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OCTOBER 27, 2022

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VOL. 14, NO. 9

Council Votes Unanimously to Streamline Process for Designating Historic Districts

By Ruth SOWBY

At Tuesday's Glendale City Council meeting, the issue of the day was historic. Long grappling with the lengthy process to designate which Glendale districts may be considered "historic," councilmembers decided to revisit the issue.

The City's goal in creating historic districts is to help residents protect and enhance the appearance of neighborhoods that reflect aspects of history due to their architectural or cultural historic character. The designation process has included many public meetings and hearings where property owners and area residents can voice their opinions about a proposed district.

Councilmember Ara Najarian, longest serving member of the Council, reminded Council that it was in 2006 that historic districts were first created. Since then, the designation process has become increasingly complicated.

City Historic Planner Jay Platt presented a PowerPoint presentation on the steps that would be completed before homeowners decided whether they wanted or did not want their neighborhood deemed historic. Platt recommended the elimination of a third Historic Preservation Commission (HPC) meeting. The remaining two would be: 1) An HPC Community Forum Preliminary Review; 2) An HPC Review of Survey Recommendations to Council to Authorize Petition (for the historic designation).

As in the current plan, there would also be a door-to-door canvas by community members for signatures from property owners regarding their pro or con opinions on historic designation. Mayor Ardy Kasakhian suggested that those signatures be verified.

After Platt's presentation, Council time was devoted to

see GCC on page 8

Past, Present and Future of Water in the Crescenta Valley

By Charly SHELTON

During its tour, the CVWD reviewed the history of water in the Valley and shared some possible future insights.

The Crescenta Valley is shaped by water. In a physical sense by the erosion of the mountains by rain, in a cultural sense by the ever-present reminders and memorials of major floods from the 1930s and, more recently, in the 2010s after the Station Fire. In a more basic sense, the settlement here was established around multiple wells and natural springs that flow from the mountain. Water in Southern California is the most precious resource and one that is dwindling as we face the coming aridification of the West.

Last week, the Crescenta Valley Water District, in conjunction with the Historical Society of the



Crescenta Valley, led a tour of several of its reservoir sites and wells to talk about the past, present and future of water in the Crescenta Valley. Led by David Gould, director of Engineering and Operations for CVWD, the

tour consisted of multiple locations across CVWD's properties in the area, which are usually behind locked fences.

In looking to the past, guests were taken to Pickens Canyon to see a rock tunnel that was cut by

Photos by Charly SHELTON
 This 500-foot long hand-cut tunnel was dug around 1900 by local workers to access what was likely an existing spring. The bottom of the tunnel is laid with clay pipe to allow the water to flow out and be collected by CVWD.

see WATER TOUR on page 6

It's Time to Go to the Polls Again – Every Vote Counts

By Mary O'Keefe

Elections remind us not only of the rights but the responsibilities of citizenship in a democracy.
 ~ Robert Kennedy

It may have seemed like it would never arrive but Election Day is only 12 days away; however, early voting in Los Angeles County has already begun. The LA County Registrar-Recorder/County Clerk's office on Oct. 6 began mailing Vote-by-Mail ballots for the 2022 General Election to all registered voters.

There are multiple easy return options available for voters' Vote-by-Mail ballots. Ballots can be returned by USPS mail (no postage required), voters can use any of the

see ELECTION on page 5



Voters can use any of the 4,000 ballot drop boxes located across LA County or ballots can be dropped off at any Vote Center beginning Oct. 29.

Photo by Robin GOLDSWORTHY



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» FROM THE DESK OF THE PUBLISHER



Finally Here

Since I was a kid I have been a lover of Halloween and all things scary. Back in the day I would decorate my house on Rincon in Sun Valley with dry ice from Conwin Carbonics to create eerie smoke effects and hang plastic spiders from cheesecloth webs.

Despite the lingering residue of the pandemic, it's exciting to see so many events being held this weekend in celebration of All Hallow's Eve. On Friday and Saturday night, the Dad's Club at 1728 Cañada Blvd. is hosting the Curse of the Pirate King, a make-believe watery underworld that ticket holders can experience ending with a Candy Arcade ... and more! To get tickets, visit Eventbrite.com.

Also going on this weekend is the first ever Trunk-or-Treat event hosted by the CV Sheriff's Station at 4554 Briggs Ave. On Saturday night beginning at 5:30 p.m., little ghouls and goblins are invited to dress up in their Halloween finery then head to the station for their Halloween journey. Of course there will be plenty of candy at this free event and the night promises a fun time. For the older kids, a nod to previous Haunted Jail events will be found.

On Halloween night there are two super events. Trick-or-treaters can head to the "granddaddy event of them all" - the Montrose Spooktacular. Thousands of people - costumed and not - will be found on Honolulu Avenue with plenty of candy treats ready for the kids.

Also in Montrose on Halloween night is the Church of Scientology Mission of the Foothills kid-friendly haunted house maze experience.

This free event is only on Halloween night, Oct. 31, and is from 5 p.m. to 8:30 p.m. at 2254 Honolulu Ave. in Montrose.

The king of scare can also be found only on Halloween night at 413 Whiting Woods Lane when David Krohn and his "cronies" (get it?) pull out all the stops for their insect-driven haunted house. David and his co-creators have been building a scary Halloween night experience for more than two decades, dating back to when he and his family lived on Vista Court in La Crescenta. (Longtime residents might remember Nightmare on Vista Court.)

Finally, I highly recommend taking the time to visit the many houses that are part of the Fun and Frights in the Foothills self-driving tour. Created by Crescenta Valley Weekly it is sponsored by local businesses, and provides addresses of some of the best Halloween displays in the area. This year (with a few exceptions) participants will have decorations up from Oct. 28 - Oct. 31 to give the community plenty of time to check out the creative spirit of neighbors.

See page 17 for the list of addresses. And in this paper are other Halloween activities! Keep your eyes open. And Happy Halloween!

Robin Goldsworthy is the publisher of the Crescenta Valley Weekly. She can be reached at robin@cvweekly.com or by calling (818) 248-2740.

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Weather Watch

By Mary O'KEEFE

Taking A Look Outside Our Window

This week photos from the Small World Photomicrography Competition were released and to say they are terrifying is an understatement. It took me a long time to look at a fly without seeing Jeff Goldblum or Vincent Price's face, and "Them" had me worried that someday nuclear waste-eating ants could be at my door; however, it turns out reality is so much more worrisome.

The photo that I think brings home the fact that alien monsters are among us is the closeup of an ant taken by Dr. Eugeijus Kavailaukas (below) as part of the competition. Yep - not only are those little ants that seem to be everywhere and are crawling all over you and your food, they also look like something from a fantasy/sci-fi movie.

Insects and weather have gone hand-in-hand forever. Insects love warm weather, which is something we should all remember as the planet continues to grow warmer due to climate change.

"Insects assume an internal body temperature similar to their environment, leaving them vulnerable to harsh winter weather and fluctuating temperatures. Most insects do not develop or function at temperatures below 50°F, but they do not typically freeze until temperatures are well below -4°F during overwintering," according to Iowa State University.

This means that as we get warmer, more insects will survive.

Another interesting (and creepy) recent article from Nature Talks and Walks spoke about the beauty of fallen autumn leaves and the apparent increase in spider webs during the fall. The

article states the spiders we see crawling around our homes during the fall are males looking for a mate. The female spiders have already established their spider webs in the warmth of a home and are just waiting for the males to show up so they can get cozy. Later, thousands of baby spiders will fill every corner of your house. Yep, these are what nightmares are made of - and you can bet none of these will be the wise cracking Peter Parker.

Weather and insects have a long history in folklore. According to the Almanac, if we observe ants, bees, hornets, crickets and other insects their activity will tell us whether the weather will be cold, warm, windy or fair.

Some of the folklore includes: "See how high the hornet's nest, 'twill tell how high the snow will rest." Others include if anthills are high in July, the coming winter will be hard. When cicadas are heard, dry weather will follow, and frost will come in six weeks. "If ants their walls do frequently build, rain will from the clouds be spilled." "When bees to distance wing their flight,



see WEATHER on page 8

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NEWS

IN BRIEF

CVCA MEETS TONIGHT

Crescenta Valley Community Association will have its monthly meeting tonight, Thursday, Oct. 27 at 7 p.m. via Zoom. Included on the agenda is an update on the proposed project at 3411-3437 Foothill Boulevard (at the northwest corner of New York Avenue).

Contact the CVCA at crescentavallecommunityassn@gmail.com with any questions.

MOVIE NIGHT PLANNED, TRICK-OR-TREAT VILLAGE AVAILABLE

Noche Latina in the Parke, a free movie night at Crescenta Valley Park, is Saturday, Oct. 29. This event includes the screening of "The Legend of Zorro" at 7:15 p.m. but at 6 p.m. free tacos and donuts will be available to the first 100 people.

The movie will be shown at the large field behind the main office at CV Park. Bring a picnic dinner, chairs, blankets and jackets!

Also on Saturday, Oct. 29 a Trick-or-Treat Village will be at CV Park from 11 a.m. to 2 p.m. The event includes carnival games, pumpkin carving, music and candy! Free to attend.

CV Park, 3901 Dunsmore Ave., La Crescenta

ALL WELCOME AT CAR RALLY

A car rally is being held on Saturday, Oct. 29 from 9 a.m. to 1(ish) p.m. (following lunch)!

This scenic and curvy excursion across Los Angeles culminates at a historical luncheon site. Bring a navigator to find the clues along the way. "Unbelievable" prizes will be awarded!

Participants will meet at the Elks Lodge, 120 E. Colorado St. in Glendale at 9 a.m. sharp for instructions, quizzes, shirts and car inspection. A release waiver will need to be signed. Be sure to have a full tank of gas!

The cost is \$35 per car (includes two Rally* shirts – be sure to include sizes when RSVPing.) No host lunch at an infamous location!

RSVP to Susie Dell at Lsdell66@gmail.com. Indicate the following the email: names/number of participants so a lunch count can be provided; shirt sizes (two included in Rally fee of \$35); form of payment – checks payable to Glendale Kiwanis Foundation, cash and evoice CC payments accepted.

APPLICATIONS ACCEPTED FOR TOY DISTRIBUTION

The Salvation Army – Glendale/Burbank is accepting applications on Friday, Nov. 4 and Saturday, Nov. 5 from 9 a.m. to 2 p.m. for people wanting to apply for Christmas toys for their children ages 0-11. Applicants need to bring photo ID of parents in the household, kids' birth certificate/s or school records and proof of address (a utility bill, for example). Toys will be distributed to children on Wednesday, Dec. 21 at the Salvation Army facility, 320 W. Windsor Road in Glendale.

Questions? Contact Captain Natalia at (818) 246-5586.

GLENDALE COMPOSTING EVENT

The City is hosting its second free compost giveaway on Nov. 5 from 8 a.m. to noon. Bring a sturdy container, shovel and gloves for this self-serve event. Questions? Email recycle@glendaleca.gov.

The compost pickup is at Parking Lot 30, 1255 N. Verdugo Road in Glendale, located near Glendale Community College and south of Mountain Street.

NWGHA HOSTING SHREDDING EVENT

The Northwest Glendale Homeowners Association is hosting its annual Shredding Day on Saturday, Nov. 5 from 9 a.m. to noon in the parking lot behind Grandview Presbyterian Church, 1130 Ruberta Ave., between Glenoaks and Fifth Street.

Confidential papers and documents will be destroyed by a professional shredding truck. NWGHA members get three boxes free and then it is \$7 per box. Non-members pay \$7 per box.

Democratic Club Extends Helping Hand to Afghanistan



By Mary O'KEEFE



Photos provided by Cañada Crescenta Democratic Club
LEFT: Refugee Task Force member Suzanne Goldberg reads to the young daughter well before she knew any English. Goldberg has become their substitute grandma.
RIGHT: Volunteers brought furniture, many rugs (as is the custom the family sits on the floor to eat), and for the girls a special kid-sized table.

