

CRESCENTA VALLEY WEEKLY

THE FOOTHILLS' COMMUNITY NEWSPAPER



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Together Forged During Solidarity Week

By Mikaela STONE

"We're here, we're queer, we're peers, let's cheer!" was the rallying cry of LGBTQ+ students and straight allies during Crescenta Valley High School's Solidarity Week. In a show of support for their othered peers, the student-run Gay Straight Alliance decorated the CV quad with positive chalk messages and offered face painting and friendship bracelets on the school's outdoor rally platform.

This year, the GSA chose "queer joy" to be the theme of Solidarity Week. Much discussion surrounding LGBTQ+ youths is grim – more than one in 10 LGBTQ+ youths attempted suicide last year, as reported in a 2024 U.S. survey by the Trevor Project Foundation. However, the survey also reported that living in an accepting community lowered this number by over half. By taking the time to celebrate queer joy, CVHS took a vital step toward being such a community.

One joy of being a part of the LGBTQ+ demographic is the way in which members of the community came together to support one another. The CVHS GSA shared an ongoing partnership with the Los Angeles LGBT Center. Each month the center's community action program supervisor Yvette Topete meets with the GSA to teach leadership skills and give advice. The LGBT Center offers support programs, including employment services and social events for senior community members such as the senior prom, and cooks 425 meals a day for those in need.

To celebrate Solidarity Week, Topete hosted a presentation on the school campus in the Wellnest on allyship and understanding identity. As always, students were encouraged to engage only as much as they felt comfortable.

First, Topete went over the specific rights of LGBTQ+ students in California.

see SOLIDARITY on page 5

Getting Ready for a Parade

By Mary O'KEEFE

After months of preparation, the Montrose Christmas Parade Association is ready to welcome the crowds to Honolulu Avenue.

It's time again for the Montrose Christmas Parade, an event that has been months in the making. Organizers of the Montrose Christmas Parade Association, all volunteers, have been working for a very long time on pulling together this massive event.

This is the 46th year of the Montrose Christmas Parade, which started in the 1950s when MGM actor and Crescenta Valley resident Dennis Morgan marched down Honolulu Avenue on Dec. 20 to celebrate the holiday ... and his birthday. But when Mr. Morgan moved out of the area, the annual parade ended. But the event returned in 1976 thanks to Montrose Shopping Park merchant Frank Roberts, who

File photo
Honolulu Avenue will be full of lights and people turning out for the annual Montrose Christmas Parade.



was also known at the time as "Mr. Montrose." Roberts is known as the founder of this present day parade.

It takes a lot of volunteer hours and a lot of coordinating to put on the event, this year being held on Dec. 7. Each year there are a few changes incorporated but the parade has never forgotten its family-

friendly community roots.

"This year the Scouting America - Verdugo Hills Council is partnering with the Montrose Christmas Parade to provide additional volunteers for banner carriers," said Cheryl Davis, parade coordinator. "The Parade Association is also supporting the Glendale Fire De-

partment (GFD) and ABC7 Spark of Love Toy Drive. The GFD's antique Mack truck will be on Ocean View Boulevard, just above Honolulu Avenue, before and during the parade to collect new, unwrapped toys and sports equipment for our children in need."

see PARADE on page 8

» ROCKHAVEN: PART II

The City Wants to 'Move Forward' with Planning Future of Historic Property

By Mary O'KEEFE

"We just want to keep moving forward, keep it moving and keep it on track," said Bradley Calvert, director of community development City of Glendale, about the Rockhaven Sanitarium property. The historical landmark in Montrose/Glendale was for about a century a place for women to feel safe as they were treated for mental health issues.

Since the City of Glendale purchased Rockhaven in 2008, the property has been in a seemingly never-ending battle for survival and for a decision from the City as to what exactly was to be done with the property.

Friends of Rockhaven is a non-profit organization that is

dedicated to protecting historical Rockhaven. Over a year ago it filed a lawsuit against the City for what its members felt was inaction with the property and allowing its maintenance to lapse. Friends of Rockhaven, as well as other organizations, feared Rockhaven was a victim of "demolition by neglect." This term refers to a property owner allowing a historic site to reach a state of deterioration that leaves no choice but to demolish. The City Council denied it was allowing this to happen.

Recently the two parties came to an agreement and the lawsuit was concluded. Calvert did not comment on the lawsuit itself stating that his department's job was to move forward with planning Rockhaven's future.

see ROCKHAVEN on page 8



File photo
Bradley Calvert with the City of Glendale said while some decisions need to be made regarding the historic property there is excitement to see a vision for the property.



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» FROM THE DESK OF THE PUBLISHER

A Heart of Gratitude

Thanksgiving should be a time of reflection (among other things). It is an opportunity to sit back and think about the many blessings we have been given this year.

Oh, I know – not everything was peachy this past year. Reflecting just on CV Weekly I can share that it was tough. The break-in that we suffered has had long-lasting effects – we’ll reach for something and it’s not there or we’ll discover something new that is missing and assume it was stolen.

But in true CV Weekly fashion, the community stepped up to help us out. We’ve had a ton of contributions to a GoFundMe page (<https://gofund.me/0f90b728>) set up by a CVW supporter as well as having received checks from folks who aren’t as comfortable going online to make a contribution. These funds are helping us rebuild the paper.

I’ll be honest, though: not everything is replaceable. For example, our office manager’s backpack was stolen. I can replace the iPad that was in it – but what about the ashes of her beloved pup Indiana who was a mainstay of our office? Her ashes were in that backpack and I can’t replace those.

And Mary O’Keefe had a computer bag stolen that dates back more than 30 years – another irreplaceable item.

I am very grateful the folks who work with me don’t blame me for anything. And my brain understands that no one should

blame me – after all, I was injured, too. But every time a check isn’t processed properly (checkbooks were stolen too) and my team is inconvenienced I feel it in my gut.

I think I need to take a deep breath and just be thankful that a) no one was hurt; b) the community is helping and c) no one is assigning blame (aside to the crud who stole our stuff).

Looking ahead, tomorrow (Friday) is the Plaid Friday celebration in Montrose. I’ve attended that for years, whether or not I wrote a story for the paper. The trolley, carolers and lighting of the Christmas tree all kick off a joyous holiday season.

And looking ahead in a couple of days I will be listening to KOST playing Christmas tunes on the radio. Yes, I know that in November KOST “flipped the switch” and is playing only holiday tunes; however, I think that it’s too easy as it is to fast forward through Thanksgiving and go right into Christmas.

After all, it’s important to quiet our minds and be thankful to those who make our life better – in my case, my family, my co-workers and my readers.

I’m grateful to them all.

Robin Goldsworthy is the publisher of the Crescenta Valley Weekly. She can be reached at robin@cvweekly.com or by calling (818) 248-2740.

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» WEATHER WATCH

Taking A Look Outside Our Window

By Mary O’KEEFE

Coast. Meteorologists referred to this system as bombogenesis.

“Atmospheric river” is a term we have been hearing for quite some time and now we have a new term to add to our weather vocabulary – “bomb cyclone.”

According to AP, a bomb cyclone is a term used by “weather enthusiasts” and what meteorologists term “bombogenesis.” That describes a midlatitude cyclone that rapidly intensifies over a 24-hour period.

“Bombogenesis can happen when a cold air mass collides with a warm air mass, such as air over warm ocean waters,” according to NOAA.

The reason we are hearing about bomb cyclones is because northern California and Washington State just got hit by one. The powerful bomb cyclone hit Washington State last week. It reportedly left two dead and knocked out power to about a half a million customers. The storm brought hurricane force winds, rain and mountain snow to Washington.

“The extreme weather left widespread damage, blanketed communities in white snow, caused chaos and closures on roads and knocked out power to hundreds of thousands in Washington in what Puget Sound Energy described as a ‘multiple day outage.’ As of 10 a.m. ET Thursday, there are over 320,000 customers without power in Washington,” according to PowerOutage.U.S as reported by NBC News.

This cyclone bomb system spanned from British Columbia to northwestern California.

This is a rare weather event; however, it has occurred in the past. In 2018 a large winter storm that spanned from the Carolinas into Nova Scotia hit the East

This type of system also happened in February 2013 when Winter Storm Nemo, which included thunder snow, was reported on Long Island near Cuttyhunk, Massachusetts. Bombogenesis also occurred in the Bering Sea in 2015 and in the northeastern and western U.S. in October 2021. And if you think this is a system that only affects coasts, note that from Oct. 25 to Oct. 27, 2010 there was a bombogenesis over land known as “octobomb” that impacted portions of the Plains and Midwest. All time record low barometric pressure readings were set in Minnesota and Wisconsin by this system, according to weather.com.

And if it weren’t enough for the Pacific Northwest to deal with this current bomb cyclone, it was followed by an atmospheric river. Residents were warned to get ready for the second of this weather one-two punch.

A NOAA satellite captured enhanced color imagery of a powerful mid-latitude cyclone and accompanying atmospheric river impacting northern California, the Pacific Northwest and British Columbia from Nov. 19 to 24, according to NOAA.

“The imagery shows the powerful low-pressure system swirling about 300 miles off the coast of Washington as it draws in a strong atmospheric river from across the Pacific Ocean,” according to NOAA.

