MARCH 16, 2023

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Prom Tips for First-timers

By Roman INGUANZO

Prom, for high school students, is one of the most highly anticipated events of the year. Typically taking place at the end of the school year, the event is designed to celebrate the achievements of the graduating class and is often seen as a rite of passage for many students. The atmosphere of prom is generally one of excitement, anticipation and nervousness.

Many students weeks preparing for the event, choosing their outfits and planning their hair and makeup. Attending prom can be both exciting and nervewracking, especially for those attending for the first time. Here are some tips for first time prom-goers to help make their first prom experience a positive one:

- 1. Plan ahead. Start planning early by setting a budget, choosing an outfit and finding a group of friends to attend with.
- 2. Dress appropriately. One of the most noticeable things about prom is the dress code. Most schools require students to dress formally for the occasion, with boys wearing suits or tuxedos and girls wearing dresses or gowns. The dress code can vary slightly from school to school, but the general idea is to create a formal and elegant atmosphere. Dress according to the dress code and wear something that makes you feel comfortable and confident. Don't forget to wear comfortable shoes as attendees will likely be on their feet for most of the night.
- 3. Get ready with friends. Getting ready with friends can be a fun and exciting experience. Help each other with hair and makeup, take photos and share the excitement of the evening.
- 4. Be on time. Make sure to arrive on time so none of the festivities are missed. If attending with a group, agree in advance on a meeting spot and time.
- 5. Have fun. Remember that prom is a special event, so try to relax, have fun and enjoy the evening with friends.

see PROM TIPS on page 17

In Recognition of Women's History Month – Senator Portantino Honors 15 Distinctive Women

By Mary O'KEEFE

Since 1987 the California State Legislature has identified March as Women's History Month. Each year members of the State Legislature recognize women in their districts. On Sunday, State Senator Anthony Portantino honored 15 "Women of Distinction" at a ceremony at Pasadena City Hall.

are not remarkable in your fields and what you have done for this community. You are part of the trailblazers and everybody is watching each of you. Every young woman, every young man, every person who feels they are invisible or underserved - you are the role models. I stand here and applaud you for being the trailblazers. You may be the first, you will not be the last," said Dr. Devorah Lieberman, one of the honorees at Sunday's ceremony, as she addressed her peers.

Lieberman is the 18th president of the University of La Verne. During her tenure, she has raised \$128

million in the largest comprehensive campaign in her university's history, significantly increased funding for student scholarships and expanded the international student population, according to an honoree statement.

Portantino began the event by thanking his staff for their work in preparing for the banquet. He said each of the women he honored was singled out for her work for the community. All the honorees in turn recognized Portantino for his continued support for issues surrounding women and community.

am proud to recognize remarkable women who dedicated to serving our communities with distinction," stated Senator Portantino. "The depth of their successful efforts is reflected in countless individuals they have helped and inspired. They are all deserving of this special recognition and I am thankful to be in a position to shine a light on them and the difference they make for the 25th Senate District."

Among the women honored was Joanna Linkchorst from the Crescenta Valley who is known to many as the founder of Friends of

see PORTANTINO on page 8



Joanna Linkchorst from the Crescenta Valley was honored by State Senator Anthony Portantino for her work with Friends of Rockhaven.

More Outrage About La Crescenta Avenue Project Outreach

By Mary O'KEEFE

On March 8 at the Glendale Civic Auditorium, the City of Glendale held a community outreach to discuss and hear comments on the proposed La Crescenta Avenue Rehabilitation Project.

Residents had an opportunity to look at the plans, share opinions and ask questions. The plans presented were "90% design plans," according to Yazdan Emrani, director of the City of Glendale Public Works Dept.

"The intent was to show the attendees what we have designed so far and to receive some feedback in areas where we might be able to make changes without changing the overall Alternative #1 design. The next step is to take these plans from 90% to 100%, or final design," he said.

He added the City's policy is to not release plans before a) they are 100% finalized and b) the City Council has approved them to be advertised for

There were originally two alterna-



Avenue Rehab project. Alternative #1, or the "Bike Lane" proposal, would reduce driving lanes to one lane per direction of travel on La Crescenta Avenue from Montrose Avenue to North Verdugo. In addition there would be a bike lane on tives proposed for the La Crescenta each side of La Crescenta Avenue

with protective barriers and the addition of a center two-way left turn lane, according to the City.

Alternative #2 would be a class III bike route with shared roadway markings called "sharrows." The sharrows proposal would include wider travel lanes to accommodate

cyclists and drivers; there would be shared lane markings to alert vehicle drivers of bicyclists in the lane. The basic change would be to the lane closest to the sidewalks, or outside lane, that would be marked

see LC REHAB on page 6

THE DESK OF THE PUBLISHER



Welcome Home

which included a dynamic vacation followed by a nasty head cold that kept me at home, I feel great and ready to turn my attention 100% to CV Weekly.

Our vacation, a Panama Canal cruise important is your name? on the Emerald Princess, took us to ports in Mexico, Costa Rica, Panama and Colombia (yes, we have pictures). I so miss the welcoming words of the crew when we returned from an excursion. They'd have a couple of tables lined up outside of the ship and welcomed us "home" with iced towels and cold cucumber or orange water. Of course the food couldn't be beat – available 24/7. I indulged almost daily in a piña colada (only one) to help beat the heat and enjoyed red wine with dinners that were beyond compare. Aboard the Princess, let's face it: I felt like royalty.

Back here, it seems I was barely missed. Mary O'Keefe, office manager Rachelle Miller (who also watched our house and dogs while we were away), layout gurus Steve Hernandez and Matt Barger, sales professionals Jon K., Sonya Marquez and Lisa Stanners and proofreader diva Anne McNeill made sure the paper looked great every week. And, as always, I am so grateful you call me-just don't call me late to dinner. to the guys who deliver the paper each and every week. (Last week we were late in delivering; the papers were late

So while it was wonderful being

getting to us which caused a delay in

getting the papers to you. For that, I

As I write this I'm sitting at my desk away, I am happy to be back ... though I'm in my office. After a month-long absence, checking the Princess website to see about our next vacation (but don't say anything to my office crew – I think they'll mutiny).

What's in a name? Specifically, how

I don't know about you but when I'm called by the wrong name, I don't know what to do. I don't want to embarrass the person by saying, "Uh, it's Robin not (insert incorrect name here)." Or do you quickly assess that it was a one-time error by someone who does know your name – but just made a mistake.

Then there are the times when you're introduced correctly but the person just hears your name wrong. They engage you in conversation, peppering with, "So, Carol, isn't that unbelievable? I mean, Carol, I just didn't know what to do!"

That's when I sort of freeze up. Do I say, "Actually my name is Robin" or do I just realize I won't be seeing this person again for some time and let it go? Sometimes I take a minute to see if it was a one-time error and they self-correct thereby negating the need for me to step in. But other times it's a glaring error that's staring me in the face.

As they say, though: I don't care what

Robin Goldsworthy is the publisher of the Crescenta Valley Weekly. She can be reached at robin@cvweekly.com or by calling (818) 248-2740.

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» WEATHER WATCH

Taking A Look Outside Our Window

By Mary O'KEEFE

Over the weekend, with the few minutes I had free, I turned on television and saw the film "The Day After Tomorrow." I was transfixed. It is a ridiculous film that came out in 2004. I realize it was a "hit-over-the-head 'climate change is dangerous" movie but - oh my goodness. The real scary thing about climate change is that it happens rather slowly – slowly for regular humans but really fast on the evolutionary scale. In this movie it was raining, then a bunch of scientists said, "Oh no, it's melting" then all of a sudden there's a wall of water, then ice, then the Ice Age happened – but it only affected parts of the Northern Hemisphere. There was a lot of "I told you so" and "You should have listened" moments but for the most part if you were outside in New York, for example, instant climate change killed you.

I first became aware of climate change in the '70s while in school as it pertained to overpopulation. In college, I learned more about climate change and then, after moving to Crescenta Valley and attending the free monthly seminars at Jet Propulsion Laboratory (JPL), I learned even more but, still, "The Day After Tomorrow" was a little too much. That was until my very wet dog, that had been outside, jumped on the sofa with me and I realized it was raining again. I have lost count of how many atmospheric rivers have gone across California in recent days (most reports indicate nine).

And now, taking into account the rain that seems to be never ending, the flooding, the fatalities, the people trapped in snow, the road closures and emergency responders having people under flood warning in California alone, these scenarios are similar to "The Day After Tomorrow." Could this 2004 film, which seemed so outrageous, actually be closer to our 2023

The film's plot line centers on a collapse of something called the Atlantic Meridional Overturning Circulation (AMOC), which was

brought on by climate change. AMOC is a real thing; it is a large system of ocean currents that carry warm water from the tropics northward into the North Atlantic, according to the MET office, the national meteorological service for the

So although AMOC is real science, in the film this effect caused sudden extreme weather throwing the Earth into an immediate ice age. That is stretching reality for entertainment and film running time – but two studies in 2015 seemed to show that global warming could shut down the circulation of the oceans, similar to the theory put forth in "The Day After Tomorrow," dropping vast stretches of Asia into drought and exposing the whole Northern Hemisphere to severe ice and snow, according to an MSNBC article published in 2015.

If this were to happen, gradual climate change, when the planet warms steadily, would be sudden. Jud Partin was a lead author of one of the studies, supported by the National Science Foundation and published in the journal Nature Communication, as MSNBC reported.

"In the movie they defy the laws of physics," Partin told MSNBC, referring to hurricanes that form over land and other impossible weather. "But they got the climate science more or less

Although the film is absolute science fiction, there is some real science to back up concerns about potentially irreversible changes in our climate within a couple of decades that would affect our communities, health, infrastructure and ecosystems, according to the Center for Climate and Energy Solutions (C2ES).

There are some potential "tipping points" difficulty even reaching people, and 18 million in the Earth's climate system that will result in substantial change.

> "The National Research Council report 'Abrupt Impacts of Climate Change: Anticipating Surprises' identifies potential abrupt changes in the ocean (which could result in rising sea levels and influence ocean circulation), the atmosphere (which could increase the frequency

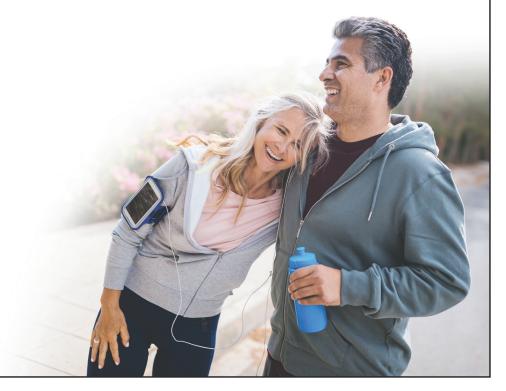
see WEATHER on page 18

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NEWS

IN BRIEF

NAMI HOSTING VIRTUAL TOUR

NAMI – the National Alliance on Mental Health – is hosting a virtual photographic history tour tonight, March 16, from 7 p.m. to 8 p.m. of Rockhaven – "LA's first feminist sanitarium." This is a free event, but RSVP is necessary. Visit https://tinyurl.com/5n92h74z to reserve a spot.

CVTC MEETS TONIGHT

The monthly general meeting of the CV Town Council is tonight, Thursday, March 16 at 7 p.m. at the La Crescenta Library community room, 2809 Foothill Blvd. in La Crescenta. On the agenda will be the recognition of Montrose Search and Rescue team members for Turkey Earthquake deployment, presentations by Glendale Community College President Dr. Ryan Cornner and board of trustees member Desiree Rabinov and an update presentation of the Foothill Boulevard private development project.

All are encouraged to attend. Zoom attendance is also available.

ROSEMONT PRESERVE OPEN GATE MORNING

An "open gate" event is taking place at the Rosemont Preserve on Sunday morning, March 19. This is a chance for residents to visit the Preserve and wander the trail at their own pace and enjoy the tranquil setting, the wildlife and the natural beauty. Photographers: bring your camera to capture the morning light and citizen scientists, bring your iNaturalist and Merlin apps to identify birds and add wildlife sightings!

