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SEPTEMBER 29, 2022

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## Governor Signs Portantino's Mental Health Bill

Senate Bill 1002, a measure authored by State Senator Anthony Portantino, seeks to address California's mental health provider shortage. SB 1002 authorizes qualified social workers to offer assessment and psychotherapy for mental or behavioral health issues in order to provide additional resources to injured workers in need of immediate care. Gov. Newsom signed the measure into law.

"Mental health needs among workers have increased significantly," stated Senator Portantino. "However, the number of professionals who are available to provide care have decreased. SB 1002 will enhance our state's ability to address the mental and behavioral health care needs of California's workforce by including licensed social workers in the workers' compensation provider networks. I thank the governor for his signature on this important health care measure."

Injured workers must often wait for extensive periods before seeking full psychiatric treatment due to a scarcity of available providers. These delays in health care and evaluation often result in the injured worker's delayed return to work and increased costs to the system. States such as Texas and New York have mobilized Licensed Clinical Social Workers (LCSWs) to help fill the gap, but workers' compensation law in California does not provide for listing of LCSWs in the networks as providers that are permitted to assess, evaluate and treat mental illness among affected workers.

SB 1002 authorizes qualified LCSWs to provide assessment and psychotherapy to affected workers suffering from mental or behavioral health issues, thereby pro-

see PTP on page 8

## Oktoberfest Fun Found on Honolulu

By Lori BODNAR

*After a pause due to the pandemic, Oktoberfest returns – in all its glory – to Montrose.*

Thrilling rides, carnival games, live music, dance performances and delicious Bavarian food and drink can be found at Montrose's Oktoberfest on Saturday, Oct. 1. From noon to 10 p.m. the festivities will be on the 2400 block of Honolulu Avenue.

Oktoberfest originated in Munich, Germany in 1810 in celebration of the marriage of the crown prince of Bavaria to Princess Therese von Sachsen-Hildburghausen. The original festival included a horse race and, in 1811, the race was combined with a state fair. Booths with food and refreshments were introduced in 1818. The annual festival in Munich, Germany is held for two weeks and ends on the first Sunday in October.

Oktoberfest has been a tradition in the local community for 43 years, considered one of the oldest Oktoberfest celebrations in the nation, and is organized by the



File photo  
 At a previous Oktoberfest celebration, two women dressed as beer steins in celebration of the annual festival.

Montrose-Verdugo Chamber of Commerce (MVCC). Saturday celebrates the return of the Oktoberfest after the pandemic. Montrose Oktoberfest this year is happening rain or shine with approximately 15,000 people expected to take part in the festivities.

"Oktoberfest is a fundraiser for the Montrose-Verdugo City Chamber of Commerce," said MVCC Executive Director Mavil Aghadjanian. "Our mission is to actively

support and enrich the community, vitality and pride of Montrose, to help preserve the historic district and small town atmosphere, to promote economic stability and positive, productive relationships within Montrose and the surrounding communities."

The fundraiser will build the coffers of the Chamber, which dedicates Oktoberfest proceeds to its annual events, which include the Memorial Day ceremony, con-

tributions to the maintenance of the Vietnam War Memorial in Montrose, the Easter Egg delivery event (with low-cost sponsorship opportunities for local businesses and members), and giving back to teachers in the form of helping Clear the List.

"Next year, the MVCC will be sharing teachers' Amazon wish list of supplies for the school year as well as contributing to it, if we see OKTOBERFEST on page 19

## Addressing School Traffic to Avert Tragedy

By Mary O'KEEFE

Residents near Rosemont Middle School contacted CVW with concerns about traffic safety near the school. The issue, according to one resident, was the practice of drivers, whether parents or others picking up students at the school in the afternoon, stopping on the west side of Rosemont Avenue blocking southbound traffic.

"I don't want us to wait to act until [a student] is struck," said one resident.

CVW observed traffic in the area beginning to back up as early as 2:30 p.m. on the southbound lane of Rosemont Avenue. Students are released from school at 3:10 p.m. Cars blocked the southbound lane of Rosemont for

see TRAFFIC on page 8



Photo by Mary O'KEEFE  
 Drivers waiting to pick up their students are seen lined up Rosemont Avenue blocking the southbound lane.



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» FROM THE DESK OF THE PUBLISHER



# The Joys of Living Here

I've shared with you in the past that I sometimes ponder moving away. It's no secret that I don't agree with much that California has: high gas prices, high taxes, high number of homeless, etc. The politics of the state also don't typically align with my values and morals.

Having said that I wonder where would I go. I mean, not only do I own and publish the best (in my opinion) newspaper, but I also am a native Californian. I have fond memories of growing up here. Also I absolutely love where I live. The Crescenta Valley offers everything (again, my opinion) a person could want – the tranquility of living in a small town while being close to cosmopolitan Los Angeles.

The attraction of living here was no more evident than when Steve and I attended a Loggins & Messina concert on Thursday night at the Hollywood Bowl.

Armed with sandwiches, chips and cookies from Subway (and red wine in a thermos for me – allowed at the venue), we made our way to the Hollywood Bowl. The weather was terrific and the concert – well, in a word, magnificent. The duo came out and played some of their hits including "House on Pooh Corner" and "Your Mama Don't Dance." An hour into it, they exited the stage. The audience, however, remained seated.

Thirty minutes later, Kenny Loggins came out and played some his biggest hits. These included movie hits like those from "Top Gun" (including "Danger Zone"), "Footloose" and more. The audience was rocking out, having a great

time. As 11 o'clock drew near and the last chords played, we exited with thousands of other happy concert-goers.

To further my positive outlook for the area, on Saturday I attended the Montrose Search and Rescue 75th anniversary event held at Crescenta Valley Park. I know the organizers – Robert Sheedy and Cindy England – and knew of their nervousness about having such a big event. But they needn't have worried. Tons of folks showed up to learn more about local organizations, including MSAR, scale the rock climbing wall, check out some classic cars and emergency vehicles, indulge in some yummy food, listen to awesome music and play on the inflatables. Dignitaries were also on hand, eager to congratulate the team on serving the community for 75 years. A flyover by helicopter LASD Air Rescue 5 was a super addition to the festivities.

Steve is a member of the Montrose Search and Rescue team and I could see on his face the pride he had in the number of people who showed up to support the team and its efforts.

Following on the heels of the great concert that Steve and I went to on Thursday night, the Montrose Search and Rescue event further solidified why I think there is no better place to live than the Crescenta Valley.

*Robin Goldworthy is the publisher of the Crescenta Valley Weekly. She can be reached at robin@cvweekly.com or by calling (818) 248-2740.*

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### Weather Watch

By Mary O'KEEFE

## Taking A Look Outside Our Window

By Mary O'KEEFE

I often turn to science fiction when writing this column because, for decades, science fiction writers have shown us the extreme visions of a future world gone wild. Often the background is the price humans pay for abusing Mother Nature. We see the evolution of society as it deals with Earth's payback for ignorance like that in "Mad Max," "Waterworld," "Snow Pierce" and "Soylent Green."

These movies show us a version of a societal future after the Earth has been abused but what we are watching now with Hurricane Ian is perhaps a preview – or trailer – of what's to come.

"Scientists have been warning us for years, maybe not about more hurricanes but more intense [storms]," said Bill Weir, chief climate correspondence for CNN.

Weir was reporting from Punta Gorda, Florida on Wednesday.

"[This hurricane] is a result of a warmer planet. The [hurricanes] we do get will be bigger, faster and wetter. Here is your exhibit A: Hurricane Ian," he said.

The bottom line are the storms, the winds and the droughts we will be seeing in the future will be more intense.

Hurricane Ian made landfall in Florida at 3:05 EST with 150 miles per hour winds. It appears that residents listened with many evacuating prior to the arrival of the storm. This is a lesson Californians should take to heart as we face evacuations due to wildfires. Leaving when told to by emergency responders actually helps protect not only residents but also emergency responders. Florida officials reminded residents that emergency re-

sponders would not go out if the winds were too strong. If they did not evacuate people may be in need of help for some time. This is the same warning law enforcement and fire personnel give residents of California for emergencies like wildfires and floods.

It is also a warning to residents in California when it comes to earthquakes. Since we don't yet have an early warning earthquake system that would give people hours to prepare for a sizeable shaker, preparedness needs to happen now. Unlike hurricanes, which can be watched in high definition as they approach, earthquakes give little to no general warning so being prepared is the only thing that can be done.

For Floridians, we pray the effects of Hurricane Ian will be less devastating because of the early warnings issued and the preparations made by the state; however, this is a very large storm and something that, unfortunately, we will have to get used to seeing.

"Due to global warming, global climate models predict hurricanes will likely cause more intense rainfall and have an increased coastal flood risk due to higher storm surge caused by rising seas. Additionally, the global frequency of storms may decrease or remain unchanged but hurricanes that form are more likely to become intense," according to "A Force of Nature: Hurricanes in a Changing Climate" by Angela Colbert, PhD NASA's Jet Propulsion Laboratory.

For the Crescenta Valley, temperatures will be a little cooler in the next few days with today's high in the mid-90s and on Saturday it will only reach 81 degrees Fahrenheit. From that point forward temperatures should be in the 80s and, of course and unfortunately, no rain is in sight.

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# NEWS

## IN BRIEF

### ROSEMONT PRESERVE OPEN GATE MORNING

An “open gate” event is taking place at the Rosemont Preserve on Saturday morning, Oct. 1. This is a chance for residents to visit the Preserve and wander the trail at their own pace and enjoy the tranquil setting, the wildlife and the natural beauty. Photographers: bring your camera to capture the morning light and citizen scientists, bring your iNaturalist and Merlin apps to identify birds and add wildlife sightings!

The gate will be open from 8:30 a.m. to 10:30 a.m., and Friends of the Rosemont Preserve Committee members will be available to answer questions and present this community resource.

The Preserve is located at the north end of Rosemont Avenue, just past the chain link fence. As street parking is limited, please park at Two Strike Park, 5107 Rosemont Ave. Those with mobility issues who require a closer parking spot should contact the Rosemont Preserve Committee.

Those planning on walking the trails should wear sturdy shoes and bring water to drink.

This event is free to the public and suitable for all ages; no reservations required. Rain cancels. Sorry, no pets please.

For further information, contact the Friends of the Rosemont Preserve at RosemontFriends@gmail.com.

### GCC ART GALLERY FEATURES SOLO SHOW ‘POPULAR VOTE’

“Popular Vote,” a solo exhibition featuring the work of Marisa J. Futernick, opens at the Glendale Community College Art Gallery on Oct. 1.

Futernick’s work explores the promise of the American Dream and calls attention to the inherent flexibility and fickleness of contemporary political discourse.

“Popular Vote” runs from Oct. 1 through Nov. 18. Events include a public reception with the artist on Saturday, Oct. 1 from 4 to 7 p.m. There will also be a get-out-the-vote poster making workshop on Friday, Oct. 21 from noon to 3 p.m., and a panel discussion on art and civic engagement on Wednesday, Nov. 2 from 12:20 to 1:30 p.m.

All events are free and open to the public.

The Art Gallery will be open Monday through Friday from 12 to 5 p.m. and is located on the third floor of the Library Building.

### RACKING-BOTTLING-LABELING EVENT HOSTED BY STONEBARN VINEYARD CONSERVANCY

StoneBarn Vineyard Conservancy is hosting a Racking-Bottling-Labeling event on Saturday, Oct. 1 from 9 a.m. – 11 a.m. Discussion is also planned of the latest harvest, grape varieties, terroir and participants’ questions. Tasting and note taking included.

For further information please call Stuart Byles at (818) 249-2414.

### SMART DRIVERTEK WORKSHOP OFFERED

The community is invited to a Smart DriverTEK workshop being held on Thursday, Oct. 5 at Bob Smith Toyota.

This 90-minute workshop offers an interactive way to stay up-to-date with the latest safety technology in participants’ current and future cars. Participants will learn about what new technologies are available, how they work and how they can improve a driver’s piece of mind.

The free workshop is from 5:30 p.m. to 7 p.m. Register at [www.aarp.org/sdtekinperson](http://www.aarp.org/sdtekinperson) or call (877) 805-0458

Bob Smith Toyota, 3333 Foothill Blvd., La Crescenta

### MAILING BEGINS OF SAMPLE BALLOTS

On Tuesday it was announced that the Los Angeles County Registrar-Recorder/County Clerk (RR/CC) began mailing sample ballots to all registered voters for the 2022 General Election. The sample ballot contains critical election information related to candidates, measures and how to safely vote by mail or in-person in this election.