As of Friday, northern California had seen over 10 inches of rain since the siege began; the Sonoma County Airport in Santa Rosa had seen the city’s heaviest rainfall in 122 years receiving almost 12 inches of rain.

see WEATHER on page 18

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Don't Miss Next Week's Q&A – Phyllis discusses “Understanding The Buyer's Brokerage Agreement”

NEWS

IN BRIEF

CV WEEKLY HOLIDAY OFFICE HOURS

The offices of CV Weekly will be closed on Thursday, Nov. 28 and Friday, Nov. 29 in observance of the Thanksgiving holiday.

CCLCF THANKSGIVING DAY 5K RUN/WALK

The Community Center of La Cañada Flintridge's Thanksgiving Day 5K Run/Walk returns today, Thursday, Nov. 28. The professionally timed race, now in its third decade, begins at 8:30 a.m. at Olberz Park, One Civic Center Drive in La Cañada Flintridge. Cash prizes will be given to the top three finishers in the men's and women's categories and winners in each age category will receive handmade ceramic medals. The kids' mile will be timed this year and will begin at 9:30 a.m. The top three finishers for boys and girls will receive trophies.

The race will feature a new route and a costume contest.

For more information visit CCLCF.org/run or call (818) 790-4353.

CITY OF LA CAÑADA FLINTRIDGE EMPHASIZES LEASH LAWS

The City of La Cañada Flintridge, in partnership with Pasadena Humane, is launching an initiative to educate residents about the City's leash laws and increase enforcement at Mayor's Discovery Park, where complaints about unleashed dogs have increased.

The City's leash laws require that all dogs be kept on a leash no longer than six feet in length and dogs must remain under full control of their owner or custodian while in public, including at City parks and on trails, or upon private property other than that of the dog owner.

Beginning in December, the City will increase the presence of animal control officers from Pasadena Humane at Mayor's Discovery Park. The primary goal is to educate park visitors about leash laws and promote responsible pet ownership. However, in cases of non-compliance, appropriate enforcement actions may be taken.

For more information on leash laws in La Cañada Flintridge, visit the City's animal control webpage.

STUDENT CERAMIC SALE AT GCC

Glendale Community College is having its semi-annual student ceramics sale on Saturday, Dec. 7 from 1 p.m. to 5 p.m. Food will also be available for purchase.

Free parking in Lot 8.

GCC is located at 1500 Verdugo Blvd. in Glendale

ELECTRIC CAR & BIKE GUEST DRIVE

The City of Glendale is having a test drive opportunity for e-bikes and EVs on Saturday, Dec. 7 from 10 a.m. to 4 p.m. at the Glendale City Hall parking lot, 120 N. Isabel St. in Glendale. Explore a wide variety of electric vehicles, including the Tesla Cybertruck, Hyundai Ioniq 5, Ford F-150 Lightning, Tesla Model Y. Also, test ride the latest electric bikes from top manufacturers.

Parking at 650 E. Wilson Ave. in Glendale.

RSVP to test drive an electric car at <https://gwp.evnavigator.com/evdrive.html>; no RSVP needed to test an electric bike.

Preparing for the Season of Giving

By Mary O'KEEFE

The holidays are upon us and that means we are inundated with advertisements on our phones, computers and televisions of "buy this/big sales." That is part of what the holidays have become over the years and we have all gotten used to it; but imagine that you are a parent who can't afford to put holiday food on the table let alone find funds to buy a tree or gifts for your kids. Or imagine being a child who just doesn't get a gift this year. It is that kind of scenario that so many in the CV community are working to change and, after all, isn't that what the season is about – giving and helping others? Thankfully local law enforcement and fire personnel agencies are working to make the holidays brighter for some underserved families.

Los Angeles County Sheriff's Dept. – Crescenta Valley Station:

Community members will notice donation barrels around town to collect items for the CV Sheriff Annual Toy and Food Drive. Local locations include Ralphs, 2675 Foothill Blvd. in La Crescenta, Bob Smith Toyota, 3333 Foothill Blvd., La Crescenta, Knight Insurance 1327 Foothill Blvd. in La Cañada Flintridge, YCMA of the Foothills, 1930 Foothill Blvd. in La Cañada Flintridge and at the CV Sheriff's Station, 4554 Briggs Ave. in La Crescenta. The Fire House youth center will also have a barrel.

Each year the deputies and volunteers at the CV Station reach out to local churches and schools to find those who may need a little help during this time of year.

This year they are putting the call out to the entire CV community asking anyone who knows someone who may need a little support to nominate them. The organizers will help as many people as they can, as long as supplies last, said Lisa Dutton, organizer and CV Sheriff volunteer.

So the number of those who can be helped is directly linked to the generosity of the community.

The local residents will be taken care of first and any items left over will be passed along on behalf of LASD to Spark of Love Toy Drive, so every item will be given to a family, she added.

How to Nominate:

Scan the QR code or visit <https://tinyurl.com/2dr9dm63> to fill out a brief questionnaire.

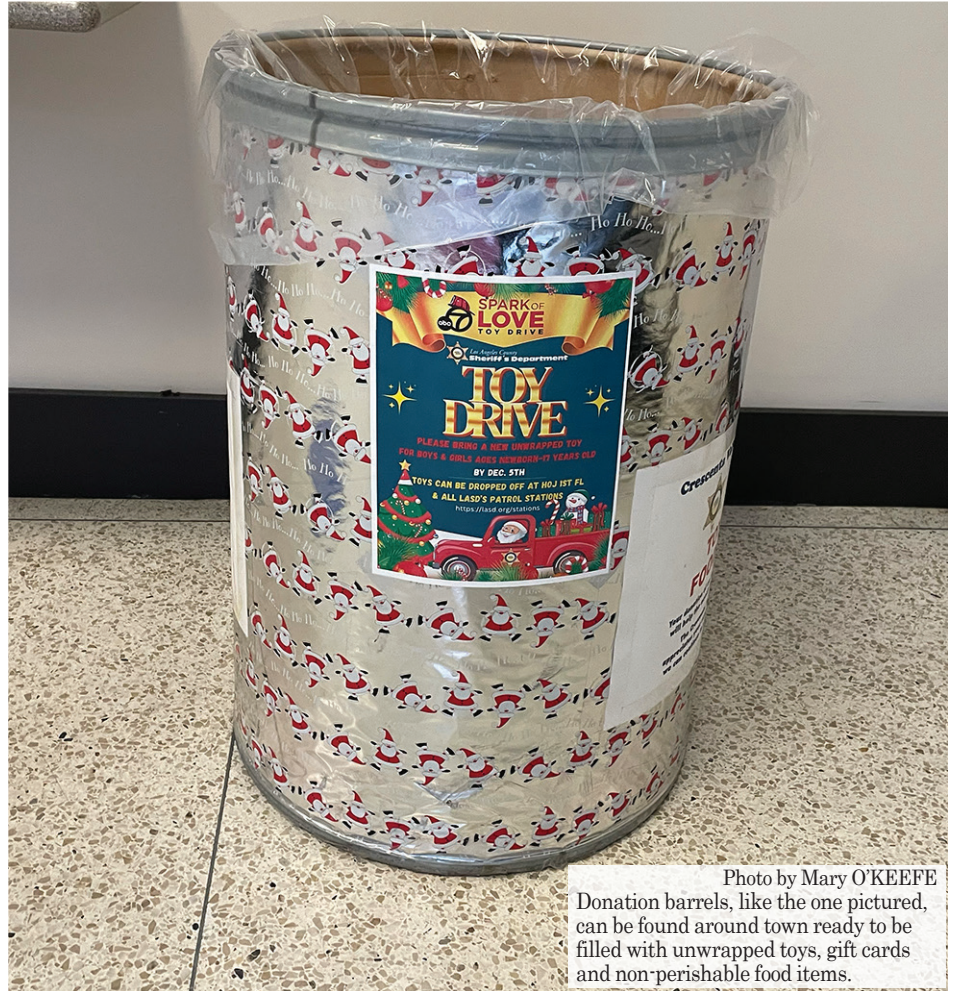


Photo by Mary O'KEEFE
Donation barrels, like the one pictured, can be found around town ready to be filled with unwrapped toys, gift cards and non-perishable food items.

For questions, contact Deputy Chun or Deputy Demerjian at (818) 236-4021.

A heartfelt "thank you" is extended to everyone who has already donated toys and food. "Your kindness and generosity make this possible. Together, let's spread joy to families in need," stated Sgt. John Gilbert.

Glendale Police Department:

Cops for Kids is an annual event that Glendale officers and staff have been participating in for decades.

Det. Jamilah Jabali has been the lead for the outreach for the past two years. She started out by emailing local schools and asking all principals and teachers to recommend a family they knew of who might need some extra help.

"We review applications and see if the applicants want to be [part of the outreach]," Jabali said.

The applications have already been gathered and reviewed. The names of those chosen applicants will be given to GPD officers and staff who want to "adopt a family."

On Dec. 5 the GPD officers distribute Christmas trees to the families; on Dec. 19 they gather at the

GPD community room and prepare the gifts for their sponsored family.

Those officers and staff members, some with their families, go to the houses of their adopted families and drop off the toys and other items.

Jabali and her family have a non-profit called Al Barro Foundation, an organization that supports thousands in several Central American countries as well as the greater Los Angeles area. The family's non-profit has adopted a family and is also sponsoring a family.

In another holiday outreach, Shop With a Cop, officers go with children and their families on a shopping day at Target in Glendale. This will take place on Dec. 12.

"Target has teamed up with us," Jabali said.