The gate will be open from 9 a.m. to 11 a.m., and Friends of the Rosemont Preserve Committee members will be available to answer questions and present this community resource.

The Preserve is located at the north end of Rosemont Avenue, just past the chain link fence. As street parking is limited, please park at Two Strike Park, 5107 Rosemont Ave. Those with mobility issues who require a closer parking spot should contact the Rosemont Preserve Committee.

Those planning on walking the trails should wear sturdy shoes and bring water to drink.

This event is free to the public and suitable for all ages; no reservations required. Rain cancels. Sorry, no pets

For further information, contact the Friends of the Rosemont Preserve at Rosemont Friends@gmail.com.

AERIAL VIEWS OF OLD CRESCENTA VALLEY

Mike Lawler of the Historical Society of the Crescenta Valley will guide the Historical Society audience through a series of fascinating aerial photos of the valley. He'll zoom in on interesting details and tell a few stories.

The Historical Society of the Crescenta Valley next meets on Monday, March 20 at 7 p.m. at the La Crescenta Center For Spiritual Living, 4845 Dunsmore Ave (at the corner of Dunsmore and Santa Carlotta). All are welcome

CVCA TO MEET MARCH 23

The Crescenta Valley Community Association will have its monthly meeting on Thursday, March 23 at 7 p.m. via Zoom. The meeting will include discussion on local issues as well as an opportunity for Foothill area residents to bring their own concerns. Contact the CVCA at crescentavalleycommunityassn@gmail.com with questions and for Zoom meeting information. All are

OFF-RAMP CLEANUP

The monthly cleanup of the La Crescenta Avenue off-ramp of the 210 Freeway is Saturday, March 25. Volunteers meet at the 2700 block of Altura Avenue at 7:30 a.m. for instructions, safety vests and tools.

CVTC SPECIAL MEETING FOCUSING ON CLEARANCE NOTICES

On Thursday, April 4 the CV Town Council is hosting a meeting to address the numerous brush clearance notices received by local residents. The meeting will be held at 6 p.m. at the La Crescenta Library, 2809 Foothill Blvd.

Space is limited; RSVP to kerri@thecvcouncil.com.

TIME CAPSULE OPENING POSTPONED

A ceremony scheduled for Saturday to unearth a time capsule that was buried at the Montrose Library in March 1993 has been postponed. To learn more, read Robin Goldsworthy's story in this week's issue.

CVIM Returns from Carnegie Hall Performance



Photo by Jabe BELL

Director Mathew Schick prepares for the performance with his student musicians.

By Lucian KUGLER

Crescenta Valley High School Symphony Orchestra and Concert Band, directed and conducted by Mathew Schick, head of CVIM (Crescenta Valley Instrumental Music), recently departed for a trip to New York, New York, "the city so nice, they named it twice." The group left from La Crescenta on March 9 and returned on March 12 after having a once-in-a-lifetime opportunity to perform at Carnegie Hall.

Carnegie Hall, located in Midtown Manhattan, is one of the most prestigious music venues in the world. Opened in 1891, the hall has hosted some of the most famous musicians, conductors and orchestras in history. The hall has also hosted

other events, including speeches by world leaders including former President Barack Obama. It is a significant achievement for high school students to have the chance to perform at Carnegie Hall. It is a recognition of their talent and dedication to music, and it is also an acknowledgment of the quality of the music program at Crescenta Valley High School.

The Crescenta Valley High School Symphony Orchestra and Concert Band did not disappoint. They played a selection of pieces that showcased their skills and abilities. The program included "Jubilant Overture," "Mother Earth," "Elements," "Waltz from Masquerade," Antonin Dvorak's "Symphony No. 8, 1st Movement," and "Russlan and Ludmilla Overture." The students demonstrated their technical proficiency, their attention to detail, and their ability to work together as an ensemble.

The performance was well-received by the audience at Carnegie Hall. The students received a standing ovation; some parents in the audience said they were "moved to tears" and many praised the talent and quality of the students' performance. Director Mathew Schick said he

see CVIM on page 4

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Photo provide by Lucian KUGLER

Taking a bow at historic Carnegie Hall.



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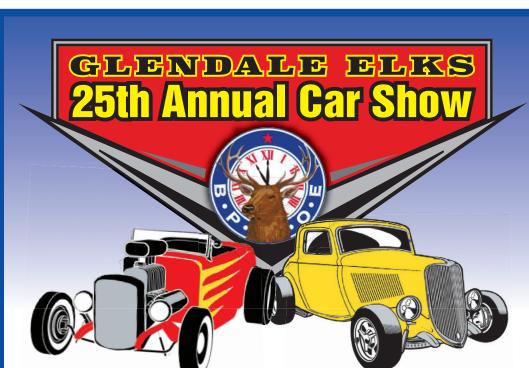
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CVIM from page 3

was proud of the students and especially proud that he had the opportunity to conduct his two sons who were in both performance groups.

The trip was not just about the performance. The students

also had the opportunity to explore New York City, one of the most vibrant and exciting cities in the world. They toured Radio City Hall, explored Times Square, visited the Rockefeller Plaza including the Top of the Rock Observation Deck, saw the play "Aladdin" at the New Amsterdam Theatre and took a sightseeing boat to Staten Island, among other things. The students received both an opportunity to perform at



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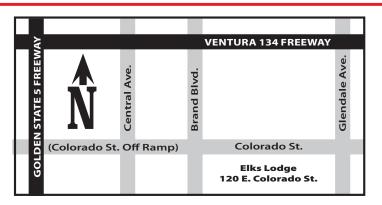
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Crescenta Valley Weekly is distributed on Thursdays to: La Crescenta, Montrose, La Cañada, Sunland, Tujunga, Glendale and Toluca Lake. Yearly subscriptions are *\$65.00

Mail Payment to:

CV Weekly, 3800 La Crescenta Ave., #206, La Crescenta, CA 91214 To contact us, call (818) 248-2740, fax (818) 248-2444 E-mail info@cvweekly.com. Visit the web at www.cvweekly.com Delivery issues? delivery@cvweekly.com.

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Carnegie Hall as well as a chance to experience a different part of the country and to learn about its history and culture, which was a favorite part of the journey for many of the students.

The trip to New York was a significant achievement and a testament to the talent and hard work of the students and the dedication of their teacher, Mathew Schick. It was also an opportunity for the students to broaden their horizons and to learn about the world beyond their own community.



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Missing in Montrose

A Message From The President



President of the Montrose-Verdugo City Chamber of Commerce 1992-93

I am honored to be the President in this year of the Montrose-Verdugo City Chamber of Commerce Anniversary. It has turned out to be an exciting one as I have learned so much about the history of the area, never realizing how interesting it really is, and the turbulence it survived to be the thriving metropolis it is today.

Our community can boast of steady growth, a tranquil setting, and being a lovely place to live and shop. The Montrose Shopping Park, which was designed 25 years ago, has set the standard for many

other outdoor malls. And, our Christmas Parade, Oktoberfest and Arts & Craft Festival are recognized throughout the country.

I am proud that the Chamber has always been an integral part of the development and promotion of this beautiful Foothill community.

On March 6, 1993 we will be burying a Time Capsule containing children's essays and proclamations from area legislators, and with it our aspirations for the future.

When we re-open the Capsule in 2023, I hope all our hopes and dreams will have come true.

Unfortunately a commentary written about 30 years ago by then- president of the Montrose-Verdugo City Chamber of Commerce doesn't include information on where the capsule was located.

By Robin GOLDSWORTHY

A time capsule that was buried 30 years ago and due to be unearthed on Saturday has gone missing.

According to Glendale Library, Arts & Culture, the time capsule was thought to be buried in 1993 on the grounds of the Montrose Library. However, after making several attempts to locate the capsule in the location where it was thought to be buried it has yet to be found. Consequently, an unearthing ceremony, scheduled for March 18, has been postponed.

Glendale Library, Arts & Culture, working with the Montrose-Verdugo City Chamber of Commerce, now has a mystery to solve. According to a release by Glendale Library, Arts & Culture, the time capsule was buried at the Montrose Library on March 6, 1993 by Glendale Unified students, members of the Montrose Chamber of Commerce and local dignitaries. It included winning essays from 12 GUSD

students, ephemera from local businesses and proclamations from Congressman Carlos Moorhead, State Senator Newton Russell, State Assemblyman Bill Hoge, LA County Supervisor Michael Antonovich and Glendale Mayor Carl Raggio.

Originally thought to be buried in the garden in front of the library and marked by a plaque on the retaining wall, the capsule seems to have gone missing after attempts to locate it have been fruitless. According to Glendale Library, Arts & Culture, Library Branch Supervisor Isis Santos was not aware the time capsule was buried on the grounds until patrons who had noticed the small plaque came in asking when it would be opened. Santos had been working with the Montrose-Verdugo City Chamber of Commerce to plan an unearthing event on March 18, utilizing GUSD records and social media to contact the original students who added to the box in 1993. In preparation for the event, she had asked Glendale Parks Dept.

to come out to the branch to locate the box so that they knew exactly where to dig when the community was in attendance. Even though the Chamber has photos from the original burying of the capsule, nothing has been found there or in the vicinity of the original spot.

"It seems to have vanished," said Santos. "It is possible it was moved by an unknowing worker on the property over the years. It seems unlikely someone would dig it up to take it."

One longtime former resident suggested the time capsule is located in the wall behind the plaque.

"The confusion may lie in the use of the word 'buried," he said. "That doesn't necessarily mean in the ground."

Anyone who has any information on where the missing time capsule may have gone can contact the library montroselibrary@ glendaleca.gov.

> Maryl Fleisher contributed to this story.

Glendale Elks Hosts 27th Annual Charity Car Show

By Mary O'KEEFE

The community is invited to the Glendale Elks 27th Annual Charity Car Show, which will be held on Sunday, March 19 at the Elks lodge at 120 E. Colorado St. beginning at 9 a.m.

There will be a variety of vehicles from all eras that will be competing in specific categories, from Model As to hot rods and other classic vehicles.

The annual car show is the biggest fundraiser of the year for Glendale Elks and includes a silent auction, raffle prizes and DJ music.

"We will be serving breakfast beginning at 9 a.m.," said Jack

Wright, Elks member and co-chair of the event.

Breakfast is served until 11 a.m. and although entrance into the car show is free breakfast tickets are \$15 each.

"After 11 a.m. we will have a booth set up outside [the Elks lodge] selling hotdogs and hamburgers," Wright added. The cost for lunch varies.

There will be many ways to support Elks in addition to purchasing breakfast and lunch. There will be tickets for its themed baskets in the



File photo

Cars, like this 1956 Chevy shown with Jerry Collins in 2017, can be seen at the Glendale Elks Charity Car Show on Sunday.

raffle, which include amazing items like a threenight/four-day stay at an Arrowhead cabin.

Funds from this event support the Elks and their outreach for children charities including providing scholarships for high school students and handing out dictionaries for Glendale third graders. The lodge also supports several veteran organizations.

Entrance to the event is free but there is a charge for food. The event is from 9 a.m. to 3 p.m.

