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THE FOOTHILLS' COMMUNITY NEWSPAPER

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AUGUST 31, 2023

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## Traffic Issues Around Schools are Focus of CHP

By Mary O'KEEFE

CVW was with California Highway Patrol (CHP) last Thursday at Crescenta Valley High School observing driving patterns. The CHP has about 20 schools to patrol throughout its area, and all appear to have a common thread.

"The drivers are creating their own traffic jams," said Officer Keller.

Many schools are located within neighborhoods so school traffic competes with normal neighborhood traffic. Often school drivers forget this when they park or stop in front of driveways, speed up and down streets or make mid-street U-turns.

CHP Officers Bay and Keller said they are seeing speeding, distracted driving and parking in red zones around schools, and on Thursday many of the citations written to drivers had to do with these issues.

There were several examples that if just one component went differently a traffic butterfly effect might have occurred – with tragic outcomes.

One driver who was traveling north on Ramsdell Avenue near Altura Avenue rolled into the red zone in front of the school. The driver slowly continued to roll northbound in the red zone until his/her vehicle stopped in the crosswalk. Students who were crossing stopped, apparently trying to decide whether they should go in front of or behind the rolling car. The car continued north out of the crossing lane and then for some reason it sped up into the marked student loading and unloading area where it almost collided with a truck. The truck, which was following traffic laws, had begun to pull into the clearly marked student drop-off/pick-up zone. The car and truck stopped in time but this could have been a collision that would affect several student pedestrians.

see CHP on page 18

## Rescue Teams Hone Their Skills

By Mary O'KEEFE

*MSAR and AMRT held a gripping joint training in the ANF.*

On Sunday, members of Montrose Search and Rescue (MSAR) and Altadena Mountain Rescue Team (AMRT) joined forces for a training drill held in the Angeles National Forest (ANF).

Prior to going into the forest, where MSAR member Cindy England had led the staging of the drill's actors and built a rescue scenario, the team reviewed the drill outline. On Sunday the goal was to first triage, then rescue.

Team members reviewed the rules for Simple Triage And Rapid Treatment (START). This is a system in which emergency responders first assess a scene, determine victims' injuries and place them into four categories. According to the National Library of Medicine the four categories are: black – deceased/expectant



Photo by Charly SHELTON  
Members of Montrose Search and Rescue and Altadena Mountain Rescue Team work together to bring a victim (in litter) to the road during a drill on Sunday.

injuries incompatible with life or without spontaneous respiration; these victims should not be moved forward to the collection point. red – immediate severe injuries but high potential for survival with treatment; taken to the collection point first.

yellow – delayed serious injuries but not immediately life-threatening; green – "walking wounded" victims with minor injuries.

The team members reviewed what symptoms determine each of these categories and then were

sent to the drill.

The scenario was an accident that involved multiple vehicles that had gone over the side of a cliff in the ANF. When members arrive they heard screaming from over the side and began to work

see MSAR on page 7

## Water Main Break Causes 210 Traffic Congestion

By Mary O'KEEFE

It was a tough morning for commuters on Wednesday when a water main broke during rush hour on the Foothill (210) Freeway. The call came in to CHP at 6:15 a.m.

At one point all eastbound lanes of the 210 were closed from the Pennsylvania Avenue off-ramp to the Ocean View Boulevard off-ramp as crews from Crescenta Valley Water District (CVWD) and Caltrans responded to the break. It was discovered the equipment belonged to CVWD.

"There [was] a large 12" main break of a pipeline going down Rosemont and over the 210. The [eastbound] freeway [was] closed off at Pennsylvania Avenue and [vehicles were redirected] to the Ocean View Boulevard [on-ramp]. Two valves were turned off, which

see WATER MAIN on page 7



Photo by Mary O'KEEFE  
Traffic was diverted off the 210 Freeway due to a water main break causing eastbound traffic to be slowed on Foothill Boulevard as well as Honolulu Avenue and Montrose Avenue.

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» FROM THE DESK OF THE PUBLISHER



# It Does Take A Village

My granddaughter was sick last week – nothing serious but her preschool didn't want her fraternizing with the other children until she was better. So I had the chance to watch her on Thursday last week and on Monday this week.

While I was watching her she thankfully apparently felt fine because she was running around like a crazy girl, making the dog on edge and keeping me on my toes.

My son and his wife both work, as does my son's mother-in-law; however, between all of us we had childcare covered. It occurred to me that indeed it does take a village to ensure the success of a venture, regardless if it's babysitting or undertaking a new business.

Earlier this month I shared the news that I have assumed the role of president of the CV Chamber of Commerce. The role is daunting, to be sure, but the number of people who have stepped up to lend a hand is impressive. Another example of "It takes a village."

On Aug. 18, I was one of more than 170 people who headed to Healy Hall for a night of bingo. I also had the chance to call the first game of the night – a bonus game that CV Weekly sponsored. After retaking my seat and looking around the room, I realized there were some people who were there for no other purpose than to win some bucks. However, the majority of the people were there to support the local posts of the American Legion and Veterans of Foreign Wars, hosts of the game. It was a lively night with a lot of winners – whether

bingo winners or those who had their number pulled as part of the raffle. After the evening ended, many people stayed behind to help clean up Healy Hall, collapsing and putting away tables and chairs and sweeping the floor. Another example of being part of "a village" that comes together for the betterment of the whole.

I could go on with examples of the support that is needed to ensure the ongoing success of an organization: Prom Plus relies on the support of the community at its many fundraisers (on-campus barbecues at CV High School, for example and, of course, at the main event itself), the chambers of commerce rely on the enthusiasm (and generosity) of local businesses to host monthly mixers and several non-profit organizations look to the generosity and giving nature of community members to participate in food drives. Even the CV Weekly, definitely a for-profit business, experienced the support of the community when COVID hit and our revenue stream dried up. Readers came out of the woodwork to give us money so we could keep the doors open – something I will forever be grateful for.

We are lucky to be part of this "village" and I hope you will not pass up the chance to help one of the many organizations who definitely need your help.

*Robin Goldsworthy is the publisher of the Crescenta Valley Weekly. She can be reached at robin@cvweekly.com or by calling (818) 248-2740.*

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» WEATHER WATCH

## Taking A Look Outside Our Window

By Mary O'KEEFE

Well, the weather is center stage once again. First Hurricane Idalia slammed into Florida on Wednesday. As of press time the hurricane continued to bring rain and high winds across the state before moving into Georgia where it downed power lines, and reports were made of several buildings being damaged by falling trees.

Idalia remained a Category 1 hurricane with winds of 85 miles per hour. In St. Petersburg, Florida there were reports of a four-foot storm surge with more water expected at the high tide later on Wednesday.

This storm brought winds, rain, storm surge and tornadoes to Florida, Georgia and South Carolina. California sent at last 100 emergency responders to the area to support the local residents.

And, of course, here on the West Coast we are dealing with a lot of heat. As I was researching the heat waves that are moving across the nation I found this quote from National Public Radio: "About 52 million are under heat alerts throughout the Southwest, Southern California and the Pacific northwest this week."

That quote was actually from Aug. 30, 2022 meaning these extreme heat conditions during the summer months are something we are going to have to get used to.

More than 106 million Americans from upper Midwest to the Gulf Coast are under various heat alerts as of Wednesday, Aug. 23, according to the World Meteorological Organization (WMO).

"Dangerous weather – intense heat and devastating rainfall – has impacted large parts of the northern hemisphere in this summer of extremes, causing major damage to the people's health and the environment. Marine heatwaves are affecting large areas of the ocean," according to WMO.

And it's not just happening in America but extreme heat is being seen across the globe.

China set a new national daily temperature in July and was hit by record-breaking rainfall at the start of August. Wildfires are being fought across the world, including in Algeria, Greece, Canada and the U.S. And fires, according to WMO, are burning in the Canadian Arctic.

"The extreme weather – an increasingly frequent occurrence in our warming climate – is having a major impact on human health, ecosystems, economies, agriculture, energy and water supplies. This underlines the increasing urgency of cutting greenhouse gas emissions as quickly and as deeply as possible," said WMO Secretary General Prof. Petteri Taalas.

According to a study by climate scientists in the World Weather Attribution, without human-induced climate change these heat events would have been extremely rare.

This heat is something we have to get used to – not just remembering to hydrate and wearing light clothing – we have to get emotionally prepared.

Although conventional wisdom seems to lean toward a correlation between violence/aggression and summer temperatures, it is difficult to get the exact cause and effect when it comes to human behavior and high heat. There are several factors that may play into the aggression including a greater chance of alcohol consumption during hotter months. However, there is the heat hypothesis that states higher temperatures make people more aggressive.

Extreme heat can slow cognition and increase anxiety. Another study found a dip in cognitive performance at air temperatures of 79 degrees. Researchers found that as the temperature rose activity in the parasympathetic nervous system, the anti-stress system that can help us stay calm and relaxed, was lowered. Plus oxygen saturation levels in the blood were lower at the elevated temperatures as well, which researchers said could be expected to result in reduced cognitive

see WEATHER on page 7



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# NEWS

## IN BRIEF

### CV WEEKLY OFFICES OBSERVE LABOR DAY

The offices of CV Weekly will be closed on Monday, Sept. 4 in observance of Labor Day.

### INPUT SOUGHT ON COUNCIL DISTRICTS

Residents are encouraged to provide input on whether the City of Glendale should transition to Council districts, draw their own maps, share their district line preferences and provide feedback on draft maps to ensure their neighborhoods are represented. Paper and digital mapping tools, as well as a video tutorial for the digital mapping tool, are available on the City's districting website at [MapGlendale.org/Draw-a-Map](http://MapGlendale.org/Draw-a-Map).

Draft maps submitted by community members and processed by the City's professional demographer can be accessed and reviewed on the Draft Maps page.

Residents can provide input at the upcoming districting public hearing and community workshops:

- Sept. 7 – Griffith Manor Park, 1551 Flower St., 6:30 p.m.

Community members can also submit feedback on draft maps and other public comments via email to [MapGlendale@GlendaleCA.gov](mailto:MapGlendale@GlendaleCA.gov).

Residents still have time to get involved in the district formation process. A full calendar of districting events and deadlines can be found online at [MapGlendale.org/Schedule](http://MapGlendale.org/Schedule).

To learn more about the City's district formation process, visit [MapGlendale.org](http://MapGlendale.org).

### GCC ALUM BEGINS ROLE AS EXECUTIVE DIRECTOR OF THE GLENDALE COLLEGE FOUNDATION

Paola Santana, the new executive director of the Glendale College Foundation, began her first full week in her new role on Thursday, Aug. 17 in time for GCC's new school year that began on Monday, Aug. 28.

Santana attended Glendale Community College and went on to earn a baccalaureate degree at the University of California, Berkeley, and a master's in higher education at the Harvard Graduate School of Education.

Santana replaces Lisa Brooks who retired July 31 after leading the Foundation for 14 years.

### SALVATION ARMY HOSTING FOOD DRIVE

The Glendale-Burbank Salvation Army is having a food drive on Saturday, Sept. 9. Items needed include dry cereals, rice, dry beans, pastas, oatmeal, canned beans, peanut butter, canned fruits, canned veggies, canned soups and laundry detergent. Donations can be dropped off on the black shelving unit at the parking lot of CV Weekly, 3800 La Crescenta Ave. (at the corner of Honolulu and La Crescenta avenues). Please mark bag/s with SA.

For questions/information contact [Gabriela.Maldonado@usw.salvationarmy.org](mailto:Gabriela.Maldonado@usw.salvationarmy.org) or call (818) 246-5586 x 1221.

# Let's Go Bowling!



Photos by Charly SHELTON

ABOVE: The new owners of Montrose Bowl have retained its vintage décor after making major renovations to the iconic property.

BELOW: Council member Elen Asatryan looks on after rolling a perfect ball.

By Mary O'KEEFE

Today, Thursday, Aug. 31, Montrose Bowl will officially reopen, welcoming the public to the historic location in Montrose. The new owners retained its unique décor while giving it a fresh look that creates an inviting environment for the community.

The path to today's opening has not been easy. A little over a year ago CVW was given a peek at the renovations being done at Montrose Bowl and talked with the owners about being back in business.

"We bought the [property] early on during COVID," said Tzvi Ratner-Stauber, owner of the Montrose Bowl property, in that earlier interview.

His family has been doing business in the San Fernando Valley since 1910.

"We have a great appreciation for LA history," he said. "I grew up going to Montrose Bowl."

Robert Grigoryan, operations partner, also had history with Montrose Bowl when growing up in Glendale. During that interview over a year ago, the interior of the property was just a big pile of dirt as they were repairing and replacing the plumbing, electric and flooring throughout the building. At the time they said they wanted to respect the history of the location ... and they have done so.

Great attention to detail was given to every aspect of the décor, from the muted pink and green colors to the bowling alley floor. The original floor was kept and repaired where needed.

The one difference is the restaurant, which will serve only vegan and kosher food. Craft beer will be available on tap. Grigoryan had a vegan restaurant in Los Angeles that he closed in order to put all of his efforts into refurbishing Montrose Bowl. His sister, Mary, is the creator of many of the recipes including the vegan "chicken" sandwich. They will also serve sliders, French fries and fried pickles.

The chicken sandwich is delicious. Aurelius Valdez is the chef at Montrose Bowl. Mary is vegan but Valdez is not, so the food must pass two taste tests: it must satisfy the palate of those who are drawn to these types of menu items and of those who may feel hesitant to try the offerings. To broaden the menu, Valdez created a pizza that will be on special order at the restaurant.

Grigoryan said they have already had many people show interest in hosting parties at Montrose Bowl and, in fact, have several reservations already confirmed.

But it is the public that is really going to benefit from this business.

"Free bowling through 2023," he said.

There will be free bowling to the end of the year on a first come, first served basis. This is a way to thank the community for its support, said Grigoryan. Not only will this give residents time to get to know the bowling alley again, it will also give them an opportunity to try the new cuisine.

Mayor Dan Brotman was on hand for a sneak peek at the bowling alley on Sunday. He praised the owners for restoring the "legendary" business in Glendale/Montrose. He also showed off his bowling skills, along with fellow Glendale Councilmember Elen Asatryan, who also had a grand time bowling.

The official opening is today, Aug. 31 at noon. The hours of operation will be Thursdays, Fridays and Saturdays from noon to 2 a.m., Sundays through Wednesdays from noon to 8 p.m.



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# Every Can Counts!

*The Salvation Army Glendale/Burbank desperately needs non-perishable food donations and is holding a food drive to collect them.*



File photo

In 2022, Salvation Army volunteers sort through the tons of donated food items. This year, due to a decrease in donations, the Salvation Army is having a food drive on Sept. 9.

