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**2024**  
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# CRESSENTA VALLEY WEEKLY

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MARCH 14, 2024

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VOL. 15, NO. 30

## Landfill, Mayoral Selection on Council Agenda

By Julie BUTCHER

"I'm disappointed that none of the questions we took quite a bit of time this weekend to send to you were answered in this presentation," said Scholl Canyon resident and community activist Jackie Gish when she addressed the Glendale City Council at its Tuesday evening meeting. "In September 2022, I was under the impression that some of the councilmembers wanted the [Scholl Canyon] landfill to close as soon as possible. At that time, the estimate was December 2025."

Gish continued, "Now we're in March 2024, and the new estimate is mid- to late 2027. So we've slid 18 to 24 months in 18 months; basically it's moved out as fast as we're going along. At this rate, we will never close Scholl."

Assistant public works director Dan Hardgrove updated the Council on plans to close the Scholl Canyon Landfill.

The landfill is 535 acres, including the 126-acre golf course that is built on a section of the landfill that "ceased landfilling" in 1972. Glendale owns the majority of the landfill along with the County of Los Angeles, which owns 60 acres, and Southern California Edison, which owns 25 acres. LA County Sanitation District operates the facility. Currently, sections of the landfill are getting final cover, work that is expected to be completed by fall, Hardgrove reported. The landfill is permitted based on its final fill elevation of 1525 feet and approximately filled with 33.4 million tons of trash. As of December 2023, the available remaining capacity is 1.2 million tons. Permitted to accept up to 3400 tons per day, tonnage varies depending on economic and other factors.

When the Council was last updated in September 2022, the daily average was 1400 tons leading to the estimate of closure in mid-2025 to mid-2026. The base tipping fee at that time was \$61.10 per ton. Now the daily

see GCC on page 5

## Kids Invited to Career Exploration Fair

By Mary O'KEEFE

*Before setting off on a career path, CV Park invites local youth to its inaugural career exploration day.*

Crescenta Valley Park will be hosting its first ever Career Exploration Fair on March 16.

"We will be offering information on different types of careers," said Della Razjouyan, recreation services supervisor, County of Los Angeles Dept. of Parks and Recreation/CV Park.

Razjouyan added many times kids are guided to traditional careers; what she wants to do at Saturday's event is show kids they have endless opportunities that can suit them. She hopes exposure to various careers will better guide them, whether or not they go to college.

The day will also feature a summer camp meeting. Since the pandemic, the park's summer program has been limited. Saturday's meeting will reintroduce families to the structured summer camps they fea-



Photo provided by CV PARK  
Technology plays a big part in many of today's careers and will no doubt be touched on at Saturday's Career Exploration Fair.

turesd prior to COVID. Registration dates for camps at CV Park are from March 26 to May 3; however, those who attend the March 16 meeting will be given priority registration.

Camps are offered for children

ages 6 to 11 and although all ages are welcome to the career event the booths will be geared toward 7 to 17-year-old kids. The summer camp will focus on ESTEAM (environmental, science, technology, engineering,

art and math).

The Career Exploration Fair will also feature a diverse group of mentors including an industrial designer, yoga instructor, artist and aviators.

see CAREER FAIR on page 7

## GUSD Approves Japanese Immersion Plan, Celebrates Student Achievement Amid Wage Concerns

By Eliza PARTIKA

The Glendale Unified School District Board of Education approved the recommendations of the parent-formed Japanese Dual Language Immersion Committee at its March 12 meeting.

The Board's approval will allow the sixth grade cohort at Verdugo Woodlands Elementary School to matriculate to Rosemont Middle School for the 2024-25 school year with a permit. Those already at Woodrow Wilson Middle School will be allowed to finish their program. In the 2025-26 school year, the pathways at Wilson and Rosemont will merge into one program at Rosemont. All incoming seventh grade immersion students will be enrolled at Rosemont Middle School



Photo by Eliza PARTIKA

see GUSD on page 5 Yard duty employees stand and applaud when a public comment was made regarding their decrease in wages and hours.

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» FROM THE DESK OF THE PUBLISHER

# COVID Casualties

When the pandemic hit in 2020, we were taken aback. Life changed drastically – and quickly. Many places where we typically congregated – the supermarket, church, stores – had to shut down.

I don't know if you remember, but my friend Amy and I were traveling to Cambria when news started trickling in on the radio of the global virus. Back then, we were told that if we could deeply inhale and hold our breath we were fine. So periodically during the drive I'd turn to her and say, "Breathe." We'd both take a deep breath and hold it. Neither of us would cough so I declared we were fine and we'd continue north.

But that was the beginning. It was so bizarre – we'd go to a winery, then it would close. That was constant. Thankfully we were able to stop by every place we wanted to visit – no reservation needed. I remember, though, going into the Target store up there and the shelves were decimated. I mean there was little to no product available. It was so insane to me that I actually took video. Little did I know that the same situation was happening here.

From then things got worse. First we were told that businesses would shut down for two weeks "to flatten the curve." Early on it was deemed that CV Weekly was an essential business and we didn't have to close. But we still wiped down everything and took a ton of precautions to keep everyone safe.

The paper took a financial hit. The majority of our revenue comes from advertising; who was going to advertise a closed business? It was tough; thankfully our subscribers stepped up and some gave us financial support. Between that and government money we were able to keep our doors open.

For nearly a decade CV Weekly had held The Finest, a chance for our readers to share with the

community what businesses, people and services they felt were the best. During the pandemic The Finest was put on hold. In fact, this year – 2024 – The Finest returns. Due to its popularity and the number of ballots we've received, we extended placement of the ballot in the paper to this week, March 14. (All completed ballots – each ballot must have a minimum 10 selections or will be disqualified – must be received or postmarked by March 20).

In 2022, life started to return to nearly normal – but symptoms of the pandemic can still be found. Up in Cambria, reservations are now needed to visit wineries whereas before the pandemic you could just stop by ... but at least they're open. Also, new cleaning regimes have been instituted at many public places.

But there have been some casualties. Many businesses didn't survive. Some of the restaurants set up outside dining because patrons couldn't go inside their establishments. After the pandemic, many kept that outside dining experience.

Some didn't though. Yesterday morning I drove by El Sol on Honolulu Avenue and the colorful patio it had built in its parking lot was being torn down.

I thought it was sad – even though it was reflective of a bad time in the world. It struck me how easily I've accepted those things that were instituted specifically due to COVID.

Although it still makes me shake my head when I see someone in their car, alone, wearing a mask.

*Robin Goldsworthy is the publisher of the Crescenta Valley Weekly. She can be reached at robin@cvweekly.com or by calling (818) 248-2740.*

» WEATHER WATCH

## Taking A Look Outside Our Window

By Mary O'KEEFE

March is Women's History Month and March 8 was International Women's Day. Every year we highlight women doing amazing things to remind people that women have, are and can do amazing things outside of their "traditional roles." Part of me hates the fact that we have to have a specific month that highlights women when women's achievements should just be common knowledge but we are not there yet. And I love hearing about women who are living their best lives as well as helping others around us.

I gave birth to two powerful, thoughtful, caring and strong women. My daughters have fought the stereotypes of their professions by being exactly who they are so I asked, as a resource, why not go to them to find women they admire. So for the next couple of weeks I will be sharing some of those inspirational women.

My youngest daughter has always been drawn to the sea. We would wake up super early on school days, drive to Redondo Beach, have breakfast as the sun rose then drive back to the Crescenta Valley for school. The ocean is life for her so that in college her going into environmental science was not a surprise; neither is the fact that she is a diver and loves teaching others to dive. She is part of two non-profits, California Greenworks, whose tagline is "Greening Communities One Neighborhood at a Time," and Bleu World whose mission statement reads, "Our mission is to build a network of ocean changemakers with a passion for conservation and exploration."

So it will not surprise you that she derives inspiration from a legendary woman diver.

An article by the Australian National Maritime Museum titled "Her Deepness: Dr. Sylvia Earle" starts out like this:

"Sylvia Earle has lived underwater for a week, walked the sea floor at a (record breaking) depth of 381 meters and has led over 50 ocean expeditions."

At the time of the article, 2019, she was 84 years old and was/is still diving and exploring.

"She's earned endless awards – including 29 honorary doctorates – and her adventures have sent her across the world. Over her long career, she has dived in the deepest parts of the ocean, lectured in 90 countries and even fought off an angry shark. As a female marine scientist in the 1960s, Sylvia's early career was often challenging, but her pioneering spirit and endless love for the ocean has seen her become the world's most famous oceanographer," the article continued.

As I researched Dr. Sylvia Earle I realized why my daughter refers to her as "Science Gidget." First of all, the fact that my kid is a fan of "Gidget," both the 1950s Sandra Dee films and 1960s Sally Field sitcom about a young girl who surfed, delights me to no end. Generations today may not understand how important Gidget was to young girls in the '60s, but every surfing movie seemed to have the girl admiring the buff boy on the surfboard or they would be on the surfboard with the boy but never surfing on their own. From the beginning Gidget wanted to learn how to surf, although in the movie it was a lot about Moondoggie, her love interest. Sally Field's character was feisty, defiant and wanted to learn how to surf on her own. That didn't stop her from admiring all the Moondoggie surfers but she was just fine on her own.

Sylvia was creating waves in the '60s in her own way. She got her Ph.D. in botany, married and had kids but that never stopped her from exploring. She too never let the stereotype define her.

see WEATHER on page 8

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 CA 91011.

**CONTACT US**

**Robin Goldsworthy**  
 Robin@CVWeekly.com  
 818.248.2740  
 Publisher/Editor

**Rachelle Miller**  
 Rachelle@CVWeekly.com  
 818.248.2740  
 Office Manager

**Lisa Stanners**  
 Lisa@CVWeekly.com  
 818.523.1234  
 La Cañada / Montrose

**Sonya Marquez**  
 Sonya@CVWeekly.com  
 818.381.2000  
 La Crescenta  
 Sunland-Tujunga

**Jon K**  
 Jon@CVWeekly.com  
 818.248.2740  
 Surrounding Areas

**VOTING FOR THE 2024 FINEST IS OPEN!**

Do you have a favorite restaurant, dentist, nail salon, doctor? Let them know by voting now!

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**2024**

Winners announced in June. See the ballot in this week's issue or go online to vote

<https://www.crescenta-valleyweekly.com/finest/>



# NEWS

## IN BRIEF

### ROSEMONT PRESERVE RESTORATION DAY

On March 17 there is an “open gate” event at the Rosemont Preserve. This is a chance for residents to visit the Preserve and wander the trail at their own pace and enjoy the tranquil setting, the wildlife and the natural beauty. Photographers: bring your camera to capture the morning light and citizen scientists, bring your iNaturalist and Merlin apps to identify birds and add wildlife sightings!

Wear sturdy shoes and comfortable clothes for walking the trails.

The gate will be open from 2 p.m. to 4 p.m., and Friends of the Rosemont Preserve Committee members will be available to answer questions and present this community resource.

The Preserve is located at the north end of Rosemont Avenue, just past the chain link fence. As street parking is limited, please park at Two Strike Park, 5107 Rosemont Ave. and not in front of neighbors’ homes. Those with mobility issues who require a closer parking spot should contact RosemontFriends@gmail.com.

This event is free to the public and suitable for all ages and no reservations required. Rain cancels event. Sorry, no pets please.

For further information, contact the Friends of the Rosemont Preserve at RosemontFriends@gmail.com.

### ARBOR DAY CELEBRATION

A community-wide celebration of Arbor Day is being held on Thursday, April 25 at 10 a.m. at Casa Adobe de San Rafael Park, 1330 Dorothy Drive in Glendale. Contribute by purchasing a tree! There are two opportunities offered: 24-inch box size trees (“specimen trees”) for \$150 or suggested donation of \$75. Each contribution will be used to help reforest and care for all the trees in local parks and public areas. Donations of any amount will be much appreciated and publicly acknowledged at Arbor Day!

Those who would like a tree planted in 2024 should submit their donation by Friday, March 29. To donate by credit card, visit [www.glendalebeautiful.org/arbor-day](http://www.glendalebeautiful.org/arbor-day). Forms can be filled out and mailed with a check to: P.O. Box 1307, Glendale, CA 91209.

### GUIDED AUTOBIOGRAPHY (GAB) FOR OLDER ADULTS

Community members are invited to explore the fabric of their life in a six-week free series focused on writing and sharing their stories.

Guided Autobiography (GAB) for Older Adults meets at the La Crescenta Library, 2809 Foothill Blvd., on Tuesday afternoons through April 2 from 1:30 p.m. to 3:30 p.m. They will participate in the method developed by Dr. James Birren, which aids in reflection and sharing experiences from each person’s journey. This process is facilitated by certified GAB instructors as a service of the USC-VHH Community Resource Center for Aging.

Attendance is limited and advance registration is required. To sign up, see library staff or register online at [Visit.LACountyLibrary.org/Events](http://Visit.LACountyLibrary.org/Events) and filter by location or event date.

### LIONS CLUB HAVING FOOD DRIVE

The Lions Club is having its quarterly food drive in support of the Bailey Center in Tujunga. It is on March 16 from 10 a.m. to noon at St. Luke’s of the Mountains, 2563 Foothill Blvd. in La Crescenta (at Rosemont). Enter on Cross Street, behind Foothill Boulevard.

Preferred items include dry pasta, canned soup, canned meat/tuna, canned chili, Spaghetti O’s, granola bars, crackers, cereal/oatmeal, dry mac & cheese Rice-a-Roni, dry stuffing and canned fruit/vegetables. Monetary donations also accept. Make checks out to TUMC and in the memo section write Bailey Center.

Questions can be directed to Diana Tyson at [lions91214@gmail.com](mailto:lions91214@gmail.com) or call by calling (818) 625-5221.

### GWP HOLDS COMMUNITY MEETINGS

Glendale Water and Power (GWP) announced it is conducting a series of community meetings to receive feedback and input directly from Glendale residents in the development of its Solar and Energy Storage Plan.

In August 2022, the Glendale City Council passed a resolution expressing its intent to adopt policies and practices aimed at achieving the goal of having at least 10% of GWP customers adopt solar and energy storage systems by 2027 and develop additional demand management measures with a minimum total peak dispatchable and peak-load-reducing capacity of 100 megawatts (MW). The goal of this solar and energy storage plan is to maximize the City of Glendale’s use of renewable energy to serve the current and future energy needs of Glendale residents.

Glendale Water and Power is hosting community meetings:

On Wednesday, May 15 from 6 p.m. to 8 p.m. – Adult Recreation Center

On Thursday, May 30 from 6 p.m. to 8 p.m. – Sparr Heights Community Center

Glendale Water and Power’s Solar and Energy Storage Plan will include an evaluation of the adoption potential and consider several policies and incentives to achieve the adoption and capacity goals.