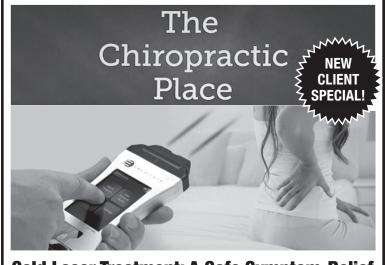
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Update on Man Charged with High School Trespassing

By Mary O'KEEFE

Brandon Santora, the suspect who was arrested and charged with trespassing after he walked onto the Crescenta Valley High School campus without going through check-in procedures, appeared in court most recently on March 9. He was transported to Pasadena Superior Court public defender appeared without him in court. Apparently he was distressed

the judge to continue his case. after about a half an hour. first count was for possession His next court appearance will Though he was on the campus of child (individual under the be on March 30 in the Hollywood a short time, CVHS staff was age of 18) pornography and the Superior Court, according to the concerned what he could have second count was for making district attorney's office.

seen on video and in person released by deputies with the on the school campus. He had Los Angeles County Sheriff's not followed proper check-in Dept. - CV Station (trespassing procedures and was carrying is considered a misdemeanor a large duffel bag. He had no and law enforcement had to reason to be on campus, did release him). Santora was

left behind, if anything. Later criminal threats. On Feb. 1, Santora was that day he was arrested then

and it was determined he would not check in after being told to arrested again on Feb. 3 and not be required to be in court for and apparently left the campus charged with two felonies; the

> His first scheduled court date was on Feb. 23 but he did not appear due to "medical" issues.

CVW will continue to follow this story and will have an update after March 30.

LC REHAB from COVER

as a bike lane that would be shared with vehicles, according to the City.

The City Council approved Alternative #1 in October 2022.

According to Emrani, the 2012 Bicycle Transportation Plan provided directions to study the corridor for lane repurposing and installing bicycle facilities. There was a traffic study done and that information was presented at "multiple" public outreach

But for some in Wednesday's audience, that outreach seemed to have overlooked those who actually live near the proposed area.

Emrani said that there was "extensive public outreach" that included mailers to residents and businesses within a 500-foot radius of the project.

However, CVW has contacted

several businesses within that area and has found none that City conducted a study of the received a mailer - including the city-wide bicycle demand and offices of CVW, which is within connectivity, which included La that radius.

There were outreach meetings with homeowner associations, night meeting there were the Crescenta Valley Chamber of Commerce, Montrose Shopping including Alternative #1, which Park Association, City Chamber Commerce and CV Town Council and email campaigns. However, IV protected bike lane. The CVTC was against the Alternative protected bike lane has a buffer #1 proposal and stated that zone for bikes. There is the lane during an outreach meeting. of traffic, then parked vehicles (CVW will continue to reach out and then the bike lane between to organizations to gather their the parked vehicles and curb. comments.)

The feedback of those contacted driving lanes to one lane in is, in part, how City staff made the each direction, adds green recommendation for Alternative colored bike lanes on each side

In addition to outreach, the Crescenta Avenue, in 2012.

During the Wednesday those who praised the City for Montrose- adds bike lanes. There were several alternatives in the presentation, including a Class This alternative reduces vehicle of La Crescenta Avenue with protective barriers from North Verdugo Road to Glenwood Avenue, and the addition of a

> center two-way left turn lane. Buffered bike lanes result when cars are parked against the curb and the bike lanes are between the parked cars and the one lane [in each direction] of vehicle traffic.

> A Class II bike lane reduces driving lanes to one lane in each direction, adds green colored bike lanes on each side of La Crescenta Avenue between Glenwood Avenue and Montrose Avenue and adds the center two-way left turn lane, according to the City's PowerPoint presentation.

> The issue for those who had concerns regarding Alternative #1 centered more on the reduction on La Crescenta Avenue to one car lane each way.

> resident Local Mattersteig voiced her concern about fire safety with the reduction of two lanes to one each way. Although there is a center lane, the concern is that when emergency vehicles could confront vehicles in the center lane. Drivers may not have any way to exit if traffic is as heavy as it has been in the past.

> The City representatives stated they spoke with police and fire department, and the agencies saw no issues.

> Another resident, who is an avid cyclist, said he would be very surprised if that center lane didn't become more of a passing-type lane when drivers became frustrated and

attempted to get around traffic.

That same resident voiced concern for the "protected" bike lanes due to debris that is often along the curb and the chance of a passenger opening a car door.

"It gives [cyclists] very little room to maneuver," he said.

The City was asked if it would do an analysis or contact other bike coalitions with the concerns brought up at the meeting.

"A separate analysis will not be provided as the proposed bicycle facilities including Class II. Class II with Buffer and Class IV Protected Bike Lanes are per California Manual on Uniform Traffic Control Devices standards, as well as taking into consideration the National Association of City Transportation Officials Urban Bikeway Design Guide," Emrani said.

And cyclists can still access the roadway that is not a designated a bike lane, he added.

There were those requested crosswalks lighted crosswalks La Crescenta Avenue near Manhattan Avenue.

But those in the audience continued to ask why the outreach efforts didn't reach them, especially since they lived so close to the proposed rehabilitation area.

Mattersteig asked why she would get the mailer notice since she lives near the Briggs Terrace area, well beyond the 500-foot radius.

Another round of outreach meetings is planned.

"Public Works will conduct a final public outreach community meeting when design plans are at 100% completion before going to the City Council for adoption of plans and bid advertisement. Stakeholders will be notified via postcard notification of the meeting, primarily those in the City of Glendale jurisdiction under the following zip codes: 91208, 91214 and 91020," Emrani said.

One of the last resident speakers to ask a question was Patrick Murphy from the Sycamore Avenue/Whiting Woods area. He thanked the City for the outreach, but made a point that this and future outreaches are being held after the City Council voted in favor of Alternative #1.



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Water Service Interrupted Due to Broken Pipe

By Mary O'KEEFE

on Saturday night had numerous crews. customers without water service for several hours. This was the week; the first was on Wednesday affecting many of the same customers, according to Christy Valley Water District.

The pipeline was located at Ocean View Boulevard near the on-ramps and off-ramps of the Foothill (210) Freeway. Ocean View was closed in both directions from Montrose

Avenue north to Waltonia Drive as were the on-ramps and off-ramps An emergency pipeline repair while repairs were made by CVWD

The exact cause of the break in the pipeline is being analyzed by second water interruption of the CVWD and more information will be available next week, Colby said.

At the time of the incident CVWD issued a statement apologizing Colby, spokeswoman for Crescenta for any inconvenience. Those with questions or comments concerning this outage can contact CVWD Customer Service at (818) 248-3925 or via email at customerservice@ cvwd.com.



Clark Magnet High School Presents Honorary Service Award to Senator Portantino

Clark Magnet High School Award. Yeranuhi Paronikyan seven outstanding public school supporters. Senator Portantino received the Elected Official Honorary Service Award for his leadership on policies that improve Service Award. learning outcomes for children and to the senator, Amir Ghavam and Armond Khodagulyan (CMHS teachers), community member Andre Ordubegian, and Team 696 (First Robotics Team at CMHS) received the Very Special Person said it for years - if you want

(CMHS) PTSA honored State (CMHS teacher) received the Senator Anthony J. Portantino and Honorary Service Award, and Violet Mardirosian received the Outstanding Teacher Award. Lena Kortoshian, former principal of CMHS was given the Golden Oak

"All of the honorees are for his long-standing support of outstanding supporters of public K-12 public education. In addition education and have contributed to the betterment of our students and schools," stated Portantino. "I congratulate them for making a positive difference for the health and wellbeing of our children. I've

something done right, go to the PTA students and teachers, screening to recognize him for all his efforts," and ask for help. I am proud to be a for risk of dyslexia, addressing PTA member and to be in a position language barriers for IEP students, to advocate for children. I am deeply appreciative of this honor."

Portantino has been a lifelong advocate of K-12 public school education. Since being elected to office, he has championed policies that place student wellbeing and $success at the forefront of California \lq s$ legislative agenda – including later start times for high schools. This year, his legislative agenda includes proposals for expanding behavioral health services in schools, mental health education and training for

and improving emergency safety procedures for students with special needs. He has also advocated for establishing a dishwasher grant program for K-12 schools to address the state's single-use trash and waste crisis - an idea initiated and championed by the GUSD and Glendale environmentalists.

"Senator Portantino's dedication to our students, campus and education is unparalleled as he always strives to attend and support. Tonight, it is our privilege said Diana Sadoyan, Clark Magnet's PTSA president. "Honorary Service Awards are a unique way for PTA units, councils and districts to publicly acknowledge both individuals and organizations for outstanding community service to children and youth in a community."

Anderson W. Clark Magnet High School is located in the Glendale Unified School District. Clark Magnet is an award-winning, fouryear specialized school offering a blend of rigorous curriculum and emphasizing science, mathematics, and advanced technologies.

Keeping an Eye on an Iconic I rescenta Location

By Mary O'KEEFE

There appears to be some 1,706 square feet. activity at the iconic La Crescenta Motel in the 2400 block of Foothill Boulevard that has made neighbors and community members cautiously concerned.

In 2019, prior to the pandemic, a packed crowd gathered at the La Crescenta Library during a meeting of the Crescenta Valley the attendees were there to hear process. an update on plans to develop plan, which included a condo development, was shared.

During the 2019 meeting the the property. For the front triangle portion, approximately 21,000 square feet, the developer sought to build three four-story buildings, 45 feet high (this would be 10 feet higher than zoning provisions allow) consisting of 28 housing units (a single one-bedroom, 16 two-bedroom, and 11 threebedroom condo units) ranging in area from 860 to 1500 square feet.

The plan used a specific portion of the property to determine the property line in order to build even higher, potentially seriously impacting at least four residences.

The second portion of the plan would be four, five-story 52-foothigh buildings - 40 units: 13 twobedroom and 27 three-bedroom units ranging in size from 1,236 to

The sections would be separated by two levels of unconnected subterranean parking.

Unlike other parcels on Foothill Boulevard, community activist Sharon Raghavachary explained, both of these have a zoning designation that required a conditional use permit and Community Association. Many of therefore a public hearing and

Then the pandemic hit and the the property where the motel sat, project was quiet; that is, until At that meeting the developer's now. According to Ines Chessum of the Land Use Committee, a committee of the Crescenta Valley Town Council (CVTC), the proposal covered both parcels on applicant plans to withdraw the pending CUP and Discretionary Housing Permit for the site.

> "[The applicant is] working on a new proposal utilizing the two adjacent lots combined (2413 Foothill Blvd. and 4521 Briggs Ave.)," stated Chessum of what she learned from LA County Dept. of Regional Planning.

As of April 2021, multifamily housing is allowed by-right in the zone area of the motel therefore the new project proposal will be reviewed through the LA County Dept. of Regional Planning without public hearing, she added.

"They will be providing some affordable units and utilizing density bonus," Chessum said.

said the CVTC will continue to said. follow the progress of this project and make sure the developers comply with rules and regulations new zoning laws. including water and sewer.

"We are going to use all our tools to [make certain developers] comply with community standards

CVTC President Chris Kilpatrick district regulations," Kilpatrick Kilpatrick said.

However, officials are limited as to what they can do because of the

"It is very unfortunate that all these state mandates continue to take away the control we have to take care of our community,"

During the 2019 meeting, Raghavachary detailed the history of the property: The May-Lane motel was built around 1946 by Glen Hine and named for his children, Maynard and Alane. Hine died in 1964 and the business

see LC MOTEL on page 17



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PORTANTINO from COVER

Rockhaven, a non-profit that was born out of the Historical Society of Crescenta Valley. The purpose of Friends of Rockhaven is to protect Sanitarium Rockhaven destruction and to keep alive the memory of the woman-owned and operated mental health facility that gave a safe and respectful place for women beginning in 1923.

"One hundred years ago, Agnes Richards walked into Verdugo City at the age of 42 – just three years after women got the right to vote federally. [She] opened a place that was run by women for women ... to give them safe and dignified treatment, [who could] go home instead of being locked away. And this place remains; it is still beautiful. The items that she chose are still there in the buildings. I want to show this off and I have been able to do that for 10 years," Linkchorst said.

Rockhaven Sanitarium is a series of houses and buildings located at 2713 Honolulu Ave. in Montrose. It has been listed on the Historical National Registry and is under the ownership

of the City of Glendale. Recently, Rockhaven's building maintenance has been a concern for Linkchorst and other supporters of the Friends of Rockhaven as it appears that many aspects of the property have been neglected. However, the City recently received \$8 million secured by Portantino in an effort to protect and preserve this historical women's

Pasadena Mayor Victor Gordo took the time to praise another of the honorees, Vannia De La Cuba, the deputy to the mayor of the City of Pasadena.

