$M\,A\,Y\ 9\,,\ 2\,0\,2\,4$ WWW.CVWEEKLY.COM VOL. 15, NO. 38

Discussion of District Elections Delayed By Julie BUTCHER

The Glendale City Council held its sixth public hearing on the issue of district elections as part of its Tuesday night meeting and delayed a decision to its meeting of May 21, possibly beyond that date, as it heads towards a fixed deadline at the end of July for putting any measure on the ballot for a citywide election this November.

"We started this discussion a long time ago as a matter of policy," Councilmember Dan Brotman detailed his opinion that district elections would provide "better geographical representation, socioeconomic representation and better constituent services" and could reduce "barriers to running for election."

Councilmember Ara Najarian advocated waiting for the courts to decide cases that are pending regarding the potential "dilution of the vote" by maintaining at-large council districts. "No law firm is threatening to sue Glendale; there is no outcry for this. We are tone deaf if we don't hear what residents are telling us, that they don't want districts. For us to force this issue onto the ballot would be a mistake," he

A consultant hired by the city to develop possible maps of six council districts summarized the "admittedly limited input" received. Thirteen community organizations accepted an invitation to provide feedback and a total of 72 community participants gave their names stakeholder meetings two public forums. A long list of various active community groups, including League of Women Voters, Glendale realtors, tenants, and homeowner associations, all declined to participate. No Glendale organization has taken a position in favor of districting the city, the consultant reported.

Susan Broussalian called into the meeting to comment, "Glendale is not suitable for districting. There are no see GCC on page 9

National Nurses' Week

By Mary O'KEEFE

This week is National Nurses Week During COVID-19 the role of nurses came to the forefront because they were truly on the frontline of the pandemic.

The World Health Organization (WHO) had declared 2020 as the Year of the Nurse and Midwife with a goal to raise awareness of the need for "nine million more nurses and midwives to achieve universal health coverage by 2030," according to the WHO.

And then the world changed due to the pandemic and nurses went to work. Many in the field of nursing left during the height of COVID-19, and after the vaccines were made available. According to a survey by staffing firm AMN Healthcare and published on May 6 by healthcaredive.com, more than a third of nurses said it's extremely likely they'll change jobs this year.

However there are still thousands of nurses that are on the job every day and work to support patients, and their families, many who are experiencing some of the toughest times in their lives.

"This year, the American Nurses Association has selected the theme 'Nurses Make the Difference' to honor nurses



varying roles and positive impact on our lives. Nurses make a difference as trusted advocates who ensure individuals, families and communities receive quality patient care and services," said Gail Cinexi, BSN, MBA, Chief Nurse Officer [Interim] Huntington Health, Huntington Hospital.

"Nurses are essential advocates for

patient health and well-being, playing a pivotal role in the seamless operation of our hospitals. As the Chief Nursing Officer, I want to underscore the diverse responsibilities nurses undertake in our healthcare facilities. They serve as frontline caregivers, managing crucial duties such as medication administration, vital sign monitoring, wound care

and aiding in personal hygiene," said Jim Zolnowski, MSN, RN, NE-BC vice president Chief Nursing Officer, Dignity Health-Glendale Memorial Hospital and Health Center.

Theresa Murphy, RN, MS, CENP, Chief Nursing Officer with USC-Verdugo Hills Hospital (USC VHH) started see NURSES on page 6

Keep Your Purse Close -Warns CV Sheriffs Sheriffs

By Mary O'KEEFE

The Los Angeles County Sheriff's Dept/Crescenta Valley Station sent out a notice via social media warning residents to be cautious while shopping or dining at local businesses.

thefts where people are shopping, or dining, at local business establishments and items are stolen from purses, according to Sgt. John Gilbert.

different direction," Gilbert said.

He added not having a purse in the from her purse. owner's "immediate control" presents an opportunity for criminals to take they had placed their purse on the back items out of the purse without notice. The criminals will grab a wallet, phone their chair without taking their purse, or other personal items.

"The owner of the purse may not realize it for 10 to 15 minutes, not until When they went to pay they found their they go to pay the bill or when they get wallets were missing. home," Gilbert said.

Quite often the suspect is working with a second suspect. They work in tandem as one suspect distracts the victim by engaging them in conversation while the other takes items from their purse.

In one report, a while shopping a woman reported that a man came up Deputies are noticing an increase in and asked her a question. She responded but thought their interaction was suspicious so she immediately checked her purse and found her wallet was still there. It wasn't until she returned home "The purse may be on the back of a that she noticed her cellphone was misschair, when at a restaurant, or the purse ing. She went back to the store and after is [placed] in the basket [of a cart] while security reviewed the surveillance video, shopping and the [owner] is looking in a found that while she was talking to the first suspect, the second took her phone

> In past reports, women had stated of a chair while at a bar. They never left however there were people who walked up behind them to order from the bar.

see THEFT on page 9 roundings. Do not leave their property, like purses, unattended.



Photo by Mary O'KEEFE Community members are being warned to be aware of their sur-

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» FROM THE DESK OF THE PUBLISHER

The Value of Vacations - or -The Power of Saving My Nails



I have a horrible habit. I bite my nails. That wouldn't be so bad except that I also have – shall we say enhanced - fingernails? This means I have what some would say are nails that aren't really mine.(As an aside, I counter this with of course they're mine; after all, I paid for them.) The lady who does my nails, Amy of Amy's Nail Salon on Foothill Boulevard, says that I eat my nails. A filthy habit, however she always makes sure that my nails look great.

But I digress.

I have discovered when I am on vacation, I don't eat my nails, I don't bite them, I leave them alone and, consequently, they grow beautifully. To me this is another reason why vacations are such a wonderful

Since sharing with you last week healthy nails. that Steve and I were beginning our Caribbean vacation, we have been to a couple of different countries (some on the same day), have learned the history of these wonderful islands,

kayaked and in Tortola climbed among some enormous boulders that date back centuries. We've been very fortunate with the weather, too, having been safely back on board our ship when heavy rains hit on two different days and in addition to packing on some extra pounds, Steve and I have played tourist at most of our stops, snapping up some great deals while admiring the scenery.

All too soon our Caribbean journey will come to an end and, except for a short jaunt to see family, I will be returning to the offices of CV Weekly. I am forever grateful to Mary, Rachelle, our proofreader Anne, designer Steve and the entire crew who kept things humming, giving me the chance to get away.

Now to plan our next vacation...and my

Robin Goldsworthy is the publisher of the Crescenta Valley Weekly. She can be reached at robin@cvweekly.com or by calling (818) 248-2740.

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» WEATHER WATCH

Taking A Look Outside Our Window

it is the smallest thing that can cause the US Forest Service (USFS). biggest problems. For those battling aliens that killed the aliens were welcomed but beetles. for us on planet Earth now, there is a small bug that can change an entire forest.

The goldspotted oak borer is a buprestid beetle that has killed about 90,000 oak trees throughout Southern California. The borer has been spotted in Green Valley, Santa Clarita and unincorporated Chatsworth, just 14 miles from reaching the oak forests in the Santa Monica Mountains.

The California Department of Food and Agriculture first identified the goldspotted oak borer in San Diego County in 2004. But it is suspected that the borer may have traveled from Arizona to Southern California through firewood in the 1990s.

On May 7, the Los Angeles County Board of Supervisors passed a motion that explores declaring a state of emergency and hiring a deputy forester and two assistants to seek out the goldspotted borer in trees on state, federal, county and private lands.

The Supervisors instructed the County's draft recommendations for an ordinance regulating the movement of firewood to prevent the spread of the goldspotted oak Riverside.

from spring to August. The eggs take a few weeks to hatch and when they do the larvae feed on the tissue just below the tree's bark...eventually killing the tree through suffocation.

By fall the larvae will tunnel further into May the beetles will metamorphose and snack on oak foliage, find a mate and start upper 70s.

Just as in HG Wells' "War of the Worlds" the process all over again, according the

The USFS removes heavily infested taking over the planet, the small bacteria trees and uses chemicals to target the

"Since oaks are keystone species in southern California's woodlands, their widespread loss is also causing detrimental impacts to the natural landscape of this area. Biodiversity is adversely affected due to the loss of habitat and food resources used by native animals such as acorn woodpeckers, mule deer, ground squirrels, and the arroyo toad. Shading of sensitive riparian areas is being reduced which threatens water supplies and the existence of animals and plants that rely on this scarce resource. Also, increasing numbers of dead oaks are significantly increasing the fuel load in these areas, which can increase the probability and severity of wildfires in these natural areas. And lastly, there is a cost associated with the loss of aesthetic value because large swaths of dead oaks are ugly to look at and the attractiveness of these afflicted areas for hikers, photographers, and tourists is greatly diminished. Although this cost is difficult chief sustainability office on Tuesday to to estimate, it is nevertheless present, and possibly quite high," according to the Center for Invasive Species Research, UC

Next week I will look once again how So this is how it all happens: the females history might help a present issue. lay their eggs in the crevices in tree bark Indigenous cultural burning may be a way to control these pests that are killing our

> Our weather is looking sunny and clear for the next few days, according to NOAA.

Today our high will be in the mid 70s, with some wind about 10 mph in the tree where they continue to thrive. In the afternoon then calming later in the evening. Friday through Monday we emerge hungry from the oak trees, they should see clear skies with highs in the



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NEWS

Athletic Hall of Fame Honors

By Mary O'KEEFE

y ports mentors/leaders were honored at the Crescenta Valley High School Athletic Hall of Fame on Saturday, May 4.

"This year, CV has maintained Elite volleyball club. its commitment to fostering a sense of belonging among its students. For many, this sense of belonging is found within our diverse range of athletic teams. Our CV athletes form a tight-knit family, supporting and uplifting one another through shared experiences," stated CVHS Principal Christine Benitez.

