zoo Vision Plan and it is key to maintaining this place as a gateway to wonder," Garcetti said.

As part of the Vision Plan the state funds will help support the Zoo's biodiversity and renovation projects including the completion of Swan Lake and the Angela Collier Garden – an educational and event space – and support the two California condors, Thelma and Louise.

In addition, the Vision Plan states there will be 162% more space for animals. Space dedicated solely to animals and their welfare will provide room to meet the individual needs of each animal. In addition, six acres of trees inside the Zoo, including the coastal live oak woodlands, over 100 California oak and Southern California black walnut trees, will be preserved.

"The future of Los Angeles is green, so the [Vision] Plan achieves its goals for increased animal space while saving habitat with zero expansion into Griffith Park. Rainwater and runoff is captured to reduce water consumption by 44%, while integrated solar systems power 45% of the Zoo's energy use," according to the Vision Plan.

"This is the first time in our history that state budget funds have been provided to the Zoo," Verret said. "Senator Portantino's leadership and long-standing support to the Zoo, along with our partnership with the Greater Los Angeles Zoo Association, has yielded the Zoo \$2.2 million in state funding to improve animal welfare with upgraded exhibits [and] enhanced outdoor spaces for our guests and provide us with the tools to create an inclusive space for all Angelenos."

While the LA Zoo is owned and maintained by the City of LA, it depends on the support of the LA Zoo members, those who visit the zoo and those who make private donations.

Among those LA Zoo members on hand for the donation presentation was City of Glendale Mayor Ardy Kassakhian who said he has been coming to the Zoo since he was a child and he and his family are still members. He praised Senator Portantino for his support of the facility.

The senator has been able to secure funding for many organizations including funds to help affordable housing projects in Glendale and Burbank, and funding for Rockhaven Sanitarium.

"I try to be judicious in the organizations I fight for," Portantino said. "Obviously they have to be an organization that has a great mission and broad support. I take the responsibility [seriously] of being a shepherd of the taxpayer dollars."

He added he wanted to help the Zoo's "great" conservation and expansion plan, and said the improvements would serve a lot of people.

Zoos across the country have, of late, focused on climate change educational projects.

"I think one of the best ways for young people and their families to learn about climate change is [to come] to the zoo where they learn about habitat," said Garcetti. "They understand so many habitats are strained and, when they are strained, that can lead



Photos by Mary O'KEEFE

ABOVE: State Senator Anthony Portantino addresses the crowd at the LA Zoo while LA City Mayor Eric Garcetti looks on. BELOW: From left, Burbank City Councilmember Sharon Springer, State Senator Anthony Portantino, LA City Mayor Eric Garcetti, CEO and Zoo Director Denise Verret, City of Glendale Mayor Ardy Kassakhian and Tom Jacobsen, GLAZA president.



to [species] extinction."

Due to climate change, many more species of animals are threatened with extinction than any other time in civilization, he added.

"The consequences of climate change aren't just about hotter days, it's about losing some of these beautiful creatures," Garcetti said.

The funds will not only help those targeted areas but also will free up funds for other areas of the Plan.

"There will be a more sustainable entrance where people will understand the connection of ecology, animals and plants together with climate change," he added.

The LA Zoo is open daily from 10 a.m. to 5 p.m. To learn more, visit www.lazoo.org.

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Lantern Award Earned by USC-VHH Nurses

By Julia KOHUT

After all of the challenges and trials over the last several years, the Emergency Dept. nurses at USC Verdugo Hills Hospital were recently honored for their hard work with the Lantern Award. According to its website, the ENA (Emergency Nurses Assn.) Lantern Award recognizes emergency departments that demonstrate exceptional and innovative performance in leadership, practice, education, advocacy and research. This is the second consecutive time that the nurses of USC-VHH have received this award.

Much of the recognition was in response to efforts at USC-VHH by Jessica Thomas who, in 2018, was the clinical director of the Emergency Dept. She started the push to create an environment that prioritizes the innovation of emergency care as well as recognizing the team that helps make it happen. An example of these efforts is the care taken to keep a sterile environment. All rooms are negatively pressurized to ensure the air remains clean. Many of the ER nurses have also obtained their Certification for Emergency Nursing

(CEN) and their Certification for Pediatric Emergency Nurse Specialization (CPEN).

The Emergency Dept.'s new clinical director is Raffi Boghossian and he continues Thomas' efforts, as does the Emergency Dept.'s business operations manager Shannon Slater. Since 2018, USC-VHH has taken a proactive approach when patients first come into the hospital. For example, the staff works to make sure no one gets delayed unnecessarily in the waiting room. The hospital has several protocols in place that allow nurses, based on their training, to start the process of immediately overseeing the needs of a patient.

Verdugo Hills Hospital doesn't just look out for its patients, though; it also keeps watch over its team as well.

One of the nurses at USC-VHH is Emanouel Khodadadi who said that working there is "almost like being part of a family." Whether it is offering counseling, providing food or bringing in help from different parts of the United States, the hospital supports its workers and the medical professionals serving the community.

Khodadadi has been in the medical field since 1998, and a registered nurse since 2010. He said since he started at USC-VHH in 2017, he has been able to work in and help the same community where he grew up. He said that he is "very fortunate to work in a place that is looking for innovative ways to change emergency medicine."

With the efforts started by Thomas then continued by Boghossian and the rest of the team, they are able to "make sure people are people, not numbers."

Verdugo Hills Hospital has seen an influx in its daily patient count. Many of its patients have also not been into the facility since the beginning of 2020, putting hospital staff in a "catch up mode" in the wake of COVID-19. Despite this, the nurses and other medical professionals have been keeping up with the demand, providing necessary care for the community.



ANSWERS for page 13

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Hearts for Siblings Event ‘Very Successful’



By Bethany BROWN

Hearts for Siblings – a community formed for people who have siblings with disabilities – celebrated its official launch at the Crescenta-Cañada Family YMCA on Saturday, Aug. 6. Rachel Lee, a senior at Village Christian School and founder of the group, said that the launch went extremely well. The mission of Hearts for Siblings is to create a safe environment to empower siblings of those with special needs and encourage deep conversation – and Lee said their first meeting was “very successful” in accomplishing exactly that.

Lee previously emphasized that there is a lack of information regarding the experience of having a sibling with special needs. She said that some common experiences are feeling like they need to be perfect or can’t express their own feelings or their problems are minimized making the sibling feel isolated or neglected, like they must grow up very quickly. This can ultimately lead to having a skewed idea of the family and the home.

The group of teens first spent time introducing themselves to one another over shared snacks then played icebreakers/games such as Jenga before easing into the topic, discussing their personal experiences and feelings. They were able to find a sense of comfort together, a closeness and safety because of the universal willingness among the group members to confide in each other.

“It really reaffirmed why I created this group,” Lee said. “The topic discussion was one of the most rewarding and powerful experiences. I could see how I related to other siblings’ struggles, and I was also able to see entirely different perspectives, how our experiences are different but similar.”

The goal moving forward is to work around school hours to arrange regular meetings that can continue throughout the fall semester, ideally every two months. The next meeting is scheduled for October.

Lee said she and co-founder Chloe Chong’s plan is to develop an online forum soon so that even if they can’t meet in person group members can easily communicate with and provide support to each other in times of need.

According to McRory Pediatric Services, parents can mitigate some of the challenges these siblings face by consciously giving them one-on-one time, being open and honest about family matters, celebrating their achievements and success, watching closely for signs of worry or stress, and not allowing them to take on too much responsibility. Recognizing them as individuals and respecting their boundaries are two dominant ways to support siblings as they prepare for a future, both as part of their family unit and as people with their own goals, hopes and dreams.

“After listening to the stories of my peers, I now, more than ever before, can see the need for this group,” Lee said. “I hope that we can continue to build a strong community that is built on understanding and empathy and that Hearts for Siblings can be a haven for all to share the things that may be the most difficult.”

To stay up-to-date about the next meeting and other group events, they can be reached via Instagram @heartsforsiblings or through the website www.heartsforsiblings.wixsite.com/website. They can also be contacted directly at heartsforsiblings@gmail.com.

Photos provided by Karis PARK

MIDDLE: Icebreaker games, including Jenga, were played

BOTTOM: The group spent time sharing their experiences as the sibling of a person with special needs.



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Obituary
Thomas Bingham Alcott



March 14, 1940 – Aug. 14, 2022

Thomas Bingham Alcott, age 82, residing in La Crescenta, passed away on Aug. 14.

Affectionately known as "Bing," Thomas was born on March 14, 1940 in Charleroi, Pennsylvania. He grew up on his family homestead in Denora, Pennsylvania. He was an active young man and played Little League and high school football – it was his football talent that landed him a scholarship to San Diego State University. His family packed up and moved across the country leaving their homestead behind to pursue new dreams in sunny California in 1958 where he began working to help support his family. Bing was the oldest of seven surviving children.