Gordo said he has known De La Cuba since they were together in elementary school.

"We have been friends basically our whole life," he said.

De La Cuba had worked as a program assistant with the Coalition for Humane Immigrant Rights and as strategic planning coordinator with the Los Angeles County Children's Planning Council.

From Altadena/Pasadena, Hilarie Dyson was the first honoree.

"The work I do is not by myself,"

Dyson's focus has been on youth and education, with over 30 years of experience in the field of education. She currently serves as principal for 95th Street Early Education Center within the Los Angeles Unified School District. She has achieved national accreditation for programs including from the National Association for the Education of Young Children. She encouraged others to volunteer and work toward their goals.

"Dr. Martin Luther King [Jr.] said, 'Everybody can be great because everybody can serve," she told the audience. "Find what sparks in you and use that to help others shine."

Other nominees came from around the 25th District including from Pasadena, Claremont, Glendale, Los Angeles, La Verne, Burbank and La Crescenta.

Juliana Serrano is the vice president of Advocacy & Equity at Planned Parenthood Pasadena and

Gabriel Valley. She thanked her family for their support, then joked that often they weren't sure what she did.

"They say, so you are a professional activist?" she said. Adding yes, that is what she is.

All of the honored women not only had jobs that helped the community but in addition volunteered in their spare time to help others.

"It's been such an honor to be connected to my community, volunteering in my community. I realized how important it is on the local level," said Catherine Kim.

Kim has a resumé that includes volunteering for many organizations including League of Women Voters. She is also the VP of the Los Feliz Neighborhood Council. She co-founded SELAH Neighborhood Homeless Coalition, community-based a volunteer organization dedicated to assisting people in Silver Lake, Echo Park, Los Feliz, Atwater Village and East Hollywood.

Janet Kim and Celeste Voce were honorees who were also members

of SELAH. Kim said that by giving her this honor her family was also recognized for their support.

Another honoree was Edith Fuentes who for nearly 20 years was with the Glendale City planning and zoning administration.

"[People] either loved me or hated me," Fuentes said of her job.

She has authored several books and articles on planning, zoning and

Honoree Taleen Khatchadourian of Glendale praised her mom as the one who led by example. Khatchadourian is an active member of the Armenian community and in 2008 "took over the Sylvan Learning Center in Glendale and since has been an advocate for the development, growth and academic success of her students. She recently joined Guidelight Group, and has worked to assist transition-aged teens and adults with intellectual developmental disabilities in advocating for their needs and navigating the resources they require," according to an honoree statement.

Carmenita Helligar from Burbank is not just a small business entrepreneur but also a small business advocate. She is the founder and CEO of Local As Can Bee, an e-commerce marketplace offering local retail brick and mortar businesses an online presence and the opportunity to sell their products

Helligar praised her grandmother as the strong woman who taught and led her to success.

Honoree Dr. Frieda Jordan from Glendale is the co-founder and president of the Armenian Bone Marrow Donor Registry. The registry brings hope of life-saving bone marrow stem cell transplantation. Jordan said that the bone marrow registry started with nothing but is now worldwide.

Other honorees included: Suzanne Weerts from Burbank, who is active in the Burbank community as an arts, education and mental health advocate, has raised hundreds of thousands of dollars for local charities and Burbank Unified School District programs. She spent a decade on the board of the Burbank Arts For All Foundation, and currently serves as a board member for the Burbank Human Relations Council and as a Burbank Cultural Arts Commissioner.

Dr. G. Gabrielle Starr of Claremont serves as president of Pomona College and is a national voice for access to college for students of all backgrounds. President Starr works to strengthen the student pipeline from community colleges to fouryear private institutions and to ensure students from the full range of family incomes enroll in college. She currently serves on the board of the consortium on Financing Higher Education and on the executive committee of the Association of Independent California Colleges and Universities. She is a recipient of the Guggenheim Fellowship and author of three books. He latest is "Just in Time: Neuroscience and the Temporality of Aesthetics."

The focus of honoree Hazmik Keyribarian from Glendale has been the Armenian American Medical Society, an organization that provides professional development opportunities for health care providers and resources for the community to lead healthy lives. Through her work with the Armenian American Medical Society, she has led efforts to organize the annual Glendale Health Festival.



VIEWPOINTS

TREASURES OF THE VALLEY » MIKE LAWLER

The Montrose Rodeo of 1945

through during the war years, by April 1945 the Crescenta Valley was in the mood for a little fun in the form of a professional rodeo. April 15 was chosen as the date and Onandarka Ranch was to be the venue.

personally was a little surprised that such an event was planned when WWII was still on, although the war was very obviously drawing to a close. The Allied Armies were sprinting through Germany toward Berlin, while in the Pacific battleships pounded Okinawa, the last prize before mainland Japan. But Americans were still dying on the battlefield, the horrors of the Nazi concentration camps were being revealed and kamikaze planes were hitting American warships. So yeah, I was surprised.

But the show went on anyway. The rodeo was sponsored by American Legion Post 288 and the proceeds were to be put toward a war memorial fund. Besides the

After the privations the rodeo on Sunday, April 15, 1945 riderless horse with reversed into the ring of everyone in the American civilian front went the event was to be preceded by a dance and all sorts of hijinks on the part of Montrose merchants. The "hijinks" were as follows: A "whisker growing" contest was conducted by the various store owners in Montrose with the threat that anyone not growing out their whiskers would be lassoed and dunked in a horse trough set up in Montrose especially for this purpose. The same sort of enforced participation was to be foisted on the "wimin-folk" of Montrose. If they were caught walking around in non-Western garb they would be lassoed, escorted to the intersection of Honolulu Avenue and Ocean View Boulevard, and forced to sing "Home On The Range."

> But with the death of President Roosevelt on April 12, it was decided to forgo the hijinks portion of the celebration. Instead, on Saturday afternoon a solemn parade of the sheriff's mounted posse rode through the valley streets, one member leading a

symbol of mourning.

rodeo went on as scheduled.

The dance was held for a sellout crowd at the American Legion Hall on Saturday night. A simple service mourning the President's death preceded the festivities. All the dancers showed up in western attire and prizes were handed out. A certificate for \$10 in groceries at Trade-Rite Market was given to the cowboy with the best beard and \$5 for dry cleaning to the best cowgirl costume.

On Sunday afternoon the main event was underway. Seven thousand people lined the rodeo fences and up onto the sides of the natural bowl of the Onandarka Ranch (what is today Oakmont Woods, the housing development to the southwest of La Crescenta Avenue at Shirlyjean Street).

The event opened with the sheriff's mounted posse's precision riding team going through their maneuvers, then leading a parade

boots in the stirrups, a traditional valley that had a horse to ride. Hundreds of local riders filled However, the dance and the the ring to capacity as the crowd cheered. After all the riders found places to sit, the rodeo began. This was a professional rodeo, sanctioned by the Cowboys Association of America, and points in this rodeo would make champions of these cowboys who hailed from all over the nation, along with Canada and Mexico. Bull riding, calf roping, trick and fancy roping, and bareback bronco busting were just some of the events.

> In between the contests were western music acts such as Jimmie Wakely, one of the many singing cowboys from movies of that era. Film personality Brad King sang as well. He was a minor cowboy B-movie star. Also on the program were the Callahan Brothers Western Dance Band,

couple of cowboy movies, and the Kettle Sisters, an all-girl quartet.

After receipts were totaled, the American Legion made over a thousand dollars toward a war memorial. The event was declared a huge success ¬— so much so that the organizers decided to make it an annual event.

Next week I'll cover some of the highlights of the 1946, 1947 and 1948 Montrose rodeos.



Mike Lawler is the former president of the Historical Society of the Crescenta Valley and loves local history.

the average consumer. If you've you know this all too well. Average ticket prices have more

than tripled since the mid-'90s and the fees that are tacked on to each ticket can be as high as 78% of the ticket price. While consumers are certainly feeling the pinch, ticket retailers are doing fine. Just last month, Ticketmaster and Live Nation announced record profits reporting a 2022 operating income up 125% from pre-pandemic levels to \$732 million, and revenue up 44% to \$16.7 billion.

The California laws governing ticket retailers were passed before the internet even existed - a fact that's become exceedingly clear as mega ticket sellers and resellers have used those rules to rip-off consumers eager to see their favorite artists. We need to make sure artists, performers and venues can reach fans and sell tickets in an easier and more transparent way. We also need to update the law for

In December, I introduced purchased a concert ticket recently, AB 8, which will add important consumer protections and transparency in three key ways. First, AB 8 will protect all consumers from all types of ticket brokers. Current law only regulates "secondary ticket brokers" but exempts "primary ticket brokers" and doesn't include secondary ticket sellers or resale platforms.

Next, the bill requires transparent pricing. Don't you hate it when you go online to buy a ticket to an event and you are told that the ticket price is \$50 each, and then you select two tickets and click over to the next page and those two tickets that you thought would be \$100 are now \$130 because of a \$15 per ticket "service fee?" One more click to the next page to complete your order and, adding insult to injury, they tack on another \$5 to the cost for an "order processing fee." Couldn't they have just told you upfront that the tickets would have cost \$135?

see FRIEDMAN on page 18

NEWS FROM SACRAMENTO » ASSEMBLYMEMBER LAURA FRIEDMAN I'm proud to represent a district live performances out of reach for how tickets are sold today.

where entertainment and live venues are a critical part of the local economy. When these venues were shut down due to the COVID-19 pandemic, I saw the effect it had on artists, the employees who work at these venues, and supporters of live entertainment, as well as the profound economic impact it had on the entertainment sector across the state. It's why I led an effort in 2021 to establish the California Venues Grant Program, which provided \$150 million for independent venues and promoters hurt by closures during the pandemic.

Thankfully, we have turned the corner and pandemic impacts are lessening. Live events are happening and people are returning to theaters, clubs and other performance venues. However, as artists and venues are recovering, many of the challenges facing consumers that existed prior to the pandemic remain. The lack of competition in America's ticketing industry continues to put many

LETTERS TO THE EDITOR

Red Dye #3 is Not Banned in Food!

I got really mad about this when I heard about it [recently], so I wanted everyone else to get mad about this, too.

The only place red dye #3 is banned is in cosmetics and externally applied drugs.

It's mostly used in candy - like Pez and Peeps. You know, stuff our kids eat. Red Dye #3 is a verified carcinogen, and we have been feeding a known cancercausing additive to our children for over three decades. No wonder cancer rates keep increasing.

Check out Center for Science in the Public Interest (www.cspinet.org) and February's Consumer Reports.

Red Dye #3 is also called "erythrosine." So keep an eye out for it under this name.

> Mindy Morrison La Crescenta

Questions Wisdom of 'Skip the Slip' Bill

Obsessive-compulsive California Assemblyman Phil Ting (D-San Francisco) reintroduced his "Skip The Slip" bill to limit paper receipts.

Obsessive-compulsive? Like most of his Democratic

colleagues, Ting looks for creative ways to micromanage California businesses, which are struggling to comply with oppressive regulations and taxes.

The proposed bill (AB 1314) states that paper receipts can only be given on request. Receipts cannot be "longer than necessary" or contain endocrine-reducing chemicals. Business owners who refuse to comply with the rules would be fined up to \$300 a year.

Ting cites a report by the environmental organization Green America that the annual production of paper receipts requires a whopping 3,650,000 trees and 10 billion gallons of water – ignoring the fact that most of the paper we use is recycled.

Would Ting author a bill to ban print editions of books, magazines and newspapers (including the Crescenta Valley Weekly)? Would he propose a measure to force government agencies to stop generating paper (most of which is unreadable)? Would be support legislation to outlaw the sale of (gasp!) Christmas trees?

Thankfully, there are treatments for OCD.

Les Hammer Pasadena



BETWEEN FRIENDS

People Making News

Ithaca College congratulates students named to the dean's list for the fall 2022 semester.