Honoring CV's sports' leaders through the Athletic Hall of Fame began in 2008-2009 school year.

This year there were nine recipients. Below are the inductees, their biographies are courtesy of the CV Athletic Hall of Fame:

Erin Ashby Eitel—she was a four-year starter in CVHS softball, coached by Dan Berry. She pitched her junior and senior years. She led her team to three league championships and earned All Pacific League honors and was League Most Valuable Player in 2010 and 2011. She also earned All-Area Player of the Year twice, All-CIF Division 3 First Team Honors twice and Cal Hi All-State honors. She went on to Stanford where she started for three years and received honors including two times named All Pac 12 and one time All Regional.

John Barnes was the first Cross Country coach in 1960 at CVHS. He was innovative with his training techniques by having the kids running year round and implemented a one week backpack trip to the High Sierras. In 1962, he led the CV team to a Co-League Championship with Hoover High School, and then on to the CIF 3A CIF championship. He later coached August 2004.

Ray Barsemian was a three-year year varsity football player. varsity boys' volleyball letterman while at CVHS. As a sophomore he became only the 12th sophomore from CVHS in 1996, leaving a legacy ever to play on varsity. He helped as a four-year varsity baseball the Falcons to their best record letterman. His was named to the Allever, 22-7. He was voted Most Pacific League teams multiple times, All-Pacific League for the second as Team MVP, All-CIF and First year in a row. He attended Pierce Junior college and set records and went on to play at Concordia University where he was a two-time Pacific League championships and Division 1 All-American, two-time Division 1 All-American Team, Male Athlete of the year and 1st Team All-MPSF. In 2020 he was the National Division 1 AttackLeader and he He went on to California State

the Concordia University records for Kills and Aces. He played for Team USA in the World University Games in Italy in 2019. He currently coaches volleyball at Fullerton College and San Gabriel

Mark Evans' "illustrious journey to the Crescenta Valley Athletic Hall of Fame is a testament to his enduring dedication to the sport of track and field and cross country, both as an athlete and a coach," according to the Hall of Fame statement. He first found his love of running at La Salle High School under coach Jim Brown. He continued that love of the sport at Pasadena City College (PCC) and San Jose State. While at PCC he was on the 4x800 relay team that set a Junior College record. While at San Jose State his personal best was 4:08 mile and 8:58 for two miles. But for those in CV, it is his coaching that has defined his legacy. He began coaching at Pasadena High School and moved to CVHS in 1993. Under his leadership the boys' and girls' cross-country and track teams have reached unprecedented heights. With a staggering tally of league championships and CIF State Championship qualifications. His impact on the lives of countless athletes is immeasurable and his influence will continue to resonate for generations to come. Jason Jenkins was the heart and soul of the Falcon football defense from 2000-2002 and was the force to be reckoned within the Pacific League. He led the Falcons and the Pacific League in tackles for two years in a row. He was the defensive leader on three Falcon CIF playoff teams, and as a junior in 2001 he willed his team to an undefeated season. In 2002 he set the all time school Championship—the first CV Falcon record with 156 tackles for the season. While at CVHS he earned Glendale High School from 1967 to nine varsity letters. He was a four 1992. Mr. Barnes passed away in year varsity swimmer, two years varsity basketball player and three played on the Falcon's girls'

Jesse Mitchell is currently an educator and coach. He graduated Outstanding player and 1st Team culminating in being recognized Team All-Pacific League during his senior year. While at CVHS he led his team to three consecutive CIF semi-finals appearance in 1995. After graduating he coached JV baseball at CV, helping them clinch two Pacific League championships.



University Northridge receiving a Bachelor's degree in education and went on to get his Master's degree in Family Studies. He teaches Special Education Science at Independence High School in Bakersfield and coaches girl's soccer.

Brian Gadsby was an athlete in both football and baseball while at CVHS. In football he was recognized as the Junior Varsity MVP. In his junior and senior seasons he was the varsity quarterback. He was named First Team All-Pacific League and earned CIF Offensive Player of the Year honors. He was CVHS all time leader in touchdown passes and passing yards. In 2014 he led his football team to a 14-0 record and the Southeastern Division CIF Championship. He attended UCLA and was a three-year starting closer for the Bruins in baseball.

Sinnamonn Garrett-Monroy varsity basketball as a freshman in 1996. She could be seen on the school's outside basketball courts practicing her 3-pointers or playing pick-up with anyone who wanted to play any evening of the week. The CV team was the first girls' basketball team in CV's history to make it to the finals of CIF for Division 1. In her sophomore year she became a starter and averaged 15 points, 10 rebounds and three steals a game. She earned Pacific League MVP honors and Glendale News Press Player of the Year and was All-CIF first team, Daily News First Team and LA Times First Team honors. She continued her

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office will be closed today and tomorrow. We will open at 8 a.m. on Monday, May 13.

athletic career at New Mexico State University and earned 1st Team All Sun Belt Conference honors and led the nation in Division 1 in 3-point field goal percentage at 49.6%. She holds the NMSU record for single game field goal percentage.

Sydney Vermillion played on both of the Falcons softball and soccer teams. She was on both varsity squads as a freshman while at CVHS. As a sophomore she was selected as 2nd Team All Pacific League in both sports and 2nd Team All-Area in soccer. In her junior year she was selected 1st Team All Pacific League, also in both sports. In softball she was selected Pacific Most Valuable Player in soccer, along with All-Area and All-CIF honors. After graduating in 2006, she went on to Cal State Northridge where she played soccer. She was named the Freshman of the Year for CSUN. After graduating from college with a degree in biology, she

played US Pro Women's League from 2010 to 2014 with Santa Clarita Blue Heat, and 2014 to 2016 she played for Switzerland Pro League team FC Neunkirch and Portland Thorns Reserves. In 2021 she went from playing on professional teams to representing Armenian Women's National team. She is currently the Director of Coaches for California Athletic Soccer Club.

Sinnamonn Garret-Monroy - Girls Basketball - Class of 2000

Sydney Vermillion - Girls Soccer - Class

Holly Snook in honor of her father, John Barnes, CV's first Track and Field Coach from 1960 to 1967

Brian Gadsby - Football/Baseball - Class

Erin Ashby Eitel - Softball - Class of 2011 Jesse Mitchell - Baseball - Class of 1996 Jason Jenkins - Football - Class of 2003 Mark Evans - Track and Cross Country Coach - 1993 to present day

Ray Barsemian - Boys Volleyball - Class

IN BRIEF

FUN AND MORE AT LA COUNTY FAIR

The 95th Los Angeles County Fair continues through May 27 at Fairplex in Pomona with the theme of "Stars, Stripes & Fun," celebrating the county's communities. Offerings include a carnival, shopping, food, concerts animals. For schedules and tickets, visit https://www. lacountyfair.com.

FREE DANCE SHOW AT LIBRARY

The La Crescenta Library is hosting a free dance show by Benita Bike's DanceArt. The event is supported by a grant from the Los Angeles County Board of Supervisors through the Department of Arts and Culture, and the Friends of the La Crescenta Library. The show is on April 29 at 2 p.m. The La Crescenta

event/10738669.

CVW OFFICE

The Crescenta Valley Weekly



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AWNSERS for last week's issue



AWNSERS for page 16



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*Rate is higher for mailed copies Mail Payment to:

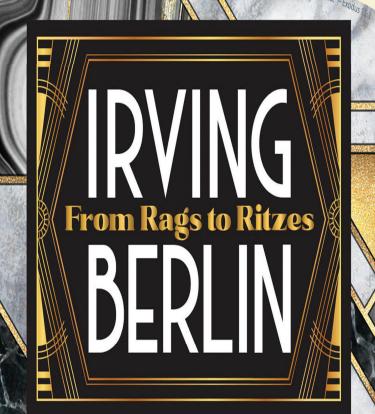
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Investigation Closes Broadview Drive

By Mary O'KEEFE

Drive was closed on Tuesday afternoon as law enforcement possible investigated explosive device that had

been found in a home. The retrieved the explosive device, Los Angeles Country Sheriff inspected it and deemed The 1600 block of Broadview Department (LASD) Bomb it inert. It [did] not pose a Squad responded. Evacuations danger and the evacuation was were made in the area as the lifted, according to a GPD investigation continued.

The LASD Bomb Squad

spokesman.

See's Candy Store Damaged by Vehicle



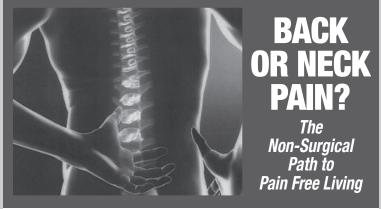
At about 9:30 a.m. on Wednesday, a female driver was reportedly traveling southbound on Valley Sun Lane toward Foothill Boulevard. She turned right into the parking lot of See's Candy and continued into the front doors of the building. No injuries were reported however as a precaution the driver was transported to a nearby hospital. See's Candy is located in the 1100 block of Foothill Boulevard in La Cañada Flintridge. The store will remain closed as investigators review the damage that was done to the structure of the building.



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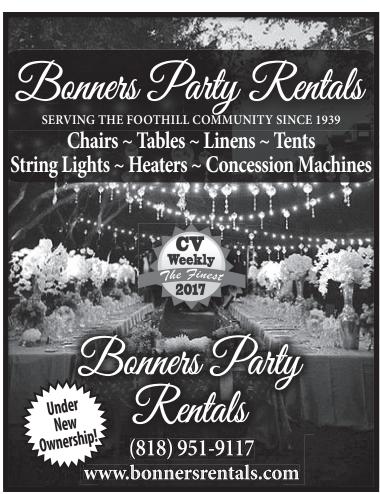
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NURSES from Cover

her nursing career 30 years ago. "I think the general public doesn't

understand the complexity of nursing science," Murphy said. She added that most understand

the caring and compassion side of nursing, and that is a big part of what nurses do, but what some may not realize are the other factors that go into the job.