For this, Jabali reaches out to middle schools to find students who have done extraordinary things, like demonstrate acts of kindness and generosity. These students then get a chance to shop for themselves; however, more often than not these kids use their gift cards to shop for their siblings and parents.

see TOYS on page 18

ANSWERS for page 16

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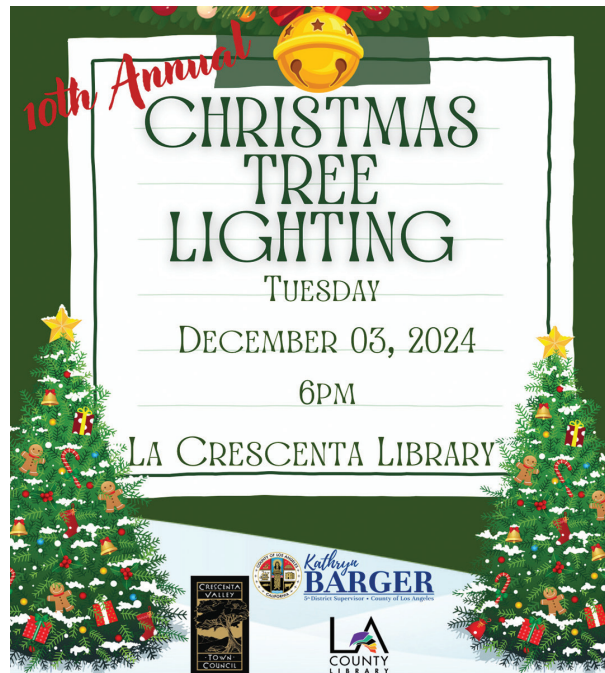
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CVTC Holds Last Meeting of the Year, Prepares for Tree Lighting Ceremony

By Mary O'KEEFE

10th Annual CHRISTMAS TREE LIGHTING
TUESDAY
DECEMBER 03, 2024
6PM
LA CRESCENTA LIBRARY



Crescenta Valley Town Council held its last meeting of 2024 on Thursday, Nov. 21. The newly elected Council members will be administered the oath of office in January 2025. When the election was held in early November there were six seats open – three regular positions and three alternate positions. Only three candidates signed up to run; two incumbents, Frida Baghdassarian and Dede Mueller, and one former Council member, Chris Kilpatrick.

At Thursday's meeting CVTC President Baghdassarian said the Council would explore appointing the three alternates in the future and invited anyone interested in being on the Council to contact CVTC. She and other members of the Council stressed that being part of CVTC does require a lot of time and that it is a volunteer position.

Although there will not be a CVTC meeting in December Council members will be on hand for the annual tree lighting ceremony at La Crescenta Library on Dec. 3 at 6 p.m.

This is the 10th year of the tree lighting at the library, 2809 Foothill Blvd. The location was chosen because the library is considered by many as being the center of the Crescenta Valley community.

Music in the courtyard in front of the library kicks off the event. There will be bubble snow (snope) and a photo backdrop so everyone is encouraged to bring their cameras.

Members of American Legion Post 288 will lead the audience in the Pledge of Allegiance.

Los Angeles County Supervisor Kathryn Barger, whose office is a sponsor of the event, will welcome everyone to the event, followed by the Tree Lighting Committee. This will be followed by Crescenta Valley High School Charismatics, the school's elite vocal group.

There will be hot cocoa and cookies for all inside the library.

SOLICARITY from Cover



Ingrid Gunnell, Daniella Torrecilla, Yvette Topete and Alicia Harris in the Wellnest

These include choosing “if, when, and how to come out,” the ability to live in accordance with one’s gender identity, “to date who you want,” “to form a student group” and to be called by the correct name and pronouns.

For allies, Topete offered students specific advice.

“[You] don’t have to know everything, but [you] have to have the willingness to be open to learning and be empathetic,” she said.

To illustrate varying forms of identity, Topete brought in a picture of the character SOGIE, the genderbread person. SOGIE is a cookie cutout marked with little icons to help better explain how biological sex, gender identity, gender expression and attraction differ. Everyone has a biological sex, gender identity and gender expression regardless of whether or not they are part of the LGBTQ+ community.

Topete taught that these four identities are distinct from one another as well as being self-defined. All of these identities exist on a spectrum, with some people identifying more strongly with certain ideas than others.

Gender identity is someone’s internal compass when it comes to gender. On SOGIE it is represented by the brain. This can be described as the gender of the mind, spirit or soul. Some people do not have a strong connection with gender at all or connect with both genders. In a 2021 analysis, UCLA reported that 1.2 million people in the U.S. identified with the term “non-binary.” While the idea of being non-binary may seem new, Crescenta Cañada Valley’s first residents, the Tongva people, considered “Two Spirit” community members to be blessed.

Gender expression is shown by a line that encompasses all of the genderbread person. Gender expression refers to how someone chooses to present themselves. Hairstyle, clothes and makeup are all forms of gender expression.

On SOGIE, attraction is represented by the heart. Topete used the term “crush” to explain that one’s attraction to others is not dictated by appearance or identity.

Biological sex is the gender assigned at birth, depicted on SOGIE by the Venus and Mars symbol for gender with an additional prong for people who are intersex. An intersex person

is someone with both male and female biological traits. The word intersex replaces the medically outdated and often derogatory term “hermaphrodite.”

Topete emphasized the importance of such language’s impact. While CV High School GSA students chose to announce “We’re queer!” many older LGBTQ+ community members still associate the word “queer” as being a slur.

Similarly, erecting pride flags has an impact on LGBTQ+ community members as a sign that a space is safe to be oneself. While many places put up pride flags during June and take them down as soon as the month is over, decorating year round with pride flags is a way to ensure that the community knows allies are present.

To affirm their commitment to solidarity, Crescenta Valley students signed tiny pride flags with their oath to be an ally. Alicia Harris, the teacher sponsor for the GSA, arrived to school early one Friday morning to place the flags on the school’s front lawn. As she began, a dog walker offered to help her set up. As the two talked, he revealed he was the father of a CVHS sophomore and alum and he could not wait to tell his graduated daughter about the flags. Harris described this interaction as “the best part of her week.” She saw championing the GSA as doing her part.

While Harris recognized she cannot control the wider world, she can help make CVHS a more accepting place.

Glendale Unified School District board member Ingrid Gunnell also came to the school to offer her support.

“It is important for our school board to support all students and employees,” she said.

GUSD is one of many districts subjected to misinformation campaigns accusing schools of teaching inappropriate material in classrooms or forcing LGBTQ identities onto students.

“[These campaigns] have taken a lot of human resources away from educating students and away from dealing with budgetary and administration issues to focus on false narratives,” she said. “[These narratives] put students at risk, not only from physical violence but from suicidal ideation.”

As Solidarity Week ended, teacher Alicia Harris said, “Sometimes when you talk about the LGBTQ experience, it’s all about suicide rates and fear, but with those kids it is all fun.”

While she believed the fight for acceptance of queer students is not over, seeing them dance on the rally platform, paint one another’s faces, and look out for their peers filled her with hope “queer joy will continue, regardless.”

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Obituary
Damian Willard Ryan



March 9, 1963 - Nov. 15, 2024

Damian Willard Ryan, beloved husband, father and friend, passed away on Friday,

Nov. 15 with his wife and children by his side.

Damian, a lifetime La Crescenta resident, was born on March 9, 1963 to James W. Ryan and Suzanne Alys Ryan. The youngest of five sons, Damian graduated from Crescenta Valley High School

in 1982 where he was known as the very good-looking guy with the polo shirts, signature blond hair and yellow 1970 El Camino. The life of the party and a friend to everyone, his classmates described him as the kindest, most genuine person of their class.

A man driven by an unmatched work ethic and desire to tackle the next project, So-Cal Heating and Air was Damian's passion and purpose because he loved what he did ... and he did it well. Beginning with servicing residential homes in the La Cañada area and an office out of his home, So-Cal expanded to 14 employees serving La Crescenta and the surrounding areas.

Damian loved a challenge and was always thinking of how to tackle the next one. Where some companies would say a project was impossible, Damian would find a way, having the skill and engineering ingenuity to create the perfect system for anyone. But more than his innovation for solving the unsolvable, So-Cal flourished because of the type of human being that Damian was. An individual of generosity and absolute integrity, customers

knew he would do right by them. Because of his immense integrity, he was confident in his choices and intentions. He knew his core values. He knew what was right. And that was his guiding force in all he did, professionally and privately. A testament to the quality of Damian's character, So-Cal never had to do any advertising as word-of-mouth from customers was more than sufficient. Customers included teachers of his alma mater to city permit officers.

He became best friends with his top competitors because it was just in his nature to be everyone's friend. He wanted anyone that he interacted with to feel important and that they mattered to him.

However, beyond any work project or friendship, Damian's penultimate project was his family. He met his wife and love of his life Rachel Ryan in 1996. And for better or worse, he never left her alone after that. He built their family home in 2001. And shortly thereafter in 2002 he experienced what he called the best day of his life when they found out they were pregnant with their first child, Dana Lee. He could not wait to have

another and their son Richie soon followed. Damian, the fun dad, often said that he could not be more proud of his children and that his most joyous moments were watching them on the soccer field or listening to them sing or play the piano. He felt it was his responsibility to always provide for them and accordingly made sure they had every resource they needed to grasp every opportunity before them.

This last week, as his body began to let go but his mind held on, he was able to spend a few precious days with his family by his side. Richie took his father for one last ride in his beloved El Camino. Dana sang one last song for him. On Friday, Nov. 15 at 5:55 a.m. all three held onto him as his spirit went home.

