

SEPTEMBER 15, 2022

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### VOL. 14, NO. 3

### Scholl Canyon Landfill Will Close

By Ruth SOWBY

After a two-week hiatus of Glendale City Council meetings, it was standing room only at city hall as concerned citizens packed the council chambers to hear the future of the highly debated 535acre Scholl Canyon Landfill. Long an eyesore to those in La Crescenta, La Cañada, Glendale, Pasadena and surrounding communities, the landfill is currently topped off at 1,400 tons of garbage every day. For the City of Glendale coffers, the landfill generates \$12 million annually. Councilmembers had to decide on Tuesday if keeping it open was worth the price.

Councilmembers debated whether to extend the life of the landfill or use two alternate locations for its garbage: City Terrace near Cal State Los Angeles or Crown Valley in Sun Valley. Two new refuse trucks and two drivers would have to be added to the budget to accommodate using a new site.

If closed, the landfill area could be used for hiking, soccer and baseball games, family picnics and even zip lining. Each activity would need to be funded.

It was moved and seconded by councilmembers that the Scholl Canyon Landfill will be closed upon reaching capacity, currently estimated in December 2025. Applause broke out from those present in council chambers when the decision was reached.

Other action items on the agenda were not as controversial. Council members voted to authorize staff to begin the public hearing process for the purpose of adopting new solid waste collection rates for single-family and small multi-family customers. The public hearings will take place in mid or late November.

### **MSAR** Hosting Milestone Anniversary Celebration

By Mary O'KEEFE

Montrose Search and Rescue team is planning community event celebrating its 75th anniversary.

or 75 years members of the Montrose Search and Rescue (MSAR) have been at the ready, 24/7, to respond to everything from lost hikers to vehicles over the side of the road in the Angeles National Forest. To celebrate 75 years of service, MSAR members are inviting the community to Crescenta Valley Park on Sept. 24.

MSAR has a most amazing history. Members have dealt with all elements Mother Nature threw at them – from wind, floods, snow and ice - to manmade emergencies like fires and traffic collisions. It is and always has been a group of volunteers. They do this because they are called to help others.

There are numerous stories of their rescues. One that occurred in 1958 dealt with a young boy from the urban area of Los Ange-

les. He along with his fellow day hikers boarded a Catholic Youth Organization (CYO) bus for a trip to the mountains and to snow. After a day of fun in the snow a final roll call found CYO was one boy short. It turned out that the boy's friend had answered when his name was called in an earlier roll call at Chilao Flats; the group had since traveled to Mt. Waterman, a few miles away. The Los Angeles County Sheriff's Dept. was called as was Montrose Search and Rescue. The young boy, who had been picking flowers for a bouquet for his mother, had lost track of time and of the



group he was with. He began to walk along a stream, away from the campsite. He spent two nights terrified and very cold.

Meanwhile searchers were looking for him. As the third night fell a CYO worker saw the boy on a cliff side. He radioed to see MSAR on page 4

# Rest Easy – Not On Our Watch Reminds 'We've Got Your Back'

### By Robin GOLDSWORTHY

n average in 2019, 17.2 veterans died by suicide each day according to the National Veteran Suicide Prevention Annual Report released in September 2021.

And Navy veteran Joseph Palesano, executive director of Wellness Works Glendale, believes that's unacceptable.



see GCC on page 19

Palesano is co-founder of Not On Our Watch, a program of Wellness Works that raises awareness of the loss of veterans every day due to suicide.

Not On Our Watch was launched in 2015.

"We had heard about the high see NOOW on page 19



### » FROM THE DESK OF THE PUBLISHER



### Slipped On By

September, as is the case almost every year, has turned into a really busy month. In addition to Labor Day, the traditional 9/11 Remembrance Motorcade was held on Friday (more on that next week) and, personally, I've been fighting a cold while preparing to fly to New Hampshire for my niece's wedding.

Somehow, among all that is going on, I neglected to give a shout-out to, well, CV Weekly. On Sept. 4 we celebrated our 13th anniversary!

Yes, it was on Sept. 4, 2009 that the first issue of CV Weekly was distributed to the Crescenta Valley. Notable of that first issue was that it is the only issue that has a photo-dominant front cover and it is the only issue ever released on a Friday rather than a Thursday. Why? Well, if you remember that was the week the Station Fire took off and many local roads were blocked so we couldn't deliver the paper.

I remember when I first decided to start the CV Weekly. I had been recently laid off (to me "fired" is more accurate) because the Los Angeles Times (in all its wisdom) decided to close the paper I worked for, the Crescenta Valley Sun, which it owned. Rather than offer me a job at any of its other products it chose to let me go.

I went home and told husband Steve that we needed to start a newspaper. He said we had saved enough money for a new kitchen or we could start the paper: which would it be? (I still have the ugliest kitchen in the Crescenta Valley – but I have best newspaper.)

LEISURE......10

Those early days were tough. Since I was starting from scratch, I had to find and hire a printer, a designer, reporter/s, photographer/s, sales people and an office manager plus find an office. I had to decide what the first issue would look like.

Then came the Station Fire.

One of the worst fires in California's history, the fire literally ripped through the valley, filling it with smoke and putting fright in the hearts of residents. But the one other thing it did was provide me with super photo opportunities.

The first issue was done on my dining room table. Then we were evacuated due to the fire so the CVW crew moved to Mary O'Keefe's dining room table. On Sept. 15, 2009 I leased our office at 3800 La Crescenta Ave. and we've been here ever since, though we moved from suite 101 to 206.

That early crew has changed over the years though Mary O'Keefe, Charly Shelton and I have remained. I have had some super people work for me – and some duds. CVW has gone through the Great Recession, COVID-19 and countless financial crises.

see ROBIN on page 19

Robin Goldsworthy is the publisher of the Crescenta Valley Weekly. She can be reached at robin@cvweekly.com or by calling (818) 248-2740.

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BETWEEN FRIENDS......12 JUMPS......19

### Weather Watch By Mary O'KEEFE Taking A Look Outside Our Window

First a bit of a disclaimer: Remember when conspiracy theories used to be fun and would make the most amazing television shows and movies. Well, lately conspiracy theories have left the realm of "what if" and moved toward "gospel." For this article I am asking you to remember the good ole days when conspiracy was an exercise in imagination and not a political statement.

When I spoke with NOAA (National Oceanic Atmospheric Agency) and other weather specialists I began to wonder, "How did weather science come so far, so fast?" As I have stated before, I am from Iowa so I grew up with farmers coming into the soda shop where I worked as a kid with their weather predictions that were almost always spot on. It wasn't quite like Bill Paxton's character, Bill Harding, in the movie "Twister" when he held up a handful of dirt, let it blow out of his hand and knew where the tornado was heading ... but it was close. Farmers I knew, including my dad and grandma, would talk about the "smell of rain in the air" though there wasn't a cloud in the sky or, by listening to crickets, they could tell if a storm was actually coming. But beyond feeling, smelling or broken bones aching, there are many pieces of equipment that help us know whether to take out our umbrella in the morning.

One of the most interesting pieces of equipment for predicting weather was the weather balloon. (This is where the conspiracy part begins.) One of the most famous stories in the world of weather balloons is the one that supposedly flew, and crashed, on June 17, 1947 in Roswell, New Mexico. According to reports, a rancher, WW "Mac" Brazel, and his son Vernon encountered a "large area of bright wreckage made up of rubber strips, tinfoil and rather tough paper, and sticks." The metallic looking lightweight fabric scattered across the New Mexico desert, about 80 miles northwest of Roswell. Brazel collected the materials and on July 7 drove it to Sheriff George Wilcox in Roswell. That's where the story of UFO and aliens was born.

The Roswell sheriff contacted the military at the Roswell Army Airfield's 509th Composite Group. The call went up the chain of command as no one, seemingly, could identify the material.

They sent soldiers to collect all of the "wreckage" and then Major Jesse Marcel had his photo taken with material from the "UFO crash site," according to newspaper and initial military accounts. From then on, the words "aliens" and "Roswell" became synonymous.

Later, the military changed its story and put the blame on a weather balloon; of course by this time the story of a crashed alien ship was much more interesting ... and a lot of people "wanted to believe."

But now even the story of the weather balloon crashing into Roswell has been debunked as the new real story is that the wreckage was part of Project Mogul that was conducted out of the Los Alamos National Lab in New Mexico. The project was using ridiculously large balloons that were sent into high altitude and were equipped with listening devices to help keep an ear on Russia (remember it was the beginning of the nuclear age).

So the most famous weather balloon wasn't an alien space ship or even an actual weather balloon ... or so "they" say. For me, I still think the "truth is out there."

Next week I will look into weather balloons that are not controlled by the "Men in Black" and how they shaped our weather prediction history.

For us, the rain we thought we were going to see thanks to Hurricane Kay (which was downgraded from a hurricane to a tropical storm by the time it got to California's west coast) did not quite give us the inches that were promised. In fact, according to the weather station at Rosemont Middle School, the Crescenta Valley area only received 0.05 inches of rainfall.

Over the next few days, our local weather looks to be a bit cooler with daytime temperatures in the low 80s and cool nights in the high 50s.





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### NEWS

### N BRIEF

### **CV TOWN COUNCIL HOLDS GENERAL MEETING**

The general meeting of the CV Town Council is tonight, Thursday, Sept. 15 at 7 p.m. at the La Crescenta Library, 2809 Foothill Blvd.

Enter from the rear, upper parking lot.

All are invited to attend.

### **ROSEMONT PRESERVE OPEN GATE MORNING**

An "open gate" event is taking place at the Rosemont Preserve on Sunday morning, Sept. 18. This is a chance for residents to visit the Preserve and wander the trail at their own pace and enjoy the tranquil setting, the wildlife and the natural beauty. Photographers: bring your camera to capture the morning light and citizen scientists, bring your iNaturalist and Merlin apps to identify birds and add wildlife sightings!

The gate will be open from 8:30 a.m. to 10:30 a.m., and Friends of the Rosemont Preserve Committee members will be available to answer questions and present this community resource.

The Preserve is located at the north end of Rosemont Avenue, just parking is limited, please park at Two Strike Park, 5107 Rosemont Ave. Those with mobility issues who require a closer parking spot should Committee.

Those planning on walking the bring water to drink.

Sorry, no pets please.

further For Preserve at RosemontFriends@ gmail.com.

### **HISTORICAL SOCIETY EXPLORES ORIGINS OF LOCAL WATER**

"Whiskey is for drinkin'. Water's for fightin' over." And so it has always been in the Crescenta Valley. Water here has been bought and sold, bartered and traded, hoarded and squandered, and it continues to Community

Her outline includes: The drugs of today are not the drugs of yesteryear.

- · The state of teen drug use and what prevention can be done.
- What is the impact of drugs to our health and community finances in the local community.

The Foundation for a Drug-Free World is a nonprofit public benefit corporation that empowers youth and adults with factual information about drugs so they can make informed decisions and live drugfree.

Through their worldwide efforts, millions of drug prevention booklets have been distributed, tens of thousands of drug awareness events have been held in some 180 countries and Truth About Drugs public service announcements have been aired on more than 500 television stations. T h e s e materials and activities have helped people around the world learn about the destructive side effects of drugs and thereby make the decision for themselves to not use them.

#### **SPECIAL SPEAKER FOR CVHS COMMUNITY**

The community is invited to past the chain link fence. As street a talk on mindfulness given by speaker, therapist, writer and teacher Dr. Christopher Willard on Monday, Sept. 19 at 6 p.m. at CVHS Macdonald Auditorium in the 4300 contact the Rosemont Preserve block of Ramsdell Avenue in La Crescenta.