It's been a busy election year for members of the Cañada Crescenta Democratic Club. First up was the primary election in March and now the upcoming November general election. Club members have been sending out postcards and manning telephones, getting the facts out about Democrat candidates – not just in California but throughout the country. But in the middle of it all Club members have taken the time to welcome and support refugees from Afghanistan.

Club President Susan Mastrodemos, Vice President Suzanne Goldberg and Members Joanne McBirney, Dona Mitoma and Bonnie Finn met with CVW one afternoon to share the story of refugee families who have found their way from Afghanistan to Glendale and created new American lives.

Six members of the Club were part of the Refugee Task Force steering committee that was founded by Finn. They wanted to help those who were coming to California from Afghanistan. They began their philanthropic outreach in August 2021 when they first heard about the U.S. evacuation from Afghanistan and the arrival of refugees into the U.S. They partnered with the Unitarian Universalist Church in Glendale whose congregation helped raise funds and store donated items.

The first thing the members did was to contact organizations that worked with immigration.

"It was quite difficult to get an agency on the phone," Finn said. "So many people were wanting to help and there were so many refugees. It was quite astonishing."

They finally got connected with the Glendale office of the International Institute of Los Angeles (IILA).

"We reached out to IILA and they said they would like us to sponsor a couple of families," Goldberg said. "We have the people, we have the means and we could do it."

The organization was happy to get the Club's support and told members they needed to find an apartment for the family.

"They said, 'When you find an apartment let us know and we will give you a family [to support],'" Goldberg said.

Finn began her hunt for housing. She drove around for hours and made a lot of phone calls, Mastrodemos said.

The problem Finn had was finding a landlord who would take refugee tenants. Because these families were coming from a country in turmoil they didn't have a credit history.

As Club members continued to search, in December 2021 they received a call from the IILA telling them they had a family for them.

"We said we didn't have an apartment yet and they said, 'We have,'" Goldberg said.

The members said they were ready to receive the family; they were to pick them up at LAX the following week.

"We asked if we could see the apartment [IILA had for them]. They said, 'Yes – how about tomorrow?'" Goldberg said. "So Susan and I went to see the apartment."

It was, of course, empty and as they were figuring out what furnishings would be needed they heard a knock at the door downstairs – it was the family. A woman, an apparent caseworker, was with them.

"I asked, 'Who are these people?' And she said, 'This is your family.' We said we weren't expecting them until the next week and she said, '[Well] this is your family,'" Goldberg said.

It was a husband, wife and two children. The husband had been an interpreter in Afghanistan so he could speak

English well; his wife and kids did not know any English though, Mitoma said.

The family had been staying in Monrovia with residents who volunteered to house them until a place of their own could be found; however, the residents had to leave so the family had to move into their own apartment earlier than planned.

"We had [about] 16 hours to prepare the apartment for them," Mitoma said.

The Club members got to work and contacted the UU Church of Verdugo Hills and told them they were ready to go. They were able to, in a very short time, furnish the apartment and stock the food pantry and refrigerator. Once they explained what they were doing they found many people willing to help including Mattress Depot in Verdugo City on Honolulu Avenue.

"They gave us a really good deal," Goldberg said. "The family was very grateful. The day they arrived, they came up to the apartment and we showed them where everything was."

The family was overwhelmed. As the Club members left the wife came downstairs and hugged them.

The members are still helping the family, including working with state and local agencies like Medi-Cal. This is where they have spent

see AFKHANDISTAN on page 8

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Verdugo Hills Council Strikes Gold with its 47th Annual Big Strike Auction



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By Ruth SOWBY

Friday's Big Strike Auction attracted dozens of supporters who generously bought high-end live auction items and lavish silent auction treats. With the addition of a pricey dinner fee, the Council added thousands of dollars to its coffers – all to benefit hundreds of Scouts, both boys and girls. To date, an estimated \$1.8 million has been raised to support Scouting programs in the Verdugo Hills Council.

Council President Peter Ciulla welcomed his audience at Pasadena's University Club and announced this year's theme, "Gather Around the Campfire."

"The theme is fitting for Scouting as an embodiment of the fun and fellowship Scouts experience, as well as our interaction with the

natural world," said Ciulla.

Befitting the theme, several Scouts roasted marshmallows and added chocolate and graham crackers for that campfire favorite, s'mores.

Parents and friends danced to the music of Dave Stuckey & the Hot House Gang. Scouts posted the colors just before dinner was served. The last silent auction bids, posted on cellphones, were placed just before auction closing.

A favorite was a Merle Norman of Montrose makeup basket eyed by Kellie Bertain. Her husband, Richard Bertain, was a program sponsor. Another popular item was the opportunity to have lunch with newly voted Glendale school board member Ingrid Gunnell.

Alive auction, bringing in the big bucks, ended the evening. With auctioneer Shotgun Tom Kelly leading the charge, vacation getaways opened

the bidding. Executive board member Bruce Hinckley and wife Debbie donated several days at their luxurious Big Bear vacation home. It went for \$1,600 to the lucky bidder.

For their hard work behind the scenes, kudos go to Scout Executive Andrew Sisolak, Assistant Scout Executive Amy Taylor and District Executive Brandon Mejia.

Photos by Ruth SOWBY

TOP LEFT: At Friday's Big Strike Auction, Kellie Bertain had her eye on the Merle Norman of Montrose makeup basket.

TOP RIGHT: Verdugo Hills Council Executive Board member Bruce Hinckley and wife Debbie show off a picture of the auction item they bid on—Lunch with Glendale Mayor Ardy Kassakhian.

LEFT: Scouts Peter James and Thomas Avellano toast marshmallows around the campfire at the Verdugo Hills Council Big Strike Auction.

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USCIS Lands at American Heroes Air Show to Welcome Aboard new American Citizens

The admission free American Heroes Air Show on Saturday, Nov. 12 from 9 a.m. to 4 p.m. will take place at Hansen Dam Recreation Center. Plans are being finalized for U.S. Citizenship & Immigration Services (USCIS) to swear in candidates for U.S. citizenship and present their citizenship certificates as attending family members cheer on this significant accomplishment that will commence at 11 a.m.

Steve Goldsworthy, volunteer event director, is at work with his team on final event details.

“We’re proud to have USCIS partner with us once again for this very special event element when the American Heroes Air Show lands at the Hansen Dam Recreation Center,” Goldsworthy said. “It’s our honor to recognize our newest U.S. citizens and welcome their attending families to this special ceremony – just one part of this diverse community event where we recognize our heroes in law enforcement, fire/EMS, national defense and homeland security.”

The USCIS office in Los Angeles has partnered with the American Heroes Air Show volunteer team over a number of years. This special ceremony honors the citizenship candidates who have – through their hard work and dedication – completed the citizenship process and will affirm this final hurdle to becoming a U.S. citizen.

“Given the exciting theme of the Heroes event it’s a great opportunity to bring this educational ceremony to the community,” added Goldsworthy. “Not many people get to witness a formal citizenship ceremony and it provides a compelling real-life civics lesson as well as a memorable way for the community to understand the sometimes-complex citizenship process.”

The keynote speaker for the ceremony is a naturalized U.S. citizen who will profile his journey to America and his career with the Los Angeles County Sheriff’s Dept. and continuing law enforcement partnership with the U.S. Dept. of Justice.

Dean Schofield will open the citizenship ceremony with his emotional rendition of the national anthem rendered in front a striking backdrop of emergency fire/EMS vehicles provided by the

Los Angeles County Fire Dept.

Since it’s first event in 1993, the American Heroes Air Show has grown into the nation’s premier admission free, helicopter-only aviation experience dedicated to educating the public about dynamic careers in public safety and the unique capabilities of helicopters in community service, homeland defense and national security. The community is also welcome to the CODE3 Career & Recruiting Expo where recruiting teams from law enforcement, government services and the military will be on-hand to provide information on their hiring, training and application processes.

The Heroes event also offers emergency preparedness information, presentations by local dignitaries along with exciting flight demonstrations, helicopter rides and public service themed educational activities for the entire family.

Hansen Dam Recreation Center, 11480 Foothill Blvd. in Lake View Terrace.



ELECTION from Cover

4,000 ballot drop boxes located across LA County or ballots can be dropped off at any Vote Center beginning Oct. 29. Voting can be done in-person as well at local voting centers.

To find Ballot Drop Boxes visit <https://tinyurl.com/mwhjy6zy> or to find a Vote Center visit <https://tinyurl.com/5ydvz9c> or call the County Registrar at (800) 815-2666, Ext. 2.

This year some voters may find some surprises on their ballot due to redistricting. For some voters, the names of incumbent representatives running for office will be familiar; for others, there will be some new names on their ballot.

The U.S. Constitution requires a federal census every 10 years. California and many other states use this data to redraw the congressional, state senate, state assembly and State Board of Equalization districts based

on population changes. The new district lines are drawn by the California Citizens Redistricting Commission.

Starting with Congressional districts, for the last 10 years those in Glendale, Montrose [the far north Glendale section], Burbank and La Crescenta/Montrose [unincorporated area of LA County] had been part of the 28th District before redistricting. Now, after redistricting lines have been drawn, the unincorporated area of LA County La Crescenta/Montrose, La Cañada Flintridge and Sunland-Tujunga are part of the 28th Congressional District while Burbank/Glendale/Montrose are part of 30th Congressional District.

Incumbent Adam Schiff and candidate Maebe “A” Girl are in Congressional District 30.

You can read more at CVWeekly.com/NEWS

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WATER TOUR from COVER

hand 500 feet into the mountainside more than 100 years ago. This tunnel leads to a natural spring deep within the rock that is a source of approximately 30,000 gallons of water each day for the CVWD. The water is retrieved from the spring and held in the on-site reservoir tank for distribution to local homes. One home in particular has grandfathered-in rights to the spring and owns 1/12th of the water rights from it so their water is taken directly from the spring and stored in a privately-owned tank for personal use.

For the present, Gould detailed all of the protections put in place to keep the water flowing in case of a natural disaster. These include rubber joints on pipes that flex with an earthquake and seismic sensors on reservoir tanks for shutting off flow in the event of shaking.

And beyond natural disasters, the modern conveniences of computer monitoring from the office or from home make it quick and easy to check on water flow levels, cleanliness standards and more. Back in the 1930s, right after the Glenwood Well was drilled at the site of a lake, the operators needed to live on-site to work the machinery and monitor it around the clock. When the larger facility was built in 1972, the houses of the workers were removed to accommodate the facility and, gradually, the off-site monitoring equipment was installed.

Looking to the future, Gould detailed a new project in the works at Crescenta Valley Park. In the Verdugo Wash, an estimated 500 acre feet of water flows through on low-flow days when there is a drizzle, fog or light rain. The suggested project

will see inflatable dams installed inside the wash which, during low-flow days, will expand to catch and divert the flow into an infiltration gallery beneath Crescenta Valley Park's play area and baseball field. This will help to recapture the water into the groundwater basin rather than sending it out through the drains to the ocean. Then, during storms or other high-flow events that have more water than can be absorbed by the gallery, the dams will be deflated to allow the excess water to drain off and keep the flood risk low. Above the infiltration gallery, on the surface of the project area once it is completed, Gould suggests a native garden in the empty spaces around the play area, as well as turning the lower part of Dunsmore Avenue into a green street to allow the rain to seep through the pavement and be recaptured. This project

has been in the works for the last 10 years, and the District is currently seeking the proper funding sources for this \$4 million project.

"However," Gould said, "what we're trying to find are partners. The park is owned by LA County Parks and Rec. The streets are owned by the City of Glendale. So we're trying to work with them and partner them together. And the City of Los Angeles says [it has] rights to all of this water. So right now those are three things that are going on within the park that we're trying to battle. It's going a little slower than I'd like it to go, but we're trying to get it going anyway. This would be a perfect area."