Nurses combine psychology and empathy all at the same time. They understand the test results that a patient is given, as well as what happens emotionally after the results are shared.

"We help motivate the patient on their plan of care to get better," she said.

Nurses also take consideration the social situation.

"Someone could be worried that their rent is due but they are in the hospital, or their pet care needs, or they worry about what to do with the food that is left in their refrigerator and will be spoiling," she said. "And they worry about going home and who will take care of them. It is behavioral, physiological and spiritual care."

"I began my career as a frontline nurse, and in all of my different positions in the almost four decades that have followed, I've had the honor of working alongside our talented and dedicated nurses. As a Magnet designated hospital, Huntington celebrates contributions of every one of our nurses," said Cinexi.

(Magnet hospitals are certified by the American Nurses' Credentialing Center and are considered the gold standard for nursing practice and innovation.) Respect from the hospital they work at seems to be central in keeping nurses' morale up and keeping them in their career.

"At USC VHH we have developed a care for the caregiver program.... We have peer counseling options that have been very well received," Murphy added.

Peer counseling is an alternative to speaking to a psychologist, which is also an option for nurses, but often Murphy said nurses find it easier to talk to others in their field who can relate to their issues.

Although the WHO has ended the public health emergency, the aftereffects of the pandemic are still

felt throughout the nursing careers.

"No one could have ever imagined that the pandemic would have lasted as long as it did, and we are still experiencing its impact. Our nurses have shown the highest level of sacrifice and dedication to our community. But it has taken a toll. I think we are going to see the emotional and psychological impact from COVID-19 for many years to come. Mental health is our number one priority, Huntington is making every effort to care for the mental well-being of our caregivers and employers," Cinexi said.

"COVID-19 had a profound impact on our nurses. They were on the front lines of the pandemic, and faced unprecedented challenges and risks. Nurses demonstrated exceptional dedication and courage throughout the pandemic, tirelessly caring for patients infected with the virus despite putting their own health at risk. They faced immense challenges, witnessing significant suffering and loss among patients, and often had to provide end-of-life care without the presence of families due to visitation restrictions,"

see NURSES on page 9





By Mary O'KEEFE

A photo on the corner of Sunset Avenue and Foothill Boulevard has some residents curious as to what this complex is and when it may be built.

"The [Los Angeles] County approved a 31 unit apartment building," said David Hartunian, owner/broker of the property.

Some of those units will be designated as affordable housing. Hartunian said he thinks there will be about four or five units for low income.

The land was purchased, then an architect was hired to generate plans for what could be proposed for the site. Once a plan was created, it went to the Department of LA County

Planning to go through a series of proposals, reviews and approval. Once it is approved then the option of the proposed development is offered to a buyer, according to Hartunian.

"We are looking for a family environment, both to buy [the property] and to occupy," he added.

Although there has been a lot of talk about having new housing developments being built without parking, Hartunian said the plans they have for this building includes subterranean parking.

Of course the proposed and approved building could all be changed once a developer purchases the property. The new owners, in fact, can throw the proposed plans out and start all over again.

CVW will continue to follow this property.



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MAY 5

2400 block of Mayfield Avenue in Montrose, the windshield was shattered and the side mirror of a vehicle was damaged while parked at the location between 6:10 p.m. and 7:20 p.m.

MAY 3

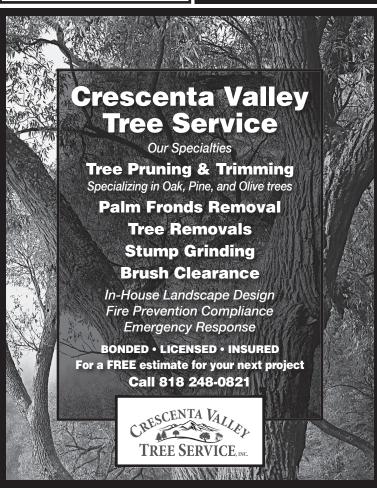
600 block of Foothill Boulevard La Cañada Flintridge, employees reported a man had

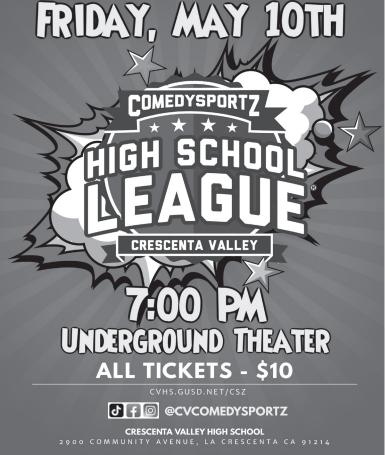
taken items and walked out of the store without attempting to pay. Surveillance footage showed a suspect described as a male in his 40s, 5'10" tall and weighing 200lbs. He was bald and wearing clear eyeglasses, a black jacket, blue jeans and black "Nike" shoes as he entered the business. The suspect grabbed a handheld basket and immediately walked toward the cosmetic shelf. He began to grab various cosmetic items and throw them into the basket. Then he was seen running out the door of the business without attempting to pay for the items. The theft occurred at 7:31p.m.

APRIL 29

700 block of Berkshire Avenue in La Cañada Flintridge, a woman reported that someone broke into her home's mailbox and stole mail. Surveillance footage revealed a white four door sedan parked on Berkshire Avenue in front of the victim's mailbox. It appeared a person exited from the passenger side of the sedan and a few seconds later returned to the vehicle. In addition to some mail being stolen, other mail from another home was left in the resident's mailbox. The deputy returned that mail to that other victim. The theft occurred at 4:35 a.m.

Olive Lane and Fairlawn Drive in La Cañada Flintridge, an iPad was stolen from an unlocked vehicle between 8:20 a.m. and 8:50







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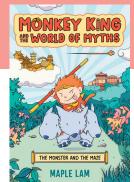


BOOK CLUBS

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Meets: Tuesdays @ 3:00 pm, 45 mins 6/11, 6/18, 6/25, 7/2, 7/9, 7/16, 7/23, and 7/30 Get ready to explore with these fun early chapter books! Solve mysteries, go on a magical quest, and save the day in books for readers who are just starting chapter books. Best for ages 7 – 9. \$215 includes 7 books, crafts, snacks, and a custom bag.

GRAPHIC NOVEL CLUB

Meets: Wednesdays @ 3:00 pm, 45 mins 6/12, 6/19, 6/26, 7/3, 7/10, 7/17, 7/24, and 7/31 Graphic novels are the coolest kind of book there is—do you think so too? If so, then join us to celebrate our shared love of graphic novels and visual creativity as we explore fantasy, history, and more with this amazing medium of storytelling! Iz and Apollo host our

ever-popular book club for ages 9 – 12. \$215 includes 7 books, crafts, snacks, and a custom bag.

*All book clubs require sign up. Limited space avialable.



ONE SUMMER, ONE BOOK: GRAPHIC NOVEL

Our featured title is *Monkey King and the World* of *Myths: The Monster and the Maze* by Maple Lam. Go on a silly and epic adventure with the Monkey King as he saves the world by smashing his way through ancient Greek mythology! A laugh-outloud read for ages 8 – 13. Get 20% off the title all summer long (until 7/31/24).

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Meets: Tuesdays @ *4:30 pm, 45 mins 6/11, 6/18, 6/25, 7/2, 7/9, 7/16, 7/23, and 7/30* Magical apprentices needed! Learn about mystical creatures, deadly lands, and more – by exploring a new fantasy story! Best for ages 9 – 12. \$215 includes 7 books, crafts, snacks, and a custom bag.

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Meets: Wednesdays @ 4:30 pm, 45 mins 6/12, 6/19, 6/26, 7/3, 7/10, 7/17, 7/24, and 7/31 Celebrate diversity in Young Adult books as we read books with Lesbian, Gay, Bisexual, Transgender, and Queer+ identities. This is a safe space welcome to teens of all identities and allies! Join our proud book club for ages 13-16. \$215 includes 7 books, crafts, snacks, and a custom bag.

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Saturday, June 15th at 11 am



Story time with Sahar Golshan

Sunday, July 7th at 2 pm



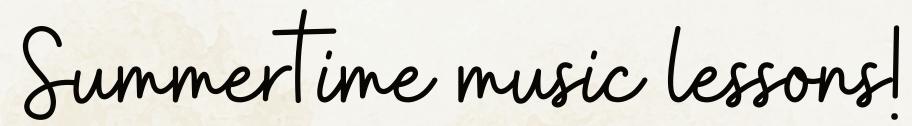
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THEFT from Cover

Gilbert suggested that residents be aware of their surroundings and of where their property is located.

"Our station wants to remind the public to never leave your purse open or unattended," according to a LASD CV Station statement. "Keep your purse in your immediate control and do not have the contents immediately accessible."

Gilbert added people relax sometimes because crime is low in the area, but these types of thefts can happen

"We hope conveying this message will [cause] people to be more vigilant," he

NURSES from Cover

Zolnowski said.

He added the pandemic also took a toll on nurses' personal lives as they dealt with long hours and had to balance concerns for their own safety and well-being of their families.

Although there is a shortage of nurses throughout the nation, especially after the pandemic, Murphy sees more nurses returning to their

"For those driven by desire to make a difference, I encourage you to pursue nursing wholeheartedly. Picture yourself as the source of comfort and support for those facing adversity," Zolnowski said.