Sample ballots are mailed continuously through Oct. 14. Vote by Mail ballots in this election is scheduled to begin mailing on Oct. 6.

The RR/CC provides translated election materials in 18 different languages. Voters can request to receive their materials in their preferred language by returning the Language Request Form on the back of the Sample Ballot Book, or by calling (800) 815-2666, option 3.

In mid-October the RR/CC will issue a separate mailing to all registered voters displaying the nearest Vote Center locations to the voter’s residence.

### FRIENDS OF LA CRESCENTA LIBRARY

The Friends of La Crescenta Library invites the community to its members’ only library book presale. Membership is available, too, by joining at the door or at the library ahead of time. (Memberships are based on a calendar year.)

The members’ only presale is on Friday, Oct. 7 from 3 p.m. to 7 p.m. at the library, 2809 Foothills Blvd.

The library book sale is open to the general public on Saturday, Oct. 8 from 9 a.m. to 3 p.m.

## MSAR Celebrated at CV Park



By Mary O’KEEFE

On Saturday, Crescenta Valley Park was crowded with folks eager to celebrate the 75th anniversary of the Montrose Search and Rescue (MSAR) team. MSAR team members are volunteers who are available 24/7 to respond to lost hikers, traffic collisions, fire, flood and everything in between.

Several dignitaries were part of the day’s festivities including Los Angeles County Supervisor Kathryn Barger who shared the celebration of 75 years of service to the community. Barger said as a hiker she advised everyone who present who hikes to “stay on the trail.”

“These [MSAR members] are people who have jobs,” Barger said. “They are medical professionals and they work in offices but they are doing this just to give back to the community.”

State Senator Anthony Portantino also recognized the MSAR and presented a proclamation from the California State Senate. Mary Hovagimian, representative for Congressman Adam Schiff, read from a proclamation the congressman read into the U.S. congressional record on Sept. 13 honoring MSAR.

“I rise today to honor the Montrose Search and Rescue team in Montrose, California upon its 75th anniversary,” Hovagimian read.

The proclamation shared the history of MSAR and how it is one of the most active of the eight search and rescue teams affiliated with the Los Angeles County Sheriff’s Dept.

“These volunteer heroes, who come from a variety of professions, serve their community without asking for anything in exchange. They search through rubble, scale cliff sides and brave surging waters to save lives. Their selfless dedications and invaluable

service provide a model for all of us and deserve recognition,” Hovagimian read.

Saturday’s event was planned by MSAR members Robert Sheedy and Cindy England.

“We are just so pleased with the turnout and the support of the community, the first responders and our vendors,” said England. “We’re just so pleased.”

“We didn’t know what to expect,” added Sheedy. “We’re so

see MSAR on page 19

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» **CELEBRATING RELIGION**  
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# What Is Yom Kippur?



Yom Kippur is the holiest day of the year, when we are closest to G d and to the essence of our souls. Yom Kippur means “Day of Atonement,” as the verse states, “For on this day He will forgive you, to purify you, that you be cleansed from all your sins before G d.”

It arrives on the 10th day of Tishrei (in 2022, from several minutes before sunset on Tuesday, Oct. 4 until after nightfall on Wednesday, Oct. 5), coming on the heels of Rosh Hashanah (the Jewish New Year, which is on the first and second days of Tishrei).

For nearly 26 hours we “afflict our souls.” We abstain from food and drink, do not wash or apply lotions or creams, do not wear leather footwear and abstain from marital relations. Instead, we spend the day in synagogue, praying for forgiveness.

History of Yom Kippur  
 Just months after the people of Israel left Egypt in the year 2448 from creation (1313 BCE), they sinned by worshipping a golden calf. Moses ascended Mount Sinai and prayed to G d to forgive them. After two 40-day stints on the mountain, full Divine favor was obtained. The day Moses came down the mountain (the 10th of Tishrei) was to be known forevermore as the Day of Atonement – Yom Kippur.

That year, the people built the tabernacle, a portable home for G d. The tabernacle was a center for prayers and sacrificial offerings. The service in the tabernacle climaxed on Yom Kippur, when the High Priest would perform a specially prescribed service. Highlights of this service included offering incense in the Holy of Holies (where the ark was housed) and the lottery with two goats – one of which was brought as

a sacrifice, the other being sent out to the wilderness (Azazel).

While the High Priest generally wore ornate golden clothing, on Yom Kippur he would immerse in a mikvah and don plain white garments to perform this service. This practice continued for hundreds of years, throughout the time of the first temple in Jerusalem, which was built by Solomon, and the second temple, which was built by Ezra. Jews from all over would gather in the temple to experience the sacred sight of the High Priest performing his service, obtaining forgiveness for all of Israel.

When the second temple was destroyed in the year 3830 from creation (70 CE), the Yom Kippur service continued. Instead of a High Priest bringing the sacrifices in Jerusalem, every single Jew performs the Yom Kippur service in the temple of his or her heart.

The Chabad of the Crescenta Valley, located at 929 Descanso Drive, will be holding services in La Cañada. The community is invited to join Rabbi Mendy and Mushka Grossbaum for High Holiday service, brimming with melodies and song, together with meaningful and heartfelt prayer. For more information or to RSVP visit [cvchabad.org/hh2022](http://cvchabad.org/hh2022).

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# State Senator Portantino Receives Award for His Dedication to Mental Health Policies

State Senator Anthony J. Portantino received the 2022 Senate Legislative Champion Award from the California Alliance of Child and Family Services during its Homecoming Conference. The State Senator was honored for championing policies that promote the social, emotional, and behavioral wellbeing of children and families.

“I am proud to advocate for comprehensive mental health policies that benefit our children and families and I am very humbled to receive this honor,” stated State Senator Portantino. “I am also privileged to work alongside many advocacy organizations dedicated to improving mental health outcomes for those in need. Together we will continue to push forward policies that are critical to ensuring the long-term wellbeing and academic success of our kids.”

State Senator Portantino has a strong record of advocating for mental health policies and has been dedicated to improving youth mental health outcomes during his time in public office. The State Senator previously authored SB 972, which required schools to print the suicide hotline on student identification cards. He dedicated three years to pass SB 328, a policy which pushes back start times for middle and high schools. Scientific data and research show that later school start times lead to improved mental health for kids, with reductions in instances of anxiety, depression, and suicidal ideation. For his past work, State Senator Portantino received the Children’s Hero Award from the California Academy of Child and Adolescent Psychiatry and has been recognized by Family Services Agency in Burbank and Sycamores in

Pasadena. Last year, the California Council of Community Behavioral Health Agencies (CBHA) honored the State Senator as a behavioral health champion.

State Senator Portantino is the author of multiple bills aimed at improving mental health outcomes for youth. SB 224 requires local educational agencies, which currently offer one or more courses in health education to middle or high school students, to include mental health content in those courses. It

also requires that the California Dept. of Education develop a plan to expand mental health instruction in California public schools on or before Jan. 1, 2024. SB 14 requires the California Dept. of Education to recommend best practices and identify training programs to address youth behavioral health, including but not limited to, staff and pupil training. Additionally, the bill ensures that youth absences from school for mental health issues will be treated as an excused

absence in the same way any other health issues are treated. This year, State Senator Portantino authored SB 1302 to establish or improve wellness and mental health support centers on campuses, which is on the Governor’s desk for signature.

The California Alliance of Child and Family Services promotes the health, wellbeing and safety of children, youth and families in California and serves as a collective voice for organizations that serve children, youth and families.

## CVTC Forms Emergency Preparedness Task Force



By Ruth SOWBY

The first meeting of the CV Town Council Emergency Preparedness Task Force was held on Sept. 22 and included Capt. Robert Hahnlein from the Los Angeles Sheriff’s Dept. CV Station, CHP Captain Derek Moulton and LA County Fire Battalion Chief Patrick Sprengel. It was perhaps the safest meeting in town.

The goal of the Task Force meeting, held at the Crescenta Valley Sheriff’s Station, was to give the public direction in responding to emergencies, thereby making the job of law enforcement “easier during a disaster,” said Council President Harry Leon. Number one for residents is to “Get a bag ready to go [in anticipation of an evacuation] and have a place to go,” according to Capt. Hahnlein.

Representatives from the CV Weekly are also on the Task Force.

California Highway Patrol assists with traffic control during an emergency through its Emergency Operators Center with officers working 12 hours on, 12 hours off. In the event of an emergency CHP enforcement will be augmented by 50% of officers in surrounding areas.

In our area, all three law enforcement departments – CHP, Glendale Police Dept. and the Sheriff’s Dept. – work together in

emergencies.

To better prepare for an emergency, residents are encouraged to read the “Ready! Set! Go!” publication of the LA County Fire Dept. It is extremely detailed regarding the public’s personal action plans such as ensuring there is cleared vegetation around their homes. (The publication can be downloaded at fire.lacounty.gov/rsg).

LA County Fire Dept. spokesperson Marie Grycan advised residents who are evacuated to “leave the area, go to a movie, go to a mall. Keep listening to the radio.”

Also on the Task Force are representatives from the Community Emergency Response Team (CERT). Representing CERT was Mark Spatny. Plans are for the Task Force and CERT to work hand-in-hand to educate the public about what it can do to keep safe in an emergency. CERT volunteers are also trained in basic triage and first aid and how to provide help to those nearby before professional first responders arrive at a scene.

The next CERT training session will be from Oct. 1 to Oct. 8.

“We encourage residents to be part of CERT,” said Leon.

Zone Haven is a program soon to be rolled out by LA County. It’s a platform that breaks community areas into different

zones to facilitate communication between the public, Sheriff’s, Fire and CHP departments.

According to Grycan, “It puts everyone on the same page.”

Task Force member Brian Hodge, head of the CV Fire Safe Council, detailed what the Council offers. It mainly works closely with ham radio operators to disseminate information to the community.

Sussy Nemer is senior field deputy from the Office of Supervisor Kathryn Barger. Barger is also a Task Force member.

“Our role is communication,” said Nemer. “We’re here to help.”

Other Task Force members present were CV Town Council members Dede Mueller and Kerri Lewin Brautigam.

Photo by Ruth SOWBY  
An Emergency Task Force formed by the CV Town Council held its first meeting on Thursday, Sept. 22. Meeting at the CV Sheriff’s Station were Task Force members (back row, from left): Battalion Chief Pat Sprengle, LA County Fire Dept.; Captain Derek Moulton, California Highway Patrol; Mark Spatny, CERT; Captain Robert Hahnlein, Crescenta Valley Sheriff’s Station; Brian Hodge, CV Fire Safe Council; Maria Grycan, Community Services Liaison, LA County Fire Dept.; Sussy Nemer, Senior Field Deputy Office of Supervisor Kathryn Barger; (front row, from left) CV Town Council President Harry Leon, CV Town Council members Dede Mueller and Kerri Lewin Brautigam.

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# CRIME BLOTTER

Sept. 24

4300 block of Oakwood Avenue in La Cañada Flintridge, a resident who was walking in a nearby neighborhood received a photo from her neighbor showing a white newer BMW SUV parked alongside, to the east, of the resident's vehicle. The neighbor stated she observed someone under the resident's vehicle.

The resident returned home to find her catalytic converter was stolen from her vehicle. The theft occurred at 7:21 a.m.

900 block of Town Center Drive in La Cañada Flintridge, a bicycle was stolen from a bike rack at the location. Two witnesses reported seeing a suspect, described as a White male, about 16 years old, 5'9" tall, weighing 150 lbs. with shaved blond hair and wearing a black tank top and dark colored pants, riding away on the stolen bicycle.

The theft occurred at 6:50 p.m.

Sept. 23

600 block of Foothill Boulevard in La Cañada Flintridge, two suspects entered a store, got a shopping cart and placed a hamper basket inside the cart. The suspects began to fill the hamper with men's clothing from clothing racks. They walked toward the front of the store near the alarm sensor exit door.

They left the cart full of clothes and exited the store at 12:28 p.m.

Sept. 22

3100 block of El Caminito Street in La Crescenta, a resident reported seeing a light coming from his neighbor's house, which he found odd because his neighbor was out of town. He called LASD. Deputies contacted the out of town homeowner. She told the deputies that she gave no one permission to go into her home. Deputies found the front door of the home had been damaged around the lock and it appeared the door had been forced open. Nothing was reported stolen at the time.

The burglary occurred between 5 p.m. on Sept. 22 and 5 p.m. Sept. 23.