A recording of this CVWD/HSCV has been made and will soon be available on the CVWD website for any interested residents to view.

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Flu and Colds Beginning Early this Year

By Mary O'KEEFE

There have been a number of reports of a triple threat to the health of children recently: RSV, flu and COVID.

RSV—respiratory syncytial virus—is a respiratory virus that usually causes mild, cold-like symptoms in adults but can be serious for infants and toddlers.

"There is everything," said Dr. John Rodarte, a pediatrician, of what he is seeing in his La Cañada Flintridge office. He added his office is seeing patients with colds, influenza A and strep throat but not as much COVID-19.

The spread of RSV seems to be affecting children in record numbers on the East Coast and, though it hasn't hit here yet, Rodarte added, it will come to the West Coast.

Normally these viruses spread in the winter months but this year they appear to be spreading earlier. That

may be due to the two-and-a-half year gap of children not attending school and wearing facemasks.

"That's two and a half years of waiting [for viruses] to be passed around," Rodarte said. "It's not a surprise to me; the illnesses are not out of the ordinary."

What Rodarte is seeing in the last two weeks though is an increased number of cases of influenza A. He said children who are old enough to get the flu vaccine should get it even if they have already had the flu. There are more active flu types so protection is important.

"If they haven't gotten [the flu vaccine] go get it. Don't wait," he said.

Flu symptoms include a fever of 103 degrees and body aches.

RSV is another virus that is getting attention by pediatricians on the East Coast.

RSV for most people and older children is like a cold but in infants

and toddlers it can be serious.

"The main thing [to look for in RSV] is breathing, not the sound of the cough or even a necessarily high fever but [a heaving chest]," he said.

RSV in infants can cause bronchiolitis, inflammation of the small airways in the lungs, and pneumonia, according to Centers for Disease Control and Prevention [CDC].

Rodarte said there is nothing new about these viruses that are being talked about. People may be pandemic weary and, with kids at home for over two years, have forgotten the regular illnesses that come from sitting in a classroom.

As always, any parent who is concerned about their child's health should contact their pediatrician and get the flu vaccine. And since most are used to wearing a face covering, put it back on to further protect from the flu and colds.

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CRIME BLOTTER

Oct. 21

13000 block of Descanso Drive in La Cañada Flintridge, deputies responded regarding the activation of a burglar alarm. Deputies found several areas had been ransacked and a bathroom window had been shattered. Nothing was reported stolen at the time.

The residential burglary occurred between 3 p.m. and 8:43 p.m.

Oct. 18

2300 block of Montrose Avenue in Montrose, a witness reported that as he was sitting in his parked vehicle across the street from the location he saw a white V8 Dodge Charger with a black spoiler and black stripe on the hood stopped across the street from him. He said that four men, described as Hispanic, all dressed in dark clothing with bandanas covering their faces, exited the vehicle. One

suspect, according to the report, pulled out a car jack and placed it on the ground under a Toyota Prius. The witness then heard a loud grinding noise. He exited his vehicle and confronted the suspects. The suspects yelled at the witness and the suspect that was sitting in the Charger brandished a black semi-automatic handgun and pointed it towards the ground. The witness immediately went back to his vehicle and called 9-1-1. The suspects then left the area. The catalytic converter on the Prius had been damaged.

The incident occurred at 1:30 a.m.

700 block of Foothill Boulevard in La Cañada Flintridge, the glass on a door of a business was shattered. Nothing appeared to be stolen from the interior of the store.

The burglary occurred overnight.

2800 block of Foothill Boulevard in La Crescenta, a driver parked his vehicle and left it at the location overnight. The next morning he found his vehicle was unlocked, the steering column had been damaged, the ignition was punched and the interior had been ransacked.

The incident occurred overnight.

Oct. 17

2300 block of Montrose Avenue in Montrose, a catalytic converter was stolen from a vehicle between 4 p.m. on Oct. 17 and 4 p.m. on Oct. 18.

2300 block of Montrose Avenue in Montrose, the catalytic converter was stolen from a vehicle between Oct. 17 and Oct. 19.

Grant Supports Behavioral Health

By Mary O'KEEFE

USC Verdugo Hills Hospital (USC-VHH) received a grant from the California Dept. of Health Care Services and CA Bridge to support a behavioral health pilot project in its Emergency Department (ED).

This means that when someone comes into the USC-VHH ED with a drug emergency there is a cohesive plan to not only take care of the patient but to follow-up with support that will hopefully protect the patient from returning to the hospital due to another drug issue.

"According to the Centers for Disease Control and Prevention the number of drug overdoses is continuing to rise. Over 70% of 70,000 deaths in 2019 involved opioids," said Dr. Tarina Kang, chief medical officer with USC-VHH.

According to the CDC, in 2020 there were 91,799 drug overdose deaths in the U.S. Opioids were involved in 68,630 of those overdose deaths equaling 74.8% of all drug overdose deaths.

In 2018, the organization CA Bridge started to expand access to medication for addiction through Emergency Departments using them as critical access points, Kang said. The organization provided statewide grants for hospitals to help with intervention in EDs.

According to CA Bridge, the organization provides training, technical assistance and coaching so that hospitals may take on a critical role in

solving the overdose crisis.

Kisti Keratisomphon has been with USC-VHH since January in the position of substance use navigator, behavioral counselor through this program.

Care Coordinator Keratisomphon is trained at USC-VHH to respond to patients who come into the ED with drug issues. She will work with the patient, and at times family members, to improve treatment including conducting initial interviews with patients and help create a pathway for their future.

"She has led efforts [at USC-VHH] and is shifting the mind [perception] and culture in treatment," Kang said.

Many times patients who are suffering from an overdose come into the ED and are seen by doctors responding to the immediate health issue. They are then either released when they are healthy enough to leave or are

see USC-VHH on page 8

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Assemblymember Friedman Honors Descanso Gardens

On Thursday, Oct. 13 Assemblymember Laura Friedman honored Descanso Gardens as Non-Profit of the Year in Assembly District 43. The organization was presented with a resolution and all staffers – a total of 68 employees – and 22 Descanso Gardens Guild board of trustees members received a certificate of recognition from the Assemblymember.

“During the COVID-19 pandemic, these grounds were such a respite for my family. It was one of the only places that my daughter could just stretch out, run around and feel safe,” said Assemblymember Friedman. “Descanso Gardens has brought so much comfort during trying times. This recognition is very personal to me, and I know the experience has been similar for so

many other families in the district. Thank you to the Descanso Gardens Guild, Juliann Rook, Donald Voss and everyone who helps makes this place great.”

“Great towns have great parks. Unfortunately, in La Cañada, as a city, we are park-poor. However, because Descanso Gardens is a county park facility, we are park rich,” said La Cañada Flintridge Mayor

Keith Eich as he also presented a certificate to Descanso Gardens from the city. “And this place is a fantastic resource for not just our community but all the surrounding communities.”

“This is a county park, a county facility, a public space that is operated on behalf of the

county by the Descanso Gardens Guild. I have to say that the breadth and the scope of the county’s parks service is pretty expansive,” said Hugo Maldonado, Regional Operations manager of LA County Parks and Recreation. “I myself manage 30 swimming pool facilities; I oversee the four botanical gardens, eight nature centers and several other large regional parks within the County of Los Angeles. The point I’m trying to make is that the facility that I have to worry the least about is Descanso Gardens. And the reason is the Guild and Juliann have done such an outstanding job of managing this facility throughout the years.”

Descanso Gardens is a first-

rate sanctuary where people can experience both the flora that is key to local ecosystems and notable species from all over the world. Partnering with local schools, Descanso honors the land and its history, fosters a love for nature for the next generation. The community has shown that it cherishes the educational and recreational opportunities provided at the Gardens.

“We are so honored to be chosen by Assemblymember Friedman’s office,” said Juliann Rooke, executive director of Descanso Gardens. “We are proud to be part of such an impressive group of organizations working to make a difference in the community.”



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Update

CV Weekly was prepared to present opinions of those who oppose or have concerns about the biogas project but did not get the needed information by press time.

USC-VHH from page 7

placed on a psychiatric hold if there is evidence they are a danger to themselves. With the new program, and coordinator, there will be more of a follow-up that includes treatment including medications for addiction like buprenorphine that is used in opioid addiction.

“This journey supports USC-VHH expanding its behavioral health,” Kang said. “People who

come to the ED with substance use disorder need the same empathy and understanding as [people with other medical issues].”

Keratisomphon’s job is to act as a liaison among addiction clinics, other medical personnel and the patient.

“Coming to the ED is step one. Step two is creating a longevity toward sobriety,” she said.

GCC from COVER

public comments made in person and via phone. Most of the comments supported the preservation of historic districts and the streamlined process for petitioners.

Before a Council vote was taken Mayor Kassakhian stressed, “We should retain the identity

of a neighborhood with character.”

A motion was made and seconded to approve the recommendations related to streamlining the historic designation process. All five councilmembers approved.

WEATHER from page 2

days are warm and skies are bright; But when their flight ends near their home, stormy weather is sure to come.”

And then there is the cricket as a thermometer. “Crickets are cold-blooded and take on the temperature of their surroundings. Back in 1897, a scientist named Amos Dolbear published an article, ‘The Cricket as a Thermometer.’ The formula expressed in that article became known as Dolbear’s Law. It’s surprisingly simple: To convert cricket chirps to degrees Fahrenheit just count the number of chirps in 14 seconds, then add 40 to get the temperature. The number you get will be an approximation of the outside temperature,” according to the Almanac.

I don’t know about anyone else but when I hear the chirp of a cricket I spend way too much time searching for the source to actually count the chirps. I search and search but never seem to find them ... until I put my foot in my shoe and there is the little chirping meteorologist.

I haven’t checked with the spiders, ants or crickets because ... eeww creepy; but, according to the National Oceanic Atmospheric Administration, we will be seeing nice cool days in the 70s and cooler evenings with lows in the 50s. We should see some winds on Friday with gusts up to 15 mph. There is no rain in the forecast but Monday and Tuesday will have patchy fog, so rain will be adjacent ... sort of.

AFKHANISTAN from page 3

most of their time, calling agencies and trying to get everything, from CalFresh so they can start getting help with food to the Social Security office. They spent hours just trying to get to the right agency then spent more time waiting on the phone to speak to someone who could help.

The members did say that once they reached someone on the phone the representatives were always kind and helpful. In fact, they spoke of one person from the state’s CalFresh program who worked hard to make sure the family’s paperwork went through prior to the holidays so they would be able to purchase food.

The agencies’ resources have been stretched thin because so many refugees have relocated to the U.S.

Mastrodemos pointed out that the Club committee members are from the world of business and have worked with very complicated agencies in the past; however, even they were having issues with the process. They couldn’t imagine how difficult it must be for immigrants who come to this country without support.

The family has been doing well and the Club members are now helping more Afghan refugees. Not only are they continuing to get donations and

fighting agency red tape but Mitoma was also able to get the refugees jobs and has helped the children of the first family get settled in public school. Adults in the second family are being helped signing up and attending Glendale Community College.

The Club continues to help these families and continues to support the Afghanistan refugees.

The Cañada Crescenta Democratic Club has an account through Act Blue to receive and disburse monetary donations for the Afghan families that they are supporting. Go to <https://secure.actblue.com/donate/ccdrefugee> to make a donation. Please note that donations here are not tax-deductible.

For those who prefer to claim a tax deduction, the Congregational Church of La Cañada has a portal on its website for accepting donations that will go to the Afghan families’ welfare. Go to lacanadachurch.org.

The Cañada Crescenta Democratic Club was chartered in 2005 by the Los Angeles County Democratic Party. The Club was originally known as the La Cañada Flintridge Democratic Club but the name was changed in 2008 to reflect the growing number of areas served. These areas are Sunland-Tujunga, La Crescenta, La Cañada Flintridge, Altadena, Shadow Hills, Montrose and Pasadena.