"Nurses can truly make a difference in someone's life, beyond performing clinical care. They hold patients' hands, console family members and celebrate good news too. It's an incredibly rewarding career path," said. Cinexi.

"The new graduates come in with enthusiasm, bravery and are positive," Murphy said.

All the hospital representatives said their facilities are working to continue to support their nursing staff.

GCC from Cover

minority populated areas and no minority groups have raised any concern at not being represented. Glendale has functioned well with an at-large council of five who together represent the entire city and its residents. Districting would forever disrupt the way we know our city today and most residents want to know they can reach out to all five members of the city council when they need something, not just one."

Mayor Elen Asatryan asked the consultant for a list of the organizations that were contacted, "So I can start dialing." She expressed concern about the way the census "screws over the Armenian population." In response to her questioning, city attorney Mike Garcia explained that the costs for putting a single measure on this November's ballot would be a minimum of \$415K, more for each additional item put on the ballot, while it could be considerably less expensive to add a measure to a municipally scheduled election.

Following up on previous discussions regarding the seating of a nine-member Charter Reform Committee, the council appointed twelve Glendalians to the committee, which is tasked with a longer-term review of the city charter. The twelve people appointed to the new committee

- 1. Allan Durham
- 2. Carl Povilaitis
- 3. Elizabeth Manasserian
- 4. Lilit Harutyunyan
- 5. Rachel Yoo
- 6. Stephen Meek
- 7. Ani Garibyan

8. Denise Miller

- 9. Linda Megerdichian
- 10. Bryan Smith
- 11. Paul Karapetian
- 12. Steven Flower

Earlier in the meeting, the council heard an update from Metro staff on the Bus Rapid Transit (BRT) coming soon to connect North Hollywood to Pasadena, "Metro has plans to make it easier to get around LA that include creating better transit. This project works to provide a new way to ride from the San Fernando Valley to the San Gabriel Valley." The \$317 million project, funded by Measure M and SB1 state grant funds, received final EIR approval in April 2022, and 25% of the engineering design is completed. The BRT is anticipated to attract 30,000 daily riders when it opens in the next two or three years.

"This is a big deal," said Councilmember Najarian. "Things are going to be different. We're not going to have the twolane speedway down Central or the three-lane raceway down Glenoaks. In exchange for fewer vehicle travel lanes, we're going to have high quality transit. Something the city of Glendale has been working on - with Pasadena and Burbank - for 35-40 years, with Larry Zarian and Joyce Streeter. Many cities would kill to have a high-quality transit project like this in their city."

"It's not a subway - it's a BRT (bus rapid transit). That bonding benefit (up to six weeks means much less disruption. off following the birth or adoption Imagine if we had tunnel-boring of a child), a simplified pay scale machines up and down Colorado that shortens nine steps to six,

for years. But this allows for the quick implementation of something very much like transit rail with the flexibility to be curbrunning or median-running to fine tune the system to what we need as a city. Some people don't like change, but this is a good change, and I am quite positive this will be a great addition to our city," continued Najarian.

"I'm going to get in trouble tonight," Councilmember Vartan Gharpetian said, questioning the need for the BRT, the route, and the underlying calculations, determining that only 904 people utilize public buses, .0045% of the population by his reckoning. "Half the buses we have are empty, driving around town right now."

Gharpetian continued, "I'm trying to caution everyone if you're taking out traffic lanes, taking out street parking - you need to talk to merchants, you need to talk to people. The idea that people are going to give up their cars and ride buses all the time, it's not going to happen – I don't see it – not in my lifetime at least."

City manager Roubik Golanian commended the labor and management bargaining teams that worked to negotiate a threeyear contract with the city's employees. Effective July 1, 2024, city workers will see a 6.5% wage increase, with an additional 4% in each of the following years, a new and Glendale and Glenoaks. and specific pay adjustments

That would shut the city down for classifications in industrial and commercial refuse, truck mechanical maintenance, fleet services, and for public works technicians. The overall cost of the agreement will run \$30.7 million over the course of the three-year term.

At the beginning of the meeting, the council designated May as Building Safety Month and the second week of May as Lung Cancer Action Week.

During a Tuesday afternoon budget study session, the council reviewed a comprehensive fee study and various potential bond schemes for financing the city's future pension obligations.

A fee study such as this is conducted periodically to make sure the city is compliant with Propositions 218 and 26 and that current fees do not exceed direct and indirect costs. The city's director of finance and information technology Jason Bradford summed up the results of the study including plans to eliminate 432 fees. Currently, the city has 1,295 fees, covering all of the possible city services from building permits to the rental of city facilities. The study represents an attempt to capture all reasonably available costs while continuing to subsidize some specific park and library services.

Councilmember Ardy Kassakhian wants to ensure Glendale residents continue to get the best rates and the best times for the use of the city's sports fields. "You know that Burbank doesn't have any soccer fields," he observed.





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VIEWPOINTS

TREASURES OF THE VALLEY » MIKE LAWLER

Walk Through Montrose in 1929 (Part

adventure. We've gone back to 1929, and we're walking west down Honolulu Avenue. In our last episode, we had explored the Montrose Theater (now the parking lot for Andersen's Pets). Let's continue walking on the south side.

We pass the Viola Cleaners (now Pho 22). Next we come across the Piggly Wiggly grocery store (now the recently closed Holiday House). There is no front door. The entire front of the building is wide open. Produce is out front where shoppers can see it easily. Among the bins of apples and oranges is apparently a new fruit sensation, "alligator pears" (avocados), and women are gathered around chatting about is Safeway Market (now Honolulu how to serve it.

tells us that she is happy to have a check it out.

Let's continue our time travel Piggly Wiggly store to shop from. She says that this store is a nice change from the grocery stores of the past, where she would bring her shopping list and hand it to the clerk. The clerk would then find everything for her on high shelves while she waited, then hand her the bag. Now, thanks to Piggly Wiggly's innovation of self-serve markets, she can peruse the shelves herself, with all the items easily at hand.

We continue west on Honolulu, passing the Sterling Café (now the Body Lounge LA tanning salon). They are gearing up for the lunch crowd. We cross Market Street which is still unpaved, and we come to another small market. This one Jewelry and Mayhall's Sewing and We chat up one of the ladies, who Vacuum Center). Let's go inside and

of the store is completely open, with the fruit and vegetable bins crowding the sidewalk out front. On sale, fronted by hand-painted paper signs, are watermelons, bell peppers, and "cukes" (cucumbers). We pass by the produce to the interior of the store, which is pretty dark, compared to modern brightly lit stores. And it's tiny, smaller than a modern convenience store. We can see cans and boxes lining shelves along the sides of the store. One item on the shelf stands out. It's a big cereal box "Kellogg's Pep, The Peppy Bran Food, A Laxative Bran Food, Rich in Food Iron, Lime, and Other Mineral Salts". What, no sugar?

At the back of the store is a small check-out counter with a huge cash register sitting on it. Next to that is

Just like Piggly Wiggly, the front a small butcher section with a glass sidewalk, and look directly across display holding the fresh cuts of meat. Above the counter are handpainted signs: "Pork Roast 17 cents a pound" and "Picnic Hams Hockless 23 cents a pound".

Heading back toward the front we pass a huge pyramid stack of big metal cans of Folger's Coffee. On the way out, we strike up a conversation with a clerk, who is sprinkling water by hand over the produce, apparently to try to keep it cool as the day heats up. We ask how he likes his job. He says he just got a raise to 35 cents an hour, so he's pretty happy. He says he also gets to drive the new Chevy panel truck to make home deliveries. He tells us it's a new service, where customers can telephone in their grocery orders, and Safeway will deliver them.

We step back out onto the

the street. There is another small market, this one "A & P Food Stores" (now Bluefish sushi restaurant). There are lots of small markets in Montrose. People only had small iceboxes at home, and so had to shop almost every day.

On either side of A & P market are empty lots. We can see behind the stores to the north are homes, where today is the big parking lot. (The houses were purchased and demolished in the 1960s to make way for the parking lot.)

We turn and resume our walk west on Honolulu toward Ocean View. We'll continue our 1929 stroll through Montrose in the next

Mike Lawler is the former president of the Historical Society of the Crescenta Valley and loves local history. Reach him at lawlerdad@yahoo.com.

CRESCENTA VALLEY TOWN COUNCIL » FRIDA BAGHDASSARIAN

Dear Crescenta Valley Residents, Our May General Meeting will be Thursday, May 16, at 7 p.m. at the La options to ensure compliance with Crescenta Library.

The Department of Parks and Recreation is excited to unveil the community proposed outdoor gym at Two Strike Park. Your feedback is incredibly valuable as CVTC has limited resources for Measure A Park funding. We are eager to hear how these funds can best serve our community's needs. Additionally, we are advocating for the County to address the lack of ADA access to all restrooms at CV Park. Despite having ADA-accessible bathrooms, they are not accessible to

the public with ADA needs. We urge the County to explore Federal funding ADA regulations.

During the April Meeting, members shared concerns about a possible residential rehabilitation facility opening in the area, which has been brought to CVTC's attention. While we have yet to receive official communication from the County regarding this matter, the County's authority over these types of businesses is limited. According to Health and Safety Code 11834.23, recovery residences serving six or fewer individuals are

not subject to conditional use permits, zoning variances, or other restrictions that would not apply to any other single-family residence in the same zone. The County can only single out these facilities for additional building regulations if all properties are subjected to the same requirements. As we continue to gather information, we will keep the community updated on any developments.

CVTC has recently closed the application process for scholarships for local graduating seniors. We are deeply grateful for the overwhelming response this year and want to express our heartfelt appreciation for the hard

work and dedication shown by the young adults in our community. We eagerly look forward to recognizing the selected recipients and their outstanding accomplishments.