By Lynn SHER

The Salvation Army of Glendale/Burbank is in a predicament. For the first time in decades, its one annual food drive, Stamp Out Hunger, had a historic drop in donations. Normally the food drive, hosted every May by the National Association of Letter Carriers, would collect 60,000 pounds of food – the equivalent of 30 tons. This year, it amassed only 10,000 pounds. Because of this, the Salvation Army Glendale/Burbank is having an additional food drive to make up that difference.

Captain Kelly Berggren, core officer, executive director and pastor of the Glendale/Burbank Salvation Army Church, said, “This is really a desperate situation for us.”

Four years ago, the Salvation Army of Burbank merged with the Salvation Army of Glendale. It now serves a huge area extending

from Burbank to North Hollywood and from Glendale to Tujunga, La Crescenta and La Cañada.

The Salvation Army food pantry is open every week from noon to 3 p.m., Monday through Thursday, and serves about 600 families per month. On its website, the Salvation Army estimates “one in five families go to bed hungry each night in the City of Glendale.” If the pantry runs out of food, people don’t eat.

“We didn’t expect this,” Kelly said.

It’s imperative that this food drive is a success so the Salvation Army can continue to feed those in need. The non-profit has been forced to buy groceries using money that was previously allocated for other important projects, putting them on a precarious trajectory.

On Saturday, Sept. 9 from 9 a.m. to 3 p.m., members of the Glendale/Burbank Salvation Army

advisory board, some of whom are also Kiwanians and Rotarians, will be posted at four different Ralph’s supermarket locations spread out between Burbank, La Crescenta and Glendale (see exact locations below).

As shoppers enter the store, they will be offered a red shopping bag and a flyer for the event. Shoppers can then shop for themselves and the Salvation Army congruently, putting the food drive groceries in the red bag, paying for them at check-out and simply handing it to volunteers on their way out of the store.

People can also drop off food directly to the Salvation Army Glendale/Burbank, 320 W. Windsor Road in Glendale.

While any non-perishable food is welcomed, they specifically are in need of dry cereal, dried and canned beans, peanut butter, canned tuna

fish, oatmeal and pastas, and canned veggies, fruit and soups.

Brian Murphy, the advisory board president for the Salvation Army Glendale/Burbank, thinks that inflation could be a possible reason for the unprecedented decline in food donations this year.

“[It could be] a reflection of cost,” Murphy said. “Things have gotten so expensive.”

To those who just may be getting by and don’t think they have the funds to purchase food for the drive, he said, “No donation is too little. A box of cereal, a can of vegetables [makes a huge difference].”

Looking ahead, after the Sept. 9 food drive, the Salvation Army Glendale/Burbank is holding its Annual Red Kettle Kickoff Campaign. Held in November and December, this is the time of year when people from the Salvation Army are in front of supermarkets, collecting donations in little red buckets. Every red kettle season is started with a kickoff campaign.

This year a different type of event is being held to kick off this important season. A comedy show is scheduled for the evening of Nov. 9 and will feature comedians Christopher Titus, Rachel Bradley and Billy Gardel (from the “Mike & Molly” show). For the fundraiser, the El Portal Theater at 5269 Lankershim Blvd. in North Hollywood is donating its space for the event and the comedians are donating their time and talent.

The event’s seating and pricing chart has not been released yet. Of course, cash donations are always welcomed and can be made via the Salvation Army Glendale/Burbank website at <https://give-cas.salvationarmy.org/give/203963#!/donation/checkout> and at the four food drive locations on Sept. 9: Ralphs at 2600 Victory Blvd. in Burbank and Ralphs at 1100 San Fernando Road in Burbank, Ralphs at 1200 N. Central Ave. in Glendale and Ralphs at 2675 Foothill Blvd. in La Crescenta.



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The Salvation Army Glendale/Burbank food drive assists hundreds of local families in the Glendale and surrounding communities!

For questions/information please contact  
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The Salvation Army Glendale/Burbank  
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# Four More Arrested in Connection to Americana YSL Flash Mob

The Los Angeles Organized Retail Theft Task Force and the Glendale Police Dept. announced the arrest of four suspects connected to the YSL flash mob and other “smash & grab” robberies in the region.

Arrested were Ziona Famoso (18) of Compton, Alana Hart (18) of Los Angeles, Jordan Harris (18) of Los Angeles, Jason Smith (18) of Los Angeles.

Charges filed by the California Attorney General’s Office include organized retail theft, grand theft, robbery, and felony vandalism.

The YSL flash mob occurred on Aug. 8 at the Americana at Brand. In that incident, at least 30 suspects flooded the store, smashing items, stealing property and fleeing in vehicles. One suspect, 23-year-old Ivan Isaac Ramirez, has already been arrested in connection to the YSL thefts. The Glendale Police Dept. also has an active warrant for

21-year-old Brianna Jimenez of Los Angeles.

These arrests were made mainly due to the collaborative efforts of the Organized Retail Crime Task Force and the Glendale Police Dept. – Crime Analysis Unit.

The Organized Retail Crime Task Force is a collection of agencies combining resources to eliminate this plague that has taken over the region. LAPD, LASD, the Glendale Police Dept. and other agencies have formed this coalition of regional law enforcement partners to arrest those who have taken part in these retail robberies, burglaries and acts of vandalism. The task force will work to proactively end these types of crimes, develop leads and make arrests.

The Organized Retail Crimes Task Force is a specialized team dedicated solely to combating this growing problem. Their mission is multi-fold: to

eliminate the recent incidents of violent robberies at retail establishments, reduce incidents of organized retail theft, foster a safer shopping environment and bring suspects to justice.

These arrests mark a significant step forward in curbing the alarming trend of flash mob/smash-and-grab robberies affecting the retail landscape of Southern California. The collaboration between law enforcement agencies and the exchange of vital intelligence highlights the commitment to ensuring public safety and security.

The Glendale Police Dept. asks anyone with information to assist in this case by calling (818) 548-4911.

To remain anonymous, call the L.A. Regional Crime Stoppers at (800) 222-TIPS (800-222-8477) or go directly to [www.lacrimestoppers.org](http://www.lacrimestoppers.org).

# CRIME BLOTTER

Aug. 26

600 block of Foothill Boulevard in La Cañada Flintridge, a woman placed her purse in a shopping cart. When she went to the cashier to pay she noticed her wallet was missing. The theft occurred between 2 p.m. and 3 p.m.

2100 block of Montrose Avenue in Montrose, a woman (victim) reported that as she returned home after a walk and was about to enter her home a black SUV pulled up next to her. An unknown male, Suspect No. 1, asked her for directions to the freeway. The victim responded and then began to walk away when an unknown female, Suspect No. 2, who was in the front passenger seat of the SUV, exited the vehicle and approached the victim. Suspect No. 2 placed two gold-colored necklaces on both of the victim’s wrists. Despite objections from the victim, Suspect No. 2 insisted that the necklaces remain. At the same time an unknown female child, who was seated in the left rear seat,

starting talking to the victim who at this point was feeling confused with these strangers all speaking to her simultaneously. Suspect No. 2 continued to insist the victim accept the necklaces, which she refused. Then Suspect No. 2 quickly returned to the vehicle and the SUV drove away. It was then the victim discovered her own bracelet had been stolen.

Suspect No. 1 is described as being possibly Middle Eastern and having a thick accent, about 30 years old. Suspect No. 2 was possibly Middle Eastern, also with a thick accent, about 30 years old. She was wearing a black blouse and black pants. There is no description on Suspect No. 3.

The incident occurred at 1 p.m.

700 block of Foothill Boulevard in La Cañada Flintridge, a man was alerted by an alarm at his business. He observed, via surveillance cameras, two to three unknown male adults shatter the rear glass door and enter his business. The suspects had

see CRIME BLOTTER on page 6

# Bomb Threat Incident at the Americana Resolved, Suspect Arrested



On the night of Thursday, Aug. 24 at approximately 8 p.m., Glendale police responded to a bomb threat at the Americana at Brand. An object resembling a toilet was left on the property, along with a note indicating the object was a bomb.

Prioritizing public safety, the Glendale Police Dept. and Americana Security immediately initiated an area evacuation. The Los Angeles County Sheriff’s Dept. (LASD) – Bomb Squad was requested to assess the scene and the item.

Glendale patrol officers and detectives launched an investigation. Using witness accounts and security footage, a suspect was identified. As the LASD Bomb Squad meticulously worked through its scene safety protocols, officers searched for the suspect.

Glendale police officers successfully located and arrested 22-year-old Timothy Taratchila of Burbank for making a false bomb threat.

At approximately 11:04 p.m., LASD declared the device and scene safe. The evacuation order was lifted.

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## Obituary

### Toni Lee Gomez Jones and Jeff Jones



It is with sadness that the passing of Toni and Jeff Jones is announced. The two were soul mates on earth and now are together in heaven. Jeff died unexpectedly at home on Jan. 3 after a brief illness leaving family and friends shocked and in disbelief. He had been traveling to a hospital many miles away from their home to visit his beloved wife Toni and was distressed when he was unable to be with her after he became ill. Toni, in the hospital with multiple organ failures, fought to live and succeeded for a time, but left us on July 28 of this year.

Toni was born in Eugene, Oregon but grew up in the loving home of her parents, Manuel and Faye Gomez of La Crescenta. After graduating from CV High School in 1971 she continued her education at Glendale Community College and then pursued a career working for several doctors in the Glendale area.

Jeff lived with his parents John and Georgina in Montrose

when he and Toni first met. Flash forward to 1992 when Jeff was back in town and the romance began, leading to their marriage in 1996.

Jeff was an HVAC technician at Paramount Pictures for many years and was known to help many in our community with their air conditioning during hot summers.

After retiring, Jeff and Toni decided to move to Arizona where they enjoyed the sunshine, monsoons and friends, old and new, along with occasional trips to a nearby casino. Jeff was usually involved with new projects or helping neighbors with one thing or another.

They are now with loved ones gone before – Toni laughing and telling stories while Jeff and Manuel outdo each other with their best jokes.

They leave behind Toni's son Jeffery Pollard and daughter Jamie Pollard Cripe, and Jeff's daughter Amy Jones Parsons along with eight grandchildren, four sisters and a brother and a large extended family.

# USC-VHH Hosts Suicide Awareness Conference

By Mary O'KEEFE

On Sept. 9, USC Verdugo Hills Hospital (VHH) will present its Eighth Annual Suicide Awareness and Prevention Conference. The event is co-hosted by the American Foundation for Suicide Prevention.

The in-person venue will be held at USC-VHH; it will also be presented as a webinar. The registration deadline for attending in-person is tomorrow, Sept. 1. The deadline to register for the webinar is Sept. 8 (links on how to register can be found at the end of this article).

The event is sponsored by Horizon Healthcare, Los Angeles County Supervisor Kathryn Barger and USC-VHH Foundation Caduceus Society. The hope is that those in attendance will gain a better understanding of mental health challenges.

"The signs, risk factors, causes and impact of suicide [will be discussed as will] the available mental health resources and crisis helplines and the importance of mental health and suicide prevention," said Marie Filipian, MPH, Community Benefit manager with USC-VHH, in an email response.

In 2020, according to the California Dept. of Public Health

(CDPH), 25- to 44-year-old individuals had the highest rate of death by suicide followed by those 45 to 64 years old.

However, the provisional data for 2022 by the Centers for Disease Prevention and Control indicate a record high of 49,369 suicide deaths. This data also shows that in 2022 there was the highest number on record of gun-related deaths.

"We believe the hospital's service area is likely fairly consistent with the County as a whole when it comes to suicide rates," Filipian said.

According to LA County Public Health Dept., in 2020 death by suicide was the eighth leading cause of premature death among LA County residents; it is the third leading cause of youth death. Also, 33% of suicide deaths involved a firearm.

September is National Suicide Prevention Awareness Month and, although most data concerning death by suicide rates are from 2020, there are signs from preliminary data that suicide rates rose during the pandemic.

According to researchers for the Centers for Suicide Prevention and Research at Nationwide Children's Hospital, youth suicides increased during COVID-19

with significantly more suicides than expected among males, non-Hispanic, American Indian/Alaskan Native youth, and non-Hispanic Black youth.

According to the World Population Review, California is ranked 45th out of 50 states in suicide rates. Suicide rates during the pandemic were also higher than expected among non-Hispanic Asian/Pacific Islander females, non-Hispanic White males aged 5-12 years, non-Hispanic American Indian/Alaskan Native males and non-Hispanic Black males aged 18-24 years.

This issue does not just fall on the shoulders of medical providers but also on the shoulders of the general public at large, as well as healthcare students.

"Community members and mental/behavioral healthcare professionals generally make up the audience. Continuing education credits are offered to healthcare professionals," Filipian added.

Attendance to the USC-VHH event is free. To register for in-person attendance, visit <https://bit.ly/USCVHHSAPCLive2023>. To register for the webinar, visit <https://bit.ly/USCVHHSAPCWebinar2023>.

# GUSD Schools Rank Among Nation's Best by U.S. News & World Report

Glendale Unified high schools rank among the nation's best – once again – according to the ranking by U.S. News & World Report's 2023 Best High Schools. All four GUSD high schools ranked in the top 17% of nearly 25,000 high schools considered. Clark Magnet High ranked in the top 2%, Crescenta Valley High in the top 5%, Hoover High in the top 14% and Glendale High in the top 17% nationwide.

According to the U.S. News & World Report rankings methodology, the highest

ranked schools "are those whose students demonstrated outstanding outcomes above expectations in math and reading state assessments, earned qualifying scores in an array of college-level exams, and graduated in high proportions."

"We are incredibly proud of our Glendale Unified high schools that rank among the nation's best year after year," said Board of Education President Jennifer Freemon. "We are working together every day to foster a positive culture

of learning and maximize academic outcomes for every child in our district."

"Glendale Unified is a dynamic, high performing school district. Our talented teachers, classified staff and administrators work tirelessly alongside our parents and community partners to prepare every student for success in college, career and life," said Interim Superintendent Dr. Darneika Watson. "I am thrilled to celebrate this accomplishment with our entire GUSD community."

BLOTTER from page 5

broken a wooden door to gain access to his office. They ransacked the office, took a black and blue model Lamborghini car on display and then left.

The theft occurred at 2:32 a.m.