Dr. Christopher Willard (PsyD) trails should wear sturdy shoes and is a psychologist and educational consultant based in Boston This event is free to the public specializing in mindfulness. He and suitable for all ages; no has been practicing meditation for reservations required. Rain cancels. 20 years and has led hundreds of workshops around the world, with information, invitations to more than two dozen contact the Friends of the Rosemont countries. He currently serves on the board of directors at the Institute for Meditation and Psychotherapy, and is the president of the Mindfulness in Education Network. He is the author of 20 books for parents, professionals and children. He teaches at Harvard Medical School.

### **CVCA TO MEET**

The Crescenta Valley Association will this day. At the next meeting of the have its monthly meeting on Historical Society of the Crescenta Thursday, Sept. 22 at 7 p.m. via Valley, Dave Gould, director of Zoom. The meeting will include Engineering and Operations for the discussion on local issues as well Crescenta Valley Water District, as an opportunity for Foothill will give a presentation on the past, area residents to bring their own concerns. Contact the CVCA at crescentavalleycommunityassn@ gmail.com with questions and for Zoom meeting information. All are welcome.



Author and illustrator David Shannon spoke to readers about his new book "Gold" at Once Upon a Time bookstore



Elliott Jennings, 8 years old, gets his "Gold" book signed by author David Shannon.

#### By Mary O'KEEFE

't was busy weekend at Once Upon a Time bookstore in Montrose. Two authors shared L their new books, signed their books and answered questions from their most loyal - and excited - readers.

First of all, there were a lot of kids at these two events. Young readers came from nearby and from miles away and, in the "digital age" where virtual has become part of our everyday existence, it was impressive and uplifting that there are so many

young readers who sat and listened to every word these authors spoke and then asked the most insightful and curious questions.

"[Reading] brings me into another world," said Lincoln Elementary fifth grader Rvan



Fremont third grader Wayne Elkins loves to read and especially loves his books "No, David!" and "Gold" by David Shannon.

is the first time I am reading this book," he said, and then joked, "and it's the first time in about 100 years it has rained here so it's a good day."

Shannon is a renowned Caldecott Honor recipient and New York Times bestselling author. His books, including "No, David!," "Bad Case of Stripes" and "Duck on a Bike," have been constant champions of so many young readers.

This new book is about greed. It is a retelling of the myth of Midas and his golden touch.

"Maximilian Midas was a peculiar little boy. He see OUAT on page 4



present and future of where local water comes from.

The free meeting will be held on Monday, Sept. 19 at 7 p.m. at the Center for Spiritual Living - La Crescenta, 4845 Dunsmore Ave. (at the corner of Santa Carlotta).

#### **LCWC – EVENING SECTION HOSTING PROGRAM**

The community is invited to a presentation by Cathy Morfopoulos, a certified drug instructor and representative for the LA chapter of the Foundation for a Drug-Free World. Her presentation is hosted by the La Crescenta Woman's Club Evening Section and is being held on Sept. 19 at 7 p.m. at the Clubhouse, 4004 La Crescenta Ave. in La Crescenta.

### **FRIENDS OF LA CRESCENTA** LIBRARY

The Friends of La Crescenta Library invites the community to its members' only library book presale. Membership is available, too, by joining at the door or at the library ahead of time. (Memberships are based on a calendar year.)

The members' only presale is on Friday, Oct. 7 from 3 p.m. to 7 p.m. at the library, 2809 Foothills Blvd.

The library book sale is open to the general public on Saturday, Oct. 8 from 9 a.m. to 3 p.m.

Kam.

Sam Abney-Smith, a sixth grader at Gooden School in Sierra Madre, also shared his love of reading.

"I like sitting down and being quiet," he said. "It takes you off to a different place."

He added that he liked reading at night, especially on cloudy, rainy days like we recently had.

And Fremont Elementary third grader Wayne Elkins said reading "was fun."

The three young readers joined others for the two events that saw well over 100 participants.

David Shannon started the day at 10 a.m. with the introduction of his new book "Gold."

"Thank you all," he said to the audience. "This is the first time I have been in front of people [like this] in two and a half years, and it

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#### OUAT from page 4

didn't much like chocolate and he didn't play with toys. The first word that he uttered when he was 1-year-old wasn't Mama, wasn't Papa. What Maxie said was 'Gold,''' Shannon began the reading.

He spoke about greed and how that often leads to loneliness and the kids in the Once Upon A Time audience agreed. Shannon took questions about his book and then, being an awardwinning illustrator as well, drew Max.

"One thing about this book I [didn't realize] was how hard it is to draw gold," he told his young fans. "Gold is very reflective and shiny."

But he didn't disappoint as he continued to draw while his audience seemed to hold their collective breath.

Wayne came leaping out of Once Upon a Time holding his book tightly. He was very excited about meeting Shannon. He got in line with his mom and they waited for his turn for Shannon to sign "Gold."

"My favorite book is 'No, David!" Wayne said. When asked what he liked most about the author he said, "He made the book and he drew the pictures."

The excitement of fans continued in the afternoon when it was the turn of author Stuart Gibbs to meet his young fans.

Gibbs was there to share his latest book in the Spy School series, "Spy School Project X." It is the 10th in the book's series.

"Ben Ripley's longtime nemesis, Murray Hill, has put a price on Ben's head and accused him of being at the center of a conspiracy on the Internet. Now Ben finds himself in his greatest danger yet, on the run from both assassins and conspiracy theorists," according to the author's website.

It is not a surprise that Gibbs was inspired by James Bond. One reader asked if he had ever been in the CIA. Gibbs joked that he couldn't really say if he was ... but he wasn't.

He told the audience he came up with the idea for Spy School when he was about their age [fifth grade to middle school age kids], and the idea could be traced back to the first James Bond movie he ever saw. <image>

TOP: [from left] Lincoln Elementary School fifth grader Ryan Kam and sixth grader Sam Abney-Smith, from Sierra Vista Gooden School, love to read and were happy to see a favorite author Stuart Gibbs and get the new addition of the Spy School series. ABOVE: The lines were long as young readers waited to meet author David Shannon.

BELOW: Young readers and their parents stood in line for a chance to meet author Stuart Gibbs and read the new book in his Spy School series.



writing the book," he said. He does research for the storyline and then writes a "big outline."

"Then I write the first draft [that takes] about three to six months, and then after that I can do a bunch of other drafts,"

before anyone can find out why it washed up there, it explodes. This brought laughter from his fans.

"[His books] are always exciting and there are explosions," Ryan said. He added the Spy School series is his favorite because the stories take the reader around the world. "I like the author [because] he can always make it seem fun. I think if someone else was writing this series it would be boring," said Sam. "[Gibbs] has fun and interesting characters and there is something there for everyone." Once Upon a Time is the oldest children's bookstore still operating in the nation. This is an even more impressive feat since the pandemic caused many stores to shutter but, as long as there are happy young readers, authors who are as excited about their books as the kids are and a special bookstore like Once Upon a Time, children will be able to celebrate boundless imagination.



A division of Crescenta Valley Publishing, LLC

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Sunland, Tujunga, Glendale and	ibuted on Thursdays to: La Crescenta, Montrose, La Cañada, parts of Lake View Terrace. Yearly subscriptions are *\$65.00 Rate is higher for mailed copies
To contact us E-mail info@cvwee Deliver	Mail Payment to: 1 Crescenta Ave., #206, La Crescenta, CA 91214 , call (818) 248-2740, fax (818) 248-2444 kly.com. Visit the web at www.cvweekly.com y issues? delivery@cvweekly.com.
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#### MSAR from COVER

NEWS

the search teams and four hours later they heard the faint cries of the boy in the darkness. As if looking for this boy weren't enough, searchers had to rescue several CYO members who got lost looking for the boy. By the time the MSAR members got to the boy it was too dark and too dangerous to carry him out of the area. So they made camp, gave the boy food, wrapped him up and built a fire to keep him warm. The boy was then evacuated by helicopter the next morning and was transported to a Glendale hospital. The doctors were able to save the boy's frostbitten legs.

This story and more can be found in Mike Lawler's book, "Thrilling Tales of The Montrose Search and Rescue." This is the "everything you need to know about MSAR" book.

"Fred Koegler [longtime MSAR member] asked me about the possibility of doing a book," said Lawler. "He had boxes and boxes of newspaper articles and reports. I saw how dramatic the stories were. Added to that, the stories took place locally, sometimes with folks I knew. With Fred's help, the book was easy to write," adding, "What surprised me was the dedication to their community these men and women have. They get nothing out of the danger they face, and the countless hours they spend, except for the satisfaction of knowing that they have made the world better." Over the years, CVW has covered numerous rescues by MSAR (to find more articles visit www.cvweekly.com and search Montrose Search and Rescue). It has been recognized by local organizations, elected officials and one of their rescues was even read into the Congressional Record by Representative Adam Schiff.

The weather was bad but it didn't seem too intense so England and one of the 9-year-old kids on the hike decided to try to summit while the others in her group hiked back down the mountain. They got lost and spent two nights on the mountain until they were rescued by Sierra Madre search and rescue team members; MSAR was also on the search.

England knows firsthand what an important role MSAR plays and wanted to help others.

"I honestly was pretty naïve when I first joined [MSAR]," England said. "I thought these are great people who come out to the mountains when someone is lost and all's well that ends well. But what I found was this was so much more than getting on a trail and calling someone's name."

England added that MSAR members are constantly training in all elements including snow, ice, heat and swift water. Members are trained in mountaineering skills and have to know how to rescue people in hot temperatures, swift water and cold temperatures.

Andmembersareallvolunteers who get paid \$1 a year. The costs of buying equipment, including ropes, harnesses, helmets and everything they need to rescue those in need, are purchased through donations or from their own pockets.

"Moonraker."

"We [he and his friends] all ran around and pretended to be James Bond," he said.

He wrote a story about Jimmy Bond, James' son.

"Spy School was a tiny part of that story and I held onto it for many years," he said.

When he returned to the idea it evolved into the Spy School series.

The audience of young readers asked many, many questions. They wanted to know about future character plots and future series – would there be an 11th book in the Spy School series?

He was also asked how long it takes to write a book from an idea.

"I spend about a year playing around with ideas before I start

he explained.

After editing, editor notes and about eight to 10 drafts, the book is ready.

He said one of his favorite things about being an author is meeting with young readers, like those at Once Upon a Time bookstore. He added the hardest thing about writing is getting the book started.

Gibbs has four series of books including the FunJungle book series. He told the audience that there would be a new FunJungle book released in February 2023. "It is the first book [I wrote] that will take place in LA," he said.

He then gave a sneak peak of the plot explaining that it starts with a whale that gets washed up on the beach in front of the Malibu Colony but, Cindy England is a MSAR member and the chair of the upcoming celebration. She became a member of Montrose Search and Rescue after she was rescued by the team.

It was several years ago when she and a group of adults and kids were climbing Mt. Baldy. "We rely on the public to keep us active and a lot of our equipment has a shelf life so it has to be replaced [at times]," England said.

The celebration on Sept. 24 will give the public a time to talk to and thank members of MSAR. It is also a time for members to thank the public for its ongoing support.

At first team members thought they would have a small backyard barbecue to commemorate the 75 years of service but, after talking to others, they decided to open the celebration to the community. England said the support has been overwhelming. "It is amazing how many people have come forward to help see MSAR on page 8

### NEWS

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### Local Credit Union Hosts 'Charlie Bubbles' Author



Paul Carafotes, author of the children's book series "Charlie Bubbles," and his wife Toni Ann stopped by the Glendale Area Schools Credit Union on Friday morning

to sign copies of his books and meet with copies of the books to grateful readers. local fans. The credit union also gave away

### Meet the Burbank Jouncil

### By Ruth SOWBY

Three candidates were featured at a recent "Meet the Burbank City Council Candidates" event at the Burbank home of Ron and Mirta Rothacher on Sept. 8. Having recently talked with a friend, host Ron countered his friend's complaints with, "If you think city elections are a waste, come to my party and meet the candidates." The

### other Burbank residents.

After introductions in the Rothacher's shady back yard, the three candidates were subject to some questioning. Current Burbank City Council Clerk Zizette Mullins was asked about her background. A 40-year resident of Burbank, Mullins has devoted 35 years to public service, 10 as city clerk. When she was 13 years old she and her family immigrated from Egypt

has two adult children and five grandchildren. She has been married for 14 years to Michael Mullins. A business owner by trade, one of her goals is to pave a more streamlined path for women to succeed in their own businesses.