Quin Frederich of La Cañada Flintridge and Leo Gonta of La Crescenta were named to Ithaca College's Fall 2022 dean's list.

Founded in 1892, Ithaca College is a residential college dedicated to building knowledge and confidence through a continuous cycle of theory, and performance. practice Home to some 5,200 students, the college offers more than 70 degree programs in its schools of business; communications; humanities and sciences; health sciences and human performance; and music, theatre, and dance.

Katherine Festen of La Crescenta has been named to Purchase College's dean's list for the fall 2022 semester. Festen is studying theatre and performance, anthropology.

To be eligible for the dean's list, students must carry a semester GPA of 3.5 for Bachelor of Arts and Bachelor of Science programs and 3.75 for Bachelor of Fine Arts and Bachelor of Music Performance programs and must take a minimum of 12 credits.

Purchase College, part of the State University of New York (SUNY) network of 64 universities and colleges, was founded in 1967 by Gov. Nelson Rockefeller. Today, Purchase College, SUNY is a community of students, faculty, and friends

where open-minded engagement with the creative process leads to a lifetime of intellectual growth and professional opportunity.

For more information about the College, visit www.purchase.

The following students were named to the dean's list at Rochester Institute of Technology for the fall semester of the 2022-23 academic year. Full-time degree-seeking undergraduate students are eligible for dean's list if their term GPA is greater than or equal to 3.400; they do not have any grades of "Incomplete," "D" or "F"; and they have registered for, and completed, at least 12 credit

Dani Di Paolo of Glendale is in the packaging science program; Natalie Crowell of La Cañada Flintridge is in the digital humanities and social sciences program; and Brennan Cohen of La Cañada Flintridge is in the biotechnology and molecular bioscience program.

Rochester Institute Technology is home to leading creators, entrepreneurs, innovators and researchers. Founded in 1829, RIT enrolls about 19,700 students in more than 200 career-oriented and professional programs, making it among the largest private universities in the U.S.

For news, photos and videos, go to www.rit.edu/news.

Glendale College Foundation Receives GLA Award



Photos by Richard Williams Photography Studio Rick Dinger and Lisa Brooks accept the Organization of the Year Award from the Glendale Latino Assn.

he Glendale College of Glendale College Foundation," Foundation was named Organization of the Year at the 2023 Glendale Latino Association Award luncheon and board installation held on Feb. 23

Brooks, executive director of the Glendale College Foundation, and Rick Dinger, president of the Foundation

at Oakmont Country Club.

"Being recognized by Glendale Latino Association as the Organization of the Year is so meaningful to the board and staff

Ask Phyllis!

said Brooks. "Together, over the years, we have shared the goal of helping our most vulnerable students to succeed. We appreciate all that GLA has to help our Latinx students achieve their highest goals."

Alfred Ramirez, GCC administrative dean Continuing and Community Board of Directors, accepted the Education, was the keynote speaker at the event. He said, "I'm grateful for the opportunity to serve our community, see students learn and grow, and participate in their success.

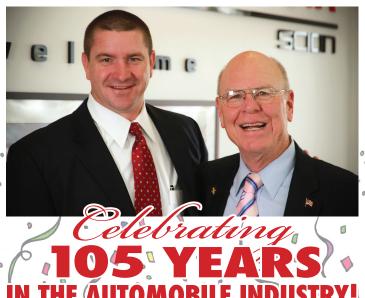
Questions About Today's Real Estate?

Connie

This is what GCC is all about. It was an honor to highlight developments of the Garfield Campus, and share some of the exciting programs we offer with an organization that supports education in our community."

GLA is an organization made up of diverse members committed to creating educational excellence, civic engagement, and activities that improve and contribute to the lives of Latinos in our community. GLA awards annual scholarships to deserving students pursuing their academic and professional goals, including GCC students.

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Dear Connie,

This is a great question and I am glad you asked.

explain why an open house is important?

I, too, share your daughter's concerns about letting strangers in off the street. We typically have two people hosting our open houses. However, if the home is small, we only have one Realtor. We don't want to make the

Why Is An Open House Important?

through. But her Realtor insisted and did agree to have

another Realtor there with her for added security. My

daughter and I feel that someone interested in looking

at a home will call a Realtor and make an appointment.

However, the buyer that purchased her home did view the home during the Sunday open house. Interesting

to note that her Realtor didn't accompany her. Can you

home seem crowded and small. As for the neighbors, it My daughter has her Arizona home listed for sale. She can be difficult to keep them at bay. However, they may didn't want an open house due to security reasons. In have a friend or family member who may be interested.

addition, she did not want all of the neighbors coming When a home is occupied, it may be more convenient for the owner to be out of the home for just a few hours on a Sunday. Otherwise, there are constant showing interruptions. Instead of just two hours for a Sunday open house, four different showings may be scattered throughout the day. Most sellers don't want to have to get ready for countless showing appointments. In addition to trash cans, there may be pet beds and food that should be hidden.

> I have noticed that other agents often ask if I am holding a home open. Sometimes I wonder when they don't take the time to accompany their client if they may not think their client is a serious buyer. Or perhaps they may decide to view it only if their client is interested. When an agent does accompany their buyer, it leads me to believe that they feel the buyer is worth their time.



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COLDWELL BANKER HALLMARK

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VHWC Singers Rehearse in Whittier

Verdugo Hills Chorus (VHWC) has entertained in the foothill community for over 60 years. Originally known as the PTA Singers, and eventually becoming a member of the California Women's Chorus (CWC), they continue to bring music to many local organizations as well as senior living facilities. With the onset of COVID, entertainment at these facilities, as well as many others, came to a standstill. Many singers waited out the almost three-year invasion of COVID to be able to sing again; however, some singers did not return so VHWC and other CWC choruses have been gathering new members and building their choruses. VHWC has found so many talented members of the community who want to sing and have joined their group.

Membership in CWC affords singing groups an opportunity to participate in a yearly (except for COVID years) concert. This year's concert will be held at the Sheraton Four Points Hotel on Arrow Drive in San Diego. But first, singers have to practice and eventually memorize the music that has been chosen for the concert. Director Ki Park has prepared the members of VHWC with excellent instructions and they are ready to go.

The recent combined area rehearsal took place on Saturday, March 4 at First Friends Church, 13205 Philadelphia St. in Whittier. Seven choruses, all members of CWC whose members live in different areas of northern and Southern California, met in Downey at 8 a.m. where the singers began to meet new



Photo courtesy of VHWC

Among the many local spots the VHWC members performed was at Tweleve Oaks.

friends and catch up with old ones. Of note is the selection of guest director Ashlyn Brown, a San Diego local. Brown is a member of the Sweet Harmony Singers and also serves as its director. She is a very lively and precise director and Verdugo Hills Women's Chorus is anxious to sing under her direction.

Submitted by Arlene MASSIMINO

Affordable Health Screenings Coming to Montrose

Residents living in and around the Montrose can learn about their risk for cardiovascular disease, osteoporosis, diabetes and other chronic, serious conditions with affordable screenings by Life Line Screening. Knights of Columbus at 2657 Honolulu Ave. will host this community event on March 25.

Screenings can check for:

• The level of plaque buildup in the arteries, related to risk for cardiovascular disease, stroke and overall vascular health.

- HDL and LDL cholesterol levels
- · Diabetes risk
- Kidney and thyroid function, and more

Screenings are affordable and convenient. Free parking is also available.

Special package pricing starts at \$159, but consultants will work with you to create a package that is right for you based on your age and

risk factors. Call 1-877-237-

1287 or visit the Life Line

Screening website at www. lifelinescreening.com. Preregistration is required.

Screenings in California are

provided by Life Line Mobile Screening.



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TRAVEL & LEISURE

The Velvet Martini Lounge

By Charly SHELTON

ince 1964, Vitello's Italian Restaurant been an LA staple. It welcomes celebrities, neighborhood regulars and first-time guests with hearty Italian classics, Californiainspired cuisine and an impressive bar program. In the back of the dining room, through a nondescript door, is The Rendition Room – a 1930s speakeasy. It's a cool little snug of a themed bar, but it's a members-only room - it can't open up to everyone or it might get shut down for violating Prohibition, you understand. But there's also a new dining experience available at Vitello's that is open to the public.

The Velvet Martini Lounge takes over the entire second floor of the building as a dining room and jazz club. With live music nightly and a killer menu of both specialty food and drinks, this might be the coolest new place in town.

Set in the 1950s, reflecting the height of the Golden Age of Hollywood, it has a Rat Packinspired aesthetic while being physically in an upstairs "attic hangout" of an old movie star. Couches are strewn around coffee tables for the more casual diners, and proper tables are set with comfortable - and beautiful - armchairs. Booths line one wall of the dining room with a raised walkway of snug booths beyond those. Red velvet curtains at each snug can be drawn for those who want privacy or kept open to take in the show. "Windows" around the room show a view of nighttime LA looking toward the beach while the other side of the room shows "windows" looking toward a lit-up Hollywood sign. In the corner of the dining room, a jazz pianist and singer set the mood with a classic selection from the Great American Songbook



A jazz pianist and singer set the mood with a classic selection from the Great American Songbook.



The TV Dinner - a surefire hit on an old standard.



Couches are strewn around coffee tables for the more casual diners.



An American favorite - the cheeseburger.

to really immerse diners in the feel of the space.

And the food is as impressive as the décor. CV Weekly was welcomed out to the restaurant during its soft opening and, while we didn't get to try everything, the favorite dish has to be the TV dinner. Served in a metal lunch tray, this is an elevated take on a classic TV dinner – filet mignon or chicken breast in mushroom gravy served with garlic toast, peas, garlic mashed potatoes and a

mini banana cake. It's super cute and absolutely spectacular. Classic flavors that hark back to quintessential Americana, but done in a modern, elevated way so as to hold up to today's standards. Honorable mention goes to the Swedish meatballs, served in a Madeira Swedish sauce. These are the house meatballs for the Italian restaurant downstairs and pairing them with the Swedish sauce makes them even better.

The bar program is also top

notch and coming in to sit at Dino's – the bar just outside the dining room – is going to be a regular occurrence for me. There are so many great cocktails here though one has really stolen my heart – Mora Tau Vacation. It's a rum-based Tiki cocktail, a play on a Zombie, that is probably the best cocktail I've ever had. Seriously. I dreamt about it two days after I tried it and I think about it in my waking hours like a long-lost love. This is a place made for sitting and sipping

an expertly crafted drink while taking in the sights, so I'm glad I found my go-to drink here.

The Velvet Martini Lounge is set to open today, Thursday, March 16. Reservations aren't required at the moment, though they are strongly recommended. Vitello's is located at 4349 Tujunga Ave. in Studio City. Find more information online and to book a reservation, visit VitellosRestaurant.com/thevelvet-martini-lounge.

Photos by Charly SHELTON

THEN & NOW

THEN » Onandarka Ranch was built at the base of the Verdugos by Col. Homer Baldridge near the turn of the last century. It operated as a fruit orchard and vineyard, and later as horse boarding and rental stables. The big show ring in the flats at the entrance to the Ranch off La Crescenta Avenue was the scene of several very popular yearly rodeos after WWII. Here cowboys race across the ring before packed bleachers in 1945.

Onandarka Rodeo Courtesy of the Historical Society of CV



NOW » This is that same view today looking southeast at the intersection of Shirleyjean and Dolorita. In 1950 the land was sold to a developer and Onandarka Ranch became the residential neighborhood of Oakmont Woods, accessed at the intersection of La Crescenta and Shirlyjean. This quiet neighborhood no longer reverberates with the thundering hooves of galloping horses, but instead hums with the sounds of lawnmowers and leaf blowers.

Free Concert Offered by Tuesday Musicale of Pasadena



Photo courtesy of Tuesday Musicale of Pasadena

Tuesday Musicale of Pasadena is presenting a free concert on Tuesday, April 4 at 12:30 pm. at Altadena Baptist Church, 791 E. Calaveras in Altadena.