#### Aug. 24

3000 block of Foothill Boulevard in La Crescenta, an informant reported witnessing a man – Suspect No. 1, described as Hispanic with dark hair and a slim build who at the time was wearing a black sweater and black shorts – and another man – Suspect No. 2, described as Hispanic with dark hair and a heavyset build who at the time was wearing a blue shirt and tan shorts – enter the store. The informant watched

the suspects walk toward the computer laptop aisle located in the center of the store. Suspect No. 1 reportedly took a laptop from the display shelf, Suspect No. 2 took another laptop and then they both ran toward the electronic accessories aisle and took a pair of wireless headphones. They then ran out of the store and got into a dark colored, older model Ford Explorer and drove eastbound on Foothill Boulevard.

The theft occurred at 8:45 p.m.

900 block of Foothill Boulevard in La Cañada Flintridge, a woman reported that as she was shopping in the store a man, 5'9" tall with a thin build and wearing a white shirt and blue jeans, bumped into

her multiple times while she was shopping. The woman believes this was a distraction while an accomplice stole the wallet from her purse, which was in the shopping cart. She did not see anyone take her items but she was called by her bank stating that someone had attempted to use her credit cards at a store; however, the transaction had been declined. Apparently a similar incident occurred with another shopper near the first victim.

The theft occurred at 6 p.m.

#### Aug. 19

200 block of Starlane Drive in La Cañada Flintridge, a catalytic converter was stolen from a vehicle between Aug. 19 and Aug. 22.

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MSAR from Cover

together to assess and rescue. One of the screams heard was from a woman yelling for her missing baby. Even though this was just a drill, those words made everyone take a deep breath. Unfortunately this scenario is all too real and something these search and rescue teams often respond to. The difference this time, and the reason for the drill, was to review the triage process. "We want to rescue," England said. "That's our first instinct." When members respond to an accident or find a missing person, they naturally go into their emergency medical technician mode and begin working on the first victim they find; however, in

this type of scenario where there are multiple victims the team employed the START system. Two of the "victims" were MSAR trainees. Teeka Masermisn and Kevin Guthmiller both played accident victims. There are many steps to joining MSAR and AMRT. Both Masermisn and Guthmiller said the rewards are worth the time devoted to becoming a member. Guthmiller has been a volunteer firefighter and is now a physician. He is from La Cañada and was well aware of MSAR. The teams began to talk about having a drill about six weeks ago. From there it took three weeks of planning, England said.

One of the actors on Sunday was Tim Sheedy, brother of MSAR team member Robert Sheedy. "I [played] the driver of the Jeep and a drug addict," he said. He portrayed a driver under the influence whose car went over the side of the road with a baby and the baby's mother in the passenger seat. The mother was played by Tim's wife Jackie. "We were driving and she was holding the baby on her lap," he said of the scenario. When the Jeep stopped rolling they realized the baby was missing. At first they thought s/he was thrown out of the vehicle.

"But they found the baby in the back of the [vehicle]," he said. The baby was deceased. Two adults also "died" in the accident scenario. Sgt. John Gilbert, Los Angeles County Sheriff Dept. (LASD) - Crescenta Valley Station, said it had been a while since the team had been part of a drill and he was glad they were able to get together with AMRT for this one. MSAR and AMRT members are

volunteers through the LASD and are paid \$1 a year. They are on call 24/7 and although the team responds to areas within the Angeles National Forest members also travel throughout the state and some also travel throughout the world to help others. For more information or to donate to the teams visit montrosesar.org and amrt.org.

WEATHER from page 2

performance, according to an article from NPR KQED on July 31, 2023. I have noticed lately as the temperatures have risen I am tired and more salty than usual. I have seen more aggression on the roads when one driver actually honked and yelled at a student who was walking in the crosswalk with the light. Yep, what a good example as an adult: yell at a kid for obeying the rules. And if you find yourself at a four-way stop, you will need to bring all the patience you have in reserve because suddenly drivers go into a "pick-me, pick-me" mode in which they edge their cars just a little beyond the stop line, then wait until someone else edges up and then someone else until everyone moves forward until all three

or four cars almost meet in the middle. And I have noticed that no one waves either; everyone just looks at each other waiting to get picked for the team that gets to cross the road. People are generally cranky so maybe that's why I feel so uplifted by simple acts of kindness and maybe this is why I notice them more during these very hot days - like when Rosemont Middle School students smile and say good morning as they walk into the Fire House youth center on Wednesday morning, students thanking us for breakfast as they leave for school, waiting for someone to back out of their driveway and having them smile and wave an acknowledgment, having someone say "I will take that" as they take my empty

shopping cart back to the stall and just a simple smile from a passerby. Maybe we need to be more aware of how heat affects us as the temperatures climb and challenge ourselves to be a little more kind despite the weather. Our heatwave should be ending today as we head into the Labor Day weekend and see cooler temperatures. Today's temperatures will be around 89 degrees then Friday it will drop to 82, Saturday and Sunday will drop even further with temperatures in the high 70s. Monday temps will tick up a few degrees to low 80s and Tuesday will be up again near mid 80s. There is a slight chance of monsoonal showers Friday and Saturday night, according to NOAA.

WATER MAIN from Cover


off, which we're hoping [will stop] the flow. In the meantime, excess water is blowing off a 4" outlet under the overpass on the eastbound side. Caltrans, CHP, sheriff and [other emergency responders] were on-site. We are hoping that, based on how our water pressure zones are designed, there will be no extended interruption in service," said James Lee of CVWD. He added the focus of the CVWD at the time was to stop the water, drain the water that accumulated on the road and get traffic moving.

Lanes 1, 2 and 3 of the eastbound 210 were reopened about 7:42 a.m., according to CHP Officer Boyd. Eastbound lanes 4 and 5 were kept closed, as was the Ocean View off-ramp as crews continued to work. Lee said the first step of the CVWD was to get the traffic flowing again, then assess the problem and then do the repair. CVWD has turned off the water to this particular pipe. Customers were not affected as the water was rerouted. "We are going to be on this issue

for a while," Lee said. CVWD is working with Caltrans to find an entry point near the Rosemont overpass so crews can assess the actual damage to the pipe. It may be a long split or pinhole damage; they will not know until they get "eyes on the problem." "The idea is to put a liner on the pipe," he said. A liner will slide over the pipe to stop the leak; however, that is just a preliminary plan until it is determined what is the actual damage.

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# VIEWPOINTS

TREASURES OF THE VALLEY » MIKE LAWLER

## The Second Big Flood of 1934

Our tropical storm a few days ago reminds us of the dangers of flooding that we faced in the valley's past ... and who knows? Maybe in the future. Historically, most of us are aware that we had a huge flood on New Year's Eve in 1934 that killed some 40 people and destroyed hundreds of homes. That was the biggest flood we've faced so far. But few of us are aware that there was another big flood that same year, 1934, in October.

Like most of our floods, the deluge was preceded by a wildfire. The western San Gabriel Mountains above La Crescenta had burned in November 1933. But to the east, the hillsides above La Cañada remained untouched until early August 1934. A multi-day wildfire charred some 5,000 acres of the San Gabriels, fought to a standstill by a thousand firefighters.

Not long after, on Oct. 17, heavy rain struck the bare

mountainsides. Even though the flood control channels and debris basins had been planned to save the valley from further flooding, they hadn't been started yet. After a day of rain, a heavy afternoon cloudburst struck the freshly burned mountains above La Cañada and things began to slide. There was a flash of lightning and boom of thunder, and the residents along the Hall-Beckley Wash heard a familiar rumble – the same terrifying sound they had heard on New Year's Eve a few months ago. It was the sound of a debris flow, tons and tons of loose rock and mud, crashing down through the canyon and out onto the valley floor. A churning wall of debris five feet high and 30 feet across burst across Foothill Boulevard near Ocean View. Similar debris flows to the east came down Winery Canyon, Hay Canyon and Paradise Canyon, crossing Foothill Boulevard and pushing through the streets of Flintridge. Several

residents there received a layer of mud inside their homes.

In the Pickens Canyon Wash, a wall of mud and debris crashed down the channel, already cleared of homes in the New Year's flood. The flood, crossing Montrose Avenue at Rosemont, was described as 10 feet high and 60 feet across. After the initial wall passed, the flow continued about three feet deep for another hour.

Two feet of mud was deposited inside Holy Redeemer Church. A big Caterpillar tractor that had been working to build new flood control channels was tumbled over.

Surprisingly there was no loss of life. One 13-year-old girl was swept about a quarter of a mile before being rescued by a flood control employee. In another case, the flood debris hit a storefront in Montrose, caved it in and swept the owner, his wife and two daughters about two blocks before two men pulled them out in Sparr Heights. A portion of Sparr

Heights was particularly hard hit and evacuations were called for.

The Red Cross set up in the Sparr Heights Community building, and La Crescenta Presbyterian, the Masonic Hall and the Verdugo City Post Office all opened their doors. The American Legion Hall, which had been the ill-fated refugee center a few months earlier only to be hit hard by floodwaters, was still an empty shell, waiting to be moved to its current location.

That night at 2 in the morning, another cloudburst hit the La Crescenta side, rolling more rocks and boulders down into the valley below. Eagle Canyon and Dunsmore Canyon both had dramatic flows, but the channels had been swept bare in the New Year's flood, so there was no damage.

The Red Cross was vital to recovery efforts, just as it had been in the previous flood. Its members arranged alternate housing and distributed food and clothing.

The CCC (Civilian Conservation Corps) set its young men to work clearing debris and shoveling mud from homes. The County stepped up with heavy equipment to fill in new gullies cut through neighborhoods by the flood.

The valley had suffered mightily in the New Year's flood just a few months before, and was still digging out from that disaster. To have another flood so soon was just salt in the wound.



Mike Lawler is the former president of the Historical Society of the Crescenta Valley and loves local history. Reach him at lawlerdad@yahoo.com.

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## NEWS FROM THE CVWD » JAMES LEE

We've had another eventful week in terms of operations. Over the last seven days, the CVWD operations team has handled five emergency leaks – one main break (quickly brought under control) and four service leaks at the 3000 block of Fairesta Avenue, the 2300 block of Panorama Drive, the 2400 block of Rockdell Street, the 3000 block of Stevens Street and the 2500 block of Fairmont Avenue, respectively. That's a lot of leaks in this kind of heat for our crew, so please give them a "thumbs up" if you see them out there. As a reminder, you can sign up for automatic notifications by email/text/phone in the event your immediate area is impacted by an outage (the service is called Everbridge). Most of those who've signed up and utilized the alerts have provided positive feedback, and we recommend it too – <https://www.cvwd.com/sign-up-for-emergency-notifications>.

In the meantime, our finance team has initiated the process to pursue bond financing for the next three years of pipeline replacements. Bond financings are typically completed over 90 days and starting now means that we will

have funds ready by early spring to pay contractor invoices that start coming due around that time. It also means that we can be prepared early in case the bond market presents a favorable opportunity in terms of interest rates before then. The goal is to chase savings by addressing problem pipelines before they become emergency leaks like those from this past week.

Last week, I noted that we've begun the discussion for another rate study much earlier this year (in September as opposed to next February). It's not typical to develop a study every year, but we are at the end of a three-year rate cycle. Perhaps more significantly, there have been a lot of changes with more anticipated changes down the line, whether potentially significant shifts in cost structures (cost of water, treatment, infrastructure, etc.), water conservation targets, or drought remediation measures. We've also taken note of the community's input over the last several years and a sampling of those topics include consideration for customers with large lots, the difference between different customer classes such as single-

family, multi-family and commercial, how wastewater flow is measured, etc. These things will need more time to discuss. This, paired with our commitment to community engagement, means we're all best served by starting the process early.

Speaking of community engagement, we are planning to send a survey to the community in the coming month to solicit feedback about what's most important to customers – for example, how do you balance: infrastructure resilience / equity / affordability / water availability / financial sustainability / a host of other priorities?

To this end, we are currently recruiting for the regulatory & public affairs manager position that was recently left vacant. We're also looking for a communications consultant. I believe there is significant benefit to be had from engaging someone who can make sure we develop an effective outreach plan while ensuring that we appropriately maintain forums for dialog.

Thank you as always, and talk soon.

James Lee, General Manager  
CVWD

## LETTERS TO THE EDITOR

### Appreciates Local Coverage

I, for one, do not subscribe to the CV Weekly for news that is out of our area. At the bottom of the masthead it reads The Foothills Community Newspaper. That is what I believe most of us want to read about – local business, history, political shenanigans, etc. and so forth. I also subscribe to the Los Angeles Daily News. There I can find what is going on in LA County, California, other states, the Ukraine. Europe, Asia and a whole lot more. I do not need to see Mike Lawler and Vladimir Putin sharing the same pages.

I urge the CV Weekly to continue reporting on subjects

that are of interest to our community. Anyone who wants national or inter-national news can just subscribe to another newspaper that is already publishing those subjects.

Tom Suter  
La Crescenta

### Contests Supposed Outreach Efforts by CVWD

For more than 35 years as a resident living in Montrose, I have attended numerous CVWD Board of Directors meetings.

Mid-June this year – while paying my bill at the counter – I unexpectedly was told that CVWD is in the process of enacting a PTL (property tax

lien) to my real estate and to every other real estate parcels where about 11,000 water meters are installed unless 50%+1 of owners who also live on their premises will object to in writing – by Sunday July 15, 2023.

To date, no flyers, no notices, no mailings of any sort were received by us or anyone in our neighborhood from CVWD.

Since then, I have objected of the PTL being enacted and requested answers at each CVWD Board Meeting to my questions ... none was received.

Below please find a copy of my Aug. 22, 2023 letter to Mr. Lee,

see LETTERS on page 19



# YOUTH

## “It Takes Two” at Crescenta Valley High School Band Performance



By Mikaela STONE

Crescenta Valley High School’s band finished its two week band camp with a show previewing the year’s coming performances. Each summer, dedicated students in band and color guard hone their skills from 7a.m. to 3 p.m. in the California heat, working on precision drills so that they can march, twirl and perform as one cohesive group. Band teacher and director Matthew Schick led 96 students, 45 of whom are new to CV band, teaching them to march and memorize segments of songs so that they can establish muscle

memory before the start of the school year.

On Friday, Aug. 11, band members showed how far they had come by kicking off their show with a parade. They marched around the Crescenta Valley track as one unit, playing “The Liberty Bell March” – a song recognizable to many parents as commonly played in certain Monty Python sketches.

This year, the theme of the performances will be “It Takes Two,” as in “it takes two to tango.” As a tango, it will be more dance heavy than previous shows, giving more complicated choreography to the instrument players as well as the drill team. It is Schick’s

hope that this theme will send out a message of community in an isolating age, where it is easy to “think we have challenges that only affect us and we’re alone... [but it takes two] whether it’s a romantic pair or a buddy pair.” He looks forward to the creativity that will be shown in the coming year as the show progresses during CV’s home football games.