2100 block of Foothill Boulevard in La Cañada Flintridge, four suspects reportedly walked into a store and went to the purse display. All four then took out what appeared to be wire cutters and attempted to cut the security wires holding the purse display. An employee approached the suspects and told them to stop but the suspects continued to try to cut the wire. Another employee approached them and then called 9-1-1. The suspects continued to attempt to cut the wire then suddenly stopped cutting, dropped the purses on the ground and ran out of the building. They got into a black colored four-door sedan and left the area at 4:30 p.m.

600 block of Foothill Boulevard in La Cañada Flintridge, three suspects entered a store and began grabbing men's clothing from clothing racks. They placed the clothing into a store shopping cart and continued to walk around the store. Once the shopping cart was full, they walked toward the front door, took items out of the cart and walked out without attempting to pay for the items at 1:04 p.m.

Sept. 21

1900 block of Verdugo Boulevard in La Cañada Flintridge, a window was shattered at a business, several rooms had been ransacked and multiple drawers in the cash register area were open.

The burglary report came in at 2:28 a.m.

600 block of Foothill Boulevard in La Cañada Flintridge, four suspects entered a store and started randomly grabbing purses from the racks and placing them in their arms. The suspects then walked out of the store without attempting to pay for the items at 9:32 p.m.

## Correction

In the Sept. 22 article, "Council Defers Decision to Spend Millions on Biogas Project," Ara Najarian voted

no on the motion to postpone the decision on the project for four months; Councilmember Paula Devine abstained.

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*Obituary*  
**Scott Nolte**



1958 – 2022

Scott Nolte, 63, died in April 2022. Scott was diagnosed with metastatic colon cancer in September 2019. He maintained a stoic and positive attitude through the last few years in spite of an initial terminal diagnosis.

Scott was born and raised in Pasadena. He was preceded in death by his parents Paul Nolte and Anna Marie Nolte as well as his older brother Craig. He is survived by his siblings Bruce and Sue, as well as his brother-in-law Chris Stuber and nephew Nick Shaw.

Scott and his wife Mary Nolte were married for 35 years. Scott and Mary have three children – Brian Nolte, Monica Nolte and Katherine Nolte.

He is survived by relatives on Mary's side – parents-in-law Terri, Bob, brothers and sisters- in-law Chris and Julie, Jim (and Jacqueline, deceased), John and Adriana, Carol and Daryl Rockholdt and Michael as well as seven nieces and nephews: Jane, Henry, Brendan, Sophie, Ethan, Briana (Donnie), Jonathan (Heiva) and two great nephews: JJ and Judge.

Scott worked for 37 years at JPL (Jet Propulsion Laboratory) as an electronics technician. Although he worked on some flight projects, including one of the Mars missions, he worked mostly in the area of earth science research. His work took him all over the world, flying in planes collecting data for various scientists. He collected data on the ozone holes at the North and South Poles, on non-native vegetation changes in Hawaii, methane spills in California and the four-corners states as well as changes resulting from the oil spills in the southern states, changes to the coral reefs in the Great Barrier Reef in Australia and in Hawaii and thawing tundra in Alaska.

Scott was not only a hard worker but also lived a life of service. He quietly painted over tagging in the neighborhood, pulled off stickers on poles and walls to keep La Crescenta beautiful.

In the early years he helped with ham radios at the Rose Parade and the Angeles Crest 100-mile race. He helped out with the Crescenta Valley High School cross-country team and the marching band. He was a hands-on person and could fix almost anything. It was quite common for him to see someone in need and then go offer to help.

He loved to be outdoors. With his family and friends he enjoyed many camping, hiking, skiing, climbing, mountain biking, canoeing, kayaking and beach trips over the years.

Scott was kind and loving and had a great sense of humor. He will be greatly missed.



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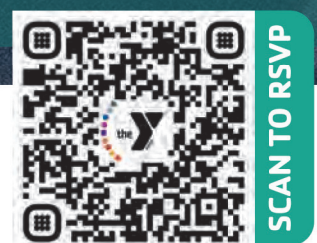
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# Calvert Named Community Development

On Sept. 13, the City of Glendale announced the appointment of Bradley Calvert as its next director of the Community Development Dept.

Calvert has been with the City of Glendale for over four years, previously serving as the assistant director of Community Development – Planning and Economic Development. During his tenure with the City, he has led the adoption of the Economic Development Strategic Plan, Citywide Pedestrian Plan and an overhaul of the Downtown Specific Plan, the latter resulting in the Los Angeles Chapter of the American Planning Association's Comprehensive Plan of the Year. He has also overseen the launch of

important initiatives, such as the Verdugo Wash Visioning study, the update of the Bicycle Transportation Plan, and the Vision Zero Plan, to name a few.

Before joining the City of Glendale, Calvert was the Community Development program manager for the City of Bellevue, Washington, where he led significant planning initiatives for a new urban neighborhood that combined transit and trail-oriented development. This initiative was later awarded the Washington State Chapter of the American Planning Association's Award for Excellence in Planning. Calvert practiced architecture in Atlanta, Georgia, and Charlotte, North Carolina. His work primarily involved urban

multi-family housing, mixed-use and transit-oriented development.

"Several high-profile City projects and initiatives in the priority areas of housing, mobility, infrastructure and environmental stewardship are contained in the City Council's adopted workplan and fall within the purview of the Community Development Department," said City Manager Roubik Golanian. "So, there is a lot of work to be done and I look forward to seeing Bradley lead the Department in increasing our community engagement efforts as we continue to execute on these projects."

Mayor Ardy Kassakhian added, "The Community Development Dept. provides one of the City's most public-facing services. I am

confident Bradley is the right person to lead the charge in improving these services for our community and leading the 150-plus staff members in the Community Development Dept."

Calvert holds a master's degree in City and Regional Planning from the Georgia Institute of Technology, a graduate certificate in real estate from Georgia State University, and a Bachelor of Architecture from the University of North Carolina at Charlotte. Calvert is an AICP planner and holds a certification from the National Charrette Institute. He also teaches courses on the experiential quality of the city and sustainable urban development at California State University Northridge.



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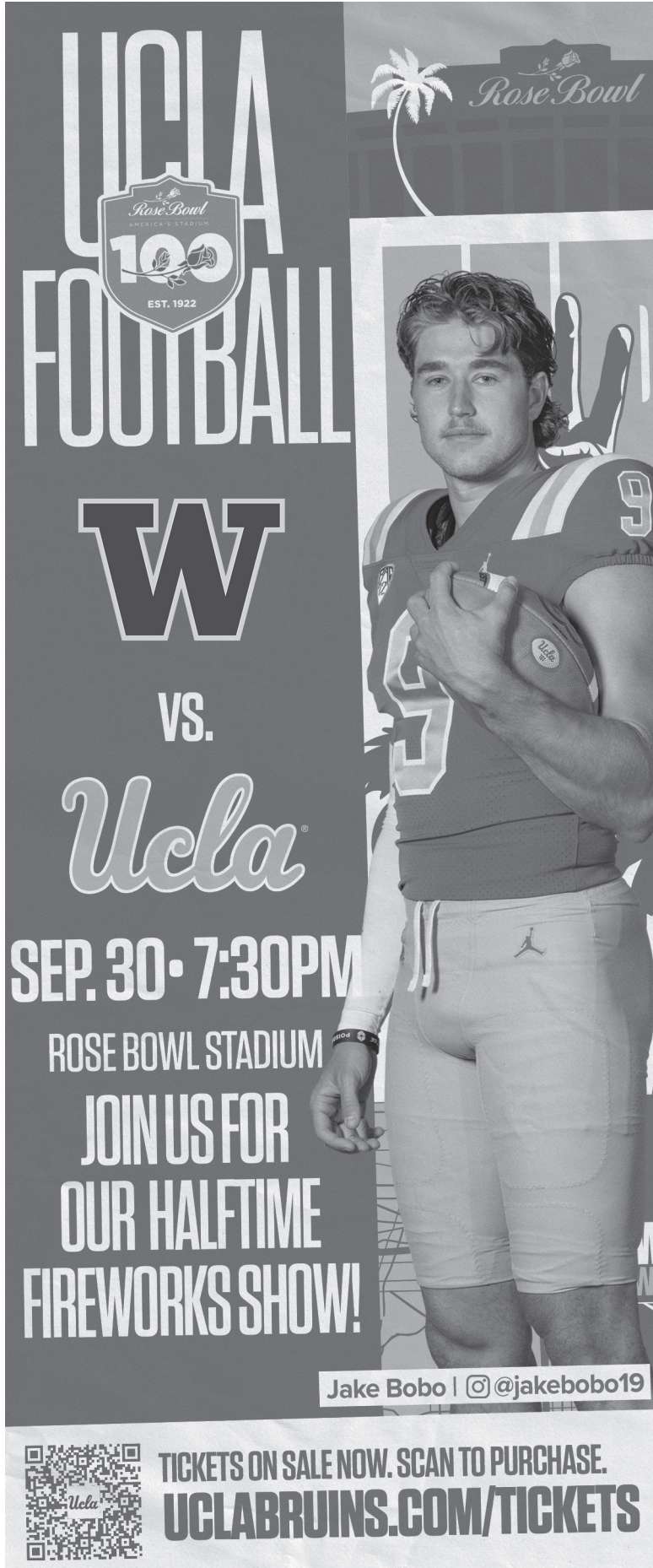
PTP from Cover

viding additional and readily available resources within their licensure to injured workers in need of immediate mental health consultation and services. LCSWs who meet the licensure requirements of

the State Board of Behavioral Sciences can be added to the list of available provider types. This will enable the primary treating physician (PTP) to view LCSWs in the list of available mental health providers, thereby

allowing the PTP to directly refer an injured worker to a LCSW in the same manner as the PTP may currently refer an injured worker to a psychologist or psychiatrist for work-related mental health services. This

bill does not authorize LCSWs to act as a treating physician in the workers' compensation system – it only authorizes LCSWs to evaluate and treat injured workers only upon referral by a physician.



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TRAFFIC from Cover

about a block; however, residents have reported seeing cars line up for over two blocks.

This is of concern because drivers who are not picking up students at Rosemont Middle School but want to travel southbound must pass the waiting vehicles by going into the northbound lane while driving south. This causes problems for any vehicles traveling north as they face vehicles head on.

"[At Howdy Day, the first day of school] we talk to parents about the best ways to pick up and drop off," said Rosemont Principal Suzanne Risse. "Of course that just reaches seventh grade parents. We have messaged [about the problem] several times in our Sunday e-letter, which goes home to parents."

The school administration has also sent out an article on how to be a good neighbor in the community that included a section on not parking/blocking neighbors' driveways.

On a recent afternoon a driver traveling northbound on Rosemont Avenue then turned left into the Rosemont Middle

School parking lot, ignoring the sign that clearly indicated "no left turn." The driver turned into the parking lot while students were walking in the area. An administrator who was watching traffic tried to stop the male driver but he ignored her and kept driving toward the school.

Mornings do not seem to be any safer. On a recent morning in the first five minutes CVW was at the crosswalk located just north of the school vehicles were seen coming dangerously close to crossing guard Angelica Gutierrez.

"And this is better today," she commented.

Gutierrez said she thought drivers were behaving better because CVW was on-site taking photos; however, there were several near misses.

One consistent issue observed was drivers turning left onto Rosemont Avenue from Los Amigos Street, just north of the Rosemont Avenue crosswalk. Drivers inched out into the traffic while Gutierrez and students are in the crosswalk. Another concern was that many of the vehicles were entering the crosswalk

prior to Gutierrez giving the all-clear signal.

She said she has seen vehicles traveling fast, both north and southbound, after letting their student out of the car. Students are also released from vehicles into traffic then dart across the street. One of the most dangerous issues is when northbound vehicles drive over the curb as they turn right onto Los Amigos Street.

"Many times kids will sit near the curb. I tell them not to but sometimes they do," Gutierrez said.

California Highway Patrol is aware of the issues and is in contact with school administrators, Crescenta Valley Town Council members and neighbors.

"We have done enforcement but, unfortunately, we need to find a way to change the culture of parents' thinking. We need buy-in from them," said Officer Boyd, CHP spokesman.

Officer Keller was in the area Wednesday to do enforcement and will be there more often. CHP has only a few officers to cover miles and miles of area but Officer Keller said he is looking to be in the Rosemont area more often, along with other officers.

It has been CHP's practice during the first few weeks of school to "educate" drivers who drop off and pick up students in the area; after that, citations are given for those who do not follow road rules.