Candidate Sharon Springer has been on the Burbank City Council since 2017 and is running for reelection. She believes she "can make a difference" and has worked with

and permitting to create 2,000 housing units for Burbank families. As mayor of Burbank in 2020, Springer said she helped people pay their rent. She also put on food drives for seniors.

Tamala Takahashi prides herself as being the youngest of the candidates. She said, if elected, she would be "the first Gen Xer on the Council." Her focus is for "kids to have a city and world in which they

Takahashi has been married for 26 years and has three children.

In total, there are five women running for three Council seats. Candidates Nikki Perez and Carmenita Helligar were not at the meet-and-greet.

If Mullins, Springer and Takahashi win spots on the Burbank City Council, it would be the first time three women sat on the Council.



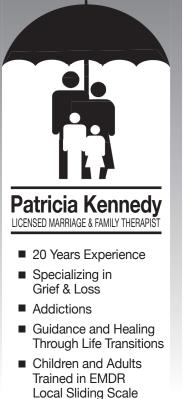
candidate Tamala Takahashi.

ANSWERS for page 15









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COMMUNITY **NEWS?** Sign up for our **CV Weekly** E-BLAST. E-mail info@ cvweekly.com to receive an e-mail with the latest community news.

### 818 512-2464

Photos by Bethany BROWN

### **Page 6 • September 15, 2022**

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### CRIME BLOTTER

Erma O'Dean Hole

Obituary



Sept. 7, 1925 - Sept. 20, 2021

Erma O'Dean Hole was welcomed into God's arms from her bed at home with loved ones Sept. 20, 2021.

Born Sept. 7, 1925 in Glendale, she was a beloved wife, mother, sister, aunt, grandmother and great grandmother and a good friend. She will be greatly missed by us as our matriarch. We could go to her with anything and everything ... and we did.

She had a happy childhood growing up with her parents Marie and Henry O'Dean and her sister Dorathy always close in a suburb of Los Angeles. She and her sister tap danced on stage and on the steps at the opening of City Hall in Los Angeles. She and the family were active in the Lutheran Church, socially and helping, and God's light shined through her in her life. Mother was in CWC and other clubs with close friends. In high school she and friends danced at the Palladium to Benny Goodman, Glenn Miller, Woody Herman and Harry James. She worked in an office for several years before marriage, always taking streetcars to the city.

When she married Orville Hole they lived in the Crescenta Valley foothills of the San Gabriels. They enjoyed family picnics in the mountains, beach swimming, archery and golfing. They had a daughter, Arlene Lucier, and son, Barry Hole, and they camped in the forests of Oregon, Washington, Idaho and Canada and traveled to Hawaii and abroad as well

the two of them. They bought a beautiful wooded lot at Lassen where Daddy designed and built a mountain home of their dreams with a large stream for fishing and swimming. After Orville's death in 1984, Erma moved to Carmel where they had honeymooned. Her close granddaughter Shamen said, "They were the true love story."

- Switzerland was a favorite of

A devastating loss to our family was when Barry died in 2005 at age 48 from a massive heart attack. He worked at Lockheed 27 years - often with his dad. Daughter Arlene moved 10 minutes away from Mom 25 years ago; they were close, enjoying belonging to Adobe Questers and spending time together.

While raising the children, Erma was a stay-at-home mom and when the grandchildren were young they, too, enjoyed sharing time with their grandparents in Crescenta Valley.

Erma sang in the church choir and in Mother's Singers and was a leader in Brownies through Girl Scouts for Arlene.

She and Arlene were always close at heart. They traveled extensively in America and Europe. When she was alone in Carmel, as when at their home with Orville, holidays drew all the family together to their loving home and Erma's wonderful cooking and apple pies.

She was a beloved wife, mother, grandmother, great grandmother and aunt and a good friend. She always cooked delicious holiday family dinners and baked incredible pies, crocheted beautiful blankets for family and babies, veterans' homes and hospitals. When the babies and little ones were fussy, we'd hold them and dance as she played Rimsky-Korsakov on the piano, lulling them.

A gracious lady, her later years were spent quietly at home, walking, reading always, often sitting in the sun with a view of the ocean she loved or sitting in the sun at Arlene's.

There was a Lutheran service Oct. 4 at Wee Kirk Church near the family section of Forest Lawn in Glendale. Her granddaughter, Shamen, and Jason and children and great grandchildren - Ryan, Bradley and Willow - came from all over.

3100 block of Alabama Street in La Crescenta, deputies responded to a forgery call. They were told the victim received an email from "Amazon" customer service stating an item she returned had yet to be received and that she would be charged for the items. She found a number on the Google search engine for Amazon. She called them and a person identifying himself as an Amazon representative stated he could help her. He informed her that many people were using her account for other purchases. In order to "solve the issue with her account" the victim was directed to purchase and send funds to an address/email and then the suspected/ representative instructed her to purchase Bitcoin and send him the transfer code so he could retrieve the funds.

The victim was sent further text messages instructing her to send pictures of the gift cards she had been asked to send. The victim sent what the suspect asked but when she was asked for additional funds she became suspicious. She attempted to telephone the original number she had called but there was no answer. She was advised by LASD deputies to monitor her bank accounts and contact her bank.

The fraud by false pretenses occurred at 10 a.m.

#### Sept. 8

4500 block of Castle Road in La Cañada Flintridge, someone had broken into commercial post office mailboxes and apparently stole several pieces of mail between Sept. 8-10.

#### Sept. 7

5600 block of Stardust Road in La Cañada Flintridge, a woman reported that she had found multiple vape pens (electronic cigarettes) in her daughter's possession. Her daughter is under 21, which is the legal age to possess a vape pen. The daughter allegedly contacted an adult male suspect who would purchase the vape pens; she would pay him a specific amount of money that she would leave in her home's mailbox and the pens would be left in exchange for the money. The report of sale of electronic cigarette to a minor was made at 4 p.m.

#### Sept. 6

400 block of Hampstead Road in La Cañada Flintridge, the front passenger

vindow was shattered and the interior of a vehicle was ransacked. Nothing was reported stolen at the time.

The vehicle burglary occurred between 4:10 p.m. and 4:45 p.m.

Angeles Crest Highway/Mt. Lukens Truck Road on Angeles Crest Highway, a person parked his locked vehicle at USFS Forest Service Station 11 and went on a hike. When he returned he unlocked his vehicle and found the interior had been ransacked. Several items were stolen a.m. from the vehicle between 9 a.m. and 1 p.m.

600 block of Foothill Boulevard in La Cañada Flintridge, several items were stolen from a store. Surveillance footage showed Suspect 1, described as a male Hispanic wearing a black collar shirt, grey jeans and black van shoes, and Suspect 2, described as a White male wearing a black shirt, black sweats and white shoes. The suspects walked into the store and went directly to where the purses were. They took out a tool, cut the security wiring around the purses, grabbed several purses and left the store. Just before walking out Suspect 2 turned around and grabbed two pairs of shoes off a display table, then

proceeded to leave the store at 8:53 p.m.

### Sept. 3

3000 block of Prospect Avenue in La Crescenta, a resident reported that her husband had found several pieces of mail on the driveway of their home. Surveillance footage showed a suspect, described as a Black male, walk up to her front door, open the unlocked mailbox and remove multiple pieces of mail.

The suspect then left the area at 4:11

#### Aug. 30

900 block of Foothill Boulevard in La Cañada Flintridge, a woman reported that she had placed her purse in an unlocked locker while attending a yoga class. At the end of her class she retrieved her purse not realizing her credit card had been taken from her wallet. She found out that her card was gone on Sept. 2 when she noticed a charge on her card that she did not make. Someone had purchased something at a jewelry store in Tarzana that she had not authorized.

The theft occurred on Aug. 30 between 7:30 p.m. and 8:30 p.m.



#### Check your school or non-profit to receive \$10 Dunsmore Elementary Fremont Elementary La Crescenta Elementary C Mountain Ave. Elementary Lincoln Elementary □ Monte Vista Elementary Rosemont Middle School □ Vallev View Elementary Clark Magnet High School Crescent Valley High School Local (501c3) Non Profit:

26



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### **First Night Back From COVID** September 19, 2022 **MONDAY KNIGHTS BINGO** 7355 APPERSON STREET, TUJUNGA In Our Lady of Lourdes Auditorium

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### USC Verdugo Hills Hospital Keck Medicine of USC



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### **Page 8 • September 15, 2022**

### www.cvweekly.com

MSAR from page 4

us out with this [celebration]," she said.

The celebration will include food trucks, live music, a climbing wall for kids and adults, inflatable toys and a petting zoo. More is still being organized.

There is something at the event for all ages including information booths, like from the Glendale fire and police departments and the Los Angeles County Sheriff's K9 Unit, plus high performance vehicles, the mobile command and the mounted

posse unit.

Entrance to the event is free; it is being held at Crescenta Valley Park, 3901 Dunsmore Ave. in La Crescenta from 10 a.m. to 4 p.m. The day will begin with remarks from SheriffAlex Villanueva and a fly over by an LA County helicopter.

For those who would like to donate to MSAR, a 501(c)(3) organization, visit www.montrosesar.org or send checks to Montrose SAR, P.O. Box 404, Montrose, California 91020.

For more information, see page 19.

# " By Mary O'KEEFE call from a number that appears Do not trust caller in

Bank of America (BOA) shared a warning of a recent and trending scams concerning the Zelle® program, an application that allows users to send and receive money from people they know and trust.

The scam is known as "The Pay Yourself Scam" and, according to BOA, the details include:

Targeted victims will receive a text message that looks like a fraud alert from their bank about unusual activity. The text may look something like "Did you make a purchase of \$100.00 at ABC merchant?"

If targeted victims respond to the text, they have now engaged the scammer and will receive a to be from a bank.

[Scammers] will appear to be a representative from a bank and will offer to help stop the alleged fraud by asking people to send money to themselves with Zelle®.

The scammer will ask for the one-time code targeted victims just received from a bank. If the code is given, the scammer will use it to enroll the bank account with Zelle® using the victim's email or phone numbers.

The scammer now has the ability to receive the victim's money into their own account.

There are a few things people can do to keep themselves protected from this scam including:

(identification). Scammers can "spoof" the number.

NEWS

According to the FCC (Federal Communications Commission), "spoofing" is when callers deliberately falsify the information transmitted to a person's caller ID display to disguise their identity.

- Do not share codes based on a call received and don't be pressured to act immediately. Scammers often use intimidation and fear to get their victims to act quickly without taking time to think the situation through.
- And as always if it seems suspicious contact law enforcement.

### **Board Lifts Restrictions**

The Los Angeles County Board of Supervisors announced that the board hearing room at the Kenneth Hahn Hall of Administration will reopen to the public on Tuesday, Sept. 27.

"After over two years of no constituents being allowed in the board room due to the COVID-19 pandemic, we are pleased to have reached a point where we can safely resume in-person dialogue with the public we serve and who have a right to be here," said board chair, Second District Supervisor Holly J. Mitchell. "The health of our communities and staff remains a priority,

which is why we will continue to uphold safety measures so that we can keep the board room open."

Los Angeles County moved from a "medium" to "low" COVID-19 community level on Sept. 1 per the Centers for Disease Control and Prevention community rating system.

in-person As meetings resume, telephonic comment will continue to be available to members of the public.