He enlisted in the Navy with his best friend Ernie and attended radar school in 1962; he cruised the West Pacific on various destroyers and cruisers as he served as a radar operator for the admiral's staff. He received many honors during his time in the military; his most prized honor was his Presidential Unit Citation from President Kennedy. He then went on to work for 29 years as an operations manager for a construction equipment manufacturer. He was a leader of men, always respected, liked and loved; customers still maintained a friendly relationship with him even after his retirement in 1998.

In 1963 he married his best friend's sister and the love of his life, Dene. They went on to have three wonderful children and lived a beautiful life together.

Bing lived a full life. After his retirement, he pursued his many interests and hobbies. He was often found working in his garage where he built two hotrods, restored antique-pedal cars (which were widely favored by his many great-grandchildren). He enjoyed car shows, swap meets, and time with his family and his many friends.

Bing is survived by his wife, Dene, and their children: Kim and Bob Miller; Mike and Bob. He leaves behind his grandchildren Dustin, Tracy, Shorty (Brandon), Kimmy, and his six great-grandchildren Devin, Madison, Tyler, Hunter, Jase and Jack. He also leaves behind his beloved surviving siblings Pam, Barry, Kerri and Tom.

He was gentle, kind and strong – he will be sorely missed.

Obituary
Patricia Martin



1936 - 2022

Patricia Martin passed peacefully in her sleep on Aug. 3 after a brief struggle with cancer. Born Patricia Helen Eikenberry, she grew up in Culver City. World War II deeply impacted young Pat as she was left to be raised by her great-grandmother while her father served in the Navy and her mother took a position at an aircraft manufacturing plant. She had many stories about the restricted life in Los Angeles at that time – blackout curtains, air raid sirens and food ration coupons. After the war, the family reunited and moved to the San Fernando Valley and her brother, William, was born. She attended Van Nuys High School at the same time as actors Natalie Wood and Robert Redford and yet undiscovered baseball legend, Don Drysdale.

Patricia married Raymond Martin in 1956 and they raised

three children together – Joseph, Lisa and Susan. In 1961, the family moved to Sunland to a house on a quiet cul-de-sac street near Big Tujunga Canyon. Pat described the neighborhood as the perfect place to have a family because all the kids could play safely in the street or go down to the wash and explore nature, as she had done in her middle years growing up. The family enjoyed camping at Rock Creek in the Sierra Mountains near Bishop, California. Pat loved the peace that came with fishing along the streams there.

The family attended Church of the Ascension in Tujunga and were actively involved in many aspects of the church community, including choir, Sunday school, fundraisers, the Bargain Basement thrift shop, and the church's well-known drama productions.

A significant part of Patricia's life came from her career working for the Los Angeles County Superior Court in downtown Los Angeles. She worked for the office of Court Reporter and Interpreter Services, the division that provides support to every courthouse in Los Angeles County. This is where she thrived, moving from basic administrative positions into management.

Pat learned so much during these years that she felt compelled to mentor new employees and student workers, taking many of them under her wing and teaching them vital skills. When Pat retired, she was very proud of the work she had done and those she helped to succeed.

In 2018, Patricia moved out of state with her daughter, Lisa, and son-in-law Greg to Riggins, Idaho. They enjoyed a relaxed lifestyle in the small town surrounded by beauty and wildlife. Pat loved to spend time outside on the deck of their home, looking down at the grassy hills and the Salmon River. She occasionally volunteered at the local thrift store, ETC., with Lisa who eventually became the manager there.

Patricia is survived by son Joseph Martin (Roberta) of Granada Hills; daughter Lisa Daniels (Greg) of Riggins, Idaho; and daughter Susan Bolan (Jeffrey) of La Crescenta. She has five grandchildren and eight great-grandchildren.

Donations may be made in honor of Patricia Martin to ETC., a nonprofit organization that supports the local ASK (after-school kids) program. More information is available by emailing susanbolan710@gmail.com.

CRIME BLOTTER

Aug. 14

2400 block of Foothill Boulevard in La Crescenta, the community mailbox was tampered with at an apartment complex between 3 a.m. and 4:30 a.m.

Aug. 12

5400 block of Rock Castle Drive in La Cañada Flintridge, when responding to a call concerning a residential burglary deputies found a living room window had been shattered and several rooms in the home had been ransacked. A witness reported hearing loud noises coming from the home early in the morning. The witness reportedly saw a white vehicle and male adult wearing a yellow jacket walking into the vehicle. The car then left the location. Another witness reported seeing a person sitting in the driver's seat of a white vehicle with two male adults, both wearing red/yellow construction vests, walking out of the home. The two suspects then got into the vehicle with what appeared to be laundry baskets in their hands. The vehicle then left the location.

The burglary occurred between 7:40 a.m. and 10:36 a.m.

4300 block of Commonwealth Avenue in La Cañada Flintridge, deputies responded to a call concerning a person attempting to break into his residence. The resident reviewed surveillance footage and reported seeing an

older model white Mercedes CLS stop outside his residence. A man, described as Black, about 20 years old, 5'10" tall with a slim build, who at the time was wearing a red sweater, dark colored jeans, mask and gloves, exited the vehicle and jumped over the gate into the victim's property. The suspect then looked around and gestured toward the car. Two additional suspects got out of the vehicle and jumped the fence. The first suspect shattered a window of the residence and an alarm sounded. The suspects ran from the area,

got back into vehicle and fled.

The incident began at 2:40 p.m.

Aug. 10

700 block of Forest Green Drive in La Cañada Flintridge, deputies responded to a burglary alarm call. Deputies found a broken rear glass door at a residence and multiple rooms had been ransacked.

Several items were reported stolen between 11 a.m. to 2:25 p.m.

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CVHS Admin Gets Treated to Breakfast

On Monday, the Prom Plus organization and Prom Plus Club provided a welcome back-to-school breakfast for teachers and staff at Crescenta Valley High School. When the teachers and staff gathered for meetings to prepare for the 2022-23 school year they found Prom Plus Club high school members flipping pancakes for them.

Photos and story by
Mary O'KEEFE



LEFT: Preparing Monday's breakfast were members of the Prom Plus Club. ABOVE: Assistant Principal Bill Gallimore shares his delight - but not his meal - during the back-to-school breakfast on Monday.

RIGHT: Teachers peruse the back-to-school breakfast offerings.

BTS from Cover

the best yet! Go Bears!"

Mountain Avenue Elementary welcomed several new staff members to the school. Laura Abramian is teaching first grade and Sarah Atin is teaching third. As the staff prepares for its students, keeping them safe is of the utmost importance.

"As we plan experiences for students, we adhere to the health and safety guidelines set forth by the Los Angeles County Dept. of Public Health," assured Principal Scott.

Mountain Avenue PTA president Amelia Lapeña said, "I'm excited to be starting my second year as PTA president of this amazing school! I look forward to strengthening our connections and getting to know our families better this year, through our PTA events and other volunteering efforts. We look forward to hosting in-person events such as the Halloween Carnival, book fair, holiday shop, variety show, Science Fun Fair, Culture Night, Field Day, and Art Night. PTA also continues our traditions of student support with the School Garden, Visual Arts Program, Reflections Art Program, Red Ribbon Week, yearbook, and Spirit Wear sales. We will provide updates on our PTA webpages on our school website. I hope to see our families soon."

Students at Mountain Avenue are excited, too, about the many activities they will be involved in. Vivek said, "I am looking forward to seeing my friends again, learning new things and playing more sports."

"I am really excited to see my friends and classmates again," added Alisha. "It's been so long! I also signed up for the Mountain Avenue robotics team, which seems super interesting."

Mountain Avenue is having its in-person back to school night on Wednesday, Aug. 24 from 6-7 p.m. and a PTA association meeting on Aug. 25 from 5-6 p.m.

It was a late start at Rosemont Middle School. Several parents took advantage of the late start to drop off their students at the Fire House youth center. The Fire House, at 2563 Foothill Blvd., is a program of St. Luke's of the Mountains Episcopal Church. The center opens its doors on Wednesdays at 7 a.m. to help parents who have to be at work earlier than Rosemont's 9:30 a.m. late start. Students are fed a breakfast of pancakes, sausage, cereal and other items. They can then walk up Rosemont Avenue to school before the bell rings. The Fire House is free for students and is entirely

community supported. For more information, email mary@cvweekly.com.

Crescenta Valley High School students walked a red carpet through a large inflatable falcon, the school's mascot, to the front doors of the school.

There are some staff changes at CV High including a familiar face for former Rosemont Middle School students. Dr. Adriana Guerrero-Pestonji has transferred from assistant principal at Rosemont to assistant principal at CVHS. Deputy Vostanik (Nick) Grigoryan will be the temporary school resource officer at the high school while Deputy Scott Shinagawa is out injured though Dep. Shinagawa wants to return when he recovers.

It is important to remember that, with the beginning of the school year, traffic will be more congested. Those dropping students off at schools or students driving to their school should always give themselves enough time to accommodate getting to school and finding park-

ing, if necessary.

The first day of school means school buses, passenger vehicles, kids on bicycles, pedestrians and everyone converging on the same location. The Glendale Police Dept. offers some safety tips for safe commuting and school pickups and drop-offs:

Leave early. The first days/weeks of school are also the beginning of new routines. The routes and process for drop-offs and pickups may be familiar to you, but may be brand new to someone else. Leave early to avoid the rush.