Boyd said he will be talking to parents and school administrators to find solutions to the traffic issues surrounding not just Rosemont Middle School but all schools in the area.

For Gutierrez, being a crossing guard is a job she loves and she will continue to do what she can to keep students safe.

"I love kids and they are nice kids," she said. "I want to help the community but this is dangerous."

ANSWERS for page 14

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# VIEWPOINTS

TREASURES OF THE VALLEY » MIKE LAWLER

## A Revised View of Kimball Sanitarium – Part 1

In years past I have written quite a bit about Kimball Sanitarium, which was located on Foothill Boulevard from 1922 until 1962. It occupied the exact spot where the big Ralphs supermarket is today. For those who don't know, our valley was founded on the industry of sanitariums, initially for lung diseases such as TB but later for mental illness. There were three large sanitariums for mental illness here: Hillcrest, at the top of Lowell Avenue; Rockhaven on Honolulu Avenue; and Kimball. I have attempted to write the history of all these over the years, based on newspaper accounts and oral histories. I have sometimes gotten the flavor of these histories wrong and that has been the case with Kimball Sanitarium.

I have a bad tendency to accentuate the morbid in my writings, sometimes to the detriment of the actual history. Occasionally that comes back to bite me and very occasionally I get the chance to clean things up. With Kimball Sanitarium, I initially took a dark tone, describing padded rooms, manacles on the wall, horribly insane men and women locked away from the world.

Recently I received an email from David Kimball. He is the son of Merritt Kimball who ran Kimball Sanitarium. Dave grew up at Kimball Sanitarium. Dave wrote: "In your writings, you used the words 'notorious' and 'infamous' to describe Kimball Sanitarium. At first, I was somewhat taken aback and a little disappointed in the use of those

descriptions but upon reflection I suppose such was the state of mental health medicine and treatment solutions in those days."

Dave's right. In the years before psychotropic drugs not much was available to treat mental illness. We sometimes look back on those days as barbaric but it really was dedicated people doing a very hard job, with not many tools to work with other than removing the patients from emotionally unhealthy environments.

Dave continued: "As was discovered during the demolition [of the sanitarium], we had a very few, perhaps four or five 'padded rooms' where the most aggressive patients occasionally were kept. We used arm and/or leg restraints, never straitjackets. These rooms were 'padded' to prevent patients from injuring themselves. They were also soundproof. We administered shock treatments. At age 14 I was asked to assist with one; it affected me greatly. To this day I have very unpleasant memories of that experience and avoid all movies and other materials which even hint at that outdated treatment."

As a side note, electroshock therapy is not outdated. It is still used today and very effectively. Although the treatment was alarming in appearance, it was effective back then as well.

At the turn of the century through the 1920s, the treatment of mental health was going through huge changes. It was evolving from simply locking mental patients away to actually trying to treat

and cure their illness. Kimball Sanitarium was part of that change.

With this in mind, I had several email exchanges with Dave Kimball culminating in a trip up to Fresno, where Dave lives with his wife. Dave gave me a great view on what Kimball Sanitarium was all about. In the next couple of weeks, I hope to give more of an eyewitness account of the sanitarium's history through what Dave has told me.

Despite my earlier declaration that Kimball Sanitarium was "infamous" and "notorious," it actually was much like Rockhaven Sanitarium. Patients were treated with respect. It was a quality place. It was considered "high-end." It was almost entirely private pay and, except for a small number of court-ordered admissions, commitment was voluntary. These were people who wished to get better and Kimball Sanitarium was a quiet, peaceful environment where that could happen.

Although we have Dave's description of the facility and how it ran, we have no records of who stayed there and what their illnesses consisted of or their treatments. That was confidential. Dave's dad liked to say, "Privacy is paramount." All patient records were destroyed when Kimball closed in 1962.

Next week, I'll take a deeper dive into what Dave Kimball told me about the sanitarium.

*Mike Lawler is the former president of the Historical Society of the Crescenta Valley and loves local history. Reach him at lawlerdad@yahoo.com.*

## » CRESCENTA VALLEY WATER DISTRICT Thank You Crescenta Valley Water District Customers!

Our customers responded! From Sept. 6 through Sept. 20 CVWD customers, along with the majority of Southern California, were asked to stop outdoor watering as Metropolitan Water District of Southern California shut down a critical water pipeline for emergency repairs.

The 36-mile Upper Feeder pipeline is an important part of Metropolitan's regional water system delivering Colorado River water into the region before it is treated and distributed to communities throughout Los Angeles County. After a leak was discovered in the pipeline earlier this year, Metropolitan made a temporary repair and began operating the pipeline at a reduced capacity. The repair is now completed, and the District would like to thank the community for its tremendous response. CVWD saw reduced demands around 30%. Great job!

*What Not to Flush Down the Toilet.*

Crescenta Valley Water District (CVWD) operates and maintains a Wastewater Collection System consisting of 62 miles of sewer mainlines and a six-mile collection line that flows through the City of Glendale to the Wastewater Treatment Plant. Each year the District cleans one third of the sewer lines, so about 22 miles of pipeline, to keep the sewer lines maintained and reduce the risk of sewer overflows. Sewer backups and overflows in the collection system, in your home, or at wastewater treatment facilities can cause costly repairs and create a public health risk. Many spills go to our lakes, rivers and

*see CVWD on page 19*

### LETTERS TO THE EDITOR

**Close the Scholl Canyon Dump? Oh my!**

That was in 1960, 62 years ago!

The landfill [we called it a "dump"] was Glendale's cash cow. It was "all about the money."

When the Glendale bureaucrats first proposed the dump they told us "cross our hearts and hope to die" – it would only be open for 20 years!

*Trent Sanders  
La Cañada*

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To have your address included in the one-of-a-kind "spooktacular" tour, send your address to [HollyWeen@cvweekly.com](mailto:HollyWeen@cvweekly.com). If you will be handing out treats on Halloween let us know, we will put a candy corn next to your address.

Your home's location will be listed on a community map printed in the Oct. 27th issue of the CV Weekly so families can create their own Halloween drive-by/walking route.

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THE VIEWS EXPRESSED DON'T NECESSARILY REPRESENT THOSE OF CV WEEKLY.

# TRAVEL & LEISURE

## Artists Showcased at GIFF

Spotlighting new and up-and-coming filmmakers is the goal of the Glendale International Film Festival, which opens this evening, Sept. 29, with a reception from 6 p.m. to 7:30 p.m. at The Glenmark at 1100 N. Brand Blvd. The Festival then continues through Oct. 6 with several films being shown at the Laemmle Glendale located at 201 N. Maryland Ave. in Glendale. There are a variety of types of films featured, a diverse slate from filmmakers in all stages of their careers locally, nationally and globally, according to the GIFF website.

Local artists include Cynthia Gravinese Brown, a Montrose resident who wrote, produced, and stars in the comedy web series "Meet Me at the Barre," which also stars La Crescenta resident Malinda Farrington. The series "celebrates women of a certain age with humor!" according to Gravinese Brown.

Members of local production company Sally Productions has submitted to GIFF their short

film "Soundman." "Soundman" tells the story of a timid ornithology professor who has spent years documenting a rare bird only to experience technical difficulties during her anticipated lecture that leads to emotional unraveling but self-discovery in front of a very impatient audience, according to Sally Productions.

"Soundman" and "Meet Me at the Barre" will screen on Friday, Sept. 30 as part of Program 5, a block of short films with a runtime of 83 minutes in total.

All screenings take place at the Laemmle Glendale; tickets are \$15-\$20.

A student film competition celebrating new independent filmmakers is on Saturday, Oct. 1 at Glendale Community College. According to the GIFF website, GIFF's Student Film Competition is a platform for student filmmakers (high school, undergraduate, and graduate) to tell their stories, showcase their talents, and share their creative voice and perspectives on the world they live in. Seventeen student films

have been selected this year to be screened. These shorts tackle a wide range of genres and topics, from the pandemic to social issues to the love of family.

Tickets are \$15-\$20 and films will be shown at Glendale Community College Auditorium, 1500 N. Verdugo Road in Glendale.

To learn more about the various films being shown and to purchase tickets and for more information visit <https://glendaleiff.org>.

Also available Sept. 30 and Oct. 1 from 12:30 p.m. to 10:30 p.m. is GIFF Central where ticketholders can go to meet with other festival-goers, have conversations with filmmakers and relax between screenings. Free snacks and beverages available for GIFF day pass holders.

GIFF Central is being held at Rock Photography Museum, located down the street from Laemmle, at 123 N. Artsakh Ave.

GIFF 2022 is produced and presented by Glendale Arts.

## What's Cooking

Your Local guide to good food!

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### THEN & NOW

*St. Luke's*  
Courtesy of the Historical Society of CV



**Then** » St. Luke's of the Mountains Episcopal Church was built in 1924 from native stone. Its design came from the imagination of a famous artist, Stephen Seymour Thomas. He set up his easel across from the empty lot that had been donated for the church and with his oils painted a concept painting of what he thought would be the best architecture for La Crescenta. The church was built exactly according to that painting. The painting still hangs in the church office today.



**Now** » Today St. Luke's of the Mountains Episcopal Church is considered the architectural and cultural treasure of the Crescenta Valley. Coming up on 100 years old and it still looks great! The two-story Sadler Hall was built at the back of the church building in the early 1950s but, being of the same native stone as the church, it fits right in.

*Alissa's* **Oceanview** | BAR & GRILL

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# BETWEEN FRIENDS

## NCL Glendale Holds Sellebration

The Glendale Chapter of National Charity League, Inc. will hold its annual community rummage sale Sellebration at the Pacific Community Center, 501 S. Pacific Ave. in Glendale. A long-standing event for the Chapter, Sellebration serves the community with well-priced offerings of apparel, toys and home goods and this year was chaired by local residents Joy Asbury and Monica Rubalcava.

Over 200 mothers and daughters will spend 1,445 hours planning, preparing, setting up and working at Sellebration.

“Sellebration is one of our biggest events that I look forward to because mothers and daughters are able to work side by side to support the local communities and our philanthropic partners who are Union Station, Ascencia, YWCA Glendale, Door of Hope and many more,” said President Mia Husfeld. “Our hope is that the community comes out and does a little shopping at our huge rummage sale and all the proceeds will benefit numerous people in need. We received feedback that we needed to extend our sale hours.

So this year we added extra hours of shopping on Saturday, Sept. 24. This event brings all of our members together for fun, camaraderie and service.”

The Chapter also recently announced that it will open its membership drive on Oct. 1 and is accepting applications for the classes of 2029, 2028 and 2027 from the surrounding La Cañada, La Crescenta and Glendale communities. Those interested should visit the chapter’s website at <https://www.nationalcharityleague.org/chapter/glendale/> and complete the online interest form on the Get Involved page by Oct. 31.

The mission of NCL is to foster mother-daughter relationships in a philanthropic organization committed to community service, leadership development and cultural experiences. NCL, Inc., Glendale Chapter became the first chartered chapter in 1951 and is steadfastly focused on supporting local philanthropies with hands-on service efforts for mothers and daughters to do together. The Glendale Chapter works with over 20 local philanthropies, providing



lunches to the homeless at Ascencia and Union Station, assisting at summer camps at the YWCA of Glendale, decorating Rose Floats,

providing meals to Door of Hope, organizing a blood drive with the Red Cross and many other activities. The Chapter presents an annual senior

recognition ball for its graduating class and offers NCL, Inc. traditions such as an annual Mother/Daughter Awards Tea and Fashion Show.

## Hold Onto Your Hat On A Blustry Day

Guests of the La Cañada-Flintridge Orthopaedic Guild (LCFOG) are in for a treat at the Book and Author Luncheon on Oct. 25. Well-known local weatherman Dallas Raines and his wife Dannie will be at the luncheon to present their book “Chester and the Hot Air Balloon,” a story that will capture the hearts of children and adults alike.

LCFOG is a local organization of women who feel every child should have the right to the best orthopedic care available regardless of their financial situation. Luskin Orthopaedic Institute for Children (LuskinOIC) in downtown Los Angeles makes this happen through their world class physicians and surgeons. LuskinOIC’s Ambulatory Surgery Center experienced a 0% infection

rate, better than the national average, and surgical outcomes were among the best in the nation. It was recently announced that the LuskinOIC/UCLA affiliation will soon be open for adult orthopaedic services on the downtown campus.

LCFOG supports LuskinOIC in many ways but most importantly with the long-awaited Book and Author Luncheon on Oct. 25 at the La Cañada Flintridge Country Club, 5500 Godbey Drive, La Cañada. Parking is complimentary. Guests will enjoy lunch, peruse the raffle, bid on silent auction gifts and participate in the “Bonus Board,” which will be full of valuable gift cards.