To ensure the health and safety of those who plan on attending in person, special guidelines will be in place including:

- · Masking for all in attendance will be required.
- Enhanced air filtration equipment has been installed in the board hearing room.
  - Occupancy will be limited to 100 members of the public.

Remote or online access to specific government services will continue to be available. Residents can check bos.lacounty. gov website for all upcoming scheduled board meetings. The board will continue to meet every other week with the opposite week being designated to closed session.

### City of Glendale ppoints New Fire Chief

The Glendale Fire Department announced the appointment of its newest fire chief, Timothy Ernst, at Tuesday night's Glendale City Council meeting.

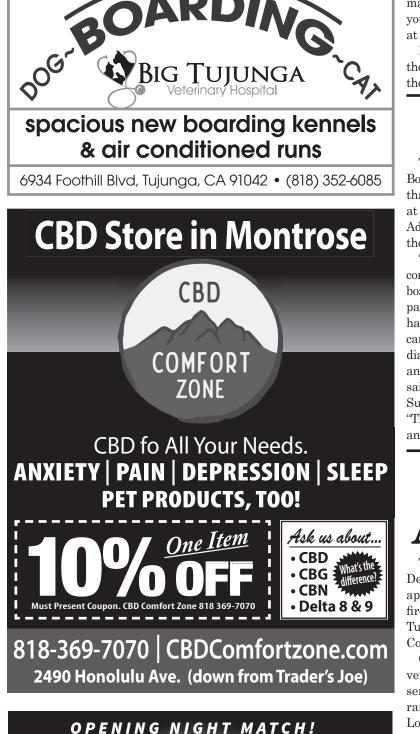
Chief Ernst is a 35<sup>1</sup>/<sub>2</sub>-year veteran of the California fire service, rising through the ranks to assistant chief in the Los Angeles Fire Dept..

"I'm excited to welcome Chief Ernst to the Glendale family! I am confident that with his decades of experience, extensive knowledge, passion for the

administrative assignments, including working in the Medical Liaison Unit, the Fire Chief's Planning Section, supervising the Air Operations Section, supervising the Supply & Maintenance Division and supervising the Emergency Medical Services Division.

Being drawn to the more technical side of the career, Chief Ernst was instrumental in developing the department's Swift Water Rescue program and the department's FEMA Urban Search & Rescue Team California mountains for over 17 years.

Mayor Ardy Kassakhian stated, "We are very excited to appoint Chief Ernst as the next fire chief of the City of Glendale. We have a reputation for providing excellent fire safety services to our businesses and residents. I am glad we found the right person for the job. Tim has lived in La Crescenta with his family and understands our community and needs. The Council and I look forward to working with him to ensure that Glendale remains a safe, first-class city." Chief Ernst has lived in the community for 25 years with his wife Patsy and their four children, Jessica (31), Kevin (29), Wyatt (25) and Scottie (16)."I seek to continue making a positive impact on the future of the fire service through continued engagement at all levels and progressive leadership of the outstanding members of the Glendale Fire Dept. knowing that today's firefighters will be tomorrow's fire service leaders," said Chief Ernst. "I am honored to serve as your fire chief." Chief Ernst's formal swearing-in ceremony is on Sept. 29 at 9 a.m. at Fire Station 21 (421 Oak St., Glendale).



NEW

### 7:00 PM TICKETS: \$10 Friday **CVHS Underground Theater**

OMEDYSPORT7

**CRESCENTA VALLEY** 

### 2900 Community Avenue

Snacks & Drinks Available @ CVComedySportz GUSD.NET/CSZHSL fire service, and leadership, Chief Ernst will be effective in moving the Glendale Fire Dept. into the future alongside the men and women of the Department who provide the highest level of service to our community," said City Manager Roubik Golanian.

Just a year after completing his Bachelor's degree in biology/ pre-med at Loyola Marymount University in 1986, he joined the LAFD as a paramedic in 1987. He soon began to move through his career in emergency service in the positions of firefighter/ paramedic, engineer, captain I, captain II, battalion chief and assistant chief. In addition to working a variety of challenging field assignments throughout the City of Los Angeles, he held many high-profile

program - where he held the positions of rescue specialist, medical specialist, and task force leader.

With an extensive background in large incident organization management. and Chief Ernst has held the position of incident commander of an LAFD Incident Management Team for over 10 years and has been a member of a CAL FIRE Incident Management Team for 12 years, where he has held the position of the Operations Section chief at some of the largest wildfires in the state's history.

Before beginning his fire service career, he joined the Los Angeles Sheriff's Dept. as a reserve deputy, serving as an elite mountain rescue team member in our local southern

### VIEWPOINTS

### TREASURES OF THE VALLEY » MIKE LAWLER

### A Memory of a Special Friend – Alfred Clark

I recently sat down with Dave Kimball, who grew up at Kimball Sanitarium located where Ralphs is today. He shared much with me, which I will write about in upcoming articles. But first I want to share a story he wrote about Alfred Clark, son of the valley's beloved Reverend Andy Clark, for whom our local school is named.

passed through the Crescenta Valley where I grew up. Alfred Clark was a victim of that flood, barely survived and, as a result, had relatively severe physical issues for the remainder of his life. He lived alone in a small cottage on the Reynolds property next door to ours. That was a large property, at least two-three acres as I recall, with lots of trees and shrubs which my brother and I, or I alone, would often use as our personal playground.

guessing beginning at about age 8, that I first met and literally fell in love with Alfred. He would encourage and pretend with me as I played the games that a lonely child of that age would play: cowboys and hide-andseek are the two that come to mind, but there were others.

"Alfred's little cottage was also my "In the early 1930s a major flood special hiding place. Many times I would go to his cottage just to hang out, help him a little and listen to the stories he used to tell me. Most of the time nobody knew where I was. In spite of his advanced age and physical disabilities, Alfred was really smart and was fascinated with the incredible scientific advances that were being made during those years.

"He was especially interested in space exploration but he also tinkered with electronics. In fact, just as television was beginning to become

"It was during the early years, I'm available for consumer use, Alfred built his own television from scratch and I was the first of my family to get to watch this new phenomenon. Alfred always claimed that the TV set he built was the first to be used in our little valley. Sadly, for me, once my brother and sister learned of Alfred's television they started coming over to watch as well and my special hiding place was no more. Later, our parents, not happy with all three of us spending so much time with Alfred, bought their own television so that we would spend more time at home.

"Alfred was my special 'grandpa.' I never knew my real grandparents. They all died before I was born. Alfred's cottage was my favorite hiding place throughout the formative years of my childhood.

"After I had graduated from high school and enlisted in the U.S. Navy, whenever I was able to come home I always made it a point to visit Alfred. I remember in the fall of 1957, I was home for a weekend. I went to visit Alfred in the late afternoon and stayed until early evening. As I was leaving and we walked together out of his little cottage, he looked up in the sky and saw Sputnik I, the original unmanned Russian space satellite. I saw tears come to his eyes. That was an incredibly moving moment for him - and for me to see his reaction to that sight. Alfred, my true friend and grandpa, in whose cottage I had spent so many happy hours as a child, left this world shortly thereafter."

Update on the Thompson Brothers Cleaners steam whistle. I got an email from Steven Thompson regarding the fate of the whistle: "I'm the grandson of Ed Thompson, who co-founded Thompson Brothers Cleaners with his brothers Penn and Gus. I still have the whistle but it is badly bent. One

day the noon whistle didn't sound and Roger, my dad, went up on the roof and found that someone who apparently didn't like the noise had smashed the whistle with a sledgehammer. My dad figured if someone hated the whistle that much, there was no point in trying to repair it."



Mike Lawler is the former president of the Historical Society of the Crescenta Vallev and loves local history. Reach him at lawlerdad@yahoo.com.

### NEWS FROM SACRAMENTO » LAURA FRIEDMAN Honoring Remarkable Organizations in the 43rd Assembly District

Every year I have the honor of recognizing various individuals, businesses and organizations for their outstanding work. It's an opportunity to highlight some of our unsung heroes that truly make the 43rd Assembly District such a unique and wonderful place to live. As you can imagine, there's no shortage of people and places to recognize. This beautiful district is made up of lively, distinct neighborhoods and homegrown communities that are genuinely linked together. This year, I'm proud to recognize two of our longstanding icons: Descanso Gardens and Laura's Corset Shoppe. These two institutions each possess a unique history that reflects the intricate fabric of the district, which has experienced extraordinary growth and change.

Descanso Gardens. Descanso Gardens is our 2022 Nonprofit of the Year in recognition of its commitment to education and preservation. Our relationship with the land has never been more important and Descanso Gardens is a first-rate sanctuary that's really about the land itself, where people now experience the flora that is key to our local ecosystems as well as notable species from all over the world. As the climate crisis challenges us every day, the historic property demonstrates harmony with nature. The layered history of Descanso Gardens starts with the acknowledgment of the indigenous Tongva inhabitants, incorporates California's journey to statehood and features Elias Manchester Boddy's role in establishing the garden. The remarkable camellia collection dates back to the 1942 when Boddy purchased 300,000 camellia plants from two local Japanese-owned nurseries that were shut down due to the country's mass incarceration costs. of Japanese-Americans during World War II. Those camellia plants became the basis of Descanso Garden's first signature collection.

Los Angeles County and managed by the Descanso Gardens Guild, which has preserved the original Boddy House and creates strong programs and exhibits through the support of generous donors and partners. Descanso Gardens has been recognized by the National Register of Historic Places for its historical, architectural and archaeological features. Collaborating with local schools, the Descanso Gardens Guild continues to foster a love for nature for the next generation. Their work to offer both educational and recreational opportunities makes the institution an invaluable asset to our community.



Today the property is owned by the store incorporated and underwent multiple changes in ownership over the years. It was in 1987 when current owner Hayley Trivoli, a college student at the time, was hired to do accounting for the company. Two years later, she was offered a partnership. Now going on 33 years, she is the longest tenured owner of the store.

> The story of this shop is really about human connections and helping one another. Hayley has always worked closely with her clients but in 2020 she was diagnosed with breast cancer and found a new bond between herself and her clients. She and customers relate more than ever as they see her as a survivor, too, and she understands their struggles. Customers sometimes bring Hayley lunch and chat at length; her generosity and attention inspire that kind of gratitude. Deeply rooted in the community, the shop really gives people a safe space, especially for those who've gone through the trauma of cancer, to heal and move

> forward with support. As a breast cancer survivor myself, I am particularly grateful to Laura's Corset Shoppe for the outstanding commitment to meeting the needs of survivors in such a warm atmosphere. This year's honorees have persisted over time for their great value and distinguished offerings to both locals and visitors from well beyond the district. We have amazing organizations and businesses in this district and it has been a joy to spotlight some of the best of the best. Please join me in congratulating and supporting Descanso Gardens and Laura's Corset Shoppe.

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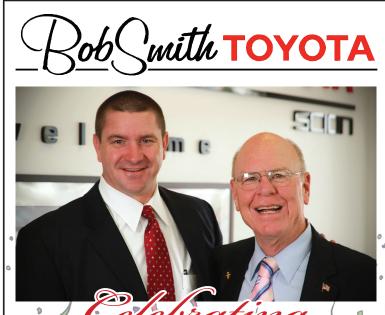
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Laura's Corset Shoppe. Laura's Corset Shoppe is our 2022 Small Business of the Year. It's a fantastic locally-owned lingerie store that serves women of all sizes and is focused on supporting people who have had mastectomies and need prosthetics. Storeowner Hayley Trivoli sources the top American and European brands and serves the community with great care. It's an accredited Medicare supplier and works with various healthcarecoverage plans to help patients cover

The history of Laura's Corset Shoppe starts in 1922 when it was founded by two sisters, one whom went by the name of Laura. In 1948, Friedman@Assembly.ca.gov.

If you have suggestions for businesses and organizations that we should recognize in 2023, or if you'd like to share your thoughts, questions or general concerns, you can reach my district office at (818) 558-3043 or by email at Assemblymember.