These shows will feature songs such as “Libertango” and “Assassin’s Tango,” led by three student conductors. The choreography shown for this first performance of “Assassin’s Tango” featured the instrument players pairing up for a small tango of their

own before arranging themselves into parallel lines that quickly diverged as the band marched forward, diagonally, and even backwards at top speeds while facing the audience.

The students then pulled adults from the audience to shadow them as they performed the song a second time, which showcased exactly how fast-paced and difficult the choreography was, even though the students made it look easy.

Drill Team Captain Lucy Bell reported that she in particular is looking forward to this year’s theme. While more experienced than most band members with the

dance required for “It Takes Two,” the color guard did not have it easy, either. The team showed up a week early to practice saber, rifle and flag drills so that they could blend seamlessly into the band’s marching.

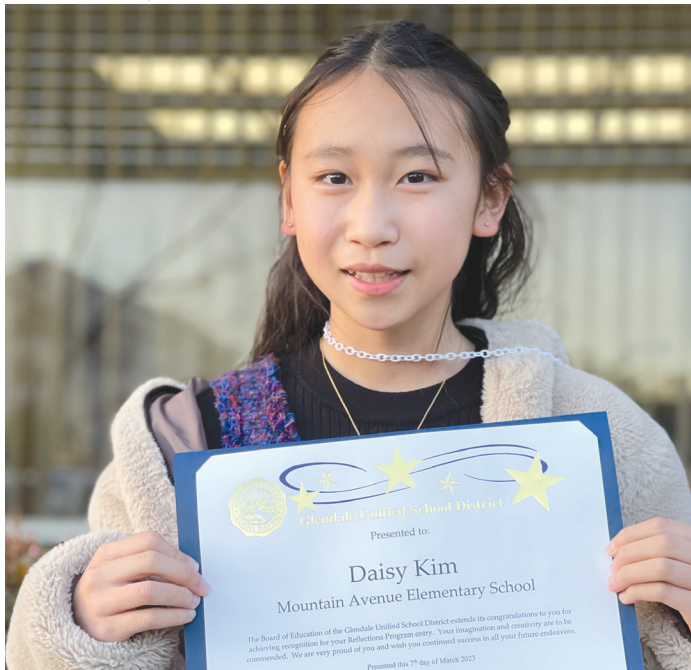
With these students’ passion and the guidance from Schick, finalist of the California best teacher awards who reported he was “humbled” by the appreciation he received, the 2023-24 school year is shaping up to be exciting for lovers of the arts. The band’s first performance will be held on Sept. 1 during the CV football team’s game against West Covina High School.

## Mountain Avenue Student Places Third at State Level in PTA Reflections Contest



Pictures provided by Bo Kim and James Kim.

ABOVE: Daisy Kim Reflections ‘Me to We’ project took third place at the state level in the California State PTA Reflections Contest. BELOW: Daisy with her PTA Reflections certificate.



By Lori BODNAR

Mountain Avenue Elementary School student Daisy Kim, who entered fifth grade when school started, won third place at the state level in the California State Parent Teacher Association (PTA) Reflections Contest. The PTA Reflections theme was “Show Your Voice.” Over 30,000 students in pre-K to 12th grade submitted their original works to PTA Reflections. The original works corresponded to a student-selected theme with California being one of the states with the most submissions.

Daisy titled her project “Me to We” in the Visual Arts Intermediate Division Category.

“Last year, I learned an important lesson that when you flip the letter M in the word ‘me’ it simply becomes ‘we,’” she said. “That lesson really changed my thinking, and I realized that world changing thoughts can start from a simple idea. The light on the candle in my artwork symbolizes my small voice that has the potential to shine bright and influence my friends/peers to come together as one. A light not only has the strength to light up a dark room, it also has the strength to grow with love, wisdom, hope, peace and harmony.”

Daisy enjoyed her experience competing in the different levels in PTA Reflections.

“I won first place at Mountain Avenue Elementary School, first place at Glendale Unified School District – Council level, first place at First District level, and finally I won third place at California State level. At first, I thought it was impossible to win at the state level since it is such a big competition. Also, my painting went to an exhibition in the Sacramento PTA

convention.”

Daisy has participated in PTA Reflections in the past and plans on continuing submitting PTA Reflections projects again this upcoming year.

“I did one project in visual arts last year,” she said. “I have submitted many artworks in a couple of different categories since kindergarten. In total I have done Reflections five times. I am planning to do visual arts and photography in PTA Reflections for this year.”

Daisy said she enjoys participating in Reflections because of the unique, creative challenge that the contest presents.

see REFLECTIONS on page 18

### ADOPT A KITTEN

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# BETWEEN FRIENDS

## Pasadena Society of Artists Presents its 2023 Artists' Choice Exhibition at Whites Fine Art Gallery in Montrose

PSA's 2023 Artists' Choice Exhibition presents 74 artworks created by 42 artists. The exhibition opens Friday, Sept. 1 and closes Sept. 30 at Whites Fine Art, 2414 Honolulu Ave. in Montrose. The artists' reception is Saturday, Sept. 2 from 2 p.m. to 4 p.m. Gallery hours are Tuesday to Saturday from 9 a.m. to 5 p.m.

For a list of participating artists, visit [www.cvweekly.com/BetweenFriends](http://www.cvweekly.com/BetweenFriends).

Media includes oils, acrylics, etching, aquatint, monoprint, ceramics, fabric collage, graphite, colored pencil, photography, mixed

media and ink. The show will open concurrently online at [www.ISSUU.com](http://www.ISSUU.com) and will remain viewable after the gallery show closes.

Founded in 1925, the Pasadena Society of Artists is one of the area's original professional artist groups. The Society is noted for its vigorous, active membership, wide diversity of artistic statement, and high professional standards. Membership is by juried submission.

PSA is a non-profit organization whose mission is to present the works of its many talented and creative

artists to the community of Pasadena and surrounding areas. Combining an active tradition of community participation and partnering with local community arts organizations, as well as philanthropic, humanitarian, and educational institutions, PSA endeavors to enhance public awareness of art and the enriching qualities it brings to our lives.

For more information about PSA please visit [www.PasadenaSocietyofArtists.org](http://www.PasadenaSocietyofArtists.org).

[www.whitesfineart.com](http://www.whitesfineart.com) 818-957-4071 Exhibition chair is Lawrence D. Rodgers.

**2023 Artist's Choice Exhibition (ACE)**  
September 1-30, 2023  
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42 Artists • 74 Artworks

The show will open concurrently online at [www.ISSUU.com](http://www.ISSUU.com) and will remain viewable after the gallery show closes.

Artists: Juliana Apancio-Curtis | \*MarBeth Baloga | \*Cyril Bernel | \*Barbara La Bennett Marko Berd | Chuka Susan Chesney | Roger Dolin | Danen Donner | Karen Duckles Martin Ehrlich | Mims Ellis | \*Mayellen Elgorth | Patricia Fortlage | \*Gina M. | Kevin Hass Karen Hochman Brown | Karen M. Holgerson | Marvin Jackson | Sharon Jenise Cohen Jeffrey Jensen | Nora Koerber | \*Joanna Kos | Tommy Lo | Warner LeMérage Rosina Maze | \*Janet Manalo | Chris Moore | Albert Natian | Victor Picou Rebecca Harvey Pollack | Rhonda Raulton | George Repetti | Jean Richardson S. A. Smith | \*Robert Michael Sullivan | Kathleen Swaydan | Barbara Thorn Suzanne Urquiza | Tsvetelina Valkov | Ken Weinrub | Sean Yang | Carolyn Young

**Pasadena Society of Artists at Whites Fine Art**  
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\*Artwork shown here appears courtesy of PSA members. Copyrights remain with the artists.

## CV WEEKLY ON THE MOVE



- The Suters took CV Weekly along when visiting Hoover Dam.
- The recent water level at Hoover Dam was high and expected to rise six more feet by year's end. Lake Powell was dumping water into Lake Mead. It was 110 degrees with a humidity level of 8%. Las Vegas Boulevard and surrounding streets were torn-up as the community prepared for the Grand Prix.
- *CV Weekly loves to travel! Take us along on your next trip and send us a photo. You may find yourselves on the pages of the community's favorite newspaper.*

## CCLCF 30th Annual Thanksgiving Day Run/Walk & Food Drive Returns to Memorial Park



The Community Center of La Cañada Flintridge's Thanksgiving Day 5K Run/Walk, a community favorite for three decades with families, athletes and community supporters of all types, returns on Thursday, Nov. 23. The professionally timed race begins at 8:30 a.m. at Memorial Park in LCF. Cash prizes will be given to the top three finishers in the men's and women's categories and winners will also be announced in each age category.

The Kids' Mile and Half-Mile Run is a family-fun event geared for children 12 and younger. Parents may run alongside children who have registered. Kids will receive a T-shirt before the race and a medal as they cross the finish line. The Kids' Run will begin at 9:30 a.m. for ages 8-12, followed by a second start for those under 8.

The Community Center's Thanksgiving Day Food Drive is one of the largest such efforts in the foothill communities. Canned and other nonperishable food is collected during November at CCLCF as well as at select businesses and schools throughout the area. Donations are distributed by the Crescenta Valley Sheriff's Station to local families in need.

The Community Center is a 501(c)(3) nonprofit organization established in 1949. It has served the thousands of children and adults, offering a variety of enriching, recreational and educational opportunities for members of the LCF community and surrounding areas.

For more information visit [CCLCF.org](http://CCLCF.org).



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» MESSAGE FROM CBD COMFORT ZONE

# CBD Comfort Zone Celebrates 4th Anniversary in

CBD Comfort Zone Celebrates 4th Anniversary in Montrose

It is hard to believe it has been four years since we opened our doors in Montrose. In that time, we have opened two additional stores, built an online business and survived a pandemic. It has been an exciting and rewarding experience.

Since we first entered the CBD business four years ago, we have learned so much more

about the benefits of CBD. The industrial hemp plant, from which CBD is derived, contains over 120 unique cannabinoids. CBD is a natural, non-addictive, non-psychoactive compound with tremendous medicinal properties. There are currently hundreds of small-scale, as well as randomized control, medical studies in progress to learn more about the potential uses and health benefits of CBD.

What we have learned so far is that it is an effective anti-inflammatory and is commonly used to treat intense pain caused by chronic conditions and diseases such as cancer, arthritis, sciatica, and fibromyalgia. CBD has been shown to have powerful effects on patients suffering from seizure disorders and has been FDA approved for the treatment of epilepsy.

The explosion of research is revealing a myriad of promising medical discoveries that point to CBD being useful for a wide range of conditions. CBD is gaining recognition as a treatment for a variety of mood disorders, including anxiety and depression. There is building evidence that CBD benefits those suffering from chronic migraines and insomnia. CBD appears to have neuro-protective properties that could be game-changing for patients with Alzheimer's and other inflammatory diseases. The positive effects of CBD on individuals with psoriasis, multiple sclerosis and Parkinson's disease are also under investigation.

Our product line has expanded and improved incredibly since we first opened our doors. We are always bringing in the newest, most effective formulations we can find. We carry a full line of CBD oils, CBD capsules, CBD topical

creams and CBD gummies. It is a joy helping people every day find relief from pain, anxiety, depression and sleep problems.

This is a very exciting time for the CBD industry. CBD, the second most common compound in the cannabis plant, could turn out to be one of the most

valuable medical discoveries in modern history.

To learn more, stop by CBD Comfort Zone at 2490 Honolulu Ave. in Montrose. Our team looks forward to meeting you and helping you find the CBD product that meets your personal needs.



Our Montrose Team of Colby Rees, Stu Meyer, Molly Smith and Will Rees.

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## Questions About Today's Real Estate?

### Ask Phyllis! Evicting A Family Member

Dear Phyllis,  
 I am an "Ask Phyllis" fan and hope you can help me. My parents had a vacation home in Palm Springs. For years, our extended family enjoyed weekends there. About ten years ago, my brother got fired and needed a place to live. My parents had him move into the Palm Springs home rent-free all this time. My parents have both passed and as the trustee, I need to do what's best for the estate. There are four of us, me and three brothers; we all equally share the inheritance. In addition to the Palm Springs home, there is some savings and my parent's home. However, this won't be enough for the Palm Springs brother to buy us out. I have tried

discussing the situation with him, but now he won't take my calls. He never got another job and can't afford to pay rent. I don't want to have to evict him. I don't know what to do next.

Celia

Dear Celia,  
 Dealing with family and financial matters can be complicated and stressful, especially after losing loved ones. In a "normal" situation being a trustee is a lot of work. I am sorry to hear about the difficult situation you're facing. Ultimately, the decision will depend on your family's specific circumstances and priorities. It may be helpful to have an open and honest conversation with your other siblings to

discuss everyone's needs and concerns and work together to find a solution. After the three of you decide how you want to proceed, you should consider another meeting with the Palm Springs brother. At this meeting, have a neutral party, such as a mediator or the trust attorney, present. This may help facilitate the discussion and ensure that everyone's needs and concerns are heard. Unfortunately, unless you and your brothers want to allow him to live there rent-free indefinitely, you will likely need to contact an eviction attorney and start the process. Simply put, your brother pays the estate market rent, or the home is sold.