# Locals Celebrated for Heart Health



Photo by Mikaela STONE  
Young at Heart recipient Allan Weeks with Michelle Galanti.

By Mikaela STONE

The Kings and Queens of Hearts event is a heart-focused health fair hosted inside the halls of the Glendale Memorial Hospital and Health Center (GMHHC). It offers heart healthy snacks, free health tests and information. Feb. 29 marked 26 years the hospital has celebrated coronary event survivors and the event’s return after COVID.

Honorees are chosen from those in cardiac rehab, post-treatment, who have made a commitment to changing their lifestyle to keep their hearts healthy. The senior king and senior queen of hearts, 80-year-old James Radon and 94-year-old Victoria Neutra, are a married couple who met while working in real estate — an industry in which Radon still works!

Radon participated in a heart walk 5K alongside the junior king of hearts Moises Moya, who survived open heart surgery. Moya has lived 50 years in Glendale and learned two things: “It feels good to be king” and “Enjoy life, try to eat healthy and exercise.”

The junior queen of hearts, Cecilia Quintana, has an extensive history with the hospital’s cardiac fitness center and also with the local community. She is known as an excellent teacher who now enjoys retirement.

Years before Quintana’s open heart surgery, Glendale Memorial Hospital named a parent of one of her students as the very first junior queen of hearts. Quintana’s fitness goal is to walk the stairs of the Dodger Stadium by May 2024.

Finally, the cardiac rehab awarded the Young At Heart award to Allan Weeks, who enjoys telling jokes and photography. Weeks received not only a signed certificate from State Senator Anthony Portantino (as did all honorees), but also a teddy bear. He said his fitness goal is “staying alive” and has nothing but glowing praise for those employed at the clinic.

Throughout the hallways, the fair offered booths where volunteer nursing students and clinic staff offered free tests that could be done in five minutes or less. These included testing grip strength, which can be an indicator of overall health in seniors, a blood glucose screening for diabetes, a check for blood clots, cholesterol checking, blood

pressure checking and the use of a pulse oximeter, which checks heart rate and the level of oxygen in the blood. These tests can help catch heart events before they occur. For those struggling with increased health care costs, events like this can be lifesaving as many of the tests are administered free of cost.

Visitors screened received a handout at each station explaining how best to turn their knowledge into action. For example, those with glucose levels indicating diabetes are advised to have a “yearly eye exam, kidney function tests, cholesterol checks [and] daily foot exams.” Those with blood pressure issues are recommended to hydrate properly and be aware of salt intake. Those who struggle with high blood glucose, high blood pressure or high cholesterol are advised to avoid saturated and trans fats, cease smoking and increase physical activity. As interventional cardiologist Dr. Raed Bargout would later discuss, in 2024 misleading food labels are on the rise. Undesirable ingredients such as high fructose corn syrup, which is labeled only as “fructose,” makes risk

factor foods harder to avoid. He said that checking labels has never been more important. Bargout also recommends exercising for at least 30 minutes five days a week.

The fair also featured information booths representing various sectors the hospital covers with the hope of educating attendees on the services available to the public from the GMHHC. Booths presented information on how to recognize a heart attack — including pain or discomfort in the chest, lightheadedness, nausea or vomiting, jaw, neck or back pain, discomfort in the arm or shoulder, or shortness of breath; how to recognize sepsis using the acronym T.I.M.E. — temperature (higher or lower than normal), infection symptoms, mental decline, and extremely ill, usually involving severe pain or shortness of breath and how to recognize opioid overdose, which can even happen with prescription drugs. The administration of Narcan nasal spray to a person suffering an overdose can provide the patient with time to

see KING & QUEEN on page 8

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# Updated Election Results

By Mary O'KEEFE

The Los Angeles County Registrar-Recorder/County Clerk [RR/CC] has released updated election results everyday since the March 5 election.

"The update includes 116,493 ballots processed since the fifth Post-Election Night update. The total election results count is now 1,518,040, which is 26.72% of registered voters," according to the RR/CC on Tuesday.

The estimated number of outstanding ballots to be processed, as of Tuesday, was 126,000 – that includes 119,000 vote by mail ballots, 6,500 conditional voter registration and 500 provisional ballots.

"This adjusted estimate includes vote by mail ballots received today and the estimated number of ballots returned at vote centers and official ballot drop boxes on Election Day. The estimate also includes ballots pending signature cures from voters whose signatures on the return envelope were missing or did not match their registration records. These voters have been notified and instructed on how to cure their ballots to be counted," according to an RR/CC statement.

The official election canvass is a 30-day period with results being updated on March 14, 15, 18, 19, 22, 26 and final release on March 29. The results are updated between 10 a.m. and 2 p.m. and can be found at [www.lavote.net](http://www.lavote.net). California Secretary of State will certify the results on April 12.

The count continues. Here are the results as of March 12 at 3:59 p.m. from LA County RR/CC found at [lavote.gov](http://lavote.gov):

*Below are the two top candidates who will be facing each other in November's election.*

**State Senator 25 District:**  
Sasha Renée Pérez received 34.21% of the vote and Elizabeth Wong Ahlers received 33.63% of the vote

**State Assembly 44 District:**  
Nick Schultz 27.98% and Tony Rodriguez 25.98%

**U.S. Representative 30th District:**  
Laura Friedman 29.87% and Alex Balekian 17.64%

Below are local election results reflecting the top vote getters, determined officially on March 29 as the winner.

**La Cañada Flintridge City Council – three seats available:**  
Jeanne Kim Hobson 24.84%, Keith Eich 23.24% and Stephanie

Fossan 21.61%  
**Glendale City Council – two seats available:**

Ardy Kassakhian 22.84%, Vartan Gharpetian 16.68%, Vrej Agajanian 16.12%

**Glendale Community College Board of Trustees – one seat available:**

**Trustee Area No. 1**  
Desirée Rabinov 51.49% and Harry Leon 48.51%

**Glendale Unified School District – one seat available in each Area:**

**Trustee Area A**  
Telly Tse 56.41%, Jordan Henry 35.20% and Shant Kevorkian 8.39%

**Trustee Area E**  
Neda Farid 50.82% and Aneta Krpekyan 49.18%

**Statewide Election Results**  
California U.S. Senate Race (the top two candidates who will face each other in November's election):

**Full Term Senate:**  
Steve Garvey 32.0% and Adam Schiff 31.9%

**Partial/Unexpired Term U.S. Senate:**  
Steve Garvey 33.7% and Adam Schiff 29.6%

**Proposition 1 Bond for Mental Health Treatment Facilities**  
Yes – 50% with 3,186,001 votes  
No – 50% with 3,184,303 votes



A division of Crescenta Valley Publishing, LLC

**Robin Goldsworthy**  
Publisher and Editor-in-Chief  
[robin@cvweekly.com](mailto:robin@cvweekly.com)

**Mary O'Keefe**  
Lead Reporter  
[mary@cvweekly.com](mailto:mary@cvweekly.com)

**Designers**  
Steve Hernandez  
Senior Artist  
[steve@cvweekly.com](mailto:steve@cvweekly.com)

Matthew Barger  
[matt@cvweekly.com](mailto:matt@cvweekly.com)

**Columnist**  
Mike Lawler  
[lawlerdad@yahoo.com](mailto:lawlerdad@yahoo.com)

**Contributing Writers**  
Lori Bodnar • Rev. Beverly Craig  
Charly Shelton • Ruth Sowby • Mikaela Stone  
Anne McNeill, proofreader

**Advertising**  
Jon K (818) 248-2740 [jon@cvweekly.com](mailto:jon@cvweekly.com)  
Sonya Marquez (818) 381-2000 [sonya@cvweekly.com](mailto:sonya@cvweekly.com)  
Lisa Stanners (818) 523-1234 [lisa@cvweekly.com](mailto:lisa@cvweekly.com)

**Office Manager/Inside Sales**  
Rachelle Miller  
[rachelle@cvweekly.com](mailto:rachelle@cvweekly.com)

Crescenta Valley Weekly is distributed on Thursdays to: La Crescenta, Montrose, La Cañada, Sunland, Tujunga, Glendale and Toluca Lake. Yearly subscriptions are \*\$65.00  
\*Rate is higher for mailed copies

**Mail Payment to:**  
CV Weekly, 3800 La Crescenta Ave., #206, La Crescenta, CA 91214  
To contact us, call (818) 248-2740, fax (818) 248-2444  
E-mail [info@cvweekly.com](mailto:info@cvweekly.com). Visit the web at [www.cvweekly.com](http://www.cvweekly.com)

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ANSWERS for page 20



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[shoptriciafalbo.com](http://shoptriciafalbo.com)



# Local School Receives Bomb Threat

At about 11:25 a.m. on Wednesday, Flintridge Preparatory School in La Cañada received a bomb threat. Crescenta Valley Sheriff's Station

worked with school officials to determine the validity of the threat. The students were evacuated and were in a safe location, according to

a Crescenta Valley Sheriff Station spokesman. After an extensive search for an explosive device/devices by deputies

and school officials no devices were located. Parents and loved ones were encouraged to get the latest updates

from Flintridge Preparatory School. A phone message should have been sent from the school's emergency notification system.

*GCC from Cover*

average is 1069 tons, and the tipping fee is \$95.46 per ton. The estimated closure date is now mid- to late-2027. Revenues have dropped from \$11.2 million in FY 22/23 to \$9.2 million predicted for the current and future fiscal years.

The decline in tonnage is attributed to the success of food waste and organics diversion

programs and other efforts to reduce trash going to landfills.

Hardgrove addressed other current landfill issues noting that there are protocols for responding to temperatures above 145 degrees (the highest temperature recorded at Scholl in the past two years is 139.5) and that redundancies are built in to monitor the gas collection

system. Stormwater diversion and control facilities are designed to accommodate the calculated 100-year, 24-hour storm. The site is regularly inspected for ponding and erosion.

"Anybody remember Jim Starbird, former city manager way back when?" Mike Mohill asked the Council. "The landfill was supposed

to be closed that many years ago, but it was not. Why? It's called money, money, money. We need the revenue. For what? Salaries and pensions."

"My concern is the noise," he continued. "The residents who live in Scholl Canyon, which is where I live, want it closed and want the noise to be minimized. You all ran for City Council and asked for the

votes of the people who live in Scholl Canyon, and you asked for money, and they gave it to you."

Councilmember Paula Devine asked how Scholl Canyon tipping fees compare to others. Staff reported they are on the high side but are relatively comparable:

*CV Weekly readers: You can read more at CVWeekly.com/NEWS*

*GUSD from Cover*

and incoming ninth grade immersion students will attend Crescenta Valley High School. AP Japanese will remain an option at Glendale High School.

Current Verdugo Woodlands Elementary School students and their parents were present at the meeting. Some spoke during public comment to express their desire to move on to Rosemont and stay together as a cohort.

"I want to say thank you to the Glendale School board for listening to our class. We want to be part of a healthy-sized group of kids who are all in seventh grade, learning and studying Japanese," one of the students told the Board in public comment.

Benjamin Hays, a 12th grade student from Crescenta Valley High School, won the county Poetry Out Loud competition for his recitation of the poems "The Listeners" by Walter de la Mare and "Prayer for My

Father" by Robert Bly. The Board sat enraptured by Hays as he performed "The Listeners."

Other recognitions included Clark Magnet High School for its placement in the 2024 Los Angeles County Academic Decathlon and for winning the District's 2024 High School Scholastic Bowl Essay Competition; Crescenta Valley High School as the winning team of the District's 2024 High School Scholastic Bowl; students from Dunsmore, Franklin, Lincoln, Mountain Avenue and Valley View elementary schools, and Rosemont Middle and Crescenta Valley High schools for placing in honor band ensembles sponsored by the Southern California School Band & Orchestra Association, and students from Rosemont Middle and Crescenta Valley High Schools who earned a place on the All State Honor Ensembles sponsored by the California Music

Education Association.

GTA president Talin Arsenian and yard duty staff confronted the Board with their imminent wage and hours decrease, which would leave many of them financially challenged. As most of the yard duty staff are women, Talin implied that for true equality to be present in GUSD, the women who care for GUSD children each day should have their wage concerns respected.

"No teacher has ever said we have too many educational aides; the majority of GUSD educators are women. Many are international women and their contributions are equally significant in shaping the minds of our future leaders - GUSD students. In many corners of the globe, women have overcome adversity to become leaders, innovators and educators. Our classrooms are filled with stories of resilience, determination

and excellence. However, as we celebrate these stories we must also address the practical challenges faced by our educators, particularly regarding fair compensation," said Arsenian.

During public comment, yard duty employees shared their concerns about needing food stamps and welfare, and having past due notifications on their accounts because of dismal wages. A teacher stood up to comment on budget changes, asking the Board to re-evaluate its budget to pay teachers and staff.

"I feel that we should increase the salary and benefits of both our classified and certificated employees and we have the right to do that. Absolutely. We need to retain our teachers, our great teachers; we need to do more to be one of the most attractive districts again that people want to teach here. We also need to look at our budget differently," they said.



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*Obituary*

**Salvadore Guillotte**



Feb. 14, 2024

Salvadore Guillotte passed away peacefully at home in Los Angeles on Feb. 14.

An accomplished artist, civil servant, father, mentor and friend, he leaves behind his wife Norma Guillotte, his daughter Gamynne Guillotte, his brother Gomez Stevenson, and a constellation of extended family, friends and colleagues who will miss him terribly and who have been made forever better by knowing him.

In lieu of flowers, tribute gifts may be made to the Optimist International Foundation. A celebration of life service will be held at a later date.

*Obituary*

**Mary Jane Avila Orozco**



Feb. 23, 1933 – Feb. 23, 2024

Mary Jane Avila Orozco of La Crescenta passed away peacefully at home on Feb. 23 on her 91st birthday.

Mary Jane was born in Porterville, California to Candido and Mary Avila on Feb. 23, 1933. She earned her AA degree from Porterville College – the first woman in her family to get a college degree.

She enjoyed gardening, reading, word puzzles and scrapbooking and loved spending time with her grandchildren. She was actively involved in her community through PTA and serving in her parish working with the group

that cleaned the church weekly and served many years as a Eucharistic minister.

Mary Jane is survived by her husband of 68 years Gilbert Orozco; her children Connie Udabe (Roger), Kelly Costinett (Dan), Michael Orozco; and her six grandchildren: Rachel Udabe (Vishal Jain), Amanda Costinett, Dylan Costinett, Lauren Udabe, John Udabe and Olivia Udabe. She was preceded in death by her parents Candido and Mary Avila and her brother Candido Avila Jr.