Put down your phone. Talking/texting and driving is a safety hazard.

Avoid drop-off and pickup across the street. Use the drop-off/pickup lanes designated by the school.

Slow down/obey all traffic laws. Yield to pedestrians; no U-turns; don't block driveways; don't block crosswalks; no double parking.

Stop for crossing guards. They are a warning that children are nearby.

More photos online.

GCC from Cover

directing Council staff to prepare the necessary actions and approvals for Council approval of the purchase and installation of five Wärtsilä engines for the Grayson Repowering Project. The Council agreed to move forward to decide on the number of engines.

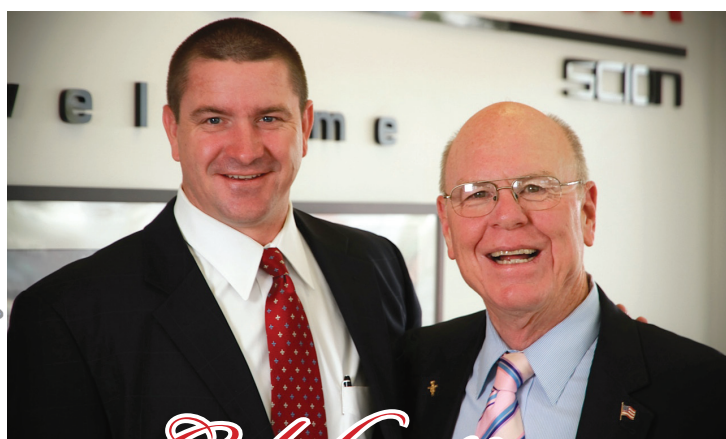
According to Councilmember Devine, "Probably three, not five, engines are doable. We have to be more aggressive on [these type of] projects."

The Council meeting ended with written and oral communication from interested parties from the community.

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VIEWPOINTS

TREASURES OF THE VALLEY » MIKE LAWLER

A Common Wild Plant – A Common Deadly Poison

Castor bean plants are extremely common in our wildlands. They line our mountain trails, some of our roadways, and are even found in household landscaping. They are a beautiful, lush and colorful plant. They are also the source of one of the deadliest poisons – ricin – often used in murders and assassinations.

Castor bean plants, although not native, are plentiful in our foothills. They're easily picked out from surrounding brush because of their gorgeous color palette. Their big broad leaves are a deep green, highlighted with brilliant reds and purples. The plants get big, commonly three to six feet tall, but can get tree-like, growing up to 15 feet tall. The beans of the castor bean plant are pretty, too, a variegated brown and cream color, which grow

inside bright red seedpods.

The plant was introduced from Asia and Africa as an ornamental and a cultivated crop. Castor oil has an incredible amount of uses, both industrial and for health and beauty. The oil is often used as a lubricant, particularly as an alternative to petroleum lubricants (ever hear of the brand name Castrol Oil?). It was the oil of choice in early aviation industries. The plastics industry uses it as a coating. It's used in food products (chocolate for instance) and in hair and skin products as a moisturizer. In the garden it's a pest repellent. Traditional medicines dating back thousands of years have used it as a laxative. If you remember "The Adventures of Tom Sawyer" by Mark Twain, castor oil was one of the many health fad remedies foisted on

Tom Sawyer by his Aunt Polly.

But these are all instances where the oil from the castor bean has been heated during the extraction process to the point where the ricin contained in the bean is neutralized. Without the heating process the beans naturally contain ricin and are deadly. Just a couple of beans, chewed and swallowed, can kill a person, and children are particularly vulnerable. Sadly, animals are sometimes victims from ingesting the seeds while eating the plant.

But it's when the poisonous ricin is extracted from the bean in a powder form that murder by poisoning comes into play. Inhalation of the powder will cause the lungs to fill with fluid leading to respiratory failure. Ingestion of ricin causes bloody vomiting and diarrhea, ending in liver and kidney failure. There is no antidote.

Ricin has been used in numerous homegrown murders and suicides, and incidents of domestic terrorism. It has been explored

as a weapon by several countries, including the U.S. Here are a few of those incidents that may be familiar.

Perhaps the most famous case of ricin poisoning is a spy novel-style assassination in 1978. A Bulgarian dissident, Georgi Markov, was living in London. While waiting for a bus, an agent from the Bulgarian Secret Service came up behind him and poked him in the leg with an umbrella. The umbrella had been modified, with the help of the Russian KGB, to inject under Markov's skin a tiny pellet containing ricin. The agent hurried away and Markov thought little of the relatively painless incident, but within four days he was dead.

In 2003 and 2004, ricin-laced letters were sent to the White House and other governmental agencies, apparently by a disgruntled trucker. In 2013, ricin-bearing letters were sent to President Obama and to President Trump in 2018.

On the local level, just a few years ago, a La Crescenta man was popped


for trying to buy ricin to kill his wife. He bought it online, not realizing that he was actually purchasing it from an FBI agent. He paid \$350 for a packet of ricin poison, and the FBI delivered a pack of inert powder. Once it was delivered and he had opened it, they arrested him. He pleaded guilty to a biological weapons charge and was sentenced to 3½ years.

He could have avoided all that by just taking a hike in our local hills and picking a few castor beans.

Amazing. We are literally surrounded by a deadly poison.



Mike Lawler is the former president of the Historical Society of the Crescenta Valley and loves local history. Reach him at lawlerdad@yahoo.com.



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NEWS FROM SACRAMENTO » LAURA FRIEDMAN

Monkeypox and California's State of Emergency

A lot of the news surrounding monkeypox reads something like, "Hey, don't be alarmed, but we are in a state of emergency." It can be tricky to read between the press conferences and media lines, but monkeypox is cause for concern and we need to be paying close attention because the numbers don't lie. This is a disease that is highly disruptive and makes its victims' lives miserable while infected.

Some of you may recall monkeypox first being reported in the United States in 2003 when a 3-year-old girl in Wisconsin was hospitalized with a mysterious disease – a disease that would spread to 70 other individuals. That virus outbreak, traced to pet prairie dogs, impacted a total of six Midwestern states.

The good news is that this is a preventable disease. However, it is spreading rapidly in the U.S. Our nation makes up 4.25% of

the world's population, yet we are presently recording 35% of the confirmed infections among the 89 countries reporting worldwide. At the time of writing, the U.S. has confirmed 11,777 monkeypox cases, of which California makes up 1,945.

At the beginning of this month, Gov. Newsom declared a state of emergency in California to boost the state's vaccination efforts against the rising cases of monkeypox. Los Angeles County and the federal government have also issued emergency declarations. This should help expand our vaccination efforts and greatly boost coordination between agencies at various levels to help stop the spread of the virus.

It is absolutely appropriate that we are escalating the issue with state of emergency responses across government agencies because a unified, highly responsive system can help with early detection and nip this in the bud.

If we've learned anything from

COVID-19, it's that we need to get ahead of outbreaks with mitigation efforts, especially to protect communities that are disproportionately impacted. And right now, this virus is afflicting our LGBTQIA+ communities at staggering rates. Our hard lessons learned during the HIV/AIDS pandemic remind us that infectious disease is a matter of public health, and there is no room for stigmatization when it comes to meeting the needs of communities that are hard hit by traumatic events.

What is monkeypox? Monkeypox is a rare viral disease that is related to smallpox. Symptoms usually start within 21 days of exposure and the illness lasts two to four weeks. While patients can recover with symptom management, the experience is extremely unpleasant with flu-like symptoms in addition to painful rashes that look like

see FRIEDMAN on page 14

LETTERS TO THE EDITOR

Pleased with Police Presence

We are very honored to have an amazing police force keep our communities, streets and especially our schools safe. As a student at CVHS, the Tuesday, Aug. 9 Glendale [Unified School District] board meeting has made me realize the importance of being a good listener. It saddens me to think that one of the newly elected board members is more deeply concerned about forcing a political agenda upon our schools rather than listening to the community that member serves.

One of the items on the board agenda was the renewal of our district's agreement with the LAPD to maintain a positive police presence at CVHS and Rosemont MS. As a current student

at CV, it puts everyone's mind at ease to know that there is [Deputy] Shinagawa on campus – a person who deserves the praise he received from our principal. I am so thankful that the school board renewed their alliance with the police department instead of listening to a botched history lesson from a board member.

Thanks to my U.S. History teacher, I learned the police, like all institutions, have flaws and a controversial past. But we can't sacrifice the safety of our schools for individuals who don't care to listen to the people around them.

Derick Passman
Glendale

THE VIEWS EXPRESSED DON'T NECESSARILY REPRESENT THOSE OF CV WEEKLY.

BETWEEN FRIENDS

» ARTIST SPOTLIGHT

Visual Artist Daniel Dover's Creative Journey from Street Art to Animation

Daniel Dover has established a career built on ingenuity, versatility and his relentless attitude, which always kept him at the vanguard of his numerous mediums of choice. Whether it's his wit and humor, technical prowess or anything in between, Dover has plenty of rabbits in his hat to make his artistic undertakings successful. Dover has been compared to many famous street and visual artists: Banksy, Ron English, Tristan Eaton and Basquiat, to name a few. His eclectic styles say a lot about his creative journey, from exhibiting in his hometown of Tel Aviv, across Europe to his current home in New York City, which he said he adores for all that it has to offer. He knows what it takes to make it in America.