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THE VIEWS EXPRESSED DON'T NECESSARILY REPRESENT THOSE OF CV WEEKLY.

# TRAVEL & LEISURERaising the Bar on the Scare Zone:USH Presents Halloween Horror Nights 2022



### By Charly SHELTON

Universal Studios Hollywood is once again inciting nightmares for ticketholders who attend its annual Halloween Horror Nights. This year, guests can see ancient legends come to life, classic monsters that step off the silver screen and "scaractors" who put the scare in scarecrow.

The event has returned this year with eight haunted houses (not mazes anymore) and the Terror Tram, as well as scare zones set up throughout the park. The talk of the

town, though, is the scare zone located in The Wizarding World of Harry Potter where Death Eaters, evil devotees of Lord Voldemort, have taken over the quaint little village of Hogsmeade. These scary baddies roam the town cloaked in green light to scare us Muggles out of their territory. And while that is a fun scare zone on its own, it didn't particularly wow us. What really got our blood pumping was one of the houses that is a new attraction this year.

"Scarecrow: The Reaping" is a very well researched haunt, as was detailed by lead designer John Murdy in his presentation at Midsummer Scream back in July. But beyond that, it is a fun and inventive haunt that fooled and surprised even seasoned event-goers who long thought they had seen it all and done it all. Many of the Halloween Horror Night haunts this year are well planned and the scares are designed to be unique and surprising; however, this one in particular is exceptionally well done. In fact one room, which features crows lining the support beams over guests' heads and a water drip effect to simulate the unmentionable, is so clever that curious onlookers stopped traffic in the haunt.

The rest of the haunts are no slouch either, with honorable mentions going to "Universal Monsters Legends Collide," which has a killer soundtrack by Slash; "Universal Horror Hotel" and its endless backstory articles and posters throughout the haunt that we wish we had time to stop and read; and the "Killer Klowns from Outer Space" haunt which is a returning property but more elaborate and well done this year than in years prior.

Overall, this is one of the

Photos by Charly SHELTON

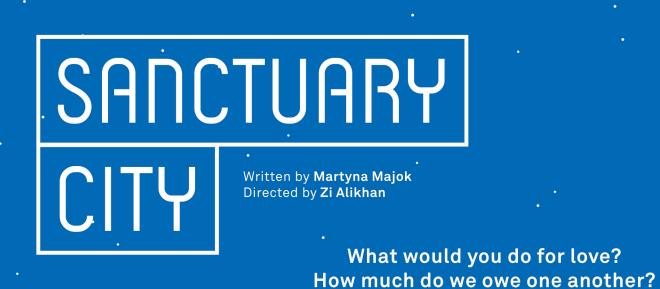
best overall events USH has put on in years – and that's saying something. It's never a bad time at Halloween Horror Nights, but this year really knocked it out of the park.

Universal Studios Hollywood's Halloween Horror Nights is on now and running select nights through Halloween. Tickets and more info can be found at UniversalStudiosHollywood. com/HHN.

Check out reporter Charly Shelton on Instagram to see footage and photos from the event and follow along on what he saw.

Get Ticket Info

1957-96-51



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### SEP 14 - OCT 9



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### LEISURE

### **September 15, 2022 • Page 11**

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Fresh Food Fast

### Flutist Burr and Pianist Sánchez on Glendale Noon Concerts Roster

On Wednesday, Sept. 21 at 12:10 p.m., the Free Admission Glendale Noon Concerts program will be streamed on Facebook and YouTube. Flutist Ellen Burr and pianist Lorenzo Sánchez will perform works by G.F. Händel, Olivier Messiaen, Joaquín Gutiérrez Heras, Georges Enesco and Mike Mower.

Ellen Burr's multifaceted musical career has won her praise in performance, improvisation and composition. She had her solo debut with the Topeka Civic Symphony at age 16, and this past October played Michael Kibbe's "Verdugo" with the Carson City Symphony.

Burr has been improvising almost as long as she's been playing and began teaching only two years after she began taking private lessons. Burr appears on more than 25 CDs and has received worldwide performances of over 50 of her compositions. Her improvisational card game "Ink Bops" is included in the graphic score anthology "Notations 21," ed. by Theresa Sauer, pub. 2009.



She has been a featured performer/clinician for high schools, universities and festivals across the U.S., Canada, UK and EU. Burr held a year-long position as visiting assistant professor of theory and music composition at Wichita State University and was guest flute instructor for a semester at California Institute of the Arts.

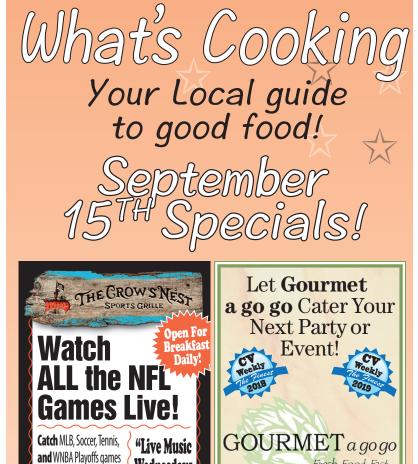
Burr holds a Bachelor of Music

degree in flute performance from Wichita State University, a Master of Fine Arts degree in music composition from California Institute of the Arts, and the Certificat de Stage at the Academie Internationale D'Ete in France. Her flute teachers have been Jean-Pierre Rampal, Jim Walker, and Dr. Frances Shelly.

see CONCERTS on page 19



Then: In the early 1950s, someone flew an airplane over the intersection of Foothill Boulevard and Rosemont Avenue to get this stunning view of Kimball Sanitarium. To the right is Rosemont, to the left is Raymond, and diagonal at the bottom is Foothill. The white driveway leads to the sanitarium. At the bottom corner of the property is the La Crescenta Hotel and a gas station, and up Rosemont is the Reynolds property, where Alfred Clark lived.



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Wednesdays

and

here on our big screens!







Now: Around 1960, the Kimball Sanitarium property was leased to a development company. They leveled the sanitarium and the old hotel and built the shopping center we know today. Builder's Emporium and Food Giant, the anchor businesses, have been replaced with our giant Ralphs. Where the gas station was is now Foster's Donuts. And the open land above and below are now filled with houses and businesses.

### BETWEEN FRIENDS

### Supporting Children of Luskin **Orthopaedic Institute**

Cañada Flintridge resident and La Cañada Orthopaedic Guild (LCFOG) member, was the recent setting for the final planning of the Guild's Oct. 25 Cañada Flintridge Country Club. This is the Guild's major fundraising event dedicated solely to support the children treated at Luskin Orthopaedic Institute for Children, formerly called Orthopaedic Hospital of Los Angeles. The funds raised provide children (818) 606-5631 to request an invitation.

he home of Linda Labrie, La with musculoskeletal injuries or disorders excellent pediatric orthopaedic medical care to grow well and play well, regardless of the family's ability to pay.

Support of the Oct. 25 Annual Book and Annual Book and Author Luncheon at the La Author Luncheon at the La Cañada Flintridge Country Club is greatly appreciated; Guild members would be happy to have the community attend. To make a reservation to attend the Book and Author Luncheon, please contact Registration Co-Chair DeeDee at

<u> - KLY is Online!</u>



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### Local Sailor in Taiwan Strait



U.S. Navy photo by Mass Communication Specialist 3rd Class Santiago Navarro



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Ensign Minor Wetzel from La Cañada (forward) takes a ship's bearing as Ensign Patrick Brady (with binoculars) searches for surface contacts as the Ticonderoga-class guided-missile cruiser USS Antietam (CG 54) conducts a routine transit of the Taiwan Strait. Antietam is deployed to the U.S. 7th Fleet area of operations in support of a free and open Indo-Pacific.

### California Credit **Union Teacher Grants Applications Now Available**

California Credit Union encourages Los project should have clearly defined learning Angeles County teachers who have an innovative objectives tied to students' academic needs, class project idea to apply for a credit union grant through its biannual teacher grant program.

The California Credit Union grant program is available to full-time teachers in Los Angeles and Orange county, or credit union members teaching in California, looking to fund special learning opportunities for their students. The display creativity, and benefit a significant number of students. Ten California Credit Union grants of \$500 each will be awarded to area teachers in late October in the fall program.

Interested teachers can find more information and apply online at ccu.com/teachergrant. The application deadline is Sept. 30.

### John Schwab-Sims Elected President of The Glendale Historical Society

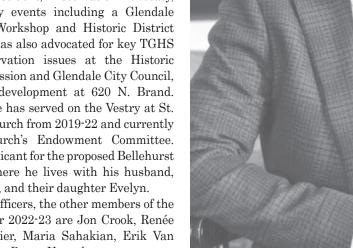
**L** as president for the 2022-23 year. Schwab-Sims, who served as vice president, Preservation Advocacy, replaces Steve Hunt, who stepped down as president after four years. Joining Schwab-Sims as TGHS officers for 2022-23 are: Ani Mnatsakanyan, vice president, Outreach; Hilary Sbei, vice president, Membership; Kathryn Engel, treasurer; and Nancy Oshima, secretary.

"I look forward to ensuring that The Glendale Historical Society continues to take the lead in advocating for historic preservation in the City of Glendale so its diverse history and architectural heritage continues for current and future generations," Schwab-Sims said. "My top priorities include increasing the number of historic districts, encouraging more landmark designations, enhancing the Doctors House Museum, and growing our membership. As the pandemic eases, I also look forward to engaging with membership more closely

The Glendale Historical Society (TGHS) has through added events, including top-notch tours elected Glendale resident John Schwab-Sims and special experiences that celebrate Glendale's treasured architecture."

> Schwab-Sims has been a Glendale resident for 10 years. As vice president, Preservation Advocacy, he spearheaded key events including a Glendale Register/Mills Act Workshop and Historic District Walking Tours. He has also advocated for key TGHS and historic preservation issues at the Historic Preservation Commission and Glendale City Council, including the new development at 620 N. Brand. Outside of TGHS, he has served on the Vestry at St. Mark's Episcopal Church from 2019-22 and currently serves on the Church's Endowment Committee. Lastly, he is a co-applicant for the proposed Bellehurst Historic District, where he lives with his husband, Curtis Schwab-Sims, and their daughter Evelyn. In addition to the officers, the other members of the

board of directors for 2022-23 are Jon Crook. Renée Leask, David Meunier, Maria Sahakian, Erik Van Breene and Katherine Peters Yamada.



### Affordable Health Screenings Coming to Montrose

Residents living in and around Montrose can learn about their risk for cardiovascular disease, osteoporosis, diabetes and other chronic, serious conditions with affordable screenings by Life Line Screening. Knights of Columbus will host this community event on Sept. 30. The site is located at 2657 Honolulu Ave.

Screenings can check for:

- The level of plaque buildup in the arteries, related to risk for cardiovascular disease, stroke and overall vascular health.
- · HDL and LDL cholesterol levels
- Diabetes risk
- · Bone density as a risk for possible osteoporosis
- · Kidney and thyroid function, and more

### **Questions About Today's Real Estate?** Ask Phyllis!

My Realtor Is Too Negative

### Dear Phyllis,

I am going to help my son buy a house. He has a Glendale condominium which will sell quickly. When we find a Pasadena house that will suit him, my plan is to write a high offer with a long escrow, maybe 60-75 days. We can then sell his is fielding multiple offers, they may receive several condominium and close on the home. Our family cash offers with quick closing times. A faster Realtor doesn't really agree with my plan and closing may be attractive to the seller. You will be thinks we need to sell the condo contingent upon competing with other bidders many of those with

Screenings are affordable and convenient. Free parking is also available.

Special package pricing starts at \$159, but consultants will work with you to create a package that is right for you based on your age and risk factors. Call (877) 237-1354 or visit the website www.lifelinescreening.com. Pre-registration is required.

Screenings in California are provided by Life Line Mobile Screening.