There will be a viewing at Crippen Mortuary, 2900 Honolulu Ave. in La Crescenta on Thursday, March 14 from 5-7 p.m. with a rosary at 7 p.m. Mary Jane will be laid to rest in Tulare, California. There will be a viewing at Miller Mortuary in Tulare on Friday, March 15 from 4-7 p.m. with a rosary. Funeral Mass will be at 11:30 a.m. on Saturday, March 16 at St. John's Catholic Church in Tipton, California. A luncheon will follow. Burial will be at Tulare Public Cemetery on Monday, March 18 at 10 a.m.

Mary Jane enjoyed her garden and loved receiving flowers. The family asks that in lieu of donations send flowers to someone to brighten their day in her honor.

**CRIME BLOTTER**

**MARCH 7**

5400 block of Pine Cone Road in La Crescenta, a resident returned home to find the lock on the rear sliding glass door of his house had been damaged, rooms ransacked and several items stolen between noon and 3:30 p.m.

700 block of Angeles Crest Highway in Angeles National Forest, a backpack containing several pieces of camera equipment was stolen from a vehicle's trunk. There was no sign of forced entry.

The theft occurred at 2 p.m.

**MARCH 6**

100 block of Foothill Boulevard in La Cañada Flintridge, an employee reported witnessing a suspect, described as a White male adult wearing a dark colored baseball cap, dark colored shirt and dark colored pants, walk onto the property. The suspect began throwing unknown items toward the propane tanks located on the property. The suspect then walked toward the air compressor and grabbed the electrical box on the bottom of it and removed it from the ground. The suspect then ran southeast from the property toward Foothill Boulevard and out of view.

The incident occurred between 6 a.m. and 6:10 a.m.

**MARCH 4**

2100 block of Foothill Boulevard in La Cañada Flintridge, a purse was stolen from an unlocked vehicle while parked in a parking lot of a business between 3:30 p.m. and 3:40 p.m.

**FEB. 27**

900 block of Town Center Drive in La Cañada Flintridge, a woman reported leaving a wallet at a business. When she returned the wallet was not found then she received messages from her credit card companies that purchases had been attempted using her cards without her permission.

The calls came in about 1 p.m.

**FEB. 26**

5800 block of Edmund Avenue in La Crescenta, a vehicle's front windshield had been vandalized. The victim thinks the vandalism was due to thrown rocks, two of which he found near his vehicle.

The vandalism occurred between 6:30 a.m. and 8 a.m.

**FEB. 23**

1900 block of Foothill Boulevard in La Cañada Flintridge, a catalytic converter was stolen from a vehicle between 2:50 p.m. and 5:37 p.m.

**FEB. 22**

5200 block of Foothill Boulevard in La Cañada Flintridge, the front glass of an entry door was smashed at a business and the interior pharmacy glass window shattered. The cash registers were reported ransacked; however, there was no cash in those registers. It appeared pharmaceuticals may be missing; the owner had to take an inventory to be certain.

The burglary alarm was activated at 4 a.m.

**FEB. 20**

3000 block of Foothill Boulevard in La Crescenta, a

man parked his vehicle in the Walgreens parking lot and when he returned found that the driver side window was smashed and the vehicle had been ransacked.

The vehicle burglary occurred between 4:30 p.m. and 10:15 p.m.

**FEB. 18**

2300 block of Florencita Avenue in Montrose, the front and rear passenger side windows were shattered and several items were reported missing overnight.

**CONTACT US**

**Robin Goldsworthy**  
Robin@CVWeekly.com  
818.248.2740  
Publisher/Editor

**Rachelle Miller**  
Rachelle@CVWeekly.com  
818.248.2740  
Office Manager

**Lisa Stanners**  
Lisa@CVWeekly.com  
818.523.1234  
La Cañada  
Montrose

**Sonya Marquez**  
Sonya@CVWeekly.com  
818.381.2000  
La Crescenta  
Sunland-Tujunga

**Jon K**  
Jon@CVWeekly.com  
818.248.2740  
Toluca Lake and surrounding



# Mosquito Concerns Surround Local Medians

By Mary O'KEEFE

Concerned citizens in and around La Cañada Flintridge have noticed the amount of standing water that remains in the newly constructed medians along the 1900 block of Foothill Boulevard. They have placed tongue-in-cheek signs stating "Mosquito Birthing Center. Hatching Soon."

The apparent concern of those who placed the sign was the danger of mosquitoes that carry diseases like West Nile Virus.

La Cañada Flintridge City Manager Daniel Jordan said the city was aware of the issue of standing water. Public Works Dept. was out at the location on Tuesday to evaluate the draining issues.

"It is my understanding that whatever water was there has [filtered] through," he said.

He added the fact that the water is gone now does not mean it will not be back with the next rain. The City is working on the filtration system and continuing its median project plan to plant drought-tolerant vegetation.

"We will be addressing this in a comprehensive way," Jordan said.



CAREER FAIR from Cover

Opening up career possibilities is important, and personal, to Razjouyan.

"As someone who graduated with a minor in sustainability, I never thought I would end up working in the field I am now. I also didn't know what this career entailed or that it even existed before becoming a supervisor of multiple parks and recreation centers. I had originally thought that I would be a doctor or a clinical lab scientist even though my passion was in writing and environmental affairs," she said.

She had been on a science path but changed to liberal arts with a minor in sustainability then fell in love with a career she never knew she would have.

"I was wondering why careers like this weren't showcased the way they should have been to children at a younger age," she said.

She started thinking about what she could do to bring attention to kids on a variety of careers.

"They can learn the specifics of different fields and job titles they have never heard before," she added.

She believes every child can grow up and change the world.

"Every single career in this

world fits the purpose to create a positive change," she said.

There are a lot of events happening at CV Park including an Earth Day event on April 20 from 10 a.m. to 2 p.m.

"We want to show families in our community the importance of sustainability and how each and every one of us plays a role in keeping our planet green and beautiful," she added.

Razjouyan is still working on Earth Day activities but has planned a plant swap where people can bring in their plants, or cuttings of their plants, and share with others. There will be no charge, just even trades. She

is also working on some type of compost educational event. There will also be arts and crafts for kids, and food vendors on-site.

Crescenta Valley Park is located at 3901 Dunsmore Ave. The Career Exploration Fair is on March 16 (Saturday) from 10 a.m. to 1 p.m. The meeting for Camps is from 10 a.m. to 11 a.m.

On March 28 CV Park is hosting a Nowruz (Persian New Year) celebration with crafts, dancing, music and refreshments from 4:30 p.m. to 8 p.m.

On March 30 from 11 a.m. to 2 p.m. guests can celebrate a spring jubilee with an egg hunt, crafts, snacks and games.

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WEATHER from page 2

"In the summer of 1964, I received an invitation to go on an expedition, and it turned out to be one of those things that changed my life forever. ... I was asked to join a scientific team aboard the National Science Foundation's research vessel Anton Bruun for a six-week voyage to the Indian Ocean and other places. It was not the usual thing for women to go off on expeditions like that in those days – a few other women had done what I was about to do, and had had a terrible time because they were either harassed or kidded to death," she stated in an article in The New Yorker, "Her Deepness: Sylvia Earle's underwater explorations," published in 1989.

It is important to remember that up until the 1950s, research into marine biology was really done by finding any evidence that had washed up onshore and/or by dredging or dragging nets behind boats. The world of scuba diving was very new. Not long after Sylvia had begun her graduate studies Jacques-Yves Cousteau and Émile Gagnan developed the Aqua-Lung or scuba equipment. ["Scuba" stands for self-contained underwater breathing apparatus.]. Sylvia became one of the first in marine science to use scuba equipment.

During the '60s, Cousteau supervised the creation of successful underwater habitats where participants could live a life like Capt. Nemo. In 1968, The Man-in-Sea Project, sponsored by the Smithsonian Institution, was looking for applicants. Sylvia applied and was accepted. She joined a team of scientists in the Bahamas and descended in a vehicle called Deep Diver, designed by Edwin A. Link. Deep Diver was the first modern submersible with a lockout chamber, permitting divers to leave and return to the vehicle underwater. Sylvia became the first woman to lock out of a submersible. Oh by the way she set another record too; she was four months pregnant at the time. She checked with her doctor and he said it would be safe; she gave birth to her daughter the following July.

She has set records over and over again, and not just because she is female. Although there were plenty of those glass ceiling shattering moments including being the first woman to serve as the chief scientist at NOAA from 1990 to 1992 and in 1998 she was the first female explorer in residence for the National Geographic Society. She also holds the record for the deepest walk on the sea floor. And oh yeah, she even has an Aurora Expedition ship named after her.

"When divers and submersibles go underwater, onlookers hear a 'plunk' and see ripples in the water," said Sylvia in an article from CNN Health "6 healthy habits revealed by a 'living legend' and globe-trotting explorer" in December 2023. "What they're not seeing is this vast and magical universe that human existence depends on. The ocean is 97% of the biosphere. If we don't take care of the ocean, nothing else matters in the end."

Yep, I can see exactly why my youngest admires this woman and strives to honor her in her own work.

For information on California Greenworks visit <https://californiagreenworks.org>. For information on Bleu World visit <https://bleuworld.org>.

Our weather will be windy and warm. We are in a high wind watch from 1 a.m. to 1 p.m. today, Thursday.

The strongest winds should be felt from 8 a.m. to 1 p.m. today with gusts in the foothills from 35 to 40 miles per hour and in the valley from 20 to 30 mph, according to Rich Thompson, meteorologist at NOAA.

These are Santa Ana winds so we should see some warmer temperatures with highs in the 70s from Sunday through Tuesday. Although there is not a lot of rain expected there could be some light showers on Saturday.

KING & QUEEN from page 3

reach the hospital. Overdose symptoms can include pinpoint-sized pupils, blue fingernails, issues with breathing, and cold or clammy skin (it is advised when in doubt to administer Narcan and call for help as Narcan will not negatively affect someone even if opioids are not in their body). Additional information was provided on how to identify a stroke using the acronym F.A.S.T. – face asymmetry, arm or leg weakness, speech difficulty and time (to call an ambulance immediately). As neurologist Dr. Wled Wazni detailed, the sooner one gets to the hospital for stroke treatment the better the prognosis. Within the first four hours of a stroke, a blood clot can be broken up with medication but if any more time elapses, doctors must "snake" the artery by inflating a balloon through it, which is a more invasive procedure.

Wazni recommended eating a Mediterranean diet and reminded attendees that grapefruit can interrupt the function of medications.

Other tables extolled the GMHHC's Women's Center, which offers maternity

care, cancer support and treatments for common conditions such as endometriosis, and the Colorectal Care Center, which screens for and helps treat colon, rectal and anal cancers as well as other issues in those areas.

Building on the heart theme, one information booth discussed how to administer hands-only CPR, which teaches non-CPR-trained citizens how to administer chest compressions to give patients time for first responders to reach them. The website [heart.org/handsonlycpr](http://heart.org/handsonlycpr) will detail the steps.

Not all the information provided was high stakes, though: the GMHHC also offers the Glendale Memorial Diabetes Education and Nutrition Program, which offers to teach people in English, Spanish, Armenian and Farsi how to manage their diabetes. Members of the 50plus Program are offered monthly education seminars and a free lunch plus social events held twice a year.

Senior service representative Pamela Flores noted, "A lot of [seniors] have lost their community coming out

of the pandemic so this gives them the chance to return to the social element. Now some of them meet outside the hospital walls."

The centerpiece of the Kings and Queens of Hearts event, though, was the Cardiac Rehabilitation Program, which helps those who suffered cardiac events recover and stay healthy. Many of the patients have been attending upwards of 20 years in order to maintain their health.

Supervised exercise therapy is also available to those diagnosed with peripheral arterial disease (PAD) in the Cardiac Fitness Center.

In his lecture, Dr. Fred Lim said PAD symptoms include repeated and worsening pain in the legs, foot or toes, wounds that heal slowly and lower temperature in the legs. One in four PAD sufferers are asymptomatic, but it can be screened for with a non-invasive test. Similar to his colleagues, he espoused the needs for exercise and proper hydration while keeping in mind the importance of electrolytes. Anyone wanting to take

proactive measures before cardiovascular events occur can join Health Fit with a physician's clearance to use the gym facilities three days a week and attend risk factor modification classes.

In light of the speakers' emphasis on a healthy diet, those looking for cost effective ways to eat healthy are advised by the CDC to plan recipes with overlapping ingredients, shop with a list, buy frozen or canned food only when necessary, and grow a garden.

Upcoming GMHHC events include its Charity Golf Classic on June 7 at 9:30 a.m. at the DeBell Golf Club in Burbank for the GMHHC Foundation; speaker Dr. Ana McElrath-Garza will be presenting Women's Health and Colorectal Cancer on March 14 with lunch starting at noon in the GMH Stauffer Auditorium; and the March lecture for the 50plus Program starts at noon and features Ani Vartani who will be speaking on Building a Nutritionally Balanced Diet.

Finally, anyone suffering from addiction can call the substance abuse service helpline at (844) 804-7500.

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Crescenta Valley Lions Club

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# VIEWPOINTS

TREASURES OF THE VALLEY » MIKE LAWLER

## 1972 – Bombs and Drunk Drivers

Something I notice when looking through old newspapers is the casual attitude toward drunk drivers and, particularly, explosives in the past. I can remember in my teen years that explosive devices like “cherry bombs” and M-80s were fairly commonplace. Today, use of those would be a big deal, as would drunk driving. As my brother-in-law, who was a wild teenager, likes to say: “All my best memories are now felonies!”

In 1972, someone locally was having fun making homemade bombs. The first incident took place in the Crescenta Shopping Center parking lot. An abandoned 1956 sedan suddenly exploded in the middle of the night. A bomb planted under the hood destroyed the car and shattered windows of nearby stores. Because it was the middle of the night, no one was injured. Investigators found that the unregistered vehicle had been pushed onto the lot the day before. There appeared to be no motive.

The second bomb incident was more serious and more focused. Near Glorietta Park in the lower part of the valley is an electrical substation, located right at the intersection of Glorietta and Verdugo Road.

That substation today is a substantial cinderblock building built in 2011, looking more like a recreation center than an electrical facility. But in 1972, the substation was open, surrounded by an eight-foot fence topped with barbed wire.

One night at 11 p.m., someone scaled the fence and planted two pipe bombs atop the transformer controls. They lit the fuses of both before scrambling back over the fence. The smaller of the two bombs went off first and the force of the blast snuffed out the second bomb’s fuse. Shrapnel from the pipe bomb destroyed the transformer control box and gauges, and damaged the transformer cooling system.

Local neighbors described the blast as sounding like a gunshot or firecracker.