When asked where he gets his inspiration from, Dover said, "It usually comes from weird interactions I see around me – the more awkward, the better. I try not to take myself too seriously so I let my humor lead the way." Daniel Dover's sense of humor, much like his personality, is sincere, direct and self-aware – all qualities that can be seen throughout his long list of projects. He doesn't want the accolades that come with being famous: to him it's all about the work.

Part conceptual, part theory, Daniel Dover's art comes from deep within his psyche. His most recent labor of love is his animated show, "Bernard & Ralph – and The Beach-House Gang," which he created,



produced and published under the pen name Ginz-Burg. The show follows a group of dysfunctional animals, each representing various mental and social disorders, as they attempt to get their lives back on track while living together in a communal halfway house. Although the show deals with rather sensitive topics, such as depression, social isolation and other mental issues, its humorous tone and quirky characters make these themes approachable for the viewer. This setting also provides a positive environment in which to engage with these subjects and examine them in a different light, ultimately offering an opportunity for catharsis.

Daniel Dover continues to produce "Bernard & Ralph – and The Beach-House Gang" as a series of cartoon shorts as well as actively working towards opportunities to turn it into a longer-form show.

Dover is also developing several other cartoon show concepts while also continuing to communicate with studios as he's always itching to bring his innovative arsenal of characters to life on a variety of platforms.

Daniel Dover's current work in animation is a direct extension of the attitudes he embodied when he started his artistic career. In 2007, his street art series of gas-masked characters began to surface around Tel Aviv. Within the next two years, he became identified with a wide range of urban interventions and his street art images grew increasingly diverse. One such artistic undertaking was his conception and painting of the animated escalators inside the entrance of Tel Aviv's City Hall. Dover's playful piece hit the internet and immediately

see DANIEL DOVER on page 15

CV WEEKLY ON THE MOVE



Julie Evans of La Crescenta took along her copy of the CV Weekly when recently visiting the Grand Canyon North Rim! Thanks, Julie! CV Weekly loves to travel! Take us along on your next trip and send us a photo. You may find yourselves on the pages of the community's favorite newspaper.

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Questions About Today's Real Estate?

Ask Phyllis!

Buyers Keep Texting After Closing

Dear Phyllis,

My sister recently sold her Toluca Lake home. She hired a local Realtor and had more than 10 offers. The highest bidder waived their inspection contingency. Although her buyer waived their inspection, they hired their own inspector. Weeks after the sale was completed the buyers texted after closing. One of the outdoor lights wasn't working ... my sister told them to change the bulb. Did she leave any extra air conditioning filters? These questions continued for months, with my sister responding. The most recent was that the roof was leaking. She has not responded. I have two questions: This now seems serious; what should she do? Not that I am thinking of selling, but when I do should my agent put in writing that he/she won't provide my contact information to the buyer? Outraged

Dear Outraged,

Your sister should immediately contact her real estate agent whose role is not over just because escrow closed. If your sister was aware of a recent roof leak or needed repair, she should have disclosed that information on the seller's disclosures. If your sister was aware of a leak and failed to disclose, her Realtor or an attorney needs to help her devise the appropriate course of action.

If there was a disclosed roof leak (or repair) her Realtor can remind the buyer's agent that the buyer signed the disclosure that should have been read and understood by the buyer and her Realtor prior to signing. She and her Realtor should also review the buyer's inspection. Their inspector may have noted the roof was worn or near the end of its life expectancy. In this instance the inspector likely recommended further evaluation by a licensed roofer. In this event, this should be brought to the buyer's agent's attention. These scenarios may appear to be simple, but your sister must enlist the help of professionals for these serious negotiations.

As far as your second question, I find it unlikely that any Realtor would provide their client's contact information to the other party. Sometimes during the buyer's final walk through the buyer will ask for the seller's phone number and the seller graciously provides it – which is a big mistake. I advise my clients to not provide their contact information. If the buyer has questions, they should have their Realtor contact me and I will contact my client. If you were to sell your home, you could mention that you want your privacy protected and if you feel more comfortable get it in writing (but protecting your personal information is a priority for any professional experienced Realtor).



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TRAVEL & LEISURE

'ARENA: A House MUSIC-al' Select Cast Members to Appear at The Queer Mercado

Select cast members of "ARENA: A House MUSIC-al" will be appearing in an ARENA stage takeover outdoors as part of the first year anniversary of The Queer Mercado (The Queer Market) on Saturday, Aug. 20 from 10 a.m. to 4 p.m. at the Hilda L. Solis Learning Academy, 319 N. Humphreys Ave. (at Cesar Chavez Avenue) in Los Angeles.

The Queer Mercado, a free farmers' marketplace composed of queer/LGBTQ+ creators, vendors and artists, is presented monthly on the eastside of Los Angeles by founder Diana Diaz. It is celebrating its first year anniversary featuring live performances, drag performers, DJs, over 100 food vendors and local artists.

"ARENA: A House MUSIC-al" was recently presented and produced by CASA 0101 Theater, TNH Productions, El Centro del Pueblo and the Office of Councilmember Gil Cedillo. Select members of the cast from the show participating



Photo by José Miranda
Scene from the fashion show in 'ARENA - A House MUSIC-al'.

and performing at The Queer Mercado, starting at 1 p.m., include actors Preston Gonzalez Valle, Luis Ceja, Milton David, Chrissi Erickson, Amy Melendez and Daniela Hernandez. The cast members will perform brief excerpts from the musical.

The Queer Mercado is the first permanent free LGBTQ+ marketplace in Southern California. It takes place on the third Saturday of each month on the eastside of Los Angeles. The purpose is to uplift, celebrate and support new businesses

and talent in and around East Los Angeles through a holistic approach in the marketplace/vendor community. The Queer Mercado creates a safe space to engage the local community. Vendor fees generated at the Mercado are donated to local high schools to engage youth in job training opportunities. The Mercado helps to foster a welcoming environment for LGBTQ+ community members to ensure that they see themselves represented and celebrated in a supportive and loving community.

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THEN & NOW

Snow Day at Holy Redeemer Courtesy of the Historical Society of CV



Then » When it's this hot, it's good to remember colder times. In 1949 the valley experienced a rare significant snowfall. The local kids used the playground behind Holy Redeemer Catholic Church for a good old-fashioned snowball fight. Thanks goes out to Danette Erickson for the photo.



Now » This sunny photo is more typical of our mild winters. Holy Redeemer has gone through a few changes since 1949. A school building now occupies the part of the playground the kids had their snowball fight on and the church in the background was rebuilt from the ground up a couple of decades ago, although they kept the look and feel of the original.

Alissa's Oceanview | BAR & GRILL

BACK-TO-SCHOOL
"KIDS EAT FREE"

Parents, you've got enough to do with Back To School preparations. Leave the cooking and cleanup to us! For the month of August, every day, **KIDS EAT FREE!** (Kids 10 & under, with purchase of an adult entree.)

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JUST FOR FUN

PROBLEM SOLVED » BY CHRISTOPHER ELLIOTT

I want a refund for my Samsung electric stove. Why can't I get one?

John Hudson's Samsung electric stove doesn't work. And Samsung can't diagnose the problem. Does he deserve a refund?

Q: I have a problem with my Samsung electric stove and I hope you can help me.

The stove doesn't work. I contacted Samsung. The company sent a technician to my condo several times.

One of the technicians said he could find nothing wrong with the stove. But after two more visits and attempted repairs, Samsung contacted me to say it would offer an "accommodation."

But I just received an email from Samsung that says, "Unfortunately, Samsung will not be able to accommodate your request for a refund since

the technician found no defect in the unit." It offered yet another repair.

Samsung has repeatedly flipped. I have done everything the company has asked me to do. But this last visit by a technician is the last straw. If it didn't work after three visits, how will it work after four?

When I asked Samsung if I would get a refund if the oven still didn't work after the fourth visit, the company refused to answer. I want a refund for my faulty stove. I recently sold my condo and had to replace the range. Can you help me?

— John Hudson, Scottsdale, Arizona

A: It appears your Samsung electric stove

was under warranty so the company should have either fixed it or refunded your money. Samsung offers a limited one-year warranty on its ranges and covers glass cooktops for a year. On some units, it offers five years of warranty coverage.

But like other appliance manufacturers, Samsung gets to decide how to honor its warranties. Will it repair, replace or refund? In my experience, appliance companies will always try to do a repair because it's the least expensive option. I've had cases where the company attempts

several repairs before moving on to the next option.

Not surprisingly, Samsung didn't want to offer a refund.

I've reviewed the paper trail of correspondence between you and Samsung. In it, the company repeatedly tries to address your problem while offering vague concessions. Again, that's par for the course. If Samsung had made a specific promise in writing, it would be bound to honor its word.