The program includes songs by Mozart and Dvorak sung by Helen Harboyan, soprano. "Slavonic Dances" for duo pianos by Dvorak will be performed by Sharon Chan and Anna Ching, "Horn Concerto #3 in E Flat" by Mozart will be performed by hornist Carlos Robles and "String Quartet, #2, in D Major" by Borodin will be performed by Ellen Buczko and Katie Boyle, violins, Tammy Cognetta, viola and Kim Ruys De Perez on cello.

The Tuesday Musicale of Pasadena was founded to promote the knowledge, performance and enjoyment of music by its members and to promote interest in music throughout the Pasadena community.

Tuesday MusicaleTM was founded in October 1914 by 23

active women musicians. Their purpose was to perform for each other, to increase the musical knowledge of its members and to promote interest in music throughout the community. The club has since grown to an organization of over 100 members with the same goals as set forth by the founders. More than two-thirds of the members are active performing musicians; the remainder non-performing appreciation members.



What's Cooking

Your Local guide to good food!

March 16TH Specials!







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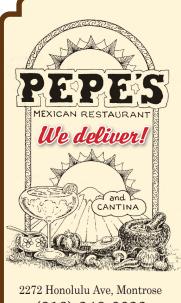
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JUST FOR FUN

PROBLEM SOLVED » BY CHRISTOPHER ELLIOTT

This Frigidaire refrigerator never worked. Can I get a new one?

Victoria Sims's Frigidaire refrigerator has never worked. It's been almost a year since she bought it – can she get a replacement?

I'm writing to you about my Frigidaire refrigerator, which I purchased for \$1,499 less than one year ago. The repairs means you got a lemon controls and has never operated possible. correctly.

Food placed in the refrigerator every frequently goes bad in a matter of Frigidaire reserves the right to manufacturers want to keep days. I've included photographs repair, replace or refund in its of avocados and cucumbers in the refrigerator covered in frost other manufacturer, it strongly and ice crystals to demonstrate prefers to repair the unit (because the refrigerator is not properly it's cheaper). regulated.

damper three times, and the getting a repair, replacement sensor has been replaced once. or refund for your broken None of these repairs has remedied appliance. But before you went the problem. I continue to incur down that road, you might have damages in the form of spoiled and contacted one of the executives inedible food.

immediate replacement per email addresses of the Electrolux Frigidaire's warranty. Frigidaire customer service managers on my refuses to replace the appliance. consumer advocacy site, Elliott. Can you help me?

Victoria Sims,

refrigerator has an irreparable and Frigidaire should definitely problem with its temperature replace the refrigerator as soon as

So why won't it? Like almost other manufacturer, warranty. And, like almost every

I have more on how warranties Frigidaire has replaced the work in my ultimate guide to at Frigidaire to plead your case. The refrigerator requires I list the names, numbers and org (Electrolux owns Fridigaire).

> It looks like you bypassed Washington, D.C. the normal Frigidaire customer

Your Frigidaire service channels and contacted should have worked the company via Twitter. Nothing Lout of the box. Four wrong with that – and you also kept an excellent paper trail by saving all the messages - but unfortunately it didn't work. You needed someone more senior to take a look at your case.

> I understand why appliance repairing a defective product. But enough is enough. Your refrigerator didn't work right and it was time for a new one. I reached out to Frigidaire on your behalf. A few days later, I received some good news from you.

"I just wanted to drop you a quick line to let you know that Frigidaire has offered to refund me the purchase price," you said. I times, merriment, banter! That's the right call. Better late than never!

Christopher Elliott is the founder of Elliott Advocacy, a nonprofit organization that helps consumers solve their problems. Email him at chris@elliott.org or get help by contacting him on his site. © 2023 Christopher Elliott

CALENDAR this

GLENDALE KIWANIS

meets on Fridays at noon. BOOK CLUB This week on March 17 learn the Club.

includes lunch and program, is

The Club meets Friday afternoons at the Elks Lodge, 120 E. Colorado St. in Glendale.

ST. PADDY'S DAY COFFEE **WITH THE COPS**

Sure 'n it's St. Paddy's Day Coffee with members of LA's BURBANK AFRICAN finest – LAPD – at the S-T IHOP at 9 a.m. this Friday, March 17 at 6520 Foothill Blvd. in Tujunga (Foothill & Tujunga Canyon monthly club meeting today, Boulevard).

"craic*" Lots o' good guaranteed! But no Irish coffee or other intoxicants allowed!

* Craic: Irish Gaelic; good

CCLCF AND THE The Kiwanis Club of Glendale FLINTRIDGE BOOKSTORE'S

On the last Thursday of the history of Irish traditions every month, join the book club brought to the U.S. when Mary at the Community Center of O'Keefe makes a presentation to La Cañada Flintridge, hosted by the Flintridge Bookstore. The cost to attend, which Registration is free ... and the booksaretoo. This club is designed for adults over 50 years of age. Discover new books and enjoy lively, literary conversations.

> For more information or to register, call the Main Office at (818) 790-4353 or email at office@ cclcf.org.

VIOLET SOCIETY

The Burbank African Violet Society will be having its next Thursday morning, March 16 at 10 a.m. at the Little White Chapel Christian Church, 1711 N. Avon St. in Burbank. The program will be a DVD presentation on

see CALENDAR THIS on next page

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ACROSS -

- 1) Flat-topped hills 6) Lavished affection (on)
- 11) "El ___" (Heston film)
 14) Type of coffee or whiskey
- 15) 1960s boxer Griffith
- 16) Type of poem
- 17) Strolls in the wilderness
- 19) Mai ___ (cocktail variety)
- 20) Making no sounds
- 21) Trails
- 23) Appallingly
- 26) Additionally 27) Stretches of shallow water
- 28) Himalayan kingdom
- 30) "Herzog" author Bellow
- 31) Excuse for the police
- 32) Cranberry locale
- 35) "That's ____, folks!" 36) Chopper to the ER

- 38) Belt piercer 39) Archery wood
- 40) Tsar's edict
- 41) Earthenware crock
- 42) Cafeteria customers
- 44) Syrup sources
- 46) Arts and
- 48) People who revel in cruelty
- 49) Coffee, the milky way
- 50) Spring or winter, e.g.
- 52) Ordinal number ending, sometimes
- 53) Nightmares for landlords
- 58) "Fee ____ foe fum" 59) "Dynasty" actress Linda
- 60) Western "necktie"
- 61) High, rocky hill
- 62) Satisfy, as a debt
- 63) Attack from a concealed place

March 16, 2023 FREEDAILYCROSSWORDS.COM

DOWN

- 1) 1/60th of an hr.
- 2) Stat for pitchers
- Create a lap
- "Just like always ..."
- 5) Piercing, as a sound
- 6) Decimal system deviser 7) Arab League member
- 8) Arcade failure 9) Yellowstone beast
- 10) Tyrannical
- 11) Nurse's office supply
- 12) 43rd U.S. state
- 13) Thomas Jefferson, religiously
- 18) Angled annexes
- 22) Litigator's org.
- 23) Test, as ore
- 24) Moby Dick, for one
- 25) Cold and sideways rain, e.g.
- 26) "Oompah" instrument 28) "God America"
- 29) Bee's home
- 31) Jewish month
- Apprentice night-stalker 34) Bottle material
- 36) One who can hardly be made out
- __ out a living
- 41) Feature of an editorial 43) Back, on board
- 44) Rigging support 45) Embellishes
- 46) Chin crease
- 47) 3:1, e.g.
- 48) Verbally disrespectful
- 50) Fastener for pajamas 51) Europe's tallest active volcano

ANSWERS on page 15

- 54) The day before
- 55) Showy garden-pond fish
- 56) Sixth sense
- 57) Visualize

Please join us for a -**VIRTUAL TOWN** HALL MEETING **April 4, 2023** 12 p.m. or 6 p.m. **RSVP** at www.cvwd.com

Crescenta Valley Water District (CVWD) values customer engagement and feedback, and we'd like to invite you to a forum to learn and provide input.

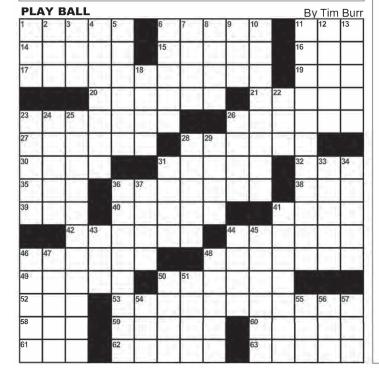
The District is considering a charge on the property roll to meet CVWD's commitment to the community to serve safe and reliable water. This includes safeguarding the ability to serve water to individual properties, to maintain the pipelines which are the backbone of the District's distribution system, and to provide water to fire services and residents in the event of an emergency such as earthquakes and fires.

Public benefits such as schools, libraries, vector control, flood control, parks, and recreation, etc. are commonly funded in part through the annual property roll that property owners receive.

Please join us for one of our scheduled forums, a Town Hall Virtual Meeting on Tuesday, April 4 to learn more and share your thoughts. We encourage the community to participate.

In addition, CVWD's Board meetings are held on the 2nd and 4th Tuesday of each month. Meetings are open to the public, are accessible virtually, and meeting agendas are available online in advance of the meeting at www.cvwd.com/board-agendas-information.

You may sign up for email notifications of meetings and other items on our website at www.cvwd.com.



CALENDAR THIS from previous page

"Growing African Violet Trailers" by Dr. Bill Price.

There are a few different types of African violet trailers African miniature violet trailers, semi-miniature African violet trailers and standard size African violet trailers. African violet trailers are quite popular and easier to grow than the other African violets are African violet trailers have more than one crown.

The learning lab will be on capillary matting style of watering African violets. Questions and answers will follow.

There are raffle and silent auction tables. Refreshments are served and friendships are made. Guests are always welcome to attend the meetings. Please come and learn more growing America's favorite houseplant - the African violet.

For more information please telephone (661) 940-3990 or reference the website www. urbankafricanviolets.weebly.

CELEBRATING WOMEN WHO TELL OUR STORIES

Since 1965, US presidents have issued a series of annual proclamations designating the month of March as "Women's Month." These History proclamations celebrate the contributions women have made to the United States and recognize the specific achievements women have made in a variety of fields over the course of history.

Military Veteran Affairs of the County of Los Angeles will honor WWII Army veteran Bea Abrams Cohen (perhaps

the oldest veteran in this area who passed away at 105) at "Celebrating Women Who Tell Our Stories," an event focusing on the philanthropic efforts of Cohen on Saturday, March 18 at Bob Hope Patriotic Hall, 1816 S. Figueroa St. in Los Angeles. Cohen will also be honored by the dedication of a resource room at Patriotic Hall, the first room named after a women veteran within the facility.

Speakers at the event include LA County Supervisor, fifth district, Kathryn Barger and Virginia Wimmer, deputy secretary of CalVet Women Veteran Affairs, among others.

The event is open to the public. To register, contact jdavis@mva.lacounty.gov.

ANNUAL CAR SHOW

The Glendale Elks #1289 27th annual charity car show will be held on Sunday, March 19 from 9 a.m. to 3 p.m. at the Elks Lodge in Glendale. The public is invited to come inspect an array of cars ranging from a 1914 Ford Motel T to custom modified cars of many descriptions. Breakfast and lunch will be served throughout the day plus there will be raffles and a silent auction.

The event is free to the public. For more information, call (818) 472-2552. For car entry information, call George McCullough at (818) 970-3114 or email geosauto@prodigy.net.

GAMES PEOPLE PLAY

The community is invited to play games with supporters of Bolton Hall Museum on March 25 from 1 p.m. to 5 p.m. The afternoon of exploring and playing family friendly board and card games is suitable for ages 6 to 96. Based on the Museum's current exhibit, Toys & Games, Past & Present, young people are invited to see and learn vintage games and adults will relive the games of their vouth.

This event is co-sponsored the Sunland-Tujunga Neighborhood Council and is free and open to the public and everyone is welcome.