Join us on Sunday, June 9, from 8 a.m. to 1 p.m. at the Montrose Harvest Market for the 2024 Coffee with the Council event. This is not just an opportunity for the community to engage with us, but a platform for your voice to be heard. Learn about current initiatives, and consider getting involved as a Council member with the upcoming CVTC November elections approaching. Your participation is crucial in shaping the future of our

community.

The Crescenta Valley Town Council strives to maintain meaningful connections with the community through various platforms such as Facebook, Instagram, our website, and our monthly newsletter. We also value input from our neighbors through public meetings, town halls, and listening opportunities. Together, we can continue to build a stronger community.

We look forward to seeing you at the upcoming General Meeting.

> Frida Baghdassarian, J.D. President Crescenta Valley Town Council

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BETWEEN FRIENDS

"Bras for a Cause" Supports Soroptimist's Philanthropies



By Ruth SOWBY

n April 27 members of Soroptimist International Glendale pulled out all the stops for its largest fundraiser of the year, "Bras for a Cause." For 21 years bejeweled, bedecked and sequined bras have been on display for auction. The Oakmont Country Club was at its sparkling best for this year's event.

Former Soroptimist President Kathy Lefkovits, known as "the bra lady," is the creator of the decorated bra concept for fundraisers. It is used by Soroptimist Clubs in Canada and across the U.S.

"I'm amazed we're still at it after 21 years," said Lefkovits.



the theme of the evening. All bra decorators tried to outdo each other in matching the theme. So did Master of Ceremonies, Ardy Kassakhian, as he cleverly inserted the theme into his remarks. The former Glendale Mayor and current Glendale City Councilmember has hosted the event in previous years. No corny bra jokes for him.

The program opened with greetings Soroptimist Fundraising vice president Ilena Blicker and president Heather Ghermezian. VIPs were recognized including State Senator Anthony Portantino, Assemblymember Laura Friedman, Glendale Mayor Elen Asatryan, Glendale Councilmember



"Sweet Dreams are Made Here" was Dan Brotman and for Glendale Councilmember Paula Devine.

> Plenty of time was given for guests to peruse the bras and place bids for the one they wanted. Mayor Asatryan was going for a pink bra decorated with candy hearts and kisses sponsored by Glen Oaks Escrow. An accompanying basket was filled with "Barbie" pink accessories. auction closed, the Mayor placed the winning bid of \$120 on bra and basket.

> The Honoree Award of the Year went to Janet Hamilton. Ann Marie Smith received the Bra Support Award.

Expected proceeds of \$45,000 to \$50,000 will help support Soroptimist philanthropies that benefit community women and girls.

LEFT: "Bras for a Cause" theme creator and Soroptimist past president Kathy Lefkovits show off the "Be Cancer Free" bra created by artist Katherine Bulovic and Sponsored by Jean Sagan.

MIDDLE: Former current Glendale City Councilmember Paula Devine poses with "Grandma's Jewelry Box" bra dubbed "Most Beautiful." It was created by Stephanie Beaty and sponsored by Lola Abrahamian.

BOVE: New Glendale Mayor Elen Asatryan won the "Barbie Pink" basket and The Glen Oaks Bra of Your Dreams" at the 21st Annual "Bras for a Cause" sponsored Just before the silent by Soroptimist International Glendale.

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Glendale Sunrise Rotary Members Rise Early for Open House

By Ruth SOWBY

Open House on April 26 began with a lavish, complimentary breakfast for Club can make them.

To that end, Glendale eradication activities. Sunrise Rotary President a \$2,750 check to Seth projects, Fremont Elementary School

planned remodeling "facelift" for Fremont.

Makiko Nakasone is all. About 150 members and the Rotary Governor of Akopikyan who spoke on guests enjoyed scrambled District 5280 covering 62 eggs, bacon and hash browns clubs with 2,000 members. as only the Oakmont Country She described the recent new launching of a \$2 billion Menedjian. The breakfast provided PolioPlus Partners Program the opportunity for friends which will enable Rotary is the largest service and local business people members in polio-free organization globally. to come together to meet countries to provide support Rotarians and learn of their to fellow members in poliomany philanthropic services. affected countries for polio

Continuing the description Diamond Ward presented of the Club's philanthropic Rotarian representing Gunnel highlighted Club's support of Ascensia by

in Glendale. Caplan, who collecting and donating 100 has three children attending snack bags. Ascencia is a Glendale Sunrise Rotary's the school, explained the non-profit, homeless services agency.

> The program ended with motivational coach Jack personal commitment. was introduced by Rotarian Ripsime

Rotarian International



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: CV WEEKLY ON THE MOVE



• Joanna & Fred Linkchorst traveled to Texas to see the Total Eclipse of the Sun. While there they took in local culture, like the Dr Pepper Museum.

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Questions About Today's Real Estate?

Ask Phyllis! Proposition 19

Dear Phyllis,

to the weekly newspaper allowing me to learn the the lower assessed property value of their primary area. I read your column and hope you can help. I am trying to keep my low tax rate. I have tried without success to transfer it to my address.

I have written to the Assessor's office and Howard Jarvis without any response. My previous residence was xxxx St., Sun Valley. My new address is xxx Lane Tujunga, which I moved to in April 2022. I am 89 years old and feel I have tried everything. Maybe you could help me and explain how this works. I would appreciate it. Thank you so much, June P.S. By the way not computer savvy.

Dear June,

What you are referring to is the recently enacted Proposition 19.

One component of Proposition 19 is that it allows

homeowners who are over 55 years of age, disabled, I am a recent homeowner in Tujunga. I subscribe or victims of a wildfire or natural disaster to transfer home to a newly purchased or newly constructed replacement principal residence up to three times (or once per disaster). The tax base may be transferred to a property located anywhere in California.

> I looked up both properties. Under Proposition 19, you will continue to pay your previous Proposition 13-protected lower tax base on the first \$925,000 of your new home. Because you bought up, you will pay the current full base on the next \$378,000.

> Without this transfer, you are paying \$14,658,750 annually. You must file a "Claim for Transfer of Base Year Value to Replacement Primary Residence for Persons at Least 55 Years". Your Realtor or escrow officer should be able to help you with this.

Note: I phoned June to walk her through this.

Phyllis



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Universal Studios Hollywood Celebrates 60 Years of the Studio Tour





By Charly SHELTON

Hollywoodiscelebratinga momentous anniversary this year—the diamond jubilee of the Studio Tour. Guests are invited history from April 26 through August 11, when the Studio Tour is enhanced with extra movie magic, nods to the attraction's past and even more personal experiences for guests to get up close and personal with the backlot.

Launched in 1964, the Studio venture, offering visitors a glimpse behind the silver screen. It has attraction, captivating over 200 million visitors with its authentic

behind-the-scenes magic.

"The Studio Tour paved the way Studios for the development of Universal Studios Hollywood and celebrating its 60-year milestone pays homage to its indelible impact," stated Scott Strobl, Executive Vice President to relive six decades of cinematic and General Manager of Universal Studios Hollywood, in a press release. "The Studio Tour is a crown jewel in our theme park portfolio and a beloved attraction for millions of guests. We are thrilled and honored to share our enthusiasm for its historic relevance with guests both new to the experience [and] Tour began as an ambitious those who have journeyed with us along the way."

The anniversary tour, now open since evolved into a one-of-a-kind to park guests, offers nostalgic rides aboard the modern trams which have been repainted in the iconic

red and white style of the original Glamor Trams. Along the way, riders will have the opportunity to get off the tram and walk through Bates Motel on the backlot to take photos at the iconic Psycho House. There is also an original, fully restored 1964 vintage tram to see up close, and other decorated photo ops and backdrops, including a menacing King Kong and Universal's famed hanging Jaws shark.

Adding to the festivity, 'Earthquake—The Big One', which has thrilled guests since its debut in 1989, returns with cutting-edge renovations, and Doc Brown has driven the DeLorean from the Back to the Future franchise out to Courthouse Square to greet guests as the tram passes by.

Nostalgia runs deep as the

tour winds through the backlot, reviving memories with cameos of attractions from yesteryear, like the 1976 Runaway Train, and archival clips of former Studio Tour highlights.

In addition to the interactive experiences, the Studio Tour pays tribute to the iconic Hollywood Sign. A collaboration with the Hollywood Chamber of Commerce and the Hollywood Sign Trust brings a meticulously crafted replica of the famed sign to the backlot, offering guests an unprecedented chance to capture a piece of Hollywood history.

Retro-themed food and merchandise round out the Studio Tour 60th anniversary celebration. Executive Chef Julia Thrash curates a selection of era-inspired dishes, available with a special

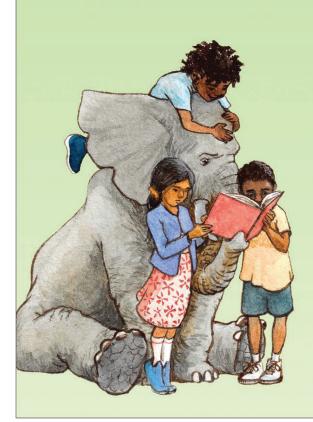
Dining Pass. From BBQ brisket at Hollywood & Dine to nostalgic TV dinner-style platters at Mel's Diner, there's a flavor for every palate.

The anniversary celebration promises a walk down memory lane, enveloped in the allure of Hollywood's golden era of filmmaking. To see some of the new offerings, scan the QR code attached to this story or search Zipahdeedoodad on YouTube and Instagram for a video tour, as well as a review of some of the new food specials from CityWalkin celebration of the anniversary. The Studio Tour 60th anniversary celebration is on now at Universal Studios Hollywood through August 11. Visit UniversalStudiosHollywood.com for more information.