However, on your son's purchase, that Pasadena

home seller may have the opportunity to dictate

terms. And one of those terms will be the duration

of escrow. You may find a seller who wishes a long

escrow, but you can't count on it. When this seller

### **People Making** News

Eric Adamian of La Crescenta has been named to Southern New Hampshire University's summer 2022 dean's list. The summer terms run from May to August.

Full-time undergraduate students who have earned a minimum grade-point average of 3.500 to 3.699 for the reporting term are named to the dean's list.

The following students earned placement on the summer 2022 president's list: Nikole Alvarez of Montrose, Kenna Ramey of Tujunga and

Ada Avila of La Crescenta.

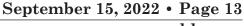
Full-time undergraduate students who have earned a minimum grade-point average of 3.700 and above for the reporting

term are named to the president's list. Full-time status is achieved by earning 12 credits over each 16week term or paired eight-week terms grouped in fall, winter/ spring and summer.

Southern New Hampshire University (SNHU) is a private, nonprofit institution with an 89-year history of educating traditional-aged students and working adults. Now serving more than 165,000 learners worldwide, SNHU offers approximately 200 accredited undergraduate, graduate and certificate programs, available online and on its 300acre campus in Manchester, New Hampshire.

Learn more at www.snhu.edu.





www.cvweekly.com

him finding a house of his choosing. My Realtor is better terms. too negative about the market, and I am getting a bit tired of it. As a regular reader of your column, I would love to get your input.

#### Dear Ron,

As a Glendale home seller in this current real estate environment, you will likely receive offers and sell quickly, if your home is properly priced. You should be able to negotiate with buyers that your son's sale is contingent upon him finding a home. Or you could ask for a 60-day escrow with a 60-day rent back. On this sale, you will be in the driver's seat and can pretty much name your terms.

You don't mention if your offer on the Pasadena home will be contingent on the sale of your son's condo. In this event, the only way to compete is if your offer is substantially higher than all the Ron others.

I don't find your Realtor to be negative, but simply honest about the realities of our current market. Your Realtor is providing you with the facts about this market. They likely don't want to mislead you about the process and set you up for bigger disappointment. It can be very difficult to help home buyers to keep their expectations in line with the current market. Thank you for being a dedicated reader and good luck!

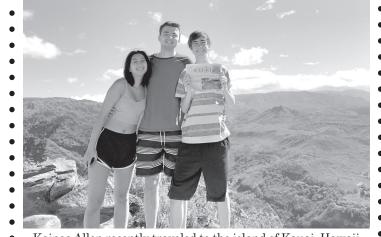
Phyllis



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- Kainoa Allen recently traveled to the island of Kauai, Hawaii
- with two friends from Colorado, Austin Skeffington and Sophia
- Stout. They enjoyed a week camping around the whole island
  - and Kainoa managed to snap a photo of CV Weekly on the
- mountain top of Koke'e State Park.Pictured from left are Sophia
  - Stout, Austin Skeffington and Kainoa Allen.
- CV Weekly loves to travel! Take us along on your next
- trip and send us a photo. You may find yourselves on the
  - pages of the community's favorite newspaper.

### JUST FOR FUN

### **CALENDAR** this

### **GLENDALE KIWANIS HOSTS 'FULFILL A DREAM' PROGRAM**

At the Sept. 16 meeting of the Kiwanis Club of Glendale, the program is titled, Fulfill A Dream. Guests are welcome at the lunch meeting. The cost to attend, which includes lunch, is \$15. Meetings start at noon.

The Club meets Friday afternoons at the Elks Lodge, 120 E. Colorado Blvd. in Glendale.

#### **BURBANK AFRICAN VIOLET SOCIETY MEETING**

The Burbank African Violet Society will be having its next club meeting today, Thursday, Sept. 15 at 10 a.m. at The Little White Chapel Christian Church, 1711 N. Avon St. in Burbank.

Mike Wronkowski will present "Fruit Tress: How to Create an Orchard and Keep It Small." Wronkowski has been a certified nursery professional in Southern California for many years. Wronkowski is the manager at the live oaks, assist with trail repairs

» ZACK HILL BY JOHN DEERING AND JOHN NEWCOMBE

Center, chairman of the California Certified Nursery Professionals Committee and chairman and board of directors members of the California plant Alliance Education Committee. The members and guests are looking com/3tx76cmr. forward to this interesting and informative program.

There are raffle and silent Glendale auction tables, learning lab, show and tell, refreshments are served THE VERDUGO HUUT and friendships are made. Guests are always welcome to attend the meetings. For more information "Suffragette City," which features and telephone (661) 940-3990 or visit www. burbankafricanviolets.weebly.com.

#### WILDERNESS WORKDAY

Deukmejian Wilderness Park is planned for Saturday, Sept. 17 from 8 a.m. to 11 a.m. Volunteers will help water the bigcone spruce and coast for those who mention this notice at

Santa Clarita Green Thumb Garden and remove invasive species from the park. Please wear sturdy shoes and bring a hat, sunscreen and protective clothing. In case of rain, this event will be canceled.

RSVP and sign up https://tinyurl.

Deukmejian Wilderness Park, 3429 Markridge Road, La Crescenta/

### RETURNS

The September hootenanny, all women cast, is on Saturday, Sept. 17 at 7 p.m. at UUVerdugo (doors open 6:45 p.m.).

The community is invited for A wilderness workday at music, comedy and home-cooked desserts!

Snacks and drinks available.

The cost for admission is only \$10 the door.

UUVerdugo is located at 4451 Dunsmore Ave. in La Crescenta.

### **'STARS IN THE PARK' AT** DEUKMEJIAN

On Saturday, Sept. 17 the community is invited to join the Glendale Parks & Open Space Foundation for the "Stars in the Park" garden party, sponsored by Dignity Health Glendale Memorial Hospital and Health Center, celebrating the inspiring work of park heroes who have helped to protect and share the local areas of natural wonder. Enjoy a  $tour \, of the \, Stone \, Barn \, Nature \, Center$ beginning at 5 p.m., dinner at 6 p.m., followed by the first annual Park Heroes recognition ceremony. Funds from this event will be used to help fund equitable access to programs and activities at city parks for all Glendale youth.

Honorees are Dignity Health Glendale Memorial; Kiwanis Club of Glendale; Chris Waldheim; Marc Stirdivant. Guest speaker is Honorable State Senator Anthony

Portantino.

RSVP glendaleparksfoundation.org or call

(818) 631-6132. Deukmejian Wilderness Park, 3429 Markridge Road, Glendale/La Crescenta

### **EMBRACING THE FUTURE OF THE CAMPBELL CENTER**

The Campbell Center is having its annual benefit luncheon honoring key supporters on Sept. 17 at 11:30 a.m. at the Glen Arden Club in Glendale. This year's honorees are Campbell Center founder Jerry Campbell, Rick Dinger, Dave Greenbaum and Roxie Varela. Special acknowledgement to former Campbell Center executive director David Fields.

To purchase tickets or sponsor the event, visit www.thecampbellcenter. org/benefit

The Glen Arden Club is located at 357 Arden Ave. in Glendale.

see CALENDAR THIS on page 15

CAGNEY! WHY DID YOU DO THAT ?! WE EACH GRIEVE IN OUR OWN WAY.

### **PROBLEM SOLVED** » BY CHRISTOPHER ELLIOTT Help! Bank of America drained my kids' savings account.

After Elizabeth Scott opens savings accounts for her kids, Bank of America completely depletes them with an \$8 monthly "maintenance" fee. Is there any hope she can recover the money?

two savings accounts for I am contacting you in the hopes my children at Bank of that you can help me recoup the \$300 America.<sup>M</sup> have held an account with that my children received as birthday BofA for over 20 years, so I was able to gifts and earned at their lemonade set them up online quickly. However, stand through hard work. since the balance was so low on each child's account (\$150), I noticed that they would be charged \$8 a month as a maintenance fee.

I called customer service about this. They told me I'd have to go into the local pay the \$8 monthly fee, then you should branch for help.

In late 2019, I opened branch could not help me.

-Elizabeth Scott, Long Beach, California

: If a Bank of America your kids wouldn't have to still have at least \$300 in your kids'

you a fee, you'll receive a text message or email. By the time you discovered your error, the entire account had been depleted.

Don't feel bad. I had a recurring charge on my credit card for almost two years before noticing it. That taught me to monitor my money more carefully. And I imagine now you've learned a representative told you that lesson about bank fees, too.

> This was a tough case because you didn't have any evidence that the bank agreed to waive your fees. But I also thought it was unfair of BofA to help itself to your kids' hard-earned money. You can find the Bank of America executives on my consumer advocacy site. A brief, polite email to one of them might have resolved this for you. I contacted BofA on your behalf. A few days later, I heard back from you. "Good news!" you wrote. "I heard from BofA yesterday and they asked me to come in and they would help me reopen my children's accounts. I made an appointment, went to the bank today and set everything up. The operations manager for my area deposited \$200 into each kid's account. I could not be happier with this resolution. My absolute sincerest thanks!" Christopher Elliott is the chief advocacy officer for Elliott Advocacy. Email him at chris@elliott.org or get help with any consumer problem by contacting him at http://www.elliott. org/help. © 2022 Christopher Elliott



At the local branch, a representative told me I needed my two children (ages 6 and 9) present. So I went back to the branch with my two children, at which time they signed their names to ensure they would not incur fees since they were minors.

After that day in late 2019, we essentially employed the "set and forget" approach. And then there was a big global pandemic and the kids' banking was the furthest thing from our minds.

I received two letters in the mail from BofA. one for each kid's account. Each child now had \$0 because \$8 had been drawn out monthly since 2019. Behold, my children's entrée into the American financial system!

I called customer service to resolve this error. A representative directed me to my local branch, where I explained the situation to the banker. But the local

combined accounts. But you don't-they are empty. BofA took everything.

I applaud you for trying to teach your kids about personal finances. I don't imagine this is the lesson you had planned for them.

The bank had every right to charge you these fees. Bank of America discloses them when you open an account. Unless you have some proof that BofA will not charge the fee, you should be prepared to pay them.

Your paper trail was not ideal. Fast forward to March 2022 when You didn't have a written agreement with the branch manager to waive the fees. You don't have any written correspondence between you and Bank of America. I just have your detailed account and an electronic chat session, which you initiated after contacting me.

> When it comes to dealing with a bank, you should never "set and forget." Instead, you can sign up for notifications so that whenever your bank charges

### ARCADIA Westfield Santa Anita **SEPT 9 - 26**

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### ARIES March 21 - April 19

When it comes to health matters, you tend to have an allor-nothing approach. Things either work for you or they don't. There are no gray areas. You won't accept anything at face value, either. Before you commit, you want a detailed explanation for why they work and the degree of success that can be expected. Once you commit, you give it 110 percent.

### r TAURUS April 20 - May 20

Your generally optimistic nature means you aren't the kind of person to worry about every ache and pain. Overall, your approach to life means that you're one of the healthier signs, since you love to exercise and enjoy the afterglow that comes when you've had a really great workout. Keep it up. You could backslide now if you aren't careful.

#### ₩ GEMINI May 21 - June 20

You may need to watch your food consumption and digestion. You may suffer from stomach problems when you're stressed. They act as a barometer of how you feel and how you deal with life. Rather than eat three large meals a day, eat four or five smaller, more nutritious ones. Your digestion will be better and you'll have more energy.

### CANCER June 21 - July 22

Your love of the unusual can also stretch to your taste in food. You may enjoy meals that consist of some very strange combinations and not think anything of it. Sometimes you may forget to eat at all. At others, you can eat too much. Your body appreciates routine, but you can be too restless to listen to it. It helps to try.

#### **LEO** July 23 - August 22

Sometimes you can slip into a melancholy mood that lasts for days. This does nothing for your well-being. It may deplete your energy and make you feel worse. Don't let the stresses and strains of life get to you now. Add working out to your daily routine. This will revitalize you and help you overcome any challenges you face.