Phyllis



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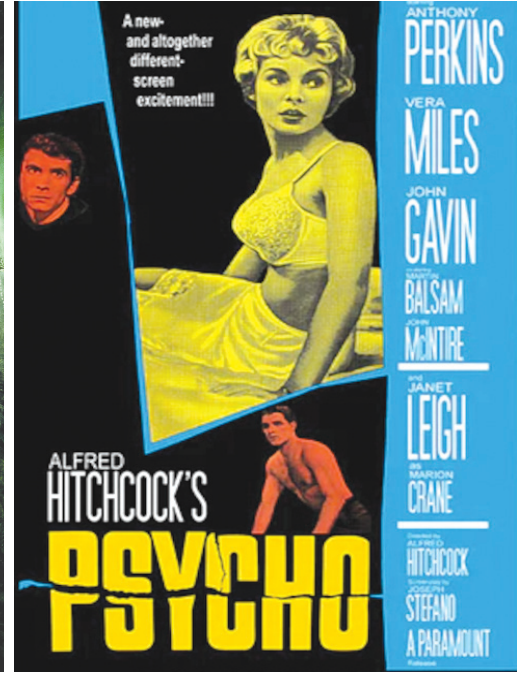
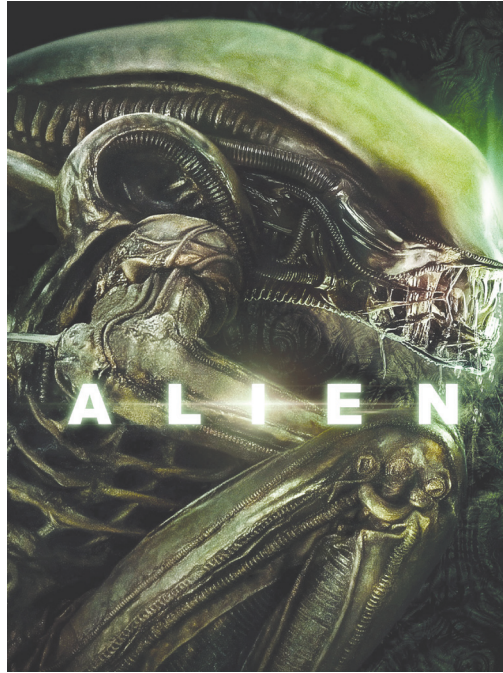


# TRAVEL & LEISURE

## Fine Arts Theatre Beverly Hills Celebrates Labor Day Weekend By Presenting Classic Horror and Suspense Films

The Fine Arts Theatre in Beverly Hills invites the public to attend a weekend of films showcasing a broad spectrum of horror and suspense. The seven films – “Alien,” “We Need To Talk About Kevin,” “Psycho,” “Rosemary’s Baby,” “An American Werewolf In London,” “The Thing” and the 35th anniversary of “Child’s Play” – are guaranteed to spark discussion while frightening theatergoers.

Jerry A. Blackburn, programmer of Public Programming and senior manager of Theatre Operations for the Fine Arts Theatre Beverly Hills, said, “This coming Labor Day weekend we will be keeping theatergoers on the edge of their seats



by presenting seven classic favorite classic horror and

suspense films. Our theatre is also particularly honored to welcome award-winning actress, Catherine Hicks, the star of the movie, ‘Child’s Play,’ who will be joining us on Sunday, Sept. 3 for a discussion about the making of the film.”

Renowned actress Hicks won a Best Actress Saturn Award for her performance in the movie “Child’s Play.”

Admission for each movie will be \$10 per person. For further information, call the Fine Arts Theatre Beverly Hills at (424) 438-4013 or visit online at <http://www.fineartstheatrebh.com> for a complete schedule of movie screening titles, dates and times. The Fine Arts Theatre Beverly Hills, located at 8556 Wilshire Blvd. (at La Cienega Boulevard) in Beverly Hills, has

limited box office hours. Tickets can be purchased in person at the box office 30 minutes before any scheduled movie.

LEFT: ‘Child’s Play’ artwork - Photo courtesy of Park Circus  
MIDDLE: ‘Alien’ artwork - Photo Courtesy of 20th Century Fox Corporation - 1979  
RIGHT: ‘Psyco’ artwork - Photo courtesy of Paramount Pictures

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Lisa Phalen Photography

## Dare to Enter the Fog at Universal Studios Hollywood Halloween Horror Nights 2023

By Charly SHELTON

Universal Studios Hollywood is all set to unleash the monsters of Halloween Horror Nights for 2023, revealing an array of mazes and scare zones that will send shivers down the spines of thrill seekers. The event, running on select nights from Sept. 7 to Oct. 31, promises to raise the bar with its terror-packed line-up.

This year’s mazes (and yes, they have to be called mazes now instead of houses) include “Evil Dead Rise,” inspired by this year’s fifth installment in the “Evil Dead” franchise, as well as original mazes “Monstruos: The Monsters of Latin America,” introducing guests to the spine-chilling entities from Latin American folklore, while “Holidayz in Hell” unleashes psychotic seasonal celebrations.

Beyond these most recent announcements, daredevils can expect to be immersed in the macabre as they explore all eight mazes that will leave them trembling in their boots. From surviving against the terrifying Clickers and Bloaters in “The

Last of Us” to confronting the evil Vecna in “Stranger Things 4,” the offerings are bound to send chills down the spines of ticketholders.

One of the most anticipated mazes is “The Exorcist: Believer” that plunges visitors into a horrifying battle against a demonic force that has taken hold of innocent lives. “Universal Monsters: Unmasked” unites iconic horror figures like The Invisible Man, Dr. Jekyll, Mr. Hyde, The Phantom of the Opera, and The Hunchback of Notre Dame in a never-before-seen tale of terror set to another brand-new soundtrack by Slash as is tradition at this point with the Universal Monsters mazes.

Returning this year is the legendary “Terror Tram” now titled “Terror Tram ... The Exterminatorz.” With Larry Larva at the helm, guests will navigate an insect uprising aiming to exterminate humanity. And once again this year, the Terror Tram will feature a crossover experience from director Jordan Peele’s films “Nope” and “Us.”

To go along with the mazes, thrill seekers can satisfy their appetites with horror-themed culinary entries including the “Stranger Things”-inspired Surfer Boy Pizza, Scoops Ahoy for ice cream creations, and the tantalizing Stellar Bar presented by Stella Artois. Unique “Chucky”-themed barbecue treats will also be offered at Hollywood & Dine, along with a variety of themed cocktails.

Tickets are now available offering various options like general admission, Universal Express, After 2 P.M. Day/Night, and the premium R.I.P. Tour. A new early access ticket allows early entry to select haunted houses at 5:30 p.m., and the Frequent Fear Pass and Ultimate Fear Pass offer endless nights of frights.

Be sure to grab tickets now as the most coveted dates will sell out fast. Halloween Horror Nights at Universal Studios Hollywood begins on Sept. 7 and runs through Halloween. For more information and ticket details, visit [www.HalloweenHorrorNights.com](http://www.HalloweenHorrorNights.com).

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# ‘Letters to Parents’ Exhibit at Adams Square Mini Park as Station

The intent of “Letters to Parents,” on exhibit from Aug. 21 to Sept. 29 by artist Kevin Ly, is to start a conversation and have people interact with not just the installation, but with each other. This exhibit at the Adams Square Mini Park Gas Station follows an installation by Kevin Ly at the Glendale Central Library that took place from June 1 – July 31. The installation involved Ly placing a brightly colored mailbox near the entrance of the library alongside a desk decorated with childhood memorabilia and writing materials. On the desk was a sign that proposed the question “What

is something you wish your parents had told you?” in which the public had the opportunity to answer with the provided supplies. After writing a response, the public was instructed to insert their letter into the mailbox. Ly picked up the letters submitted by the public on a weekly basis and has included them in his installation at the gas station.

Ly’s intention for “Letters to Parents” is to create an accessible and safe environment for others to share their thoughts and experiences growing up. Ly’s installation at the Adams Square Mini Park Gas Station consists

of a physical mock-up of a child’s bedroom to emphasize the idea of a space individuals would have wanted as a child but may have never received. It also acts as a relic of the past that may be nostalgic to some people and bring back memories they had of their childhood. In order to physically emulate the space to look like a child’s bedroom, the gas station is furnished with a child’s bed, desk decorated with childhood memorabilia, a bookshelf with a collection of children’s books, a hat stand and a rug. Along with recreating a space reminiscent of a child’s bedroom, Ly also includes

the letters of peoples’ responses and artwork he has collected from “Letters to Parents” being a 4-year long project. By including this extra supplement, the public will have the opportunity to view the work over the course of its 4-year journey and receive perspective on what others have written. Ly’s aim is for this to act as a catalyst for public discourse on childhood trauma and its effects on adulthood and mental health.

Ly finds importance in being able to make art accessible to all and to tell stories that share experiences from diverse groups of people. Through visual storytelling and

art, he finds purpose in creating conversation and discourse on a variety of social topics such as representation, inclusivity and mental health. He takes pride in creating comfortable spaces for people to share and collaborate in efforts to form a community through art.

This temporary art installation is sponsored by the Glendale Arts and Culture Commission through funding from the Urban Art Program, with support from Glendale Library, Arts & Culture, Glendale Community Services and Parks and the Adams Hill Neighborhood Association.



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## THEN & NOW

*Flood House*  
Courtesy of the Historical Society of CV



**THEN:** This house at 4430 Young Drive in La Cañada was fairly new in 1933, but its builders had no idea they had built right in the flood zone of Hall-Beckley Canyon. At midnight of New Year’s Eve, a massive debris flow tore through their house. The occupants survived but they had loaded all their important belongings in their car the night before in order to make a quick escape. The car was swept away and they lost everything.



**NOW:** Despite the damage, the homeowners shoveled out the mud and patched the house back up. It was in the flood zone again a few months later in October 1933, but survived that as well. The house is still here today looking quite nice, and its current occupants don’t know its dramatic history. Many of us in the valley that live in older houses have no idea of the dramas that were lived out in our homes in past years.

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## RELIGION

**Q** Since I was very young, I helped my dad work on his car and two of the classic cars he has. I really like to repair cars. I just graduated from high school and I want to go to vocational training to learn more about car repair and eventually open my own business.

My parents want me to go to college. I was a good student in high school but none of the subjects interested me. I have no idea what my major would be in college. They told me to write to you to see what you think and whatever answers are given they'll go along with. Thank you for helping us with our little disagreement.

~Car Fixer

Dear Car Fixer,

A four-year college degree is becoming less and less likely of a solid investment into well-being. Costs of college are skyrocketing while income (especially for those right out of school) remains low. More and more young adults are finding housing to be a problem with many of them staying with parents after graduation. However, vocational training is a worthwhile investment. Some communities are realizing this to be true and are making investments in vocational colleges in their community to build a strong labor force. And as someone who is decidedly not a car guy, I know how much knowledge and skill is required to do the job well.

If you have passion and skill for car repair, I say pursue it. If in five-10 years you want to go get a business degree to help you as you run your own business, great! And if you find you have enough drive to teach yourself and learn in different ways – that works, too. If you were a good student without interest in the subjects, I would assume you have a generous work ethic and doing something difficult doesn't dissuade you. That's a great building block to success.

I think, deep down, as parents we worry about our children finding success but, deep down, we don't really know what we mean by it. So we take shortcuts and think it means money or grades or what college you attend. Can you enjoy the work you will do and do it with integrity? Can you position yourself as a help to those who need it, offering your skills as an asset to a community? Commit yourself to learning, to growing as a person, to making the world a bit better wherever you find yourself.



Rev. Kyle Sears  
kylesears@lacanadachurch.org

Dear Car Fixer,

Congratulations on graduating from high school! I hope you had a great celebration and were happy with your high school years. Now it is on to the next part of your journey.

First, let me say that not everyone's journey is the same.

Many of your peers will be going on to college but there will also be some who are not. Everyone must find their own path. This might be the time for you to explore what you are really passionate about. Maybe this means taking a year off from school to work and learn what it takes to open your own business. Maybe it means taking a class or two at the local community college on car repair or business management. As you begin to learn more about repairing cars, you will also begin to discern whether this is something you want to do for the rest of your life. And if you decide to attend a four-year college at some point, you can do that too.

Frederick Buechner, who was a pastor, theologian and writer, once wrote, "The kind of work God usually calls you to is the kind of work that you need most to do and that the world most needs to have done." Whether or not you attend college this year or in a year or two or never – I hope and pray that you are able to discover what you are passionate about and how you might share this passion, this talent, with the world. After all, we do need great and honest car repair persons! And may you always know that no matter where you go or what you do, God goes with you to love you, support you and guide you.

Blessings on your journey!



Rev. Karin Ellis  
revkarinellis@gmail.com

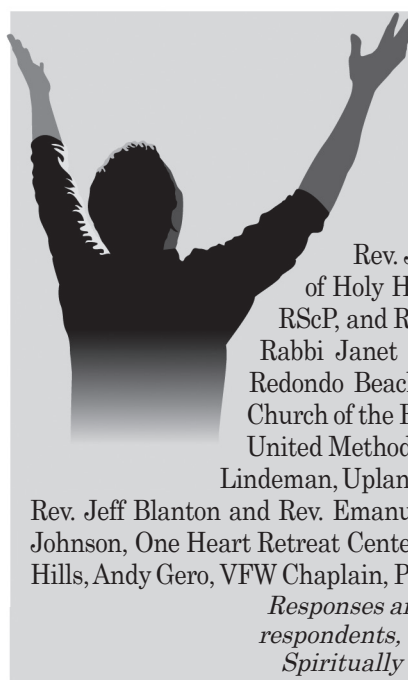
**Q** I just graduated with a degree in communications and I am also working on a master's degree in that field as well. My problem is I want to join the Navy. I have friends who are in the Navy. One of them, after serving four years, signed up for another four years. There is a good possibility, because of my college education, I would be sent to officer training. My parents don't want me to enlist. I really want to "Join the Navy and see the world." What can I tell them to alleviate their concerns?

~Adventurous

Dear Adventurous,

First of all, thank you for wanting to serve your country. I have a cousin who went to West Point many years ago and he served in Korea. I personally did not serve in the military and I think there are other ways of serving one's country than by entering the armed forces. Still, I admire those who choose to serve the nation by joining the military. With your education, you might indeed be tapped for officer candidate school, or whatever it's called these days. And being in the Navy would seem to be a "safer" place to serve than someplace else, although – as I'm sure you're aware – there are no guarantees in this life, in the military or out.

But there are many advantages to serving in the military. For one thing, if you serve 20 years, you can retire and do something completely



## SPIRITUALLY SPEAKING

## SPIRITUALLY SPEAKING PARTICIPANTS

Rev. Jon Karn of Light on the Corner Church; Rev. Kimberlie Zakarian of Holy House Ministries; Anthony Kelson RScP, Laney Clevenger-White, RScP, and Rev. Dr. Beverly Craig of La Crescenta Center for Spiritual Living; Rabbi Janet Bieber; Carolyn Young; Sharon Weisman; Rev. Mary Morgan, Redondo Beach Center for Spiritual Living; Rev. Dabney Beck, International Church of the Foursquare Gospel; Lucinda Guarino; Rev. Karin Ellis, La Canada United Methodist Church; Rev. Sherri James, UP Church; The Rev. C. L. "Skip" Lindeman, Upland Christian Church, Rev. Rob Holman, St. Luke's Anglican Church; Rev. Jeff Blanton and Rev. Emanuel David, Community Life Church of La Crescenta; Rev. Sharri Johnson, One Heart Retreat Center, Martin Barrett, Unitarian Universalist Church of the Verdugo Hills, Andy Gero, VFW Chaplain, Paster Bill Flanders Emeritus, Highlands Church La Crescenta.