JUNE 1 - AUGUST 10, 2024

CHILDREN



TEENS



ADULTS



LEISURE Page 14 • May 9, 2024

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Associates Presents 2024 Dance Series

The Brand Associates Dance Series presents four performances this spring at Brand Library & Art Center, 1601 W. Mountain St. in Glendale. This series, curated by acclaimed choreographer, teacher and producer Jamie Nichols, presents top dance companies from Southern California performing site-specific work in non-traditional

performance spaces around Brand Library. The Dance Series is sponsored by the Brand Associates. Performances begin at 5 p.m.

On Saturday, May 11 enjoy Bodies in Play, an LA-based performance collective founded by Andrew Pearson in 2017. Bodies in Play is a platform to interrogate existing models for producing dance and performance. The group creates melodramatic plays in which their bodies further the narrative through dance and movement. Catered to the socially conscious and playfully minded, their work is best viewed through a lens just queer of center, disarming audiences with pop theatricality and inviting a challenge to conformity. The company works with an ever-expanding and rotating roster of artists including dancers, actors, musicians, and designers.

At Brand, the collective will be presenting work developed collectively by Lisa Bierman, Darby Epperson, Cristina Florez, Celine Kiner, Andrew Pearson, Tiffany Sweat, Daurin Tavares, Rachel Whiting and Sadie Yarrington.

BodiesinPlay.com

The performances are free and open to the public. Seating is limited. An accessible entrance and limited free parking is located on the east side of the building; ride-share is encouraged.

For information, contact (818) 548-2051 or info@ BrandLibrary.org.

rious Ride Fast & Fu

Universal Studios Hollywood announces its first-ever, highspeed outdoor roller coaster "Fast & Furious: Hollywood Drift" will join the theme park family in 2026.

The dynamic new thrill ride, themed to Universal Pictures' blockbuster film saga, "Fast & Furious," will elevate the guest experience with innovative and technological achievements never previously employed in a roller coaster.

The state-of-the-art ride system is being uniquely designed to guests within the immerse high-speed "Fast & Furious" universe. Highlights will include groundbreaking 360-degree rotation of the individual ride vehicles as they rocket along an elaborate track meticulously constructed with sound reduction technology for a breathtaking, superior experience.

attributions will create a seamless sensation of drifting cars as guests spin in motion at furiously fast speeds.

"As a premier entertainment theme park destination with a rich history in immersing guests in incredible rides based on today's most inspiring movie, television and gaming properties, we are excited to introduce our very first, high-speed outdoor roller coaster," said Scott Strobl, Executive Vice President & General Manager, Universal Studios Hollywood. "As Universal Studios Hollywood continues to evolve, the arrival of 'Fast & Furious: Hollywood Drift' will be a powerful game changer that will infuse a new level of thrill into our already dynamic theme park, and we look forward to welcoming guests when it races onto the scene in 2026."

Drift" will be located on the Upper Lot of Universal Studios Hollywood. Guests will queue up within a large, red brick, garagestyle structure before settling into the ride vehicles, modeled after several authentic cars featured in the films, and catapulting along an aerial track that winds its way over parts of the theme park.

The "Fast & Furious: Hollywood Drift" roller coaster will benefit Destinations Universal decades-long Experiences' expertise in revolutionizing the development of contemporary roller coaster across its global theme parks.

The new roller coaster will become a marquee ride alongside the theme Studio park's signature attraction, which commemorates 60-years of moviemaking magic this

vear. Since 1964, the Studio Tour has offered guests a front row seat to filmmaking magic on an authentic movie and television production studio backlot for an exclusive peek at original film sets that include Jupiter's Claim from Jordan Peele's NOPE and Courthouse Square from the Back to the Future films, as well as such experiential attractions as "King Kong 360-3D," and the eerily realistic "Earthquake—The Big One" simulated natural disaster attraction.

saga is a phenomenon. For more than twenty years, the franchise has stoked passion in an everexpanding audience and has earned more than \$7 billion at the worldwide box office. Universal Pictures' record-smashing, homegrown "Fast & Furious" films have become the studio's mostprofitable and longest-running franchise. Across social media platforms, the fan following for the movies and cast has grown into the biggest of any active franchise.



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Now: Bluefish restaurant occupies the building today at 2261/2263 Honolulu. Bluefish has a Japanese/Pacific fusion menu, and features sidewalk dining. The vertical concrete ridges on either side of the building that were a feature of the old A & P market are still

RELIGION

IGION SERVICE

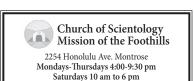
Center for Spiritual Living - La Crescenta

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WORSHIP Sunday 10am

Childcare and Sunday School offered at 10 am.

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www.cvumc.org

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www.glcmslc.org Sunday Adult Bible Study: 9AM Sunday service: 10AM

Wednesday Bible Study: 7PM



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WORSHIP SERVICE SUNDAYS @ 10AM

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Light on the Corner Church



Pastor Jon Karn 1911 Waltonia Drive Montrose (818) 249-4806

SUNDAY SERVICES 10:45 a.m. www.lightonthecorner.org



Sunday Worship at 10:00 a.m.

LA CAÑADA CONGREGATIONAL CHURCH CHURCH OF THE LIGHTED WINDOW AN OPEN AND AFFIRMING CONGREGATI

La Cañada Congregational Church is the oldest church in the Crescenta Valley. For over 125 years, we have been shaped by the stories our community and the story of God. We invite you to join us in writing the future of our community!

1200 Foothill Blvd, La Cañada Flintridge (parking lots on Footbill or Verdugo, www.lacanadachurch.org



1700 Foothill Blvd. La Cañada Flintridge



<u>WORSHIP WITH US!</u>

In Person and on YouTube Sundays at 10 AM Services available on our website during the week. PASTOR RICK HALL

www.lcifoothills.org / 818-790-1951



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Sundays
Gathering 9:30AM
Worship 10:00AM
Domingo Misa en Español a las 12:00PM
Sunday School and Child Care All are Welcome 2563 Foothill Blvd, La Crescenta

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www.molc.org

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818-248-3639 http://stlukeslacrescenta.org/

SPIRITUALLY SPEAKING SPIRITUALLY SPEAKING PARTICIPANTS

Rev. Jon Karn of Light on the Corner Church; Rev. Kimberlie Zakarian of Holy House Ministries; Anthony Kelson RScP, Laney Clevenger-White, RScP, and Rev. Dr. Beverly Craig of Center for Spiritual Living-La Crescenta; Rabbi Janet Bieber; Carolyn Young; Sharon Weisman; Rev. Mary Morgan, Redondo Beach Center for Spiritual Living; Rev. Dabney Beck, International Church of the Foursquare Gospel; Lucinda Guarino; Rev. Karin Ellis, La Cañada United Methodist Church; Rev. Sherri James, UP Church; The Rev. C. L. "Skip" Lindeman, Upland Christian Church; Rev. Rob Holman, St. Luke's Anglican

Church; Rev. Sharri Johnson, One Heart Retreat Center; Martin Barrett, Unitarian Universalist Church of the Verdugo Hills; Pastor Bill Flanders Emeritus, Steve Johnson, Pastor Emeritus, Pastor Larry Maib Emeritus, Highlands Church La Crescenta; Rev. Valerie Reeves, Staff Minister, Redondo

Beach Center for Spiritual Living

Responses are offered from the perspective of individual Spiritually Speaking respondents, which may or may not be in agreement with other respondents of Spiritually Speaking nor the editor and staff of the Crescenta Valley Weekly.

Dear Spirit Speaks,

I am an older woman that was married for years, but my husband passed away several years ago. I have two children, but I am not close to them. They both live quite a distance from me and while they check in every now and then, they rarely spend time with me.

I am finding that I just don't have the friendships that I used to have because many of my friends have passed away. It has become abundantly clear to me that I am lonely. I don't have my husband to talk to or cuddle with, my family doesn't have much to do with me, and I rarely get out or have a chance to talk with anyone.

I can see that my feelings are affecting my health, and I just don't $have the \, energy \, that \, I \, used \, to \, because$ Ifeel so sad all the time. I could really use your advice about what to do to get over my loneliness.

Sincerely,

Dear Spirit Speaks,

I happen to be a clergy person, so what I have to say may seem obvious. Have you thought about going to church? If you already do, ask the pastor for an appointment to talk about what you're feeling. Also, have you let your kids in on what you are feeling? They may live a long way away, but they should still be told that Mom is not in a good way right now. If you don't want to go to church, have you thought about volunteering? Every time I'm at the blood bank I Volunteer to help others. There are see people who are volunteering their groups that welcome volunteers. Life's Goodness. We human beings are meant to be find one that resonates with you. with each other, and you need to try.

mine: "If people complain about not wanting to associate with hypocrites, we always have room for one more!" Sincerely,

> C. L. "Skip" Lindeman, Minister Upland Christian Church (Disciples of Christ)

Dear Lonely,

I can understand your loneliness with your husband passing away several years ago, not being close to your children, and no new friendships. And you are correct that your feelings affect your health. It seems like you could be in depression, which is understandable. You've been through a lot, with no close support.

You did not mention if you did grief counseling, which is so important and valuable when you lose someone. And you have not said if you have seen your doctor.

May I suggest that you do see a doctor for a physical? He could Lonely prescribe some medication for depression, just to get you started on the road to recovery until you are feeling better mentally. Or check the health stores for natural remedies. In the meantime, check out a local grief support groups to also help you deal with your grief. You'll find that you are not alone in your feelings; it's a safe place to share and meet others who have gone through what you are going through. You'll find that you never get over your loss, but you learn that you can get through it. Look for a local women's group to check out. time. Whatever you do, reach out. Check out local churches until you

Being with others is so important Finally, just in case you think church and healthy for your emotional and is filled with hypocrites, remember mental health. Statistics show that

this from an older minister friend of being part of a relatable group helps you live longer and happier.