#### & VIRGO August 23 - Sept. 22

Health issues need attention. You may have a problem that won't go away by itself. You seem to have a natural dislike of going to the doctor, and you hate being ill. It's such a waste of time for someone who has so much to do and so many people to see! You may be feeling more anxious than usual, so take the time to get a proper diagnosis.

#### IBRA Sept. 23 - Oct. 22

You may not be losing weight and are now fed up with dieting and exercising. You may have even put weight on, causing you to feel unhappy with the whole process. Don't give up. As long as you're working out and feeling the benefits of fitness, agility, and that feel-good factor, it's worth it.

### **SCORPIO** Oct. 23 - Nov. 21

You may need to make a decision about an issue that's negatively affecting your health. The sooner you do, the better. Worry is causing you to feel drained and exhausted. It's time to be good to yourself. Continue eating food that's fresh and minimally processed. The nearer it is to its original condition, the better it is for you.

### SAGITTARIUS Nov. 22 - Dec. 21

You're feeling a lot more determined to get your life on track, and that includes your health and well-being. Food and dieting can present challenges that you find hard to get right. Follow your instincts this time. You know what you need to do and what steps to take, but you may have held back from acting on them. Now the time has come. Go for it!

### CAPRICORN Dec. 22 - Jan. 19

Issues or worries that you've found it hard to resolve may affect your health. You'll have more peace of mind if you take decisive action. It will influence your health in positive ways. Most of all, you need a way to manage stress. Work out, get massages, do yoga and meditation - all may help you find inner tranquillity. Your blood pressure will improve, too.

### AQUARIUS Jan. 20 - Feb. 18

Any health problems you have now may be due to relationships causing difficulties in your life. You need to adopt daily habits that keep you at peak fitness despite whatever is going on around you. The more fit you are, the less vulnerable you feel in compromising situations. Eat well, get enough sleep, exercise, and keep a healthy psychological outlook - those will make you a champion.

### \* PISCES Feb. 19 - March 20

You want to combat and eradicate symptoms that have a tendency to flare up and die down quickly. These are likely induced by stress and could be uncomfortable for their duration. You might try complementary therapies, such as acupuncture, aromatherapy, or homeopathy if conventional methods don't work.

### FreeDailyCrosswords.com

40) Stuck vehicle's need

41) Political get-together

43) German chancellor Helmut

57) "Wall" or "mobile" follower

63) Femur and tibia connector

42) Bit of instruction

44) Gives permission

49) Out on the waves

51) What hunters have?

58) Funny bone's nerve

59) Twofold in nature

61) Elegant headdress

62) "Cogito, sum"

65) Musical interval

64) Insolent

60) Jean label name

46) Assassinated

### ACROSS

- 1) Like a recluse
- 5) Master, in Kolkata
- 10) "Are you kidding?"
- 14) Opera solo
- 15) "... the \_\_\_\_ of defeat"
- 16) Will's beneficiary
- 17) Brezhnev's domain
- 18) Party memento
- 19) Alleviate
- 20) Perform without assistance 23) Thumb-twiddler
- 24) Suffers after exercise
- 25) Barely sufficient
- 28) Allocate (with "out")
- 30) Great in length
- 31) Mirror's reflection
- 33) "Anytown,
- 36) Where to go round in
- circles?

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Edited by Timothy Parker

### DOWN

- 1) Praise highly
- 2) Guesstimate phrase
- 3) Unless, in court
- 4) Tax-return figure
- 5) Without danger
- 6) Slack-jawed 7) Float in the air
- 8) Knowing, as a secret
- 9) Polar explorer
- 10) From what place or origin 11) Tract of wasteland
- 12) Church's walkway
- 13) Low-value playing cards
- 21) Banned insecticide
- 22) Lotus-\_\_\_\_ (stargazer)
- 25) Thin, narrow opening
- 26) First name in fragrance
- 27) With a fresh start
- 28) Quite a few
- 29) Cadbury confection
- 31) " have to do for now"
- 32) "Cool" amount

### **September 15, 2022 • Page 15**

#### www.cvweekly.com

### CALENDAR THIS from page 14 **TGHS PRESENTS**

### 'DISCOVERING GLENDALE'S **DOCTORS HOUSE'**

The Glendale Historical Society is hosting a picnic and movie night on Saturday, Sept. 24 at 6 p.m. Tickets will be available beginning today, Aug. 4, for this event, which includes a picnic and **FOOTHILLS DANCEMAKERS** a screening of the new documentary "Discovering Glendale's Doctors House."

The documentary is a "behind-thescenes" look at the recent production shoot of the long-anticipated "Doctors House Tour Documentary" (a working title). Filming took place at "the house that started it all" during the first weekend in June and the documentary is currently in the post-production stage.Doctors House Curator Peter Rusch will host the program and will give viewers an intimate and close-up look at the house, the families that resided there, and the impact that the house adds to **CONCERT PLANNED** Glendale's rich history.

For details, visit https:// glendalehistorical.org/doctors-housedocumentary.

#### **MSAR HOLDING ANNIVERSARY EVENT**

The Montrose Search and Rescue team is holding an event on Saturday, Sept. 24 celebrating its 75th anniversary. Featured are food trucks, live music, petting zoo, climbing wall,

The event is from 10 a.m. to 4 p.m.

Foothills Dancemakers concerts take place on Saturday, Sept. 24 at 8 p.m. and Sunday, Sept. 25 at 4 p.m. at A Room To Create in Pasadena. Tickets are \$20, general admission, and \$15 for DRC, students and seniors with valid ID. A Room To Create is located at 1158 E. Colorado. Parking is available behind the building and on the surrounding streets. For reservations, visit www.penningtondancegroup.org/ tickets or call (626) 204-0331 for more information.

The Tuesday Musicale of Pasadena is presenting a concert on Oct. 4 at 12:30 p.m. at the Altadena Baptist Church, 791 East Calaveras in Altadena. It is free to attend.

On the program will be a duo for viola and cello by Piston; a duo piano solo by Liszt; arias for soprano by Puccini & Wagner; and a horn trio by Brahms.



classic car show and more.

Attendance is free.

### CONCERT

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33) others 34) Slant unfairly

- 35) Some poisonous snakes
- 37) Danish currency
- 38) "How relaxing!"
- 39) Fijian, for one
- 43) Highlander, e.g.
- 44) Off course
- 45) Luau garland
- 46) Cower in the shadows
- 47) Closet material, sometimes
- 48) Wanted poster word of old
- 49) Kournikova and Nicole Smith
- 50) They had great power in Russia
- 52) Wheel tracks
- 53) Olympic skater Kulik
- 54) Smoke, as a ham
- 55) Merchandise attachments
- 56) Hole for a coin

see ANSWERS on page 5

### RELIGION

*iestion:* My parents always been my awesome support system that I appreciate. Now I'm attending my first year of college and my focus is human behavior. My mom doesn't like that and wants me to change the focus beginning next semester to something like teaching, which doesn't interest me at all. My dad doesn't care one way or the other.

There are so many professional options, which is the reason for my choice. I don't intend to change my focus and, at the same time, I don't know what to do to put my mom's mind at ease. Please help!

-Future Behaviorist

#### Dear Future Behaviorist,

Your letter perfectly illustrates the somewhat "under-the-radar" national debate the country is having on the purpose and value of a higher education in light of the expense. Your mother, no doubt out of her love and concern for you, is more focused on whether or not you will be able to support yourself once you have graduated. That is a legitimate concern and, to address that you do, point out that there are many employment opportunities afforded by your academic discipline. The problem is your mother doesn't seem to buy it.

In many ways, other parents and students feel the same.

Namely, the eventual job must justify the education. While such a position has its valid reasons and concerns, the fears that it is founded upon should not, in my opinion, be used to thwart, hinder, frustrate or discourage one's own human inquiry. Why? The real purpose of an education is to overcome the ignorance we are all born into and to teach and raise our awareness and consciousness of what it is to be a human being, including the negatives and the positives, the limitations as well as the expansiveness and potential of the human mind and humanity. You are right in the middle of your "Age of Exploration" to discover this for yourself.

I am so pleased to see you have chosen (out of your own free will) your own path of understanding of what it is to be human. To gain that knowledge and wisdom is priceless and benefits all of humanity in a way that cannot, and never will be, measured solely by the income from a job. If I may, I will share a similar story.

When I was your age, I was seduced by philosophy. I had not planned on it. But the promise of understanding what life is all about was too compelling. My father, on the other hand, thought philosophy a waste and wanted me to major in business. Fortunately, I went to a college that had required core courses for two years before you could declare a major. So I took every philosophy course I could cram in during that time, resigned I would have to declare a business major. Finally, the day of dread reckoning came. I told my dad I had decided to become a philosophy major. He was silent and then said, "That's okay. I read recently that 80% of college graduates don't get jobs in their majors anyway."

So I went on to major in philosophy, eventually abandoning that for theology, and ending up supporting myself by going into business. Such was the path of my

see SPIRITUALLY SPEAKING on next page



# SPIRITUALLY SPEAKING

### SPIRITUALLY SPEAKING PARTICIPANTS

Rev. Jon Karn of Light on the Corner Church; Rev. Kimberlie Zakarian of Holy House Ministries; Anthony Kelson, RScP, Laney Clevenger-White, RScP, and Rev. Dr. Beverly Craig of Center for Spiritual Living - La Crescenta; Rabbi Janet Bieber; Carolyn Young; Sharon Weisman; Rev. Mary Morgan of Redondo Beach Center for Spiritual Living; Rev. Dabney Beck of International Church of the Four Square Gospel; Lucinda Guarino; Pastor Randy Foster of Christian Life Church; Karin Ellis of La Cañada Methodist Church; Rev. Rev. Sharri James of UP Church; The Rev. C. L. "Skip" Lindeman of Upland Christian Church (Disciples of Christ); Rev. Rob Holman of St. Luke's

Anglican Church; Rev. Sharri Johnson of One Heart Retreat Center; Rev. KC Slack of Unitarian Universalist of the Verdugo Hills; Rev. Jeff Blanton and Rev. Emanuel David of Community Life Church; Rev. Karen Mitchell of High Desert Center for Spiritual Living; Rev. Kyle Sears of La Cañada Congregational Church; Michelle Gillette, Unity Chaplain/Pasadena; Andy Gero, VFW Chaplain; Katie O'Brien, runningstream48@yahoo.com

> Responses are offered from the perspective of individual Spiritually Speaking respondents, which may or may not be in agreement with other respondents of Spiritually Speaking nor the editor and staff of the Crescenta Valley Weekly.

#### LCIF NEWS

Pastor Chuck Bunnell will host an informational lunch on Sunday, Sept. 18 following the 10 a.m. worship service for parents and students (sixth-12th grade) who are interested in learning more about upcoming confirmation classes at Lutheran Church in the Foothills.

LCIF reminds the community of an upcoming night of family fun on the lawn and under the stars. All are invited to watch "Minions: The Rise of Gru" on Friday, Sept. 30 at 7 p.m.

Participants are asked to bring something to write with, anything wanted to eat or drink, and a chair to use for the writing part of the morning. Because people will be outdoors and social distancing will be practiced, masks will be optional.

Those with questions can email Jeanne at jnlavieri@ earthlink.net.

All are welcome. If the hike is too strenuous, there are level paths at the park. There are ramps from the parking lot to the field where the group gathers

### HOSTING

Questions? Call (818) 248-

### RELIGION

### ${\rm SPIRITUALLY}\ {\rm SPEAKING}\ from\ previous\ page$

Age of Exploration that, I might add, stillcontinues. Even though I did end up in business, I have never regretted my educational path and those priceless jewels of understanding a good higher education should and can give us.