Among others, authors Dallas and Dannie Raines will be on hand to autograph their book for guests. Dannie is a writer, philanthropist

and wife of meteorologist Dallas. She is a UCLA graduate with a degree in journalism and communications. She served on the organizing committee for the Community Scholarship Foundation of La Cañada Flintridge, and collaborated with her husband on their mission to serve youth by educating readers about earth sciences or as she puts it, “our wacky weather.”

Dannie takes her husband’s tales of weather woes, adds some educational information about the climate, and gets a narrative of a grand adventure.

Dallas is an American journalist, as well as chief meteorologist, who joined the ABC7 network in 1984 and has been working there ever since providing evening weather reports. He received a BS degree

from Florida State University in broadcast journalism and earth science with emphasis on meteorology. As a certified broadcast meteorologist, he went through meticulous examination by the American Meteorological Society. Dallas received an invitation to the White House to participate in a debate with 30 other scientists and climatologists on global warming hosted by former President Bill Clinton and Vice President Al Gore. His awards are too numerous to mention; however, he was voted Best Weather Presenter/World Competition Level in Paris, France, and the Daily News Peoples’ Choice Award for Best

Weatherperson.

A joint statement from the couple shares their hope that children have as much fun reading their book as they had creating the tale of their family pet, Chester, the Pawsome Weather Pup. This book tells of great adventures as well as introduces meteorological, climatological and earth science themes.

Those interested in attending the 2022 Book and Author Luncheon can contact Joan Cleven at (818) 249-4603 or DeeDee Nuanes at (818) 606-5631. Tickets are \$75 and proceeds from the event will go directly to LuskinOIC.

Submitted by  
Arlene MASSIMINO



Dannie and Dallas Raines will be among the featured writers at the Oct. 25 LCFOG Book and Author Luncheon.

USC Verdugo Hills Hospital, in partnership with YMCA of the Foothills, presents:

### Hybrid Doc Talks

#### Breast Health

Screening, diagnosing and treating breast cancer

**Maria Nelson, MD**  
Assistant Professor of Clinical Surgery, Keck School of Medicine of USC

**Jennifer Choi, MD**  
Assistant Professor of Clinical Radiology, Keck School of Medicine of USC

**Thursday, October 6th**  
12 - 1 pm  
**Crescenta Cañada YMCA**  
1930 Foothill Blvd., La Cañada

**To Register:** Call (818) 952-2228 or visit [uscvh.org/doc-talks](http://uscvh.org/doc-talks)  
Reservations for in-person attendance required 24 hours in advance.

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**USC Verdugo Hills Hospital**  
Keck Medicine of **USC**



**Call (818) 952-3557 for more information or to schedule your screening mammogram today!**

# Las Candelas Ladies Welcome 2022-23 Season of Service

On Sunday, Sept. 11, members of Las Candelas celebrated the end of summer and the beginning of a new year of service on the Terrace Patio at Oakmont Country Club in Glendale. A Mexican-themed dinner, complete with chip-filled sombreros as centerpieces, set the tone for the gathering.

The group was welcomed by President Rosina Maize, who thanked the ladies for their past year of service. Service projects included preparing and serving meals to the clients at Ascencia, providing fun days, pizza parties and programs for the residential students at Sycamores, hosting a year-end party and giving gifts to graduating students at Hillside, and providing supplies for Didi Hirsch Mental Health Services activities. Las Candelas also awarded grants to Ascencia, Hillside Youth Moving On and Didi Hirsch Mental Health Services in Glendale during the 2021-22 year. With the relaxing of COVID restrictions, service in the coming year promises to be more "hands on" and will begin with participating in the Didi Hirsch "Alive Together: Prevent Suicide Walk" at Exposition Park on Oct. 23.

Las Candelas is a non-profit organization of about 40 women founded in 1953. Its purpose is to give volunteer service and financial assistance to help improve the lives of children and youth in vulnerable situations and to support awareness of their mental health needs. For more information about Las Candelas, visit [www.lascandelas.org](http://www.lascandelas.org) or visit its Facebook page at Las Candelas.



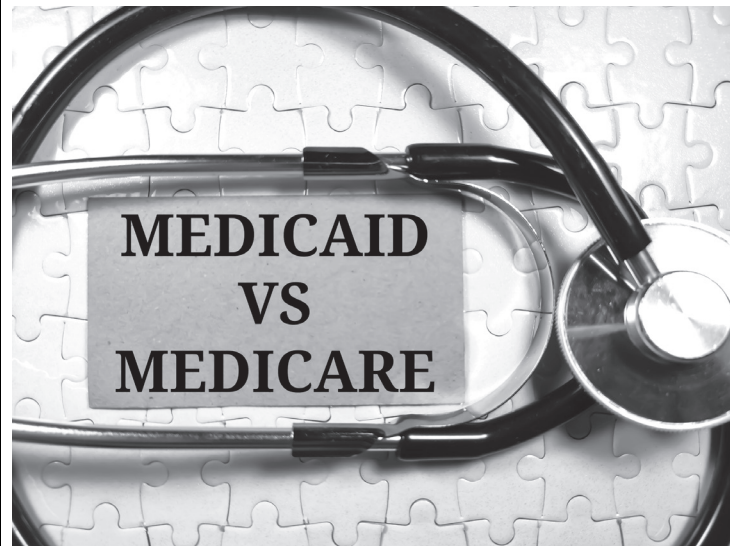
TOP: Ann Ways and JC Byer  
ABOVE: Rosina and Earl Maize

Photos by Nancy STONE

## USC VERDUGO HILLS HOSPITAL COMMUNITY RESOURCE CENTER FOR AGING

» DENISE TRABOULSI, MSW

# Maximizing Your Medicare and Other Benefits



Timing is everything and, if you are a Medicare beneficiary, now is the time to consider making any changes to your Medicare Open Enrollment period begins Oct. 15 and runs through Dec. 7. This is the only time in the year you can make changes to your Medicare coverage.

Did you know there are programs to assist with Medicare premiums? All Medicare beneficiaries pay a monthly premium for Part B (usually \$170.10/month) that is deducted from their Social Security. A senior with an annual income of less than \$19,000 may qualify for a Medicare Savings Program and have their monthly premiums paid for leaving them with more disposable income each month.

The State of California has also expanded coverage for Medi-Cal. Medi-Cal is the state's version of Medicaid (health insurance for low-income Americans). The age of eligibility has been lowered from 65 to 50 and immigration status will no longer be considered. Additionally, the asset limit allowed for Medi-Cal eligibility has been increased from \$2,000 to \$130,000 per individual. Previous eligibility rules required seniors to "spend down" most of their savings and other assets. This is no longer required and by 2024 the asset limit will be eliminated entirely. But bear in mind that

monthly income is limited to \$1,564 for a single applicant.

Medi-Cal is not a replacement for Medicare but can act as supplemental insurance and pay for non-covered services such as: dental and vision care, hearing aids, in-home care and transportation. Sometimes Medicare Advantage plans include coverage for these services, but it can be limited or require higher monthly premiums.

Health care insurance can be complicated and overwhelming, but help is available. The Health Insurance Counseling and Advocacy Program (HICAP) is a free service for all over 65. HICAP counselors are trained in Medicare and Medi-Cal and can help you understand your options to find the best type of coverage. The HICAP provider in Los Angeles County is the Center for Health Care Rights and can be reached at (800) 824-0780 or through its website [www.healthcarerights.org](http://www.healthcarerights.org). The American Council on Aging also has a free service through its website that assists seniors in determining if they qualify for Medicaid: [www.medicaidplanningassistance.org](http://www.medicaidplanningassistance.org).

Those who would like more information or assistance can contact us at the Community Resource Center for Aging at USC Verdugo Hills Hospital at (818) 949-4033 or send an email to [aging-resources@med.usc.edu](mailto:aging-resources@med.usc.edu). As always, our services are free.

[WWW.CVWEEKLY.COM](http://WWW.CVWEEKLY.COM)

## Questions About Today's Real Estate?

### Ask Phyllis!

#### Should A Home Be Painted Before Selling?

Dear Phyllis,

I have been a loyal reader of your "Dear Abby-like" advice for years. My father, who lived in Salem, Oregon, recently passed. My sister and I are co-trustees, but she will take the lead on the sale as she lives in Salem. I flew up to help her sort through everything, and she is working on finding a Realtor. The Realtor she interviewed suggested just getting the home cleaned and trimming some shrubs in the front. I think the house should at least be painted. Do you believe a home should always be freshly painted before selling?

Ann L.

Dear Ann,

Thank you for being a loyal reader! It was great that you could make the trip North to assist your sister in going through your father's belongings. That's a challenging task, and it is good that you did it together. I agree that, at minimum, a home should always be professionally cleaned. I think it's essential that you can see the house when a professional photographer

shoots the front photos. Trimming is often necessary as overgrown shrubs and trees can get in the way.

Not being privy to the condition of your father's home, it's difficult for me to assess whether it should be painted. Sometimes cosmetic changes such as a fresh coat of paint can make the home more attractive. In some instances, it can cause other defects to become more glaring. Let's assume the house has outdated flooring; in this case, a fresh coat of paint will only make the flooring look even worse. It also depends on the age and condition of the mechanical systems. For example, suppose the heating, plumbing, and electrical are outdated. In that case, a fresh coat of paint gives a buyer unrealistic expectations, which can be a big issue when the buyer is doing inspections.

I suggest you have a Zoom meeting or conference call with your sister and the Realtor and ask why she doesn't believe a fresh coat of paint is necessary. Then you and your sister can make the right decision.

Best of luck with your sale.

Phyllis



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# JUST FOR FUN

## CALENDAR this

### GLENDALE KIWANIS

The Kiwanis Club of Glendale will be dark on Sept. 30. The program for Oct. 7 is a presentation by Dr. Ryan Cornner, the new president of Glendale Community College. The cost to attend, which includes lunch, is \$15. Meetings start at noon.

The Club meets Friday afternoons at the Elks Lodge, 120 E. Colorado Blvd. in Glendale.

### WORKS ON PAPER AT THE BRAND LIBRARY & ART CENTER

Glendale Library Arts & Culture announced the Brand Associates' opening of its 50th Annual National Juried Exhibition of Works on Paper at the Brand Library & Art Center from continuing through Dec. 30. The exhibition, also known as Brand 50, marks 50 years of featuring the best in local and national contemporary art with 89 artworks chosen from 1200-plus submissions selected by juror Shannon Currie Holmes, Exhibitions supervisor at Brand Library & Art Center.

Brand 50 brings together artists

from diverse backgrounds, including artists making their first foray into a gallery, as well as seasoned professionals whose work is widely known. In conjunction with the Brand 50 juried exhibition, there will also be a gallery looking back on the history of these exhibits with artworks spanning the earliest years when ceramics were featured, to today's focus on the paper medium. All exhibit artworks and a printed catalog will be on sale with proceeds benefitting the Brand Associates' efforts to support a rich array of cultural, arts, and educational programming at the iconic Brand Library & Art Center.

Brand Library & Art Center, 1601 W. Mountain St. in Glendale

### FALL SPECTACULAR CVHS CONCERT

On Saturday, Oct. 1 from 4 p.m. to 7 p.m., the CVHS Music Dept. is having its Fall Spectacular Concert at the school's amphitheater and upper field. The evening will feature the finest musicians and entertainers of CVHS

plus dinner and silent auction.

Tickets are \$10 for the concert only; \$15 for dinner (two pieces of pizza, chips and a drink) and concert.

Access the auction at 32auctions.com/CVIM2022. Payment can be made via cash, check or Venmo (see the Just For Fun section online for more information).

### FREE LECTURE: SEGREGATING THE FOOTHILLS

On Sunday, Oct. 2 at 2 p.m., the Lanterman House will host a presentation on segregation in the foothills.

Racial segregation in Los Angeles suburbs like La Cañada Flintridge and La Crescenta increased rapidly in the first half of the 20th century, driven by real estate practices such as restrictive property deeds and redlining. In this talk, historian Becky Nicolaides explores the history of racial exclusion in Los Angeles, its lasting legacy and proactive ways to achieve lasting racial justice in our communities.

Nicolaides is a founding partner

of the History Studio and author of the forthcoming book "The New Suburbia: Life in L.A. Suburbs since 1945."