Responses are offered from the perspective of individual Spiritually Speaking respondents, which may or may not be in agreement with other respondents of Spiritually Speaking nor the editor and staff of the Crescenta Valley Weekly.

different and still get money from Uncle Sam because of the time you've given him! And if you don't like it, you don't have to re-enlist when your first commitment is over. Tell those things to your parents and see if they'll change their minds. But if they don't, don't be surprised. You are their beloved child and they don't want to see anything bad happen to you. But it's also your life and your choice.

You are probably too young to remember the TV show, "Father Knows Best." Maybe he does and maybe he doesn't. But again, it's your life and not his. Good luck in trying to navigate the difficult line of respecting your parents and doing what you feel you need to do.



The Rev. C. L. "Skip" Lindeman

Dear Adventurous,

Congratulations on getting your degree in communications and pursuing a master's! Making

decisions about the direction you want to go in your life can be daunting, especially when you are weighing the desires of others along with your own. The first thing to do is to seek within yourself what makes your life feel meaningful. The calling to live a purposeful life requires discovering what you truly desire. Oftentimes it requires experimenting with different careers, locations, etc. that allow you to try on different scenarios.

When making a life-changing decision, understanding the "why" is essential. Knowing the cause of your decision can give you insight into your choices. The cause is the driving force that fuels your passion and gives meaning to your life. For instance, when you first selected communications as your major, did you have a career in mind that you wanted to pursue? Explore what's prompted your change of heart. You signed your name "Adventurous" and used the Navy quote about seeing the world. Is there something intriguing about the Navy other than travel? Joining the Navy is a commitment to serve the country. It is a rigorous training program that requires physical conditioning, military training and mental toughness and you will be deployed for combat. Is that a commitment you're willing to

make? A career in the Navy can be extremely rewarding on many levels but it is a decision that cannot be taken lightly.

Ultimately, no one can tell you what the right decision is for you because the answer resides within your own heart. As Shakespeare said, "To thine own self be true." My philosophy is always to turn to your connection with God, knowing Spirit is your power source. Prayer is releasing the power within you to receive the guidance and direction you need to follow in the direction of your dreams. Every single thought is either one of possibility or limitation. Align your thinking to be in harmony with Spirit's guidance for what is best for you. Listen to your heart and trust that Spirit is guiding you to your best decision.

In Light,



Rev. Mary Morgan  
mormari@aol.com

## NOTES &amp; NODS

## LCIF

Noted astronomer Dr. Henry Fliegel is also an experienced presenter of Biblical issues. All are welcome to attend the sessions at LCIF. LCIF continues to collect donations for victims of the Maui wildfire disaster. LCIF will match monetary donations from the congregation up to \$500 and will direct the funds to the Pacifica Synod for distribution to wildfire victims in Hawaii. Those wishing to donate should visit LCIF's website for more information, including a link to donate. Summer worship with Pastor Rick Hall continues to include programming for young children. Children's church is offered during 10 a.m. worship. Families should meet in the church's sanctuary. After a message for the children from Pastor Hall, the kids head to the Youth Room for games, crafts and study. For more information or to request/offer help, email office@

satellite force modeling. Dr. Fliegel is also an experienced presenter of Biblical issues. All are welcome to attend the sessions at LCIF.

LCIF continues to collect donations for victims of the Maui wildfire disaster. LCIF will match monetary donations from the congregation up to \$500 and will direct the funds to the Pacifica Synod for distribution to wildfire victims in Hawaii. Those wishing to donate should visit LCIF's website for more information, including a link to donate.

Summer worship with Pastor Rick Hall continues to include programming for young children. Children's church is offered during 10 a.m. worship. Families should meet in the church's sanctuary. After a message for the children from Pastor Hall, the kids head to the Youth Room for games, crafts and study.

For more information or to request/offer help, email office@

lcifoothills.org or call (818) 790-1951. The church is located at 1700 Foothill Blvd in La Cañada Flintridge. Office hours are 9 a.m. to 1 p.m., Monday through Friday.

## Bethel Church Holding Community Events

Bethel Church in Sun Valley is hosting a free community BBQ and movie night on Saturday, Sept. 9. Food service will start at 6 p.m. followed by a showing of the movie "Zootopia" (rated PG, 4 stars) at 7:30 p.m.

The fall ministry season is about to start at Bethel Church – so why not make a decision to start "back to church" at the annual Back to Church Sunday service at 10 a.m. on Sept. 17? Folks will be warmly welcomed, enjoy uplifting times of praise and worship, receive Biblical teaching that will provide purpose, guidance and hope, and experience friendly

see NOTES & NODS  
on next page



NOTES & NODS from previous page

fellowship with the faithful members of the church at a free after-worship lunch. Sunday and mid-week programs are offered for all ages. Spanish translation is provided.

Bethel Church is located at 10725 Penrose St. in Sun Valley; (818) 767-4488; bethelsunvalley.com.

**Emergency Preparedness at Church of Scientology Mission of the Foothills in Montrose**

The community is invited to learn what do before being hit with a natural emergency. Attend a free one-hour presentation on Saturday, Sept. 16 at 10 a.m. at the Church of Scientology Mission of the Foothills in Montrose.

The speaker is Paul Dutton, a Crescenta Valley CERT (Community Emergency Response Team) instructor who is also a trainer for the Los Angeles Sheriff Dept. and a Red Cross volunteer.

Discussion will center on disasters possible in the local area and what to expect, how to be prepared at home, at work and when out-and-about, and creating a family's reunification plan should something happen. There will be free informational handouts to take home and use.

Space is limited to this free event, so call (818) 957-1500 to reserve a spot.

The address is 2254 Honolulu Ave. in Montrose (enter at the back of the building). Free parking above Broadview Drive

near Ocean View Boulevard.

**All Invited to Support Group**

Around the Rainbow, a support group for families of LGBTQIA individuals, meets weekly on Tuesday nights at Crescenta Valley United Methodist Church, 2700 Montrose Ave. in Montrose in room 24. Gathering is at 6:30 p.m. and meeting is from 7-8 p.m.

For more information, contact Jo Ann Stupakis at jostupakis@yahoo.com.

**Women's Nondenominational Bible Study**

Seasons of Life Bible study offers two classes to choose from, the Joy of Living class will be studying II Samuel and the Book of Job. The Women of Faith class will be studying the books, "Ten

Women of the Bible" and "Life Changes in Minor Prophets" by Max Lucado. Classes are on Thursday mornings from 10 a.m. – 11:30 a.m. beginning Sept. 21 through April 4 at Highlands Church, formerly First Baptist Church of La Crescenta, (4441 La Crescenta Ave., La Crescenta).

If interested, contact Lynda Hessick at (818) 640-6022 or lyndahessick@gmail.com

Registration deadline is Sept. 7.

**Walk and Word**

In September, Walk and Word participants will meet in the parking lot of Deukmejian Wilderness Park, 3429 Markridge Road in La Crescenta/Glendale at 8 a.m. on Sept. 10, 17 & 24. Participants will walk for

the first hour and then gather to read a selection of Scripture. About a half hour will be spent journaling about what was read and then there will be conversation, sharing thoughts.

Participants are asked to bring something to write with, anything wanted to eat or drink, and a chair to use for the writing part of the morning. Because people will be outdoors and social distancing will be practiced, masks will be optional.

Those with questions can email Jeanne at jnlavieri@earthlink.net.

All are welcome. If the hike is too strenuous, there are level paths at the park. There are ramps from the parking lot to the field where the group gathers after the hike.

**RELIGION SERVICE DIRECTORY**

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 Wednesday Night Service 7:00 p.m.

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 Childcare and Sunday School offered at 10am.  
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 Montrose, CA 91020  
 www.cvumc.org

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 Sunday service: 10AM  
 Wednesday Bible Study: 7PM

**HC HIGHLANDS CHURCH**  
  
**WORSHIP SERVICE SUNDAYS @ 10AM**  
 4441 LA CRESCENTA AVE  
**818-249-5832**  
 WWW.HIGHLANDSLA.COM

**Sunday Worship at 10:00 a.m.**  
  
**LA CAÑADA CONGREGATIONAL CHURCH**  
 CHURCH OF THE LIGHTED WINDOW  
 AN OPEN AND AFFIRMING CONGREGATION  
 La Cañada Congregational Church is the oldest church in the Crescenta Valley. For over 125 years, we have been shaped by the stories of our community and the story of God. We invite you to join us in writing the future of our community!  
 1200 Foothill Blvd, La Cañada Flintridge (parking lots on Foothill or Verdugo)  
 www.lacanadachurch.org

**Light on the Corner Church**  
  
 Pastor Jon Karn  
 1911 Waltonia Drive  
 Montrose  
 (818) 249-4806  
**SUNDAY SERVICES 10:45 a.m.**  
 www.lightonthecorner.org

**Lutheran Church in the Foothills**  
  
 1700 Foothill Blvd.  
 La Cañada Flintridge  
**WORSHIP WITH US!**  
 In Person and on YouTube  
 Sundays at 10 AM  
 Services available on our website during the week.  
 PASTOR RICK HALL  
 www.lcifoohills.org / 818-790-1951

**Mt. Olive Lutheran Church**  
  
 3561 Foothill Blvd, La Crescenta  
 office@molc.org • (818) 248-4253  
**Sunday Worship Service (with Sunday School for kids) 9:30 AM**  
**Thursday Bible Study 6:45 PM**  
 Check out our Website!  
**www.molc.org**  
 See us on Facebook!

**COME MEET US!**  
  
**St. Luke's of the Mountains Episcopal Church**  
 Sundays  
 Gathering 9:30AM  
 Worship 10:00AM  
 Domingo Misa en Español a las 12:00PM  
 Sunday School and Child Care  
 All are Welcome  
 2563 Foothill Blvd, La Crescenta  
**818-248-3639**  
 http://stlukeslacrescenta.org/  
 www.facebook.com:  
 St. Luke's of the Mountains Episcopal Church

*Join us for*  
**Sunday Services at 11:30 am**  
*Led by Rev. Jeri Linn*  
 in the **Sanctuary of Center for Spiritual Living**  
 4845 Dunsmore Ave, La Crescenta  
 **(818) 249-4396**  
 A positive path for spiritual living

**LCPC Parent Education Makes Donation to Young Life Capernaum**



Photo by Cody BLAIR

LCPC Associate Pastor Chuck Osburn, Parent Ed Treasurer Monica Skeeahan, PE Assistant Director Amanda Baughman, PE Director Anne Bierling, YLC Director Amy Nielson, PE Instructor Vicki Rekedal

By Amanda BAUGHMAN

Through the generosity of attendees and supporters at the Feb. 28 LCPC Parent Education Gala, Young Life Capernaum, Greater Pasadena received \$8,855 as the event's charity honoree. YLC works with intellectually and developmentally disabled teens and young adults. Its mission is to create spaces of belonging for Capernaum students through faith-based fun and adventure while developing friendships, challenging their limits and building self-esteem.

Those with a family member who would be blessed by Young Life Capernaum, or anyone interested in volunteer opportunities, can contact Amy Neilson at amy.younglife@gmail.com. To learn more about Young

Life Capernaum's ministry, visit its website at gylcapernaum.younglife.org.

Throughout the year, Parent Ed has helped support Friday night YLC activities including the YLC prom in May.

Anne Bierling, executive director of LCPC Parent Education, said of the partnership, "It has been our deep honor to support Young Life Capernaum through our 10% gala tithe, providing resources for parents through the Erskine Compassion Memorial and volunteerism by our board."

Anyone interested in supporting families in need, can direct donations to the Cathy and Christopher Erskine Compassion Memorial Fund at https://bit.ly/PARENTEDGALA23. This memorial was established in 2018

in honor of Cathy and Christopher Erskine to support and encourage individuals and families in need.

Entering its 45th year of helping families thrive, Parent Ed offers classes for parents and grandparents of babies to young adults. Currently, Parent Ed offers 19 classes including two online options and three Parent Express classes that meet in the evening. The reputable program provides quality education, friendships and community. The program attracts over 500 participants from a 30-mile radius. Visit lacanadapc.org/parented for class listings, staff bios and online registration. Scholarships, payment plans and affordable childcare are available.

La Cañada Presbyterian Church is located at 626 Foothill in La Cañada.



# JUST FOR FUN

## CALENDAR this

### GLENDALE KIWANIS

The Kiwanis Club of Glendale meets on Fridays at noon. The Club will be dark on Friday, Sept. 1 in observance of the Labor Day weekend but on Sept. 8 Patricia Magoffin will be sharing some of her Kiwanis moments as she prepares to leave the Club.

The cost to attend Friday meetings, which includes lunch and program, is \$20. All are welcome.

The Club meets Friday afternoons at the Elks Lodge, 120 E. Colorado St. in Glendale.

### THE HEAT: TO HIKE OR NOT TO HIKE

With temperatures rising hiking in the local mountains can become very dangerous – albeit life-threatening. Join the Crescenta Valley Group and the Verdugo Hills Group of the Sierra Club tonight, Thursday, Aug. 31 from 7 p.m. to 8:30 p.m. at the La Crescenta Library, 2809 Foothill Blvd. in La Crescenta for a riveting presentation on “The Heat: To Hike or Not to Hike.” Hike leaders from the Sierra Club, Angeles Chapter, will be joined by Montrose Search & Rescue to prepare us for hiking in these hot conditions in our local mountains and beyond.

Sponsored by the Crescenta Valley Group and the Verdugo Hills Group of the Sierra Club, Angeles Chapter. To RSVP, please email pat@writerpatkramer.com for more

information.

### L'ERMITAGE FOUNDATION CONCERT SERIES

L'Ermitage Foundation Concert Series will present cellist Ruslan Biryukov (of Encino) and harpsichordist Nathan Lewis (of Newport Beach) in concert performing three Italian baroque virtuoso cello sonatas on Thursday, Aug. 31 at 8 p.m. in the grand ballroom of the Luxe Sunset Boulevard Hotel, 11461 Sunset Blvd. (at Church Lane/I-405) in Los Angeles.

Admission to the concert is \$60 per person. Due to limited seating, advance reservations for the 60-minute concert are required and can be made by calling the L'Ermitage Foundation at (310) 472-3330 or by emailing reneelcherniak@aol.com, or via Eventbrite at: <https://www.eventbrite.com/e/ruslan-biryukov-nathan-lewis-ermitage-concert-series-luxe-tickets-682003810757>.

### PARENT ORIENTATION AND INFORMATION NIGHT – SUZUKI MUSIC

The “Musical Kids, Happy Parents!” parent information and orientation night will be hosted by the Suzuki Music Program of Los Angeles (SMPLA) on Thursday, Aug. 31 from 7:30 – 8:45 p.m. (PST) over Zoom.