His funeral service will be Friday, Nov. 29 at 11 a.m. at Holy Redeemer Church, 2411 Montrose Ave. The burial will follow directly after at Forest Lawn of Glendale, 1712 S. Glendale Ave.

Damian would like it duly noted that he had to wait 10 days for his burial permit.

Even in death, those city permit guys still hold up the project.



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Glendale Police Investigators Arrest Two Suspects in Connection with the Stabbing of Three Glendale Men

After several days of investigative work, Glendale Police Homicide detectives have identified and arrested Vahe Gyurjinyan, 18, as the primary suspect responsible for the stabbing of three men on Nov. 17 in the City of Glendale.

Glendale police officers had responded to reports of multiple stabbings in the area of San Rafael Avenue and Dryden Street. They determined that a

fight had broken out between several men following a road rage incident. The three victims had received serious, but non-fatal, wounds resulting from the attack and were transported to a nearby hospital where they were treated.

Gyurjinyan, a Glendale resident, was arrested for charges related to the attack on Nov. 19. Earlier on Nov. 21 the Los Angeles County District Attorney's Office filed multiple

charges against Gyurjinyan, including attempted murder and assault with a deadly weapon. Gyurjinyan remains in custody awaiting his court date.

A juvenile male was also connected to the assault and was arrested on Nov. 21 for robbery charges. Homicide detectives have submitted the juvenile's case to the Los Angeles County District Attorney's Office and are awaiting a filing decision.

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PARADE from Cover

As is tradition, Santa Claus will allow his reindeer to rest as he hops into a Glendale Police Department (GPD) helicopter and flies over the parade route to get the event going. The Montrose Christmas Parade begins promptly at 6:10 p.m. on Dec. 7. Then Santa hurries from the helicopter onto a GFD Station 29 hook-and-ladder truck that ends the parade to the cheers of the crowd.

This year the grand marshals of the parade are Judy and Ralph Winter.

Judy was an RN for many years within the Glendale Unified School District, working at several schools including Crescenta Valley High School. Ralph is a well-known and respected producer in the film industry. His credits as a producer include numerous films including "Postcard from Earth" and "X-Men Origins: Wolverine." As an executive producer his numerous credits includes "Hocus Pocus 2," "What Remains" and "Star Trek IV: The Voyage Home."

But beyond their careers, the Winters are strong CV community members.

Though Judy was the RN for many GUSD schools she worked directly with CVHS for five years. She was an RN – not the school health clerk.

She and Ralph have lived in the Crescenta Valley since the late 1970s. The CV area has always been a hidden gem in Los Angeles County. When asked how they found this community Ralph said, "Oh, we're longtime Glendale residents."

Both were born in the area – Ralph at Glendale Adventist Hospital.

"We've been at Glendale Presbyterian Church since we were in second grade, and then we went to all Glendale schools – Glenaks and RD White elementary schools, then Woodrow Wilson [Middle School], Glendale High School and Glendale [Community] College," Ralph said. "We know the area pretty well and I played basketball at Crescenta Valley."

"A lot of our high school friends went to CV," Judy added.

They participated in clubs and after-school sports and their youth group would have sunrise services

in the area.

Once they had children they realized that local Glendale Unified schools were strong and chose to send their children to public schools. Judy volunteered at many events, including a career day at CVHS and with Prom Plus in its beginning grassroots years.

"I [volunteered with] Prom Plus and just stuck with it, even after my kids graduated," she said.

In addition the couple has supported and volunteered for many events through their church, Montrose Church. They also have a long history with the Montrose Christmas Parade.

"We are honored and it's a privilege that someone nominated us," Ralph said. "We're active in Montrose and we've been at the parade a lot, even the days when Santa [started] coming in a helicopter."

"It's just a great community," Judy added.

Ralph felt lucky to have the career he has and to be able to come home to the Crescenta Valley. He said his career really began as an executive at Paramount Studios.

He worked in post-production

there and then worked on "Star Trek" movies for 10 years with the original cast.

"I had a great run there and met a lot of people," he said. "We did some good, fun movies."

He then moved on to other films and is now working with the Las Vegas Sphere.

"We are based in Burbank [with] productions here and then [the media is moved] for consumers in Vegas," he said.

He added it is a privilege to work with the new technology associated with the Sphere, which is immersive entertainment on a wide screen.

The Sphere seats about 18,000 and includes 4-D physical effects with 1.2 million exterior LED light sources.

"With the cinematic things we can make, it hopefully takes you to another place," he said.

Ralph and Judy have also supported the Rose Parade.

"I've been a 'pooper scooper' in the Rose Parade and got the most attention. That was the best job in the world; you're picking up [poop] and people are applauding," he joked.

The couple is excited and honored to be representing their

town at their parade.

For Davis, who is in year 13 as parade coordinator, planning is everything.

"Montrose Christmas Parade Association is a 501(c)(3) whose only purpose is to put on the annual Montrose Christmas Parade. We are an all volunteer organization and this parade is only possible thanks to our generous sponsors, local business sponsors, volunteers and the thousands of participants, families and viewers who join us to kick off the Christmas season in Montrose," Davis said.

Throughout the years Davis has faced challenges, like lots of rain and lots of wind, but also has her favorite times.

"The end of the parade," she said of her favorite memories. "Seriously, the parade board members and marshals follow Santa down the parade route at the end of the parade. Seeing the kids and the families react to Santa is what brings the parade team back each year. I almost cried my first year when viewers gave the parade team a shout-out and thanked them for all of their hard work and dedication."

ROCKHAVEN from Cover

"We're excited to see a vision that gets this out to the public," he said. "It is a beautiful site, the grounds [and buildings] are beautiful."

His goal is to meet with Friends of Rockhaven, and other public stakeholders, and gather information on the best steps to move forward.

"Obviously, there's still a lot of work we need to do and now,

with the settlement, there's a lot of public engagement we would like to kick off," he said.

The present plan includes creating a museum on the property. This is something both the City and Friends of Rockhaven agree on. Calvert added he knows the Friends of Rockhaven would like the interiors, like the bathrooms, left "untouched as much as possible" and is working with archi-

itects to achieve that.

"We want to provide a compromise solution that I think will meet the needs of the facilities but also respects the history," he said.

He agreed that Friends of Rockhaven has brought up many valid points in addition to keeping the property historically accurate; however, the City is still bound by regulations that include ADA and general access.

"It's a hard one to come to a solution with but I think we may have found something," he said.

Calvert added his department is not quite ready to go to the public with this compromise and wants to talk to Friends of Rockhaven to get its input; however, he does feel a solution that all will agree upon is close and will be beneficial to all parties and the property.

"We have a lead consultant but [Friends of Rockhaven] also has a sub-consultant [who] does specialize in historical work. The firm has a history with historical projects," he said.

According to the lawsuit settlement the consultant for the City is Architectural Resources Group. The company's website does highlight its work with historical properties.

In addition to a museum, Calvert said there needs to be decisions in other areas of the property like what the other buildings will house and what programming will be planned. There are several small houses and buildings on the property.

Calvert said he had reached out to Friends of Rockhaven to arrange a meeting.

"I think that what we're doing now is the first step in the right direction to making sure that all these buildings can be preserved, maintained and respected," he said.

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VIEWPOINTS

IEWS OF THE VERDUGOS » CRAIG DURST

More on the Ancient Grove

In 2016, I visited Sunland Park to conduct a survey of the grove of oaks. A fact had come to light as to why this little forest flourished there. As rainwater drains down from the heights of Tujunga it sinks below the surface and, through circumstances of geology, a portion becomes captive in a small subterranean lake beneath the park. For this reason, for some untold millennia, a grove of mighty oaks has likely dominated this zone and drank from this underground pool.

There is no proof of such, but it's hard to imagine the indigenous peoples of the Tongva village of Tujunga (located today in Lake View Terrace) didn't congregate there to gather the many acorns they required to sustain themselves, acorns being one of their crucial food sources.

Once westerners began to arrive in the late 1700s and discovered this special grove

stories began to be written. It's fabled to have hosted many Spanish gatherings for much merry-making. The shade provided a cool respite from the blaring summer heat. Later, the señoritas laughed as they related the many quests that had taken place in the shadows of the old trees.

During the Mexican period, in 1840, what is today Sunland Park was included in a land grant to two brothers, Francisco and Pedro Lopez. Their new land holdings, then called Rancho Tujunga, was 6,661 acres in size and encompassed today's communities of Sunland-Tujunga, Shadow Hills and a portion of Lake View Terrace. The brothers built a small adobe just three miles northwest of the small grove and all was quiet there for a time.

As I made my way from trunk to trunk mapping the position and measuring the circumference

of each oak tree what quickly became obvious was that many of the trees were not oaks. (More on that in a bit.) The number of oak trees I noted in the park that day was 64. Of that number, there were three of special note. (More on that in a bit as well.)

In 1862, Abraham Lincoln put his thumbprint on the development of this community by first signing into law the Homestead Act and just months later the Pacific Railway Act. This paved the way for those in the east to travel west on the transcontinental railway, extended to Los Angeles in 1876, and gave folks a great reason to come here: the promise of free lands and opportunity.

The homesteaders were the first to arrive in numbers to Rancho Tujunga and they took up residence where they had access to water. In addition to the homesteaders, another group here in the early 1880s

were hunters. Bear hunters, deer hunters, hunters of fowl and more. During this time, two men arrived at the edge of the ancient grove of oaks and stepped in. This was Felix Howes and Sherman Page, two arrivals from the east that were about to make their mark.