This talk is sponsored by the Historical Society of the Crescenta Valley and the Lanterman House. To register for the lecture, please visit [www.lantermanhouse.org](http://www.lantermanhouse.org).

Lanterman House, 4420 Encinas Drive, La Cañada

### CONCERT PLANNED

The Tuesday Musicale of Pasadena is presenting a concert on Oct. 4 at 12:30 p.m. at the Altadena Baptist Church, 791 East Calaveras in Altadena. It is free to attend.

On the program will be a duo for viola and cello by Pistoni; a duo piano solo by Liszt; arias for soprano by Puccini & Wagner; and a horn trio by Brahms.

### PEBBLES OF THE PAST

On Oct. 8 at 1 p.m., the Little Landers Society presents "Pebbles of the Past" by Craig Durst.

His presentation of little-known

facts of the history of the Tujunga Valley takes the audience on a search for the Lost Padres Mine, the Land of the Sun, the history of Seven Hills Ranch and the local Gold Rush – California's first gold rush!

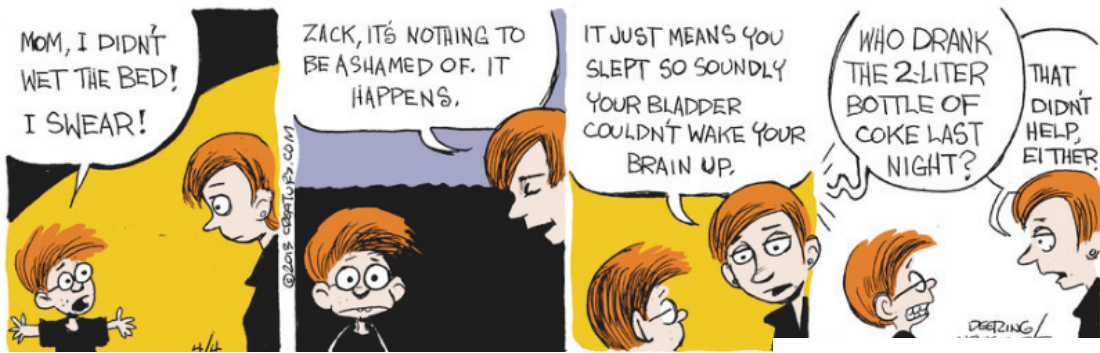
Durst will share several of his recent history hunts to uncover some "pebbles" of the Tujunga Valley's historic past. Since discovering in the 1990s that his new home in Lake View Terrace was next to the ancient Indian Village of Tehunga, Durst has embarked on dozens of local history hunts and related research. His excellent narrative and collection of historic images help complete the picture of local history.

This event is free and open to the public and everyone is welcome. It will be held at Bolton Hall Museum, Home of Little Landers Historical Society, 10110 Commerce Ave. in Tujunga.

Additional information is available from Little Landers Historical Society, (818) 352-3420 or [BoltonHall.org](http://BoltonHall.org) or email [llhs@boltonhall.org](mailto:llhs@boltonhall.org).

see CALENDAR THIS on next page

### » ZACK HILL BY JOHN DEERING AND JOHN NEWCOMBE



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### ACROSS

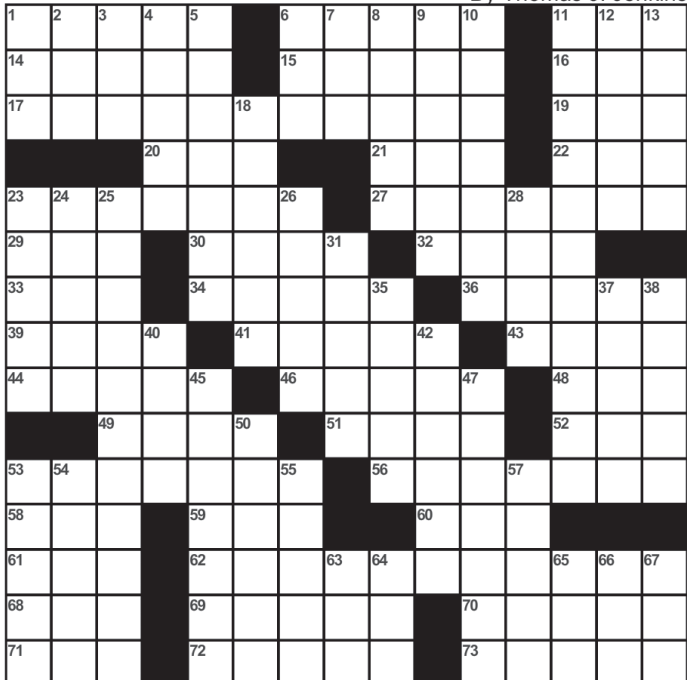
- 1) Army vehicles
- 6) "Ciao!"
- 11) Prohibit
- 14) Elite military unit
- 15) Mojave plant
- 16) Festive night, often
- 17) Features of polling places
- 19) Almost empty
- 20) Calypso offshoot
- 21) Final direction for a Benz?
- 22) Ignited, as a match
- 23) Pampering
- 27) States differently
- 29) Romanian currency
- 30) "National Velvet" writer Bagnold
- 32) Caterer, sometimes
- 33) Web address, commonly
- 34) Plan a different route
- 36) Body shop repairs
- 39) Lofgren who plays with Bruce
- 41) Duke's blue mascot
- 43) Animated Fiona, e.g.
- 44) Baby sitters, often
- 46) Air freshener option
- 48) Afternoon hour on a sundial
- 49) Sends into overtime
- 51) Computer output, perhaps
- 52) A literary Bobbsey
- 53) Medium-sized sofas
- 56) Wangle
- 58) \_\_\_ Royal Majesty
- 59) Baby identifier
- 60) Tiny bite
- 61) Novelist Levin
- 62) Forbes 400 listee
- 68) LXX divided by X
- 69) Red dye used in a biology lab
- 70) Booted grounder
- 71) Stepping stone to pres., sometimes
- 72) Olive \_\_\_ (army uniforms)
- 73) Countermands a deletion

### DOWN

- 1) The "one" in a one-two
- 2) In-flight info, for short
- 3) Moray, e.g.
- 4) \_\_\_-walsy (buddy-buddy)
- 5) Tastes more like fire
- 6) Place with slides
- 7) Many years \_\_\_
- 8) Government role?
- 9) Made square
- 10) Made a new hem
- 11) Chore for a hunchback?
- 12) Bypass
- 13) Colorful salamanders
- 18) Lay in the sun
- 23) Painfully forthright
- 24) Bald eagle's nest
- 25) High-speed transporter
- 26) Third Hebrew letter
- 28) Margarine, quaintly
- 31) "Curb Your Enthusiasm" star Larry
- 35) Dish with seasoned rice
- 37) Courtroom event
- 38) Large fishing net
- 40) An agitated state
- 42) Barrio resident
- 45) Cultivation place
- 47) Sharp-pointed teeth
- 50) Fourth-year student
- 53) Joint blades
- 54) Like good ghost stories
- 55) Burrito condiment
- 57) In pieces
- 63) Ad-\_\_\_ (improvise)
- 64) \_\_\_ and outs (particulars)
- 65) Boiling blood
- 66) Decay
- 67) Hospital areas (Abbr.)

### BOLLED OVER

By Thomas J. Jenkins



see ANSWERS on page 8

# MONTROSE Oktoberfest

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WEEKLY HOROSCOPES

Provided by horoscope.com  
September 26, 2022 - October 2, 2022

**♈ ARIES** March 21 - April 19  
Don't be tempted to take risks when it comes to your health. You may overdo strenuous exercise and injure yourself in the process. Or you might try to work out more than you should. You need to pace yourself and know your limits if you want to succeed. Going more quickly isn't always the best way forward.

**♉ TAURUS** April 20 - May 20  
The cosmos is encouraging you to get out and do more than you have in a long time. If you've been sitting in front of a computer when you'd rather be outside, this is going to change during this time. Being a sports-minded person, you'll be out doing your thing, whether it's golf, soccer, or just enjoying the outdoors.

**♊ GEMINI** May 21 - June 20  
A number of powerful aspects mean that health issues that have perplexed you will begin to resolve themselves. You may find a treatment that works or find that the problem goes away on its own. Daily meditation may also help you stay calm and peaceful and cultivate inner tranquility, which will be excellent for your health.

**♋ CANCER** June 21 - July 22  
A lot of feelings may come to the surface now, especially emotions that you've been trying to ignore. In order to deal with them, it's better to face up to whatever is bothering you. It's better for your health as well. Don't take unnecessary risks, especially when exercising. You could damage a muscle, tendon, or worse. Go at a comfortable pace.

**♌ LEO** July 23 - August 22  
You may have to tend to your partner. He or she could be feeling under the weather now. While you make an excellent caretaker, helping others feel much better, don't forget to be good to yourself, too. Take a break and tend to your well-being. Don't neglect your routines in your desire to help your partner get better. It's a question of balance.

**♍ VIRGO** August 23 - Sept. 22  
You may need to take things a little easier now. Watch out for stressful situations at work that could affect your health and leave you feeling rundown. You may benefit from lightening your schedule and taking vitamins and minerals regularly. They'll fortify you so you can deal with anything.

**♎ LIBRA** Sept. 23 - Oct. 22  
The Universe is helping you to more clearly see your current state of health. It's also enabling you to take stock of whether you're doing enough to stay at the fitness level you desire. It's all about finding the right balance between happiness and wellness. During this period, any health dilemmas should now sort themselves out.

**♏ SCORPIO** Oct. 23 - Nov. 21  
A series of aspects may encourage you to keep on a course of treatment or your latest fitness regimen. If you've felt discouraged lately, over the coming days you'll have proof that it really is working. The cosmos may encourage you to party. Drink plenty of water and be good to yourself.

**♐ SAGITTARIUS** Nov. 22 - Dec. 21  
This period is going to bring a lot of emotion to the surface. You may feel the need to overeat in order to stuff down some awkward feelings. More than anything, you need to create an atmosphere of peace and calm around you. It will help you make the right decisions about all of your issues, including your health and what to eat. Relaxation is key!

**♑ CAPRICORN** Dec. 22 - Jan. 19  
Your partner will be encouraging you to get back in shape if you've slacked off, not that anything will be said directly. It may be the indirect glances or comments that finally get the message home. You have your pride, and having a wonderfully fit, healthy, and toned body is important. You'll be back in the workout routine soon.

**♒ AQUARIUS** Jan. 20 - Feb. 18  
You've had enough of timetables and discipline. Now you need to make your workouts fun by doing something different. If you don't often go dancing, this can be a great way to work out in the privacy of your home or as a part of a group. Listening to and moving with the music can almost make you forget that you're exercising.

**♓ PISCES** Feb. 19 - March 20  
You've had enough of timetables and discipline. Now you need to make your workouts fun by doing something different. If you don't often go dancing, this can be a great way to work out in the privacy of your home or as a part of a group. Listening to and moving with the music can almost make you forget that you're exercising.

PROBLEM SOLVED » BY CHRISTOPHER ELLIOTT

# UnCruise canceled our Alaska cruise. Do we have to accept a credit?

*Ken West's Alaska cruise gets canceled during the pandemic. UnCruise wants to give him future cruise credit. He wants a refund. Who's right?*

**Q** My wife and I booked an Alaska cruise with UnCruise Adventures two years ago. The cruise line canceled the sailing on the day we were about to depart from Australia.

We have requested a refund multiple times but they refuse, offering a credit instead. We can't use future cruise credit because of our health. Can you help me get a refund for the \$12,490 we spent on our cruise?

— Ken West, Hornsby Heights, NSW, Australia

**A** I'm sorry to hear about your health problems. Who knew this pandemic would last as long as it has? Many companies changed their terms and conditions to accommodate their customers

after the COVID outbreak, so it's not unreasonable to think UnCruise might, too.

And what are the UnCruise terms? According to its ticket contract, your "sole remedy" when it cancels a cruise is a future cruise credit.

These ticket contracts are tricky. You can't negotiate them (they're called adhesion contracts) so when you book a ticket you automatically agree to the terms set forth by UnCruise and its lawyers. It doesn't matter if you haven't read the agreement either.

So technically, UnCruise doesn't have to give you a refund. But during the pandemic, companies changed their rules or disregarded them entirely. I think your case fell into that gray area.

I think you might have been able to appeal your case to UnCruise. It's a small company and it lists its executives on its website. Email addresses are formatted firstname+lastinitial@uncruise.com – so if I worked there, I'd be christophere@uncruise.com. (But I don't, so please don't try to email me at that address.)