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VIEWPOINTS

TREASURES OF THE VALLEY » MIKE LAWLER

The Tragic Sinking of the Good Ship SS La Crescenta

Besides being a fan of local history, I'm also a maritime history buff. In this column we turn away from local history to look at an anomaly, that anomaly being the sad fate of an English oil tanker, incongruously named "La Crescenta."

The SS La Crescenta was built in 1922 at the Haverton Hill shipyard in the north of England. She was owned by the Crescent Navigation Company and, I suppose, thus the name. As we know, our La Crescenta's founder Benjamin Briggs made up the name, adding a "La" and an "a" to make "crescent" sound Spanish. Perhaps the Crescent Navigation Company made the same leap of linguistics as it's unlikely the town of La Crescenta was known in England.

The SS La Crescenta was a big oil tanker, 400 feet long and

53 feet wide, powered by a steam engine. She had the classic look of an oil tanker of that era: a high bow followed by an area of low freeboard fore and aft where the oil tanks were loaded. In the very center of the ship was a high deckhouse containing the crew quarters and the navigation bridge.

The ship exhibited some instability in heavy weather right from the start. In 1925 in a moderate gale she took on water in the lower center section of the ship and, in the same conditions in 1930, the engine room was flooded and deck fittings carried away. She was described as "slow to rise" when waves came over the bow.

In 1934, she left Los Angeles Harbor and docked at the Union Oil docks at Port San Luis (today's Avila Beach above Santa Barbara) to take on a load of fuel oil for

Japan.

The ship was being stressed by the economics of the time. Her normal crew count of 41 had been reduced to 29 and she was being regularly overloaded. The captain was aware of the danger and had written to his wife that he would not allow overloading for fear of his life. But a letter from the company spelled out in no uncertain terms that he was to overload this cargo of oil or face dismissal, so the captain did as he was told.

The SS La Crescenta left port in November 1934 heavily overloaded and dangerously low in the water. On Dec. 5 she was mid-Pacific in big swells. A nearby ship exchanged radio greetings with her in the morning, but calling back that night got no response. The SS La Crescenta never arrived at Japan. One month later a ship passing through the ship's last

known position reported a two-mile wide oil slick, but no debris.

It's assumed that the heavily loaded ship buried her bow into the face of one of those swells. Being too heavy, she simply kept going down. It would have happened in an instant with no chance for the 29 crewmembers to get out the latched doors. She would have continued nose down and probably fully intact until she hit the bottom. As she headed down, the pressure outside the cabins would have built until the bulkheads collapsed, instantly killing the terrified men inside.

A court of inquiry laid the blame squarely on the shipping company for overloading, but company officials gave the usual "I don't recall" excuses. As often happens, they were simply fined the court costs and a small payment to the 29 families. Today the ship

La Crescenta and its crew lie undiscovered thousands of feet below the Pacific.

But there is another ship seemingly named for a CV location. The USS Montrose (APA-212) was an attack transport built in 1944, named for Montrose County, Colorado. It unloaded troops in landing craft at the battle for Okinawa and participated in the Korean and Vietnam wars. It was scrapped in 1970 and Montrose, Colorado has a memorial for the ship. Nonetheless, in the 1960s when the Montrose was ported in Long Beach, crewmembers visited students at Montrose Elementary to celebrate their faux namesake.

Two ships seemingly, but not really, named for our local towns.

Mike Lawler is the former president of the Historical Society of the Crescenta Valley and loves local history. Reach him at lawlerdad@yahoo.com.

NEWS FROM WASHINGTON » REP. ADAM SCHIFF

We Must Protect Social Security and Medicare

Ever since supply chain problems drove prices higher around the world, I have worked hard to blunt the effects of inflation on the middle class and the most vulnerable among us – especially those on fixed incomes, like seniors and people living with disabilities.

Most notably, in Congress we have worked to slash the costs for prescription drugs through the Inflation Reduction Act, ensuring millions will never have to pay more than \$2,000 a year in out-of-pocket costs or more than \$35 a month on insulin. We've also passed legislation to allow the government to negotiate drug prices down for the first time. Other legislation will lower people's costs at the gas pump, the grocery checkout, on people's energy bills,

their taxes and more.

But right now, all of this progress is in jeopardy. Because Republican leadership in Congress, out of touch with the public, is actively threatening to play politics with seniors' incomes, the health of our economy, and much more if they take control in January.

Already they are pledging to repeal those hard-won efforts to lower prescription drug costs. And after years of talking about cutting Social Security, they're looking to finally make good on those threats – 158 House Republicans have endorsed a plan to privatize the program, raise the retirement age to 70 and end Medicare as we know it.

Even worse, last week Minority Leader Kevin McCarthy said

Republicans would leverage economic disaster to get it all done – threatening to withhold votes to raise the debt ceiling in order to achieve drastic cuts to both Social Security and Medicare.

Playing fast and loose with the full faith and credit of the United States is no trivial matter. Not raising the debt ceiling could lead us to a default that would cost millions of people their life savings, retirements and livelihoods.

McCarthy claims they would do all of this in the name of "fiscal responsibility" and that Democratic efforts to raise the debt ceiling are an excuse to spend more money on "wasteful" programs. In reality, it's the Inflation Reduction Act that's

see SCHIFF on page 19

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YOUTH/SPORTS

Reflecting on Solidarity Week at CVHS



By Ingrid HERMAN and Nicole LaHENDRO

From Monday, Oct. 3 to Friday, Oct. 7, Crescenta Valley High School (CVHS) held its annual Solidarity Week. Solidarity Week is a student-run event organized by CVHS' Gender Sexuality Alliance (GSA) and is supported by the Gay, Lesbian & Straight Education Network (GLSEN), a national education organization that works to ensure schools are safe places for all of their

students. Throughout the week, GSA held events around campus where students could show their support for their Lesbian Gay Bisexual Transgender Queer Plus (LGBTQ+) peers.

Before the week began, CVHS staff was given I Am An Ally cards to describe why they were an ally to the LGBTQ+ community. These cards were then displayed throughout the campus, in classrooms, offices and workspaces. Additionally, the school's student-run newspaper The Falcon released

its annual Solidarity Week issue, which featured many LGBTQ+ students and allies, and gave a preview of what the week ahead would entail.

During Solidarity Week, teachers showed videos selected by GSA in their homeroom classes that educated the student body on what it is like being part of the LGBTQ+ community and how to be a responsive and respectful ally. During snack and lunch breaks, GSA sold rainbow shirts, bracelets, stickers and flags that represented the different identities within the community, such as transgender, lesbian, and bisexual flags. Students were also welcome to fill out their own I Am An Ally card that was displayed around campus. Around the end of the week, the girls' tennis team, girls' volleyball team, and the marching band showed their solidarity by wearing rainbow ribbons pinned to their uniforms. Although it was a very successful week, GSA wants to build off the foundation that was set during Solidarity Week and advocate for LGBTQ+ students and

faculty throughout the year.

This year's Solidarity Week theme, "Solidarity is Always in Season," was representative of GSA's message for students and staff. Sometimes Solidarity Week can be very situational: the banner's up, people know it's happening and when it's happening, and then after no one pays attention.

GSA president Rosa Fletcher, a senior at CVHS, said, "The theme encourages the practice of LGBTQ+ allyship to continue throughout the rest of the school year rather than be limited to one week."

Solidarity at CVHS has significantly evolved in the 10 years since government teacher Alicia Harris has been a co-advisor of GSA. She cited a panel of LGBTQ+ students and teachers from 10 years ago who expressed that there was little support for their community. However, an equivalent panel held during this year's Solidarity Week found that efforts to be inclusive (such as asking for pronouns and displaying Safe Space cards) have been effective in making LGBTQ+ students feel welcomed and comfortable.

Photo provided by Ingrid HERMAN and Nicole LaHENDRO

LEFT: Members of the GUSD school board with superintendent Dr. Vivian Ekchian join Solidarity Week supporters at the CVHS campus earlier this month.

RIGHT: Superintendent Dr. Vivian Ekchian completed an I Am An Ally card.

But CVHS is still far from perfect. Harris observed there is an increase in hateful language and behavior between students when there is no school staff present. Additionally, the school still lacks concrete policies to handle LGBTQ+ harassment.

"We need something moving forward," Harris said. "We want to change hearts and minds, but if nothing else we can hopefully change behaviors, at least in this physical space."

Overall, GSA's Solidarity Week celebrated LGBTQ+ students and staff at CVHS and helped educate others on how to be an effective ally. GSA encourages students to show their allyship throughout the year, especially since harassment is still a pressing issue among LGBTQ+ students and their peers.

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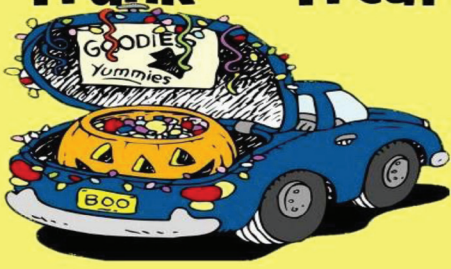
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CVHS Cross-Country Places Well at Mt. SAC

On Saturday, Oct. 22, the Crescenta Valley Falcons cross-country team traveled to Mount San Antonio College for the 74th annual running of the Mt. SAC cross-country invite. Over two days the meet saw 13,000 runners compete from 500 schools.

Falcon senior Parker Simmons came away with the fastest time of the meet running the fabled course in 14:46 leading the Falcons to a third place finish behind top seeded San Clemente and second seeded Great Oak in the boys Division 1-2 Team Sweepstakes Race. Crescenta Valley boys finished third

overall in the entire two-day meet.

Simmons was joined by Harrison Connors who placed 17th in 15:29, Jamie Cartnal, 29th in 15:41, Josh Chambers, 38th in 15:51, Eddie Sion, 52nd in 16:01, Liam Zadoorian, 62nd in 16:11 and Ryan Becker, 76th in 16:27.

Crescenta Valley boys' cross-country team is ranked third in Division 1 Southern Section and third in state Division 1 and fifth in the state regardless of division.

In the girls' varsity race, junior Ava Martin led the way in a third place team finish. Martin finished second in the

race at 18:44, with Emilia Greenway seventh in 10:02, Emma Haworth, 11th in 19:18, Julia Linney, 53rd in 21:02, Madeleine Cho, 55th in 21:04 and Samantha Talbot 56th in 21:06.

The Falcons are back in action on Thursday, Nov. 3 at Arcadia Park for the Pacific League finals. Races start at 2 p.m. with the varsity girls at 3:30 p.m. and the varsity boys at 4 p.m. Frosh/soph, JV and varsity boys and girls are in contention to sweep League finals by winning all divisions.

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TRAVEL & LEISURE

Flutist Martin Glicklich and Pianist Valeria Morgovskaya to Perform for Glendale Noon Concerts

On Wednesday, Nov. 2 at 12:10 p.m., the Free Admission Glendale Noon Concerts program will be streamed on Facebook and YouTube.

Flutist Martin Glicklich (right) and pianist Valeria Morgovskaya will perform works by Michel Blavet, Robert Schumann and Franz Doppler.

The recital will include works by Michel Blavet (1700-1768), "Sonata in b minor for Flute and Piano Op. 3 #2," Robert Schumann (1810-1856), "Three Romances for Flute and Piano. Op. 94" and Franz Doppler (1821-1883),

"Fantasie Pastorale Hongroise for Flute and Piano Op. 26."

Martin Glicklich has enjoyed success as an educator, soloist, conductor, chamber and orchestral musician and arranger. He has been described as possessing dazzling virtuosity with an enchanting, singing sound. A native of Los Angeles, Glicklich received his Doctorate of Musical Arts degree in flute performance at the Thornton School of Music at USC under the tutelage of James Walker. He was given the Dept. of Music Award for most outstanding doctoral wind and percussion student. Previously, Glicklich had also studied with Walfrid Kujala at Northwestern University where he received his Master of Music degree, and with Geraldine Rotella at California State University, Northridge, where he received his Bachelor of Music degree.