The damage to the equipment set off a red light at Glendale Water and Power headquarters and a technician was sent out to the substation. That’s when the second undetonated bomb was discovered. The pipe bomb was big – a three-inch diameter pipe, 30 inches in length, capped at both ends and filled with gunpowder. Glendale police responded and at 1 a.m. evacuated

the neighborhood using loudspeakers. One hundred and fifty pajama-clad people were herded down the street, gathering at Verdugo and Opechee Way while the bomb was dealt with.

Bomb specialists from the sheriff’s department carefully pulled the fuse out of the homemade explosive device then transported it to the unfinished 2 Freeway where the device was dismantled. The evacuated neighbors were allowed back to their homes at 3 a.m.

Again there appeared to be no motive other than to disrupt service as no threatening letters or phone calls were received by the power department. About \$5,000 damage was done.

That same week, further destruction was wrought by a local drunk behind the wheel of a big Cadillac. It was a wild event, comical only because no one was injured.

The drunk driver was westbound on Honolulu Avenue approaching Ramsdell Avenue. He apparently missed that he was coming up on traffic stopped for a red light. He plowed into one car, which was pushed into the intersection. The Cadillac turned

sharply to the right and jumped the curb on the northeast corner. He took out the traffic signal pole, but didn’t stop there. He went back off the curb onto Ramsdell, crossed Ramsdell, then veered left, traveling south across the intersection. There he just missed the front of a Glendale Police Dept. car that was facing eastbound on Honolulu, waiting to turn left. He then pulled a U-turn and headed north again, passing behind the police car.

Last stop on this zigzag journey was Yor Donut Shop at 3009 Honolulu (that’s the northwest corner of Honolulu and Ramsdell where Jeremy’s Coffee Shop is today). The Cadillac plowed into the front of the donut shop, rolled over the racks of fresh donuts and finally came to rest several feet inside the store. Although there were several customers and employees in the shop, no one was injured.

The 59-year-old driver of the Cadillac was arrested for driving under the influence of alcohol.

*Mike Lawler is the former president of the Historical Society of the Crescenta Valley and loves local history. Reach him at lawlerdad@yahoo.com.*

VIEWS FROM THE CVTC » PRESIDENT HARRY LEON

Residents of Crescenta Valley, mark your calendars for the upcoming Crescenta Valley Town Council (CVTC) meeting on Thursday, March 21 at 7 p.m. at the La Crescenta Library, 2809 Foothill Blvd. One of the highlights of the meeting will be a presentation on Flock cameras for our community. These cameras can provide valuable surveillance and security for our neighborhoods, so be sure to attend to learn more about this important topic.

The hearing for proposed changes to the current multifamily parking ordinance has been rescheduled to April. As some of you may not be aware, there has been a push for the County to reduce or eliminate off-street parking requirements as an incentive for developers of multifamily units. This is in response to the demand to create housing in our state. We understand the impact this

may have on many of our already congested streets and we are working hard to address concerns and find solutions that work for everyone in our community.

Additionally, we are actively monitoring the opening of residential rehabilitation facilities in our communities and are conveying this information to the County. It is important for us to stay informed and engaged in these matters to ensure the safety and well-being of our residents.

Last month representatives from LA County Dept. of Health were at the CVTC meeting in response to community complaints about sidewalk food vendors. CVTC continues to be in communication as needed with the County and will continue to follow the proposed first of its kind Compact Mobile Food Operation ordinance for Unincorporated LA County. The CVTC Outreach Committee

is planning upcoming events on the drug crisis, home safety and creating a neighborhood watch in the wake of an uptick of residential break-ins. Please be on the lookout for more information on how to attend.

Lastly, we recently participated in the Prom Plus barbecue at the open house at CVHS. It was a great opportunity to connect with students and parents and promote safe and responsible behavior during prom season.

We encourage all residents to attend the upcoming town council meeting to stay informed and engaged in the important issues facing our community. Your voice and participation are vital in shaping the future of Crescenta Valley.

We hope to see you there.  
*President Harry Leon  
Vice president Frida Baghdadarian*

**★★ FREE ADMISSION ★★**



**GLENDALE ELKS #1289**  
**27th Annual Charity**  
**Car Show**

**Sunday, March 17, 2024**  
**9am–3pm**  
**120 E. Colorado St, Glendale CA 91205**

*All Proceeds Go To Support The Elks Children's Charity Fund*

**The public is welcome to come inspect an array of classic and custom cars.**

**Silent Auction & Raffle Prizes**

**Cars and Trucks Vehicle Entrance Fee**  
\$30.00 in advance **or** \$35.00 at the gate

**Entrants Must Arrive Between**  
**8:00am & 9:00am**  
*(If you wish to park together, arrive together)*

**The Elks Hall will be open for Breakfast & Lunch**  
*The Elks Lounge will also be open*

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# BETWEEN FRIENDS

## Bridging Ceremony Transforms Cubs into Scouts



By Ruth SOWBY

On Saturday, March 8 at Mountain Avenue Elementary School in La Crescenta, 21 girls and boys from Pack 360 Webelos Scouts literally bridged the gap from Cubs to full-fledged Scouts. A makeshift bridge allowed each Cub Scout to cross over to the waiting Scout troop and Scoutmaster.

Before making the transition to Troop 209, the Cubs had to be proficient in new skills. For example, “big” Scouts are trusted to use pocketknives. As Bear Cub Scouts, the youth were taught how to use knives safely and learned the Pocketknife Pledge:

“I will treat my pocketknife with the respect due a useful tool. I will always close my pocketknife and put it away when not in use.

I will not use my pocketknife when it might injure somewhere near me.

I will promise never to throw pocketknife for any reason.

I will use my pocketknife in a safe manner at all times.”

Pocketknives notwithstanding, the Cubs had also learned campfire skills. Facing their parents, the Cubs pledged, “I am learning new skills that will help me when I

become a Scout BSA like how to pitch my own tent and how to make a campfire and how to cook camp food.”

Having learned many skills, Cub Lucy Lee, 11, crossed the bridge to the “big” Scouts in the Lions of Troop 209. Placing the official red Scout neckerchief on her was Gracie Artiz supervised by her mother and Scoutmaster Elizabeth Artiz.

Parting from her former pack, Lee

said, “I love you but now I have to be a big Scout.”

Photos by Ruth SOWBY

LEFT: New Scout Lucy Lee receives the red neckerchief of the Scouts BSA (Boy Scouts of America) from Troop 209 Scoutmaster Elizabeth Artiz and her daughter Scout Gracie Artiz.

MIDDLE: Pack 360 Den leader Jay Youn is gifted with a photo album by Hanna Gordon, 10, and Jack Campbell, 10, that pictured Cub experiences.

RIGHT: The Scouts color guard opens the bridging ceremony of Scout Pack 360 at Mountain Avenue Elementary School.

### New IR/Cardiac Cath Lab

# Best-In-Class Care For Your Heart

You don't have to go far to get best-in-class heart care. The new IR/cardiac cath lab at USC Verdugo Hills Hospital brings state-of-the-art imaging technology close to home — making it easier to diagnose and treat cardiovascular conditions.

Our experts use this minimally-invasive, image-guided technique for a number of conditions, including:

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- Irregular Heartbeat
- Artery Disease
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USCVHH.org/heartcare

# USC Verdugo Hills Hospital

Keck Medicine of USC

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### VOTING FOR THE 2024 FINEST IS OPEN!

Do you have a favorite restaurant, dentist, nail salon, doctor? Let them know by voting now!



Winners announced in June. See the ballot in this week's issue or go online to vote

<https://www.crescentavalleyweekly.com/finest/>





# TOP BENEFITS OF SUMMER CAMP FOR CHILDREN

Time to make summer plans. For most of us, we look back with fondness and joy on the seemingly endless, care-free summer days of our childhood. However, for our own kids some of us may have mixed feelings about this season. How will we manage childcare while working? How can we avoid the “I’m bored!” comments? Are there any educational summer activities we can get them involved in? Why is our grocery bill and electricity suddenly so much higher?

One of the best answers to these questions can be summed up in two words: summer camp! Not only is summer camp fun, but there are a wide range of benefits of summer camp for children.

Here are just a few.

### Socializing and Friendship Building

One of the greatest benefits of summer camp for youth is that they get to socialize and meet new people. During summer break, kids often find it difficult to form or maintain friendships with peers their own age. Besides their siblings or cousins, most kids would say that they mainly interact with adults when they are not in school. Not only do kids develop important life skills through socializing – such as sharing, setting boundaries, and problem-solving – they also are learning how to develop strong, healthy relationships through interacting with their peers. A summer camp program provides a safe environment for children to develop social skills and decision-making skills and maybe even experience the great outdoors. In fact, socialization during childhood may accomplish more for growth and development than reading or eating vegetables! A fun environment like summer camp is a fantastic way to encourage this in your own children, from early childhood into adolescence.

### Eliminating Screen Time and Getting Exercise

In a world full of technology, sedentary-related conditions are on the rise. In fact, physical inactivity is currently the



Photo courtesy of CV PARK

leading cause of disease and disabilities in the United States ... and it all starts in childhood. According to the World Health Organization (WHO), sedentary lifestyles increase all causes of mortality, doubles the risk of cardiovascular diseases, diabetes and obesity, and increase the risks of colon cancer, high blood pressure, osteoporosis, lipid disorders, depression and anxiety – which, for the most part, are entirely preventable. While some extra creativity to get kids

active and limiting screen time at home during the summer is often required, summer camp is a perfect solution. Most of these programs are situated in the great outdoors and offer a number of physical activities for the children to partake in. Not only will the kids get out of the house and have some fun, but they are sure to get some solid exercise in as

continued on next page

**EPIC**  
MOMENTS  
Unforgettable Summer

**SUMMER@**



**STRATFORD SCHOOL**

**Academic Camps**

**Day Camps**

**Specialty Camps**

**Sports Camps**



Get ready for an epic summer filled with hands-on activities where your child can explore new skills, have a blast, and make new friends. We offer a variety of summer camps, from day camps, sports camps, and academic adventures to specialty camps, allowing you to create a unique experience and unforgettable memories. Campers enjoy sports, STEM projects, arts, crafts, music, dance, drama, and more.

**Give them a summer filled with epic moments and unforgettable memories!**

**Registration Opens February 2024**  
[StratfordSchools.com/summer](http://StratfordSchools.com/summer)

- Spaces Are Limited
- Sign Up Today
- All Families Welcome

**SUMMER CAMPS**  
Preschool THROUGH Grade 8\*



**STRATFORD SCHOOL**

**Altadena** 2046 Allen Avenue (626) 794-1000

Our other Southern California campus **Mission Viejo**



\*Camps offered vary by location. Preschool State License Number: 198018949. Copyright © 2024 Stratford Schools, Inc.





CU Weekly **Summer 2024 #3** **SCHOOLS & CAMPS** Special Section

# BENEFITS OF SUMMER CAMP (CONTINUED)

from page 11

well – from activities such as hiking to archery, horseback riding, swimming, zip-lining and team sports. Allowing kids to explore the outdoors and interact with new children is an excellent way to broaden their perspective and experience a whole new world for their summer break.

**Personal Growth, Learning, and Development**

Most summer camps focus on a theme, or incorporate aspects of learning, exploring, character building and personal growth. For those who are looking for fun summer activities for their children, there are many different camp types to consider: sports camp, cooking camps, art camps, science camps and many more. Not only will children be entertained but they may also be educated and challenged. While they are having fun and exploring their own interests, they are also increasing their own capacities for learning, teamwork, problem solving, knowledge and self-awareness. In fact, studies have shown that of families who send their kids to summer camp 70% of parents report that their child gained self-confidence while at camp. A strong sense of self is so important and this is only one of the many ways that attending summer camp can positively im-

pact children and their outlook. Learning about themselves and the world outside of the traditional classroom environment can do wonders for their growth and development.

**Positive Role Models**

Another benefit of summer camp is that it provides children with the opportunity to interact with positive adult role models. Typically, camp counselors are younger adults who are choosing to volunteer or working part-time over their own summer break from college. Not only are these counselors energetic, but kids see them as “cool” and often a little more relatable than their own parents. This can be a tremendous asset in the lives of children (and their parents). Sometimes, it helps kids to see what their own lives could look like in just a few short years and, if the “cool camp counselor” has integrity and a good character, children are likely to emulate them, too. It also gives children or teenagers a sense of community while working with others. The formation of these role model relationships can help kids to develop the confidence, self-esteem and skills they need to be successful in school and in life. Overall, the more healthy, positive adult relationships that a child or youth

has in their life, the more likely they are to thrive in all areas, long after summer camp has ended.

**Making Memories**

Many adults would say that some of their fondest memories were those sunny, summer camp experiences as they were growing up. Unfortunately, kids today are missing out on some of the simplicity of life before the technological era. While times have certainly changed, and there is tremendous value in that, there is nothing quite like preserving those simple, unplugged, childhood memories. Aside from gaining decision-making skills, leadership skills and social skills at a summer program, they also get plenty of physical activity as well. While children may at first miss their phone, tablet or gaming system, once they start exploring, interacting with their peers, engaging in a variety of activities and having new adventures, they are sure to leave summer camp with stories, photographs, friendships, life lessons and memories that will last a lifetime.

Reprinted from <https://www.all4kids.org>

**CAMPING FUN AT CFC**

Camper excitement is the highlight of summer! Campers find a waterfall at the end of a hike or catch a butterfly they'd been tailing for 20 minutes! Center for Children varies our summer schedule with the old favorites like going to Knott's Berry Farm and local parks as well as incorporating new activities like a foam party! Our schedule balances high-energy adventures with downtime, indoor and outdoor play, on-campus and off-campus events and age-combined and age-specific activities. With our Wonka theme this summer we will be bringing in Matt Braaten, an instructor of Theater Arts at Glendale College, to introduce performing arts. Our Wonka theme will also include candy-themed S.T.E.A.M. Makerspaces!



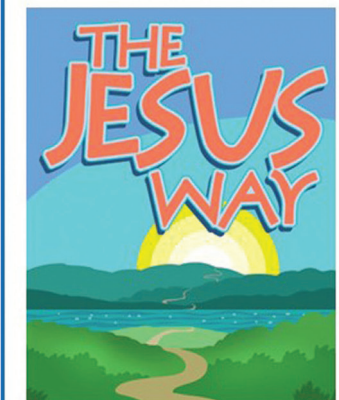
Parents often ask how we support academics at camp and the answer is in non-traditional ways. Physical activity improves memory and attention span. We're building socio-emotional skills through risk-taking and navigating friendships. An engaging summer experience will prime your child for success in the fall and they'll have fun! CFC has always been about play-based learning.

If you do feel your child would benefit from academic support this summer but do not want them to miss fun, our week are pick and choose with a three-day minimum. We also pick up from local summer school programs in the La Crescenta area (including Rosemont Middle School). Drop off and pick up times are flexible to meet your family's needs, yet do be sure to be aware of field trip departures and return times. Campers also participate in a week of Vacation Bible School through La Crescenta Presbyterian Church, which will take over our mornings on Week 6 (July 15th-19th).