Now getting back to your mother. Here is a priceless jewel I learned from Ernest Holmes, author of the "Science of Mind:" "Life reflects back to you what you think into it." If you encounter opposition, it is within you and not outside - the outside being nothing more than a reflection of what is within. To change it, we need only change what is within us. That is to change our mind (how we think, feel, perceive, imagine and understand a situation) to the thing we wish to see. One of the most helpful ways to do this is with an affirmation. Here is one you can use in healing and resolving this situation with your mother. Repeat it daily until it manifests or whenever you feel challenged, internally or externally: "There is perfect Divine Peace of Mind and Divine Harmony of thought and understanding between my mother and myself. There is perfect mutual respect, acceptance, support and dialogue going forward in all things regarding my educational and vocational choices. I give thanks for this wonderful realization, and so it is!"

> Anthony Kelson, RScP anthony@apkelson.com

Dear Future Behaviorist,

I understand you and your parents' concern. I wanted to be an art major and my parents wouldn't let me unless I became an art teacher. I taught for a short time and quit. It wasn't for me either. Rather than going through what I did, you need to show your parents the job options that are out there now. Also explain what a behaviorist is. It's such a broad term and can be very confusing. Your best bet is to do your research, show the practicality of the job and how it relates to you in your community. Show them the curriculum from the college you are applying to. They might find it very interesting. Good luck and I hope you get to follow your dream.

nothing I can do to change the circumstances. My heart grieves for what she is going through. My husband and I are attending an Alzheimer's support group with her and her family. She's still in her own home and soon she'll have to be admitted to an Alzheimer's facility. Do you have any suggestions to help us with our heavy sadness?

– Devoted Friends

#### Dear Devoted Friends,

Your sadness about your dear longtime friend's Alzheimer's diagnosis is understandable. You and your husband are wise to participate in a support group with other caregivers. It is important to take care of yourselves so you can support your friend and her family. I think a good technique when you are with her is to focus on the moment and just be her friend. You can talk about old times, maybe share some old photos or videos if she seems to like seeing them.

Music gives some Alzheimer's patients pleasure. As the disease progressed in him, Tony Bennett still responded to his familiar musical intros. If you haven't read about his journey with this disease this article describes it well: https://www. brainandlife.org/articles/tonybennett-demonstrates-powerof-music-against-alzheimers.

Studies show exercise can lessen Alzheimer's symptoms and it's also good for pretty much everyone. If the weather cooperates and you both are physically fit, you can go for walks with your friend or maybe dance or do yoga together. That might make you both happy.

Another positive aspect of the situation is it appears your friend has adequate resources for the care she will eventually need. So many others are without health insurance or family and friends to help them. Perhaps you'll feel better if you advocate for those less fortunate than your friend by supporting universal affordable health care.

Lastly, you can be hopeful about medical advances. Alzheimer's and related conditions are quite prevalent so there is a lot of interest in producing treatments. The Mayo Clinic reports progress on several types of therapies. Combinations of drugs are being studied as well as hormone treatments. A recent article concluded, "To help accelerate discovery, the Coalition Against Major Diseases (CAMD), an alliance of pharmaceutical companies, nonprofit foundations and government advisers, has forged a first-ofits-kind partnership to share data from Alzheimer's clinical trials. CAMD has "The also collaborated with the Clinical Data Interchange Standards Consortium (CDISC) to create data standards. Researchers anticipate that these data standards and the sharing of data from more than 6,500 study participants will speed

development of more-effective therapies."

I hope you and your husband can take comfort in having had the pleasure of her company for all these years.

> Sharon Weisman sharon@jetcafe.org

#### Dear Devoted Friends,

Thank you for sharing your heart with us. I've heard it said, "Whereverthereischange, there is grief," and change almost always means loss of some sort. The pain of watching your dear friend gradually move closer and closer toward forgetfulness shows how powerless we truly are as finite human beings, but also how precious and invaluable life is. It reveals to us the value of time, the gift of creating shared memories and bonds of true friendship. I came across a poem not that long ago that said, "To love someone longterm is to attend a thousand funerals of the people they used to be." Every change and loss of the person they used to be is the reciting of a new eulogy – a new memorial service that ties hope and grief together.

Your devotion to your dear friend is an inspiring sign and marker of what true friendship is supposed to look like. There are seasons when memories are co-created, where both individuals contribute to making shared moments. Yet, there might also be rare seasons in the friendship when one will have to carry the other, act on behalf of the other and display love and devotion when the other cannot. In a world where social media is redefining friendship you are being given the rare opportunity to commit to love and to practice the power of presence, even when it cannot be reciprocated. In this new season of your friendship, your return on your investment will no longer look like the way it did in the past as it will now become seeds of faith and love that will produce a harvest in eternity.

The Scriptures tell us that this life is not the end and that what we do in the here and now will bear fruit in the age to come. The day will come when your friend will be made whole and that loss, separation and death will no longer interrupt God's good creation. We hope and long for that day when all things would be made new and vet somehow God calls us to live with that redemptive hope in the cracks and brokenness of our current life in the midst of our present grief and joy. Every act of faithfulness and love you shower over your friendship will not be lost, even if the friendship will look much different than it did before. And when the time arrives when your friend will no longer have the ability to carry her part of the friendship, God will give you the rare gift of carrying the friendship through His strength and His peace. Even though you might be powerless to change the circumstances, God will give you the grace



Anthony Kelson, RScP



and insight to transform the narrative, finding beauty in little moments, serving your friend when she cannot serve you and rediscovering God's love in ways you never expected.

Alzheimer's will not have the last word in your friendship!



Carolyn Young



Pastor Emanuel David

God's love and His peace will see you through. Thank you for being an exemplar of what true friendship should look like. Peace to you,

Pastor Emanuel David emanueld@ madeforcommunity.com



### www.cvweekly.com

By the way, I'm a retired social worker and loved every minute of my career!

> Carolyn Young cjymesalila@gmail.com

Question: My friend and I have known each other since childhood. We were neighbors. We also attended the same schools. We were bridesmaids at each other's weddings and are really more like sisters than just friends. Now my friend has been diagnosed with early Alzheimer's and had to quit working. She's still at the stage where she knows her family and me, but the doctors have told us it won't be long before she'll have trouble remembering people.

Iam devastated. Iknow there's







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### **September 15, 2022**

### GCC from COVER

On a happy note, after unanimous approval by councilmembers, new Glendale Fire Chief Tim Ernst was officially welcomed to the city. Chief Ernst introduced his wife Patsy and sons Kevin and Scotty. The chief and his wife, who have two other children, have lived in La Crescenta for 25 years.

"Welcome to the family," said councilmember Paula Devine.

"GlendalePermits" online portal went live this week. Already 243 accounts were created. Permit applications may now be managed from a personal computer or mobile device. For more information about the online service and how to set up a free user account, visit GlendalePermits.org.

Thanks to the public's concerted efforts in following energy emergency alert procedures, there were no blackouts in Glendale during the nine consecutive days of triple digit temperatures.

Under community event announcements, it was called to the public's attention that a free self-serve compost giveaway will take place on Saturday, Oct. 8 from 8 a.m. to noon at 1255 N. Verdugo Road (Lot 30).

The Glendale Council will not meet on Oct. 4 in observance of Yom Kippur.

#### CONCERTS from page 11

Burr was the subject of a feature article, "Teaching Self-Awareness," (Flute Talk, vol.17, no. 2), and has since contributed articles on the business of teaching. Most recently her article about teaching, "Obstacle or Opportunity," was published in the MTAC magazine. Burr is a Yamaha artist.

Lorenzo Sánchez, pianist, has enjoyed interpreting music of a variety of styles and nationalities in the United States, Mexico and Europe. Sánchez premiered Robert Guillory's Concertino for Piano and Orchestra. His interest in Polish music led to him giving several lecture-performances at the Paderewski Festival in Paso Robles, California. He has performed for African-American composer George Walker and Japanese composer Mitsuru Asaka in Hawaii. He has played for several choirs touring Italy, The Vatican and several Filipino community celebration masses at Our Lady Queen of Angels in Los Angeles. Looking toward his own heritage, Sánchez has edited and helped publish piano works by Mexican composer Domingo Lobato. He has recorded two CDs of Lobato's solo piano works and recently released a CD with clarinetist Virginia Figueiredo. All of his recordings are available on iTunes, Amazon, Spotify and others. Unfortunately, the global pandemic caused the cancellation of concert appearances in Brazil and Mexico this year. Sánchez holds a Doctorate of Musical Arts degree from the University of Southern California.

#### NOOW from COVER

suicide rate [among veterans] and wanted to do something," he said of the program. Palesano, who is also a survivor of suicide, shared that veterans returning from battle are often suffering from post-traumatic stress disorder.

"If left untreated the PTSD is unresolved," he said. "Veterans don't deal with it and they want to get rid of that feeling."

Not On Our Watch was modeled after the "fire watch" program where watchers would dedicate time to watch out for a fire to give occupants the chance to sleep.

"Nothing is going to hurt you on my watch," explained Palesano.

That philosophy is the foundation of Not On Our Watch, which wants to raise awareness of veteran suicide while building community.

community," Palesano said. "We're supporting veterans and their families."

And after learning of the high rate of suicide deaths by first responders, Palesano said that this year Not On Our Watch wants to also raise awareness about this segment of the population that is suffering.

Over the years, Not On Our Watch events have been held locally including at the Colorado Bridge in Pasadena where veterans walked the bridge 24 hours a day for seven days. In 2018 a three-day event was held at Verdugo Park. In 2020, the pandemic put Not On Our Watch on hiatus though in 2021 an abbreviated version was held at the Wellness Works headquarters in Glendale. While deciding the logistics of having the event in 2022, the staff of Wellness Works got devastating news: the building in Glendale they had called home for 36 years was being sold. (They're "This [event] is for the entire currently searching for new quarters.)

> Not only did Not On Our Watch have to find a place to healing and bring stress relief, https://tinyurl.com/3cm5r8p4.

a new home.

After learning that it has overnight events, Palesano contacted the USS Iowa in San Pedro to find out if it could help. He said that his request was "unprecedented" and, with support of the Veteran Peer Access Network and "deep discounts" extended by the USS Iowa, this year's Not On Our Watch event will be taking place Sept. 24-25 from 11 a.m. to 1 p.m.

Participants from all walks of life can sign up to stand watch. Palesano said that participants will be given a band designating them as watchers and military dog tags if they are standing watch to honor a veteran. At the end of their watch, the dog tags can be placed on a battle cross installed for the event.

Palesano said that this year's theme is self-care, which will include martial arts demonstrations to facilitate

have its event, it also had to find and cranial massage therapy. There will also be counselors on-board to listen to those who might need to talk.

> He anticipates a heightened sense of history, too.

> "We're walking in the footsteps of our ancestors, all the way back to WWII," he said. He added that it's exciting to consider that an instrument of war, the USS Iowa, is being repurposed as a "healing modality."

> Emceeing the event is actor Bill Jones and among the special guest speakers are two moms who lost their veteran sons to suicide.

> Palesano wants to make sure that the focus remains on getting the word out that help is available.

> "We don't have all the answers, but we'll find them - together," he said. "We're here for the community - we're here for you; we've got your back."

To take part in Not On Our Watch, visit Eventbrite at

MATTO



Glendale Noon Concerts is celebrating its 15th year of presenting free admission, and now streamed, concerts every first and third Wednesday for Glendale and the Southland community.

Upcoming concerts will be updated at http://glendalenoonconcerts.blogspot.com.

ROBIN from page 2

I've learned who my champions are whether business supporters whose ads can be found in the paper week after week or readers who have sent notes of encouragement (and sometimes a check, too) or staff members who have put in the extra effort to make this newspaper the trusted information source that it is.

Most importantly, I've learned that the Crescenta Valley Weekly is not only a reflection of my dream but an important component in the lives of our readers, advertisers, staff and supporters - and I'm eternally grateful.

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