Dedicated to teaching as well as performing, Glicklich has had students accepted as flute majors to the Colburn Conservatory, Thornton School of Music at USC, Herb Albert School of Music at UCLA, Manhattan School of Music, and Rice University, among others. He has been on the faculty at La Sierra University for 18 years where he continues to teach flute and coach chamber music. He is currently co-director of the Montecito International Summer



Music Festival, regional director of the Elite International Music Competition, founder of the La Sierra University Summer Music Camp, and is on the board of the Southwestern Youth Music Festival.

Pianist Valeria Morgovskaya graduated from the Kiev State Conservatory. Since her immigration to the U.S. in 1990, Morgovskaya has been in high demand as accompanist for singers and all orchestral instrumentalists. She has been an official accompanist to festivals and courses such as Piatigorsky Cello Seminar and Beverly Hills Music Festival, and has performed throughout the U.S., Germany and Japan, as well as on numerous radio broadcast. She has provided accompaniment for many national and international competitions, and was an official accompanist at Schoenfeld International

see *CONCERTS* on page 16

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THEN & NOW

'CHiPs' Filming Location Courtesy of the Historical Society of CV



THEN: The popular TV series a "CHiPs" followed two California Highway Patrol officers, Ponch and Jon, as they patrolled the freeways of Los Angeles. The first and second seasons, 1977 and 1978, were filmed on the not-yet-open 210/2 interchange. Here they pull over a car with the Verdugo Hills Hospital in the background.



NOW: Here's that same spot today, relatively unchanged, just off the eastbound 210 as it enters La Cañada. CHiPs ran for six seasons. After the 210 and 2 opened the filming sites were moved to other not-yet-open freeways in LA, further west on the 210, the 118 and the Long Beach freeways.

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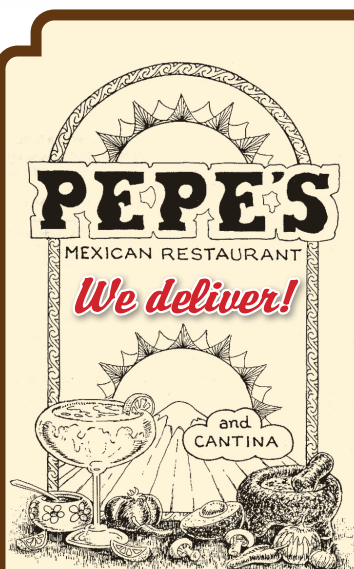


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BETWEEN FRIENDS

Much to See – and Do – at Brewery Artwalk

If you're looking for something different to do this fall, the Brewery Artwalk opens Nov. 5 and Nov. 6 for its fall Artwalk that features two days of open studios on Main Street in Lincoln Heights, just east of the LA River.

A venerable institution, the Brewery Artwalk is in its 38th year of welcoming the public to this twice-yearly event.

It's a unique opportunity to explore your way around the campus – a fascinating jumble of former industrial buildings which were once home to East Side Tap Brewery and later Pabst Blue Ribbon – are now home to hundreds of artists and creatives, many of whom will be opening their studios during the weekend.

You'll find nearly every discipline

represented here and the pleasure of meeting the artist in their studio is a wonderful way to fall in love with original art. Start your collection with a connection to the person who made it, and you will have a story to go with the artwork that adds layers of meaning to the experience and your memories of your visit.

This event is for everyone! From

families to first time buyers, collectors to curators, experienced art denizens to young kids experiencing the artworld for the first time.

You can easily get a jump on your gift giving and build (or start!) your own art collection with a visit to the Brewery Artwalk. It's a free event, and is sure to be a great day of exploring and seeing.

middle of the complex with a menu of easy to eat on-the-go food, plus an array of food trucks on Avenue 21. Free parking is available at the UPS facility on Moulton Avenue. Open Saturday and Sunday, Nov. 5 and Nov. 6, from 11 a.m. to 6 p.m., located at 2100 N. Main St. in Los Angeles. Message line: (323) 638-9382. Visit www.breweryartwalk.com; email info@breweryartwalk.com.

There will be a beer garden in the



USC VERDUGO HILLS HOSPITAL COMMUNITY RESOURCE CENTER FOR AGING » DENISE TRABOULSI, MSW

The Future of Aging



In 2030, it is estimated that one-quarter of the State of California's population will be over 60 years of age. This is due to the aging of the Baby Boomer generation, those born between 1946 and 1964. This generation is redefining what aging is and what it will look like in the future.

As a response to this impending age wave, Gov. Gavin Newsom signed an executive order in 2019 for California to develop a statewide Master Plan for Aging. As a result of this order a great deal of work has been done thus far through the state's Dept. of Aging and its stakeholders to develop this plan with an emphasis on ensuring equity and access to care for all. The plan is to strengthen existing programs as well as launch new services that focus on community-based care. The plan is available to read in detail at <https://mpa.aging.ca.gov>.

With people living well into their 80s and 90s, the span of the senior years can encompass almost one-third of one's lifetime. The aging process is unique to every person and that can pose a challenge for creating a comprehensive continuum of care to meet individual needs.

No longer are seniors resigned to

the idea of going somewhere to age but are interested in remaining in communities that support aging, also known as "aging in place." There are some unique ideas being tried out to address the social, financial and physical barriers to aging in place such as: shared housing (individuals moving in together in roommate-type situations), co-op housing (seniors living in a building with shared long-term care resources), home modification programs and naturally occurring retirement communities where seniors tend to live in a common area or neighborhood and create a network of support.

These options are also growing in availability here in the foothill communities. The Pasadena Village, <https://pasadenavillage.org>, is part of the "senior village" movement that started in the Beacon Hill neighborhood in Boston in 2012 with neighbors helping neighbors. The Pasadena Village is "not a place to live but a way to live."

For more information on these and other options for aging in place, feel free to contact the Community Resource Center for Aging at USC Verdugo Hills Hospital at (818) 949-4033 or email us at aging-resources@med.usc.edu.

Veterans Corner October 2022

VA Expands Airborne Hazards and Open Burn Pit Registry Eligibility

By Blake HYFIELD

More than 330,000 service members and veterans to date have joined the Airborne Hazards and Open Burn Pit Registry and recent updates expand eligibility and make it easier to participate.

"These updates are important in that they demonstrate the Dept. of Defense (DoD) and Dept. of Veterans Affairs (VA) collective resolve to keep our service members and veterans informed about the registry, support requirements in National Defense Authorization Acts, and support the recently signed Honoring our Promise to Address Comprehensive Toxics (PACT) Act of 2022," said Steve Jones, Force Readiness and Health Assurance Policy director and retired Army Environmental Science and Engineering officer. "The DoD and VA remain committed to better understanding and mitigating

the health effects of deployment-related exposures such as airborne hazards and open burn pits."

The Airborne Hazards and Open Burn Pit Registry is a secure database of health information provided by service members and veterans that helps VA collect, analyze and publish data on health conditions that may be related to environmental exposures experienced during deployment. To participate in the registry, eligible service members and veterans fill out an online questionnaire. After completing the online questionnaire, participants have the option to discuss their health care with a provider in an optional medical evaluation.

Veterans of the following operations are eligible to apply: Operation Desert Storm – Operation Desert Shield – Operation New Dawn – Operation Iraqi Freedom – Operation Enduring Freedom. Additionally,

VA has adjusted the registry's functionality to enable participants to return to the registry portal at any time after initial submission to add deployments. This enables them to create a more complete picture of their deployment and exposure history and can provide additional context for providers during medical evaluations.

Please note participation in the registry will not affect access to health care or benefits, and it is not related to the VA disability compensation claims process. To learn more about the registry, please visit Health.mil/AHBurnPitRegistry. Here you will find a brief video, Fact Sheet, FAQs, and other informational materials.

Blake Hyfield is the post service officer for the local VFW and American Legion posts. He can be reached at bhpegleg@yahoo.com.

Questions About Today's Real Estate?

Ask Phyllis!

Why might a Realtor turn down a listing?

Dear Phyllis,

Fifteen years ago, I purchased a major fixer. It is a one-of-a-kind home on a large, sloped lot with a new four-car garage and a two-bedroom guest house. Although the main home is just under 1,500 square feet, it was built in the 1930s and is very charming. I contacted the Realtor who sold it to me, and he told me that he thought it would sell for \$500,000 less than what I needed. My Realtor believes the size of the main home, the location on a busy street, and the neighbor's two-story house negating privacy in my yard are negatives. I have spent hundreds of thousands of dollars improving and repairing this property and now want to cash out and retire. To retire, I need a certain amount of money to do so. He acted as if he didn't want to try at my price. I don't understand why any Realtor might turn down a listing. Do you think it's because he is simply afraid of hard work? CG

Dear CG,

As a Realtor who has listed many homes in our most recent boom, it has been much easier than in years past. We typically prepare the home for sale, formulate a marketing strategy, have a couple of open houses, and then collect offers. This is no longer the case. In the 1990s I was selling real estate when it sometimes took up to a year to sell a home.

There are many reasons a Realtor might turn down a listing. I don't believe it's a matter of your Realtor not wanting to work. I think it's more that he doesn't want to waste his time or yours. It's not easy keeping your

home in show condition. Apparently, he believes that your home will not sell quickly, or if at all, for the price you need to retire and move. Therefore, he will have spent much time and money marketing your home without compensation. In addition, when a home seller has unrealistic expectations, they sometimes blame their real estate agent. He may not want to jeopardize your relationship.

If you look at this example, you can understand why fewer buyers exist. Let's assume a \$1,000,000 purchase price with a 20% down payment of \$200,000.

- Interest Rate: 3%
- Mortgage Payment: \$3,373
- LA County Property Taxes: \$1,042
- Estimated Insurance: \$150
- Total monthly payment: \$4565

Now let's assume where we have more recently hovered.

- Interest Rate: 5.875%
- Mortgage Payment: Principal and Interest: \$4,732
- LA County Property Taxes: \$1,042
- Estimated Insurance: \$150
- Total monthly payment: \$5,924

Unfortunately for home sellers, the market has shifted due to the rapid increase in interest rates. Therefore, many buyers are now priced out of the market. The value of your home is simply what a buyer will pay. It has nothing to do with how much you need or have spent.

I wish you success on your move and your retirement.

Phyllis



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Hoots & Howls for Halloween!

by Holly Ween, Scare Reporter



Here it is, my last Halloween Report for 2022. As I get my broom ready to fly out on Halloween night to enjoy all the scares and screams in the Crescenta Valley, I wondered if other places celebrate the spooky season too, and guess what? Some of them do!

Enjoy this list from around the world as you prepare your ghosts and ghouls, your porches and homes for All Hallows Eve. I look forward to scaring you all again next year but until then may your tricks be frighteningly fun, your treats be scary sweet and to all have a Happy Happy Halloween!

Samhain, Ireland/

Scotland: A festival stemming from ancient Celtic and pagan rituals, samhain means “end of the light half of the year.” Today these countries celebrate Halloween with festivals including bonfires, games and traditional Irish foods.

Día de los Muertos, Mexico: Día de los Muertos, or the Day of the Dead, is a festival celebrated on Nov. 1 and Nov. 2 to honor those who have passed away.

Day of Dracula, Romania: People from all over the world gather at Vlad Tepes’ supposed home at Bran Castle in Transylvania, Romania. While it is unclear if Tepes lived here, there are

tours and parties offered on Halloween.

Kawasaki Halloween Parade, Japan: With nearly 4,000 participants, the Kawasaki Halloween Parade is the biggest parade of its kind in Japan. Located just outside of Tokyo, this parade has been around for 21 years.

Pangangaluluwa, the Philippines: Instead of trick-or-treating, children in the Philippines go door-to-door, singing and asking for prayers for those stuck in purgatory.

The Hungry Ghost Festival, Hong Kong: This festival occurs on the 15th day of the seventh lunar month when people believe spirits get restless and start roaming around the world. This festival serves to “feed” these spirits both money and food.