Our day camp is open to incoming 1st-8th graders and a separate program for incoming kindergartners. Please visit us at [center4children.com](http://center4children.com) to learn more!

Lutheran Church in the Foothills  
1700 Foothill Boulevard in La Cañada

**Join Us at VBS Sign Up Day!**



**Sunday, April 14th**

10am: Worship Service  
11am: Registration with Games & Snacks!

Come learn about our Vacation Bible School and reserve your spot!

**Save the Dates for VBS:**  
June 17th - 21st, 9:00am to 12:00pm

[www.lcfoothills.org](http://www.lcfoothills.org) / 818.790.1951

**Experience Immaculate Heart!**  
A Summer of Discovery For Girls Entering Grades 4-8

**Middle School Summer Session**  
June 17 – July 12

Customize a Schedule of Academic Review, Enrichment & Learning Fun!

- ♥ One, Two and Four-Week Classes & Workshops
- ♥ Extended Afternoon Activities with Camp Little Heart
- ♥ Register at [immaculateheart.org](http://immaculateheart.org)

New! Girls Summer Youth Sports Camp  
July 15-19 and July 22-26

- ♥ Cross Country ♥ Softball
- ♥ Basketball ♥ Soccer
- ♥ Swim ♥ Volleyball

Register at [immaculateheart.org/youthsportscamp](http://immaculateheart.org/youthsportscamp)

**Immaculate Heart Middle & High School**  
5515 Franklin Avenue, Los Angeles, CA 90028  
(323) 461-3651

**ENROLL NOW!**

**MCMS Summer School**  
Preschool - 6th Grade

**4 Week Sessions:**

**SESSION 1:**  
June 17 - July 12

**SESSION 2:**  
July 15 - August 8

**Academics:**  
Math, Reading, Writing, Bible

**Fun Electives:**  
Foreign Language, Cooking, Crafts, Art, Gymnastics, Music, Sports & Fitness

**Fun Activities:**  
Field Trips, Water Play, Bounce House, Games, Etc.

\*note that not all activities are for every age level

Contact us: **818-249-2319**  
[mcms.us](http://mcms.us)  
2545 Honolulu Ave. Monroese, CA

**SUMMER IS GOING TO BE HOT THIS YEAR!**

Be sure when you are doing outdoor activities that you have ample supply of water and don't expose yourself too long in the hot sun.

**SUMMER HIKING IS GREAT FUN!**

Be sure when you are summer hiking you wear sun lotion and a brimmed hat. Bring ample water. Always let someone know when and where you will be hiking.

**NEXT SPECIAL SECTION... PET APPRECIATION, MAY 23, 2024!**

Call your sales rep or the office for special rates. (818) 248-2740.

**SUMMER DAY CAMPS**  
JUNE 10 - AUGUST 16, 2024  
Except June 19 (Juneteenth) and July 4 (Independence Day)

Kool Dayz • Kinder • Travelin' Teens • Maple Starz Sparr-Tacular • Summer Blast • Summer Spectacular, and Summer Specialty Camps throughout Glendale

**SUMMER SPECIALTY CAMPS**  
Skate Camps • Pacific Skate School  
Yoga & Arts Camp • Tennis Camps  
Basketball Summer Break • Nature Camp

**SPARR-TACULAR SUMMER CAMP**  
12:00 PM - 6:00 PM  
Operating on a weekly basis

It's time for summer fun at Sparr Heights Community Center! Children ages 6-12 will enjoy games, crafts, and weekly presentations from various City departments to learn about public safety, public transit, recycling and composting and visits to our local parks. Children must bring snacks, water, spray on sunscreen, and a brown bag lunch Monday through Thursday. We will have a pizza party every Friday!

**STONE BARN NATURE CENTER**  
9:00 AM - 4:00 PM

Campers will gain appreciation for the nature in their own backyards through exploration in the Stone Barn Nature Center and the rugged 700 acres that Deukmejian Wilderness Park has to offer!

Interpretive Hikes • Nature Crafts & might even see a wild animal or three!

**Registration Information**  
Glendale Residents: MARCH 4 • 9:00 AM | General Registration: MARCH 6 • 9:00 AM  
(Proof of Residency Required)

**For more information and registration visit [GlendaleCA.gov/DayCamps](http://GlendaleCA.gov/DayCamps)**

Community Services & Parks

@MyGlendaleParks





# PARKER-ANDERSON SUMMER CAMP AT CRESTVIEW!

You choose the program. We bring the fun! Choose between Techkidz, Sports, Dance, Science, Spy Kids, and more!



## Choose your Adventure!

We customize unique, full-service camp experiences for communities that combine the fun and silliness of traditional summer camp with a huge variety of our signature enrichment classes and social interaction with friends.

**\$165**  
Online  
Registration

**JUNE 17TH  
THRU  
JULY 12TH**

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SCHOOL**

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La Canada, CA, 91011

**CONTACT US**

(818) 650-8676  
Parker-Anderson.org





**CV Weekly** *Summer 2024* **#3** *Schools & Camps* **Special Section**

**LCIF IS CALLING ALL CAMPERS!**

Calling all campers! An annual tradition at Lutheran Church in the Foothills returns this June 17-21. VBS (Vacation Bible School) "The Jesus Way" will take place from 9 a.m. until noon for children from 4 years old to sixth grade.

Day campers will enjoy a week full of interactive singing and skits, crafts, games and lots of fun! Campers will explore themes including: feeding, forgiving, loving the neighbor, serving and praying.

Early registration is offered at VBS Sign Up Day on Sunday, April 14 at 11 a.m. on the LCIF campus. The church is located at 1700 Foothill Blvd. in La Cañada Flintridge.

**A HEALTHY MIXTURE OF LEARNING AND FUN**

Montrose Christian Montessori School is offering its Summer School Program starting on June 17th. During this program, the school will provide a healthy mixture of learning and fun, a Montessori-based curriculum with Christian practices. Its flexible, fun-filled Summer School program offers your child the chance to grow academically and socially over the summer break. If your child is behind, or is determined to move ahead, or just needs something meaningful to do, then the Summer School program is a perfect fit. Morning sessions is academic time which includes Math, Language, and Reading.



Afternoon sessions may include fun electives such as Cooking, Music, Arts/Crafts, Sports/Fitness, and Foreign Languages. Special activities are held on Fridays, and may include field trips, bounce houses, water play, and other fun activities. Sessions are offered to Preschool through 6th grade, divided by age group. Extended care is available before school from 7:30am and after school until 6:00pm. Email the school at [contact@mcms.us](mailto:contact@mcms.us) or call 818.249.2319 for questions or tours of the school. To apply or for more information about the different session options, please check out its website at <http://www.mcms.us/summer-school-2024>.

**ECOLE DU SOLEIL Summer Camp**

5 weeks of French and fun!

International School Los Angeles Lycée International

[internationalschool.la/ecoledusoleil](http://internationalschool.la/ecoledusoleil)

**VOTING FOR THE 2024 FINEST IS OPEN!**

Do you have a favorite restaurant, dentist, nail salon, doctor? Let them know by voting now!



Winners announced in June. See the ballot in this week's issue or go online to vote

<https://www.crescentvalleyweekly.com/finest/>

**SUMMER DAY CAMP CENTER FOR CHILDREN**

[CENTER4CHILDREN.COM](http://CENTER4CHILDREN.COM) (818)249-8124

**GREETINGS TO YOU THE LUCKY FINDER OF THIS SUMMER TICKET!**

- \*FIELD TRIPS TO MUSEUMS, AMUSEMENT PARKS, LOCAL PARKS/TRAILS & MORE!
- \*10 WEEKS OF FUN STARTING MONDAY, JUNE 10TH 3 DAY MIN. -PICK & CHOOSE WEEKS
- \*FOR CAMPERS ENTERING 1ST-8TH GRADE

EXPLORE THEATER AND S.T.E.A.M. THROUGH THE MIND OF WILLY WONKA!

WATERPLAY SPORTS VBS

"...MARVELOUS SURPRISES AWAIT YOU!"

SUMMER '24

**EXPLORE THEATER AND S.T.E.A.M. THROUGH THE MIND OF WILLY WONKA!**

WATERPLAY SPORTS VBS

"...MARVELOUS SURPRISES AWAIT YOU!"

SUMMER '24

SCAN FOR WEBSITE



www.cvweekly.com

# Burbank Phil Plays 'Symphonic Favorites' In Free Concert March 16 at Lanterman

Join the Burbank Philharmonic Orchestra on March 16 at Lanterman Auditorium in La Cañada for an evening of world-class orchestral music featuring cellist Shengyu Meng, winner of the orchestra's Hennings-Fischer Young Artist Competition, playing Dvorak's "Cello Concerto in B Minor Op. 104" and Elise Fukuda, the 2024 Discovery Conductor, conducting "Scene No. 1" from Swan Lake Suite by Tchaikovsky. All other selections, including Stravinsky's 1919 "The Firebird" suite will be conducted by Maestro Michael Stanley.

The Burbank Philharmonic is a professional orchestra whose mission is to promote classical music by providing free concerts to the community.

"Many people don't realize we are a professional orchestra because our concerts are free," said Music Director Michael Stanley. "We want everyone to be able to enjoy orchestral music regardless of ability to pay and that is why our concerts are free. But we are a fully professional orchestra made up

of Los Angeles' finest symphony and studio musicians."

As part of its educational mission, the orchestra sponsors the Hennings-Fischer Young Artist Competition and the Discovery Conductor Project.

The Hennings-Fischer Young Artist Competition is celebrating its 23rd year as one of the nation's preeminent solo competitions, annually attracting an exceptional pool of applicants.

"This year's participants were among the most talented we've ever seen in the competition," said Maestro Stanley.

The performers are supported and nurtured by the judges to achieve their highest artistic level, which they display in the final round of the competition.

Finalist Robert Feng said, "The support and encouragement from the judges for each artist was palpable. This competition was a great opportunity for all of us to shine and show our greatest strengths as artists!"

The 2024 Hennings-Fischer winners

were Jason Moon, violin, and Lily Smith, soprano.

The Burbank Philharmonic's Discovery Conductor Project offers a rare opportunity for talented high school students to study conducting while working with a professional orchestra.

"The Project's goal is to identify and support talented student musicians interested in making the leap from performer to conductor," said Maestro Stanley. "It's inspiring to witness the growth and passion of these young musicians as they step into that musical leadership role."

This year's Discovery Conductor is Elise Fukuda, a junior at Ramon C. Cortines School of Visual and Performing Arts in downtown Los Angeles.

For more information about the Burbank Philharmonic Orchestra and its programs, visit [www.burbankphilharmonic.org](http://www.burbankphilharmonic.org).

By Rebecca Newcomer,  
Burbank Philharmonic Orchestra  
Administrator



Photos provided by Burbank Philharmonic Orchestra

ABOVE: 2024 Hennings-Fischer winners Jason Moon and Lily Smith accept their awards from Maestro Michael Stanley at the Hennings-Fischer Young Artist Competition, held for the 23rd year in collaboration with the Burbank Philharmonic Orchestra.



RIGHT: 2023 Hennings-Fischer winner, cellist Shengyu Meng, a student at the Colburn School in Los Angeles, will perform the Dvorak Cello Concerto.

## Local Business Awarded

Captured Celebrations, recognizes exceptional photo booth businesses worldwide. Captured Celebrations, a local photo booth rental company known for its unique experiences, announced its win for Best Single Operator at the Snappic Booth Mastermind Awards held on Feb. 18 in Las Vegas, Nevada. This award recognizes exceptional photo booth businesses worldwide. "We are absolutely grateful and excited to receive this incredible recognition," said Liz Colon, owner of Captured Celebrations. [Capturedcelebrations.com](http://Capturedcelebrations.com)

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### A TALK ON CHRISTIAN SCIENCE

**FINDING WHERE GOD IS SEEN AND FELT**  
What's church got to do with it?

March 16 @ 11:00am

Photo by Sergey Schmidt on Unsplash

**Location**

Community Center of La Cañada Flintridge  
4469 Chevy Chase Drive, La Cañada Flintridge

Contact 818.790.3493 | [www.cslcf.org](http://www.cslcf.org)

Sponsored By First and Third Churches of Christ, Scientist, La Cañada Flintridge and Glendale CA

**Emra Farkas, CSB**

Christian Science practitioner and teacher

Member of the Christian Science Board of Lectureship

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Vehicle must be drivable:  
(e.g. No dead battery, flat tires, etc.)



Michael Stanley  
Music Director & Conductor

Elise Fukuda  
Discovery Conductor

Shengyu Meng  
Cello

## BURBANK PHILHARMONIC ORCHESTRA

Michael Stanley, Music Director and Conductor  
Steven Kerstein, Conductor Laureate



### Symphonic Favorites

Saturday, March 16, 2024 • 7:30 PM

Lanterman Auditorium  
4491 Cornishon Ave., La Cañada, CA 91011

featuring

2023 Hennings-Fischer Grand Prize Winner  
**Shengyu Meng, Cello**

2024 Burbank Philharmonic Discovery Conductor  
**Elise Fukuda**

Free Admission & Parking

**PROGRAM**

"Scene No. 1" from *Swan Lake Suite* Peter Tchaikovsky  
conducted by **Elise Fukuda**  
Burbank Philharmonic's 2024 Discovery Conductor

Firebird Suite (1919) Igor Stravinsky

Cello Concerto in B Minor, Op. 104 Antonín Dvořák

**Shengyu Meng, Cello**

2023 Hennings-Fischer Grand Prize winner

The Young Artist Competition and Discovery Conductor Project are supported by a generous grant from the Hennings-Fischer Foundation.

For information, please visit [www.burbankphilharmonic.org](http://www.burbankphilharmonic.org) or (818) 771-7888.  
The Burbank Philharmonic Orchestra is a 501(c)(3) non-profit organization that is funded entirely by donations.



# The Lanterman House and La Cañada Spring Home Tour Renew Partnership

The Lanterman Historical Museum Foundation and the La Cañada Spring Home Tour announced their partnership for the second consecutive year.

The Spring Home Tour on Friday, April 26 is the largest fundraiser for La Cañada High School 7/8 PTA and 9-12 PTSA and aims to bring in \$80,000 for the one-day event. With four beautiful homes on the tour and an evening reception at an additional fifth home, the day's events will be anchored by The Marketplace at Lanterman House.

Open to the public from 10 a.m. – 5 p.m. with no admission cost, The Marketplace will serve as home

base for all Spring Home Tour operations including same day ticket sales and a curated selection of food and home goods vendors. As an exciting bonus, attendees may tour the historic Lanterman House at no additional fee.