More on the surprising deeds of this duo in two weeks.

In 1926, Sunland was annexed into the city of Los Angeles. Prior to this, William Mulholland himself spoke out against the annexation, claiming the city could ill afford to add communities that could not provide enough water to serve their own needs. With this in mind, after the annexation deep wells were sunk near the park. The late great local historian Lloyd Hitt expressed his belief that many oaks of the ancient grove withered and died at this time and alternate species were planted in the following years.

My survey revealed the three oldest surviving oak trees – approximately 228, 223 and 185 years old respectively. This means the eldest was a sapling when the last acorns were possibly gathered by some of the last Tongva natives ever to do so. The most ancient oak is across the street from the post office right where Sherman Grove Avenue intersects with Fenwick Street.



Craig W. Durst, AKA The History Hunter, is a historian of the Tujunga Rancho and President of the Friends of Verdugo Hills Cemetery. He can be reached at craig@thehistoryhunter.com.



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BETWEEN FRIENDS

YWCA Glendale & Pasadena Welcome New CEO

Debra Suh has been named the new chief executive officer of YWCA Glendale & Pasadena effective Nov. 1. She brings over 30 years of esteemed leadership in the fight to end gender violence and empower women, girls and families.

Having grown up in Pasadena and raising two children in Glendale, Suh is deeply connected to the local community. Suh has an extensive understanding of the region's challenges and opportunities and a clear vision

for fostering safe, supportive environments where everyone can thrive.

She brings expertise in building coalitions and leading impactful change and will be invaluable as the YWCA continues its mission to empower women.

Contact Debra Suh at debrasuh@ywcagp.org to assist with the Y mission by volunteering, donating or hosting a gathering to share the Y story.

Assistance League Wants You

Come lend a helping hand at Assistance League of Flintridge's Bargain Box Thrift Shop. Support the organization's local philanthropies, including ALF summer school, ALF drama (children's productions), ALF music instrument rentals, Operation School Bell (clothes and supplies for over 1,000 kids) and more. The bonus is that volunteers make new friends while serving the community.

The Bargain Box at 4607 Oakwood Ave. in La Cañada is Assistance League's only fundraiser. ALF has no galas to stage, no tickets to sell, no products to foist on neighbors. In the thrift shop, members interact with customers, process incoming donations of gently used clothing and housewares, and create attractive displays. Regular members once a month staff the Bargain Box while others, called community volunteers, come in to help as they can. The ALF Membership Chairman Kim Westhoff will be happy to explain the many opportunities ALF provides.

ALF's evening group, the Cañada Auxiliary of Professionals, is for people who



have a day job but would like to assist on Saturdays. CAPs help patients of Verdugo Hills Hospital with Cappy Bears and needed clothing.

Call the Assistance League

of Flintridge office at (818) 790-1328 or visit their website at ALFlintridge.org for more information.

Submitted by ALF ALF Bargain Box at Christmas.

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Dignity Health - Glendale Memorial Hospital and Health Center Achieves Five-Star Rating for Cardiac Specialty

Glendale Memorial Hospital and Health Center (GMHHC) announced it has achieved recognition for its clinical excellence from Healthgrades, the No. 1 site Americans use when searching for a doctor or hospital. GMHHC was rated five stars for cardiac care services, including coronary interventional procedures.

This achievement places

GMHHC in the top hospitals nationwide for five-star care, underscoring its commitment to exceptional patient outcomes.

"Our hospital remains committed to patient safety and clinical excellence," said Dr. Will Wang, MD, DrPH, chief medical officer. "This quality distinction is a testament to the collaboration of our physicians, nurses, and caregivers."

GMHHC's achievement is based solely on what it states matters most: patient outcomes.

"Advanced heart care is one of the many specialties that we offer to the Glendale community," said Betsy Hart, MSN, hospital president and CEO. Honored by Healthgrades for five-star treatment of coronary interventional procedures, GMHHC treats over 36,000 emergency room visitors annually, including those patients experiencing chest pain and heart attacks. "Heart emergencies are never planned and can become life-threatening when left unaddressed. We are proud that our physicians and team can offer excellent care and treatment."

Healthgrades evaluated risk-adjusted mortality and complication rates for over 30 of the most common conditions and procedures at approximately 4,500 hospitals nationwide to determine top performers in specialty care.

"Healthgrades commends Dignity Health - Glendale Memorial Hospital and Health Center for their clear commitment to delivering consistently superior patient outcomes in critical service areas," said Brad Bowman, MD, chief medical officer and head of Data Science at Healthgrades. "Glendale Memorial's leadership, expertise and unwavering dedication to clinical excellence set a high mark for specialty care in California and nationwide."

Happy Thanksgiving

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TRAVEL & LEISURE

Tsai, Hudson to Perform for GNC

On Dec. 4 from 12:10 p.m. to 12:40 p.m., the free admission Glendale Noon Concerts will feature violinist Sakura Tsai and pianist Natalia Hudson performing works by Edvard Grieg and Germaine Tailleferre. They will perform in the sanctuary of Glendale City Church, 610 E. California Ave.

Violinist and educator Sakura Tsai enjoys a multifaceted career having performed nationally and internationally as a soloist, chamber and orchestral musician.

A native of Southern California, Dr. Tsai earned degrees (B.M., M.M., and D.M.A.) in violin performance from the University of Southern California's Thornton School of Music where she was honored the prestigious Order of Areté and became a member of Pi Kappa Lambda. Her mentors and teachers included Midori Goto, Kathleen Winkler, Hagai Shaham, and Alice Schoenfeld. Additional fields of study while pursuing the Doctor of Musical Arts degree included music theory and analysis, violin pedagogy with Endre Granat, and kinesiology.

Natalia Hudson has performed as a soloist and chamber musician throughout the U.S. and Europe in numerous festivals and concerts, including the Piccolo Spoleto

Festival, First Night Charleston, the International Piano Series, the Young Artist Concert Series, the Drayton Hall, the LACC, and Moreno Valley College Concert Series. A native of South Carolina, Hudson was awarded the Isabella Mebane Piano Performance Scholarship to pursue a performance degree under Uruguayan pianist Enrique Graf at the College of Charleston. She continued her artist education at the Conservatory in Madrid, Spain under German-born pianist, Uta Weyand. Her other main influences include Vitalij Margulis (Ukraine), Ilana Vered (Israel), and Oxana Yablonskaya (Russia/Israel).

She received her master's degree from the University of Southern California and has participated in the World Piano Pedagogy (WPPC), MTNA and Focus on Piano Literature conferences. She is also skilled at teaching in Spanish, and has taught master classes, private lessons and dual-immersion classes in Spanish and English. A member of the California and National Music Teacher Associations, Hudson is a sought-after teacher, jurying competitions and conducting lessons and master classes in numerous music schools and festivals. She currently teaches at her private piano studio, Hudson Conservatory, and serves on the piano faculty at Colburn



Sakura Tsai

School of Performing Arts in downtown Los Angeles. Complete concert info and the links to past streams are posted at <http://glendalenoonconcerts.blogspot.com/>

CRESCENTA VALLEY WEEKLY PRESENTS

The 2024 Merry & Bright Holiday Light and Display Tour!

Share your merriment and brighten the spirits of your community this Holiday Season!
From December 19th – January 4th families will be driving past identified houses that have been decorated festively for the season.

To include your address in the Merry & Bright Tour and be entered into our contest, send your address to HollyWeen@cvweekly.com by **5 p.m.** on Dec. 16. Your address will be included in all three issues of the CV Weekly that feature Merry & Bright Tour addresses! Entries received after Dec. 16 will be included in the following issue/s of the CV Weekly. Get your address in asap so families can create their own drive-by experience.

Judging will be done between December 20th - 24th.
The first 25 entrants will receive two tickets to the Holiday Exhibit at the Ronald Reagan Library. The winners will be announced in the January 9 issue of the CV Weekly!

JUDGING CATEGORIES

<p>1. Christmas Story Award (traditional or nostalgic use of lights and decorations - Leg Lamp use gets extra points)</p>	<p>2. Clark Griswold Award (excessive use of lights and decoration - more is ALWAYS better, can we see it from space?)</p>	<p>3. Rockin' Round the Christmas Tree Award (best use of music and technology)</p>	<p>4. Santas Coming to Town Award (best use of Santa or Santa's in decor)</p>	<p>5. Most Original Award (not your usual every-day holiday decor)</p>	<p>6. Best In Show Award (ya blew the judges minds)</p>
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USH Celebrates 'Day of Giving' Philanthropic Event

Universal Studios Hollywood celebrated its 19th annual "Day of Giving" philanthropic event as hundreds of employee volunteers participated in select community outreach activities across Los Angeles. The theme park served as home base for Operation School Bell, hosting 300 LAUSD students experiencing

homelessness for a day of theme park fun.

The children also were the recipients of an assortment of new clothing and school supplies, from shoes to uniforms and backpacks to books and toiletries. The afternoon was spent enjoying Universal Studios Hollywood and some of the theme park's most

engaging rides and attractions.

"Day of Giving" is an annual Universal Studios Hollywood tradition designed to inspire and connect employees with diverse community organizations, many of which are beneficiaries of the company's in-house philanthropic organization, Discover A Star Foundation,

whose mission is to empower individuals and families to lead more productive and fulfilling lives. The day-long event also supported other non-profit organizations across Los Angeles, including Tree People, LA Family Housing, LA Regional

Foodbank, Junior Achievement and Inclusion Matters by Shane's Inspiration.