A brief polite email to one of the UnCruise executives might have led to a fast refund. Clearly no one could have predicted things would drag on with COVID for as long as they have.

If you ever feel well enough to cruise again, please read the ticket contract. Make sure you have a way to get a refund if you need to. If the contract doesn't allow for refunds, buy travel

insurance. I contacted UnCruise on your behalf.

"We seek to provide the best adventure cruises and personalized service to each guest. That is one of the reasons we have so many repeat guests come onboard," a representative told me. "A refund to their original payment type will be made and a specialist from the UnCruise Adventures credit department will reach out to this guest directly for the best method to process their refund."

Christopher Elliott is the chief advocacy officer for Elliott Advocacy. Email him at [chris@elliott.org](mailto:chris@elliott.org) or get help with any consumer problem by contacting him at <http://www.elliott.org/help>. © 2022 Christopher Elliott

CALENDAR THIS from page 14

**SILVER LAKE BRANCH LIBRARY INVITES COMMUNITY TO STAR WARS READS DAY**

The Silver Lake Branch Library invites the community to join the Force and celebrate the love of reading at Star Wars Reads Day on Saturday, Oct. 8 from 11 a.m. to 1 p.m. at 2411 Glendale Blvd. Explore a galaxy far, far away with storytimes, crafts, giveaways and a short show by a Star Wars performance group. All ages are welcome. Costumes encouraged.

**The Museum of Neon Art**

The Museum of Neon Art announced the display of "Leticia Maldonado: The Storytellers" on Oct. 8 through Feb. 11. The opening will take place from 6-8 p.m. on Oct. 8 and is free to the public. This is the first solo museum exhibition for the artist. Maldonado challenges the conventions of sculpture as well as the constraints of the medium of neon through her multimedia works. In this exhibition, life-size sculptural forms made out of neon, Plexiglass, found objects and vintage technology speak to narratives that bind memory, intimacy and history.

The museum is located at 216 S. Brand Blvd. in Glendale. It is closed Monday and Tuesday; open Wednesday – Saturday from 10:45 a.m. to 7:15 p.m. and on Sunday from 10:45 a.m. to 5:15 p.m.

**JEWEL CITY KNITTERS MONTHLY MEETING**

Jewel City Knitters will hold its monthly JCK Charity Knit and Crochet gathering on Saturday, Oct. 8 from 2-3:30 p.m. at the Chevy Chase Library, 3301 E. Chevy Chase Dr. in Glendale, (818) 548-2046.

Enjoy a relaxed afternoon of knitting,

crocheting and conversation.

For more information, email [susandietel@yahoo.com](mailto:susandietel@yahoo.com).

**AUTHOR FROST BECKNER AT FLINTRIDGE BOOKSTORE**

On Thursday, Oct. 6, at 7 p.m. Flintridge Bookstore will present author /screenwriter Michael Frost Beckner for a reading and signing of his Spy Game novels. Beckner is best known for the CBS series "The Agency," his iconic film "Spy Game," and the Sniper film franchise. Beckner's Spy Game novels

– "Muir's Gambit," "Bishop's Endgame" and "Aiken in Check" – comprise The Aiken Trilogy. They take place both before and after the time frame of the Robert Redford/Brad Pitt movie, expanding on the storyline of this thrilling espionage tale.

The reading takes place outside in back of the store. The signing is inside.

Flintridge Bookstore is located at 858 Foothill Blvd. in La Cañada Flintridge. For more information, contact Gail Mishkin at [gaiml@flintridgebooks.com](mailto:gaiml@flintridgebooks.com) or call the store at (818) 790-0717.

## THE 18TH ANNUAL State of the Schools Breakfast

Thursday, October 13th, 7:00 - 8:30 AM  
Glendale Civic Auditorium  
1401 North Verdugo Road, Glendale, CA 91208

SALUTING OUR EDUCATIONAL EXCELLENCE AWARDEES —

Page Whyte

Teacher of the Year, **Mathew Schick**  
Crescenta Valley HS

Classified Employee of the Year, **Greg Williams**  
Glendale High School



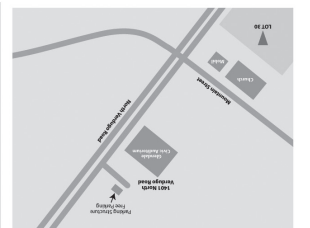
\$50 per person

Visit our event page to purchase tickets: [www.glened.org](http://www.glened.org) or call (818) 247-0466 by Friday, October 7th.



Proceeds to benefit Science, Technology, Engineering, Arts and Mathematics (STEAM) and other instructional programs. Contributions are tax deductible to the extent allowed by law.

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**Parking:** Civic Auditorium Parking Structure or metered parking at Lot 30 at your discretion. Lot 30 recommended to avoid exiting delays.

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# RELIGION

**Question:** We're senior citizens who have great concerns about the number of immigrants around the world and those who are coming to this country. We want to help but as we investigated ways to contribute and after examining all of the possibilities, we also found there is a lot of corruption where money and/or supplies never reach the folks who really need help. One of our main concerns is children of immigrants who are not experiencing stable home lives. We pray every day that every family and individuals who need help are provided for.

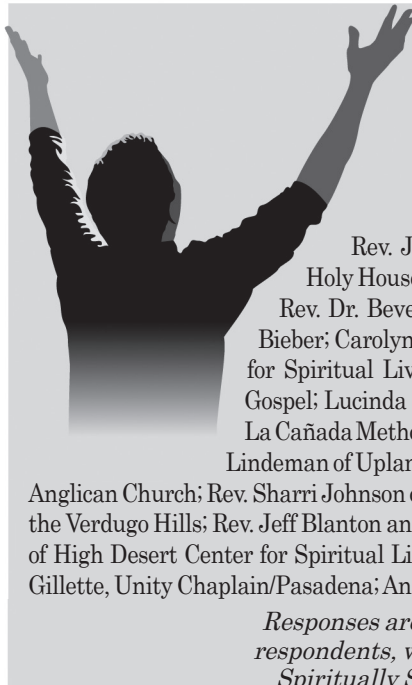
We're asking for guidance about where to put our time, money and attention

~Sympathetic Seniors

Dear Sympathetic Seniors, I appreciate your concern over this very complex issue, which has moral and ethical components beyond the mere analysis of numbers. The number of immigrants around the world is estimated to be around 272 million. Our United States is home to the largest immigrant population, around 50.6 million, which is an increase of 400% since 1965. Immigrants actually represent only about 3.5% of the world's entire population, but have already surpassed the projected numbers for

2050! According to our Homeland Security Dept., most immigrants do come here legally but the number of immigrants coming to this country is still at a record high, even though approximately 268,000 immigrants were deported from the U.S. in 2019. Because this article is focused on the spiritual solutions for this issue, this is not the place for any political commentary on my part.

Spiritually Speaking, I think it is wonderful that you are asking what you can do, in addition to prayer and positive thinking, to help this situation especially where innocent immigrant children are concerned. As a licensed minister with the international Centers For Spiritual Living organization, (CSL.org) my focus is just like yours. I'm asking myself how I can be of service. I hear your concerns about corruption and fraud within the very organizations that claim to help distribute the much-needed resources of food, clothing, medical supplies and money. The good news is my research shows that the United Nations has a website specifically for refugees (www.unrefugees.org) (http://CSL.org (http://www.unrefugees.org), and there is also an organization called Faith Counts (www.faithcounts.org) which lists faith-based organizations that are helping immigrant and refugee



## SPIRITUALLY SPEAKING

### SPIRITUALLY SPEAKING PARTICIPANTS

Rev. Jon Karn of Light on the Corner Church; Rev. Kimberlie Zakarian of Holy House Ministries; Anthony Kelson, RScP, Laney Clevenger-White, RScP, and Rev. Dr. Beverly Craig of Center for Spiritual Living – La Crescenta; Rabbi Janet Bieber; Carolyn Young; Sharon Weisman; Rev. Mary Morgan of Redondo Beach Center for Spiritual Living; Rev. Dabney Beck of International Church of the Four Square Gospel; Lucinda Guarino; Pastor Randy Foster of Christian Life Church; Karin Ellis of La Cañada Methodist Church; Rev. Rev. Sharri James of UP Church; The Rev. C. L. "Skip" Lindeman of Upland Christian Church (Disciples of Christ); Rev. Rob Holman of St. Luke's Anglican Church; Rev. Sharri Johnson of One Heart Retreat Center; Rev. KC Slack of Unitarian Universalist of the Verdugo Hills; Rev. Jeff Blanton and Rev. Emanuel David of Community Life Church; Rev. Karen Mitchell of High Desert Center for Spiritual Living; Rev. Kyle Sears of La Cañada Congregational Church; Michelle Gillette, Unity Chaplain/Pasadena; Andy Gero, VFW Chaplain; Katie O'Brien, runningstream48@yahoo.com

Responses are offered from the perspective of individual Spiritually Speaking respondents, which may or may not be in agreement with other respondents of Spiritually Speaking nor the editor and staff of the Crescenta Valley Weekly.

populations. My personal favorite is UNICEF USA (unicefusa.org) (http://unicefusa.org), which began Dec. 11, 1946. Its website has specific ways to help immigrant children in our own country and around the world.

These are just a few of the trustworthy organizations where you can feel good about putting your time, talent and treasure in their hands. The great advocate for non-violence Mahatma Gandhi said, "A nation's greatness is measured by how it treats its weakest members." I am grateful to live in a country that has organizations like those I mentioned so that each of us can be part of that greatness by serving others. I am also grateful for people like you who are committed to making a difference in the quality of life for immigrants, refugees and, especially, children around our highly populated world.

Rev. Karen Mitchell  
revkarenmitchell@gmail.com

Dear Sympathetic Seniors, I love your heart for immigrants and refugees! I grew up in a community with a high immigrant population and their welcome and inclusion among us is vitally important – not to mention a hallmark of our country's history. As a pastor, I am reminded of God's call to welcome the refugees among us, to care for them and include them so that they can find belonging and a bright future.

I am aware of a few organizations that do good work in our area and I'll highlight them here. The first is the Immigration Resource Center of

see SPIRITUALLY SPEAKING on next page

## NOTES & NODS

### LCIF News

A night of family fun, outside and under the stars, returns to Lutheran Church in the Foothills this Friday after a lengthy pause due to the pandemic. All are invited to watch "Minions: The Rise of Gru" this Friday, Sept. 30 at 7 p.m. Families are encouraged to bring blankets or lawn chairs for the free screening on the front lawn of the church. Snow cones, popcorn and other refreshments will be served.

This Sunday, Pastor Chuck Bunnell will lead worship in person and online beginning at 10 a.m. During the weekly worship service, elementary school children are invited to join a fun filled hour of learning at Sunday school. The children meet in the sanctuary for a special children's message with the pastor, then head to class for games and study. LCIF uses the "Simply Loved" program for Sunday school. "Simply Loved" offers a foundational Jesus-centered journey through God's story of love.

Efforts to help the people of Ukraine continue at LCIF. The church has most recently partnered with St. Volodymyr Church in Los Angeles to collect desperately needed medical supplies and will get the items where they are most needed in Ukraine. Donations are still being accepted. A list of needed items can be found on LCIF's website.

Visit lcifoothills.org for event details, including small group gatherings and opportunities to serve. For more information or to request/offer help, email office@lcifoothills.org, or call (818) 790-1951. The church is located at 1700 Foothill Blvd. in La Cañada Flintridge. Office hours are 9 a.m. to 1 p.m., Monday through Friday.

### Beverly Hills Temple of the Arts Hosts High Holy Days Services

High Holy Day Yom Kippur services are taking place at the Beverly Hills Temple of the Arts at the Saban Theatre on Oct. 4 and 5. Rabbi David Baron will

present special guests, and Cantor Nathan Lam will make his first appearances for Yom Kippur this year at the Beverly Hills Temple of the Arts.

On Yom Kippur Day, Oct. 5, from 2-5 p.m. Rabbi Baron will be having discussions with his High Holy Day guests including Morton A. Klein, president of the Zionist Organization of America, and New York Times best-selling author Anita Moorjani about her near death experience and living to talk about it. These discussions are free for the general public to attend but advance reservations are required. Call (323) 658-9100.

The Beverly Hills Temple of the Arts at the Saban Theatre is located at 8440 Wilshire Blvd. in Beverly Hills. High Holy Day services will be held on the eve of Yom Kippur (Kol Nidre) on Tuesday, Oct. 4 starting at 8 p.m., and on Wednesday, Oct. 5 starting at 10 a.m., including a Yizkor Memorial Service (memorial service for the departed) starting a 12:30 p.m.