Pitru Paksha, India: In the Hindu religion, Pitru Paksha is a festival where many believe the souls of lost loved ones are allowed to return to earth and be with their families.

Dzién Zaduszny, Poland: This tradition takes place in early November when many travel to cemeteries to visit the graves of their family members.

Awuru Odo Festival, Nigeria: This festival occurs every two years when it is believed spirits will return to Earth. It marks the return of departed family and friends to the living.

Pchum Ben, Cambodia: Many Buddhist families celebrate Pchum Ben, a religious holiday to celebrate those who passed away.

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RELIGION

Question: The pandemic has certainly caused many problems. Our neighbors, who lived next to us, lost their home. We've known them for over 10 years. We knew they had to leave, and they did, but didn't tell us where they were going. We would like to have helped them in some way but, when the foreclosure came, they stopped communicating with us. We even put a note in their mailbox indicating we would do what we could but received no response.

We're thinking they're embarrassed but there was no need for that because jobs were lost, throwing them into financial ruin. In the meantime, we pray for them everyday and hope they'll come back and see us when their lives are more stable, which we hope will happen. Please say something about letting others help out in times of need. We miss our neighbors and are sad they had to go through this experience.

~ Kindhearted Neighbors

Dear Kindhearted Neighbors,

It is clear you understand their situation very well, as well as the reason why they may have distanced themselves from you because of a sense a shame over what had happened to them. It was very kind and generous of you to reach out to reassure them of your desire for continued friendship and to offer whatever support you could. I am reassured of the innate goodness of mankind by your personal demonstration of humanity toward your neighbor.

The great American transcendentalist philosopher Henry David Thoreau once said, "Most men lead lives of quiet desperation."

We live in a society that has mixed views of failure. On the one hand, unlike in Europe a man can fail in business in this country and yet begin again. He or she can fail in business numerous times, and yet always have a new beginning if they so choose or can manage it.

Unlike many other countries, our laws are set up to allow for this possibility. America was the Land of New Beginnings, both business wise and on a personal level.

On the other hand, many of us still do hold onto the inherited centuries old religious/cultural belief that if people fail, it must be the result of a personal flaw, an innate inadequacy that opens them up to both judgment and condemnation by either their peers or society in general. But the reality is no one gets through life without messing up ... some worse than others, some more often than others. No one gives us a personal foolproof road map through life that will help us to always avoid mistakes and the shame we feel because we think we have failed; or thinking that others see us as failures; or thinking we are of less value, worth or capability than our fellow man. The sad truth is we are all born into ignorance and, oftentimes, in spite of our education or upbringing, we find ourselves having to wing it with no certainty as to the outcome. No wonder so many of us may lead lives of quiet desperation behind masks of normalcy. Instead of condemnation for those who fail, we should have the greatest compassion.

I am comforted to hear you pray for them everyday. Prayer has real power. Why? The Bible tells us the word has real power to shape reality. When we speak our word into the divine in the form of prayer, the power of our word can metaphorically move mountains. We have seen numerous examples of how language can shape reality as well what we, and even those whom we pray for, can experience. So it is important to consciously tailor our prayer to effectively fit the need.

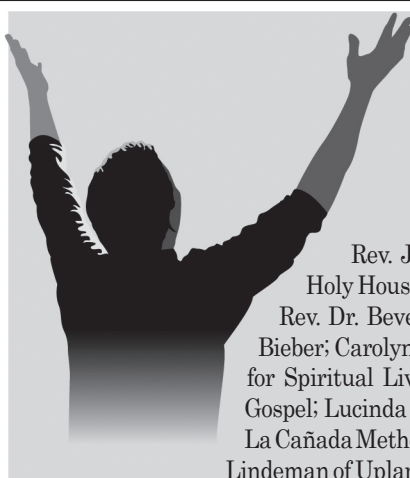
So what does this mean? Rev. Ike once said that whenever he saw someone seemingly down and out, he refused to mentally acknowledge him/her as such. He declared internally with his word

that this person was strong, prosperous and blessed in all things.

Jesus tells us, "It is done unto you as you believe." In other words, we get what we believe, be it good or bad, positive or negative. This even holds true for what we believe about others. Rev. Ike refused to see this person as flawed or failed. He refused to believe the outward appearance of lack, limitation or failure was the divine truth of this person. His prayer for them was the prayer of faith, of their possessing already the good he desired for them. When we pray for others let us follow his example.

Here is a prayer you can use to help manifest goodness, blessing and renewed prosperity for your former neighbor. Speak it whenever you are concerned or think of them: "My neighbors (state their names) are divinely blessed and prospered in all things. They are freed from the burden of any shame or blame from the past, and are released into the joy of manifest divine mercy, forgiveness, goodness and blessings that is theirs by

see SPIRITUALLY SPEAKING on next page



SPIRITUALLY SPEAKING


SPIRITUALLY SPEAKING PARTICIPANTS

Rev. Jon Karn of Light on the Corner Church; Rev. Kimberlie Zakarian of Holy House Ministries; Anthony Kelson, RScP, Laney Clevenger-White, RScP, and Rev. Dr. Beverly Craig of Center for Spiritual Living - La Crescenta; Rabbi Janet Bieber; Carolyn Young; Sharon Weisman; Rev. Mary Morgan of Redondo Beach Center for Spiritual Living; Rev. Dabney Beck of International Church of the Four Square Gospel; Lucinda Guarino; Pastor Randy Foster of Christian Life Church; Karin Ellis of La Cañada Methodist Church; Rev. Rev. Sharri James of UP Church; The Rev. C. L. "Skip" Lindeman of Upland Christian Church (Disciples of Christ); Rev. Rob Holman of St. Luke's Anglican Church; Rev. Sharri Johnson of One Heart Retreat Center; Rev. KC Slack of Unitarian Universalist of the Verdugo Hills; Rev. Jeff Blanton and Rev. Emanuel David of Community Life Church; Rev. Karen Mitchell of High Desert Center for Spiritual Living; Rev. Kyle Sears of La Cañada Congregational Church; Michelle Gillette, Unity Chaplain/Pasadena; Andy Gero, VFW Chaplain; Katie O'Brien, runningstream48@yahoo.com

Responses are offered from the perspective of individual Spiritually Speaking respondents, which may or may not be in agreement with other respondents of Spiritually Speaking nor the editor and staff of the Crescenta Valley Weekly.

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SPIRITUALLY SPEAKING from previous page

right as a child of God. I know that they are further blessed with a renewed prosperity and the security, peace and happiness of a new and wonderful home they love and enjoy. And so it is. Amen.”

Anthony Kelson, RScPCenter
penworth3@yahoo.com

Dear Kindhearted Neighbors,

This is an age-old problem: lose job, be very embarrassed and then hide. I've even heard of men losing their jobs and then leaving the house everyday pretending to go to work rather than saying anything.

My husband was laid off from his engineering job and it was very frightening and embarrassing. Through prayer, the loss of his job led to a better, more secure job with a good pension. We should all be able to ask for help in times of need but pride gets in the way. So please don't take it personally and continue to pray that, in the long run, this will be better for them.

Carolyn Young
cjymesalila@gmail.com

Question: I left alcohol behind 10 years ago and regularly attend AA meetings. My problem is with the holidays coming up. There are a couple of family members who try to get me to have a drink with them. Yes, this happens at each and every family gathering and, I have to say, it dampens my good time. I do agree to toast with non-alcoholic beverages.

Please make suggestions about what I can say without causing hard feelings and put this issue away once and for all.

~Teetotaler Forever

Dear Teetotaler Forever:

It takes a lot of courage and determination to remain sober and you are to be congratulated for your 10 years of sobriety. Attending AA meetings on a regular basis is highly recommended and most important. Stay in close touch with your sponsor who can help when difficult circumstances arise.

AA does speak of anonymity, which sometimes can challenge

an alcoholic who has been asked to have a social drink. Making an excuse can be difficult especially when a family member or close friend asks you to join them. Nevertheless, at all costs, refusal is essential; your health and welfare come first! Refusing a drink is not considered anti-social; it's just refusing a drink. If your friends cannot handle your refusal, let it be their problem.

Remember, God is in charge and He listens when you pray to Him.

Stay sober; you'll love yourself for it!

Andy Gero
ajgero45@gmail.com

Dear Teetotaler Forever,

Congratulations to you for overcoming an alcohol addiction! Your family should be supporting you in your sobriety rather than pressuring you to drink – but such is life! There could be a couple of reasons some of your family members still insist on wanting you to have a drink with them. It could be a lack of understanding

of how alcohol dependency affects you personally. They may only see you infrequently at holidays and don't realize the big picture of the day-to-day detrimental effects alcohol had on you. Many times, people only hold to their own perspective about a situation rather than see how life is through the eyes of another. Because they may be able to control their alcohol consumption they are unable to understand that an alcohol-dependent person cannot.

Another reason they pressure you may be because sometimes when we change our behavior, even though it's self-destructive behavior and beneficial to let it go, it makes others question their own behavior patterns that they haven't looked at, much less corrected. Rather than change their ways, they try to bring things back to the way they were, which means getting you to change back to your old ways.

Tuning in to how you feel and what will make you feel best in the circumstance is the key. If you

are truly dreading the encounter and these are people that are in your life everyday, I would say it's time to have a more direct conversation. It takes compassion to be able to see how our words and behaviors affect others. They may be completely unaware that the pressure is bothering you and speaking honestly about how it makes you feel will make them aware once and for all.

If it's just a general annoyance, for now the best thing to do is to keep doing what you're doing – decline politely. You can let them know in a light-hearted way that the purpose of your gathering is to spend time appreciating each other and sharing all the good things going on in each other's lives. Shift the focus to a positive interaction and the diversion may release the pressure long enough for the family members to gain a new appreciation of you and the time spent together as a family.

In Light,

Rev. Mary Morgan
mormari@aol.com

NOTES & NODS

LCIF NEWS

A Halloween tradition returns to Lutheran Church in the Foothills this Sunday, Oct. 30. Trunk-or-Treat will be held in the church's parking lot beginning at 11:30 a.m. The annual community event is a safe, daytime opportunity for kids to wear their Halloween costumes and trick or treat among decorated car trunks. There will be games, plenty of treats and hot dogs on the grill. For those attending the 10 a.m. worship service with Pastor Chuck Bunnell beforehand, costumes are welcome.

LCIF reminds families that children's church is available every Sunday. Families should meet in the sanctuary at 10 a.m. After a special blessing and message for the children, the kids head off to the Youth Room for games and study. They return in time for Holy Communion.

Pastor Bunnell also reminds the community that he is available to consult with anyone interested in baptism, confirmation or membership. He is also available for visitation. Anyone with a loved one wanting a pastoral visit at their home or in the hospital should contact the church.

Visit lcifoothills.org for event details, including small group gatherings and opportunities to serve. For more information or to request/offer help, email office@lcifoothills.org, or call (818) 790-1951. The church is located at 1700 Foothill Blvd. in La Cañada Flintridge. Office hours are 9 a.m. to 1 p.m., Monday through Friday.

NEW CLASS OFFERED TO DISCOVER FAMILY HISTORY

The Church of Latter-day Saints is offering a free family history course on Thursday nights from 7 p.m. to 8 p.m. that continues through Nov. 10. It is open to the community at no cost. Participants will learn how to get started in finding their ancestors, how to use the free tools available, how to build a family tree, how to connect with living relatives and how to make a video history of their older living relatives.

Classes are held at The Church of Latter-day Saints, 4550 Raymond Ave. in La Crescenta.

LIFT UP LA CRESCENTA PREPARES FOR FAST

Lift Up La Crescenta is issuing a call to fast – whether from food, the Internet, the phone or social media – from today, Thursday, Oct. 27 at 6 p.m. until Saturday, Oct. 29 at 5 p.m. There will be a kick-off at St. Luke's Anglican Church, 2563 Foothill Blvd. in La Crescenta for one hour on Thursday, Oct. 27 at 5 p.m. The goal of the fast is to help members focus on things spiritual and spend time with prayer or reading Scripture or doing service during that time. It could be for one hour, a morning or evening or all day depending on what is being fasted from.