The event was held on Thursday, Nov. 14 from 8:45 – 10:30 a.m. at Universal Studios Hollywood – adjacent to the theme park's main entry.

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THEN & NOW

2 Freeway Overpass
Courtesy of the Historical Society of CV



Then: In the early '70s the connection was made between the eastbound 134 Freeway and northbound 2 Freeway in Glendale. The spectacular sweeping bridge was built in two sections, the first being the section on the 134 side. The fully completed side is shown here waiting for the forms to be built for the other half. In an episode of the TV show "Adam 12," the police chased a car to the very end of the half-bridge.



Now: Here's a photo of that same bridge today taken from the westbound 134 Freeway. A replica of this bridge was filmed collapsing in the 1974 disaster spectacular "Earthquake." It was built in miniature at Universal Studios, then destroyed, with tiny cars spilling into the void.

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RELIGION

Question: I am having a struggle with prayers for myself! I can pray just fine for my family and friends but when it comes to myself, I don't feel like my prayers are working for me at all! I don't understand what seems to be the problem, but my prayers for myself have no results.

What can I do to change that?
~ Frustrated

Dear Frustrated,

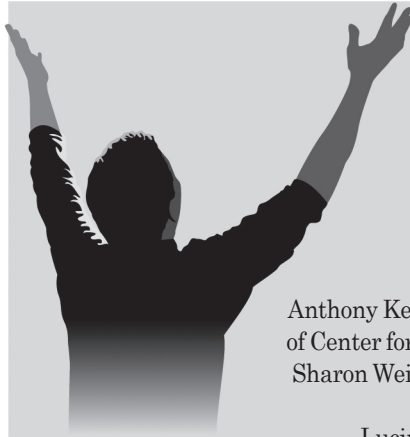
Have you ever heard that phrase, "You can't see the forest for the trees?" meaning when you are in the middle of a situation, you can't see or think clearly about a solution. It's the same thing about praying for yourself. When you are in the middle of a situation, you are just in the middle of it. So you can't think clearly, objectively, prayerfully about a solution. You don't consider, "Hey, I could turn this over to God to handle." Instead we, as humans with an ego, feel we have to control it or solve it or handle it. It's exhausting living and acting like a human being.

The truth is we are spiritual beings having a human experience. And sometimes, most times in fact, our human self takes over and forgets our

spiritual self. The real power comes from stepping into our spiritual self and connecting to God, sometimes through meditation, through prayer, through just being still and letting go—connecting with our faith. Faith is the power of prayer. Faith is a mental attitude that is so convinced of its own idea... which so completely accepts it... that any contradiction is unthinkable and impossible. And we cannot enter into peace and faith when we are in a state of confusion.

So I suggest two options: One is to go to your minister or a practitioner who can pray with and for you. Both are trained to see and feel objectively, detached and compassionate about your situation. They know the truth and the faith of God and the power of God who can handle and turn around the situation. Put your trust in their prayers for you. And ultimately feel your own trust, faith and power in your own prayers as you release the situation to God and surround all in love, which is the most powerful healing agent of all.

Option two is to step back, breathe until you feel detached from the situation and then see the spiritual truth of the situation... that God is there handling it, that there is divine right action in choices being made



SPIRITUALLY SPEAKING

SPIRITUALLY SPEAKING PARTICIPANTS

Rev. Jon Karn of Light on the Corner Church; Rev. Kimberlie Zakarian of Holy House Ministries; Anthony Kelson RScP, Laney Clevenger-White, RScP, and Rev. Dr. Beverly Craig of Center for Spiritual Living-La Crescenta; Rabbi Janet Bieber, Carolyn Young, Sharon Weisman; Rev. Mary Morgan, Center for Spiritual Living - La Crescenta; Rev. Dabney Beck, International Church of the Foursquare Gospel; Lucinda Guarino, Rev. Karin Ellis, La Cañada United Methodist Church; Rev. Sherri James, UP Church; The Rev. C. L. "Skip" Lindeman, Upland Christian Church; Rev. Rob Holman, St. Luke's Anglican Church; Rev. Sharri Johnson, One Heart Retreat Center; Larry Maib Emeritus, Highlands Church La Crescenta; Rev. Valerie Reeves, Staff Minister, Redondo Beach Center for Spiritual Living

Responses are offered from the perspective of individual Spiritually Speaking respondents, which may or may not be in agreement with other respondents of Spiritually Speaking nor the editor and staff of the Crescenta Valley Weekly.

and there is divine order as all falls into perfect place. Know and feel that the power and the love of God prevails. All is well. Trust your words of prayer. Have faith. Let go and let God, as the saying goes.

Many blessings to you on your journey to clearly "seeing the forest."

Laney Clevenger White,
RScP Emeritus
CSL La Crescenta

Dear Frustrated,

There's a saying that the way we do anything is the way we do everything. The fact that your prayers are effective for others is a sign that your consciousness is in the right place. Sometimes when we are praying for ourselves we

are too close to the issue and have difficulty releasing the request so that spirit can do its work.

First, it's important to remind ourselves that whatever obstacle we are facing it is no match for the power of God. Turn your focus away from the challenge and keep your thoughts on your spiritual truth only. A wonderful metaphysician, Dr. Emmett Foxe, coined a phrase: "Take your mind off the problem and put your mind on God." Acknowledge the power and presence of good that is operating in your life with the understanding that that you are not doing the work, the spirit-mind within you is bringing the answer to your prayer. Build a picture in your mind of exactly what you

want to create, declare the good is rightfully yours and that you have the determination to begin action towards its success. Most importantly, release your prayer to God and know that your request is being moved upon by the spirit to create the ideal solution for you. Gratefully accept it as already done with the understanding that God does the work and that our responsibility is to keep our thoughts, words and actions in a positive and loving demeanor. Trust in the power of spirit that you have initiated, and your prayers will always be answered.

In Light,

Rev. Mary Morgan
Sr. Minister, La Crescenta
Center for Spiritual Living

RELIGION SERVICE DIRECTORY

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NOTES & NODS

LUTHERAN CHURCH OF THE FOOTHILLS

For more information or to request/offer help, email office@lcfoothills.org or call (818) 790-1951. The church is located at 1700 Foothill Blvd in La Cañada Flintridge.

Office hours are 9 a.m. to 1 p.m. Monday through Friday.

MT. OLIVE OFFERS A BREAKFAST BIBLE STUDY & A COMMUNITY LUNCH

Mt. Olive invites the Crescenta Valley community to its monthly breakfast Bible study at Panera Bread Restaurant, 990 Town Center Drive, Suite A in La Cañada on the third Saturday of each month at 8:30 a.m. A study of the Book of Second Corinthians began on Nov. 16.

Also, a weekly Bible study is held at the church on Wednesday evenings at 6:30 p.m.

Lastly, Mt. Olive offers a community luncheon every second Wednesday through May. For a suggested minimum donation of \$5, a delicious lunch is offered including a brief uplifting devotion and some great entertainment provided by various local artists.

Mt. Olive is located at 3561 Foothill Blvd. in La Crescenta.

'MARY, DID YOU KNOW?' PONDERED AT MT. OLIVE

This year during the season of Advent at Mt. Olive Lutheran Church the question "Mary, did you know?" will be addressed during the midweek Advent

services. Come and ponder Mary's experience with heaven's perfect lamb (Jesus) at Mt. Olive's Holden Evening Prayer services at 7 p.m. on Wednesdays Dec. 4, 11 and 18.

Mt. Olive is located at 3561 Foothill Blvd. in La Crescenta.

ST. BEDE MUSIC MINISTRY PRESENTS MOZART'S 'CORONATION MASS'

On Friday, Dec. 6, St. Bede the Venerable Choir, in collaboration with East Los Angeles College's Chamber Chorale and Chamber Orchestra, will present a stirring performance of Wolfgang Amadeus Mozart's "Coronation Mass." Kick off the holiday season with this special concert that starts at 7 p.m. at St. Bede the Venerable Church, 215 Foothill Blvd. in La Cañada.

Pre-sale tickets are \$25/adults and \$10 for kids 12 and under; they can be purchased online at www.bede.org or on-site the evening of the event (\$30/adults and \$15 for kids 12 and under).

All are welcome as this event is open to the public.

EXPERIENCE THE NATIVITY - A FREE GIFT TO THE COMMUNITY

Community Christian Church of the Foothills in Tujunga invites the community to experience the joy of Christmas at its drive-thru nativity on Friday and Saturday, Dec. 13 and 14, from 6:30-9:30 p.m.

Community Christian Church of the Foothills will offer the opportunity to step back in time and experience the first Christmas

via a drive-thru nativity. Guests will drive past various scenes of the nativity story with actors portraying Mary and Joseph, the shepherds, the angel and the wise men.

Community Christian Church is located at 10193 Tujunga Canyon Blvd. in Tujunga, just north of Foothill Boulevard and next to the Tujunga post office.

To learn more, visit CommunityChristianChurch.info or phone (818) 353-8080. Sunday worship is at 10 a.m.

WALK AND WORD

Walk and Word participants will meet in the parking lot of Deukmejian Wilderness Park, 3429 Markridge Road in La Crescenta/Glendale at 8 a.m. on Dec. 8, 15, 22 & 29. Participants will walk for the first hour and then gather to read a selection of Scripture. About a half hour will be spent journaling about what was read and then there will be conversation, sharing thoughts.