All adults are invited to attend. To

receive the Zoom link, RSVP at <http://www.suzukimusicofla.org/contact.html>. For more information, visit [www.SuzukiMusicofLA.org](http://www.SuzukiMusicofLA.org). The Suzuki Music Education philosophy and method, child development issues, and the SMPLA program will be discussed in detail.

### OFFICER ARAZ NAZARIAN TO SPEAK AT AAUW

The Glendale Branch of the American Association of University Women (AAUW) will meet for breakfast at 9 a.m. on Saturday, Sept. 9 at the Oakmont Country Club, 3100 Country Club Drive in Glendale. By Sept. 6, make a reservation by emailing Marilyn\_Robinson@hotmail.com.

The cost is \$35 payable at the door by cash or check.

The speaker will be Police Services Officer Araz Nazarian. Officer Nazarian began her career with the Glendale Police Dept. as a police cadet in 2014 after graduating with a degree in political science from UCLA. She recently obtained her certification in crime analysis from Sacramento State University. She currently investigates and locates personal and business thieves, their vehicles and social media sites.

AAUW's mission is to advance equity for women and girls through advocacy, education, philanthropy and research. For information about

membership, activities, and meetings, please go to <https://glendale-ca.aauw.net/>.

### 'HISTORY OF THE VERDUGO FAMILY'

Don Jose Maria Verdugo came to Baja California from Spain as a soldier in the Spanish army in the mid 1700s. In 1784, he petitioned his commanding officer for rights to graze cattle nearby and was awarded a 36,000-acre land grant known as Rancho San Rafael. This property is now Glendale, Burbank and La Crescenta, and Verdugo's family became a huge part of the early history of the Crescenta Valley and surrounding areas.

The speaker for the program “History of the Verdugo Family” is Donald Urquidez, a direct descendant of the Verdugo family who lives in the area.

This event is on Sept 9 at 1 p.m. at Bolton Hall Museum, is free and open to the public. Everyone is welcome.

Bolton Hall Museum, home of Little Landers Historical Society, 10110 Commerce Ave. in Tujunga.

Additional information is available from Little Landers Historical Society, (818) 352-3420 or [BoltonHall.org](http://BoltonHall.org) or email [llhs@boltonhall.org](mailto:llhs@boltonhall.org).

### GRAB & GO LUNCH DAY

Sparr Heights Estates Senior Living is offering local first responders who stop by the facility a grab and go lunch. The lunch is offered in thanks and in remembrance of Patriot Day (Sept. 11). Lunch is provided between noon and 1:30 p.m. on Sunday, Sept. 10.

Sparr Heights Estates is located at 2640 Honolulu Ave. in Montrose.

### MAKE A PRESSED FLOWER BOOKMARK

The La Crescenta Library is offering a class on Tuesday, Sept. 12 from 6:30 p.m. to 7:30 p.m. on making a bookmark. Adult participants will learn the art of designing and arranging flowers to create a personalized bookmark. All supplies provided.

Attendance is limited and advance registration is required. To register, see library staff or visit [LACountyLibrary.org/events](http://LACountyLibrary.org/events) and filter by date or location.

La Crescenta Library, 2809 Foothill Blvd. in La Crescenta.

### MODERN SQUARE DANCING

A new 13-week beginner's class in modern square dancing is starting Tuesday, Sept. 12 at 7:45 p.m. at St. George's Episcopal Church, 808 Foothill Blvd. in La Cañada. The first two classes are free.

Meet new people while getting exercise for both your body and mind. Learn the Steps to Fun!

For info [illi313@yahoo.com](mailto:illi313@yahoo.com) or [www.setsinstep.org](http://www.setsinstep.org).

### GOLF TOURNAMENT BENEFITS SHERIFF FAMILIES

The Association for Los Angeles Deputy Sheriffs (ALADS) is hosting its 23rd annual Bob Hermann Memorial Golf Classic on Monday, Sept. 18 at the Huntington Club in Huntington Beach.

Proceeds are used to help families of law enforcement in need of financial support due to a fatality, near-fatal accident, physical incapacitation and any other tragedy that would demonstrate that assistance would be prudent.

Donation items are also needed to include in the ALADS gift bags or possibly in its opportunity drawing. Over 100 participants are expected to attend this event. This is a non-profit charity, so all donations are tax deductible. Individual tickets are \$150 and include green fees, cart fees, dinner and on-course refreshments.

For more information, contact Thomas Ferguson at [tferguson@alads.org](mailto:tferguson@alads.org) or [cares@alads.org](mailto:cares@alads.org) or call (323) 213-4005.

### SERIES ON NAVIGATING DEMENTIA

Joyce Mahoney, CTRS, APRS, regional vice president of Memory Care and Programming at Belmont Village Senior Living, will lead and provide insight on an educational series on navigating dementia as a caregiver, care partner or simply a friend. The series will educate on topics such as the basics of dementia, changing family dynamics, communication tips and how to navigate challenging behaviors associated with dementia.

CALENDAR THIS on page 19

ANSWERS for next page

### » ZACK HILL BY JOHN DEERING AND JOHN NEWCOMBE



## CRESCENTA VALLEY WEEKLY

THE FOOTHILLS' COMMUNITY NEWSPAPER

# Announce your School's Open House, Tour or Special Event any Thursday in Crescenta Valley Weekly.

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1/2 Page (10" x 7.25") Color **\$Call for Price**  
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Full Page (10" x 15.5") Color **\$Call for Price**  
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Call 818-248-2740 to reserve space now.





PROBLEM SOLVED » BY CHRISTOPHER ELLIOTT

# Quest has sent my bill to collections – but I don't owe anything!

After getting strong-armed into paying a medical bill she doesn't owe, Elly Kinsella tries to get a refund from her physician's office. Can she get her \$740 back?

Q: Almost two years ago, I had my annual physical. After the exam, I received a letter from Blue Cross and Blue Shield of North Carolina, which I ignored believing I had paid the bill in full. Two months later, I got another letter from my health insurance company and this time I opened it. It said I owed Quest Diagnostics \$740 for tests that were not covered.

I called Blue Cross and Blue Shield of North Carolina, which referred me to Quest. A Quest representative told me to ask my physician's office to call Quest because my doctor's office had miscoded my blood test.

I called my physician's office but representatives there told me over and over that this was "not their job." I finally received the name of a lab supervisor who I called. I explained everything to

him. He called Quest and got this fixed.

Then Quest sent my bill to collections. I paid the bill in a panic, hoping to resolve the problem with my physician's office. But it has been months, and there's no sign of the \$740. You are my last hope. Please help me get my money back.

– Elly Kinsella, Vero Beach, Florida

A: Obviously, your doctor's office should have coded your blood tests correctly. But there were two things you could have done differently to minimize the pain.

First – and you already know this – always open the letters from your insurance company, even if you're sure you've paid them. Usually the letter will say "bill enclosed" but not always. Consider signing up for an online account where you can get a billing notification sent by email.

Second – you shouldn't have paid the bill in a panic. You didn't owe Quest Diagnostics \$740. Collection letters can be scary but that's because they're written that way. They want you to pay immediately, even if you owe nothing. I asked about the circumstances of your payment and you said an employee at your doctor's office urged you to pay the bill quickly. That's terrible advice. Never pay a bill you don't owe.

There's nothing you can do to ensure that your doctor's office coded your blood tests correctly. But if office staff put the wrong code on your tests, you would expect them to correct it quickly. The "not my job" answer is unacceptable.

I think you could have appealed this to someone higher up at your doctor's office. The physicians' names are usually listed on their website. Although honestly, I think

you need to find a new doctor. You could have also appealed this to an executive at Quest Diagnostics. I list their names, numbers and email addresses on my consumer advocacy site, Elliott.org.

I contacted Quest Diagnostics on your behalf. A few weeks later, without explanation, you received a check for \$740.

"I have no words that adequately convey my thanks," you said. "You did what no one else

could do in a year and a half. Thank you."

You're welcome.

Christopher Elliott is the founder of Elliott Advocacy (<https://elliottadvocacy.org>), a nonprofit organization that helps consumers solve their problems.

Email him at [chris@elliott.org](mailto:chris@elliott.org) or get help by contacting him at <https://elliottadvocacy.org/help/>.

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## WWW.CVWEEKLY.COM

### August 31

FREEDAILYCROSSWORDS.COM

#### ACROSS

- 1 Food Network host, often
- 5 Dispatched a dragon
- 9 The punch in planter's punch
- 12 Shoshonean Indians
- 16 Locale in the game of Clue
- 17 Falafel holder
- 18 Candle holder, at times
- 19 Southwest African
- 20 Livy's bear
- 21 Peggy and Stephen
- 22 Mimics
- 23 Bestselling author Johansen
- 24 Handle loss magnanimously
- 27 Free taste at the bakery
- 29 African antelope
- 30 Place for a pedicure
- 31 Injured pup sound
- 32 Attractive
- 35 Ross and Rachel's baby
- 38 Astro ender
- 41 I believe: Lat.
- 42 Building designers' group: abbr.
- 45 Vast age
- 46 "Ta-\_-Boom-Deay" (Gay Nineties hit)
- 48 Fireplace shelf
- 49 List of investments
- 52 Vegas area, with "The"
- 53 "Right now!" acronym
- 55 Raises
- 56 Ocean ship
- 58 Crude metal
- 60 "\_\_\_ Hero" (1983 film)
- 63 Author Beattie
- 64 Tiny life form
- 68 "\_\_\_ You Glad You're You?"
- 70 Asian holidays
- 74 Drop off
- 75 Most dashing
- 79 Island chain
- 80 Auberjonois or Enriquez
- 81 Iowa Indian
- 82 "American Beauty" director Mendes
- 83 \_\_\_ renewal

#### DOWN

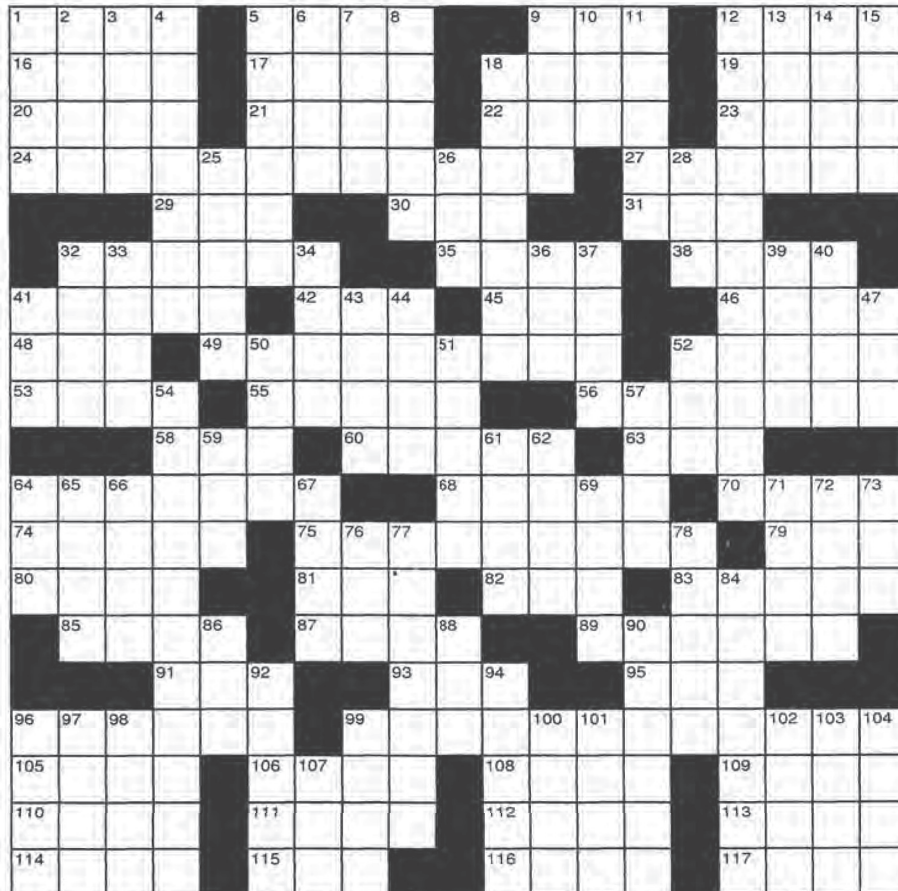
- 85 Dry: prefix
- 87 Weapon for Athos
- 89 Challenging time
- 91 Community theater mainstay
- 93 Refrain syllables
- 95 Games organizers: abbr.
- 96 Blackman's role in "Goldfinger"
- 99 Caribbean capital
- 105 Baseball slugger Moises
- 106 Pillage
- 108 Patriarch of the West
- 109 Rain heavily
- 110 Pablo's uncles
- 111 Controversial birds of the Northwest
- 112 Before long
- 113 Equal
- 114 Anglo-Saxon peon
- 115 Society page word
- 116 Pair below jacks
- 117 Talk back to

#### DOWN

- 1 Fish found on the breakfast table
- 2 \_\_\_ Krishna
- 3 "Born Free" heroine
- 4 Lost energy
- 5 Young plant
- 6 Song, in Stuttgart
- 7 Greek letters
- 8 Hornets' cousins
- 9 Deep in thought
- 10 Stringed instrument, for short
- 11 Like a pie-eating contest winner
- 12 Trivial
- 13 Painter's cloth, for short
- 14 Marlene's costar in "The Blue Angel"
- 15 MS. accompaniment
- 18 Rolo's middle
- 25 In first place
- 26 Cockney aspiration
- 28 Provide support for
- 32 They're in favor

- 33 Grammy winner McEntire
- 34 Easily sailed
- 36 Me, to Miss Piggy
- 37 Years, to Pedro
- 39 Schoolmistress, of old
- 40 Pennsylvania's only lake port
- 41 Half a dance
- 43 Sloping type: abbr.
- 44 Alternative to corn rows
- 47 Month to pay the IRS
- 50 Midianite prince
- 51 Robertson of the NBA
- 52 Capitol Hill VIP
- 54 Cut of steak
- 57 Makes trimming
- 59 Richard or Tommy
- 61 Painting and dance, e.g.
- 62 Princess played by Carrie
- 64 Ides mo.
- 65 Goat with curved horns
- 66 Candy \_\_\_
- 67 Actual being
- 69 Lom's "Mysteri-

- ous Island" role
- 71 Exile island
- 72 Gadwall's relative
- 73 "\_\_\_ City" (Bruce Willis film)
- 76 Idea lacking substance
- 77 Spotted cats
- 78 Henry VIII's royal house
- 84 Cooking directions
- 86 Skiff accessory
- 88 Audience
- 90 Develops in the orchard
- 92 Honeydew, e.g.
- 94 Irish hero, for short
- 96 Fortress's weak spot
- 97 Baba and others
- 98 Diving bird
- 99 Racetrack's inside lane
- 100 Best-rated
- 101 Current with
- 102 Chevy model
- 103 What a prompter provides
- 104 Coastal birds
- 107 Be in debt



ANSWERS on page 16

## WEEKLY HOROSCOPES

Provided by horoscope.com

August 28, 2023 - September 3, 2023

### ♈ ARIES March 21 - April 19

For you, this week is about higher learning, and metaphysics, as well as politics, social groups, hopes, and dreams. It's a great time to blend these areas by engaging in online workshops, seminars, and classes that challenge you and allow you to charge more for a new skill or service. Connect first with your people to find out which skills they may want or need.