“We are so thankful to the Lanterman House for partnering with us again after such a successful event last year,” said Jennifer Miller, Spring Home Tour co-chair. “They are the ultimate example of a community partner. The Marketplace is a wonderful place to stop, shop, refuel and tour the gorgeous Lanterman House.”

Deepening the connection with LCHS 7/8 and LCHS, late

afternoon tours of the Lanterman House will be led by the first-ever group of junior docents, composed of local seventh through ninth grade students who have undergone training in the history of the community, the Lanterman family and the house.

“We love featuring the historic Lanterman House on the Spring Home Tour and hope the visitors enjoy the grounds, the house and learning a bit about their local history,” noted Laura Verlaque, the Lanterman House executive director.

Tickets and further information available at [lacadahometour.com](http://lacadahometour.com).

# Free Admission ‘Spring Artwalk’ – A Unique Event for Both Collectors and Young Kids in LA on March 23 & 24

For something fun and different to kick off summer, the Brewery Artwalk is holding its free admission Spring Artwalk on Saturday and Sunday, March 23 and March 24 from 11 a.m. to 6 p.m. For two days there will be open studios on Main Street in Lincoln Heights, just east of the LA River. This event is for everyone: families to first time buyers, collectors to curators, experienced art denizens to young kids experiencing the art world for the first time.

A venerable institution, the Brewery Artwalk is in its 41st year

of welcoming the public to this twice-yearly event. It is a unique opportunity to explore the campus – the world’s largest art complex, a fascinating jumble of former industrial buildings which were once home to East Side Tap Brewery, and later Pabst Blue Ribbon – now home to hundreds of artists and creatives, many of whom will be opening their studios during the weekend.

Guests will find nearly every discipline represented and the pleasure of meeting the artists in their studios is a wonderful way to fall

in love with original art. Start or add to your collection with a connection to the person who made it and have a story to go with the artwork that adds layers of meaning to the experience ... and your memories of your visit.

There will be a beer garden in the middle of the complex with a menu of easy to eat on-the-go food plus an array of food trucks on Avenue 21. Free parking is available at the UPS facility on Moulton Avenue, 621 S. Avenue 21 in LA; message line: (323) 638-9382. [www.breweryartwalk.com](http://www.breweryartwalk.com)

## Questions About Today’s Real Estate?

### Ask Phyllis!

#### What Are The Responsibilities Of A Buyer's Agent?

Dear Phyllis,

I am a fan of your column and your blog. My daughter and her husband recently purchased their first home. It was in a different county, so they went with an agent recommended by her sister-in-law. They were extremely disappointed with him. You and your team seem to do so much for your clients, but their agent seemed to check out once they were under contract. It seemed that the closer it got to a done deal, as in no turning back now, the less he stayed involved, in contact, or on top of their concerns. It got even worse after the contingencies were lifted. What exactly are the buyer's agent's responsibilities? As first-time buyers, they needed some handholding, and it just wasn't there.

Sonia

Dear Sonia,

Thank you for the compliment! Your daughter has unfortunately learned a valuable lesson: not

all real estate agents are created equal. The responsibilities of a buyer's agent are numerous. They are crucial in ensuring clients make informed decisions and have their interests protected. If the buyer has not been preapproved, the Realtor should get them started.

**Home Viewings:** A good buyer's agent takes the time to understand their client's preferences and concerns. They guide clients through home viewings, pointing out both positive features and potential drawbacks, such as proximity to power lines or other factors that might affect future resale value.

**Crafting a Winning Offer:** The agent should provide valuable input when making an offer. They can assess the market, review recent comparable sales, and other relevant factors to help their client determine a reasonable and competitive offer. Educating buyers regarding contingencies is crucial to protect

the buyer's interests.

- **Communication and Follow-Up:** Effective communication is key. The agent should regularly check in with their clients, informing them about progress and addressing concerns. In addition, they need to follow up with the lender, escrow, and title officers to ensure a smooth transaction.

- **Post-Closing Support:** The responsibilities of a buyer's agent extend beyond closing. Checking in with clients after they've moved in ensures their satisfaction and addresses any post-move concerns. Reminding clients about home protection policies and potential supplemental property taxes is also something a good buyer's agent will do.

A proactive and attentive buyer's agent can make a significant difference in the overall experience for the homebuyer. This includes providing support and guidance throughout the process and beyond.

Phyllis



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# TRAVEL & LEISURE

## Knott's Berry Farm's Boysenberry Festival: A Berry Bonanza Awaits

By Charly SHELTON

This spring, Knott's Berry Farm is again painting the town purple with its annual Boysenberry Festival, continuing through April 28 on select dates. Celebrating the berry that started it all, the festival is a gastronomic delight, featuring over 75 boysenberry-infused dishes and drinks that promise a unique taste experience at every turn.

We were invited out to the Boysenberry Festival for opening day to see everything Knott's has to offer, and we tried as much as we could. Boysenberry beer, boysenberry chocolate stuffed cookies, potato and corn chowder with boysenberry crostini and boysenberry drizzle, caprese stuffed portabella with a boysenberry balsamic drizzle, pork loin slices over mashed potatoes with a creamy boysenberry mustard sauce ... the list goes on. The festival's menu is a testament to culinary creativity and the berry that put Knott's Berry Farm on the map over 100 years ago. Each dish embodies the festival's commitment to delivering exciting new boysenberry treats year after year.

The Boysenberry Festival itself has become an institution with guests venturing down to Buena Park each year to partake in the boysenberry revelry. And with each passing year, the food gets better. The potato and corn chowder was particularly well done with a knockout chowder that is a great standalone dish, and the boysenberry drizzle brought just enough berryiness to satisfy the festival theme without getting in the way and overpowering the chowder. The boysenberry pulled pork over pastel de elote is maybe the best in show with a delicious, sweet cornbread cake piled high



"A Taste of Boysenberry" custom flights gives guests the chance to choose from an extensive list of beers and cocktails to build their own flights.

Photo by Charly SHELTON

with rich pulled pork which, while light on boysenberry flavor, is still good enough to remember for years to come.

But what struck me most about this year's festival was an old standby – the boysenberry sausage. Each year, I gravitate toward the new, experimental, exciting foods of the fest. The boysenberry sausage has been there, year after year, while other menu items come and go. I haven't revisited the sausage in several years, thinking it was "old hat." Delicious old hat, but still. I got a sausage this year for the first time in what seemed like forever and was once again taken aback at how perfect it is – slightly sweet, subtly smoky, and a rich, toothsome character that hits like a hug from an old friend. There's a reason it has stood the test of time for so many years from festival to

festival.

But the best new revelation from this year's festival was "A Taste of Boysenberry" custom flights. Choosing from an extensive list of beers and cocktails, guests can build their own flights to sample short pours of four selections to cover more items (without getting so tipsy). Whether it's all boysenberry beers, all IPAs, all boysenberry cocktails or a mix of everything, this is a great way to get an overview and find your favorite that you can double down on for the next round. For instance, the Boysenberry Hurricane seems like a sure bet. But no, it was a letdown. Meanwhile, the Boysenberry Shortbread Cookie Ale sounds strange. But actually, it was surprisingly good – good enough to get a full pour. The flight is a great way to discover a

new favorite drink with less risk. We enjoyed it so much we had two flights. And then some full pints of our favorites. Then we had to sit for a while.

Beyond the culinary delights, the Boysenberry Festival is a full-bodied experience with shows, live music and artisan craft vendors filling the park with joy and entertainment. It's not just a celebration of the boysenberry but also an homage to the rich heritage of California's first theme park.

For those looking to get the most out of their culinary adventure, the tasting card is an unbeatable deal. Priced at \$55, the card offers six tastings from an array of boysenberry-inspired dishes and drinks with further menu items available a la carte.

Be sure to catch my full video review of the tasting experience

on YouTube by scanning the attached QR code or searching for Charly Shelton/Zipahdeedoodad. With comprehensive coverage of all the best tastes, it's your guide to making the most of this berry special event.

As Knott's Boysenberry Festival runs through April 28, prepare to be immersed in a world where the boysenberry reigns supreme. From the savory to the sweet – and everything in between – it's a feast for the senses that promises to make this spring unforgettable.



### THEN & NOW



**THEN** » How many of you knew there was a hotel on Honolulu Avenue? The Montrose Hotel was built in the early '20s as a residential-style hotel with a store below and 15 rooms above. Knox Hardware and a pool hall occupied the first floor, with an atrium-style residential area above. It was damaged in the '71 earthquake, and the top stories were taken off.

### Montrose Hotel



**NOW** » What remains of the hotel is today Andersen's Pet Shop. The storefronts to the east have the same rooflines as they did in the first photo taken in the '40s. They also still have the original white tile exterior walls hidden under a layer of stucco!



# Kewa Ensemble to Perform at GNC

On Wednesday, March 20 at 12:10 p.m., the Free Admission Glendale Noon Concerts program will be performed live in the sanctuary of Glendale City Church, 610 E. California Ave. in Glendale.

The program features the Kewa Ensemble: violinist Jacqueline Suzuki, violist Marsh Marsh, and cellist Clement Chow. The program includes J.S. Bach's Selections from 3 Part Inventions arranged for string trio and a selection of the work of Erno Dohnanyi.

Jacqueline Suzuki, violin,

is a longtime member of the Long Beach and Santa Barbara Symphonies. She initiated and curates a twice monthly chamber music series, the Free Admission Glendale Noon Concerts. A current schedule may be seen at <http://www.glendalenoonconcerts.blogspot.com>.

A native of San Francisco, she began her earliest chamber music studies on scholarship at the San Francisco Conservatory. She has performance degrees from the Mannes College of Music (BM), where she studied

with William Kroll, and the California Institute of the Arts (MFA).

As a Los Angeles freelancer, she has performed with many ensembles and in many genres – from rock, jazz, Latin and Arabic to playing in the pit for the Bolshoi Ballet and onstage with the Three Tenors. She has recorded with diverse artists: Snoop Dogg, Neil Sedaka, Leonard Cohen, Whitney Houston, Bocelli, Lalo Schifrin, McCoy Tyner, Placido Domingo and many others. She appears on recordings by the Long Beach, Santa Barbara and Pacific Symphonies. She has spent summers at the Peter Britt, Oregon Coast, Carmel Bach and Cabrillo Festivals and has performed in a string quartet “in residence” on a raft trip down the Green River in Utah. Tours have taken her many times to Japan, Taiwan, Mexico, Canada, Europe, the Middle East and throughout the U.S.

Patrick Marsh received his bachelor's degree in viola performance from the University of Michigan and is currently attending The Peabody Institute at Johns Hopkins as a viola

major.

As a violist, Marsh was one of the founding members of Clemens Quartet, a string quartet performing and competing throughout the United States. As a violinist, Marsh is a former concertmaster of The Los Angeles County High School for the Arts. His performance opportunities have taken him across the United States, Europe and St. Petersburg Russia.

Though classical music is the foundation of his technique, he can be found branching out into the jazz and rock genres. Marsh plays a blue Fourness Fuse 5-string electric violin and runs it through a Line6 Helix for effects, and two Gallien Krueger bass amps in stereo.

Marsh can also be heard as a featured soloist in such feature films

as “Kids vs. Monsters” and “Pali Road” as well as such video games as “Relics of Gods” and Disney’s “Cartooniverse.” <https://www.Marshmarshmusic.com/>

Clement Chow has studied at Rice University and Cleveland Institute of Music where he received his Bachelor and Master of Music. He has been to music festivals around the world that include the Aspen Music Festival, Pacific Music Festival in Japan, as well as Schleswig Holstein Music Festival in Germany. He made his solo debut with the Houston Symphony at the age of 16. He has also studied with some of the greatest chamber music groups around the world. The groups include Tokyo, Cleveland, Alban Berg, and Amadeus String Quartets.



## Adams Square Mini Park Gas Station Program Call for Artists

The Arts and Culture Commission of the City of Glendale is requesting proposals from creative artists and community members to temporarily display a unique installation in the Adams Square Mini Park Gas Station (ASMPGS). Artists whose work is chosen for installation at the ASMPGS will receive a stipend of \$1,000 in addition to a production budget of up to \$1,500 for a total maximum stipend of \$2,500. Submissions are ongoing and will be reviewed

annually in the spring.

The gas station is located at the Adams Square Mini Park, 1020 E. Palmer Ave. in Glendale. The ASMPGS is a 12'x12'x12' cube with acrylic windows on all sides, allowing for artwork to be viewed from all angles. Artwork is displayed on a rotational basis inside the ASMPGS.

The Adams Square Mini Park project was completed by the City of Glendale to create a green space in the center of the business district for the densely populated Adams

Hill neighborhood, and to incorporate the historic 1936 Streamline Modern Gas Station. The gas station is listed on the Glendale Register of Historic Resources.

Art installations at the Adams Square Mini Park Gas Station are sponsored by the Glendale Arts and Culture Commission and the Community Services & Parks Dept. To learn more about the program and to apply, visit [GlendaleArtsandCulture.org/adamssquareminipark](http://GlendaleArtsandCulture.org/adamssquareminipark). No deadline given for submissions.

## Cantabile Chamber Players Celebrate ‘Bach In The Subways’

The Cantabile Chamber Players will perform music by Johann Sebastian Bach on Saturday, March 23 at 1 p.m. at the Glendale Transportation Center's historic Southern Pacific Railway Depot, 400 W. Cerritos Ave. in Glendale. The Spanish Colonial Revival

railway depot is on the National Register of Historic Places. The performance is co-sponsored by the City of Glendale.

The performance is part of “Bach in the Subways,” which started with one cellist, Dan Henderson, playing in the New York subway to celebrate

Bach's birthday. His idea grew into a global movement with a weeklong celebration of Bach's birthday in a diverse range of public places worldwide.

The event is free and open to the public and parking at the train station is also free.

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# JUST FOR FUN

## CALENDAR this

### GLENDALE KIWANIS

The Kiwanis Club of Glendale meets on Fridays at noon. On Friday, March 15 columnist Chris Erskine will be making a presentation to the Club.

The cost to attend Friday meetings, which includes lunch and program, is \$20. All are welcome.

The Club meets Friday afternoons at the Elks Lodge, 120 E. Colorado St. in Glendale.

### BURBANK PHILHARMONIC FREE CONCERT MARCH 16 IN LA CANADA

The Burbank Philharmonic Orchestra performs a free concert on Saturday, March 16 at Lanterman Auditorium in La Cañada featuring cellist Shengyu Meng, winner of the orchestra's Hennings-Fischer Young Artist Competition, playing Dvorak's "Cello Concerto in B Minor Op. 104" and Elise Fukuda, the 2024 Discovery Conductor, conducting "Scene No. 1" from Swan Lake Suite by Tchaikovsky.