You can find Samsung's executive contacts on my consumer advocacy site, Elliott.org. It looks like you tried to escalate your case to one of them, but they continued

to insist on a fourth repair – even though you had already discarded the electric range and sold the condo. I wonder if anyone bothered to even read your emails.

I contacted Samsung on your behalf. A representative phoned you and agreed to refund the purchase price of the appliance.

Christopher Elliott is the chief advocacy officer for Elliott Advocacy. Email him at chris@elliott.org or get help with any consumer problem by contacting him at <http://www.elliott.org/help>. © 2022 Christopher Elliott

» ZACK HILL BY JOHN DEERING AND JOHN NEWCOMBE



WEEKLY HOROSCOPES

Provided by horoscope.com August 15, 2022 - August 21, 2022

♈ ARIES March 21 - April 19

You may put a lot more pressure on yourself at work now. Your creativity may peak, but so may the tension accompanying getting your work completed on time. Resolve to treat yourself better. Get a massage that includes aromatherapy. Regular exercise will also help shake off the cobwebs and help you feel fit enough for any challenge.

♉ TAURUS April 20 - May 20

Your social life will be active now. In order to make the most of it and not jeopardize your health, take a few precautions. Try not to eat too many greasy or fatty foods. Drink lots of water, especially if you're drinking alcohol. Above all, get enough sleep. You'll feel and look better if you follow a path of moderation.

♊ GEMINI May 21 - June 20

You may be experiencing a problem that's different from past ones. If you're following a diet or exercise routine, you may be too rigid and even go to extremes. Being obsessive about your diet or workout can be just as bad as being too lax. If you push your body beyond its capability, you may do more harm than good.

♋ CANCER June 21 - July 22

The Universe may encourage you to direct some of your excess energy into keeping fit and well. You may need a strategy that inspires you to commit some time every day to your well-being. You have a tendency to drift when it comes to following a routine, but anything associated with your health is important. It will help ground you.

♌ LEO July 23 - August 22

The Universe may stir up your health sector. You may suddenly feel a pang of jealousy or dented pride as you notice how fit your friends look compared to you. Something or someone will encourage you to start your workouts again. Think about cutting back on fatty and sweet foods. Just do whatever it takes to get fit and well.

♍ VIRGO August 23 - Sept. 22

Because of the current aspects, you may find symptoms suddenly flare up for a while, or you may feel fatigued even though you aren't ill. See your health professional if you're worried, but you should gradually begin to feel better than ever. You've shed a lot of bad habits over time.

♎ LIBRA Sept. 23 - Oct. 22

There is a major focus on your health zone and it looks upbeat. Aspects are perfect for making a fresh start. If you've gotten off track, use this opportunity to get back on. Find an exercise routine that you enjoy so you won't be tempted to stop. Also, work on a dieting approach that feels right for you.

♏ SCORPIO Oct. 23 - Nov. 21

Trying to find a balance in your daily activities may improve your health. If you spend a lot of time sitting, try to compensate by working out regularly. If you drink a lot of caffeine, think about drinking more water. Caffeine dehydrates you, so make up for the lost fluids. Be good to yourself!

♐ SAGITTARIUS Nov. 22 - Dec. 21

Your health gets an extra boost now. You may notice that any symptoms suddenly ease up or disappear altogether. A new treatment may be just what you need in order to get back on your feet. Things are looking up, but you may be tempted to eat more, which could pile on the pounds. Try to avoid too many sweet or fatty foods.

♑ CAPRICORN Dec. 22 - Jan. 19

This is a time for ideas, and one may encourage you to look after your health. Perhaps a book you read affected you. Maybe a friend shared a story that encouraged you to rethink your approach to your well-being. Researching health issues may give you a renewed understanding of why it's so important to eat well and exercise daily.

♒ AQUARIUS Jan. 20 - Feb. 18

There's good news now as you experience a newfound exuberance. You may be motivated to join an online group that encourages you to take better care of your health. You're more likely to stay disciplined if you have a good support system. You may be tempted to eat more, too, so be careful.

♓ PISCES Feb. 19 - March 20

This is a great time for you. The Universe offers you a chance for change at all levels, including your health. If you've approached diet and exercise in fits and starts in the past, then determine to be more consistent. That's how you'll get the results you want. Join a friend or partner who can give you support, especially when you start to flag.

CALENDAR this

FALL OPENING SOCIAL AND 'MUSIC JAM' PLAY-IN

The Suzuki Music Program of Los Angeles (SMPLA) will hold its fall opening social and "Music Jam" play-in on Sunday, Aug. 28 at 4 p.m. at the west end of the Van Nuys Sherman Oaks Park, 5021 Tilden Ave., Sherman Oaks. All students studying Suzuki violin and/or guitar are invited, including beginners.

Attendees can bring their own dinner and a treat to share, and there will be music games, "jamming" on fiddle tunes, world music and Suzuki pieces. For more information, visit www.SuzukiMusicofLA.org.

AFC ANNOUNCES 2022 NATURE PHOTOGRAPHY CONTEST

Until Sept. 1, the Arroyo & Foothills Conservancy is accepting entries of the best local photos, featuring natural surroundings and wild neighbors.

Entries may be submitted in any of the following categories: birds, landscapes & plants, mammals and other wildlife, people in nature. A category for young photographers is available for submissions in any of the above five subject matter categories submitted by photographers aged 13-17.

Photo entries will be judged based on creativity, quality, originality, responsiveness to the prompt and overall impact. The AFC is looking for photos that showcase species, perspectives and settings unique to the local area (i.e. the greater Los Angeles area, and especially our arroyos and foothills).

To learn more or to enter, visit <https://arroyosfoothills.org/photocontest>.

BUTTERFLY GARDEN PRESENTATION

Betina Loudermilk will be making a presentation about building a garden for butterflies. She'll teach attendees about some common butterflies that will be found and what plants to put in a garden to attract them. She'll discuss the differences between natives and non-native plants and their value to butterflies.

The community is invited to attend the Crescenta Valley Group and the Verdugo Hills Group of the Sierra Club for this joint presentation on Wednesday, Sept. 7 at 7 p.m. To register for this upcoming one hour webinar:

<https://tinyurl.com/2p93shsd>.

SUZUKI WAY PARENT ORIENTATION AND INFORMATION NIGHT

The Suzuki Music Program of Los Angeles (SMPLA) will hold its "Making Music the Suzuki Way – Every Child Can Learn!" parent orientation

and information night on Thursday, Sept. 8 from 7:30 – 9 p.m. via Zoom. All adults are invited to attend.

For more information, visit www.SuzukiMusicofLA.org. To receive the Zoom link, RSVP at <http://www.suzukimusicofla.org/contact.html>. The Suzuki Music Education philosophy and method, child development issues, and the SMPLA program will be discussed in detail.

COME LEARN MODERN SQUARE DANCING

A new beginner's modern square dancing class is starting 7 p.m. on Tuesday, Sept. 13 at St. George's Episcopal Church, 808 Foothill Blvd. in La Cañada. First two classes are free.

Meet new people while getting exercise for both your body and mind. Proof of vaccination required; masks are optional at the present time. More info by emailing illi313@yahoo.com or visiting www.setsinstep.org.

EMBRACING THE FUTURE OF THE CAMPBELL CENTER

The Campbell Center is having its annual benefit luncheon honoring key supporters on Sept. 17 at 11:30 a.m. at the Glen Arden Club in Glendale. This year's honorees are Campbell Center founder Jerry Campbell, Rick Dinger, Dave Greenbaum and Roxie Varela. Special acknowledgement to former Campbell Center executive director David Fields.

To purchase tickets or sponsor the event, visit www.thecampbellcenter.org/benefit.

The Glen Arden Club is located at 357 Arden Ave.

TGHS PRESENTS 'DISCOVERING GLENDALE'S DOCTORS HOUSE'

The Glendale Historical Society is hosting a picnic and movie night on Saturday, Sept. 24 at 6 p.m. Tickets will be available beginning today, Aug. 4, for this event, which includes a picnic and a screening of the new documentary "Discovering Glendale's Doctors House."

The documentary is a "behind-the-scenes" look at the recent production shoot of the long-anticipated "Doctors House Tour Documentary" (a working title). Filming took place at "the house that started it all" during the first weekend in June and the documentary is currently in the post-production stage. Doctors House Curator Peter Rusch will host the program and will give viewers an intimate and close-up look at the house, the families that resided there, and the impact that the house adds to Glendale's rich history.

For details, visit <https://glendalehistorical.org/doctors-house-documentary>.

RELIGION

Question: This is not the America we grew up in! The two major political parties are at each other's throats and vote along party lines that kill a bill even when legislation would be helpful for most of our citizens. We were raised Christian and raised our three children Christian, as well. They're now adults and are also raising their children Christians. Even though many profess to be Christian, with all of the lawlessness happening we wonder how many really are?

Everyday we pray for peace in our beloved United States and the world. Our question is do you have any idea what it will take to have a more peaceful country and a more peaceful world? Is there anything else we could be doing?