Scripture reference: Acts 3:19.

Plans are to break the fast at 5 p.m. on Saturday at Deukmejian Park, 3429 Markridge Road in La Crescenta, where participants can possibly share a potluck dinner – if enough people volunteer to bring meals to share. If not, there will be a time of prayer; firm plans will be decided later.

Please email liftuplacrescenta@gmail.com so organizers can get some idea of how many will be participating.

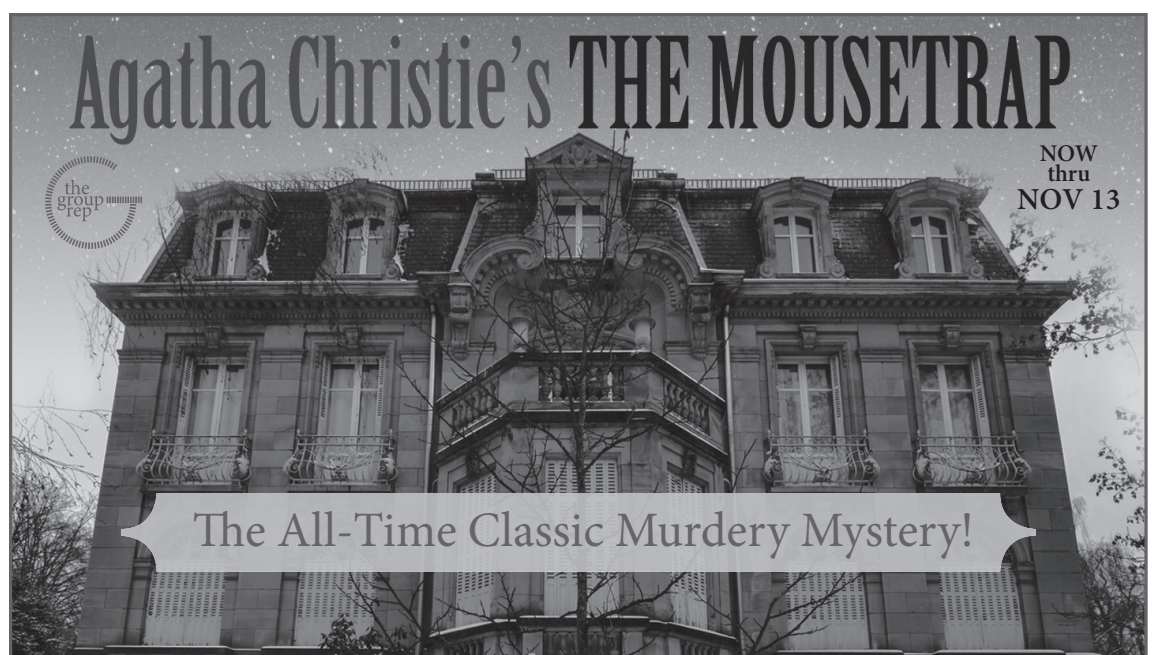
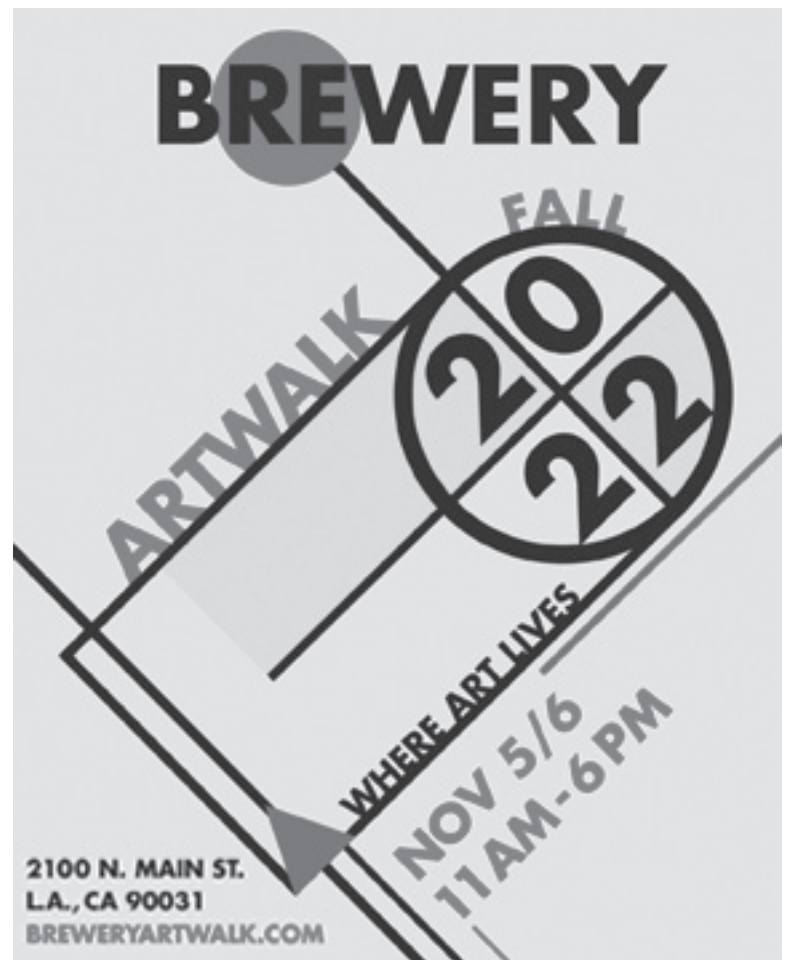
WALK AND WORD

In October, Walk and Word participants will meet in the parking lot of Deukmejian Wilderness Park, 3429 Markridge Road in La Crescenta/Glendale at 8 a.m. on Oct. 30. Participants will walk for the first hour and then gather to read a selection of Scripture. About a half hour will be spent journaling about what was read and then there will be conversation, sharing thoughts.

Participants are asked to bring something to write with, anything wanted to eat or drink, and a chair to use for the writing part of the morning. Because people will be outdoors and social distancing will be practiced, masks will be optional.

Those with questions can email Jeanne at jnlavieri@earthlink.net.

All are welcome. If the hike is too strenuous, there are level paths at the park. There are ramps from the parking lot to the field where the group gathers after the hike.



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CONCERTS from page 12

String Competition in Hong Kong (2013) and Harbin (2014). Morgovskaya is currently staff accompanist at Loyola Marymount University and UCLA, and is often engaged in that capacity at USC, Cal State Long Beach, Colburn School, Montecito International Music Festival, Academy of the West and Idyllwild School of Music and the Arts.

Glendale Noon Concerts is celebrating its 15th year of presenting free admission, and now streamed, concerts every first and third Wednesday

for Glendale and the Southland community.

Upcoming concerts will be updated at <http://glendalenoonconcerts.blogspot.com>

2022 Halloween Holiday Community Event



presented by
CRESCENTA VALLEY
WEEKLY
THE FOOTHILLS COMMUNITY NEWSPAPER



Starting Friday, October 28 thru Monday, October 31
between the hours of 7pm-10pm you can drive
by our Fun & Frightful houses.

413 WHITING WOODS - MONDAY ONLY!

Candy Corn icon 🍬 means on Halloween
these houses will be passing out candy

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**WINNERS ANNOUNCED IN OUR
NOVEMBER 3RD ISSUE**

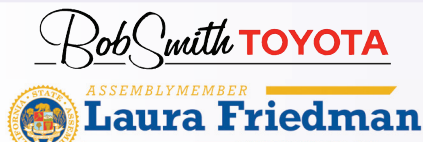


11926	Kathyann St.	Sylmar	91342
🍬 10531	Mather Ave.	Sunland	91040
🍬 6817	Day St.	Tujunga	91042
🍬 3943	Abella St.	La Crescenta	91214
🍬 3552	Prospect Ave.	La Crescenta	91214
🍬 3510	Community Ave.	La Crescenta	91214
🍬 4422	New York Ave.	La Crescenta	91214
🍬 3420	Mary Ann St.	La Crescenta	91214
🍬 3437	Mary Ann St.	La Crescenta	91214
3006	Altura Ave.	La Crescenta	91214
🍬 2648	Mary St.	La Crescenta	91214
🍬 2624	Mayfield Ave.	La Crescenta	91214
🍬 3014	Paraiso Way	La Crescenta	91214
🍬 2854	Sandborn Ave.	La Crescenta	91214

🍬 2812	Alabama St.	La Crescenta	91214
🍬 4747	Glenwood Ave	La Crescenta	91214
5347	Pineridge Dr.	La Crescenta	91214
5835	Irving Ave.	La Crescenta	91214
🍬 2229	Crescent Ave.	Montrose	91020
🍬 3604	Las Palmas Ave.	Sparr Heights	91208
🍬 1523	Val Verde Pl.	Sparr Heights	91208
3515	Angelus Ave.	Sparr Heights	91208
🍬 3677	Urquidez Ave.	La Crescenta	91214
413	Whiting Woods Dr.	La Crescenta	91214
MONDAY ONLY			
🍬 4021	Willalee Ave.	La Crescenta	91214
🍬 700	Arden St.	Glendale	91202

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GLENDALE KIWANIS

The Kiwanis Club of Glendale presents a Halloween special program on Oct. 28. The cost to attend, which includes lunch, is \$15. Meetings start at noon.

The Club meets Friday afternoons at the Elks Lodge, 120 E. Colorado St. in Glendale.

FAMILY FUN DAY & GOLF BALL DROP

The community is invited to attend the second annual family fun day & golf ball drop on Saturday, Oct. 29 at John Muir Middle School in Burbank.

This free event includes a car show by the Road Kings, information booths, food for purchase, games and entertainment for all ages.

The feature event is a golf ball drop when adopted golf balls will be dropped from the top of a Burbank Fire Dept. ladder truck onto the John Muir Middle School sports field. The ball closest to the center flag (or target) will win the grand prize of \$5,000. There will also be a \$500 for the golf ball that ends up the farthest from the pin. Adopt a golf ball for just \$5 at <https://www.burbankkiwanis.org/golf-ball-drop/>.

John Muir Middle School is located at 1111 N. Kenneth Road in Burbank.

HAPPY HOUR WITH LAURENCE SERVAES

A live performance and intimate, frank conversation with Laurence Servaes, a Belgian soprano and composer, takes place at Caltech's Frautschi Hall in Hameetman Center Winnett Student Center in Pasadena on Oct. 29 at 11 a.m. Caltech's director of Chamber Music, Maia Jasper White, will interview Servaes throughout her performance.

To celebrate this first-ever in-person happy hour, this event is free to attend in-person and free to watch online.

Salastina members may watch the livestream free in the Members-Only Lounge.

PROBLEM SOLVED » BY CHRISTOPHER ELLIOTT

Vaccine rules put Disney on Ice on ice. Can I get a refund?

Konrad Karpiesiuk has to cancel a Disney on Ice performance after the venue imposes a new vaccine rule. Can he get a refund?

Q Last November, I bought tickets for a Jan. 16 Disney on Ice show as a Christmas present to my kids. On Dec. 30, Ticketmaster notified me that the entry requirement had changed. All attendees to this event had to be vaccinated.

Since we couldn't accommodate, we have requested a refund from Ticketmaster. I called Ticketmaster and a representative promised a refund within 30 days. But after a month, I still didn't have the money.

I filed a dispute with Chase, my credit card company. Chase refused the dispute without asking for more details or proof of refund promised by Ticketmaster. I sent an appeal, which included written evidence that Ticketmaster had agreed

to a refund. I have just received a letter from Chase informing me that the dispute was closed and the charge is valid.

Ticketmaster is not responding to calls. Chase is ignoring the evidence. I'm lost and need help to get this resolved. Please, please, please let me know what could be done to get the refund processed.