### Walk and Word

In October, Walk and Word participants will meet in the parking lot of Deukmejian Wilderness Park, 3429 Markridge Road in La Crescenta/Glendale at 8 a.m. on Oct. 9, 16, 23 & 30. Participants will walk for the first hour and then gather to read a selection of Scripture. About a half hour will be spent journaling about what was read and then there will be conversation, sharing thoughts.

Participants are asked to bring something to write with, anything wanted to eat or drink, and a chair to use for the writing part of the morning. Because people will be outdoors and social distancing will be practiced, masks will be optional.

Those with questions can email Jeanne at jnlavieri@earthlink.net.

All are welcome. If the hike is too strenuous, there are level paths at the park. There are ramps from the parking lot to the field where the group gathers after the hike.

## RELIGION DIRECTORY

**Center for Spiritual Living - La Crescenta**  
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SPIRITUALLY SPEAKING from page 16

San Gabriel Valley. They provide legal services for immigrants seeking visas, DACA renewals and social service referrals. Navigating our legal system requires so much attention that help in this way makes for a much more stable home life.

CASA LA helps children within the juvenile justice system or foster care system. It provides one-to-one relationships and intervention programs as well. It focuses on the well-being of the whole child, not just helping them from re-entering the system, but supporting them with friendship, education and other resources.

I also know that members of the Crescenta-Cañada Democratic Club have supported two Afghan refugee families over the past year. Both of the women in each family are currently expecting newborns but ongoing donations of time, clothing and financial assistance can help integrate them in our community.

Many local churches also – and often quietly – support local food pantries and other assistance programs. I encourage you to arrange a meeting with some of the directors of these initiatives; you will find that their passion overflows with love toward those who can often be overlooked. And they are often connected to other groups who share in their work and can give you other options to pursue.

Thank you for your pursuit of goodness within our world. I hope you continue to explore your options and find the endurance to sustain your generosity!

Rev. Kyle Sears  
kylesears@lacanadachurch.org

**Q**uestion: My family and I attend a local Christian church. We all volunteer to help out at the church in a variety of ways. Our two teenagers also volunteer. Although ours is not a large congregation, it seems only a few members volunteer. It reminds me of “The Little Red Hen” story that I read as a child when the Little Red Hen does all of the work from planting the seed, harvesting and making bread. All along the way, no one offered to help her but everyone wanted to eat the bread. I feel the same way about our church with many enjoying the fruits of labor our volunteers provide.

Please understand this is not a judgment. I just would like to ask for some ways that will help folks to really want to help out.

~ Happy Volunteer

Dear Happy Volunteer,  
First, thank you for volunteering! As a pastor, I know the importance and

necessity of having volunteers in the church. You are doing great work and I hope and pray the work is meaningful for you.

Second, it is always difficult to get a variety of volunteers in any organization. I think the first task is to make sure people know there is a need for volunteers. An announcement, a signup sheet and personal invitations are always great ways to start asking for volunteers. Then you might try having yourself, or another volunteer, share why volunteering is important to you. A personal story usually has a powerful impact on others. You might also consider if children or youth can volunteer for the needed task. If a child or youth is asked to volunteer, then their parent might come along as well. These might be some ways to encourage others to volunteer.

Finally, remember the words of the psalmist: “Serve the Lord with gladness.” (Psalm 100:2) You are doing good and meaningful work! As others see you volunteering and notice the joy you receive from serving God and others, they will

be encouraged to do the same. So again, thank you and keep up the good work!

Blessings,

Rev. Karin Ellis  
revkarinellis@gmail.com

Dear Happy Volunteer,

In the many decades we have had the privilege of serving as pastors of several churches, we have never seen a church where people were lining up to be volunteers. However, there are some factors that can affect this negatively and positively. Certainly, we’ve all seen the effects of the pandemic on both church attendance and volunteerism. According to a recent Gallup poll, only 35% of Americans reported volunteering for a religious organization last year – down from 38% in 2020 and 44% in 2017. A lot of churches saw their longtime reliable volunteers back away from their responsibilities because of health risks. And even those who remain willing to serve often find themselves doing so more sporadically.

In a Lifeway survey last spring, pastors listed committed

volunteers among the biggest needs for their churches. Over three quarters of U.S. pastors said they were concerned about developing leaders and volunteers, as well as people’s apathy and lack of commitment. Over two thirds said training current leaders and volunteers were concerns. That puts the responsibility to recruit, train, resource and prepare a new army of volunteers on the shoulders of church leaders everywhere. Ephesians 4:11-12 (NLT) reminds us, “Now these are the gifts Christ gave to the church: the apostles, the prophets, the evangelists, and the pastors and teachers. Their responsibility is to equip God’s people to do his work and build up the church, the body of Christ.”

As a church, we exist to help people discover God’s vision for their lives. Recruitment has to begin with the why of ministry, not the need of ministry. One of the positive approaches to recruiting volunteers that we have utilized over the years is to focus on the purpose of the ministry and help people discover their giftedness.

When people understand that they are called and gifted by God to do the work of the ministry they are more apt to step up and serve in their local church.

There are many great resources to help believers understand what spiritual gifts God has given them and learn what their specific gifts are including at <https://spiritualgiftstest.com> (<https://giftstest.com/>).

An understanding of their gifts will help believers find that “sweet spot” in ministry where they are fulfilled in serving the Lord rather than frustrated because they are doing something they are not gifted and called by God to do. I suggest you familiarize yourself with these gift assessments, then sit down with your church leaders and volunteer to lead a group of church members into the exciting and fulfilling opportunity to serve God and your local church. In doing so, you will be part of the solution to your church’s need for volunteers.

Happy serving!

Pastor Randy Foster  
randy.clc@att.net

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**Thursday Oct. 20, 7PM:**  
Reading by actress Rae Dawn Chong in memory of author Annie O'Neill Stein, 'Exit Wounds'

**Thursday Oct. 27, 7PM:**  
Poets Ron Koertge, 'I Dreamed I was Emily Dickinson's Boyfriend' and Diane Thiel, 'Questions from Outer Space'

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**LEGALS**

**NOTICE OF SELF STORAGE SALE**

Please take notice US Storage Centers - La Crescenta located at 4454 Lowell Ave La Crescenta, CA 91214 intends to hold an auction to sell the goods stored by the following tenants at the storage facility. The sale will occur as an online auction via [www.storage-treasures.com](http://www.storage-treasures.com) on 10/20/2022 at 10:00AM. Unless stated otherwise the description of the contents are household goods and furnishings. Eugene A Diaz; Paul Allen Lopez; Sylvain Williammaximilian Dhabsburg; Judith Erlene McClure; Henry Runge; Raymond Daniel Rojas. All property is being stored at the above self-storage facility. This sale may be withdrawn at any time without notice. Certain terms and conditions apply. See manager for details. Published in the Crescenta Valley Weekly, September 29, October 6, 2022.

**NOTICE OF SELF STORAGE SALE**

Please take notice US Storage Centers - Montrose located at 3708 Clifton Place Montrose, CA 91020 intends to hold an auction to sell the goods stored by the following tenants at the storage facility. The sale will occur as an online auction via [www.storage-treasures.com](http://www.storage-treasures.com) on 10/20/2022 at 10:00AM. Unless stated otherwise the description of the contents are household goods and furnishings. Michael George Seifert; Derek Warren Thomsen; Craig Edward Anderson; Gorgen Galstyan. All property is being stored at the above self-storage facility. This sale may be withdrawn at any time without notice. Certain terms and conditions apply. See manager for details. Published in the Crescenta Valley Weekly, September 29, October 6, 2022.

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# CV WEEKLY IS ONLINE!

OKTOBERFEST from Cover

reach our goal for Oktoberfest," Aghadjanian said. "Oktoberfest funds will also be used to bring back our annual scholarship program, other community events (business ribbon cuttings, mixers, etc.) and operations (expanding our team to include marketing and social media staff to assist our business members)."

Montrose Oktoberfest begins at noon with a rousing German welcome at the Bavarian Stage at 12:10 p.m., followed by a singalong with live music by Fat Cat DJ. The German-American Brass Band will play from 5 p.m.-10 p.m. At the Main Stage, DJ Chloe will be announcing and welcoming patrons at 12:30 p.m. accompanied by Evolution Music Studio. Past Action Heroes will play from 8 p.m.-10 p.m.

Carnival rides will be provided by Candyland Amusements and feature such thrills as the Zipper, Gravitron, Sizzler, Ferris Wheel, Kite Flyer, Dizzy, Slide, Tidal Wave, Jeep and Bunge. Ride lines close at 9:30 p.m. to accommodate the event's close at 10 p.m.

Contests that patrons (and

pooches) can enter include the Lil Mister and Lil Miss Oktoberfest contest (2 p.m.-3 p.m.), best dressed Bavarian dog contest (3 p.m.-4 p.m.), stein holding contest (7 p.m.-7:45 p.m. for ages 21 and above), and Mr./Ms. Oktoberfest contest (8:45 p.m.-9 p.m. for age 18 and above). To register for the various contests, sign up in advance at the MVCC Oktoberfest website <https://oktoberfest.montrosechamber.org/activities/>.

Live music at Oktoberfest is always welcome. This year Past Action Heroes highlights the musical offerings that include Surge, The German-American Brass Band, The Mary Dyer Band and Honest Family Outlaws. Several dance performances will be included during the day including Bootscoot Bosses, Line Dance Crew, Dancin' Boss, RDC Dance Studio, The Vault Dance Studio and Clery Irish Dance. According to Aghadjanian, dance performers will be on the Market Stage, an additional stage set up on Market Way in lieu of the VIP lounge offered previously on the 2200 block of Honolulu Avenue.

A smorgasbord of Bavarian and other foods will be available for purchase at Oktoberfest including bratwursts, sauerkraut, potato salad, rye bread, turkey legs, hot dogs, pretzels, strudels, churros, gummy bears, soda, juice and water. German food will be provided by Schreiner's Fine Sausages. For patrons 21 and older, Oktoberfest beers and lagers will also be available for purchase.

Aghadjanian said, "Oktoberfest is free admission from noon-10 p.m. There will be several different stages with live music and dance performances throughout the fun family community event. The weather forecast is in the low 80s. Come by and support a great cause, our local businesses, and one of the biggest folk festivals in our area."

Oktoberfest is on the 2400 block of Honolulu Avenue on Saturday, Oct. 1.

For high school students who would like to volunteer at Oktoberfest for community service hours, email [mvcc@montrosechamber.org](mailto:mvcc@montrosechamber.org).

MSAR from page 3

grateful to the many people, like Steve Pierce, who helped us put this together. We weren't sure how many people would show up but we're delighted with the results."

The last big event – commemorating the team's 70th anniversary – was held five years ago at Newcomb's Ranch in Angeles National Forest; however, the pair said they might not wait another five years to host another celebration.

"Maybe we'll have another event next year," Sheedy said.

Team members pay for their own uniforms and equipment. For those who were not able to attend the celebration at CV Park but would like to support MSAR, visit [montrosesar.org](http://montrosesar.org) and click the Donate button. To send a check, make it payable to Montrose SAR and mail it to P.O. Box 404, Montrose, California 91020.

For a list of vendors and sponsors and for more photos, visit [www.cvweekly.com/NEWS](http://www.cvweekly.com/NEWS).

Photos by Robin GOLDSWORTHY, Mary O'KEEFE, Bob PRAUN and Charly SHELTON

CVWD from page 9

oceans where they have broad-ranging impacts on public health and the environment.

The most common cause of sewer overflows is blockages. Fats, oil and grease (known as FOG) and wipes, paper towels and similar products are the top two contributors to sewer overflows. Even wipes labeled "flushable" will clog pipes and interfere with sewage collection and treatment.

But what are other items that you should not flush down the toilet? Q-Tips, or cotton products, dental floss, hair and kitty litter are just some of the items that should not be flushed down the toilet. Some of these seemingly insignificant items are not meant to break down in water and can get stuck along the path to the treatment plant and allow a buildup of toilet paper and other items to occur reducing capacity in the system or your home causing sewer overflows.

One item that has the District has come across with increasing frequency lately is vape cartridges. Vape cartridges, empty or not, should not be flushed down the toilet. Not only do they have a blocking or clogging potential, especially in the high quantity that they are found around Crescenta Valley High School, cartridges having residual nicotine solution and pose a threat to the domestic environment, wildlife and pets. Please dispose of cartridges responsibly.



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