~Peace Loving Patriots

Dear Peace Loving Patriots,

The original Pledge of Allegiance in the United States of America was written in 1891 by Francis Bellamy soon after the Civil War. It read, "I pledge allegiance to my flag and the Republic for which it stands – one nation indivisible – with liberty and justice for all." Interestingly, the "under God" part wasn't added until 1954, [written] by a Scottish minister who felt it should include a "God save the Queen" type phrase. That was not an American value, especially considering the fact that we escaped from a monarchy in order to gain personal freedom! We were warned by our Founding Fathers about mixing church and state. Thomas Jefferson himself referred to the First Amendment of our Constitution as a necessary "Wall of Separation" between church and state. Peace in our country, and peace in our world, has nothing to do with what religion we choose to practice. It has to do with remembering that we are one.

I am confused by your email, which starts out as a wish for unity in our government and ends up with a declaration of your family's choice of religion. I'm hoping you aren't suggesting that America should be a strictly Christian country in order to achieve your goal of peace ... or that we should return to a time of institutionalized white supremacy, segregation, no rights for women or LGBTQ people? Was that really a better America that you grew up in?

For straight white Christian males, it was. In my studies of Christianity, Jesus taught us to treat others the way we want others to treat us. He also taught that "we are many parts of one body, and we all belong to each other." I heartily agree with you that not many self-proclaimed Christians actually live by Jesus' teachings, and I also need to remind you that many millions of people (including our own Native Americans) have been tortured and murdered in the name of Christianity. "Lawlessness," as you say, was happening before Jesus' time and is an ever-present dark side of human nature.

I am glad to hear that you are praying for peace because the power of prayer changes lives and changes our world. You ask what else you can do. You can be an example of Christ's love, showing love to everyone you encounter – no matter what religion they practice. Look for

ways to feed children, empower the impoverished and always remember that we are one. Philippians 4:9 states, "Whatever you have learned or received or heard from me put it into practice. And the God of peace will be with you." Gandhi said, "You must be the change you wish to see in the world." If enough of us do these things we will know peace.

Rev. Karen Mitchell
revkarenmitchell@gmail.com

Dear Peace Loving Patriots,

I share your heart. The present divisiveness in our nation is unprecedented in living memory and very distressing. And yet I am encouraged that you are on the right track on two things you mention: lawlessness and prayer. Let's think about prayer first.

Paul's words to Timothy help us focus. "I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people – for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness." (1 Tim 2:1-2) The point is that civil peace and order are helpful for Christian life, so we need to pray. Let the disconcerting things going on around you motivate you to pray even more. But do so in faith that God hears you. (James 1:6) Never underestimate the importance of your prayers!

Second, you mentioned lawlessness. Paul spoke of this as a spirit at work in the world that God restrains. "For the secret power of lawlessness is already at work; but the one who now holds it back will continue to do so till he is taken out of the way." (2 Thess. 2:7) The BLM and Capitol riots are clear evidence of this spirit at work. Such things have happened throughout world history. We all need to pray for peace, especially remembering that those we disagree with most are fellow image bearers of God.

Finally, I don't know what specific things God is calling you to do to be a peacemaker but St. Francis' prayer is a helpful guide for all of us: Lord, make me an instrument of Your peace;

Where there is hatred, let me sow love;

Where there is injury, pardon;

Where there is doubt, faith;

Where there is despair, hope;

Where there is darkness, light;

And where there is sadness, joy.

O Divine Master,

Grant that I may not so much seek

To be consoled as to console;

To be understood, as to understand;

To be loved, as to love;

For it is in giving that we receive,

It is in pardoning that we are pardoned,

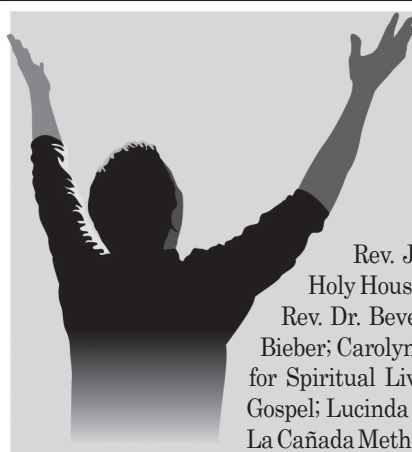
And it is in dying that we are born to Eternal Life. Amen.

If we Christians can all start here, following this prayer as a guide in our daily actions, we will embody peace, align ourselves with God's spirit and become peace bringers instead of division makers.

Peace,

Fr. Rob Holman
rob@stlukesanglican.org

Question: I had to put my 12-year-old poodle, Janie, down a week ago. I had her since she was 6 weeks old. She



SPIRITUALLY SPEAKING

SPIRITUALLY SPEAKING PARTICIPANTS

Rev. Jon Karn of Light on the Corner Church; Rev. Kimberlie Zakarian of Holy House Ministries; Anthony Kelson, RScP, Laney Clevenger-White, RScP, and Rev. Dr. Beverly Craig of Center for Spiritual Living – La Crescenta; Rabbi Janet Bieber; Carolyn Young; Sharon Weisman; Rev. Mary Morgan of Redondo Beach Center for Spiritual Living; Rev. Dabney Beck of International Church of the Four Square Gospel; Lucinda Guarino; Pastor Randy Foster of Christian Life Church; Karin Ellis of La Cañada Methodist Church; Rev. Rev. Sharri James of UP Church; The Rev. C. L. "Skip" Lindeman of Upland Christian Church (Disciples of Christ); Rev. Rob Holman of St. Luke's Anglican Church; Rev. Sharri Johnson of One Heart Retreat Center; Rev. KC Slack of Unitarian Universalist of the Verdugo Hills; Rev. Jeff Blanton and Rev. Emanuel David of Community Life Church; Rev. Karen Mitchell of High Desert Center for Spiritual Living; Rev. Kyle Sears of La Cañada Congregational Church; Michelle Gillette, Unity Chaplain/Pasadena; Andy Gero, VFW Chaplain; Katie O'Brien, runningstream48@yahoo.com

Responses are offered from the perspective of individual Spiritually Speaking respondents, which may or may not be in agreement with other respondents of Spiritually Speaking nor the editor and staff of the Crescenta Valley Weekly.

was a toy and went everywhere with me. I can't stop crying.

I have a friend who told me to get over it and that I'm being ridiculous. This friend has never owned animals. She really hurt my feelings as I continue to grieve for Janie, but I can get over that because she really doesn't understand.

My question is do dogs go to heaven? I'm hoping to see her again when I pass away.

~ Missing Janie

Dear Missing Janie,

Why couldn't you have asked an easier question? You know, opinions have been all over the place on this topic over the last 2000

years. Maybe that's why preachers and teachers usually just quote others who have gone before when answering this question. With that in mind, one of my favorite writers, Randy Alcorn, has said this on this controversial subject:

"Elijah was taken up to heaven in a chariot pulled by horses. (2 Kings 2:11) We're told there are horses in heaven (Revelation 6: (https://biblia.com/bible/esv/Rev%206.2-8), (https://biblia.com/bible/esv/2%20Kings%202.11)), (https://biblia.com/bible/esv/Revelation%2019.11)). In fact, there are lots of horses, enough for the vast armies of heaven to ride.

Other animals aren't mentioned

in the Revelation passages ... but isn't it likely that since there are innumerable horses in heaven there are all kinds of other animals too? Why wouldn't there be? Why would we expect horses to be the only animals?

Scripture tells us elsewhere, however, that man has an eternal soul. It tells us he goes to one of two places at death. Animals are not said to have eternal souls. They are not said to relocate when they die. The presumption would be that at death they cease to exist.

However, this doesn't necessarily mean that beloved animals won't be in heaven. I once read Billy Graham's response to a

see SPIRITUALLY SPEAKING on next page

NOTES & NODS

LCIF NEWS

On the lawn and under the stars, family movie night is making a comeback at Lutheran Church in the Foothills after a more than two-year hiatus due to the pandemic. All are welcome to attend on Friday, Sept. 30 at 7 p.m. Popcorn and refreshments will be served. Families can check the church's website as the date gets closer for more details.

LCIF continues to offer a number of community activities this summer: Bible study groups, knitting, quilting, opportunities to learn live-streaming media production, and more! All are welcome! Sunday worship service is held at 10 a.m. in person and online. Children's church is offered as well. Families should meet in the sanctuary at 10 a.m. After the children's sermon, the kids head to the Youth Room for a time of play and study.

LCIF Pastor Chuck Bunnell reminds the community that he is available to consult with anyone interested in baptism, confirmation or membership. He is also available for visitation. Anyone with loved ones wanting a pastoral visit at their home or in the hospital should contact the church.

For more information or to request/offer help, email office@lcifoothills.org or call (818) 790-1951. The church is located at 1700 Foothill Blvd in La Cañada Flintridge. Office hours are 9 a.m. to 1 p.m., Monday through Friday.

WALK AND WORD

In August, Walk and Word participants will meet in the parking lot of Deukmejian Wilderness Park, 3429 Markridge Road in La Crescenta/Glendale at 8 a.m. on Aug. 21 & 28. Participants will walk for the first hour and then gather to read a selection of Scripture. About a half hour will be spent journaling about what was read and then there will be conversation, sharing thoughts.