It's bad enough that I had six disappointed kids on Christmas, not getting the gift they all wanted. Now I'm also out of over \$800 and have no way to recover the money. Can you help me get a refund?

—Konrad Karpiesiuk, Wallington, New Jersey

see PROBLEM SOLVED on page 19

» ZACK HILL BY JOHN DEERING AND JOHN NEWCOMBE



WEEKLY HOROSCOPES

Provided by horoscope.com

October 24, 2022 - October 30, 2022

♈ ARIES March 21 - April 19

It's time to read about the psychology of health and find out how your thoughts powerfully influence your well-being. If you're willing to release negativity, you'll be filled with energy and you'll experience healing on an inner level. This will translate to the outer level if you make it a regular practice.

♉ TAURUS April 20 - May 20

Partnerships are playing a major role in your well-being now. Perhaps your partner is encouraging you to look after yourself better or work out together. It's possible that you may be looking after an ailing partner and need some help and support as well as some time out. Whatever you need is there for you now.

♊ GEMINI May 21 - June 20

Your desire to attain a high degree of fluidity and flexibility may reach new levels. If you haven't tried yoga or tai chi, you may be surprised at how good they are at helping you regain suppleness, especially if you spend a lot of time sitting. Fencing, dancing, or swimming can also help you regain a greater range of movement.

♋ CANCER June 21 - July 22

You need to get grounded regularly. If you have a tendency to live with your head in the clouds, you could forget to eat properly and neglect symptoms that have been with you for some time. Exercise and gardening are very grounding. Exercise that helps you feel connected to the earth is good for you.

♌ LEO July 23 - August 22

Your health continues to be important. The cosmos gives you an opportunity to take stock and decide where you want to go from here. If you're already reasonably fit, you may want to take it to the next level. If you've never been involved in a fitness program, you may want to start. Get feedback from experts and then go for it.

♍ VIRGO August 23 - Sept. 22

You're full of energy and passion, which gives you a leading edge when it comes to looking good and feeling fit. You have plenty of chances to take this a stage further by reassessing your exercise routine and finding ways to increase your workouts. Take time to completely relax as well. Tension may creep in when you least expect it.

♎ LIBRA Sept. 23 - Oct. 22

Think about reorganizing your home so that it reflects your current health goals. If you have a spare room for exercise equipment, decorate it so that you're motivated to work out every day. Make it a fun place to be. Look at your kitchen, too. What do you need in order to prepare healthy meals?

♏ SCORPIO Oct. 23 - Nov. 21

You're like a jumping bean, restless and full of energy. It may help to eat foods rich in fatty acids that feed your nervous system, such as oily fish or flax. Vitamin B can also help to strengthen your nerves and keep you calm in a crisis. A nutrient-rich diet with a few well-chosen supplements will help you stay well.

♐ SAGITTARIUS Nov. 22 - Dec. 21

Take care of your liver, because you may be in the mood to indulge. If you have a lot of social events coming up, it will help to cut back on fatty foods and stick with the low-fat or nonfat versions. Moderation is key. Mood swings can encourage you to eat the wrong foods. Be wary of cravings for rich foods.

♑ CAPRICORN Dec. 22 - Jan. 19

Reflect on your health goals, because you may have lost track. The desire to stay in top condition comes down to positive self-esteem. When you feel good, you're naturally drawn to make the best of yourself and look after your body. Think about where you want your health to be in five years. It's time for action.

♒ AQUARIUS Jan. 20 - Feb. 18

Listen to your dreams, as they may provide valuable guidance about your current health situation. If you have any health issues, try to see the answer in your dreams. It helps to listen to your intuition. You're powerfully connected to it now. A spiritual discipline like yoga or tai chi will balance your physical, mental, and emotional selves.

♓ PISCES Feb. 19 - March 20

Visualizing your perfect body will help you achieve it. Practice seeing yourself in peak health every day. Your imagination is a powerhouse that can encourage healing and help transform your body to a healthier state. If you need to diet, envision your fit body and you'll get there.

FreeDailyCrosswords.com

Edited by Timothy Parker

ACROSS

- 1) Conk on the noggin
- 4) Runs for exercise
- 8) Snipes of Hollywood
- 14) Half and half?
- 15) Continental cash
- 16) A matter of will?
- 17) Mighty small
- 18) Ancient portico
- 19) Polar cover
- 20) Aviation pioneer
- 23) Ukraine port
- 24) When doubled, a British band
- 25) Timothy Leary's hallucinogen
- 28) Ending for "soft" or "hard"
- 29) Be a secret author
- 33) Type of pressure
- 34) Beefeater, for one
- 35) Church member's donation
- 39) Sharp knock
- 41) They're plopped down
- 42) On, as a plane
- 44) "Phooey!"
- 46) One of four in a square
- 48) "I didn't mean to drop that!"
- 52) "___ favor to me"
- 53) "My feet ___ killing me"
- 54) Motion sickness symptom
- 56) With "The," Stravinsky ballet
- 59) Wolflike
- 62) A suspect might give it to a cop
- 63) Wish to take back
- 64) Having less rainfall
- 65) Break in the action
- 66) A way to be at ease
- 67) Humans, among others
- 68) Be a good doggie
- 69) Dirty room, so to speak

DOWN

- 1) Dog's utterance
- 2) City near Syracuse
- 3) Potato gadget
- 4) Sermon on the Mount deliverer
- 5) Apalled reaction
- 6) Raise, as crops
- 7) Emulate a lark
- 8) Heavy
- 9) Shunners
- 10) Proofreader's "Never mind"
- 11) "Fond du" finish
- 12) Approximation from the cockpit
- 13) Opposite of "naw"
- 21) Three-letter acronym for Mad Cow Disease
- 22) Possessive pronoun
- 25) Bean used in succotash
- 26) Galaxy standout
- 27) Carnivore dwellings
- 30) ___ royal majesty
- 31) Auburn-haired ape, briefly
- 32) Beluga eggs, e.g.
- 33) Was relevant (to)
- 35) Reid of "American Pie"
- 36) Bird worshiped in ancient Egypt
- 37) "Animal House" wardrobe item
- 38) "Not a chance!"
- 40) Afghan money
- 43) Fishes of the perch family
- 45) Capable of being stretched
- 47) Bridal announcement word
- 48) Wilder play "___ Town"
- 49) Husband and brother of Isis
- 50) Syllable before the last
- 51) With wisdom
- 55) Answer a job ad
- 56) Six Flags attraction
- 57) University city of Norway
- 58) Embarrassing error
- 59) Bio class locale, often
- 60) Canton in the Reuss River valley
- 61) Card spot

NONE LEFT

By George Delli

1	2	3	4	5	6	7	8	9	10	11	12	13
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64							65				66	
67							68				69	

ANSWERS in next week's issue!

CLASSIFIEDS & SERVICE DIRECTORY

LEGALS

NOTICE OF SELF STORAGE SALE

Please take notice US Storage Centers - La Crescenta Cloud Ave located at 4441 Cloud Ave., La Crescenta, CA 91214 intends to hold an auction to sell the goods stored by the following tenants at the storage facility. The sale will occur as an online auction via www.storage-treasures.com on 11/17/2022 at 10:00AM. Unless stated otherwise the description of the contents are household goods and furnishings. Nick Walker; Frank Richard Hough/The Grainger Company (3 units). All property is being stored at the above self-storage facility. This sale may be withdrawn at any time without notice. Certain terms and conditions apply. See manager for details. Published in the Crescenta Valley Weekly, October 27, November 3, 2022.

LEGALS

NOTICE OF SELF STORAGE SALE

Please take notice US Storage Centers - La Crescenta located at 4454 Lowell Ave La Crescenta, CA 91214 intends to hold an auction to sell the goods stored by the following tenants at the storage facility. The sale will occur as an online auction via www.storage-treasures.com on 11/17/2022 at 10:00AM. Unless stated otherwise the description of the contents are household goods and furnishings. Teresita Dejesus Navarro; Gerardo Gomez; Robert Joseph Ananian; Henry Runge. All property is being stored at the above self-storage facility. This sale may be withdrawn at any time without notice. Certain terms and conditions apply. See manager for details. Published in the Crescenta Valley Weekly, October 27, November 3, 2022.

NOTICE OF SELF STORAGE SALE

Please take notice US Storage Centers -Montrose located at 3708 Clifton Place Montrose, CA 91020 intends to hold an auction to sell the goods stored by the following tenants at the storage facility. The sale will occur as an online auction via www.storage-treasures.com on 11/17/2022 at 10:00AM. Unless stated otherwise the description of the contents are household goods and furnishings. JorgeTomas Juan; Ean Anthony Loveless; Xuelin Sun. All property is being stored at the above self-storage facility. This sale may be withdrawn at any time without notice. Certain terms and conditions apply. See manager for details. Published in the Crescenta Valley Weekly, October 27, November 3, 2022.

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PROBLEM SOLVED from page 18

A: I'm sorry you couldn't make your Disney on Ice performance. Ticketmaster should have sent you a refund within 30 days, as promised. But there might have been more going on than meets the eye.

Refunds can sometimes take longer than 30 days. If you didn't have the money by then, you should have asked Ticketmaster – not filed a credit card chargeback. A dispute of your credit card bill under the Fair Credit Billing Act is a last resort in resolving a consumer complaint. It also complicates any refund currently underway. Specifically, it would have stopped Ticketmaster's refund actions.

Even so, Chase should have carefully reviewed your claim instead of giving you the cold shoulder. You had Ticketmaster's promise in writing. (Good job, by the way.) A credit card

dispute department should have taken that as a credit memo and offered a full refund. It's unclear why Chase didn't even ask for your paperwork the first time and then brushed aside your appeal. Your next step would have been to request a third round, which would go to the credit card network or to formal arbitration.

This is not a case about vaccinations and public events, although I'm sure some readers will want to go there. It's about a company doing what it promised and a credit card doing what it's required to under the law. Chase should have carefully reviewed your dispute, as the law required it to do. And Ticketmaster should have given you a prompt refund.

As I read between the lines, I think there may have been some confusion between Chase and Ticketmaster. Maybe Chase turned down your

request because a refund was already on the way. But your appeal may have gummed up the works. Next time a company promises you a refund, be patient. It can take more than a month to get your money.

And if you don't? I would appeal to an executive instead of going straight to a dispute. I list the names, numbers and email addresses of the Chase executives, Ticketmaster managers on my consumer advocacy site, Elliott.org.

I contacted Ticketmaster on your behalf. It issued a full refund of \$803.

Christopher Elliott is the chief advocacy officer for Elliott Advocacy. Email him at chris@elliott.org or get help with any consumer problem by contacting him at <http://www.elliott.org/help>.

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paving the way for a historic reduction in our nation's debt to the tune of more than \$300 billion – all while cutting people's costs for health care, energy and more.

Let's not forget too that these same Republicans under President Trump are responsible for more than 25% of our current debt over the limit. And that spending certainly wasn't targeted to make the economy fairer for workers and families.

In fact, it was primarily done to pay for Trump's tax cuts – a massive giveaway for the ultra-wealthy and large corporations. And now, they're looking to make those tax cuts permanent and to slash Social Security and Medicare to pay for it.

Kevin McCarthy's ambition, and his priorities, are clear as day. With

an opportunity to gain political power in his sights, he wants to take away programs that help millions of seniors, workers and middle-class families make ends meet, and add to inflation and the deficit, all in order to make the wealthy and corporations even richer.

Seniors and those living on fixed incomes are already staring down the daunting reality of rising prices and economic uncertainty. We must do everything we can to ease that burden, not add to it. And the results we have achieved so far are literally paying off – starting next year, for the first time in a decade, Social Security checks will increase while Medicare premiums will decrease.

Most Americans, including most Republicans, do not want to see Social Security and Medicare cut.

You can read more at CVWeekly.com/VIEWPOINTS.



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