Participants are asked to bring something to write with, anything wanted to eat or drink, and a chair to use for the writing part of the morning. Because people will be outdoors and social distancing will be practiced, masks will be optional.

Those with questions can email Jeanne at jnlavieri@earthlink.net.

All are welcome. If the hike is too strenuous, there are level paths at the park. There are ramps from the parking lot to the field where the group gathers after the hike.

JUST FOR FUN

CALENDAR this

GLENDALE KIWANIS

The Kiwanis Club of Glendale meets on Fridays at noon; however, the Club will be dark on Nov. 29 in observance of the Thanksgiving holiday. The cost to attend Friday meetings, which includes lunch and program, is \$20. All are welcome.

The Club meets Friday afternoons at the Elks Lodge, 120 E. Colorado St. in Glendale.

HOLIDAY CRAFT FAIR AND MORE AT MCGROARTY

McGroarty Arts Center, 7570 McGroarty Arts Terrace in Tujunga, is having a crafts fair and chili bowl sale at the property on Saturday, Dec. 7 from 10 a.m. to 5 p.m. and Sunday, Dec. 8 from 10 a.m. to 4 p.m.

A variety of vendors will have merchandise for sale in addition to ceramic offerings including bowls that can be filled with chili (for a nominal fee).

For more information visit www.mcgroartyartscenter.org.

ALEX FILM FESTIVAL

The Alex Film Society in

association with 3 Entertainment, Inc., presents The Three Stooges' "Dewey, Cheatem, (Lord, Bernds, Black, Chase) & Howe: A tribute to the Stooges Directors" on Saturday, Nov. 30 at 2 p.m. and 8 p.m. It will be shown at the Alex theatre, 216 N. Brand Blvd. in Glendale.

Tickets are now on sales; visit www.alexfilmsociety.org for more information.

DANCING AS EXERCISE

Dancing As Exercise is a free ongoing weekly event sponsored by the Los Angeles County Park program for seniors (50 plus) as a form of staying healthy.

There is live music every Friday (note new day) from 10 a.m. to noon in the Park's building at 3901 Dunsmore Ave. in La Crescenta. There are no events on Friday, Nov. 29 in observance of the Thanksgiving holiday and on Dec. 27 in observance of the Christmas holiday.

Light refreshments and water are provided along with socialization and information about other park activities.

Dancing, per se, is not required; single persons are welcome.

BREAKFAST WITH SANTA

Breakfast with Santa on Dec. 8 is held by Our Lady of Lourdes' PTO. Attendees have breakfast, kids do crafts, decorate cookies and take photos with Santa. There are raffle prizes to win and a holiday craft fair with local crafters, artists and vendors.

The PTO of Our Lady of Lourdes provides resources to its students such as its performing arts and after-school programs, extracurricular activities, campus and community beautification.

Our Lady of Lourdes is located at 7355 Apperson St. in Tujunga. For ticket information, call (818) 353-1106 or email BWS@olltjunga.org.

BURBANK SINGERS

The Burbank Singers will join with La Crescenta-based Monday@JoJo's for the second annual friends and family concert on Saturday, Dec. 7 at 5 p.m. This fun-filled family-friendly show, titled "Holiday Blessings," will

take place at Burbank Adult School, 3811 Allan Ave. in Burbank with doors opening at 4:30 p.m. Burbank Singers and Monday@JoJo's are members of the statewide non-profit California Women's Chorus, Inc.

Adults are \$10, children \$5. For ticket information for the Dec. 7 "Holiday Blessings" concert contact Denise Kress at dkress@charter.net.

Holiday baked goodies and beverages available for purchase.

CCLCF HAVING HOLIDAY CERAMICS SALE

Lisa Phelan is the official photographer of the 2024 Thanksgiving Day Run.

The Community Center of La Cañada Flintridge is having late registration

CCLCF will be closed Nov. 28 - 30 and from Dec. 24 - Jan. 1.

CCLCF is having its annual ceramics holiday sale on Dec. 14 and 15 from 10 a.m. - 4 p.m.

Visit the CCLCF website at cclcf.org or call (818) 790-4353.

CANASTA IS CALLING

Canasta - an activity that will brighten your day with fun and relaxation. Those who have not played before - don't worry; you will be taught! Come on Tuesday afternoons to play canasta from 1:30 p.m. to 4:30 p.m. at the Montrose Library, 2465 Honolulu Ave. in Montrose (818) 548-2048.

BACK TO SCHOOL EXHIBITION AT BOLTON HALL MUSEUM

Bolton Hall Museum is celebrating the history of Sunland-Tujunga's public schools. Its new exhibit, Back to School with Bolton Hall, traces the history of local education from its humble beginnings as a one-room schoolhouse to the vibrant community of schools that exist today. Spotlighting each of the area's public schools, the exhibit features vintage yearbooks, textbooks, photographs and more.

You can read more at CVWeekly.com/CALENDAR THIS

WEEKLY HOROSCOPES

Provided by horoscope.com November 5, 2024 - December 1, 2024

ARIES March 21 - April 19

There may be a few challenges to work through now, which is why it helps to take a more relaxed approach to life and career. Health stress and anxiety can be silent saboteurs, causing no end of disruption to your body. You'll really appreciate the benefits of a good workout. If done regularly, it brings inner strength and a sense of calm.

TAURUS April 20 - May 20

If you need to lose weight, you can usually be disciplined enough to do it. Now you may find that the tried and true diet that you've always used has lost its appeal. No matter how much you want to get rid of the extra pounds, they won't come off. It's time to investigate new ideas that can give you better results.

GEMINI May 21 - June 20

You may be living on your nerves as aspects bring issues to a head. At such times, your diet may go haywire. If you find it hard to eat three meals a day, try smoothies or smaller meals that make digesting much easier. You may also feel drawn to such practices as yoga, meditation, or tai chi, any of which will soothe your mind.

CANCER June 21 - July 22

Life has been a series of challenges recently, and this looks like it will continue for a while. Relationships are your main source of stress. You may join a health club or online forum to get the support you need to stay fit and well. You need other people to provide feedback and fresh ideas. Make sure you give yourself this option.

LEO July 23 - August 22

There has been a lot of activity in your health zone and this looks set to continue. It should help you make sense of all that has happened lately with your health. Now you can begin to make progress and develop a lifestyle that supports you in the healthiest way possible. Whatever you experienced, you'll now be on the way to recovery.

VIRGO August 23 - Sept. 22

Although you have a wonderfully strong constitution, you do love sweet, rich, and fatty foods that can lead to a tendency to gain weight. Now some problems may lead you to indulge even more. Recognize what you're doing and choose a less fattening alternative to dealing with issues. Exercise is a wonderful way to feel better in mind and body.

LIBRA Sept. 23 - Oct. 22

Due to some powerful aspects now, you may be even more on edge than usual. You may tend to live on your nerves and use up nervous energy, which isn't good news for your body. At such times, you could find it hard to eat much. Make your health a priority. Slow down, relax, and tune in to your body's needs.

SCORPIO Oct. 23 - Nov. 21

One of the problems you may experience is a tendency to gain weight due to water retention. This can be caused by a variety of things. It's important that you drink plenty of water daily - the real deal and not drinks flavored with fruit juice and sugar. It will help you lose weight.

SAGITTARIUS Nov. 22 - Dec. 21

Once again, challenging life situations may be causing you to feel tired and out of sorts. This problem is unlikely to go away overnight. You need to take extra measures to ensure that you stay in great shape. Don't resort to junk food in order to feel better. Eat good quality, fresh food. If your nerves are at the breaking point, try meditation and yoga.

CAPRICORN Dec. 22 - Jan. 19

This is one time when you'll be glad you created a health routine that you like and are used to. It's automatic, even during the challenging times. You may be put through your paces once again, so give yourself a chance to rest more, if you can. Let your workouts and healthy eating give you the resilience you need to face whatever comes.

AQUARIUS Jan. 20 - Feb. 18

Hard to believe, but powerful aspects suggest that you may be creating your current ailments unconsciously in order to avoid a trying situation. This is one psychological mechanism that's more widespread than people realize. Naturally, it would be more helpful if you could face up to the issue and sort it out head on. Do what's best for you.

PISCES Feb. 19 - March 20

This could be a nerve-wracking time. In pursuing peace and inner calm, you may be drawn to new ideas and philosophies that help you work through issues with minimum fuss. Some of these may include guidelines for a healthier lifestyle, including diet and exercise advice. You may be drawn to a way of living that harmoniously blends the spiritual with the physical.