Participants are asked to bring something to write with, anything wanted to eat or drink, and a chair to use for the writing part of the morning. Because people will be outdoors and social distancing will be practiced, masks will be optional.

Those with questions can email Jeanne at jnlavieri@earthlink.net.

All are welcome. If the hike is too strenuous, there are level paths at the park. There are ramps from the

parking lot to the field where the group gathers after the hike.

RED CROSS BLOOD DRIVES

The community is invited to give the life-saving gift of blood at a Red Cross Blood Drive. Three are planned in the next few weeks. The first is today, Thursday, Aug. 18 at Lutheran Church in the Foothills, 1700 Foothill Blvd in La Cañada Flintridge. LCIF will hold a blood drive in its fellowship hall from 10 a.m. to 4 p.m. Those who would like to donate can make an appointment at redcrossblood.org.

Then on Sept. 1, The Church of Jesus Christ Latter-day Saints, 4550 Raymond Ave. in La Crescenta is hosting a blood drive on from 1 p.m. to 7 p.m. in its Cultural Hall. To make an appointment, visit https://www.redcross.org/give-blood.html.

Finally, on Sunday, Sept. 25, from 8 a.m. to 2 p.m. a blood drive will be held at La Crescenta Presbyterian Church, 2902 Montrose Ave. in La Crescenta.

Blood is essential for surgeries, cancer treatment, chronic illnesses and traumatic injuries. Anyone who has been looking for a local venue to donate is invited to take part.

For more information or to sign up, visit redcrossblood.org or contact La Crescenta Presbyterian at (818) 249-6137.

WOMEN'S NONDENOMINATIONAL BIBLE STUDY

Seasons of Life Bible Study offers two classes to choose from: "Joy of Living" will be studying the book of 1 Samuel and "The Joy of Knowing." "Women of Faith" will be doing book studies of Max Lucado's "Life Lessons from Colossians and Philemon" and Margaret Feinberg's "Experiencing Spiritual Revival" beginning Sept. 22 through April 7 from 10 a.m. – 11:30 a.m. at the Community Life/First Baptist Church of La Crescenta, 4441 La Crescenta Ave. in La Crescenta.

Anyone interested in taking part can contact Lynda Hessick at (818) 640-6022 or email lyndahessick@gmail.com.

Registration deadline is Sept. 6.

SPIRITUALLY SPEAKING from previous page

little girl's question, "Will my dog who died this week be in heaven?" Graham replied, "If it would make you any happier, then yes, he will be. Animals aren't nearly as valuable as people, but God is their maker and has touched many people's lives through them. It would be simple for Him to recreate a pet in heaven. I see no reason to believe He wouldn't if it would bring his children pleasure."

Like the little girl, you've gone a step further than animals. You've mentioned pets. I don't pretend to have the definitive answer on this ongoing controversy about our pets but, as I ponder this subject, thinking of you, something related comes to mind. I wonder if you'll indulge me for a moment.

Jesus talked about the hereafter – heaven and hell – more than anybody. He never mentioned our pets in heaven but he did mention both ourselves and our relatives. He tells a rather gripping short story of a rich man who, sadly, did not go to heaven and a poor man named Lazarus, who did and was at Abraham's side. The point of the story in Luke 16 is the dialogue back and forth, from hell to heaven and back again. It cuts through our niceties and instead gives us eternity's nuts and bolts. What surprises me every time I read this story by Jesus is the unclouded and passionate view of the afterlife by the rich man who is in torment. He only cares about two things: He wants water and

he does not want his five brothers to join him. I confess that when I think about heaven this is what I think about: I have three younger brothers. I believe I'm going to heaven. Am I sure about that? How do I know? Am I sure my brothers will join me? If the rich man from Luke 16 could come back and talk to his brothers, what would he say? What should I say now to mine? And what about extended family, other relatives? And why did the loving Lord Jesus tell this alarming story and what does he want me to get from it? (You might expect this kind of mindset from a minister!)

Back to pets. I've had a long parade of wonderful pets in my life ... mostly dogs. I have enjoyed them fully but I confess that when it comes to the afterlife, I'm preoccupied with people.

Rev. Jon T. Karn
pastorjon@lightonthecorner.org

Dear Missing Janie,

As a present and previous dog owner, I can assure you, you are not being ridiculous. Janie offered you unconditional love and a deep bonding. The loss of her physical presence in your daily life is devastating. Dogs are very psychic and intuitive; her spirit will always be with you; you can talk to her anytime you wish. Although she is on a different plane of existence that makes it hard for you to see her sometimes she may even appear to you and you may be able to see her out of the corner of your eye. She is happy and pain free and wants

you to be happy as well.

I believe one creates their own heaven and hell on earth so not sure there is a definite place one goes when they pass. However, you both will be on the same plane of existence so it is very possible for her to come running to you when you pass.

I met a man with his children and their German shepherd at the dog park today. They told me it was their shepherd's last time at the dog park and said she was crossing the Rainbow Bridge today. They were going to have to put her down. She lost her battle with cancer and was in too much pain to continue. They had planned a little celebration for her afterword, combined with memories from each family member. You might want to put a photo of Janie out, visualize and tell her what she meant to you – my guess is that she will hear you and may even respond in some way. Visualizing the times you had together makes it easier for Janie, since dogs psychically understand picture thoughts more than words.

Although you will never be able to replace Janie, her spirit may be able to come back to you through another dog. At some point you may want to consider giving another dog a loving home. In the meantime, see Janie there beside you as you visualize and picture all the many good times and years you had together and treasure those memories.

Katie O'Brien
runningstream48@yahoo.com



Rev. Karen Mitchell



Fr. Rob Holman



Rev. Jon T. Karn



Katie O'Brien

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Edited by Timothy Parker

ACROSS

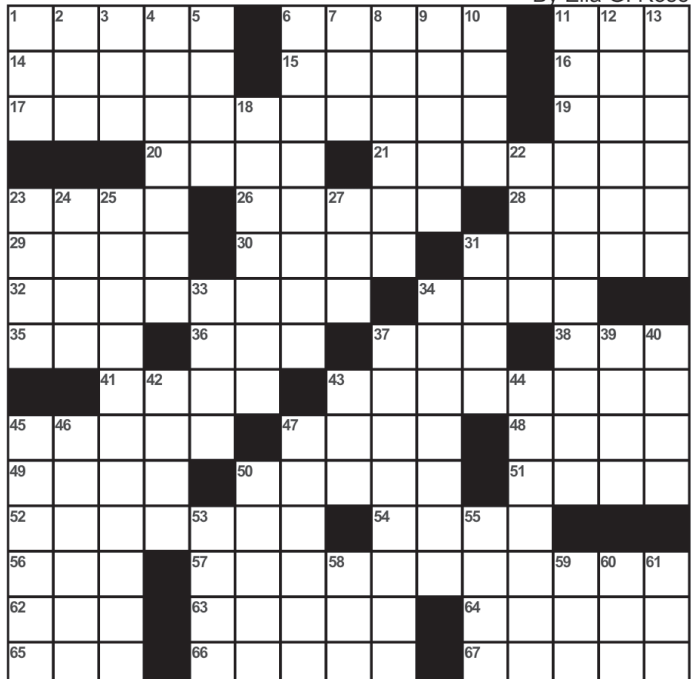
- 1) Intensely angry
- 6) Place of residence
- 11) JFK watchdog
- 14) Do penance
- 15) Like unsorted mail
- 16) Snug bug's locale
- 17) Merciless
- 19) Bloated "I"
- 20) Airline predictions (Abbr.)
- 21) Do-it-yourselfer
- 23) Cut or gather
- 26) A couple of bucks
- 28) Old Testament book
- 29) Rudely terse
- 30) Store's attraction
- 31) "God-America" link
- 32) Collector of antiquities
- 34) Word with "brother" or "nelson"
- 35) Drunkard
- 36) Susan of "The Partridge Family"
- 37) Shark part
- 38) "Norma ___" (Sally Field movie)
- 41) Flower or eye part
- 43) Pianist with a candelabra
- 45) Race where ties are common?
- 47) Irene of "Fame"
- 48) Words of reluctant agreement
- 49) Fired, as a gun
- 50) Sine's reciprocal, in trig
- 51) Fixes a hem
- 52) Highest-pitched woodwind
- 54) Walk-way connector
- 56) Houston-to-Baltimore dir.
- 57) Frigid climate feature
- 62) Theater-funding gp.
- 63) Persona's opposite
- 64) Serengeti antelope
- 65) Nine-digit ID
- 66) Subside to a drizzle
- 67) Narrow strips of wood

DOWN

- 1) Fond du ___, Wisconsin
- 2) "Who am ___ judge?"
- 3) Remote-control button, briefly
- 4) Comprehensive
- 5) Credit card balance
- 6) Abandonment of one's faith
- 7) Life story, in brief
- 8) Methuselah's claim to fame
- 9) Judges to be
- 10) Icelandic epic
- 11) Cinematic still image
- 12) Signs of the future
- 13) Ancient Greek marketplaces
- 18) Bonny girls
- 22) Be a snitch
- 23) Some old TVs
- 24) Continental currency
- 25) Water surrounding the North Pole
- 27) Keyboard key
- 31) Source of ruin
- 33) Miner's exit
- 34) Grill on a patio
- 37) It might go up in flames
- 39) "Don't have ___, man!" (Bart Simpson quote)
- 40) Mouse-sighting squeals
- 42) Campus cadet's org.
- 43) "Leaving ___ Vegas" (1995 movie)
- 44) Basketball legend Bill
- 45) Quaking trees
- 46) Stands out significantly
- 47) "Whoa! Easy there!"
- 50) Biological duplicate
- 53) Gem with a play of colors
- 55) Chills, as a beverage
- 58) ___ Darya (Aral Sea feeder)
- 59) 21st U.S. president's monogram
- 60) Army insect
- 61) Places for sgts. and dets.