All other selections, including

Stravinsky's "1919 Firebird Suite," will be conducted by Maestro Michael Stanley.

Lanterman Auditorium is located at 4491 Cornishon Ave. in La Cañada Flintridge. www.burbankphilharmonic.org

### ACTIVITIES AT SUNLAND SENIOR CENTER

The Sunland Senior Center is midway through its winter programming and offers a selection of classes and activities daily. Whether seniors are looking to exercise or dance or are interested in art, theater, or knitting, the Center has something for everyone. Sunland also hosts bingo on Tuesdays at 10 a.m. and a movie matinee on the big screen at 1 p.m. on Thursdays; on Mondays and Fridays there is country line dancing from noon-1:30 p.m. The Sunland Senior Center runs programming from 9 a.m. - 2 p.m. with a donations-based lunch served daily from 11:30 a.m. to 12:30 p.m. There is a monthly event held at the Center; this March will be game

show themed. Seniors are invited to come down on Thursday, March 14 at 10 a.m. for mocktails and casseroles.

Sunland Senior Center is located at 8640 Fenwick St. in Sunland. For further information, call (818) 353-9571. These special events are free.

### YOUNIQUENESS FESTIVAL 2024 - BRINGING THE COMMUNITY TOGETHER

YOUNIqueness Festival 2024 - Bringing the Community Together will be held on Saturday, March 16 from 3 p.m. to 7 p.m. on the second floor gymnasium of Glendale YMCA located at 140 N. Louise St. in Glendale.

The festival is a collaborative project by the City of Glendale, YMCA of Glendale and The Foothills, different ethnic groups (Armenian, Filipino, Italian, Korean, Latino, School District, Community College and more). It is free to attend and open to all.

There will be food samplings, songs and dance performances, artists, exhibits, arts/crafts, books,

jazz band and many more. This is the second year of this community supported project.

It will take place, rain or shine.

### GLENDALE ELKS #1289 HOSTS ANNUAL CHARITY CAR SHOW

The 27th annual charity car show hosted by the Glendale Elks #1289 will be held on Sunday, March 17 from 9 a.m. to 3 p.m. at 120 E. Colorado St. in Glendale. The public is invited to attend this free event. Inspect an array of cars ranging from a 1914 Ford Model T to custom modified cars. There are 21 categories with trophies. Both breakfast and lunch will be available for purchase; in addition, there will be raffles and a silent auction. Honored will be veterans, police, firemen and two Glendale Elk members who have served the country and community.

Plenty of guest parking. For

more information, including car entry procedures, call George McCullough at (818) 970-3114.

### ARTISTS OPEN THEIR STUDIOS IN FREE SPRING ARTWALK EVENT

Brewery Artwalk's free admission "Spring Artwalk" is back on Saturday and Sunday, March 23 and 24, from 11 a.m. to 6 p.m.

Meet the artists in their studios while exploring a fascinating array of former industrial buildings once home to East Side Tap Brewery and Pabst Blue Ribbon on Main Street in Lincoln Heights, just east of the LA River.

There will be a beer garden with a menu of easy to eat on-the-go food, plus food trucks on Avenue 21. Free parking is available at the UPS facility on Moulton Avenue. Message line: (323) 638-9382; www.breweryartwalk.com

You can read more at CVWeekly.com/JUSTFORFUN

### ZACK HILL BY JOHN DEERING AND JOHN NEWCOMBE



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### ACROSS

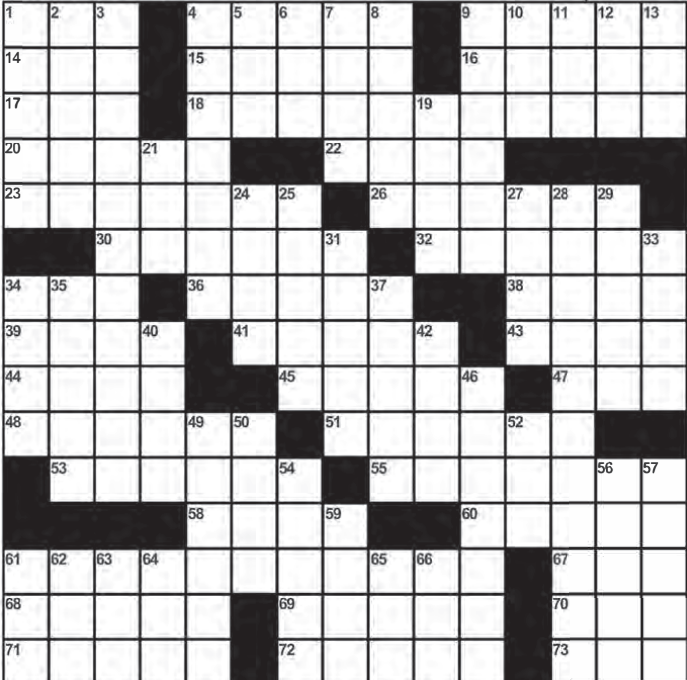
- 1) North Pole assistant
- 4) Father of Leah and Rachel
- 9) Certain down
- 14) Keanu in "The Matrix"
- 15) Draw forth
- 16) Loan shark's interest
- 17) Road sealant
- 18) Eternally
- 20) Momentous occasion
- 22) Change the motif of
- 23) Return, as feelings
- 26) Sucker deal
- 30) Oust from office
- 32) Some barbershop quartet members
- 34) Luxurious retreat
- 36) Golden Horde member
- 38) Caspian Sea feeder
- 39) Sagan or Reiner
- 41) Divided country
- 43) Turnpike rumbler
- 44) Car, for short
- 45) House of Lords member
- 47) Stage construction
- 48) Laundry additive
- 51) Guinea pig, in a way
- 53) Military organizations
- 55) Small picture holders
- 58) Awestruck
- 60) Constant beater
- 61) Homeowner's nightmare
- 67) Purchase
- 68) Bland or trite
- 69) Building leveler
- 70) "He Got Game" director
- 71) Very angry
- 72) Sand, on the links
- 73) Non-PC suffix

### DOWN

- 1) Big keyboard key
- 2) Make an exit
- 3) Front half of a side of meat
- 4) Political liberal
- 5) "Much \_\_\_ About Nothing"
- 6) Hitchhiking seed (var.)
- 7) Super server
- 8) Not even once
- 9) Alps locale
- 10) Suffix with "hero"
- 11) Group of two performers
- 12) Be incorrect
- 13) Type of whiskey or bread
- 19) Change a manuscript
- 21) Abbess, e.g.
- 24) Boat-deck wood
- 25) "Midnight Express" wrestler Bobby
- 27) Burden or responsibility
- 28) Adjective with "future"
- 29) Falsely incriminate
- 31) Card for a fortune-teller
- 33) Thin cut
- 34) Cut covering
- 35) Singer Abdul
- 37) Non-conformist
- 40) Good soil
- 42) "Besides that ..."
- 46) Some glass artists
- 49) Common shape
- 50) Effectively treat
- 52) \_\_\_ out (just manage)
- 54) Falconry or baseball
- 56) Aligns
- 57) Eyelid afflictions
- 59) Bygone Russian despot
- 61) Crime-fighting agcy.
- 62) Boathouse tool
- 63) Genetic matter, briefly
- 64) Savor supper
- 65) "Anytown, \_\_\_"
- 66) One curl in the gym

### GREEN YELLS

By Bill Bobb



see ANSWERS on page 4

## WEEKLY HOROSCOPES

Provided by horoscope.com

March 11, 2024 - March 17, 2024

### ♈ ARIES March 21 - April 19

Try to feed your nerves now and make it a regular part of your daily diet. Your nervous system absorbs the brunt of life's pressures, especially if you're more stressed than usual. The cosmos could bring sudden events and challenges your way now. If you feel strong in body and mind, as well as fit and healthy, you will be better able to deal with anything that happens.

### ♉ TAURUS April 20 - May 20

Whatever state your health has been in lately, it's now going to improve. Don't be surprised if the right treatment or information becomes available in order for you to resolve a frustrating physical issue. One word of warning is that you could feel more tempted than ever to indulge in forbidden foods. Be careful.

### ♊ GEMINI May 21 - June 20

Your main problem is your nerves. There's a lot going on - more than usual - and life could be both interesting and stressful. While you're more than ready to handle any challenge, you need to boost your body's resources by eating well, feeding your nerves, and above all, getting plenty of rest. You need the chance to slow down so you can be calm enough to make important decisions.

### ♋ CANCER June 21 - July 22

You could find it hard to push yourself to work out daily or stick to your diet. You might be eager to achieve some big goals, but unless you're very firm with yourself, you could waver and give in to temptation. The secret to staying on track is to use the power of your imagination to help you reach the required level of health. Picture yourself as you want to be.

### ♌ LEO July 23 - August 22

The cosmos is bringing a number of changes your way. Some of them may be profound and others more subtle. Whatever their nature, make your health your top priority. The more willing you are to get into shape and stay that way, the more easily you'll handle the exciting developments that are coming. Get to work. You won't regret it!

### ♍ VIRGO August 23 - Sept. 22

You're certainly going to notice whether your health is good or not. The cosmos could bring inner issues to the surface in such a way that you're forced to deal with them. In doing so, you'll also find that your health improves. Ongoing health issues may begin to clear up as if by magic, especially if you release any toxic emotions.

### ♎ LIBRA Sept. 23 - Oct. 22

Use this opportunity to get a thorough medical checkup, especially in those areas where you've experienced any ongoing symptoms. If you've gone off track as far as your fitness and eating routines are concerned, this is the time to pick up where you left off. Don't give up. Persevere for outstanding results.

### ♏ SCORPIO Oct. 23 - Nov. 21

Over are the delays you've experienced in getting results of hospital tests or healing from an illness. Everything will now improve, including your progress. You might need to lighten your schedule anyway. Aspects in your career zone could prove both stressful and promising at the same time. Find a way to relax.

### ♐ SAGITTARIUS Nov. 22 - Dec. 21

You need to pace yourself more than you have been recently. If you've been working flat out and feel exhausted, delegate some of your tasks and begin to investigate any health issues. Check for food sensitivities, get a general checkup, and find someone who can help you plan a personal fitness program. Your body will thank you!

### ♑ CAPRICORN Dec. 22 - Jan. 19

You might feel a powerful need to detox your system. You may as well refresh your body and digestive system at the same time. If you go ahead with it, make sure to get plenty of rest. Don't even think about it if you don't have the time to relax. If you can't do it now, wait for the next quiet week to make this commitment to better health.

### ♒ AQUARIUS Jan. 20 - Feb. 18

You might be interested in more esoteric ways of getting and staying well. You may be drawn to subtler therapies that are energetic in nature and that enable you to dissolve any hidden blocks. Those are the blocks that are retained as painful cellular memories. They can lie at the heart of many health problems. This will be an interesting journey for you.

### ♓ PISCES Feb. 19 - March 20

The cosmos signals the beginning of a new era. You might even experience a health issue that encourages you to change your lifestyle and overall approach to life. It might also coincide with a decision to turn over a new leaf where your health is concerned from this point on. It will be a much greener and more rewarding leaf!



PROBLEM SOLVED » BY CHRISTOPHER ELLIOTT

# UPS didn't deliver my package on time. Can I get a refund?

Sue Maier's sister sends her luggage to London via UPS, but the package misses her by a day. Can she get her money back for the shipping costs?

**Q**uestion: I'm hoping you can help me obtain a refund from United Parcel Service. It's for a shipping fee that my sister paid to UPS to send me a package containing the contents of a backpack that I accidentally left behind when she drove me to the airport to board a flight to London.

My sister shipped the contents of the backpack to the address of my hotel in London. We have tracked the package. The address she used is the accurate address. My sister paid \$338 for Worldwide Express service in order to ensure that the package would arrive before my tour was scheduled to depart.

The package, which contained prepaid receipts for tour transports and excursions as well as my camera and iPad, did not arrive until the next day, by which time I had left the hotel. I did eventually receive the package

when I returned to the hotel a week later at the end of the tour. But it was of no use to me then since the trip was over.

My sister asked UPS for a refund. A store manager said she would receive a refund within seven to 14 business days, subject to approval by UPS. But that was a year ago.

Since then, UPS has offered \$100 to settle the matter. I would like her to receive a full refund of \$338, which is what my sister paid for a service that was not rendered. She paid a sizable fee to do me a favor and assure me that I had what I needed for my tour. And we did not get the Worldwide Express Service that she paid for and had every right to expect. Can you help me?

— Sue Maier, Cleveland Heights, Ohio

**A**nswer: UPS should have delivered your package to your hotel on time. But I'm not surprised it didn't.

International deliveries are difficult – there are customs and other red tape to contend with, not to mention the long distance. I've had numerous "overnight" or "express" packages delayed for various reasons.

UPS has a money-back guarantee, but it's not that specific. It offers a refund on "certain" services to "selected" destinations. You have to review your order to determine if the money-back guarantee applies. I should note that using the word "free" with the money-back guarantee, as the website now does, is problematic. I've never heard of a money-back guarantee that costs anything.

Reaching out to one of the UPS executive contacts on my consumer advocacy site might have helped. A brief polite email, along with a few tried-and-true methods I've developed, might have prompted some action from UPS. After one year, you would think UPS would have given your sister a definitive "yes" or

"no." Instead, she just had the promise of a UPS store manager that she would get a full refund – but she didn't.

It's possible that your UPS package wasn't eligible for a money-back guarantee and that the store manager spoke out of turn. In that case, someone should have let your sister know that a refund was out of the question. (And even if UPS had said that, I would have still taken your case.)

I contacted UPS on your behalf. The company responded shortly afterward and promised to investigate your claim. UPS issued your sister a full \$338 refund.

Christopher Elliott is the founder of Elliott Advocacy (<https://elliottadvocacy.org>), a nonprofit organization that helps consumers solve their problems. Email him at [chris@elliott.org](mailto:chris@elliott.org) or get help by contacting him at <https://elliottadvocacy.org/help/>.