» ZACK HILL BY JOHN DEERING AND JOHN NEWCOMBE



ACROSS

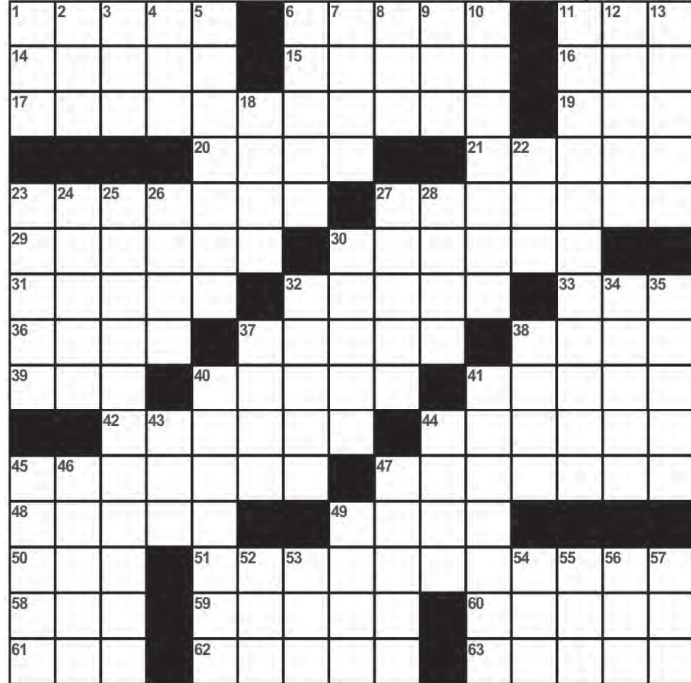
- 1) Make pigtailed
- 6) Trendy place to go downhill
- 11) Agent for trips?
- 14) Wavelike design
- 15) Brahman, for one
- 16) Ring bearer, often
- 17) Busy bodies?
- 19) Card to keep
- 20) Apple leftover
- 21) "Four" at the fore
- 23) Movie theater purchase
- 27) Knight to remember
- 29) Many have chapters
- 30) Erase
- 31) Claims on homes, e.g.
- 32) Chops finely
- 33) Nipper's co.
- 36) Darned thing
- 37) This makes five in this puzzle
- 38) Broadway star Verdon
- 39) Hurricane heading, sometimes
- 40) Popular game
- 41) Beside
- 42) California county
- 44) Far from eager
- 45) Opens a map
- 47) More expressionless, as a stare
- 48) Hauled away
- 49) Exec, in slang
- 50) "How was ___ know?"
- 51) Computer user's locale
- 58) Dog that's far from a purebred
- 59) Arctic inhabitant
- 60) Event with cowboys and lassos
- 61) Inquire
- 62) Requires
- 63) Brenda who was drawn out

DOWN

- 1) Mercedes competitor
- 2) "Winnie-the-Pooh" baby
- 3) Requirement for a useful balloon
- 4) Aggravate
- 5) Some church officers
- 6) Squash type
- 7) Ad headline, often
- 8) Letters on tires
- 9) "Yadda, yadda, yadda"
- 10) Snuggles down
- 11) It's done in some tanneries
- 12) Pelvic bones
- 13) Apprehension
- 18) ___ d'oeuvre (appetizer)
- 22) "Dig in!"
- 23) Sign of life
- 24) Bermuda vegetable
- 25) Complicated, eccentric person
- 26) Bop on the head
- 27) Little leapin' lizard
- 28) Pub offerings
- 30) Funeral hymn
- 32) Ding-___ (doorbell sounds)
- 34) Perfume by burning
- 35) Rage
- 37) Breeze component
- 38) Hidden valley
- 40) Variety of apple
- 41) Images representing posters
- 43) Lobster eggs
- 44) Came down to earth
- 45) Central New York town
- 46) "We didn't do it!"
- 47) Some sculptures
- 49) Prepare to crash
- 52) Half and half
- 53) Have regrets
- 54) "Sesame Street" viewer
- 55) Potato state (abbr.)
- 56) "___ the ramparts ..."
- 57) Word partnered with "neither"

IN LABOR

By Timothy E. Parker



ANSWERS on page 3

PROBLEM SOLVED » BY CHRISTOPHER ELLIOTT

My Whirlpool washer is too loud! Can you help me get it fixed?

Kathy Lathrop's new Whirlpool washer makes a loud sound during the spin cycle – so loud she's afraid her neighbors can hear it. Why can't the company fix the problem?

Q Two years ago I bought a Whirlpool top-loading washing machine from Lowe's. The spin cycle creates a noise so loud it can be heard all through the house, and probably by neighbors. It is balanced correctly and load sizes and detergent are proper.

I've had a Whirlpool-authorized technician out three times to fix the problem.

On the first repair, the technician indicated it was a defective gear case and agitator and replaced those parts under warranty. It did not fix the noise problem.

On the second repair, the authorized technician indicated it was the belt and motor that was causing the loud noise and he replaced both the belt and motor. That didn't work, either.

On the third repair, the technician called Whirlpool directly and they said I'm using too much detergent. I use Tide pods that conform to Whirlpool's recommendations. Whirlpool claims the detergent causes the wash to be unbalanced. But the noise is only on the spin cycle.

The technician indicated the noise is from suspension rods squeaking because of load imbalance, but it's loud on every load except when I run an empty load. It seems the weight of any load causes the noise and I have taken steps to ensure no overloading and balance is not the issue.

The Whirlpool direct technician said the washer was "working as designed" and offered no further assistance. I've written to Whirlpool seeking one more chance for them to repair the problem – to no avail.

Whirlpool seems to have no intention of addressing the problem. I'm seeking your help to have Whirlpool correctly diagnose and repair the problem. If it can't be repaired, then I need your help to have Whirlpool replace the machine.
– Kathy Lathrop, Prescott, Arizona

A: Whirlpool should get your top-loading washer working as designed. It should not wake the neighbors.

It turns out Whirlpool publishes performance specifications for its top-loading washers. During a spin cycle, it should not be louder than 76 dB, which is about the same noise level as a vacuum cleaner. If the machine is louder it is not working as promised, and Whirlpool should either repair, replace or refund your washing machine.

Of course, Whirlpool—like all other manufacturers—strongly prefers a repair. And that's fine, as long as it can repair the problem. But after three attempts, the loud spin cycle

persisted. And now Whirlpool has also thrown its hands in the air. Not acceptable!

I list the names, numbers and email addresses of the Whirlpool executives on my consumer advocacy site Elliott.org. A brief, polite email to one of them might have helped move this along. But not necessarily. Whirlpool has been less than responsive to our readers lately and has even dragged its feet when my advocacy team got involved.

I asked Whirlpool to review your problem. It didn't respond so I asked again. This time the company got back to you

and agreed to send a different technician to take a look at your noisy washing machine. He replaced suspension rods and good news! The machine is no longer squeaking. It's now making a clunking noise. Whirlpool finally agreed to replace the entire unit.

Christopher Elliott is the founder of Elliott Advocacy (<https://elliottadvocacy.org>), a nonprofit organization that helps consumers solve their problems. Email him at chris@elliott.org or get help by contacting him at <https://elliottadvocacy.org/help/>.
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HOME/GARDEN

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Anything to everything. Reasonable price. Will drop off at recycling, dump or donation center. Call Jim (818) 378-5572.

WANTED/NEEDED

WANTED

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Cash paid for your trains and toys. Also buy American Flyer and LGB. Call (626) 447-3775.

WANTED/NEEDED

WANTED

Wanted vinyl records (all genres) and vintage stereo equipment. Will pay top dollar. No collection too big or small. Call Oren (323) 572-4945.

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TOYS from page 3
 GPD is accepting donations of unwrapped new toys and gift cards for the families. There is a bin in the GPD main office, 131 N. Isabel in Glendale, or contact Det. Jabali at JJabali@glendaleca.gov or call (818)548-3127 and leave a message if the detective is not in the office.
LA County, Burbank, LA City and Glendale Fire Departments:
 Fire departments are gathering toys through their Spark of Love Toy Drive. For 32 years fire departments, including those in LA County and Glendale, have been gathering donations of toys.
 Unwrapped new toys and sports equipment can be dropped off at any local neighborhood fire station. Those who would like to support can also text the word "SPARK" to 24365 or go online to https://supportlafid.

kindful.com/?campaign=1032876 to donate via credit card.
 All proceeds go toward buying toys or sports equipment for children.
 Over the years the Spark of Love Toy Drive has collected and distributed about 11 million toys, according to LA County Fire.
California Highway Patrol:
 The Annual CHiPs for Kids Toy Drive has already started across California. Local CHP area offices are collecting unwrapped toys to bring some extra holiday cheer to families in need. People can drop off new unwrapped toys at any local CHP office including Altadena CHP office, 2130 N. Windsor Ave. in Altadena. For information, contact the office at (626) 296-8100. In addition, toys can be dropped off in bins at most Walgreens.

WEATHER from page 2
 In all, there have been more than 100 reports of flooding, landslides and rock slides across northern California in 72 hours ending Friday afternoon, according to the National Weather Service.
 Thanksgiving looks to be good weather with highs around 69 degrees. There might be very weak Santa Ana conditions but nothing concerning and no advisories expected, according to NOAA.
 It should be dry through Tuesday with temperatures peaking on Sunday to about 72 degrees.
Happy Thanksgiving and enjoy the weather!

PET OF THE WEEK
 Hello, this is Rocky and he is 2 and a half years old miniature pincher. He is a neighborhood favorite. Everyone knows Rocky when we walk him and everyone is charmed by his personality. He's always curious and extremely over protective towards the people he loves.
CV Weekly loves to hear about your pets!
 Send a pic and small caption to **steve@cvweekly.com** to share your lovable pets with the community!

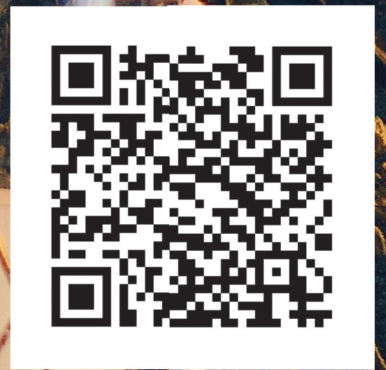
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