NOT SO HOT

By Ella G. Rose



see ANSWERS on page 4

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• POOL/SPA SERVICE •

FRIEDMAN from page 8
pimples or blisters, which can appear on the face, inside the mouth and other parts of the body, depending on how the virus spreads. There is no FDA-approved treatment for monkeypox. You can learn more on the CDC site.
How does monkeypox spread?
The virus spreads through prolonged skin-to-skin contact with someone who is symptomatic. While men who are intimate with men are currently in the highest risk pool, more women and children are testing positive. Those in congregate settings, such as shelters, group homes, schools and daycares, could be more vulnerable to exposure. It can also spread to the fetus during pregnancy. It is important to remember that monkeypox is exclusive to no single community.

Research is underway to better understand its transmission, but we must remember that we are all potential hosts.
How to protect yourself and others: The CDC recommends avoiding close contact or sharing objects, such as utensils or cups, with people who have monkeypox or have a rash that looks like monkeypox. Abstain or practice safer sex and be vigilant at social gatherings per these CDC guidelines. Wash hands regularly – before eating, after contact sports, swimming in public pools, etc. Those who have an unexplained rash or symptom should avoid close contact with others until they have been checked by a health care provider.
An infected person is considered contagious until the lesions have

crusted and shed away, revealing a fresh layer of skin. Though the virus has a low fatality rate, it can be a serious health issue, sometimes requiring hospitalization.
If you think you have monkeypox: Those who think they have monkeypox should reach out to their health care provider to get tested. They can dial 2-1-1 if they do not have a provider. Additionally, people who have developed a rash can access services at LA Public Health's sexual health clinic.
Please do not seek medical attention at vaccination clinics and walk-up sites.
Regarding vaccinations in Los Angeles County: While Los Angeles County's pre-registration for the Jynneos monkeypox vaccine is momentarily paused, it should open again as federal supply meets

the demand in Los Angeles County. Those who have already signed up should receive a text notification on the next steps to get the vaccine. For updates from the County on pre-registration and vaccines, please sign-up with your email at http://publichealth.lacounty.gov/media/monkeypox.
LA County's priority will be to maximize the administration of the first dose of the vaccine to people at higher risk for monkeypox. At this time, people can sign up to get vaccinated in Los Angeles County if the following criteria apply:
You are a gay or bisexual man, or a transgender person 18 years of age and older, who had multiple or anonymous sex partners in the last 14 days, including engaging in survival and/or transactional sex (e.g., sex in exchange for shelter,

food and other goods and needs).
Jynneos is the only FDA-approved monkeypox vaccine and is administered in two doses at 28 days apart.
Health care workers: According to the CDC, health care workers who care for a monkeypox patient should be alert to the development of symptoms within the 21-day period after the last date of care. For those who have had unprotected exposure, it is not necessary to be excluded from work duties, but there should be active surveillance for symptoms, including temperature checks twice a day, for the 21 days following the last exposure. Check the CDC for additional recommendations. Again, vigilance is key.
You can read more at CVWeekly.com/VIEWPOINTS.

WATER from Cover

and Saturdays before 9 a.m. and after 5 p.m. However, from Sept. 6 to Sept. 20 extreme water conservation measures will be implemented due to repairs to a water pipeline that delivers water from the Colorado River to water customers in Glendale, Burbank and Crescenta Valley as well as many other districts across the region.

“Starting Tuesday, Sept. 6, most of Southern California residents and businesses are being called on to suspend outdoor watering for 15 days as a critical water pipeline is shut down for emergency repairs,” according to Glendale Water and Power.

The pipeline is part of the Metropolitan Water District’s regional water system. MWD is putting out an urgent water-saving call to stretch Southern California’s severely limited water supplies.

CVWD receives 50% of its water from MWD, GWP receives 60% and Burbank is 100% dependent on imported water. According to Burbank Water and Power, Burbank is 100% dependent on imported water from MWD, which is attained from the Colorado River via the Colorado River Aquaduct and northern California rivers via the State Water Project.

Drought conditions have severely impacted the supply of water available from the State Water Project. Burbank elected to limit the water taken from the State Water Project to ensure adequate water supply to other communities that are solely dependent on this source. This year Burbank has been depending on receiving water exclusively from the Colorado River; therefore, this major pipe repair will not allow water to flow to the Burbank area because the shutdown by MWD means that most Southern California cities must take water from the State Water Project.

DANIEL DOVER from page 9

went viral and has remained in commission to this day.

After moving to New York, *Dover* shifted his focus to animation projects, while still exhibiting his artwork in many various forms, with shows in Tel-Aviv, around Europe and New York City. No matter the place, format or subject, everything adds up to one prolific artist, willing to go the distance and do what it takes to bring his artwork to the forefront of his field. Whether it’s using spray paint, ink, ready-made sculpture or other media, *Daniel Dover* is a master of creating a visually sharp statement that projects a fragile truth about complex human and social systems. His work has been reviewed in many prestigious publications: Huffington Post, LA Times, European Pressphoto Agency, The Guardian and many more.

With such a wide range of exciting projects, it’s hard to know when and where *Daniel Dover’s* art will next turn up. This self-proclaimed workaholic has reinvented himself time and time again, and plans on providing his followers with many more surprises in the near future. His star sparkles proudly and those in the know are collecting. Whether he’s painting art on the escalators at City Hall, curating a plastic zoo or animating lovable eccentric characters, *Daniel Dover’s* art has no limits.

Daniel Dover: www.doverd.com
 Bernard & Ralph - and the Beach-House Gang - ‘Empire-State Elephant’: <https://www.youtube.com/watch?v=thRQ0ahtFAs>
 DoverD - by Kutiman: <https://www.youtube.com/watch?v=WqpO5OKAvBg>

But the shutdown is also a chance for people to practice water conservation. As the drought continues and climate change effects are here to stay, water conservation is something everyone will have to get used to.

The water districts have shared tips on how to prepare for this 15-day stretch of no outdoor watering:

Fill up rain barrels and cisterns with a hose now to store for watering during Sept. 6 and Sept. 20.

Deep water trees to allow roots to absorb more water ahead of the two-week restriction.

Adding four-inches of mulch around trees, shrubs and flowerbeds will help reduce water evaporation from the soil.

Aerate lawns and add compost two weeks prior to the shutdown. Cycle and soak; short bursts of watering allow time for water to soak into the soil instead of running off the lawn.

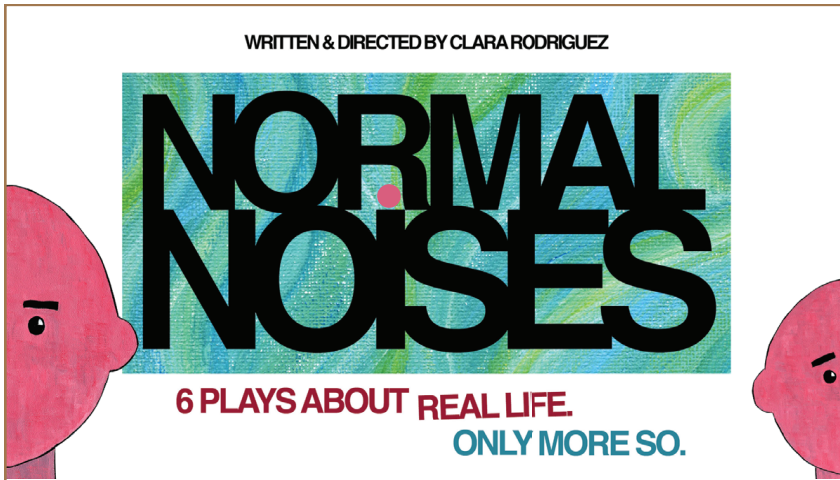
Set mowers for higher cut than normal. Longer blades of grass help reduce evaporation or avoid mowing altogether.

Glendale suggests during the shutdown to put a bucket in the shower to collect water as the shower warms up. Use that water for houseplants, sensitive outdoor plants and areas of the lawn that may show excessive stress or hot spots.

Take short showers, five-minute maximum, and do not leave water running when washing dishes. Fill a small bin or bucket with water to wash dishes. When done use that to water trees and grass.

For more water-saving tips, visit www.bewaterwise.com.

WRITTEN & DIRECTED BY CLARA RODRIGUEZ



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