### ♉ TAURUS April 20 - May 20

You may be thinking of ways to beautify your workspace or get your colleagues involved in a new creative endeavor. And you have the full support of the universe to make some serious moves on the debt front. Paying things down gives you a great feeling inside, as does making a comprehensive savings plan and sticking with it.

### ♊ GEMINI May 21 - June 20

This week you may need to get a second opinion on your money plans. You have a lot of creative ideas about how to maximize your returns, but the truth could also be clouded or look better than it really is. Make sure to double and triple check everything before you sign. Your social life is warm and loving. Just try not to overspend on lavish takeout dinners you could make yourself.

### ♋ CANCER June 21 - July 22

You're facing a time of re-creation. If you've wanted to reinvent yourself somehow, this is a great time to do it. What you want, you can have, says the universe, as long as you can imagine it. Making dreams into reality may well become the theme of your week. But your career may want a lot more out of you than you're willing to give now. Try to find a compromise.

### ♌ LEO July 23 - August 22

You're considering all the angles now. Consider how you seek the deeper truths in your life. At this time, returning to school may be just the thing to get you back on track, as would learning a new language or using travel as a form of education. Connect with dreams you've held for a long time, perhaps without achieving them. Money comes when you allow yourself to do what you love.

### ♍ VIRGO August 23 - Sept. 22

The focus is on your home and emotions now, indicating a time of laying out more of your resources to spruce up where you live, especially if you're considering selling it anytime soon. The good news is that your day job is favorably affected. Consider home-based work or a job that involves home-oriented skills, such as decorating, repairs, or feng shui consulting. Profits follow any effort in this direction.

### ♎ LIBRA Sept. 23 - Oct. 22

You're used to the finer things in life and crave days filled with sensual pleasures. This week your family, friends, and romantic partner are with you on all that. Aspects encourage you to assert your needs and show that keeping communication clear and concise with personal and professional folks alike keeps the incoming money flowing in roughly the same amount as the money going out. Carve out savings where you can.

### ♏ SCORPIO Oct. 23 - Nov. 21

For you, this week is about increasing your earning potential a great deal. Wherever you sense an opportunity, assert your will, your needs, and your individuality. With the aid of helpful aspects, money comes when you cultivate creativity in your thinking. In other words, the less you do things the same old way, the more your bottom line will thank you. It's pretty brilliant, if you think about it.

### ♐ SAGITTARIUS Nov. 22 - Dec. 21

Aspects are affecting your house of communications. If you haven't been the best correspondent lately, it's time to get back in touch with everyone from family members to the people at your last job. Some of them have important news to share, which may make it possible for you to flourish financially. And you have the full support of the universe to speak up for what you need in your money life now.

### ♑ CAPRICORN Dec. 22 - Jan. 19

You're facing a week of financial growth. You're usually organized and careful about spending, and this may be a great week to get that budget out and review it. Is this one working for you or does it need some adjusting? You may find it helpful to sign up for an online banking service or use online tools to calculate what you need for your retirement.

### ♒ AQUARIUS Jan. 20 - Feb. 18

It's a week for getting in touch with your needs. Aspects highlighting beauty, creativity, and love show that it's important to not just to look the part but also feel it. Loving what you do for a living doesn't just happen. Cultivate it by exploring which of your skills would best be used to bring in cash. It will help your mood.

### ♓ PISCES Feb. 19 - March 20

This week features career matters and authority figures, indicating a time of getting in touch with your ambition and work goals. It's like a big push from the universe sending you off in the right direction. This may mean more responsibility and additional meetings, so try to go with the flow and accept your new role. Your intuition is running very high now. Integrate it with your



REFLECTIONS from page 9

"I like how every year's theme is different and has a powerful message," she said. "The message not only has a heart-felt meaning, it also challenges me to think about what it truly means to me. Personally, each year I think deeply about Reflections theme titles and the more I think about the theme, I learn about myself and the world. I like to tell my story by using my artistic skills. For my education, Reflections requires me to write an artist statement. Therefore, it helps me to train to be a better writer."

Bo Kim, Daisy's mom, remarked on the benefits of the Reflections program to her family.

"As Daisy mentioned, the theme really is inspiring," said Kim. "For our family, when the new theme is announced we make it our homework to discuss what it means. As parents, we get to see her thought process in translating the theme but at the same time we are able to share our thoughts with her as well. We just enjoy the dialogue it creates."

Kim was one of the PTA chairpersons involved in Reflections.

"We had a total of 43 submissions," she said. "I was the co-chair along with now a dear friend Amy Jo Rhine, who plays the third horn of the Los Angeles Philharmonic. Because of my art background, when I volunteered for the PTA our previous chair asked if I would be interested in joining Reflections. It felt like a huge undertaking, but when I look back now it's been a blessing to take part in inspiring our younger generation to be more expressive. I hope through our story, we are inspiring more families to join Reflections."

Daisy's artwork "Me to We" is the 2023-24 school year's cover art for GUSD students Thursday folder, a folder that all students use to weekly bring home their school work.

The theme for PTA Reflections for the upcoming school year is "I Am Hopeful Because...", which was created by a student in Alabama. The six categories for art submissions include: visual arts, literature, music composition, photography, dance choreography and film production. The division categories include primary, intermediate, middle school, and high school.

CHP from Cover

There were several examples of drivers stopping in or extremely near the crosswalk. A group of students that had waved cars through the crosswalk said for the most part they found that drivers respect the crosswalk.

"Yesterday there was a car speeding [toward] the crosswalk. I didn't think he was going to stop but he stopped in time," one of the students said.

Keller added that a lot of the students are looking at their phones and not looking up as they cross the street.

Then there were some drivers who would stop near the crosswalk, but still in the traffic lane, and let out their student. When traveling northbound this causes problems with vehicles at the drop-off area. Southbound some of the students who are let out at the crosswalk may use the crosswalk but not from its beginning at the sidewalk but midway through the crosswalk

– again, surprising drivers traveling southbound.

"Many drivers don't realize that you need to stop at the shark teeth [symbols] prior to the crosswalk," said Officer Bay.

The "shark teeth" are the long triangle symbols painted on the road that are technically termed a stop line. They are placed 20 to 50 feet in advance of a marked crosswalk to show where vehicles are required to stop, or yield, when pedestrians are present.

Another traffic law drivers don't seem to take into consideration is making a U-turn in school zones when students were present. This was another common citation issued by CHP on Thursday.

Other issues were cars stopping both west- and eastbound on Altura Avenue to let out their student from the car thus creating traffic back up on Ramsdell and Altura

avenues. One father pulled over on Altura, parked legally and let out his child from the car. She crossed Altura at the end of the block then used the crosswalk at Ramsdell. The father stayed to watch her make her way safely across the street.

This is his child's first year at CVHS. He said what he noticed, not just at CVHS but at other schools, is the attitude of parents.

"Once they drop off their child they don't seem to care about anyone else," he said.

He said he watched drivers ignoring traffic rules, including making U-turns and speeding. Last year he saw the same type of driving issues at Rosemont Middle School.

"There are too many kids," he said. "There is really not a well regulated [drop off] area."

He felt the school administration needs to work more not only with Los Angeles County but also with private

contractors to do an in-depth traffic flow study.

"Rosemont ... was not meant for that type of traffic," he added.

The Crescenta Valley Town Council [CVTC] has worked with Glendale Unified School District, the administration at local schools, elected officials, law enforcement and Public Works to make streets safer but each study takes a long time to complete. Then implementation is another time-consuming issue. The U-turn signs that have been approved for placement around CVHS have yet to be put in place.

CVTC is continuing to push for more studies and the implementation of more safety measures.

For those driving around schools, especially during high-traffic times, CHP is in the area and will be citing those who do not follow traffic laws. Drivers need to be aware of the laws even if there are no signs posted.

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The Crescenta Valley Lions Club is partnering with the Los Angeles Department of Children Services to help children going into foster care. This year, we hope to collect & fill 250 backpacks!

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- Combs
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- Body Soap
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- Coloring Books
- Pens/Pencils
- Markers
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- Crayons
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- Throw Blankets

Additional Donations Accepted: Eye Glasses, used and/or broken

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Wishing you all calm and health!





# LEGALS & CLASSIFIEDS

## LEGALS

**NOTICE OF SELF STORAGE SALE**

Please take notice US Storage Centers - La Crescenta located at 4454 Lowell Ave La Crescenta, CA 91214 intends to hold an auction to sell the goods stored by the following tenants at the storage facility. The sale will occur as an online auction via [www.storagecenters.com](http://www.storagecenters.com) on 9/21/2023 at 10:00AM. Unless stated otherwise the description of the contents are household goods and furnishings. Ramona Velasquez Carlos; Jose Vinicio Peraza Monroy; Cynthia Sipsy; Richard Zimmerman; Jameal Adderley. All property is being stored at the above self-storage facility. This sale may be withdrawn at any time without notice. Certain terms and conditions apply. See manager for details. Published in the Crescenta Valley Weekly August 31, September 7, 2023.

**NOTICE OF SELF STORAGE SALE**

Please take notice US Storage Centers - La Crescenta Cloud Ave located at 4441 Cloud Ave., La Crescenta, CA 91214 intends to hold an auction to sell the goods stored by the following tenants at the storage facility. The sale will occur as an online auction via [www.storagecenters.com](http://www.storagecenters.com) on 9/21/2023 at 10:00AM. Unless stated otherwise the description of the contents are household goods and furnishings. Tracy Andrews; Terry L. Maynard. All property is being stored at the above self-storage facility. This sale may be withdrawn at any time without notice. Certain terms and conditions apply. See manager for details. Published in the Crescenta Valley Weekly August 31, September 7, 2023.

## EMPLOYMENT

**DRIVER WANTED!**  
Are You A Night Owl? If so, why not earn some money by delivering the community's favorite newspaper to local residents early Thursday morning? They are in the La Crescenta/La Cañada area. Must have own transportation. Call Rachelle at (818) 248-2740 or email [rachelle@cvweekly.com](mailto:rachelle@cvweekly.com).

## FOR RENT

**HOUSE FOR RENT**  
Small 1 bedroom, 1 bath house with enclosed garage in Tujunga. Quiet neighborhood; small pet okay. Available immediately. \$1595/mo. (661) 733-3866.

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**VINYL RECORDS WANTED**  
Cash for records, LPs, albums. Collections large or small. Most genres considered. Will come to you. Call Dom at (310) 882-0936. Jazz, rock, soul, etc.

**LIONEL TRAINS**  
Cash paid for your trains and toys. Also buy American Flyer and LGB. Call (626) 447-3775.

**WANTED:**  
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CALENDAR THIS from page 16

New approaches and techniques will be taught to effectively care for a loved one in difficult times.

In the first installment of the series, a discussion on what dementia is and what people need to know about the disease. A Q&A will follow the presentation "Navigating Difficult Behaviors."

The first virtual installment is on Sunday, Sept. 20 at noon.

RSVP at [belmontvillage.com/webinar](http://belmontvillage.com/webinar). For more information or to send questions to the speaker for the Q&A, email [comm@belmontvillage.com](mailto:comm@belmontvillage.com).

**3E EVENT INVITES WOMEN TO AWAKEN THE POWER WITHIN**

HealWithin, a mind-body-soul healing and stress management center, invites women in SoCal and around the world to its 9th Annual 3E Event on Sept. 30 at Embassy Suites by Hilton in Glendale. Tickets are on sale now for a super early bird price of just \$197.

Visit [The3Event.com](http://The3Event.com) to register and to reserve hotel room at discounted rate.

Hosted and produced by Liza Boubari, clinical hypnotherapist and founder of HealWithin, 3E guest speakers include award-winning actor Maurice Benard, Nancy Matthews, co-founder of WomensProsperityNetwork.com, Allyn Reid, founder of Woomanity, and co-founder, facilitator, producer and community cultivator of Secret Knock and Lawrence Zarian, Red Carpet fashion expert, lifestyle expert, professional stylist and actor.

**ADAMS HILL ARTS FESTIVAL APPLICATIONS GO LIVE**

The second annual Adams Hill Neighborhood Association Arts Festival will be held Oct. 8 on Park Street in Glendale and will feature local artists, vendors and musicians. In anticipation of the event, the application for musicians and artists has been released.

All Glendale residents are welcome to apply.

Here is the application link: <https://forms.gle/N1dWr33tjrgnYXRA8>.

**VHHS PLANS REUNION**

"Team 74" is planning a 50th high school reunion in 2024. Friends and graduates of Verdugo Hills High School are invited to attend to trade stories of family, careers, adventures and anything else.

Currently Team 74 is in the planning phase of collecting names and numbers of classmates and putting together a database; emails from classmates can be received at [cls0f74reunion@yahoo.com](mailto:cls0f74reunion@yahoo.com). Information should include a mailing address, cell number and graduate's name at graduation (if different than now).

A list of frequently asked questions will be provided to keep everyone updated as the reunion plans move forward. Those who belong to various VHHS groups will see redundant information to ensure all classmates are notified and have an opportunity to attend.

At this time the FB VHHS groups will be the reunion information outlet until a more focused site is created.

LETTERS from page 8

CVWD acting general manager; additional copies were attached for his distribution to each board member and to the legal counsel.

Perhaps the Crescenta Valley Weekly may assist us locating an attorney or a qualified neighbor to challenge this property tax lien for all 11,000 account holders.

George Solyman  
Montrose  
Letter:  
Dear Mr. Lee,  
Subject: Property Tax Lien  
What is commodity other [than] the water?  
Is the pipe property?  
Who owns the property?  
When was the lien authorized by the Board of Directors?  
When were the 11,000 account holders notified in writing – date and year?  
When will I receive a copy of document 218, previously requested?  
Is CVWD also paying separately on a tax lien for its water suppliers' pipeline? Los Angeles, Foothill etc.

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