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MUST VOTE FOR A MINIMUM 10 CATEGORIES TO BE A VALID BALLOT

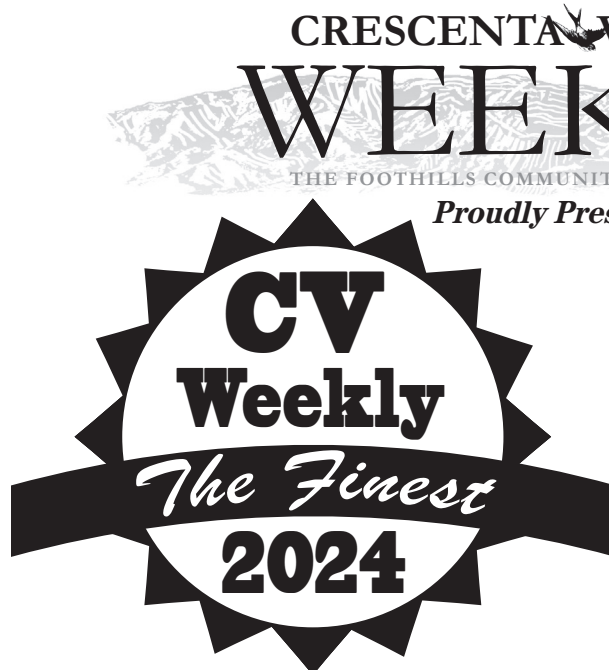
### **FINEST PROFESSIONALS**

Name of Individual

- Cardiologist \_\_\_\_\_
- Chiropractor \_\_\_\_\_
- Dentist \_\_\_\_\_
- Eye Care Specialist \_\_\_\_\_
- Family Doctor \_\_\_\_\_
- Medical Group \_\_\_\_\_
- OB/GYN \_\_\_\_\_
- Orthodontist \_\_\_\_\_
- Orthopedist \_\_\_\_\_
- Pediatrician \_\_\_\_\_
- Pharmacist \_\_\_\_\_
- Physical Therapist \_\_\_\_\_
- Veterinarian \_\_\_\_\_
- Caterer \_\_\_\_\_
- First Responder \_\_\_\_\_
- Hair Stylist \_\_\_\_\_
- Massage Therapist \_\_\_\_\_
- Personal Trainer \_\_\_\_\_
- Pet Groomer \_\_\_\_\_
- Real Estate Agent \_\_\_\_\_
- Real Estate Team \_\_\_\_\_
- Title Agent \_\_\_\_\_
- Yoga Instructor \_\_\_\_\_
- Other \_\_\_\_\_

### **FINEST SERVICES**

- Appliance Repair/Sales \_\_\_\_\_
- Art Framing \_\_\_\_\_
- Art Gallery \_\_\_\_\_
- Auto Dealer \_\_\_\_\_
- Auto Detail/Repair \_\_\_\_\_
- Barber Shop \_\_\_\_\_
- Book Store \_\_\_\_\_
- Boutique \_\_\_\_\_
- Children's Clothing \_\_\_\_\_
- Community \_\_\_\_\_
- College/University \_\_\_\_\_
- Cosmetic Store/Make Up Studio \_\_\_\_\_
- Credit Union/Bank \_\_\_\_\_
- Fire Station \_\_\_\_\_
- Flower Shop \_\_\_\_\_
- Hair Salon \_\_\_\_\_



### **CRESCENTA VALLEY**

# WEEKLY

THE FOOTHILLS COMMUNITY NEWSPAPER

Proudly Presents...

We're so excited to give you the chance to share your favorite local places, people & services. Let our community's voices be heard!

Ballots must be postmarked by March 7 to be valid. Winners announced in June.

You must legibly include your name and contact information.

(for voting purposes only).

- Health & Fitness Club or Gym \_\_\_\_\_
- Heating/Air Conditioning \_\_\_\_\_
- Home Furnishing \_\_\_\_\_
- Home/Office Cleaning Service \_\_\_\_\_
- Hospital \_\_\_\_\_
- Insurance Agency \_\_\_\_\_
- IT/Web Specialist \_\_\_\_\_
- Jewelry Store \_\_\_\_\_
- Massage Studio \_\_\_\_\_
- Medi Spa \_\_\_\_\_
- Mortuary \_\_\_\_\_
- Moving/Storage Service \_\_\_\_\_
- Nursery/Garden Store \_\_\_\_\_
- Park \_\_\_\_\_
- Party Rentals \_\_\_\_\_
- Pet Hospital/Clinic \_\_\_\_\_
- Pet Store \_\_\_\_\_
- Pharmacy \_\_\_\_\_
- Preschool/Nursery/Day Care \_\_\_\_\_
- Real Estate Company \_\_\_\_\_
- Senior Care Living \_\_\_\_\_
- Shopping Venue \_\_\_\_\_
- Skin Care \_\_\_\_\_
- Yoga Studio \_\_\_\_\_
- Other \_\_\_\_\_

### **FINEST FOOD AND DRINK**

- Bakery \_\_\_\_\_
- Breakfast \_\_\_\_\_
- Brunch \_\_\_\_\_
- Chinese Cuisine \_\_\_\_\_
- Family Dining \_\_\_\_\_
- Fine Dining \_\_\_\_\_
- Happy Hour \_\_\_\_\_
- Indian Restaurant \_\_\_\_\_
- Italian Restaurant \_\_\_\_\_
- Mexican Restaurant \_\_\_\_\_
- Sports Bar \_\_\_\_\_
- Other \_\_\_\_\_

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
Email

Please mail ballots to Crescenta Valley Weekly or Drop your ballot off at 3800 La Crescenta Ave., #206, La Crescenta, CA 91214 Office Hours: M-F 8 a.m. - 4:30 p.m.

Rules: One ballot per person and must be mailed or walked in. Verified by name and/or email address. Minimum of 10 choices must be made. All ballots must be received in our office by March 7. Businesses/individuals can only win in one category. Voting is by ballot only. Nominees will be given access to the tally sheets but not the individual ballots to protect confidentiality. CVW will supervise any review of results. \*CVW employees not eligible (but already considered the finest). Minimum 5 votes necessary to qualify "Other" category.



# RELIGION

**Q**uestion: My wife passed away two years ago. She was the love of my life. We were married for almost 40 years. I still go to her gravesite every month and put flowers on her grave. I also talk to her frequently – sometimes out loud and sometimes silently.

My family, especially my son, is telling me that I should move on with my life – stop visiting her grave and especially stop talking to her. I have friends, a social life and I am active, but visiting my wife's gravesite and talking to her helps me to feel better about life. I am wrong to want to feel connected to her?

~ Confused

exclusive propositions.

I think your heart can handle both.

If connecting with your wife who has passed on brings you joy, then I suggest you follow your heart. If you feel you can't move forward and be open to new possibilities, you must discern what works best for you.

I do not think you need to feel guilty for having routines that honor your deceased spouse. Take one day at a time and, if the time comes when you find new love, know that does not diminish the love you had for your first loved one.

Blessings, Love and Light

Father Guy Leemhuis  
St. Luke's of the Mountains

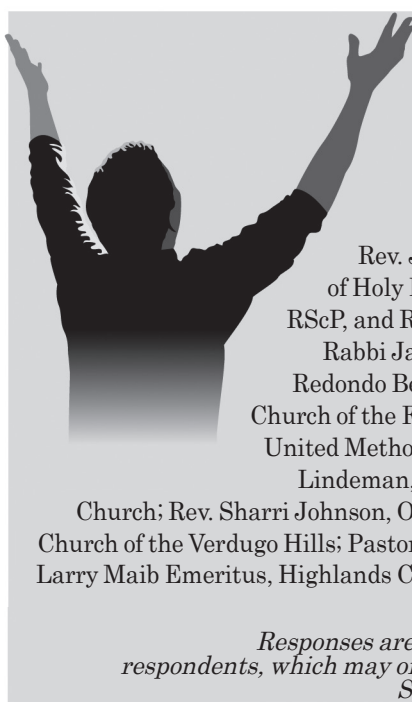
Dear Confused,

Your connection to your wife is evident. I see nothing wrong with how you choose to honor her and stay connected to her. God promised us eternal life and in so doing I believe our loved ones who have gone on to heaven are still connected to us. Your son's concerns about moving on with life and perhaps being open to new love are not mutually

Dear Confused,

How blessed you are in having such a long, and wonderful marriage!

When we part from a loved one, there are many ways to grieve and to heal. It can look different for everyone, but the important part is to do whatever makes you feel good and right in your soul; whatever helps you to heal. This is not anyone



## SPIRITUALLY SPEAKING

### SPIRITUALLY SPEAKING PARTICIPANTS

Rev. Jon Karn of Light on the Corner Church; Rev. Kimberlie Zakarian of Holy House Ministries; Anthony Kelson RScP, Laney Clevenger-White, RScP, and Rev. Dr. Beverly Craig of Center for Spiritual Living-La Crescenta; Rabbi Janet Bieber; Carolyn Young; Sharon Weisman; Rev. Mary Morgan, Redondo Beach Center for Spiritual Living; Rev. Dabney Beck, International Church of the Foursquare Gospel; Lucinda Guarino; Rev. Karin Ellis, La Cañada United Methodist Church; Rev. Sherri James, UP Church; The Rev. C. L. "Skip" Lindeman, Upland Christian Church; Rev. Rob Holman, St. Luke's Anglican Church; Rev. Sharri Johnson, One Heart Retreat Center; Martin Barrett, Unitarian Universalist Church of the Verdugo Hills; Pastor Bill Flanders Emeritus, Steve Johnson, Pastor Emeritus, Pastor Larry Maib Emeritus, Highlands Church La Crescenta; Rev. Valerie Reeves, Staff Minister, Redondo Beach Center for Spiritual Living

Responses are offered from the perspective of individual Spiritually Speaking respondents, which may or may not be in agreement with other respondents of Spiritually Speaking nor the editor and staff of the Crescenta Valley Weekly.

else's journey other than your own. It's important to follow your heart, for only you know what's best for you.

I appreciate your son's concern, but it is your way of coping with the loss of your wife and he needs to understand that. It also depends upon the energy with which you

carry out your "connecting." If you are doing so with a feeling of lament or remorse, it is important to acknowledge those feelings without dwelling on them.

There is a difference between having an emotion and an emotion having you. Make sure you've emotionally moved on so as to you

free yourself to be in a place of acceptance and renewal. If you're already coming from a healed energy and bringing flowers to the gravesite and speaking with her brings you joy, so be it!

In Light,

Rev. Mary Morgan  
mormari@aol.com

## NOTES & NODS

### CELEBRATE THE FEAST OF ST. JOSEPH

On March 17 from 8 a.m. to 12:30 p.m., the community is invited to celebrate the Feast of St. Joseph with the Italian Catholic Federation at its bake sale and silent auction at St. Bede Church, 215 Foothill Blvd. in La Cañada, Mother Teresa Room, next door to the Parish Center.

Home-baked goods, casseroles and Italian dishes and sauces will be for sale. Once again, the silent auction has a variety of items to bid on including museum entrances, restaurant gift cards, vacations, gift baskets and much more.

A portion of the proceeds are

devoted to local high school and college scholarships, Cooley's Anemia, Children's Hospital and more.

### LUTHERAN CHURCH IN THE FOOTHILLS

Lutheran Church in the Foothills is cooking up its final soup supper for this season of Lent. All are welcome on Wednesday, March 20 at 6:30 p.m. to enjoy a hearty bowl of homemade soup, dessert and refreshments in the Fellowship Hall. Lenten worship follows at 7 p.m. in the sanctuary.

Lent is a 40-day period during which Christians remember the events leading up to and including the death of Jesus Christ. Lent is a time of

reflection and of asking for forgiveness. Ultimately, it is a preparation to celebrate Jesus' resurrection at the feast of Easter.

LCIF would also like to invite all families to its upcoming VBS Sign Up Day on the LCIF campus on April 14 following 10 a.m. worship with Pastor Rick Hall. It's an opportunity to learn more about VBS (Vacation Bible School) and reserve a spot early. This year's VBS will be held June 17 through June 21 from 9 a.m. - noon for children in grades K-five. There will be lots of singing and skits, crafts, games and lots of fun, all centered on learning about Jesus and exploring faith.

Visit [lcifoothills.org](http://lcifoothills.org) for event details,

including small group gatherings and opportunities to serve. For more information or to request/offer help, email [office@lcifoothills.org](mailto:office@lcifoothills.org) or call (818) 790-1951. The church is located at 1700 Foothill Blvd. in La Cañada Flintridge. Office hours are from 9 a.m. to 1 p.m., Monday through Friday.

### MT. OLIVE OFFERS COMMUNITY LUNCHEON, BREAKFAST BIBLE STUDY

Mt. Olive Lutheran Church reminds the public that all are invited to its monthly breakfast Bible study at Panera Bread Restaurant, 990 Town Center Dr., Suite A, in La Cañada on the third Saturday of each month

at 8:30 a.m. The Book of Ephesians is currently being studied. The church also hosts a community luncheon on the second Wednesday of each month through May. There is "wonderful food and amazing entertainment." Cost is just \$5.

All are invited.

### SHARED HERITAGE OF FREEDOM SHABBAT SERVICE

Rabbi David Baron, founding rabbi of the Beverly Hills Temple of the Arts at the Saban Theatre, will welcome Dr. Michael J. Fisher, senior pastor of Greater Zion Church Family from Compton, to Shabbat service on Friday, March 15 at 8 p.m. In addition, Fisher's congregation and the 35-member award-winning Voices of Destiny Gospel Choir, led by Minister of Music Brother Tim Davis, will also be invited to participate in the temple's Shared Heritage of Freedom Shabbat Service.

The Saban Theatre is located at 8440 Wilshire Blvd. in Beverly Hills. Cantor Ilysia J. Pierce will also be honored in observance of her 25th anniversary as the temple's cantor.

This event is free to the general public. For further information, call the temple's office at (323) 658-9100 or email [edgar@bhtota.org](mailto:edgar@bhtota.org). [www.bhtota.org](http://www.bhtota.org)

### ALL INVITED TO SUPPORT GROUP

Around the Rainbow, a support group for families of LGBTQIA individuals, meets monthly on the first and third Tuesday nights at Crescenta Valley United Methodist Church, 2700 Montrose Ave. in Montrose in room 24: church narthex. Gathering is at 6:30 p.m. and meeting is from 7-8 p.m.

For more information, contact Jo Ann Stupakis at [jostupakis@yahoo.com](mailto:jostupakis@yahoo.com).

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<http://stlukeslacrescenta.org/>  
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Wednesday Bible Study: 7PM

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# LEGALS & CLASSIFIEDS

**CRESCENTA VALLEY WEEKLY IS READY FOR YOUR LEGAL NOTICES!**

DBA'S

PROBATE NOTICES

NOTICE OF INTENT

CIVIL COURT NOTICES

NAME CHANGES

PUBLIC SALES/AUCTIONS

NOTICE OF LIEN SALE

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ESTATE SALES

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### CV WEEKLY IS ONLINE!

[www.cvweekly.com](http://www.cvweekly.com)

Email info@cvweekly.com to receive an e-mail with the latest community news.

### FOR SALE

#### FOR SALE

Brown Suteki Track 10 - 10 speed bikes. \$175.00. Five Rock & Roll Vinyl for \$420. 2 gas powered lawn mowers, Sears & McLane brands. \$350 for both. Call (818) 244-6455.

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### WANTED/NEEDED

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**MIKE KOBEISSI**