Bolton Hall Museum, Home of Little Landers Historical Society, 10110 Commerce Ave. in Tujunga.

Additional information is available from Little Landers Historical Society, (818) 352-3420 or by visiting BoltonHall.

VILLAGE POETS READING CONTINUE WITH TOTI O'BRIEN AND LINDA DOVE

Village Poets of Sunland-Tujunga invites poets and friends of poetry to the second of this year's Monthly Reading held in-person on Sunday, March 26 at 4:30 p.m. at Bolton Hall Museum, located at 10110 Commerce Ave. in Tujunga. In March poets Toti O'Brien and Linda Dove will be featured.

Toti O'Brien is the Italian accordionist with the Irish last name. Born in Rome, living in Los Angeles, she is an artist, musician and dancer. She is the author of "Other Maidens," "An Alphabet of Birds" "In Her Terms" and others.

Linda Dove holds a Ph.D. in Renaissance literature and teaches college writing. She is also an award-winning poet of four books: "In Defense of Objects" (2009), "O Dear Deer," (2011), "This Too" (2017), and

» ZACK HILL BY JOHN DEERING AND JOHN NEWCOMBE



"Fearn" (2019), as well as the scholarly collection of essays, "Women, Writing." She lives on the eastern edge of Los Angeles where she serves as the faculty editor of MORIA Literary Magazine at Woodbury University.

Two segments of open mic will be available and refreshments will be served. Suggested donation is \$5 per person for the cost of refreshments and to donate to the Little Landers Society.

CCLCF HOSTS TREATS AND TRIVIA EVENT

On April 14 from 11 a.m. to 1 p.m., the community is invited to the Community Center of La Cañada Flintridge for its fourth Treats and Trivia event! Participants will enjoy yummy treats, make new friends, test their knowledge, and win prizes at this free event designed for adults over 50 years of age. Show what you know! For more information or to register, call the Main Office at (818) 790-4353 or email at office@cclcf.org.

ASCENCIA ANNOUNCES ANNUAL GALA

Sponsorships and tickets are now available for the April 22 Ascencia gala We Rise Together. Held at the City Club LA from 6 p.m. to 10 p.m., the event will raise funds for the Ascencia programs.

For more information, visit https://one.bidpal.net/ ascenciagala2023/welcome.

TASTE OF THE GRAPE NORTHWEST FUNDRAISER

A fundraiser supporting Los Altos Auxiliary of Sycamores is having its 12th annual wine tasting event - Taste of the Grape Northwest - on Sunday, April 23 from 4 p.m. to 7 p.m. at the Thursday Club outdoor patio, 4400 Woodleigh Lane in La Cañada.

Tickets include the tasting

of food catered by Porta Via and samples of seven curated wines from the Pacific Northwest.

Tickets are \$100 each; sponsorships are available. There will also be a wine pull, fund-aneed opportunities and a select in-person silent auction.

The Los Altos Auxiliary works with Sycamores to provide care, compassion and hope at the El Nido campus for youth who are from extremely vulnerable situations.

Visit https://wdgnsdswfm. formstack.com/forms/wine_ tasting for tickets and donations payments by credit card; visit https://tinyurl.com/2p8ms9uj sponsorship information and payments by credit card; visit tinyurl.com/5cafcwb7 for tickets, donations or sponsorship payments by check.

VHHS PLANS REUNION

"Team 74" is planning a 50th high school reunion in 2024. Friends and graduates of Verdugo Hills High School are invited to attend to trade stories of family, careers, adventures and anything else.

Currently Team 74 is in the planning phase of collecting names and numbers of classmates and putting together a database; emails from classmates can be received at clsof74reunion@ yahoo.com. Information should include a mailing address, cell number and graduate's name at graduation (if different than now).

A list of frequently asked questions will be provided to keep everyone updated as the reunion plans move forward. Those who belong to various VHHS groups will see redundant information to ensure all classmates are notified and have an opportunity to attend.

At this time the FB VHHS groups will be the reunion information outlet until a more focused site is created.

WEEKLY HOROSCOPES

Provided by horoscope.com

3.13.23-3.19.23

ARIES March 21 - April 19

Don't trust all the information you find online. If you're experiencing symptoms, resist the temptation to make your own diagnosis. That won't help if what you have is serious. Instead, check with your health professional. The sooner you get proper treatment, the better.

TAURUS April 20 - May 20

A new partner may prove to be a great mentor when it comes to your health. If he or she has qualifications in this field, you're very lucky. You may be able to ease into the perfect routine and reach your goal in a much shorter time than going it alone. Good for you!

★★ GEMINI *May 21 - June 20*

It's time to pay for a gym membership or splurge on your health in other ways. The positive focus on your financial zone suggests that you may have more money to support your well-being. If you need a massage or some other soothing treatment, go for it. You'll uncover some information that helps in your quest for vibrant health.

CANCER June 21 - July 22

It looks like you're going to feel happier and more fulfilled than you have in some time. This is the moment to consider how you're going to look after your health and how you can improve it. If you're in fairly good shape, think about the future. How can you take your health to the next level?

LEO July 23 - August 22 The cosmos brings you a boost of energy

and a feeling of overall well-being. Reflect on how you can get yourself into shape and shake off any blues. Don't give up on daily exercise when the weather isn't perfect. Find other ways to keep fit that you can stick with and enjoy. It's well

Language St. 19 VIRGO August 23 - Sept. 22

vitality. Others may wonder how you manage to look so great. You might have to reveal exactly how you made the transition from feeling just OK to feeling fantastic. It's time to congratulate yourself. You've worked hard, so don't lapse into old behaviors.

▲ LIBRA Sept. 23 - Oct. 22

Your health looks good. Listen to your intuition, especially if it guides you to an expert who can help you improve your well-being. If you find the right person, he or she could turn your life around. You could experience a level of happiness that you haven't felt in some time. Take time to relax, too.

⋘ SCORPIO Oct. 23 - Nov. 21

You're ready to take in new information and study any subject that leads to greater well-being. The more willing you are to let go of the past, the happier and healthier you'll be. If you're ready for a vacation, this is a good time to take a break. You'll enjoy the chance to relax. Give yourself a treat!

You seem to be sparkling with health and feeling on top of the world. Now you might find very useful information online, no matter the status of your diet or health routine. If you have a particular health problem, consider joining an online

group that can support you and perhaps

help you overcome your issue for good.

SAGITTARIUS Nov. 22 - Dec. 21

A CAPRICORN Dec. 22 - Jan. 19

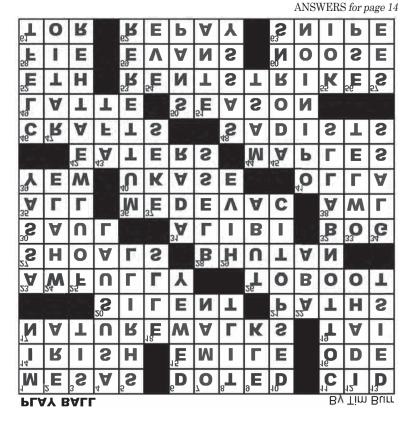
You radiate a new kind of infectious Sharing your warm, sunny nature will bring you better health. With a focus on your relationship zone, it's time to work in tandem with your partner to create a routine you can do together. You may also decide to buy some exercise equipment for the home. Do what works for you and be happy.

AQUARIUS Jan. 20 - Feb. 18

Your health seems to be a lot better lately. The only slight problem you may have is difficulty relaxing. You're buzzing with energy and you may find it hard to sleep at night. Put a couple of drops of lavender oil on your pillow to help you get a refreshing night's sleep. Exercising regularly will also help.

PISCES Feb. 19 - March 20

Indulging in creativity, play, and romance is one way to improve your health. Enjoying yourself and sharing your essence - who you are - is a means to vibrant health. The more you can express yourself and let go of blockages, the happier you'll be. This will show up in your body, too.



RELIGION

nestion: Our youngest vill be entering college in August. He has decided that his subjects will prepare him for a career in astrophysics. His dream job is to be an astronaut. Although we're supporting him in his goal, we are also telling him that just in case this doesn't work out it would be a good idea to also prepare an alternative "Plan B." He is so focused on being an astronaut that he really isn't paying attention to what we're trying to tell him.

We don't want him to be disappointed. The road to being an astronaut requires extensive education, which he says he is willing to do. Please suggest ways we can convince him to have another career in case his dream job doesn't work out. \sim Protective Parents

Dear Protective Parents,

As a lifelong musician, and single parent, I always had other income sources for times when my music jobs were scarce (like during the COVID lockdown). Yet, I was always committed to living my dream. Because of that commitment, I have sung everywhere from night clubs to concert halls, from radio to films and TV. I worked hard at my passion. No matter what the dream-killers said to me, I kept practicing my craft and am grateful that I never gave up. Although your parental concerns sound reasonable, I feel they are based on the idea that your son will likely fail at his dream because it is "too big." I wonder if you would have concerns about supporting his career if he studied (without any passion) to be an accountant, lawyer or doctor? Those careers also require extensive levels of education but they are widely accepted as attainable jobs.

Your son says he will do the work, so why do you doubt him? I believe it is a gift from spirit to have great passion for a career, much like having a "calling" to ministry or public service. It's not about money or prestige. It is an unstoppable force and it usually defies logic. Astrophysics is the future of science, and wouldn't it be exciting to have a son involved with that? There are no guarantees that he will succeed or that he will fail. Life is a mystery and an adventure, and not even protective parents like you can see the future.

Remember, it's not your job to protect him from life, disappointment, heartbreak, pain or joy. Your job is to support him on his journey, whether or not you are a fraid he will fail. The great American Civil Rights peace activist Martin Luther King Jr. said, "I have a dream." He didn't say, "I have a Plan B, for fear that my dream won't come true." His singular focus and peaceful passion Believe in your son, be there for him when he falls (we all fall sometimes) and then lift him up again with your love. It's his journey now and it's time to bless him on it.

Dear Protective Parents,

protecting your children. So much so for her Ph. D. after her bachelor's. them all.

to being an astronaut would leave one who is on this chosen path with at the very least a master's degree and before that a bachelor's in some very interesting and lucrative fields. Maybe try very enthusiastically talking about the different types of astronauts there are and let that lead into what he plans on doing in between flights. Some are engineers, physicists, biologists, astrologers and probably a few others. I'm sure his accolades, accomplishments and research in his chosen fields will be his Plan B and C getting him to his Plan A. Also I am a believer of the most highest source so if these plans don't pan out there will always be God's plan ... and you can always

dgilliland81@gmail.com

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Rev. Karen Mitchell revkarenmitchell@gmail.com

Your shields have done a great job your youngest is setting off soon on his journey with his heart set on the stars and believed you when you told him he could be anything he wants when he grows up. How exciting! Protective parent to protective parent, I can also appreciate your concern. I have my own adult child in college and her goal is to go straight I've felt your concern firsthand. One day a very interesting thing happened when talking with her. As I was switching hats (as I often do) from protective parent to supportive parent and joining her in her excitement and in often keeping an open discussion with her, she started speaking of all the different things she could possibly do with her degrees and all the people she would be networking with. Not only did she have a Plan A but now there are plans A, B, and C – and all just as great as the other with a passion for

From my understanding the road trust in that!