Your imagination is also valuable. Imagine what your life would be like with friends around you, caring and loving you. See yourself socializing, going go events, perhaps having people over, volunteering and helping others, invite someone to join you to go shopping, to go to lunch, to go to an event. If that seems scary, start slow and take it a day, a moment at a time, until it becomes a healthy habit. Keep breathing through it all. A good breath can help you get over any nervousness or discomfort.

When you are with people, others that you connect to, you are with God. And God did not intend for us to be unhappy and lonely, but to enjoy life. I know it doesn't feel like it, but within you is a source of life that is whole, peaceful, joyful, and loving and powerful. And you can find strength and comfort. Finding a spiritual connection through a church, a gathering of like-minded people can change your life. You will realize that you are really never alone, for God is right where you are, surrounding you in love. Allow yourself to feel that and to believe that. You might be surprised with what you can attract to yourself and into your life.

A day at a time, a smile shared with someone, an 'I love mySelf' and 'I AM worthy of friendship and love', can start a change in your life for the better. And you have the choice and the power to engage in that. I believe

Sending love and blessings for all

Laney Clevenger White, RScP **Emeritus** Center for Spiritual Living - La

Crescenta

LUTHERAN CHURCH TO HOST **BLOOD DRIVE**

Lutheran Church in the Foothills (LCIF) is encouraging the community to donate blood and help save lives. LCIF will hold a blood drive on Thursday, May 23 from 10 a.m. to 4 p.m. in the church's Fellowship Hall. This will be the church's 13th blood drive for the American Red Cross. To date, LCIF's blood drives have collected 292 units from more than 300 donors. The need for blood remains urgent.

According to the American Red Cross, every two seconds someone in the US needs blood and/or platelets. Supply can't always

meet demand because only about 3% of age-eligible people donate blood yearly. Each new donor helps the Red Cross meet patient needs. Those who would like to donate at the blood drive can make an appointment at redcrossblood.

LCIF would like to remind the community of activities that are open to all this spring and summer: Bible study groups, knitting, quilting, opportunities to learn live-streaming media production, and more.

Sunday worship service with Pastor Rick Hall is held at 10 a.m., in person and online.

details, including small group gatherings and opportunities to serve. For more information or to request/offer help, email office@ lcifoothills.org, or call (818) 790-1951. The church is located at 1700 Foothill Blvd in La Cañada Flintridge. Office Hours are 9 AM to 1 PM Monday through Friday.

LUTHERAN CHURCH OPENS ONLINE VBS REGISTRATION

Lutheran Church in the Foothills has opened on-line registration is open for its upcoming Vacation Bible School. This year's VBS will be held June 17 through the 21st from 9 a.m.-Visit lcifoothills.org for event noon for children ages 4 through

6th grade. The cost is \$35 for one child, or \$25 each for two or more children. Local students in grades 7-12 interested in volunteering for for the event can register online as well. Service hours are available. According to the church, this year's VBS will include singing and skits, crafts, games and lots of fun, all centered on learning about Jesus and exploring faith.

Visit lcifoothills.org to register. Any questions can be emailed to office@lcifoothills.org, or call (818) 790-1951. The church is located at 1700 Foothill Blvd in La Cañada Flintridge. Office hours are 9 AM to 1 PM Monday through Friday.

YOUR RELIGION **SERVICE DIRECTORY** AD HERE!

Call (818) 248-2740

WWW.CVWEEKLY.COM

JUST FOR FUN

CALENDAR this

COMMUNITY CENTER OF LA CAÑADA FLINTRIDGE SPRING CERAMIC SALE

Saturday, May Flintridge is located at 4469 Chevy Chase Drive, La Cañada Flintridge.

SLEEP WORKSHOP SATURDAY, MAY 18

Two classes:

- For Expecting Parents & Parents with Newborns up to 12 months old: 10 a.m.-11a.m.
- For Parents with Toddlers up to 4 years old: 11:30a.m.-12:30p.m.

Kelly Luculano is a Certified Pediatric Sleep Consultant who works with Expecting Parents, RENAISSANCE PLEASURE Newborns, and toddlers. She helps and guides parents in the world of as walking parents hand in hand ones sleep.

BENITA BIKE'S DANCEART IN LA CRESCENTA

Benita Bike's DanceArt, LA's 11, the chamber modern dance company, Community Center of La Cañada ends its '23-'24 season of dance with an outreach dance performance at the La Crescenta Library, 2809 Foothill Blvd., on Saturday, May 18 at 2 p.m. This is a free performance and reservations are not required. This performance is supported in part by the Los Angeles County Board of Supervisors through the Dept. of Arts and Culture and the Friends of the La Crescenta Library. Call (818) 470-5734 for further information.

www.danceart.org/performances

FAIRE

The original Renaissance Faire Sleep teaching. Helping parents to returns to Irwindale at the Santa learn healthy sleep habits as well Fe Dam Recreation Area Saturdays and Sundays now through May through the journey of their little 19 from 10 a.m. - 7 p.m. at 15501 E. Arrow Highway in Irwindale. Service animals welcome but no pets

sheathed and peace-tied.

More info available at (626) 969-

CCLCF HOSTS UPCOMING FREE EVENTS

On Saturday, May 25 from 6 p.m. to 9 p.m. CCLCF is having a family bingo night and ice cream sundae bar (ice cream provided by Handel's) sponsored by Engel & Völkers/Carrie Grochow. The cost is \$20 for adults and \$10 for kids.

Community Center of La Cañada Flintridge is located at 4469 Chevy Chase Drive in La Cañada Flintridge.

FRITZ COLEMAN RETURNS TO SOLO COMEDY

Legendary comic Fritz Coleman is performing a series of shows at the El Portal Theatre from his latest solo comedy show "Unassisted Living," now airing on Tubi.

Coleman will be at the El Portal Theater, 5269 Lankershim Blvd.

5.9.24

allowed. Costume weapons must be in North Hollywood, on May 26 at 3 p.m. Additional shows have been added on June 23, July 21 and Aug. 18. Tickets are \$35 and \$45.

> https://www.elportaltheatre. com/fritzcoleman.html

DANCING AS EXERCISE

Dancing As Exercise is a free ongoing weekly event sponsored by the Los Angeles County Park program for seniors (50 plus) as a form of staying healthy.

There is live music every

Wednesday from 10 a.m. to noon in the Park's building at 3901 Dunsmore Ave. in La Crescenta.

Light refreshments and water are provided along with socialization and information about other park

Dancing, per se, is not required; single persons are welcome.

CANASTA IS CALLING

Canasta - an activity that will brighten your day with fun and

see JUST FOR FUN on page 17

WEEKLY HOROSCOPES

Provided by horoscope.com

May 6, 2024 - May 12, 2024

ARIES March 21 - April 19

Some will still be coping with the stresses of changes you didn't start and may not welcome. This is a "when life hands you lemons, make lemonade" scenario. The seeds of something better are actually all around you. The time is lucky for applying for a new job or improving your status in the eyes of your boss. You'll feel most settled when work friends and interesting people make the time pass quickly.

TAURUS April 20 - May 20

The energy now supports better communication to make you more effective with customers and coworkers. Be sure you don't dominate someone more reserved. He or she may have something to contribute, too. If you aren't feeling appreciated, this is the most positive time to network with others and even apply for a new or better job. Continue to be patient and focus on what is working rather than feel angry or upset about what is not.

★★ GEMINI May 21 - June 20

While you may not be the flashiest person, your perfectionist tendencies will help you be the best sort of team player. Stress is possible between forces that want to micromanage and forces that want to work independently. Mutual respect for the other's ability will be necessary in order to get along. An unexpected event can introduce innovative methods and technological advances. Take time to thoroughly learn any new machine or method. Sales and marketing efforts can be successful.

CANCER June 21 - July 22

There could be some communication difficulties now. There could be problems with people who seem domineering and unwilling to find the middle ground. Certain ideas or approaches could seem unfair or threaten your pride. It's best to choose the people and situations that support your interests, and things will begin to improve. This is a good time to build positive customer relationships.

LEO July 23 - August 22

You may have to be especially careful not to fall into an unnecessary conflict now. If you try to be the boss in a situation where it isn't called for, you may run into enormous resistance. The energy supports careful and serious focus to meet long-term goals. A good friend at work can be especially helpful. Do your best to keep personal and professional issues separate.

VIRGO August 23 - Sept. 22

This continues to be a very positive time for improving your position or gaining additional training. Networking with people outside your workplace can be especially enjoyable. There is the possibility of finding a collaborative project that seems great at first until certain limitations or ego conflicts emerge. Working independently is your best choice now. It may be necessary to take extra time to do something you already know well. Do your best to keep critical opinions to yourself.

LIBRA Sept. 23 - Oct. 22

The energy supports slow growth and long-term plans. Get as much done as possible. After a while, the energy will be more unsettled, although you could enjoy helpful feedback from very original or creative types. Power struggles in the workplace can be distracting. Stay out of emotionally charged drama as much as possible, and avoid taking sides. You may be able to bridge a gap between groups representing different but possibly compatible interests.

≪ SCORPIO Oct. 23 - Nov. 21

You will have a strong influence on other people's thinking now. It's especially important to be upbeat and supportive. Other people, in turn, can make dull or repetitive work more interesting. Business partnerships and social mixers to improve customer relations can be very satisfying. If you're on your feet a lot, consider getting better footwear. This is a positive time to sharpen your presentation in any area. This could mean reports or just looking your best.