Devin Gilliland, Practitioner-in-Training SPIRITUALLY SPEAKING SPIRITUALLY SPEAKING PARTICIPANTS

Rev. Jon Karn of Light on the Corner Church; Rev. Kimberlie Zakarian of Holy House Ministries; Anthony Kelson, RScP, Laney Clevenger-White, RScP, and Rev. Dr. Beverly Craig of Center for Spiritual Living – La Crescenta; Rabbi Janet Bieber; Carolyn Young; Sharon Weisman; Rev. Mary Morgan of Redondo Beach Center for Spiritual Living; Rev. Dabney Beck of International Church of the Four Square Gospel; Lucinda Guarino; Pastor Randy Foster of Christian Life Church; Karin Ellis of La Cañada Methodist Church; Rev. Rev. Sharri James of UP Church; The Rev. C. L. "Skip" Lindeman of Upland Christian Church (Disciples of Christ); Rev. Rob Holman of St. Luke's

Anglican Church; Rev. Sharri Johnson of One Heart Retreat Center; Rev. KC Slack of Unitarian Universalist of the Verdugo Hills; Rev. Jeff Blanton and Rev. Emanuel David of Highlands Church.; Rev. Karen Mitchell of High Desert Center for Spiritual Living; Rev. Kyle Sears of La Cañada Congregational Church; Michelle Gillette, Unity Chaplain/Pasadena; Andy Gero, VFW Chaplain; Katie O'Brien, runningstream 48@yahoo.com

> Responses are offered from the perspective of individual Spiritually Speaking respondents, which may or may not be in agreement with other respondents of Spiritually Speaking nor the editor and staff of the Crescenta Valley Weekly.

nestion: I just found out hat I have breast cancer. This was quite a shock because I've made certain our family hashealthy food and we even exercise together. No one in my family has had this, so it doesn't make sense to me. We have four children ranging in ages from 10 to 18. I'd rather not tell the kids because I don't want them to worry. My husband thinks we should tell them. What do you think?~Dismayed

Dear Dismayed,

First let me say I'm sorry about your diagnosis. You already know this diagnosis is not a death sentence. But it is serious. So be vigilant and go on the offensive, fight for yourself. Begin or renew your relationship with the one who is stronger than

Second, diet and exercise was never an anti-cancer guarantee.

Third, heredity is also no anticancer guarantee. Diseases can just happen regardless of family history or the food we eat or the exercises we do. And I hate that.

Fourth, fighting breast cancer requires that you marshal all your strength. You cannot do that in secrecy. Rally all your family and friends around you for support as you fight this terrible disease. You'll need them. And they'll be watching

You exercise together; why not pray together? God is the Lord over everything, including breast cancer. If your 18-year-old were diagnosed with cancer, how would you feel if he or she kept it a secret from you? That's how your children will feel if you do the same. For goodness sake - listen to your husband! He's

right! Approach this family trial as a family.

> Rev. Jon T. Karn pastorjon@lightonthecorner.org

Dear Dismayed,

I believe that openness in a family, especially when a parent is dealing with a physical challenge, is the best policy. Children are very intuitive and, while they may not know exactly what is going on, they know when things aren't quite right. It would be better to hear about the diagnosis from you and your husband rather than finding out another way, or to be suspicious that something is wrong and not know what's going on. Speaking to them before your treatment begins might be the best time to approach the subject. Initially, explaining the basics without going into detail will keep the discussion from being too overwhelming. This way they can know what to expect moving forward and it will also give them time to ask whatever questions they may have on their minds. Gradually you can

share more once your treatment and healing progresses. At that point you will know more and will be more adjusted to speaking with your children about your physical condition. This is an important time to be honest. Sharing your feelings can create a deeply bonding experience that will greatly strengthen your relationships. Once you open up it will give your children the encouragement to do the same.

I am sorry that you are experiencing this physical challenge. I hear in your request that you're confused as to "why" the diagnosis happened in the first place. I encourage you not let fear get ahold of your thinking. Faith alleviates fear. Keep your mind on God and trust in the power of prayer to give you the best guidance. I am sure those reading this article will be praying for your quick recovery, just as I am.

Keep the faith!

Rev. Mary Morgan mormari@aol.com



Rev. Karen Mitchell



Rev. Jon T. Karn



Devin Gilliland, Practitioner-in-Training



Rev. Mary Morgan

OTES & NODS

LCIF News

Lutheran Church in the Foothills invites everyone to enjoy a hearty soup supper each Wednesday evening at 6 p.m. in the church's Fellowship Hall during the season of Lent. Pastor Chuck Bunnell said, "We are all 'longing for belonging' these days, and our Lenten Soup Suppers are a great way to meet new people and catch-up with folks you know. Your love, concern and attention could be exactly what someone needs on a Wednesday evening.

Come for the soup, stay for

the conversation and a short and meaningful worship."

Sunday services are held at 10 a.m., in person and online. Children's church is offered each Sunday.

LCIF continues its ongoing food drive to help feed the hungry. Canned goods can be dropped off during church services or anytime during the week at the church office.

Visit lcifoothills.org for more information or to request/offer help email office@lcifoothills.org or call (818) 790-1951.

The church is located at 1700

Foothill Blvd. in La Cañada Flintridge. Office hours are 9 a.m. to 1 p.m., Monday through Friday.

Red Cross Blood Drive in La Crescenta

Crescenta Presbyterian Church is hosting a Red Cross blood drive on Sunday, March 26, from 8 a.m. to 2 p.m. The blood drive will be held at La Crescenta Presbyterian Church, 2902 Montrose Ave. in La Crescenta.

For more information or to sign up, visit redcrossblood.org and search

"91214" for local blood drives, or contact La Crescenta Presbyterian at (818) 249-6137.

Walk and Word

In March, Walk and Word participants will meet in the parking lot of Deukmejian Wilderness Park, 3429MarkridgeRoadinLaCrescenta/ Glendale at 8 a.m. on March 19 and 26. Participants will walk for the first hour and then gather to read a selection of Scripture. About a half hour will be spent journaling about what was read and then there will be conversation, sharing thoughts.

Participants are asked to bring something to write with, anything wanted to eat or drink, and a chair to use for the writing part of the morning. Because people will be outdoors and social distancing will be practiced, masks will be optional.

Those with questions can email Jeanne at jnlavieri@earthlink.net.

All are welcome. If the hike is too strenuous, there are level paths at the park. There are ramps from the parking lot to the field where the group gathers after the hike.

PROM TIPS from COVER

6. Stay safe. Those attending prom with a date should make sure to communicate boundaries expectations beforehand. Also, be sure to follow all safety guidelines such as not drinking and driving, and staying with a group.

For many students, the highlight of prom is the opportunity to dance the night away with their date and their friends. The dance floor is usually the center of the action, with students showing off their best moves and enjoying the music. The venue also typically provides photo booths and a buffet, which allow students to have fun and socialize while taking a break from dancing.

Overall, prom is a magical and memorable experience that high school students highly anticipate. It is a chance to celebrate the end of the school year and create lasting memories with close friends. While the dress code and formal atmosphere can be intimidating, the overall atmosphere is one of excitement and celebration. By planning ahead, dressing appropriately and staying safe, prom-goers can ensure that their first prom will be a positive and unforgettable experience.

LC MOTEL from page 7

stayed in the family until it was sold in the early 2000s to Tony Talisse, a La Cañada homebuilder, who came to the Foothill Design Committee wanting to build a condominium complex. He changed his plans after he was told that the community would oppose that proposal.

"He heard our concerns and completely shifted gears, coming back with a beautiful design for an assisted living facility, set back on the northwest corner of the lot with a large open space and fountain on the corner," said Raghavachary. "We loved the architectural design, in which he showed respect for the character of the area, particularly the St. Luke's of the Mountains church. The timing was unfortunate, though, as commercial lending started to decline, and he was unable to secure funding."

Talisse sold the property and he and his wife moved to Beverly Hills.

The new owner proposed a strip mall project, which Raghavachary said closely resembled an old Ramada Inn, but that project never moved forward. The property had been for sale for over 10

The La Crescenta Motel has been a location for many films and television series including "Beverly "The X-Files," Hills, 90210," the pilot for "Supernatural" and "Win a Date with Ted Hamilton," to name a few.

Celebrating Milestone Anniversary

On Feb. 19, Lutheran Church in the Foothills' pastors Rev. Chuck Bunnell, Rev. Brenda Bos-Bishop of the SW California Synod of the ELCA and Rev. Bruce Johnson-retired LCIF pastor took part in the church's 75th anniversary.

Photo provided by LCIF



SERVICE DIRECTOR

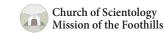
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NOTICE OF SELF STORAGE SALE

Unit lien sale of unknown goods, unit; stored by David Friese, and lien sale of unknown goods stored by Ivonnet Martinez Date of Sale 03/27/2023 at 7:30AM SpaceSpotsLLC 427 West Avenue G, Lancaster ca 93534. Published in the Crescenta Valley Weekly, March 16, 23, 2023.

NOTICE OF NAME CHANGE

NOTICE OF NAME CHANGE

ORDER TO SHOW CAUSE FOR CHANGE OF NAME: CECILY MONDRAGON. Case number 23GDCP00042. Superior Court of California, County of Los Angeles 600 East Broadway Room 279, Glendale, CA 91206. To all interested persons: 1. Petitioner CECILY MONDRAGON filed a petition with this court for a decree changing names as follows: a. Present Name: SELENE LUNA VALENZUELA to Proposed Name: LUNA SELENE VALENZUELA. THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING a. Date: MAY 17, 2023 Time: 8:30 AM Dept.: D Room: b. The address of the court is same as noted above. A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Published Crescenta Valley Weekly March 16, 23, 30, April 6, 2023.

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FRIEDMAN from page 9

AB 8 will require that the full price of a ticket including all fees be provided to the consumer before they put their purchase in their online shopping cart for tickets sold by both primary and secondary ticket sellers. It will also require platforms, both original sale and resale, to disclose an exact location (section, row, seat number) of the tickets.

Last but not least, AB 8 also provides clarity on the transferability of tickets. In today's marketplace, consumers are often in the dark about their options if they can't attend an event. Can you get a refund? No. Can you resell them? Maybe ... or maybe not. Can you give them away for free? Maybe or maybe not.

Consumers are facing an increasing number of restrictions

placed on tickets that they have rightfully purchased. For any given event, primary ticket sales are typically done exclusively by one of a handful of large companies. These companies are not only in the primary ticket selling business; most are also in the secondary or resale ticket business as well. Their dominance in the primary market gives them incredible ability to use technology or terms and conditions to dictate to consumers how tickets can be used, whether or not they can be transferred, given away or resold, and on which platforms these transactions can occur.

This unfairly limits consumer choice and competition in the industry. It empowers ticket sellers over consumers. Under AB 8, consumers will be protected from discriminatory, anticompetitive

and deceptive practices that make it harder to buy, resell and use

I am proud to be working with Assembymember Jackie Irwin (D-Thousand Oaks) and a number of my colleagues on this legislation to create a fair playing field for all, add important new consumer protections and make sure that fans have access to tickets for all the events they want to see. We can keep the entertainment industry thriving in California and protect the consumers at the same time.

How do you feel about AB 8? Please feel free to reach out to me with any comments, questions or concerns through my District Office at (818) 558-3043 or Assemblymember.Friedman@ Assembly.ca.gov.



WEATHER from page 2

and intensity of extreme events), at high latitudes (including loss of Arctic sea ice), and ecosystems (species shifts, extinctions and rapid state changes)," according to C2ES. "The current pace of global warming, spurred by the human release of greenhouse gases into the atmosphere, brings an increased risk of more frequent and intense heat waves, higher sea levels and more severe droughts, wildfires and downpours."

"The Day After Tomorrow," like most science fiction, takes some truth and then expands on it to be more entertaining but, like most science fiction, it can be a warning of things to come - a warning that what the sci-fi imagination can dream, no matter how exaggerated at the time, can become a frightening reality.

Because this is still Women's History Month, I would like to point out that at its core the film was about family.



his work and his son (Jake Gyllenhaal) worshipped him but wanted more time with him and mom (Sela Ward) who, I think, didn't get enough screen time. Ward played Dr. Lucy Hall who, with the world falling apart, was concerned about her son but understood her husband was the best chance to find him. However, she never left her post as a doctor caring for all the displaced, injured and ill people who were suffering from the extreme weather. So while the dad was doing what he could to call attention to the situation and help navigate the catastrophic weather, this mom - this strong woman - was saving lives, without crying, wringing her hands or even looking for men to help;

You can read more at CVWeekly.com/NEWS



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