SAGITTARIUS Nov. 22 - Dec. 21 Don't feel sorry for yourself or others now. The energy is positive. If you believe it's possible, you can develop useful connections or ease any stress around the workplace. This is the best time to ask any questions you need answered by management. Extra effort will be satisfying and free up time to focus on other things later. This time begins a month of easier contact with others.

A CAPRICORN Dec. 22 - Jan. 19

This may be the best time for finding a new job or upgrading your current position. If you want to make a good impression, swallow any fears or concerns and be your most confident self. You can support anyone who is interested in doing a better job now. Helping co-workers can be particularly enjoyable. It will be very important to have clearly defined roles. Friendly competition can make you more effective.

📤 AQUARIUS Jan. 20 - Feb. 18 If you're looking for a new or better

job, this period can bring news that will steer you in the right direction. You or someone supervising you could become particularly bossy. Be patient with anyone around you who is in a bad mood. He or she may be having troubles you don't know about. Customer contacts should be pleasant and profitable. Don't procrastinate on something you know is important even if it isn't your favorite thing.

PISCES Feb. 19 - March 20

This is the strongest time for any new start, including applying for a new or better job. Time should fly with pleasant and effective communication between co-workers and customers. A co-worker can lead you astray later now. Don't duck commitments. It could be easy to blow off work in place of something more interesting. This can be a pleasant time with work friends in a calm, cheerful, and supportive mood.



FreeDailyCrosswords.com

ACROSS

- 1) Plant used as a ground cover
- 6) Genealogist's map 10) Small pooches, briefly
- 14) Significant
- 15) Redundant exclamation
- 16) Rapper on "Law & Order: SVU"
- 17) Solo at a recital 19) Worst possible score
- 20) "Cross my heart!"
- 21) Match, as a bet 22) Director Snyder
- 23) Chicago paper, familiarly 25) Vast area
- 27) Plastic pipe material
- 30) Catch, in a way
- 32) Tyrolean peak 33) Basketball player, informally
- 36) Horse that hasn't won
- 40) Set of morals
- 41) Tour transportation

- 43) "Wow!"
- 44) Entered
- 46) Texas flag symbol
- 48) Money-managing exec
- 49) Former NBA star Ming
- 50) Arboreal street name
- 51) Greet casually 55) Ready to pluck
- 58) Support, with "up"
- 59) Air quality org.
- 61) Discriminatory, in a way
- 65) Mischief-making Norse god
- 66) "Well, aren't you the perfectionist!"
- 68) "You asleep?" response 69) Year, on monuments
- 70) Not fancy at all
- 71) Like a broken bronc
- 72) Like one end of many pools
- 73) "Fiddler on the Roof" matchmaker

PI ARE SQUARED By Victor Fleming

DOWN

- 1) Arizona tribe
- Redding of R&B
- Irwin or George Bernard
- 4) Religious principle
- 5) Loud, like a crowd
- "More than I want to hear!"
- Some deli loaves Show host
- 9) Driver's license requirement
- 10) Domino's deliveries
- 11) Neptune's realm 12) Cougars or Bobcats, to auto buffs
- 13) Feed, as a furnace
- 18) Computer command under "File" 24) Telly watchers' network, with "the"
- 26) Cessna or Lear product
- 27) "That was close!"
- 28) Say "yea," say
- 29) Red Scare lawyer Roy
- 31) Word in a letter sign-off
- 34) A choirmaster may toot one
- 35) "Star Trek" genre 37) Go out with
- 38) "And others," briefly
- 39) Expected outcome 42) Do some parasailing
- 45) Place to jot things down 47) See 5-Down
- 51) Banana concoction 52) Enticing emanation 53) Li'l Abner's surname
- 54) State one's views
- 56) Full of vim and vigor 57) Napoleon on Elba
- 60) Oily skin can cause it 62) Self-confident words
- 63) Burlesque bit 64) Daly of "Cagney & Lacey"
- 67) Keystone lawman

see ANSWERS on page 4

www.cvweekly.com

PROBLEM SOLVED » BY CHRISTOPHER ELLIOTT

Help! My GE appliances are all malfunctioning at once!

None of Jacquelyn Smith's appliances work properly. Repeated visits by GE technicians have failed to fix the problems. What can she do?

I ordered GE appliances during the pandemic, including a new range, refrigerator, and dishwasher. GE delivered them in February 2022.

The range and refrigerator have malfunctioned f rom day one. The refrigerator froze food no matter what setting. The range consistently burned and boiled food one notch above "low."

I had three visits by GE technicians for the fridge in the first five months, and they replaced various parts. But now the compressor on the fridge isn't working.

I've sent in 15 videos about the

malfunctioning stovetop. I have had six visits by techs to address the nonexistent calibration.

I would appreciate a full refund or replacement with similar appliances that actually work as they should. Can you help? -

- Jacquelyn Smith, Califon, N.J.

: It's unusual for one appliance to break down on the first day. But two appliances? That's got to be a first.

What went wrong? I think GE would like to blame this on the pandemic. You ordered these appliances during the lockdown. It took months to deliver them. It's possible that there were production issues that caused your appliances

to fail.

While GE has a standard one-year warranty for most of its appliances, it also has an implied warranty. It's not something written in a contract, but it's an implicit promise that your appliance will work as advertised. I have more on implied warranties in my guide to getting your appliance fixed, published on my consumer site, Elliott.org.

It looks like you followed all the steps to what should have been a successful resolution. You contacted GE through its customer service department. It sent a technician. That didn't work, so it sent another technician. And the process

repeated itself several times until it became clear that the only solution was replacing all of your appliances or refunding you.

In my experience, manufacturers are slow to get to that point. That's because replacing an appliance is a big decision that drags down a company's profits. For an appliance manufacturer, it is the last resort.

You shared compelling evidence with GE that its appliances didn't work, including videos and photos. By the way, good work keeping such detailed records. Most customers would have just demanded a refund with no evidence to support their request. You had the goods.

Abrief, polite email to one of the GE executives might have spurred the company into fixing this. I list the names, numbers and email addresses of the GE executives on my consumer advocacy site, Elliott. org.

I contacted GE on your behalf. GE agreed to replace your appliances at no cost to you.

Christopher Elliott is the founder of Elliott Advocacy (https://elliottadvocacy.org), a nonprofit organization that helps consumers solve their problems. Email him at chris@elliott.org or get help by contacting him at

https://elliottadvocacy.org/help/ © 2023 Christopher Elliott.

 ${\it CALENDAR\ THIS\ from\ previous\ page}$

relaxation. Those who have not played before — don't worry; we will teach you! Come on Tuesday afternoons to play canasta from 1:30 p.m. to 4:30 p.m. at the Montrose Library, 2465 Honolulu Ave. in Montrose (818) 548-2048.

TICKETS AVAILABLE FOR PASADENA SHOWCASE HOUSE OF DESIGN

Home and garden tours for the 2024 Pasadena Showcase House of Design continues through May 19.

This year's estate, Potter Daniels Manor, is an exceptional piece of Pasadena history.

Tickets start at \$50 per person and guests can select their preferred day and time to tour the home and gardens. Tickets can be purchased online at pasadenashowcase.org/ tickets.

Additional events at the property include The Shops at Showcase, which features a collection of boutique and artisan merchants; a selection of eateries from full-service to grab-and-go items; beer, wine and cocktails are also available for purchase on the premises; select days will showcase local musicians, docent-led garden tours, signature brunches and more.

CANCER SUPPORT GROUP HOSTS ANNUAL GALA

Cancer Support Community Greater San Gabriel Valley (Cancer Support Community) announced its 34th annual Angel Gala. This year's theme is "Dapper Derby Soiree" and will be held on Sunday, May 19 from 4 p.m. to 10 p.m. at Santa Anita Park.

The evening includes a VIP race and reception in honor of CSC and honorees Tom and Karen Capehart, followed by a speakeasy cocktail reception, awards presentation, live and silent auctions, a can't-miss raffle full of unique prizes and dinner and dancing.

Tickets are \$325 each; to purchase tickets, visit cancer support.link/angelgala 2024.

GDA/TLC HOSTING OPEN HOUSE

Guide Dogs of America/Tender Loving Canines (GDA/TLC) presents the 2024 open house titled "Happy

You can read more at CVWeekly.com/CALENDARTHIS



Leading cardiology with heart.

Top-ranked cardiac care in Glendale.

Your heart might be something you've always taken for granted. But it's the whole reason we're here. Glendale Memorial Hospital and Health Center has earned some of health care's top cardiovascular rankings, bringing not only clinical expertise, but a passion to heal. We are renowned for our advanced diagnostic and treatment options, including our new state-of-the-art Cath Lab, supported by rehabilitation services that help get patients back to feeling their best. From routine checkups to lifesaving procedures, our team has the expertise and the dedication to care for your heart—and the person around it. Learn more about our comprehensive services at dignityhealth.org/glendale/heart or by scanning here:



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LEGALS

NOTICE OF NAME CHANGE

ORDER TO SHOW CAUSE FOR CHANGE OF NAME: DOMINIQUE GERALDA PIERRE-VIL. Case number 24VECP00124. Superior Court of California, Van Nuys Courthouse East, 6230 Sylmar Ave. Van Nuys, CA 91401 To all interested persons: 1. Petitioner DOMINIQUE GERALDA PIERRE-VIL filed a petition with this court for a decree changing names as follows: a. Present Name: DOMINIQUE GERALDA PIERRE-VIL to Proposed Name: DOMINIQUE GERALDA PETITFRERE THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. NOTICE OF HEARING a. Date: JULY 18, 2024, Time: 9:00 AM Dept.: 107 Room: 107. b. The address of the court is same as noted above. A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Published Crescenta Valley Weekly May 9, 16, 23, 30, 2024.

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